

SAMISH NEWS

GENERAL COUNCIL MEETING IS October 5th!

September 2002



Please come home and join us on Oct. 5th!

OCTOBER GATHERING
SAMISH LONGHOUSE
SATURDAY, OCT. 5, 2002

10:00 AM – 3:30 PM

We will be doing drums again with a limit of 30 and those who did not make one last time may sign up first.

We will be having a class on Fry Bread – taught by Rosie Bailey

A class on Native Art –taught by Bill Bailey

Native Weaving Techniques – Rita Louis

Cedar Root Twine Making – Sarah Johnson

Finishing up previous projects with the help of Susan Dunthorne

Lunch will be served at approximately noon with the menu of:

Clam Chowder, Steamed Clams, Turkey, Green Salad, Rolls, Desert of cake and berries, and Coffee, Tea and juice provided

If there are any suggestions for projects the Cultural Committee would be glad to hear them, we will try to accommodate the requests.

We look forward to seeing you at the October Gathering.

Letters page 2**Council Reports
page 3-4****Committee Reports
page 5-6**

**Would you like to
submit a letter?
Please send an e-
mail or computer
disk copy to us!**

**Samish Indian
Nation**

**Attention: Newslet-
ter**

PO Box 217

**Anacortes WA
98223**

**e-mail: council@
samishtribe.nsn.us**

**Please note:
Entries are
handled on a space
and time-sensitive
manner. All
materials are
reviewed by the
Tribal Council and
responses may be
sent to you without
publication. The
Samsih News is a
quarterly publica-
tion and is an
official communi-
cation of the
Samish Tribal
Government.**

LETTER FROM BILLIE JO SETTLE

I would just like to reflect at this time of all of the progress that your elected Council has made.

I am proud to be part of that movement into the future for our children and generations to come. It is what our ancestor's taught us and what we must carry on for them. We are finally able to help our tribe, which is what we wanted and have all fought together for many years to have.

To not be denied, not only the benefits that we should have had many years ago, but also our heritage and customs that our mothers, fathers, grandfathers, grandmothers, aunts, & uncles tried to pass on to us. I am proud that we as a council and as a Tribe have come a long way and developed so many programs for our people's benefit.

Not just in health, but education, housing, childcare and elders. And I know there are many other things happening that the Tribe is involved in at this time to help our people. So I hope that if you have any questions you will call the administration office for guidance and assistance. I also hope to see you at our October meeting and culture event.

Dear Editor:

Recently, I was confronted with the necessity of replacing several of the windows in my house.

I contacted our Tribal office to see if there was any program which could provide assistance. To my great joy and through the attention and diligence given by the Housing Program and the office, my expenses were taken care of.

I am very grateful and want to say my thanks and appreciation to the Housing Program, office staff and our Tribal Council.

Sincerely,
Wetzel King

Dear Samish Community:

The Administration Office would like to thank Marco Hatch for volunteering his time for the management and maintenance of the Tribes computer systems. Marco received higher education assistance from the Tribe and says "It is the least I can do after all the tribe has given me". Thanks Marco

Rick Landers, Exec. Director



Who's That Girl? See page 8!

ENROLLMENT UPDATE

The Enrollment office will be sending out new update forms to everyone over the age of 18 in the next month. We need these to be signed and returned to the office so your files can be updated. In the past, children were signed up by their parents, and needed to resign when they turned 18. In many cases, this was not done. Your co operation will be greatly appreciated.

The Enrollment staff is updating Samish enrollment in anticipation of sending our base roll to the BIA for their approval. This is required before a vote on the new constitution scheduled later in 2003. The enrollment staff is also sending out requests for additional information for members files. We are trying to make sure that all the files are complete before they go to the BIA. Your file must contain an application, proof of birth & family tree. If you receive a request please get the information back to the office as soon as possible. If you have any enrollment questions please feel free to contact me at (360) 293-6404 or 800-365-6092 or email me at jflagg@samishtribe.nsn.us

The enrollment staff would like to remind the members that if you move please put us on your change address list. We can't keep in touch with you if we can't find you. Thank you.

Jan Flagg Enrollment clerk

The following persons are listed as INACTIVE because we don't have current addresses for them, if you know where these people are then please notify the office. Thank you, Jan

Doris J. Abel
Lyle T. Barrett
Jacqueline J. Bohn
Patricia J. Bymers
Theresa A. Hajkowski
Dana R. Haynes
Glynna R. Haynes
Debra K. Higgins
Patricia A. Kavanaugh
Lanita L King
Jennifer A. MacDonald
Winnifred Marchand
Peter B. Miller
Shirley Parminter
Garnett E. Peterson
Shawn L. Sherman
Cheryl A. Steele
William L. Steele
Anthony W. Underwood
Darci R. Vojir
Carol A. Wood

James Barney Barrett
Marlise D. Barrett
Doyle D. Bymers
Holly D. Clifton
Heidi R. Hawkins
David B. Haynes
Robin A Haynes
Matie Lou A. Hofstad
Robert F. Kendall
Shannon M. King
Kurtis R. MacDonald
Billy M. Matthews
Dixie M. Moore
Laureen L. Pease
Sandra L. Powers
Jo-Anne E. Smith
James L. Steele
Amy L. Sturdivant
Marvin D. Underwood
Kenneth R. Wills
Karl H. Penter

Lloyd M. Barrett
Catherine M. Bell
Michael D. Bymers
Monica L. Clifton
Theo R. Hawkins Jr.
Dena L. Haynes
Shannon R. Haynes
James L. Kavanaugh III
Judy L. King
Stephanie J. King
Terry C. MacDonald
Edward L. McLaughlin
Shirley D. Olsen
Penny L. Perez
Sandra Schoreder
Joe P. Soucy
Mark L. Steele
Audrey L. Turner
Wayne D. VanSchoick
Constance L. Wilson
Norman Underwood



SAMISH TRIBAL COUNCIL REPORTS

Health Notes by Leslie Eastwood

September is National Alcohol & Drug Addiction Recovery Month. This year's theme is "Join the Voices of Recovery: A Call to Action." Every one is encouraged to support men, women, and youth who are in drug and alcohol addiction treatment and recovery.

To learn more about drug addiction and treatment, as well as the many kinds of treatment programs and approaches currently available, contact the National Clearinghouse for Alcohol and Drug Information at 800-729-6686 or by accessing them via the Internet at www.health.org <<http://www.health.org/>> or www.samhsa.gov/csar <<http://www.samhsa.gov/csar>>.

Samish Health & Human Services Department will sponsor five individuals to attend the following event.

Washington State Prevention Summit 2002 at Yakima Convention Center. October 24th - 26th This event is the one time during the year when the Prevention Community can come together, reflect on past successes, learn new strategies, and network with a variety of people who are interested in preventing alcohol, tobacco, and other drug abuse in Washington State. Contact Susan Dunthorne at 1-866-268-0187.

Tobacco Information for Youth: www.outrageavenue.com <<http://www.outrageavenue.com/>> or call the CAMPAIGN FOR TOBACCO-FREE KIDS' customer service line at 1-888-839- 3869.

Tribal Food Voucher Program

Food Voucher applications for the 2001-2003 program year are now available. Vouchers are issued based on need, financial eligibility and availability of funds. If you need emergency food assistance, please call Susan Dunthorne at 1-866-268-0187.

Applicants must be enrolled Samish and reside in Island, San Juan, Skagit, Whatcom or Snohomish Counties.

HOUSING REPORT by Tim King

Building a Road:

We are making progress on our new HomeLand road For the last two months we have been working on clearing the road opening, laying the base and clearing our property lines. The road is a two lane all season road with drainage ditches and storm water catchments. The base is sufficient to support a paved surface if we decide to add one in the future. It is the first phase of our commitment to develop a blended housing community for Samish people. We now have access into the site and can begin the process of selecting suitable areas for building. The road construction is funded by a HUD block grant for infrastructure development.

Canoe Trip 2002

In a history making collaboration, the Samish ground crew and paddlers joined up with the Swinomish team, proudly wearing tee shirts that said "Swinomish & Samish Pulling Together". The partnership came about when Swinomish had a traveling canoe but not enough paddlers, and Samish offered extra paddlers since our Tribe has no traveling canoe yet. This year the three week long expedition began as paddlers left Swinomish on the 23 of July, and it all ended on August 10, 11 and 12th at the ocean beaches of Taholah on the Quinault reservation.

About 30 traveling canoes propelled by 12 to 20 paddlers from most of the northwest tribes participated in the Tribal Journey to Quinault this year, celebrating the ways of our ancestors and pride as Coast Salsih people. While young adults and teens made up most of the crews, on some of the shorter trips the paddlers were as young as 10 and as old as 70. In addition to the long days of paddling, at each stop along the way tribes pay respects to the host communities by sharing songs. Dances, and giving gifts to the local hereditary chiefs.

The Tribal Journeys Canoe trips began in 1989, as way for the Indian community's to mark the Washington state centennial festivities. Each year since then, northwest tribe's have sent one or more large traveling canoes along traditional waterways, stopping to feast at various tribe's along the way to a final potlatch destination that varies each year.

Going Back to School? Consider Applying for Higher Education Assistance

The Tribe sponsors Higher Education Assistance to support part of the expenses to attend college or vocational training for tribal members. The intake process requires application to Federal financial Aid if the institution participates in that program. If a member is awarded assistance from the tribe, a check is sent to the school's Financial Aid Office, and any amount in excess of what the student owes for tuition or books can either be dispersed directly or used to offset any loans that may have been offered. Contact Leslie Eastwood at 866-268-0187 for details on how to get your education goals on track.

Marine Science Undergraduate Program

The Shannon Point Marine Center and Western Washington University invite applications for an exciting innovative program designated to introduce under represented minorities groups to careers in marine science. Selected Students will spend two quarters taking introductory and specialized courses in the marine sciences (31 quarter credit hours) at WWU's Shannon Point Marine Center in Anacortes. If selected all tuition and fees for two quarters including housing and travel costs. Applicants must be in an academic program leading to a bachelor's degree. A complete application includes can be found at www.wwu.edu/~mimsup) or by calling 360 293 2188. I participated in a similar program while in college and it's still one of the most memorable college experiences I have. I highly recommend all tribal youth to apply for this program if interested in the marine sciences fields. If you have any questions please call me at the Tribal Administration Office.

Scott Cooper

Computer Monitors For Pick-Up!

The Tribe has 5 computer monitors ranging from 15" to 17" to give away. If you are an interested Tribal member please give Scott Cooper a call at the Tribal administration office.

HEALTH PROGRAMS

I would like to take this opportunity to introduce my new assistant in the Health Program, Renee Archer. Renee is a Samish Tribal member, with experience in insurance, bookkeeping and other office practices. She joined us in July and since then has been hard at work, learning about the Contract Health Program. She can help you obtain authorization numbers, track bills and payments, add new doctors or new members, and answer most of your questions. Please join me in welcoming her to our Health Program and Longhouse staff. She is also a delightful person to be around, with a warm smile and a twinkle in her eyes, although those of you who phone in, and never come in, will have to take my word for that.

The Tribal Orthodontic Program is now helping 8 youngsters obtain needed braces. If your enrolled Samish child (under 19 years old) is in need of braces, please call me for more info.

Many pharmacies are no longer billing secondary insurances. If you are asked to pay a co-payment, keep your receipt (the one that shows the name of the medicine, your name, and the amount paid). You can be reimbursed in full. Please call me for details and forms.

If your insurance coverage has changed, please let us know...we can help coordinate the processing of your health bills.

Walmart and Costco can accept Samish Contract Health for vision services. These places have very competitive prices, and the service is good. You can get vision services—exam and corrective lenses—one time every two years (there are some limitations). Please call for help arranging this service.

If you have diabetes, have had cataracts or other eye conditions, you may be covered for an annual ophthalmic exam.

People with diabetes: IF YOU LIVE ANYWHERE IN WASHINGTON STATE, you can receive monthly food vouchers for fresh produce, and reimbursement for your blood sugar testing supplies. This is part of the tribes Diabetes Program, designed to minimize the complications of your disease. For information on this program, please contact Leslie Eastwood, at the Longhouse, 1-866-268-0187.

There will be Blood Sugar and Blood Pressure testing available at the October 5, 2002 Culture Day activities. Diabetes is much more prevalent among the Native American population, so take advantage of this opportunity for a free screening.

Two good web sites about Diabetes are:

www.niddk.nih.gov/health/diabetes/pubs/amindian/amindian.htm
www.diabetes.org/main/application/commercewf

Autumn is almost here, and with it comes questions about **immunizations**.

There is a lot of information around about the pros and cons of various childhood, adolescent and adult vaccines, and quite frankly, it can get pretty darned confusing. I found a web site that addresses how to evaluate all the information about immunizations:

www.cdc.gov/od/nvpo/tips.htm

Here is another site that gives you all you should need to know (and then some) about immunization requirements for infants, preschoolers, school age and even college age kids and adults.

www.doh.wa.gov/cfh/Immunize/default.htm

If you have any questions about the health program, please call or write:

Joanne Liantonio at 1-866-268-0187 or e-mail at jlantonio@samishtribe.nsn.us

HEALTH NOTES

Samish Longhouse receives HEAD START funding

The Tribe will begin offering Head Start services at the Samish Longhouse Preschool this fall. The Tribe has had a state funded ECEAP program for about ten years, but with cutbacks in the state budget, funds for that program have been cut each year for three years, and the future looked grim for ongoing support. Now that the HEAD START application has been awarded however, Samish will have a stable resource that can afford the higher standards of service expected by Head Start.

Up to 30 preschool children from low income backgrounds will be attending a comprehensive preschool four days a week, and President Bush has mandated a strong focus on early awareness of letters and numbers so that children enter kindergarten ready to learn reading and basic mathematics. Two positions have been added to the preschool staff to accomplish these goals, see job announcements sent in earlier mailings. Volunteers are welcome to help out on field trips, read to children, and help with other activities. Contact the Head Start Program Manager, Marah Rockhold for more information at 866-268-0187.

Free Firewood

We have free firewood for the personal use of Samish members. It is cut into 1'-2' lengths and some of it is split. Most of the wood is alder but there is some fir and wild cherry. The wood is available at our homeland. Please call the office to arrange for a pickup time.

October thru January Is Time for Flu shots

People who are High Risk adults and children should be the first to have flu shots in order to keep supplies on hand for those who are most in need. The people who are considered high risk are:

- 65 or older
- Chronic heart, lung or metabolic disease
- Children under age nine getting first doses of vaccines
- Women in 2nd or 3rd trimester of pregnancy during flu season

People who should wait until November to get flu shots include:

- 50 to 64 year olds
- Children 6 to 23 months old
- Students or others in dorm like settings
- Persons providing essential community services (law enforcement, emergency responders)
- Household members and childcare workers in contact with children birth to 23 months
- Anyone who doesn't want to contract the flu

Check with your health care provider to see which priority level you or your family members may be in. Contract Health Service will only cover the cost of flu shots you schedule with your physician or clinic. Call Joanne or Renee at 866-268-0187 with any questions you may have about your eligibility for preauthorized care.

THE PICTURE PAGE



This is the road to the "New" Samish Homeland at Campbell Lake!

Who was that girl on page 2?
She is a Samish Tribal Member...
Her Grandmother works at the Longhouse...
Did you guess already?

She is Miss Teen Alaska! Rachel Garness!

SAMISH NEWS

December 2002

ADMINISTRATIVE OFFICE RENOVATIONS



BEFORE



AFTER

The Samish Tribal Office major renovations are now complete! Tribal programs are growing in leaps and bounds, as is our staff size to match and meet our needs. We were starting to run out of office space for tribal staff, something needed to be done and soon. The council met the challenge with the General Manager's help and encouragement. Plans were formulated, approved, and construction began. The improvements include the new front addition, cedar siding, landscaping, native plants all around the building, and sign improvements. We have had many members of the community stop at the office to let us know how beautiful the building looks. We are very impressed with the changes.

STORY POLES

Now that the new renovations are complete it is time to get started with the Samish Story Poles, which are an original design. A single pole will be cut in half and placed on the front to give the new addition and the front of the building a rustic look to match the new cedar siding. With the Wisdom of Solomon, the council, in unison, proclaimed that nothing other than Coast Salish traditional house poles would do! Carved and set in place of the rustic timbers.

House poles are a part of our history and tradition; every longhouse through out the Islands would have house poles at their entrances, to greet visitors and guests alike. Representing the Tribe, clan and families that resided at each location.

"Story Poles" continued on page 7



Tracy Powell is the artist who originally carved The Maiden of Deception Pass, who will now carve the story poles for the Samish Tribe.

LETTERS

Would you like to submit a letter? Please send an e-mail or computer disk copy to us!

Samish Indian Nation

Attention:
Newsletter

PO Box 217

Anacortes, WA
98221

e-mail:

council@

samishtribe.nsn.us

Local Phone

Number

(360) 293-6404

Toll Free Phone

Number

(800) 365-9062

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

HIGHER EDUCATION



To the Samish Tribal Council:

My name is Charyse Matthews and I wanted to write a letter of gratitude. I was given a scholarship so that I could attend Skagit Valley College. It has been one of the best experiences of my life. I am so grateful to have such an amazing and supportive tribe, especially when it comes to the education of the younger tribal members. I hope that I will be able to one-day give back to the tribe to show my appreciation for all their support and encouragement.

Thank You,
Charyse Matthews

LUIS CASTILLEJA

Dear Samish Members,

Luis Castilleja son of Janet (Co-laht-susah) and Abel Castilleja, died on November 3, 2002 in Rome Italy following a long battle with cancer. He will always be remembered for his musical talent and his strength of character. Because of his musical talent his family is establishing a music foundation to promote music education and music in the community. The family plans a small burning in the near future.

Thank you,
Janet Castilleja

Those wishing to donate may send donations to The Luis Castilleja Memorial Music Fund 10297-3

Yakima Valley Credit Union
P.O. Box 2922
Yakima, WA 98902

For more information about Luis Castilleja refer to page 4.

The Tulalip Tribe's membership voted for a \$10,000 per member casino payout this year, but won't see it until the distant future, said tribal spokesman John McCoy. He said the tribe will first focus on the economic diversification. This clarifies page A-1 in the Sunday Bellingham Herald.

My Opinion is John McCoy and the Tulalip council are both wrong. If they were not going to abide by the wishes of the General Council, they should have never had a General Council vote. They sound more like dictators than a council. It's wake up time folks. When the new Constitution arrives read it, read it, and read it again. Giving any council too much power is a Pandora's Box we don't want to open.

Ed King

INDIAN HEALTH SERVICE SCHOLARSHIPS

The Indian Health Service (IHS) has published the notice of availability of the FY 2003 full and part-time scholarships. Native Americans are invited to apply for the following programs.

- ❖ *Health Professions Preparatory Scholarships and Health Professions Pre-graduate Scholarships*- \$3.75 million is available for these two programs combined. The IHS estimates that \$2.25 million will be allocated for new awards and \$1.5 million for continuation awards.
- ❖ *Indian Health Professions*- \$8.21 million is available for this program. The IHS estimates that \$4.8 million will be allocated for new awards and \$3.41 million for continuation awards.

The deadline for applications is February 28, 2003. Applications and eligibility requirements may be obtained from Karen J. Funk: kfunk@hswdc.com

FREE FIREWOOD

We still have free firewood for Samish members but it won't last long. If you want free wood please pick it up by the end of January.

Wood that isn't given away by February will be sold and the profits returned to our Homeland program. The wood is available at the Homeland and can be picked up during normal working hours or by appointment.

To get to the Homeland (457 Almida Vista Place) go south on SR20 for 2.5 miles from Sharps' Corner. Turn left at Almida Vista and then go up the road on the right hand side of the cul-de-sac. The woodpile is on the plateau at the top of the first hill. Help yourself to as much as you need for your own personal use.



A QUESTION OF AESTHETICS

Dear Samish Brothers and Sisters,

This winter I will begin the final master plan for our Homeland housing development. The design will work in harmony with the terrain and respect the land but I also want it to represent Samish aesthetics. This raises the question, what are Samish aesthetics? Understated, unpretentious, subdued, spiritual, respectful, powerful, confident and self-sufficient are words that come to mind. I was taught that Samish people believe their actions speak louder than their words and the community was more important than the individual. With this in mind I foresee a community with cluster housing kept in scale with the environment using earth tones and textures for the buildings and native plant material for the landscaping. My goal is to develop a blended community of different age groups, family composition and income levels. There will be a mixture of rental and owner occupied housing with a community center and active and passive recreation areas. The common dominator will be that we're all part of the Samish family.

What aesthetics do you want represented in our Homeland? How do you want the development to look and work? Let me know your vision and version of Samish aesthetics.

Respectfully,
Tim King

LUIS CASTILLEJA

Luis Castilleja, son of Abel and Samish Council member Janet (Co-laht-su-sah) Castilleja, died on November 3, 2002 in Rome, Italy following a long battle with cancer. Music was the most important thing in Luis' life and through this art he touched many people emotionally and spiritually. Music and his profound belief in God sustained him throughout the course of his illness.

Luis was born on May 22, 1978, in Ellensburg, WA, but lived most of his life in Yakima. He graduated Davis High School and attended Yakima Valley Community College and Central Washington University. At that time, Luis wanted to one day perform and teach the art of music. Two years ago Luis had to postpone an education at New England Conservatory of Music in Boston so he could start treatments for an aggressive type of bone cancer. The money saved for college was used to send himself on a trip to Rome with his parents. While he was there, Luis received a blessing from the pope, saw Michelangelo's fresco of the "Last Judgment" and attended Mass at St. Peter's Basilica. At the end of this mass, Luis's favorite piece of music, which is Bach's Toccata and Fugue in D Minor, was played.

Luis fought bravely against the cancer that took his life. He will be greatly missed by his family and his friends. He is survived by his parents, Abel and Janet Castilleja; sisters, Danielle Schoch and Rose Castilleja; nieces, Brianna Wasson and Brittney Schoch; grandmothers, Lela Cobb and Jovita Castilleja; and godparents, Ron Castilleja and Rose Greenwood, as well as numerous aunts, uncles, and cousins.

Luis in the hotel room in Rome



Janet, Abel, and Luis at the Vatican

The Samish Indian Nation would like to send our condolences to the family and friends of Luis Castilleja. He will be greatly missed.

CANOE JOURNEY 2003

On November 23, 2002 representatives from the Samish Tribe attended the Canoe Journey 2003 Planning Meeting in Muckleshoot. Our Tribal representatives were greeted with open arms by the Muckleshoot Tribe. "The Muckleshoot Tribe who held the meeting and representatives from the other Tribes were very thoughtful and treated us with great respect," says Dorothy Hill, one of the Samish representatives who attended the meeting. Some discussion and planning occurred to ensure the success of the Journey to Tulalip that will occur in midsummer 2003. The journey will begin in Neah Bay and end in Tulalip where there will be an amazing Pow-Wow. The Canoe Journey of 2003 is expected to have about 60 canoes and participation from various tribes from Washington State.



A number of Samish Youth have volunteered to be a part of this historic event, but more volunteers are still needed. If anyone is interested in volunteering for fund-raising activities, participating in the Canoe Journey of 2003, or any other questions please call Dorothy Hill at (360) 293-6404 or 1-800-365-9062 extension 123

HEAD START PRESCHOOL PROGRAM

Our Head Start Program is still enrolling! We have preschool on Monday - Thursday, 9:30-1:30PM. We also have brand new buses to provide transportation for the children! Please call (360)293-6404 or 1-800-365-9062 extension 218

SAMISH STUDY OF COAST SALISH ENVIRONMENTS

ATTENTION SAMISH YOUTH! If you would like to be involved with the Samish Nation in reconstructing the ecological history and culture of the Tribe, please contact Russell Barsh at (360)293-6404 or 1-800-365-9062 extension 121

HOMELAND HOUSING WAITING LIST

Recently, some members of the Housing Board met with David Bland who is an expert on low income housing financing. Mr. Bland's specialization is tax credit funding. This is an IRS program that awards tax credits to large institutions that will partner with housing entities to build new housing for low-income families. We are considering this tax credit option as a way to finance some of our houses at the Homeland. Samish who qualify for this program must have income of 40% to 60% of median income for Skagit County. (For example, a family of four people could not exceed income of \$19,000 to \$28,000 to qualify.) If we do a program like this it will probably be a combination of monthly rentals and a lease to own proposal with the family leasing for fifteen years and then buying the house at a predetermined price. Monthly payments should be around \$200 to \$300 per month for either rents or leases. We need to build 15 to 20 houses for the program to be cost effective.

The Housing Board needs to know if there are 15 to 20 families that meet the income guidelines who would live on the Homeland and take advantage of the program. Drawing people off our Homeland housing waiting list would make assignments. If you're interested in applying contact Rita and ask to be put on the waiting list. The waiting list is essential for housing assignments and to show potential investors there is a need. We may apply as soon as this spring so we need input now. Even if you only think you'd want to rent or lease to own a house in the future, ask to be put on the list now. Being on the list does not obligate you but it will help the Housing Board to determine if this is a project we should move forward with.

Respectfully,
Tim King



ELDER'S NUTRITION PROGRAM



The Elder's Nutrition Program is offered Tuesday-Thursday at noon. This program celebrates birthdays, beading classes, and meals shared with friends. Native Americans over the age of 50 and spouses regardless of age are eligible to participate in the Elder Nutrition Program. Contributions are appreciated. Those who are not Native American are eligible to participate in the Elder Nutrition Program for a \$3.00 contribution per meal or class. Please call before 10:00AM on the day you would like to eat to reserve a delicious meal, (360) 293-6404 or 1-800-365-9062 extension 212.

STORY POLES

continued from page 1

Our building contractor and coordinator, who happens to be a tribal member, was charged with the task of locating a tree (log) that was suitable for tooling, and to locate a specialty mill to saw the log once a suitable log was located. This was not an easy task. The log needed to be seasoned and not just any mill can saw a 20' long 30" diameter log in two. At the same time, the council needed to commission an artisan that was worthy the task.

Once the log was delivered to the mill, and before being sawn in half, a small contingency of concerned Samish people journeyed to the sawmill, with artist in tow, to ensure everything from start to finish was done properly and in traditional ways. With spiritual guidance, the log blessed; prayers said, to the spirit of the log and the artist to help with the transformation of the log into beautiful traditional Coast Salish house poles. House Poles that all who view will admire. Moreover, all Samish people will be proud of.



The artist worked diligently and as one with a small group, to come up with the traditional designs to be placed on each pole, respecting and embracing our Coast Salish culture that the designs come from; the designs were formulated and finalized. The designs depict and proclaim our enduring presence in our Samish traditional territory. One pole representing the sea and creatures that live in it, the other the land and the creatures that live on it. Ko-Kwal-alwoot, the Maiden of Deception Pass residing at the base of both poles representing the harmony the Samish people have with nature and the environment in and around our usual and accustomed area.

A dedication ceremony is being planned and will take place in the spring upon completion and erection of the poles. Stay tuned as this saga continues.

FREE HOME REPAIRS



If you are a senior citizen, an adult with disabilities or a low-income family and unable to tackle needed for home repairs in Skagit County, you may qualify for home repair assistance. During the week of July 13-19, 2003, volunteers will provide FREE labor and materials to help with:

**Wheelchair ramps, roofing, siding, porch and step repairs,
insulation, drywall, general repairs and
painting indoors and outdoors.**

For more information call Rita at (360)293-6404 or 1-800-365-9062 ext 118.

ALMIDA VISTA PLACE PROJECT



The Samish Indian Nation recently applied for a grant through the Washington State Department of Transportation (WSDOT) called the Hazard Elimination Safety Program. The Purpose of this program is to fund activities for safety improvement projects that identify and correct hazardous elements that will eliminate or reduce the number of fatal or injury accidents in high accident locations.

In October 2002, the Samish Indian Nation was awarded the grant to proceed on the project. The Samish Indian Nation will work in union with the WSDOT to do a road construction project that is vital to the development of Tribal Housing because it will provide a safe main access to the housing development. This construction project will allow tribal members and others to safely access the housing development. This project will allow for safe access to the homes by the school bus, local emergency vehicle access, housing support services such as Puget Sound Energy and Propane delivery, as well as safe access by the residents of the development.

We will bring you updates on this development as it occurs.

For more information about this project please contact Nicole Herman (360) 293-6404 or 1-800-365-9062 extension 110.

A CELEBRATION



Samish elder Mary Hansen celebrated her 80th birthday with family and friends at a birthday party at the Samish Longhouse Preschool recently. Hansen was born in Seattle on November 15, 1922, to Esther (Woodcock) and Don McDowell. The daughter of a Samish Tribal chairman and mother of the current one, Mary has been active in Samish issues such as recognition and served many years as tribal secretary. Ken Hansen, pictured above with his mother, said that she started typing tribal resolutions for her father when she was 11. The Samish Indian Nation and the Samish Tribal Office would like to wish Mary a very Happy Birthday!

The photo above of Mary and Ken Hansen is courtesy of the Anacortes American.

SAMISH GEAR

Don't forget to visit the Samish website for updated information about programs, services, and now you can purchase stylish Samish clothing and accessories on line. All you need to do is go to the Samish web site www.samishtribe.nsn.us and select the link on the home page. It is easy and secure.

SAMISH HOMELAND: FEE TO TRUST UPDATE

The Samish Tribe has applied to take 80 acres of land near Campbell Lake into trust for purposes of housing for tribal members. The County in 2001 appealed the BIA's decision to take the property into trust for the Tribe to the Interior Board of Indian Appeals (IBIA), an administrative court within the Department of Interior. The County's appeal highlighted the fact that the BIA's decision contained a number of factual errors, in particular the assertion that the Tribe planned to build 150 houses, not 26 houses, on the property. Because the IBIA indicated that it was likely to overturn the BIA's decision in order to correct these factual errors, the Tribe agreed not to oppose the BIA's voluntary dismissal of its decision.

The decision came back to the Portland Area Office of the BIA which, after many months and a new Environmental Assessment, issued a new, corrected decision in August of this year. This new decision addressed most of the concerns the County had raised. The County contacted the Tribe and indicated that it wanted to discuss whether another appeal was necessary, but the County never followed through and filed their new notice of appeal in September. Two individuals who live near the property also appealed but the IBIA has indicated that they do not have standing and will probably be dismissed from the case. This leaves the County as the main appellant.

The new decision is strong and I should be able to defend the decision to take this property into trust. The problem is that the County's appeal, if they continue with it, could prevent a final decision on taking the land into trust for a year or more. The County is making a large number of arguments, including that the whole statute under which Samish is applying to take the land into trust is unconstitutional. While most of the County's arguments have little merit, this last argument is dangerous because three members of the Supreme Court in a 1996 case (that was vacated, or not decided) agreed that the statute is unconstitutional. But if any tribe in the United States has a case for upholding the statute, it is Samish.

The County recently approached the Tribe about entering into an agreement and settling the County's appeal. When the Tribal Council looked at the details of the proposed settlement, however, it was unacceptable. The County proposed that the Tribe waive its sovereign immunity and give the County power to force the Tribe to follow state and local laws on the property. This is not required by the law and the Tribal Council felt it would be too much of an infringement on the Tribe's sovereignty.

The County's written arguments on appeal are currently due on December 23, 2002, and the Tribe's (and the BIA's) response will be due 30 days later. The IBIA will then decide the appeal, which could take anywhere from 6 to 9 months. The County may then appeal the decision to federal court if it so chooses.

Courtesy of Craig Dorsey Attorney and Law

HOUSE FOR RENT

Housing has purchased its first house to rent. The house is next to the HomeLand at Campbell Lake on SR 20. The transaction is supposed to close on 1/3/03 and we'd like to move tenants in starting the first of February. The house is a dome with 3 bedrooms and a great view of Campbell Lake and Mt. Erie. The Board has not set the rent yet but it will be somewhere around fair market rent of \$1123 per month. The family chosen to rent the house must qualify for a three-bedroom home, meet the requirements of our housing policy and one of the adults must be Native American. If you are interested in renting this house contact Rita for an application.

ENERGY ASSISTANCE PROGRAM



The Tribe now manages the Low Income Heating & Energy Assistance Program directly for 2003. Call (360) 293-6404 or 1-800-365-9062 for an application to be sent to you.

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Marlise Barrett
Catherine Bell	Lisa Bleeck	Holly Clifton	Monica Clifton
Randolph Daniels	Jeffery Haner	Marshall Hatch	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	James Kavanaugh III	Corey King
Judy King	Lanita King	Shannon King	Stephanie King
William King	Jeanie Lucy	Jennifer MacDonald	Kurtis MacDonald
Sandra MacDonald	Winnifred Marchand	Billy Matthews	Peter Miller
Shirley Parminter	Penny Perez	Sandra Powers	Lars Sabbe
Terri-Anne Sam	Danielle Schoch	Sandra Schroeder	Jo-Anne Smith
Wesley Smith	William Steele	Amy Sturdivant	Anthony Underwood
Marvin Underwood	Charlotte Wade	Bernie Wills	Kenneth Wills
Carol Wood			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or 1-800-365-9062.

SAMISH TREATY RIGHTS: MOTION 60(B)(6)

The Tribe filed a second Rule 60(b)(6) motion in August 2002, to vacate the 1979 judgment of the Court in U.S. v. Washington that the Samish is not a treaty tribe. We had spent the months between December 2001 and June 2002 attempting to settle the case with other tribes, but they refused to settle.

Nine tribes (Suquamish, Jamestown-S'Klallam, Port Gamble, Puyallup, Lummi, Upper Skagit, Swinomish, and two others) and the United States oppose the Tribe's motion. The United States' opposition was a surprise since it previously said it would stay neutral. One brief in opposition was filed by the nine tribes and another by the United States. The State of Washington is neutral on the Tribe's motion. I then filed a reply brief, and the Court, Judge Barbara Rothstein presiding, heard oral argument on the Samish Tribe's Rule 60 motion on December 5, 2002.

The main issue raised by the opposition tribes and by the United States had to do with the "disruption" that permitting Samish to intervene would cause. They alleged that the Court would have to hear the issue of Samish treaty status all over again, and that all of the orders and fish management plans that have been entered into order by the Court during the last thirty years would be thrown out or have to be renegotiated.

The decision whether to grant the Samish Tribe's Rule 60 motion is discretionary on the part of the judge, so these arguments carry a lot of weight with her since she is the one who has presided over U.S. v. Washington and all of its disputes and sub-proceedings during the last 15 years. I reminded the judge of the justice of the Samish Tribe's claim and the Tribe's thirty year journey to achieve recognition, and that also seemed to carry weight with her, so we do not know what the decision will be but it is a difficult case. The case has been submitted to the judge for decision. There is no time frame in which she has to make a decision.

Courtesy of Craig Dorsey Attorney and Law

HIGHLIGHTS OF HIGHER EDUCATION

SARA JOHNSON

How has having the scholarship helped you as a student?

This scholarship has really helped me by lowering the number of hours I need to work. I have a tutoring job only 10 hours a week, so I have a lot more time to work on getting good grades. I also haven't needed to take out any student loans so far. I'm really happy about that, I hate the idea of getting into debt already. I love that I have been able to stay at a job that I like even though it doesn't offer many hours. I would be a lot more stressed if I had to work at a retail store instead of teaching a little boy his multiplication tables. Because of this scholarship I have been able to have the best learning experiences in my life. I got to attend an archaeology field school last summer, and it was amazing. I got to work with the Squaxin Island tribe and South Puget Sound Community College on a site in Olympia,



WA. The dig is a cooperative effort between the tribe and the school. I got to learn a lot about my future profession, Archaeology, and meet some really wonderful people. I could pay for it because of this scholarship. This is not a scary scholarship to apply for, the form is reasonable, and it's easy to get help. Everyone at the office has been so helpful, and thoughtful in helping me get all the right paper work in and the money out to my school. It makes me feel that my tribe cares about me and my education. And that's a really good feeling. That sounded a little sappy, but it's true.

BRANDON HATCH

What has the scholarship helped you accomplish?

The Samish Higher Education Program gave me the motivation to completely turn my life around. I was a high school dropout, working minimum-wage jobs I hated, and my life was basically going downhill. When I found out there was a chance of getting a scholarship so I could go to school and learn a new trade, I got my GED and applied to the Automotive Technology program at Bates Technical College. I've been in the auto mechanic program a year now and enjoy every day of class. Not only am I learning a new trade that I'm really interested in, college has given me new confidence in myself and what I am able to do. My classes have also given me leadership and communication skills that have helped in all aspects of my life. Having my tuition paid has afforded me the opportunity to concentrate on my academics, rather than trying to struggle with a full day at school and then working a job all evening. I am confident when I get my associates degree next year I will have the training to get a good job.

I found out that there are no opportunities for a good job without some kind of continued education or training after high school. If someone isn't interested in getting a 4-year degree, then I'd encourage them to think about a hobby or interest they really like and then look for a trade school where they can get specialized training in a field they'll enjoy.

Please share anything special that you have to say about the program and what you are studying.

A year ago I would never have imagined that I would be looking forward to school each day, or that I would be getting good grades, or mentor other students in my class. I have always liked to work on cars (although you wouldn't know it from looking at mine), so choosing auto mechanics was a good choice for me. Seeing that I'm able to troubleshoot and solve technical problems on autos has really shown me that I can tackle any problem.

For more information about the Higher Education Assistance Program please call Leslie Eastwood at (360) 293-6404 or 1-800-365-9062 extension 132.

SAMISH NEWS

March 2003

STORY POLES

Our Tribal Administration office is now complete in every aspect! The improvements include the new front addition, cedar siding, landscaping, native plants all around the building, sign improvements, and the stunning story poles carved by the very talented Tracy Powell.

Many members of the community stop at the office to let us know how beautiful the building looks. We are very impressed with the changes. We couldn't have done the renovations without the help of Allen-Bradbury Construction Company. Our building contractor Allen Engberg, who happens to be a tribal member, not only coordinated the renovations, was also challenged with the task of locating a tree (log) which was to be used as the story poles. Come see our spectacular story poles and office renovations; we are more than happy to give you a tour!



Story Poles artist Tracy Powell is preparing one of the poles to be placed on the front of the Samish Administration office building.



The Story Poles include: The Maiden of Deception Pass on the land and in the sea (left) and the bear which represents strength and power and the squamichan which represents inventiveness (right). Animals not pictured include a whale, salmon, and an eagle.



House poles are a part of our history and tradition; every longhouse through out the Islands would have house poles at their entrances, to greet visitors and guests alike, representing the tribe, clan and families that resided at each location. The designs depict and proclaim our enduring presence in our Samish traditional territory. One pole represents the sea and creatures that live in it, the other the land and the creatures that live on it. Ko-Kwal-alwoot, the Maiden of Deception Pass resides at the base of both poles representing the harmony the Samish people have with nature and the environment in and around our usual and accustomed area.

LETTERS

ATTENTION READERS!

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation

Attention:
Nicole Herman:
Newsletter

PO Box 217
Anacortes, WA
98221
e-mail:
nherman@
samishtribe.nsn.us
Local Phone
Number
(360) 293-6404
ext. 110
Toll Free Phone
Number
(800) 365-9062

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Dear fellow tribal members,

In 1999 I was in a horrible accident that has heavily injured my neck and back. I have had many doctor visits and numerous surgeries. I don't know what I would have done if I didn't have medical insurance, Indian Health Services, through the tribe. I have received the highest quality of service and help from Joanne Liantonio and Renee Archer in Contract Health.



They are an asset to the Samish Tribe and I appreciate everything that they have done for me. Their continued support has helped me in the past, present, and future. I just wanted to let other tribal members know that this program works and I am living proof of it. You can't get help unless you ask and Joanne and Renee are very easy to talk to and understand. Rita Louis and Juanita Young have also helped me with housing assistance. Since the accident I have been unable to work and the housing program has helped me through it all. Thanks again for all the help that I have received in various areas of the administration office. Keep up the good work!

Wendy Hatch



Dear Samish Indian Nation,

On behalf of the Dr. Samuel Gordon Brooks Guild of Children's Hospital and Regional Medical Center, thank-you for your support of our 20th Anniversary Home and Boat Tour. Your ad in our ticket brochure was seen by more than 800 tour goers. Many brochures were purchased two months ahead of time and were reviewed more than once by the tour participants.

Also, we're especially grateful to you for posting our publicity before the tour on your outside sign. Thank-you so much for that, and for the extra time and effort that involved.

Although we are still adding up our total receipts, we do know that we more than doubled the totals from last year's tour. We have already sent a check for \$10,000. We are happy that you are such an important part of our success.

Now the members of our guild will meet to discuss our fund raising efforts for 2003. We hope you will want to continue to join us in a cooperative effort which so directly affects our area. The care of under and uninsured sick and injured children is a critical need, and we are grateful for your partnership in our determination to meet this need.

Meridith Machin, 2002 Home and Boat Tour Coordinator

WELCOME OUR NEW STAFF MEMBERS



Our new employees, Frances Straus and Jennifer Paddock

Public Health Nurse

Hi Everyone! My name is Frances Straus, and I am the new Public Health Nurse. I am from New Mexico and moved to Washington 14 years ago. I have been commuting to Seattle to work for the past 6 years, and I am very excited to be working closer to home. My nursing experience has been in family-centered care through working in Public Health and Community Health. I have worked with patients of all ages, from newborns to elders. One of my interests in health care is to teach patients with diabetes how to live a productive complication-free life. If you have any questions please contact me at (360) 293-6404 or toll free at (800) 365-9062.

Social Service Program Manager

Greetings! My name is Jennifer Paddock and I am very excited to begin my new job as the Social Services Program Manager. I am looking forward to being able to bring my experience and skills to the services offered by the tribe. My duties will include working with the Indian Child Welfare Program, developing programs around Child Care Development, Low Income heating and energy assistance, emergency food assistance, Indian education and training, and coordinating the administration of the Elder's lunch program. I look forward to meeting you and hope that I can be helpful with and knowledgeable about the numerous services offered. If you have any questions please contact me at (360) 293-6404 or toll free at (800) 365-9062.

BOOK DONATIONS TO LOCAL SCHOOLS

Dear Samish Tribal Council,

Thank you for your generous gift of books. You provided us with a wide range of materials. Your gift enables us to provide more current information and to expand upon the Native American materials available for our students and staff to use. Many, I'm not sure I would have found on my own.

I would like to commend Jan Flagg for the breath and beauty of the collection. We really appreciate her time and energy in gathering these for us. Your gift is awesome! We are having fun looking and reading through the books as we are processing them and we know that students and staff will enjoy them and benefit from reading them. We here at Fidalgo Elementary School are touched by your generosity. Thank you from all of us!

Chris Borgen; Principal
Margo Cunningham; Librarian



Reader board outside of Whitney Elementary school thanking the Samish Nation for the library donations!

MESSAGES FROM SAMISH COUNCIL MEMBERS

MESSAGE FROM BILLIE JO SETTLE

Hello Tribal members and relatives and friends. I would just like to bring you all up to date on what is happening in health care and what I have been doing for the Tribe. As your Chair of Health and Delegate to Northwest Portland Area Indian Health Board, I have attended the quarterly board meetings. At these Board meetings we are given a vast amount of various information that I am able to pass along to our Health staff and also at the Board meetings I am Chair or Legislative and Resolutions.

I have been asked to represent the New Tribes and go to Washington DC for Lobbying for NWPA/IHB. The problem, as all of you know, is getting money out of the Government for our Health care. Even though we were promised in our Treaty to have health care it seems Native Americans are last on the list of needed funds. And this is something that really upsets me because being a newly re-recognized Tribe I think of all the elders and children that have gone without Medical, dental or just basic health care for so many years. How many have been denied health care? We are just now being able to help our people. And that is not to count the ones that have already passed on. They are unable to see what we can provide now. In Legislative/Resolutions I am able to help pass resolutions to take to our Congressmen/women, or just to Indian Health in Wash. DC. Indian Health has a new Director, Dr. Grimm, and now it is like a new program with different dollar distributions, which do not look good for the NW Area. And that is what I have been fighting or trying to get them to notice our needs here in the NW area. Of course I am not alone in the fight backed by NWPA/IHB but other Tribes that make up this Area (43 Tribes).

All Tribes have signed a letter to Dr. Grimm on his funding and we at NWPA have not even heard back from Dr. Grim. It was a letter that did not favor the "New Funding" method. Which in the New Funding most of this area would be a large cut back in Medical assistance. Basically that is what I work for when I do go back to Washington DC. That is my promise to not only you, our people, but in remembrance of the ones before us that did not live to see us recognized

as a Tribe. The work that they did will not be in vain, but we will always remember them, our ancestors.

This is my promise to you and to them and for the children to come that we are able to provide the needed Health care. Other Information I have on Medical, Dental, Diabetes, Veterans, Scholarships, Mental Health, Tobacco and Drug, and Vision you can obtain through the office at the 1-800-365-9062 phone number. Ask for Joanne, Leslie, or Rene and if there is a specific question you have on various health care that I could get for you I would be glad to do it.

MESSAGE FROM RAY GORYNSKI

The progress of the Samish Nation has improved dramatically. The Administration Office remodel has been completed both inside and out. The new look is outstanding, something for all to be proud of. The front of the administration building has two story poles related to the Samish culture.

We purchased land and four rental homes west of the administrative building for economic development, converting them to office space. We also purchased land and a house west of the 80 acres; this will provide safer access off of highway 20. The residence will be rented out developing income for the Samish Nation Housing Department. The 80-acre temporary road is complete and we have total access to the land for starting new low-income homes. Tim King was the lead on the project, contracting heavy equipment to do the job, and hiring Native Americans to do the labor. The BIA has also started the design of the roads. The State of Washington has given a grant to the Samish Tribe for a turn lane to the homeland off Highway 20, a safe way to access the 80+ acres.

Moving on to dental coverage. The Contract Health Service has recommended having a maximum of \$1250.00 for dental per year. The Council has provided \$40,000 for orthodontia requirements for the year, which will have a maximum per patient.

I would like to thank all of you that are supporting, and that have supported the Samish through out the years. With out the perseverance of the Elders we would only be a name in a book. THANK YOU!

JANUARY 2003 COUNCIL HIGHLIGHTS

By: Colahtsusah, Jan Barret Castilleja

SAMCOR

- The SAMCOR Bylaws and Charter were ratified. SAMCOR creates an umbrella corporation which allows the tribe to do business for the purpose of generating income.
- A temporary board was approved: council members Dee Branson, Jan Flagg, Time King and Ray Gorynski, tribal member Tasha Dunn, Community representative, Merle Thibert and Non-voting member Tom Sperling.
- Tom Sperling is helping the tribe with the acquisition of business properties, including the Fidalgo Bay RV Park and Weaverling spit..

Budget

- The 2003 hard money budget was approved. This budgets the money that comes into the tribe from business enterprises, such as the lease of slot machine licenses. We are using this money for such things as the acquisition of land, scholarships and certain health benefits.

Treaty Rights

- Our attorney, Craig Dorsay, continues to work on the lawsuit to reestablish our treaty rights. As you are probably aware, re-recognition did not automatically provide the Samish with treaty rights. It has been necessary to sue the government to try to get rights to fish, hunt, etc. for tribal members. In spite of some setbacks, we are still working towards the goal of having full treaty rights

Housing

- The housing director, Tim King, continues to work on housing which the tribe can use for tribal needs. One of our most important goals is to establish low-income elder housing for tribal members.
- Additionally, because of all the hard work that Tim has put into acquiring land and getting housing projects started, Council voted to allow him to name the first road on Samish property after a King ancestor, Kakanna. The Culture Committee is working on a policy for naming future Samish roads and properties.

Health and Human Services

- The Health and Human Services committee continues to provide scholarships to qualified applicants. Money for these scholarships comes from both grant and hard money.
- The committee voted to allow non-Samish parents of Samish children to get food and energy vouchers if otherwise eligible.
- It was decided that dental benefits would be limited to \$3000 per calendar year per Samish member. This is to allow the most equitable distribution of benefits.
- The council also voted not to allow payment for Viagra.

Coast Salish Institute

- The Coast Salish Institute is underway, under the direction of anthropologist Russel Barsh,. The purpose of the institute will be to study anthropological and environmental issues important to the Samish and other people of this area.
- Five interns have been identified. These interns are Samish young people who will work for the institute as a stepping stone to careers in anthropology and environmental science, and, we hope, scientific careers helping the Samish.
- Some of the places the Institute will study include Weaverling Spit, near the RV Park, Shannon Point and various islands.

MOUs

- The tribe has entered into several memoranda of understanding with Skagit County. These memoranda establish law enforcement services, and fire and emergency medical services on tribal land.

FEBRUARY 2003 COUNCIL HIGHLIGHTS

By: Colahtsusah, Jan Barret Castilleja

The last council meeting took place on February 8, 2003, at the Tribal Office. Before the meeting started, Ted and Lorinda Edge blessed the new story poles on the front of the Administration Building. This was a short but spiritual and inspiring ceremony in which several members of the council participated. This was followed by an invocation by Billie Jo Settle at the beginning of the council meeting.

Budget - Treasurer's Report

- The Samish Preservation Fund was updated as a 501 (c) (3) nonprofit corporation registered with the State of Washington. The Samish tribal council members were appointed to the Board of Directors. It is important for the tribe to have a nonprofit arm for the purposes of applying for certain grants, among other things.
- The hard money budget will be revisited in the fall to see if any adjustments need to be made.

SAMCOR

- Officers of the Board of Directors of SAMCOR have been appointed:

Chairman	Tim King	Vice Chairman	Merrill Thibert
Secretary	Ray Gorynski	Treasurer	Tasha Dunn
- Tom Sperling has been hired as Director of SAMCOR for six months.
- Options for funding the purchase of Fidalgo Bay RV Park are being explored.
- Plans for acquiring land adjoining the RV Park were discussed. Some of the land might be donated by the owner.
- Several ideas for increasing revenue at the RV Park were discussed. Possibilities include a small convention center, trailer rentals and boat rentals.
- The possibility of applying for grants to cover staffing and initiate new programs is being explored.

Legal Reports

- The lawyers continue to work on the treaty rights case. The judge turned down our rule 60b appeal. This is not entirely bad because some of the issues were clarified. That issue will now go the Ninth District Court.
- Skagit County had filed against our request to put the Campbell Lake property into trust. Our lawyers filed a response. The lawyers think that our request to put the land into trust will be granted in spite of the County's concerns.
- The lawyers continue to work on the damage claims case.

Roads

- An Indian Reservation Roads Project priority list will be submitted to the BIA.
- The IRR Road/Bridge inventory list was approved and the Tribal Chair of his designee has been authorized to sign required documents.

Housing

- Peggy Morgan has been appointed to the Housing Committee.
- Council approved the Samish Indian Nation Housing Department Bylaws.
- Council will hold a three day workshop in March to discuss land and housing issues.

Health and Human Services

- The Higher Education benefits have been expanded.
 - a. Hard money funds will be used to benefit students whose education plans fall outside of BIA guidelines and for students who attend school part-time.
 - b. The council approved a proposal to award \$100 to students after successfully completing each term. Students will provide the HHS Committee with a grade report.

FEBRUARY 2003 COUNCIL HIGHLIGHTS

By: Colahtsusah, Jan Barret Castilleja

- There is a new director of the Federal Indian Health Service. He is making some changes which have affected the Samish badly. Money for health services is not being allocated fairly.
 - a. We have had to revise our health budget.
 - b. We have had to change our dental policy. Yearly benefits for tribal members have been reduced to \$1200.
- A tribal Head Start program is being developed.
 - a. A shared decision making policy between the Tribal Council and the Head Start Board was adopted.
 - b. An Internal Dispute Resolution policy was adopted. This deals with possible disagreements between the Tribal Council and the Head Start Board.
 - c. Lisa Weber was appointed as the community representative to the Head Start Board.

Coast Salish Institute

- The student interns are on board and meeting monthly.
- The Washington Department of Natural Resources is interested in leasing land on Samish and Fidalgo Islands to the tribe for research and restoration.
- Sarah Campbell, an archaeologist from Western Washington University, is working with the Institute.
- Several sites throughout the San Juan Islands have been identified for research. The Lummi have been approached about the possibility of cooperative research on some issues, particularly possible burial sites.

Culture

- The Samish recently purchased a canoe, which needs to be blessed. The blessing is planned for June 28, 2003, the day before the General Council meeting.
 - a. Plans and a budget for the blessing are in progress. Funds for the blessing will come out of the hard money budget.
 - b. Items which will need to be budgeted for include tents, trailer, food, coaching, painting and carving, table and chair rental, and handshakes
 - c. Some items for the give away are being made by tribal members. The next craft work day is March 1, 2003.
- The council has suggested that the culture committee develop guidelines for funeral contributions.

Grants

- The council approved the Special Diabetes Project grant proposal for 2003 for submission.
- The council authorized the Tribal Chair or his designee to submit the ANA (Administration for Native Americans) Grant for Tribal Infrastructure Development and Enforcement.
- The council authorized the Tribal Chair or his designee to submit a Repatriation Planning Project to NAGPRA (Native American Graves Repatriation Act) to be implemented with the National Park Service.
- The council authorized the Tribal Chair to submit, negotiate and administer, with the National Park Service, a proposal for the study of stream habitat potential in the San Juan Islands.

Personnel

- The need to develop an Ethics Policy was discussed.
- Procedures for the evaluation of Council Employees were discussed, as well as maintenance of their employment records. We are working on clarification of policies and procedures regarding these employees.
- We also discussed the need for training on employee evaluation.

CANOE JOURNEY 2003



If anyone is interested in volunteering for fund-raising activities, participating in the Canoe Journey of 2003, or any other questions please call Dorothy Hill at (360) 293-6404 or toll free at 1-800-365-9062 extension 123 or e-mail her at dhill@samishtribe.nsn.us

We are embarking on a Journey of a lifetime, in our own canoe. The journey will begin in Neah Bay and end in Tulalip where there will be an amazing Pow-Wow. The Canoe Journey on July 28, 2003 is expected to have about 60 canoes and participation from various tribes from Washington State.

The traveling canoes propelled by 12 to 20 paddlers from most of the northwest tribes participated in last year's canoe journey while celebrating the ways of our ancestors and pride as Coast Salish people. In addition to the long days of paddling, at each stop along the way tribes pay respects to the host communities by sharing songs, dances, and giving gifts to the local hereditary chiefs.

We would appreciate any donations for give-aways at the canoe blessing and journey. These items can be money donations, towels, dish cloths, cups, etc.

The Samish Indian Nation would like to send a special thank you to Fred Leatherwood for all of his hard work and efforts to rough out the canoe paddles for the Canoe Journey 2003.

COAST SALISH TEXTILES AND TRADITIONS

Rita Louis and Leslie Eastwood will present a demonstration and discussion of Coast Salish textiles and traditions on March 29 from 2 to 4 P.M. on Orcas Island as part of the events marking Women's History Month. This presentation on Orcas Island is located in a space at the Orcas Historical Museum called the Living Room.



Weaving was made by Debbie Sparrow and demonstrates a different variety of stichings.

The demonstrations that will take place include very interesting classes such as a coast salish weaving methods demonstration. They will also be sharing information about the Woolly Dog Project, which is using archeological research and current work with dog wool fibers to reconstruct the original dog wool blankets the ancestors made at one time. Rita and Leslie will also perform songs. Rita Louis, Leslie Eastwood and Megan Jones will also visit Waldron Island in March to present a similar program.

For more details about the Coast Salish Textiles and Tradition Demonstrations please contact Rita Louis at (360) 293-6204 or toll free at (800) 365-9062 extension 118 or e-mail her at rlouis@samishtribe.nsn.us

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Terry Barrett
Lisa Bleeck	Holly Clifton	Randolph Daniels	Jeffery Haner
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Leslie Jefferson
James Kavanaugh III	Judy King	Lanita King	Shannon King
Stephanie King	William King	Jonathan Long	Jeanie Lucy
Jennifer MacDonald	Kurtis MacDonald	Sandra MacDonald	Ryan McCary
Winnifred Marchand	Peter Miller	Shirley Parminter	Penny Perez
Sandra Powers	Lars Sabbe	Sandra Schroeder	Jo-Anne Smith
Wesley Smith	William Steele	Amy Sturdivant	Ethel Underwood
Anthony Underwood	Marvin Underwood	Bernie Wills	Kenneth Wills

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

DO YOU NEED A COMPUTER?

The Tribe is considering applying for a grant which will provide Tribal members with computers and internet access. We need to know who would be interested in receiving a computer with internet access.

If you are interested please contact Scott Cooper at (360) 293-6404 extension 104 or toll free at (800) 365-9062 or e-mail him at scooper@samishtribe.nsn.us with your name, age and address.



SAMISH NATION HOUSING DEPARTMENT



The Samish Council has approved bylaws that create a housing department and a housing board of commissioners. The department is named the Samish Nation Housing Department. The department is necessary because our housing program is growing to a size of budget and services that a housing assistant and a housing committee were not sufficient. The new department will operate all our existing housing programs and will soon offer Samish owned housing as rentals and for sale. As our Homeland property is developed the Housing Department will assume the responsibility of rent collections and maintenance. The department will also provide home ownership counseling and assistance with down payment, mortgage refinancing and lease to own purchasing.

Tim King, Housing Board Chairman

If you have any questions about the Samish Nation Housing Department please contact Tim King at (360) 293-6404 or toll free at (800) 365-9062 at extension 114 or e-mail him at tking@samishtribe.nsn.us

SAMCOR INC.



The Samish Nation has created a federally chartered corporation named SAMCOR INC. The purpose of SAMCOR is economic development for the Samish Nation and our people. SAMCOR will partner with other businesses and enterprises to generate money that can be used by the Nation to enhance our programs and services. SAMCOR is strictly a for profit endeavor. We have elected a board of directors and hired an executive director and an assistant. Our executive director is exploring business opportunities that have good potential for profitability. Some of the businesses SAMCOR is considering are a construction company, a cleaning and maintenance business, a taxi company, a travel trailer rental company, a paneled housing company, a restaurant and a car rental business.

The board is open for suggestions of other businesses to consider. To make suggestions or more details about Samcor Inc. please contact Tim King at (360) 293-6204 or toll free at (800) 365-9062 extension 114 or e-mail him at tking@samishtribe.nsn.us

LOW INCOME HEATING & ENERGY ASSISTANCE PROGRAM

The Low Income Heating & Energy Assistance Program (LIHEAP) is covering the cost of heating for families who qualify for services through April 30, 2003. Members who qualify can have utility payments made on their behalf directly by the Samish Tribe's Social Service Program, unlike in years past when the Small Tribes of Western Washington (STOWW) administered the service.

Tribal members who live in the ten county service area can still qualify for this program if their household income falls within the guidelines listed in the following chart.

SIZE OF FAMILY	150% of POVERTY INCOME GUIDELINES
1	\$13,290
2	\$17,910
3	\$22,530
4	\$27,150
5	\$31,770
6	\$36,390



The winter heating assistance program will begin again next fall after October 1st.

For an application or more details about the Low Income Energy Assistance Program please contact Leslie Eastwood at (360) 293-6204 or toll free at (800) 365-9062 extension 132 or e-mail her at leastwood@samishtribe.nsn.us

HEALTH NOTES

ARE YOU DIABETIC?

If so, you can receive a \$15 a month Safeway gift card for adding fresh produce to your diet on a regular basis. The Tribe will also help with the cost of getting regular fasting blood glucose checks and also eye exams and foot checks for tribal members who are diabetic and live outside of the ten county health service area and do not qualify for Contract Health Service coverage.



NEW ANNUAL LIMIT SET ON CONTRACT HEALTH DENTAL SERVICES

On February 15, the Tribal Council approved a yearly expenditure limit of \$1250 per person for dental services due to the increasing costs of covering these needs through the Contract Health program. The Health & Human Services Committee reviewed similar limitations set by private insurance companies, and recommended the limit be set at this amount to both help conserve funds and also meet the needs of most members fairly.

Contact Leslie Eastwood at (360) 293-6404 or toll free at (800)365-9062 extension 132 or e-mail her at leastwood@samishtribe.nsn.us for more details.

ELDERS NEWS

The Samish Longhouse hosted a party in honor of Clyde Lemaister's 95th birthday. Several generations of Clyde's family were present for the occasion, and the special menu of the day featured Clyde's favorite dish, pot roast with gravy and all the trimmings.

Samish Selalos ("elders") Club meets every Wednesday after the luncheon for crafts and club members are hoping to sell their handiwork at the Canoe Blessing and General Council meeting in June to raise funds for trips to other tribal senior events. Elder lunches are served Tuesday, Wednesday, Thursday. Home deliveries are also available in Anacortes for home-bound native seniors and their spouse or caregiver.

Happy Birthday Clyde!



Call Heidi Heathers at (360) 293-6404 or toll free (800) 365-9062 extension 212 to reserve your meal.

MEDICARE PART B REIMBURSTMENT

The Tribal Council last year talked about giving something back to the elders for their contributions over the years, and eventually decided to reimburse them for enrollment in Medicare Part B insurance. That's good news, right? Nope, the Health & Human Service Department staff misunderstood the reason why Tribal Council requested this action and only offered the reimbursements to elders who lived within the ten county service area and had registered for Contract Health Services. This was good news for those elders who were eligible under this process, but bad news for the rest of the elders.

The good news is that some savvy council members questioned the process and came up with a new solution. The Council reviewed the original intent, which was to do something meaningful for all the elders, regardless of location, and decided to not make their support tied to Medicare Part B or Contract Health or geography. In a unanimous show of support for all Samish elders, the Tribal Council voted on February 15 to give each elder who will be 65 or more during 2003 a stipend worth \$430 in US funds, which should be in the mail at the end of March. Hopefully a large group of elders will choose to use part of this small windfall to attend the General Council meeting on June 29 and the gathering for the canoe blessing on July 28, 2003.

PRE-COLLEGE WORKSHOP

Article seen in Indian Country Today, Wednesday, March 26, 2003 page D3

The American Indian Graduate Center Inc., Washington university and Whitman College are sponsoring a pre-college workshop for American Indian students. "College Horizons" is a five day crash course in preparing for college. There are two sessions, June 14-18 at Whitman College and June 28- July 2 at Washington University.

Participants must be enrolled American Indians, Native Alaskan or Native Hawaiian and current sophomores and juniors only. A minimum GPA of 3.0 in college prep or academic courses is required. Late applications will be accepted on a space-available basis until June 1. Complete program cost is \$100. Substantial funds are available for travel and tuition assistance.

For an application and more information on the program, go to www.whitneylaughlin.com and click "College Horizons." Or write to Jan Randall, co-director at 682 Blackhawk Dr. NE, Albuquerque, N.M. 87122, phone (505) 856-7576 or e-mail Jan@swcp.com.



ARE YOU ONE OF MOST SMOKERS WHO WANT TO QUIT? THEN TRY FOLLOWING THIS ADVICE.

Don't smoke any number or any kind of cigarette.

Smoking even a few cigarettes a day can hurt your health. If you try to smoke fewer cigarettes, but do not stop completely, soon you'll be smoking the same amount again. Smoking "low-tar, low-nicotine" cigarettes usually does little good, either. Because nicotine is so addictive, if you switch to lower-nicotine brands you'll likely just puff harder, longer, and more often on each cigarette. The only safe choice is to quit completely.

Write down why you want to quit. Do you want:

- to feel in control of you life?
- to have better health?
- to set a good example for your children?
- to protect your family from breathing other people's smoke?

Really wanting to quit smoking is very important to how much success you will have in quitting. Smokers who live after a heart attack are the most likely to quit for good—they're very motivated. Find a reason for quitting before you have no choice.

Know that it will take effort to quit smoking.

Nicotine is habit forming. Half of the battle in quitting is knowing you need to quit. This knowledge will help you be more able to deal with the symptoms of withdrawal that can occur, such as bad moods and really wanting to smoke. There are many ways smokers quit, including using nicotine replacement products (gum and patches), but there is no easy way. Nearly all smokers have some feelings of nicotine withdrawal when they try to quit. Give yourself a month to get over these feelings. Take quitting one day at a time, even one minute at a time—whatever you need to succeed.

Call the Washington State Department of Health to be tobacco free at toll free (877) 270-7867.

If you need any more information about smoking please call Dorothy Hill at (360) 293-6404 or toll free at 1-800-365-9062 extension 123 or e-mail her at dhill@samishtribe.nsn.us

ENVIRONMENTAL PROGRAM

ENVIRONMENTAL PROGRAM UPDATE

The Environmental Program hired a new Director at the end of the month. Christine Woodward joins the staff with a working knowledge of the program. She was involved with the tribe 5 years ago when the Natural Resource program was first started. Her immediate tasks will be to locate and write grants, help the program expand as the tribal environmental needs grow and keep track of natural resource issues that affect the tribal community. Christine locates potential funding sources, visits the new Homeland development, and reviews potential projects. She has been working with Jim Carver on developing environmental ordinances for the Homeland area. These will also include all lands under the jurisdiction of the Samish Nation. To date the environmental program has several drafts that are in various stages of completion. None are ready for final review yet.

SAMISH ENVIRONMENTAL PROTECTION ORDINANCE

This ordinance will be the base document that all other ordinances to be drafted regarding environmental ordinances on the Homeland project will refer back to and support. Under this ordinance, these will follow:

- Utility Ordinance
- Wetland Ordinance
- Solid Waste/Garbage ordinance
- Erosion control
- Surface Water
- Pesticide/herbicide use
- Burning
- Junked vehicles
- Litter and trash
- Groundwater
- Tree cutting/thinning
- Many more to come

Written by:
Christine
Woodward,
Environmental
Director



GRANTS

The application for an Administration of North America grant that will support the program for development of codes and ordinances and work to set in place a tribal system for enforcement of the developed ordinances is completed and has been sent in. The program is looking for more grant funding to support the program.

MEETINGS

Christine and Jim have sat in on a variety of meetings this busy first month. They joined Russell Barsh in a meeting with the people from Georgia Strait Alliance and discussed the needs to establish cooperative efforts to keep tribal lands on both sides of the borders healthy. We also discussed the issue involving the Salish Sea. They also met with the City to discuss the plywood plant and the cleanup going on there. Christine met personally with Wendy Stefferson the new contact from Bellingham. They are interested in the Scott Paper mill cleanup project. She was very helpful in providing information and contacts regarding the permitting agencies, which regulate business such as the refineries. They are also involved in work in the San Juan Islands.

The Department of Natural Resources met at the Tribal Administrative office for a meeting to discuss the tribes interests mainly on Cyprus Island. They were very cooperative and willing to work with the tribe in many of the ventures we discussed.

For any questions regarding the Environmental Program please contact Christine Woodward at (360) 293-6404 or toll free (800) 365-9062 extension 112 or e-mail her at cwoodward@samishtribe.nsn.us

HOUSE FOR RENT

Housing has purchased its first house to rent. The house is next to the Homeland at Campbell Lake on SR 20. We'd like to move tenants in as soon as possible. The Board has not set the rent yet but it will be somewhere around fair market rent of \$1123 per month. The family chosen to rent the house must qualify for a three-bedroom home, meet the requirements of our housing policy and one of the adults must be Native American.

If you are interested in renting this house contact Rita Louis at (360) 293-6404 or toll free (800) 365-9062 or e-mail her at rlouis@samishtribe.nsn.us for an application.



The dome house has 3 bedrooms, a large deck, and a great view of Campbell Lake and Mt. Erie.

SAMISH GEAR



Don't forget to visit the Samish web-site for updated information about programs, services, and now you can purchase stylish Samish clothing and accessories on line. Check out the merchandise link on our web-site to get some great Samish merchandise and accessories.

All you have to do is go to www.samishtribe.nsn.us and click the Samish merchandise link. It is easy and secure. Here is an example of one of the great shirts you can get.



CASH FOR SUCCESSFUL COURSE-WORK

The Samish Tribal Council recognizes that the continuing education is critical to developing the talents, knowledge and skills of our Tribal members; and also realizes that many of our tribal members may be taking ongoing post-secondary professional education courses or may be pursuing certificate or degree programs without requesting other financial assistance from the Tribe. Therefore, the Samish Tribal Council wishes to compensate those tribal members fully complete either a quarter or semester of post secondary education with \$100 per completed term of study (the \$100 is the total compensation for all course-work). In cooperation with the Health & Human Services staff, the Tribal Council has determined the most efficient means of processing payments shall be quarterly, and furthermore that members who become eligible for reimbursement mid-quarter will be reimbursed beginning the following quarter. To access this reward for continuing to upgrade your education, submit proof of satisfactory completion of your term of study to Leslie Eastwood of the Health & Human Service department.

For more details about cash for successful course-work please contact Leslie Eastwood at (360) 293-6204 or toll free at (800) 365-9062 extension 132 or e-mail her at leastwood@samishtribe.nsn.us

FEE-TO-TRUST UPDATE

The Samish Tribe and the Bureau of Indian Affairs filed their briefs in this case with the Interior Board of Administrative Appeals in early January. Skagit County filed its reply brief on March 11, 2003. There case now awaits a decision from the IBIA, which is the administrative appeals court within the Department of the Interior. There is no time frame within which the IBIA must issue its decision. The normal time frame for decisions from this court is 3 to 9 months. At that point the case can be appealed by the losing party to the federal district court, in either Seattle or in Washington, D.C.

The County's reply brief did not make any new arguments, but primarily repeated the same arguments the County had made in its opening brief. The County's brief distorts the facts reported by the Tribe and the statements made in its fee-to-trust application, and accuses the Tribe of lying about its true intentions for development of the property. The County's brief makes it seem like the Tribe is intending a massive development of hundreds of huge buildings on the land, rather than the 26 single family houses (including 10 elders housing units) the Tribe has said it intends to build.

WASHINGTON STATE COUNCIL ON PROBLEM GAMBLING

KNOW THE SIGNS!

Do you or does someone you love ever...

- * Think about gambling when you're with your family and friends?
- * Gamble more to win back losses?
- * Borrow money to gamble?
- * Promise yourself and others, that you'll quit gambling after your next bet or big win?
- * Lose track of time and miss important appointment or family celebrations when you gamble?
- * Neglect your family and friends in order to gamble?
- * Gamble to escape stressful situations?
- * Think that no win is ever big enough?

Treatment is available for problem gamblers and their families. Many qualify for subsidized treatment at low or no cost. This treatment program will assist families affected by problem pathological gambling, help individuals quit addictive gambling behavior, reduce family disruption and financial problems, and also keep families economically self-sufficient and off state aid.

The Treatment Program

Problem gamblers can receive a free assessment, a no-cost or low-cost treatment by specially trained professionals, a chance to finally stop the cycle of problem gambling. If you need help for a gambling addiction or if you need help dealing with a family member with a gambling problem, you may qualify for professional treatment. There are no more excuses; the time to get treatment is now. Please call the Washington State Council on Problem Gambling at 1-800-547-6133 to get help. The call is confidential. You can also visit their web-site at www.wscpg.org

PUBLIC HEARING

There will be a public hearing to design plans for the Child Care Development Fund program. It will be held on May 28, 2003 from 5:00PM to 6:00PM at the Samish Administration office.

If you have any questions or comments please call Jennifer Paddock at (360) 293-6404 or toll free at (800) 365-9062 or e-mail comments to jpaddock@samishtribe.nsn.us

IMPORTANT MESSAGE TO ALL SAMISH MEMBERS: TRIBAL COUNCIL ELECTIONS ARE JUNE 29, 2003

Registered voters may vote in person at the General Council Meeting on June 29th or request an absentee ballot (see below). If you would like to run for office you must meet the following requirements:

1. Be an enrolled member of the Samish Indian Nation; and
2. Be 18 years of age or older on the annual General Council Meeting; and
3. Have resided in the United States for at least one year immediately preceding the election; and
4. Be the only member of the household who is running for office in this election (only one (1) member of a household may run for an office in any one year)

If you wish to become a candidate you must meet the above requirements, and complete the following- **NO WRITE IN CANDIDATES SHALL BE ALLOWED**

1. File a petition signed by (10) enrolled members of the Samish Indian Nation who are eligible to vote with the Secretary of the Tribal Council, at P.O. Box 161, Anacortes, WA 98221 and;
2. On a form to be provided by the Election Board, file a statement of candidacy with the Secretary of the Tribal Council no later than May 15th, 2003 at 4:00pm. Additional forms may be requested by mail or calling the Tribal office at 1-800-365-9062.
3. Candidates may also submit a statement not exceed 300 words (photo optional) at the same time they submit their statement of candidacy. Candidates may run for one position on the Samish Tribal Council. The following offices will be up for election.

- #1 Chairman
- #2 Vice Chairman
- #3 Secretary
- #4 Treasurer
- #5 Council Member
- #6 Council Member
- #7 Council Member
- #8 Council Member
- #9 Council Member
- #10 Council Member (Alternate)
- #11 Council Member (Alternate)



PACKETS WILL BE SENT OUT UPON REQUEST

ABSENTEE BALLOTS

Absentee ballots will be made available to all registered Samish voters and maybe requested now for the upcoming Tribal Council elections. Absentee ballots must be requested for each election. A written request for an absentee ballot should be sent to:

Samish Indian Nation Elections
P.O. Box 4346
Bellingham, Washington 98227

An absentee ballot shall be sent to the address of the tribal member as it appears on the tribal enrollment list. If the member wants to re-requests the ballot be sent to a different address or desires to change the address, the new address should be included in the ballot request indicating if the address change is for this election only or a permanent change of address. The request must be signed.

Absentee ballot returned by mail must be delivered to the election committee not later than 5 p.m., June 28, 2003. Ballots that are hand delivered must be received by the Election Committee not later than Noon, June 29, 2003.

*If you have questions about the election or voting, please call the toll-free Election information line
1-866-561-4300*

Declaration and Affidavit of Candidacy

I hereby declare I am an Enrolled Member of the Samish Indian Nation, over the age of 18, eligible to vote and hold office in the Samish Indian Nation.

Name _____ Address _____

Enrollment Number _____

Position or Office:

Chairman ☐ Treasurer ☐ Council Member ☐
Vice Chairman ☐ Secretary ☐

I swear under penalty of law that the information provided on this form is true and I swear and affirm that I will support the Constitution and Laws of the Samish Indian Nation.

Signature Date

I do solemnly swear under penalty of law that I am an enrolled member of the Samish Indian Nation eligible to vote in this election and by my signature I endorse the candidate named above for the office listed therein. I understand that he of she who falsely signs this affidavit shall be subject to federal prosecution.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____

DO NOT SIGN UNLESS THE TOP PORTION OF THIS AFFIDAVIT IS COMPLETED

SAMISH NEWS

September 2003

SAMISH NATION GENERAL MEETING 2003



Samish Members at the Samish Nation General Meeting 2003 in Anacortes, Washington on Sunday June 29th.

With many Samish people gathered in a tent the Annual General Council meeting of the Samish Indian Nation was called to order by Chairman Ken Hansen on Sunday June 29, 2003; Member Vic Underwood led all gathered in an opening prayer. It was wonderful to see so many members and friends attending the meeting.

Members heard a brief report from the Chairman, Ken Hansen highlighting events and progress that had occurred during the year. Top-

Results for 2003 Council Election for the Samish Nation the results are as follows: With 144 members voting the results are as follows:

Chair Ken Hansen	120
Vice Chair Tom Wooten	128
Treasurer Dee Branson	113
Secretary Chris De Kay	110

Council Members

1.	Tim King	104
2.	Ray Gorynski	100
3.	Billie Jo Settle	94
4.	Janece Flagg	91
5.	Janet Castilleja	89
6.	Rita Louis	80
7.	Lisa Weber	64
8.	Dorothy Hill	50
9.	Ed King	47
10.	Peggy Morgan	38
11.	Norm Thompson	34

Superintendent of Election,
Brent Wooten

ics discussed by Chairman Hansen included a brief discussion of the positive and negative things that have occurred over the last year. Topics of discussion included: the BIA and its delaying tactics that has cost Samish much time, money and frustration; the Fee to Trust process for the Homeland; a new Constitution that may be approved in about 6 months; and the new Center for Study for Coast Salish Environment and SAMCOR, the economic development branch of the Samish Nation. The Samish Administration managers were also asked to give a report and a brief review of activities in their departments this year.

After a traditional Samish feast including salmon, berries and fry bread, the election results were announced and retiring council member Brent Wooten was presented with some parting gifts.

The General Council meeting was very informative and uplifting. Participants left the meeting with a positive attitude, grateful that the Samish Nation is moving forward in so many areas at an amazing pace. Members are receiving services that have been dreamed about for so many years, jobs are being developed and Samish members are moving back home. The Council is working very hard to make sure that the members are served in the best way possible with the funding available.

LETTERS

ATTENTION READERS!

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation

Attention:
Nicole Herman:
Newsletter

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us
Local Phone
Number
(360) 293-6404
ext. 110
Toll Free Phone
Number
(800) 365-9062

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.



Dear Samish Tribal Office,

The three of us would like to say, "Thank You," for your support and assistance in the upcoming school year. Ashlee, Chelsea, and Kailey feel very fortunate to belong to such a caring and giving Indian Nation. Your support will be very helpful in our upcoming school year in which we are looking forward to. Thank you!

Chelsea 14 (top), Kailey 17 (middle),
and Ashlee Penter 16 (bottom)

If you need some support and assistance with your education please contact Barbara Jackson at (360) 293-6404 or toll free at (800) 365-9062 extension 127 or e-mail her at bjackson@samishtribe.nsn.us

I am a Samish Indian member, and I just wanted to inform the Tribe that one of their members is going to law school! The University of Saskatchewan accepted me this week to begin on May 20th. I need to take a prelaw program at the Native Law School of Canada. This insures that we will get the training we need in order to be successful at law school. Thank you and I am looking forward to being a representative of our Tribe, not only at Law school but as a lawyer as well.

Ellen Sedlack

To the Samish Tribal Council:

I just received the \$430 stipend you approved for Tribal members who are 65 years or over. I want to say thank you to all of you. It is a generous gift and very thoughtful and I'm sure it is much appreciated by all of us receiving this gift. Thank you!

Betty Lee Christiansen



Dear Friends,

I received \$430 today and was totally surprised. I can't tell you how much I appreciate it, thank you many times over. It could not have come at a better time, and I put it to good use.

I wish I could thank you in person, but my husband has had a couple of strokes, so we don't get out often. I'll say a prayer tonight to the Tribal Council for their thoughtfulness. Thanks again, and I was even kind of glad I was over 65.

Bea McNew

MESSAGES FROM SAMISH COUNCIL MEMBERS

MESSAGE FROM BILLIE JO SETTLE

I would like to take this time to thank you for reelecting me to Council. Even though I broke my foot while in Washington D.C. in June and am still in a cast, I have been trying to keep up with my travels and works for Indian Health and other Council work. Without the help of other people to drive me around I would not be able to do that. So thank you to the others for their help and support. I truly now know what it is like to be disabled!! We are such independent people until we can not drive or even walk and realize how much we depend on certain things in life that most take for granted. I would also like to thank our general manager Rick for letting Lisa Weber travel with me, not only for her help but moral support. Anyway I am looking forward to working with Council again and our one new Council member. I sometimes forget that we need to stop and listen to the people and remember why we are here and why you voted for us to be your representatives. In Washington D.C. as well as here in our state people want to know about Samish. What do we plan to do, they will ask? Build a strong Indian Nation that we have been denied for a very long time, educate our people and bring our culture back, and to have a healthy Indian Nation, the one important thing that we have been denied for years. I am one of the people that you elected and I am proud to represent Samish and will always be willing to listen. The one thing I have found in coming back to our old ways of life is just because someone may have a different opinion, that does not make him bad and it is good that we can listen to each other, with out pointing fingers or accusing others, but fix the problem.

MESSAGE FROM LISA WEBER

As the newly elected council-person from the Samish Indian Nation I have been learning how to represent our tribe with decorum and respect. I have finished attending three official council meetings since my election. Though one may think that the involvement of a 2nd Alternate on our council would be limited, that is not how the Samish Council works. When a person is elected to our council as a 1st or 2nd alternate, we are not considered fill in or partial members

who are only needed in a pinch. We are considered full Council members whose vote is sometimes not needed. Through my attendance at council meetings and participation on Council phone conferences, my vote has been used more often than not. However, voting on issues is a really small portion of being on the Samish Council. Researching the issues and trying to gather the pertinent information takes a lot of time. I am learning a lot from the other Council members.

When I ran for election, I had an inkling of what would be expected of me because I have been very involved in the tribal Health and Human Services committee since Summer 2000. The committee meets once a month for about 3 hours and I have committed about 8 – 10 hours a month to attend monthly meetings, bimonthly meetings, and annual meetings needing attendance by a Samish Tribal Member or delegate from the Health and Human services area. I believe that I have been putting in at least 100 hours a month since July 1, representing our tribe in various outings by myself and with other council members and attending council meetings.

I knew that I had a lot to learn as a council-person and that I might as well participate in meetings and training when able. I learn best while listening, observing and participating. At first the meetings I attended seemed overwhelming, but by listening and observing I began to learn what was going. I am learning to participate in the discussions in a meaningful way and I am figuring out when to take notes and share the information I learned with the rest of the council.

I am enjoying representing our tribe. I love learning our history and heritage; learning how I can help my tribe's development for the future and then actually doing it is very satisfying. Learning and documenting our traditions from our elders is imperative. I encourage tribal members who would like to volunteer their time to our tribe to consider becoming a member of one of the committees. If a monthly commitment is too much, try to attend a council meeting, or part of one because they can be lengthy. Our tribe is full of talented people and your participation is needed. I look forward to seeing you at our Cultural Day Gathering on October 4, 2003.

SEPTEMBER 2003 COUNCIL HIGHLIGHTS

By: Co-lahit-su-sah, Jan Barret Castilleja

The Samish Indian Tribal Council has been very busy since the last newsletter. The major things we have been working on include lobbying the Washington State delegation in Washington, DC for help with the BIA, attempting to establish boundaries for Samish territory and define a Samish service area, purchasing more real property and working on economic development. The following is a summary of our activities.

Service Delivery Area /Washington DC Lobbying Trip

The Samish were re-recognized in 1996. At that time, the BIA had a responsibility to help the tribe establish a service delivery area and to help the tribe develop a budget for BIA services. The BIA has not done this, and the Samish are not receiving funds that the tribe is entitled to. We are hoping to have a service delivery area established and begin receiving funds for the BIA in the very near future.

1) We are trying to develop a service delivery area, which the BIA will accept. This is particularly difficult because the Samish are widely scattered as a result of our long years of having no land, no services and no money. The BIA will not accept a service area big enough to include all tribal members, so we are trying to identify an area large enough to include all tribal members but small enough to be acceptable to the BIA. We will probably request a service area of between five and eight counties but the service area will definitely include Skagit, San Juan Whatcom, and Island counties.

2) The Council is trying to convince Congress to help us with our problems with the BIA. In July, tribal attorney Craig Dorsay went to Washington to present an oral argument in the treaty rights case. Tom Wooten, Chris De Kay, Dee Branson and Janet Castilleja went to Washington D.C. to provide support. While we were there, we visited the offices of Senator Patty Murray, Senator Maria Cantwell, Congressman Rick Larsen and the Senate Indian Affairs Committee (Senator Nighthorse Campbell and Senator Inouye). We spoke with their assistants with very positive results. We talked to them about the problems we are having, especially with the BIA. They all agreed to send letters to the BIA requesting that the BIA quit stalling and start working with the Samish to resolve these issues.

Outreach vs. Community

A related issue that we are working on is how to best serve the Samish Indian Nation. Because our population is so scattered, since re-recognition we have chosen to use an outreach model for delivering services to Samish members. However, this may not be the best approach. Because we want to encourage people to move back to the Anacortes area, it might be better to limit services to people who live in the area. But, this would exclude a lot of people, including people who have been loyal and supportive Samish members for many years. This has turned out to be a very difficult issue to resolve, but we have to resolve it.

Economic Development

Most of our current economic development projects revolve around the acquisition of property that we hope will generate income. The Ship Harbor property and the RV Park are examples. Several other projects are being considered including an organic fertilizer and the sale of gasoline and cigarettes under a compact with the state.

Canoes

The tribe now owns two canoes. A cedar canoe was purchased about a year ago and was used to participate in this year's tribal journey. In August, a fiberglass canoe was purchased and will be used mainly for practice.

SEPTEMBER 2003 COUNCIL HIGHLIGHTS

By: Co-lalit-su-sah, Jon Barret Castilleja

Land Acquisition

The Samish Tribal Council wants to acquire land for the Samish people, both for the development of business ventures and to provide a Homeland for our people. Recently, the Samish received a large piece of land near the ferry terminal as a donation from a local family. The details are complicated, but we are hoping to use this piece of land to bring in much needed cash to be used for other projects. Additionally, we are still working on the purchase of the RV Park, as well as some of the surrounding land. This land would be used for both business and tribal projects.

Resolutions

Over the last six months, the council has approved several resolutions:

- Funds to pay the lobbying firm in Washington, D.C.
- Funds to pay for legal support in Washington, D.C.
- Funds to pay Craig Dorsay, tribal attorney, for work on treaty rights, lawsuits against the BIA to try to recover money owed to the tribe over the last 25 years and other tribal legal matters.
- Funds related to the acquisition of land at Ship Harbor, Weaverling Spit, flats near the RV Park and the RV Park.
- Funds for scholarships, educational stipends, and school supplies for Samish children.
- Funds for the canoe blessing, canoe purchase, and repair
- Funds for the continuation of SAMCOR, our economic development arm.
- Funds for the Samish Institute and related projects, such as oyster seeding at Weaverling Spit.
- Funds to cover a possible short fall in health funds
- Revisions to the Election ordinance, the Personnel ordinance and the Constitution.
- A resolution under consideration includes establishing a Samish Language Project

Ordinances

The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. We are currently working ordinances which would regulate land use and zoning, environmental protection, use of tribal boats, law enforcement and courts, Indian Child Welfare, housing, hunting and fishing, ordinances related the Tribal Head Start Program, the federally mandated privacy rules (HIPPA) and the appeals board. Although we have completed several ordinances (personnel, enrollment, election, annual plan of operations, committee, budget and finances, employment, and housing, among others), there are still many ordinances that need to be written. As the tribe grows and changes, current ordinances have to be revised.

Homeland

The tribal council, with much help from Rick Landers, has reached an agreement with Skagit County, which paves the way for the tribe and the county to sign a Memorandum of Understanding (MOU). This MOU is important to continuing work on the Homeland without the county putting up roadblocks at every turn. Currently, the main road, funded by the BIA, is being laid out. The council has decided on the appropriate size for the lots for individual homes, and these will be plotted in the near future. Land at the sites of the main road, the elder housing and the single lots has been cleared of underbrush. The Homeland is really beginning to look good. All tribal members should go out to look at the land. I think you will be very impressed.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities, issues and problems arise almost daily, so we always have plenty to work on.

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Caralee Abbott	James Barrett	Lloyd Barrett	Lyle Barrett
Terry Barrett	Lisa Bleeck	Deanna Crumpacker	Miranda Daniels
Theodore Estrada	Travis Hatch	Heidi Hawkins	Theo Hawkins Jr.
Debra Higgins	Mary Holm	Betty Jones	Donovan Jones
Darlene Kavanaugh	Corey King	Judy King	Lanita King
Samantha King	Shannon King	Stephanie King	William King
Jonathan Long	Levi Lowery	Jeanie Lucy	Peter Miller
Jennifer MacDonald	Penny Perez	Sandra Powers	Sandra Schroeder
Jo-Anne Smith	Wesley Smith	William Steele	Amy Sturdivant
Marvin Underwood	Bernie Wills	Bridget Wilson	Tucker Wilson
Norman Underwood Jr.	Winnifred Marchand		

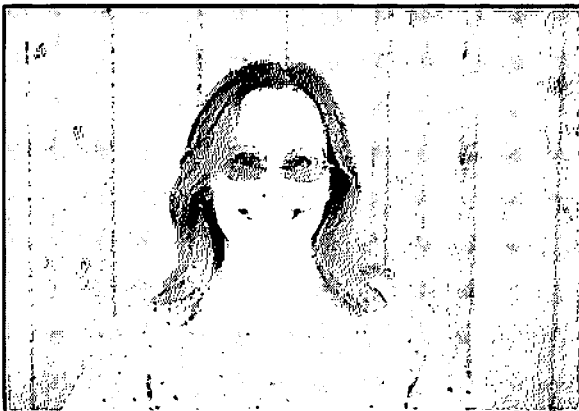
We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced.

We have been having problems with not getting everyone's address changes correct – If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

The Samish Enrollment Committee has requested from council, and put into effect, a \$15.00 charge for the enrollment application and the first (1st) card as well as a charge of \$5.00 for each/any replacement card. Waivers may be considered on a case by case basis.

WELCOME OUR NEW EMPLOYEE TERI HORTON



**Teri Horton,
Human Resources Director**

Teri is the newest employee at the Samish Indian Nation Administration office in Anacortes. She is very proud and happy to be working for her people. She is responsible for working with staff, committees and Council for recruiting and hiring future employees. She will also provide guidance for current employees regarding any issues surrounding staff development. She can be a resource for our members in providing information about job postings.

If you have a question about employment with the Samish Nation Administration office, please feel free to call her at (360) 293-6404 or toll free at (800) 365-9062 at extension 217 or e-mail her at thorton@samishtribe.nsn.us

CANCER WALK

Relay For Life is a fun-filled overnight event designed to celebrate survivorship and raise money for research and programs of your American Cancer Society. During the event, teams of people gather at schools, fairgrounds, or parks and take turns walking or running laps. Each team tries to keep at least one team member on the track at all times. Relay For Life represents the hope that those lost to cancer will never be forgotten, that those who face cancer will be supported, and that one day, cancer will be eliminated.

The Drug and Alcohol Prevention program would like to thank all of the staff members who walked in our first try at the Walk for Life, Cancer Walk. Staff members who walked include Joanne Liantonio, Dana Matthews, Janice Joe, Juanita Young, Marah Rockhold, Joan Pitz, Nicole Herman, Leslie Eastwood, Robert Wooten, and Frances Straus. Our team leaders Dorothy Hill, Don Hill, Peggy Morgan, and Annete Dolan stayed over night to make sure the Samish team was supported. The staff members could not have done such a great job if it weren't for Dorothy's support and organization for the Cancer Walk. Thanks a bunch!

All of our staff members collected donations and raised \$1,887.60 for the Walk for Life, Cancer Walk. All together Anacortes pulled in \$145,000! Everyone did a fantastic job and we are proud to be a part of the Walk for Life, Cancer Walk!

BRAVE & PRINCESS PAGEANT

Samish member Lynea DaNae Moreland is only ten years old and she has been nominated by her classmates to represent them in the Brave and Princess pageant held at her school. Lynea attends Conehatta Elementary in Conehatta, Mississippi and is enrolled in Mrs. McDory's class. Lynea is the daughter of Samish member Shauna Grady and the granddaughter of Samish member Jerrold King. Congratulations Lynea!



SAMISH CULTURAL DAY



Samish Cultural Day will be held on October 4, 2003 along with the celebration for the 20th year of the Maiden Story Pole. The Maiden Ceremony at Rosario Beach begins at 7:00am. Parking is \$5.00 a space, keep receipts for reimbursement. Please bring your drums and traditional clothing and celebrate with us.

Please join us at the Fidalgo Bay RV Park from 10:00am to 1:00pm where we will hold a Celebration and Honoring Feast along with a desert potluck. Cultural Activities will occur from 1:00 to 3:00pm and include projects such as: cedar rose making, artist explanation on the differences of Northern and Coast Salish designs weaving demonstrations, and canoe rides.

If you have a questions about the Samish Cultural Day please contact Rita at (360) 293-6404 or toll free at (800) 365-9062 at extension 118 or e-mail her at rlouis@samishtribe.nsn.us

CANOE JOURNEY 2003

Samish Paddlers

Skipper Gordon Misheal
Sarah Johnson
Rose Castilleja
Shawn MacAvoy
Robert Louis
Leslie Eastwood
Nathan De Kay
Clifford Thompson
Tasha Dunn
Patrick Dunn
Brandon Dick

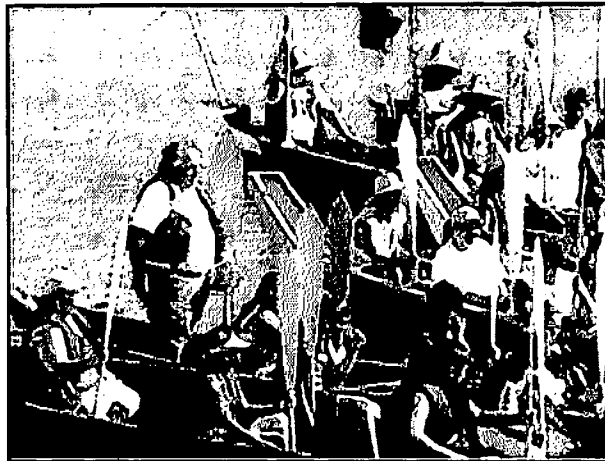
Friends Who Paddled

Ritchie Jacobson
Elmer Thompson – Ditidaht
Charlie Tom – Saanich
Aaron Charlie – Ahousat
Devon -Ditidaht
Billy Andy – Bella Coola
Sam Chester -Ditidaht
Sugar Thompson – Ditidaht
Charlie Thompson – Ditidaht
Diana Charles-Esquimalt
Webster Thompson-Ditidaht
Louie Tom-Saanich

Ground Crew

Norma Mack-Pauquachin
Flo Tom - Saanich
Anne - Ahousat
Marion Thompson - Ditidaht
Rose Chester - Bella Coola
Joyce Thomas - Songhess
Larry De Kay

Written by: Barbara Jackson, Education Program Manager



From the excitement of leaving Anacortes for Swinomish, to the final landing at Tulalip, Healing Through Unity – The Tribal Journey to Tulalip 2003 was a journey through time and across the water. It was full of stories, songs, dancing, and a new way of seeing the world of the ancestors.

The journey began long before the Samish canoe left Anacortes on July 22nd. The journey actually began during a time when the Puget Sound was the only highway available. There were no roads. People traveled in their family canoes to visit, to fish, and to harvest the seasonal bounty.

Last year, the pullers wore a t-shirt titled “Samish and Swinomish Pulling Together”. This year, Bill Bailey’s t-shirt design included the name of our new Samish canoe or *snekwis*. In the Samish language, the canoe’s name is *xechngingh-lh*, which means “our hearts and minds are one.”

Our *snekwis* performed well as she traveled from Anacortes to Swinomish to Coupeville to Port Townsend to Port Gamble S’Klallam to Suquamish and Tulalip. Before the canoes landed each day, the traditional protocol, asking permission to come ashore from the owners of the territory was observed. It was an important time to sing, to speak, and to express gratitude for the safe day’s journey that had just concluded.

At each location, the hosting tribe was very gracious and made everyone feel welcome.

Skipper Gordon noted, “We made new friends and talked to old friends. Every day we laughed and had fun with the crew. Ritchie made up songs as we paddled.”

At each location, the hosting tribe was very gracious and made everyone feel welcome. Each morning we had a circle and said a prayer for our safety for the day’s journey. Then, many willing hands and strong backs lifted each of the canoes onto shoulders to be carried down the beach for launching. It seemed that tide was always out when it was time to begin the day’s paddle. There was also a strong message conveyed to everyone young and old that this event was “drug and alcohol free.”

The canoe family and all those involved extend their thanks to support boat skipper Larry De Kay and to the tribal council who had the vision to see this project become reality. We were honored to be one of approximately 50 canoes who participated. Next year, the journey heads north to Canada, to Kingcome Inlet, near Alert Bay, at the invitation of Chief Frank Nelson.

CANOE JOURNEY 2003 (continued)



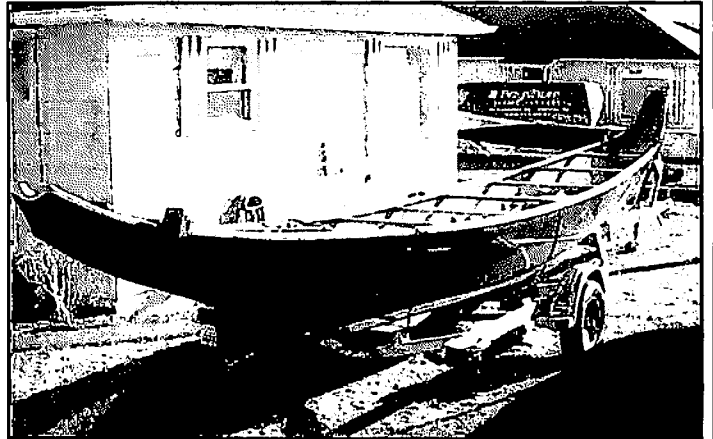
As a part of our ground crew, 11 year old Brandon Dick, helped by selling our new CD's and our T-shirts to many appreciative buyers. Brandon was also with us as we waited ALL NIGHT LONG on the final night at Tulalip to present ourselves to the Tulalip representatives. We hope he will come again next year, showing what young people are capable of! Brandon was with us as we sang our songs and gave gifts to the Skippers of all the canoes and representatives from Tulalip at seven o'clock in the morning. Protocol requires that each canoe family present in order, starting with those who came from farthest away. So, Samish, Snowqualmie, and Swinomish are the tribes closest to Tulalip and had the longest wait. But, it was worth it.

SAMISH CANOE FLEET EXPANSION

Written by: Tom Wooten, Vice Chairman

Like the Nation itself, the Samish canoe family is expanding in leaps and bounds. As a result of this new and reformed interest, the Tribal council recognized the need to purchase an additional canoe to meet the needs and interests of the membership.

To make this happen funding was allocated and the search was on. Merlin at Western Canoeing and Kayaking in Burnaby, British Columbia was most helpful in locating a used fiberglass canoe that would meet the needs of our people. This is a Northern style 31' Northern Dancer fiberglass canoe.



There are three hull designs still in use today in large traveling canoes, the Northern style, the Western Coastal style, and the Salish style. The intent was to get a more durable and lighter canoe to allow the canoe family to practice more often without the worry of damaging our precious and delicate traditional cedar canoe. A likely canoe was found in Canada at Powell River, British Columbia. The Sliammon Nation were the owners of her; and was being used for cultural tourist outings in the Gulf Islands. The tours were suspended leaving the Nation with a canoe, trailer and equipment the Sliammon Nation no longer needed. Contact was made and a price agreed upon. The canoe and trailer were retrieved from Canada and as they say, "The rest is history!"

The Samish Nation now owns two traveling canoes to train in and use on paddles, our traditional cedar and a new, used fiberglass one. This canoe was named *Kumak'en* in the Sliammon language meaning Sea Lion. To make the canoe ours we translated the Sea Lion into the Samish language, *Ash'as*.

The next time you are in the Anacortes area, stop in and take a look at *Ash'as* and our cedar canoe the *Xechnging-lh* meaning our hearts and minds are one. If your timing is good, maybe, just maybe the canoe family will be taking one or both of them out on the water and you will be able to pull canoe with other tribal members of our canoe family. It is a fun and exciting way to travel on and in our traditional waters at the same time enjoying a good work out! Hope to see you on the water pulling in one of our canoes.

WEAVING RESEARCH AT THE SMITHSONIAN



Rita Louis, Dee Branson, Risa Arbolino, Megan Jones, Chris De Kay, and Janet Castilleja with Coast Salish blanket at the Museum of American Indian Cultural Resources Center in Washington, D.C.

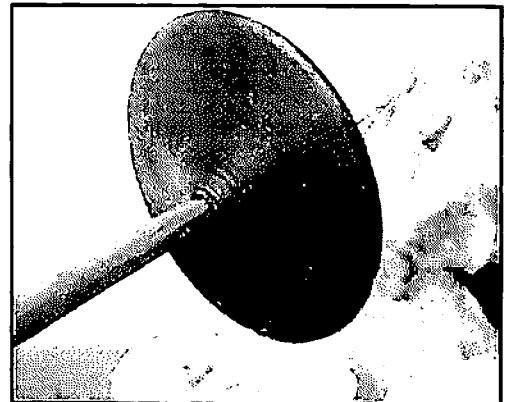
**Written by: Megan Jones,
Research & Archives Director**

In July, Megan Jones and Rita Louis traveled to Washington, D.C. to study the Coast Salish weavings in the Smithsonian Institution's collections. Two of the museums in this organization, the National Museum of the American Indian (NMAI) and the National Museum of Natural History (NMNH) contain important examples of weavings by Coast Salish peoples.

Weaving was an established and thriving tradition of the Coast Salish long before the first white men came to the area. Early explorers wrote of seeing the well-made blankets and also noted the presence of groups of small long-haired dogs which they believed were shorn to provide some of the materials used in

the weaving of these blankets. These hand-spun, hand woven blankets had been important symbols of wealth and prestige and were given as gifts and used as trade.

Megan and Rita examined the weavings and tools used in their manufacture during their stay at the two facilities (NMAI and NMNH). Dr. Risa Arbolino of NMNH acted as the sponsor for their research and Natasha Johnson assisted them with the NMAI collections. Council members, Dee Branson, Janet Castilleja, and Chris De Kay were given a gracious welcome and tour of the NMAI research facility while in DC on Council business. It was an exciting and rewarding experience and it is hoped that this work will continue here to replicate the tools and techniques of this Coast Salish tradition. As work progresses reports will be included in future editions of the newsletter.



MOUNTAIN GOAT WOOL

This past spring, in anticipation of the Coast Salish weaving research trip to the Smithsonian, Woodland Park Zoo in Seattle and Northwest Trek in Eatonville were asked about the possibility of obtaining wool from their mountain goats for this project. Both organizations agreed and donated a good quantity of raw wool. Jo Roach of the Zoo and Richard Sartor of NW Trek were helpful and enthusiastic in collecting the wool. These generous donations will be used to demonstrate the techniques used in processing and spinning the fibers for use in weaving the blankets.

In support of the continuing Coast Salish weaving research project, Samish Tribal Council member, Ray Gorynski, made a beautifully balanced spindle whorl that can be used to spin both a bulky coarse yarn as well as a finer, thinner yarn. Both Rita and Megan have given it a "whirl" and are pleased and impressed with his work.

Many thanks for a great job, Ray!



Mountain goat at Woodland Park Zoo: his wool will be used for demonstrations of traditional spinning techniques

SUCCESSFUL FIRST SUMMER FIELD SEASON



Samish Stewards Sarah Johnson and Hollie Hatch documenting an archaeological site on Sucia Island

**Written by: Russel Barsh,
Coast Salish Research Institute Director**

The Samish Nation research center, established by the Council earlier this year, had a successful first summer field research season—including a full-time summer field science program for five young Samish Stewards (secondary and post-secondary science students).

Samish Stewards spent several weeks camping and conducting research in the San Juan Islands. Among their projects: sediment transport and watershed dynamics at Deer Harbor (Orcas Island); reef-net fishing and the impacts of boat traffic on eelgrass at Reid Harbor (Stuart Island); reconstructing traditionally-managed oak forests at Point Disney (Waldron Is-

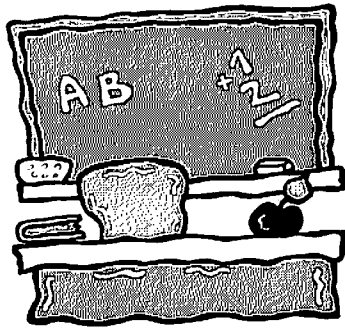
land); and experimenting with the effects of substrates and predators on Native oysters in Fidalgo Bay. Stewards also carried out field surveys of archaeological sites on Cypress Island and Sucia Island; and traditional reef-net sites throughout Samish Historical Territory. The Stewards have renovated the “green garage” at the Tribal center as a laboratory and storage space.

The research center won a \$30,000 award from the National Science Foundation for work on the human dimension of biocomplexity; a \$75,000 contract with the U.S. Army Corps of Engineers for a study of historical and potential salmon spawning streams in San Juan County; and a \$74,000 grant from the National Park Service for developing a Coast Salish NAGPRA consortium. Smaller grants and contracts from Anacortes, Skagit County, and the State Salmon Recovery Funding Board also helped support the summer's research activities. Center Director Russel Barsh will chair a symposium on Coast Salish historical ecology at the next meeting of the American Association for the Advancement of Science (AAAS) at Seattle in February 2004, which will highlight the center's work.

SAMISH HOMELAND

Development of our Homeland is progressing very well. Council has approved the master plan that was presented at the General Council meeting in June. In August the close out request for our block grant access road was submitted to HUD. The road is completed, all property lines have been cleared and approximately three acres of land have been cleared and hydro seeded as examples of potential housing lots. All Samish are encouraged to visit our Homeland and see the progress we have made.

The engineering of the BIA road is going slower than we would like but the 50% design has been submitted and if it is approved we are well on our way to having a site sensitive road that will serve Samish needs for generations. This fall we plan to hire a civil engineering firm to survey and stake the housing lots for single family houses and our elders housing area. We have been in negotiations with Indian Health to design and construct water service for all the lots and sewer service for the elders' houses. We are also negotiating with Puget Sound Energy for electrical supply. Slowly but surely the pieces are falling into place. You will be kept informed as development continues.



EDUCATION AWARD RECIPIENT

The Samish Tribe's Educational Assistance has benefited me both personally and professionally. I first learned about this benefit when my nephew, Brandon Hatch, applied for his educational assistance to attend Bates Technical College. The timing for Brandon couldn't have been better and his success in school as well as the change in his personal growth has lifted the hearts of our family. I work in accounting and

payroll and attend monthly meetings of the American Payroll Association. The local chapter promotes professionalism in payroll and encourages all members to attain the certification that signifies this professional level, the Certified Payroll Professional. I spoke with Leslie Eastwood about the possibilities of financial assistance to study and sit for the exam. She told me exactly what I needed to do to apply and said they would consider my request. My experience working with the Samish Nation has been very satisfying. I feel the staff is courteous, respectful and really do care about us, our well being and success. I appreciate the help our family receives and would encourage anyone to ask for assistance in any matter. The staff is well qualified to handle any situation! Lesley Ann Smith, CPP

SAMISH CANOE

Written by Leslie Eastwood and Barbara Jackson

This is from a handout we used when we took the canoe to "Touch a Truck" night at Island View Elementary School recently. The canoe was there as the first form of transportation found in this area. Thanks to Kelly Wooten for inviting us!

For many hundreds of years, this was the skelotses of the Samish people. Their territory included Anacortes and the San Juan Islands.

Staa x^welh of the original Samish still live here today.

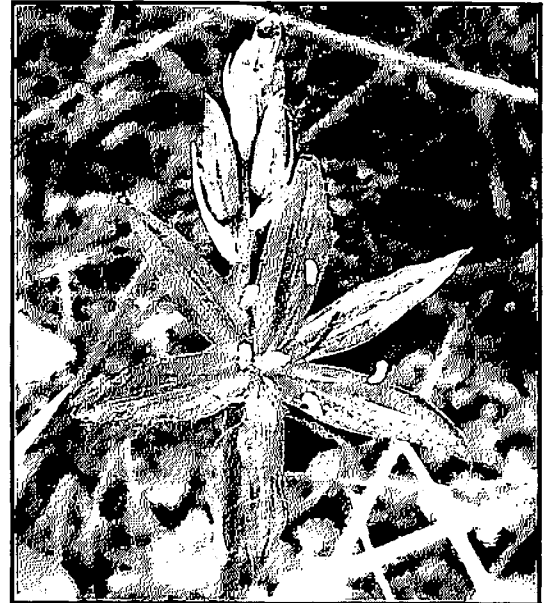
This cedar snekwis was carved from one large red cedar tree (xpey).

This snekwis is called a Coast Salish family snekwis, because this is how a family traveled before there were roads, cars, airplanes, or ferries.

The canoe has six sqemel and one pax^wen.

The name of our snekwis is xechnging-lh, which means "our hearts and minds are one."

Thank you for visiting our snekwis.



Snekwis – canoe
Skelotses – homeland
Staa x^welh – descendents or children
Xpey – cedar tree
Sqemel – canoe paddles
pax^wen – sail
xechnging-lh - our hearts and minds are one

MEMORIAL GARDEN

The Samish Headstart School and Elders Longhouse is in need of beautification with the planting of native flowers and indigenous shrubbery. We have designated two areas for a memorial garden to remember our ancestors and those we have loved who have passed on.



There are three ways to contribute to the memorial garden:

1. Come to the preschool longhouse with a plant or flower to either plant yourself or to be planted by the staff.
2. Call the preschool longhouse extension 212 to request that a specific plant be purchased and planted and then send a money contribution in your name.
3. Send a monetary donation for the overall upkeep and handling of the garden.

Any items given will be very much appreciated. Please give all items and refer all calls to Gordon or David at (360) 293-6404 or toll free at (800) 365-9062 at extension 212. Please send donations to the Samish Administration office to P.O. Box 217 Anacortes, WA 98221 Attention Juanita

THE ELDER PROGRAM IS GROWING!

With the hiring of a full time Elders specialist, Rita Louis (Also a tribal council member), we are quickly growing in the services offered to our Samish Elders. Upon her return from Washington D.C. where Rita was researching Coast Salish Tribes textiles, at the Smithsonian institute, Rita created a monthly schedule of elder's activities. We now have activities three days each week and plan to offer a great variety of events.

Activities for the Month of October 2003

Monday	Lunch
Tuesday	Lunch and Cedar Rose or Basket Making
Wednesday	Lunch and Beading Class
Thursday	Lunch and Tai Chi
Friday	Breakfast (starting on October 10, 2003)

Due to the limited funding of our Elder program, we invite any monetary donation or craft items such as beads, fabric remnants, leather, ribbons, wool, etc.

Any items given will be very much appreciated. Please give all items and refer all calls to Rita at (360) 293-6404 or toll free at (800) 365-9062 at extension 118. Please send donations to the Samish Administration office to P.O. Box 217 Anacortes, WA 98221 Attention Juanita

TRIBAL CHILDREN NEED TRIBAL HOMES

There is a great need for Indian foster homes. Indian youth are at greater risk of drug use, crime, pregnancy and suicide when living in non- Indian homes.

If you are interested in becoming a Foster Parent Family please call Jennifer at (360) 293-6404 or toll free at (800) 365-9062 at extension 131 or e-mail her at jpaddock@samishtribe.nsn.us

SAMISH NEWS

December 2003



WORDS FROM OUR CHAIRMAN, KEN HANSEN

It's been an exciting first year for the Samish Indian Nation. Our staff and programs have grown from just a few employees to a complete array of program managers and Departmental Directors handling all of our current funded programs. The staff looks forward to meeting the challenges and working with Tribal members.

As staff and Council have looked forward and developed strategic planning, the major issue has been our growth in Tribal membership. Averaging about fifteen new members a month eligible for services, staff has had to anticipate projected needs while balancing a finite pool of funding. We are still negotiating with the Bureau of Indian

Affairs and Indian Health Services to stabilize and expand our core program funding. These negotiations have yet to be successful. So the good thing about growth is more capacity for future growth, the downside is how to maintain a current level of service with a constant pool of money and a growing Tribal membership. The staff looks forward to meeting the challenges and working with Tribal members.

Some of the other issues that must be resolved this year are a designated service area from the Bureau of Indian Affairs (BIA), and additional programs, services and funding. Each of these topics is high priority of the Tribal Council and is currently being pursued. Once the BIA does establish a designated service area it will make additional appropriations available in order to supplement our existing Tribal Priority Allocations (TPA) budget. Some programs that are available to other Tribes are not currently available to us since we don't have a designated service area. Currently the issue is in front of Aurene Martin, Acting Assistant Secretary of the BIA. Once she makes the decision we will continue to move forward with negotiating contracts with the BIA.

Another of the more exciting things in development is the Homeland property. We are basically twelve months away from having housing available to Tribal members. Once the master site plan has been approved we will search for funding to install the infrastructure and begin construction on the new homes. We will have sixteen homes for single families and ten units available to Tribal members sixty-two years of age and older. It is always exciting when a Tribe is able to offer homes to its members.

The Tribe has reached an agreement with the City of Anacortes and is still negotiating with Skagit County. These agreements handle the normal consultation and intergovernmental structure needed for two governments to work together. The agreements put in place jurisdictional issues, taxation issues, and how each government interrelates. It was a big step for the Tribe in resolving a lot of issues with the City and the County.

The next twelve months should again be an exciting time of growth and development for the administration of the Tribe. Issues such as funding, land to trust, and legal infrastructure development will be very important. As the tribe continues to grow, challenges to the Tribe's inherent Sovereignty will increase.

Have a Safe and Happy Holiday Season from the Samish Indian Nation's Council Members and Administrative Staff

CONSTITUTION ELECTION NOTICE

On December 8, 2003; the Samish Election Board members and members of the Samish Tribal Council met with Judy Joseph, Superintendent of the Puget Sound Agency of the Bureau of Indian Affairs. Topic for the meeting was the upcoming Secretarial Election for approval of amendments the Samish Nation Constitution.

- December 19, 2003 - Tribal Council shall prepare a voter pamphlet
- January 16, 2004 - Voter pamphlet delivered to Bureau of Indian Affairs
- January 26, 2004 - Election ballots and voter pamphlet mailed out by the Bureau of Indian Affairs to all eligible voting members of the Samish Indian Nation
- February 27, 2004 - All ballots must be received at the Puget Sound Agency Affairs office no later than 5:00 P.M..
- March 2, 2004 - Bureau of Indian Affairs staff and Samish Indian Nation Election Committee staff shall met at the Puget Sound Agency of the BIA and tally the votes
- March 3, 2004 - Election results shall be posted at the Puget Sound Agency Indian Affairs Office and at Tribal Headquarters, Samish Indian Nation initiating the formal appeal period
- March 5, 2004 - Formal appeal period closes
- March 8, 2004 - If the constitution passes with a majority vote of yes amongst the 778 eligible voters then the Superintendent of the Puget Sound Agency of the Bureau of Indian Affairs shall certify the election and will recognize the amended constitution as the new governing document of the Samish Indian Nation

Once the process begins, on January 16, 2004; all inquiries should be directed to:



Judy Joseph
Superintendent, Bureau of Indian Affairs
Puget Sound Agency
2707 Colby Avenue, Suite 1101
Everett, WA 98201-3528

(425) 258-2651 ext. 231

DECEMBER 2003 COUNCIL HIGHLIGHTS

By: *Co-laht-su-sah, Jan Barret Castilleja*

Your Samish Tribal council has only had two meetings since the last newsletter, so their isn't a lot new to report.

- Constitution** The Council is engaged in a very close reading of the revised Constitution. We hope to have the BIA run a Constitutional Election early in the new year.
- Economic Development** Most of our current economic development projects revolve around the acquisition of property that we hope will generate income. The Ship Harbor property and the RV Park are examples.
- Several other projects are being considered including an organic fertilizer and the sale of gasoline and cigarettes under a compact with the state.
- Land Acquisition** The Samish Tribal Council wants to acquire land for the Samish people, both for the development of business ventures and to provide a Homeland for our people. Recently, the Samish received a large piece of land near the ferry terminal as a donation from a local family. Work continues to try to sell this land in order to raise money to use for other projects.
- The purchase of the RV Park is also on track. Papers should be signed in the next month.
- Resolutions** Over the last two months, the council has approved several resolutions:
- * Funds to provide assistance to the Anacortes Food Bank
 - * Funds to Assist Ted Edge to finish his smokehouse
 - * Funds to help cover the cost of travel for committee members
 - * Revisions to clarify the housing policy and resolve some issues concerning home repair and maintenance
 - * Establishment of an ad hoc committee to study ways to provide the best possible healthcare for tribal members in the most efficient way
 - * Establishment of an ad hoc committee to study ways of preserving and teaching the Samish Language
- Ordinances** The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. Currently, the Council is considering adopting Skagit County codes regarding regulation of land use and zoning, and environmental protection on an interim basis in order to facilitate development of the Homeland property. The County codes would be used until the tribe develops its own.
- Homeland** The main road through the homeland has been laid out. Staff is currently working on plans for easement , storm water runoff and legal descriptions of lots.
- House Pole** For many years, it has been known that two Samish house poles, dating from approximately the 1880's, had been removed from a Samish longhouse and taken to the Burke Museum in Seattle. One of those house poles has been found, and recently the Burke Museum has agreed to a plan to repatriate the house poles to the Samish people. Russell Barsh, as director of the Samish Institute, is working with the Burke Museums on the repatriation plan. Our house pole is coming home! This is very exciting.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities, issues and problems arise almost daily, so we always have plenty to work on.

LETTERS

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation

**Attention: Nicole Herman:
Newsletter**

**PO Box 217
Anacortes, WA
98221**

**e-mail:
nherman@
samishtribe.nsn.us
Local Phone
Number
(360) 293-6404
ext. 110
Toll Free Phone
Number
(800) 365-9062**

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Our family would like to thank all of the family, relatives and friends who shared in our sorrow with the passing of our daughter, Hope (So Sad We Leets) Jimicum. The prayers, thoughts and financial support was truly overwhelming and greatly appreciated by our family. We could not have made it without the love and support that was provided to us. We would like to thank specifically:

The Swinomish Tribal Community, the Tulalip Tribes, the Samish Tribe, the Swinomish Smokehouse Organization and many of my co-workers who sent much strength to our family. The individual people are too many to mention but we will be sending prayers and thankfulness to each and every one of you for your prayers and spiritual strength.

With Love and Light,

Mary Ann Campbell (So Sad We Leets); Larry, Faith and Sonner Campbell; Ramona, Laura, Stephen and Christopher George; Frankie Campbell; La Verne Grove (So Sad We Leets) and family.



Mike Hatch of Snohomish, WA in Snohomish County joins the Governor's Developmental Disabilities Council having more than 40 years of experience working in programs for people with developmental disabilities. Mr. Hatch is also a member of the Samish Indian Nation. Currently, he provides consultation to the Commission on Accreditation of Rehabilitation Facilities and the State of Wyoming Division of Developmental Disabilities. He is the current Vice President of the Snohomish County ARC Board of Directors. He also just completed a second three-year term on the Governor's Committee on Disabilities Issues and Employment.

Just wanted to let you know we're thrilled to have Mike join our Council team.

Alisha Mark, Governor's Developmental Disabilities Council Team Member



Dear Samish Brothers and Sisters,

I want to thank all of you who voted to reelect me to Council for another term. I apologize for my late response. I submitted a thank you letter for the last newsletter but it was accidentally not included in the publication. I want to assure you that I feel honored by your confidence and will represent all Samish people in a fair and equitable manner.

Please feel free to contact me if there is some way I can be of service. I am here to represent you. Your communication keeps me informed of your wants and needs.

Respectfully,
Tim King

LETTERS

In a horse magazine a woman riding instructor stated you should mount a horse from either side; that way you will keep the horses back bone straighten. A man put a picture of an old walking plow in the magazine. He said it looked like it had a lever on it to change the plow shear to the right or left. That way each horse took turns walking in the furrow. The advantage of that, he says, it kept a horse from getting short legged on one side. The articles were written by educated people who had probably never been near a horse until they were in their 20's or 30's. They are out there teaching our youth.

The articles brought me back to our Indian people who were never awarded a reservation, and to our Samish leaders who are trying to put things together and hold it together. They are also of the younger generation, some as young as my grandchildren. They've never seen or heard our old people talk. They have a hard row to hoe; the world is full of absolutist with bad advice.

Thank the powers above for people like Victor Underwood and his wife who help keep the record straight. Our young leaders are educated; they should do fine.

Ed King

Dear Samish Nation,

I wanted to tell everyone who helped me thank you! I wanted to tell the people who helped me obtain my scholarship for school, housing assistance, and the energy assistance program thank you. With these programs I have been able to move to Seattle, go to school, pass my state board exams, and receive employment. Due to the resources available to the Samish people, I am now fulfilling my short term goals and reaching for my long term goals. I am now a licensed hand and foot therapist and I am employed by In-Spa.

Danielle Schoch

I see in the tribal newsletter that there is a call out for fabric remnants. I work at a quilting store and have handmade numerous quilts for friends, family, and lots of wild and goofy shorts and pillowcases for my sons.

Here are some pieces from my life that I hope can be useful to the tribe. As more mounts up I'll box it and send it your way. Some of these pieces are very small, but they have all had meaning to me. I hope that they can be used.

Sincerely,

Janine Jijina

Janine, thank you so much for your donation. Our elder's program will use your fabric remnants to create beautiful crafts and memories.

Hello, Samish members my name is Charlotte Dick. My family and I have recently moved home to Anacortes. I was lucky enough to be hired here with the Samish Nation working to help our people. We are very fortunate to have had strong support from the Samish Community. We received assistance in many ways, such as food, clothing, and child care for our three sons, energy assistance, and completion of the GED. We are so grateful to everyone that has supported our move here and our involvement in so many cultural activities and have recently been to the local schools to talk about our people and to sing our songs. This really is home.



SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Caralee Abbott	Brenton Barrett	James Barrett	Lloyd Barrett
Lyle Barrett	Lisa Bleeck	Tessa Bramwell	Lacey Brunner
Holly Clifton	Anna Cruz	Deanna Crumpacker	Aurillo Cruz
Mario Cruz	Curtis Eastwood	Theodore Estrada	Barbara Faulkner
Shauna Grady	Heidi Hawkins	Theo Hawkins Jr.	Dena Haynes
Debra Higgins	Corey King	Judy King	Lanita King
Samantha King	Shannon King	Stephanie King	William King
Kenneth Lemmon	Jonathan Long	Levi Lowery	Jeanie Lucy
Jennifer MacDonald	Terry MacDonald	Winnifred Marchand	Peter Miller
Camren Moreland	Lakayla Moreland	Lakylie Moreland	Lynea Moreland
Penny Perez	Allison Perkins	Sandra Powers	Kelee Rock
Sandra Schroeder	Jo-Anne Smith	Wesley Smith	William Steele
Marvin Underwood	Ralph Underwood	Simone Underwood	Norman Underwood
Jr. Bernie Wills	Fredrick Wills	Kenneth Wills	Bridget Wilson
Tucker Wilson	Hana Zaremba		

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced.

We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

IMPORTANT ENROLLMENT NEWS

As of this mailing, the enrollment staff is requesting that only the new applications be used. These can be down loaded from the web site, requested from the office, or found on the following page. If we receive an old one then it will be sent back with a new one to fill out. Sorry for any inconvenience but we are trying to get things organized so data is easier to retrieve. Please be sure to fill out ALL the questions, as well as the family tree, or they will be sent back to the applicant for completion. Remember that the applications must be filled out in black or blue ink; anything else is not legal.

The Samish Enrollment Committee has requested from council, and put into effect, a \$15.00 charge for the enrollment application and the first (1st) card as well as a charge of \$5.00 for each/any replacement card. Waivers may be considered on a case by case basis.

Would all those members who received requests for applications, birth certificates and updates please get those documents into us.

If you have any questions about enrollment please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

Application for Enrollment in the
Samish Indian Nation of Washington

1. Full name of applicant: _____
(last) (first) (middle)
2. Maiden name: _____ Other names: _____
(previous married names, alias, etc.)
3. Address: _____
(street and mailing address) (county)
- Phone: _____
(city) (state) (zip) (include area code)
4. Sex: _____ 5. Date of birth: _____ 6. Place of birth: _____
7. Is applicant an adopted child? Yes _____ No _____
8. Is applicant enrolled in another U.S. Federally Recognized tribe? _____
If yes, name of Tribe: _____ Enrollment no. of other Tribe: _____
- If question 8 was answered yes: please contact Samish Tribal Enrollment Clerk for further instructions before completing this application @ 1-800-365-9062.
9. Proof of birth must be established: Attach an applicant's original certified birth certificate. If not available, submit an official document that establishes correct date of birth, place of birth, and natural parents' names.
10. Family tree diagram on page 2 must be completed.
11. Application and family tree diagram must be completed in blue or black ink.
12. Application must include a check or money order for \$15.00, made out to the Samish Indian Nation, if requesting a wavier please send a letter with explanation.

I, _____, of lawful age, do depose and state that the above and foregoing answers to questions therein are true, to the best of my knowledge and belief.

(Applicant's signature)

(Date)

Relationship to applicant if applicant is a minor _____

**ALL QUESTIONS MUST BE ANSWERED BEFORE APPLICATION WILL
BE CONSIDERED**

Submit this completed application to:

Samish Indian Nation

P.O. Box 217

Anacortes, WA 98221

(360) 293-6404

RECOMMENDATION OF COMMITTEE

- ☐ APPROVE
☐ REJECT BECAUSE _____

DATE _____

SIGNATURE OF COMMITTEE CHAIR

ROLL NUMBER _____

ACTION BY COUNCIL

- ☐ APPROVE
☐ REJECT BECAUSE _____

DATE _____

SIGNATURE OF COUNCIL CHAIR

DATE OF MEETING _____

SOCIAL SERVICES NEWS



WELCOME OUR NEW EMPLOYEE CHARLOTTE DICK

Charlotte has been working since July 7, 2003; and it is a pleasure to have her here on a permanent basis as the Social Services Intake Support Specialist. Charlotte brings experience in working with other tribes as a receptionist and word processing and customer service professional. She has a diploma from Compu-College with an emphasis in computer business and application. We look forward to the skills and experience that she will bring to the Social Services department.

If you have any questions, please contact Charlotte Dick at (360) 293-6404 or toll free at (800) 365-9062 at extension 129 or e-mail her at cdick@samishtribe.nsn.us

LOW INCOME HEATING AND ENERGY ASSISTANCE PROGRAM

The Low Income Heating & Energy Assistance Program (LIHEAP) is covering the cost of heating for families who qualify for services. Members who qualify can have utility payments made on their behalf directly by the Samish Tribe's Social Service Program, unlike in years past when the Small Tribes of Western Washington (STOWW) administered the service.

Tribal members who live in the ten county service area can still qualify for this program if their household income falls within the guidelines listed.

SIZE OF FAMILY	POVERTY GUIDELINES	MONTHLY INCOME
1	\$13,290	\$1,715.92
2	\$17,910	\$2,243.92
3	\$22,530	\$2,771.84
4	\$27,150	\$3,299.84
5	\$31,770	\$3,827.83
6	\$36,390	\$4,355.83

*** For family units with more than 8 members, add \$3,080 for each additional member ***

We have full size blankets available for qualified low –income families and other emergency situations. If interested contact our office and arrange a time you will be able to get to our office to pick up a blanket or blankets.

FOOD VOUCHERS

Food Voucher applications for the 2003-2005 program year are now available. Vouchers are issued based on need, financial eligibility and availability of funds.



Food Vouchers are available to qualified Samish tribal members in the ten county service area and any Native American living on Fidalgo Island.

NEW SERVICES/NEW CONTRACTS

* *Community Juvenile Accountability Act, Washington State Juvenile Rehabilitation Administration.* This will allow us to contact and track the number of Samish youth who are at risk, or have been involved in the court system. We hope to develop youth activities based on the negative and positive issues impacting them.

* *Tribal Victims Assistance from the Department of Justice, Office for Victims of Crime.* This will allow us to provide advocacy and support to tribal victims of domestic violence, sexual assault, elder abuse, child abuse in coordination with our existing Indian Child Welfare program and victims of crime. The project will be implemented as the necessary procedures and guidelines are developed and approved. We plan to build a resource directory, develop training, networks, and provide outreach.

SAMISH ELDERS' PROGRAM



On September 25, 2003 we were invited to Suquamish elders' lunch. They were very good hosts and everyone had a wonderful time as well as a great feast. They had door prizes and a few people from our group won, which made this event very exciting. Marjorie Klingman won the eldest lady prize, she is a youthful 93 years old. She received a beautiful Pendleton blanket.

On October 24, 2003 we went to Muckleshoot elders' lunch. We left Anacortes about 9:00 A.M. and arrived back around 7:00 P.M. This does make a long day for the Elders, but there is always fun and joking on these long rides. The hosts passed out small quilts that were very well made. The group made all these by gathering together and working on these all by themselves.

Our elders hosted a luncheon on October 31, 2003 here at our Samish Longhouse. The Elders from Swinomish came and honored our invitation. The tribes take turns hosting and sending out invitations to other elder groups to attend their luncheons. We were very happy at the attendance we had for our Halloween celebration. We had several door prizes and gifts for all that attended. It was truly another successful Samish event.



SAMISH OUTREACH IN THE COMMUNITY



"TOUCH A TRUCK"

On September 26, 2003, staff members (left to right) Leslie Eastwood – Health and Human Services Director, Barbara Jackson – Education Manager, and Jennifer Paddock – Social Services Manager, transported the Samish canoe to Island View Elementary School in Anacortes. The school hosted the "Touch a Truck" event where children and adults could come to touch, climb on and pretend to drive, or paddle in our case, different vehicles that transport people. We were among fire trucks, army hummers, vintage cars, a helicopter and bicycles. Our canoe represented the first transportation on Fidalgo Island.

It was a fun event and many people were able to learn more about the tribe. Everyone was surprised by the length of the canoe and that it was made from a cedar tree.

EDUCATION

PRE-COLLEGE WORKSHOP

The deadline to apply for a pre-college workshop for Native American students who are currently Sophomores and Juniors in high school is February 13, 2004. To be considered for this free workshop, you will need to have a 3.0 GPA in your academic classes. This is a great opportunity to meet with college representatives from 34 top U.S. Colleges.

For an application and more information on the program, go to www.whitneylaughlin.com.

SCHOLARSHIP ANNOUNCEMENT

The Indian Health Service (IHS) has announced the availability of approximately \$3,733,332 to fund scholarships for American Indians and Alaska Natives pursuing preparatory, pre-graduate, and professional programs. Approximately 200 awards, 100 of which are continuing, are for 10 months duration and the average award to a full-time student is approximately \$20,000.

<http://www.healthinschools.org/grants/ops078.asp>

Reminder: Students currently receiving Higher Education Scholarships need to send the Education Office a copy of your fall grades along with your request for support for the next quarter. It is your responsibility to get that information to the Education Office as soon as possible if you want to avoid delays that may occur over the holiday season.

SAMISH LANGUAGE CLASS

A beginning Samish Language class will be starting in January 2004. Please come and join us to learn about the Samish Language!

If you would like to join the class, please contact Barbara Jackson at (360) 293-6404 or toll free at (800) 365-9062 at extension 127 or e-mail her at bjackson@samishtribe.nsn.us

SAMISH OUTREACH

The staff of The Social Services Department has been accepting invitations to local schools to speak and sing about the Samish culture. We have recently visited the Fidalgo Island Elementary school 2nd grade classes and the Best Place Preschool. Recently Rita Louis, Elder and Social Services Specialist, was asked to present at the Anacortes Library by the Friends of the Library. In conjunction with storyteller Merla Martin from the Swinomish tribe, Rita and Barbara Jackson, Education Manager, presented using story boards and a new power point presentation that helps tell the Samish story.

These opportunities allow us to share the richness of the Samish traditions and history here in the San Juan Islands. We were also able to talk about the tribe's position on practicing a healthy drug-free life-style as well as the harmful effects of ongoing tobacco use.

INTERESTED IN A HEALTH PROFESSION?

The National Native American Youth Initiative (NNAYI) will be held in Washington, DC, June 19-27, 2004. The NNAYI is an intense academic enrichment and reinforcement program designed to increase students' background and skills so they are better prepared to remain in the academic field and pursue careers in the health professions and/or biomedical research.

Selected scholars will receive all expenses paid including room, board, and travel during the week-long program. Native American high school students planning to enter the health professions between the ages of 16 through 18 years old are eligible to apply. Applicants must have a minimum cumulative 2.0 GPA and are required to submit a one page essay expressing plans to enter the health professions (double spaced), current academic transcript, letter of recommendation from a school counselor/teacher, primary data sheet, and a photograph.

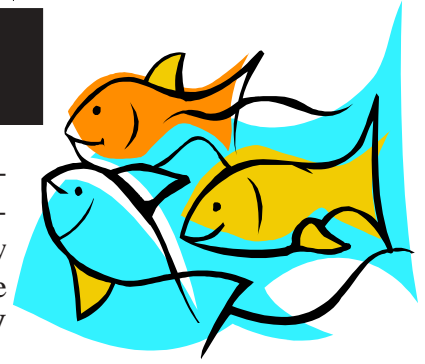
Applications are available at <http://www.aaipcom/student/nnayi.html>. Only a limited number of students will be accepted, so early applications are encouraged.

Deadline is May 14, 2004.

Contact Carla Guy at cguy@aaipo.com or call her at (405) 946-7072.

ENVIRONMENTAL DEPARTMENT

Christine and Jim have been keeping very busy these past few months. The program has produced an Environmental Assessment (EA) for the Homeland Construction Project for the Lake Campbell property. It went out for public review with no comments to date coming back. They have just completed the EA for the clubhouse expansion project. This will not go out for public comment until the RV Park changes hands.



Jim has been busy mapping away. With a \$18,000 grant from the Northwest Indian Fish Commission, we will be able to get some great topographic mapping programs and some much needed new tools for the program. This small grant will allow us to begin the mapping and database creation for the Fidalgo Bay Water Quality Project that we are planning on getting funding for the complete project next year. They are very excited about the new knowledge we are bringing to the Tribe and the program.

SAMISH GEAR



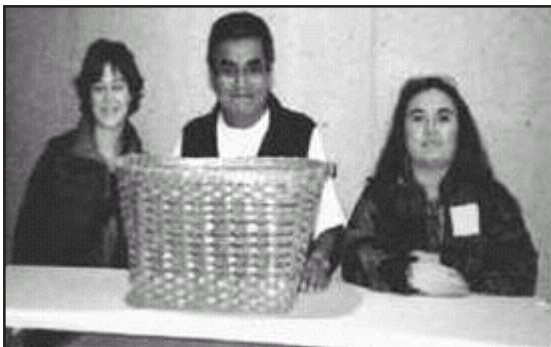
Don't forget to visit the updated Samish web-site for information about programs, services, newsletters, and now you can purchase stylish Samish clothing and accessories on line. Check out the merchandise link on our web-site to get some great Samish merchandise and accessories for your friends and family for the holiday season!

All you have to do is go to www.samishtribe.nsn.us and click the Samish merchandise link. It is easy and secure. Here is an example of one of the great shirts you can get.



NAGPRA PROJECT

My name is Robin Carneen and I am the new Native American Graves Protection and Repatriation Act (NAGPRA) coordinator. Our overall goal is the establishment of an independent regional hub for all Coast Salish nations to share museum inventories, documentation of objects, objects themselves, and interpretive publications with each other.



We are lucky to have Victor Underwood, Jr., a Samish Tribal member, working on this project. Victor and I talked briefly about the NAGPRA project. He offered to be an on site consultant when we meet with Elders up his way. He is also willing to work with one of our interns Cara Chkrmpoti, to gather valuable information for the project. We met in Vancouver and toured the University of British Columbia museum together, which neither of us had done before. He is a wonderful, easy going man, and I appreciate his connection to the communities and ties he has up North and his willingness to help with the language and our project.

PREVENTION PROGRAM NEWS

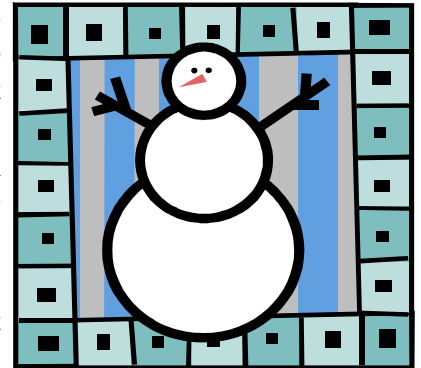


WELCOME OUR NEW EMPLOYEE BEN JOJOLA

Benjamin Jojola joined the Social Services Department team in late September as the Prevention Specialist. Benjamin will oversee prevention services including identifying and addressing needs of the tribe and our community regarding drug and alcohol use. He will plan and implement clean and sober activities that emphasize youth, peer and elder participation. In addition, Benjamin will deliver services related to the hazards and cessation of tobacco smoking. He will assist in drug and alcohol interventions as needed. Benjamin brings a strong affinity for Native Culture and for working with youth. He enjoys meeting people and finding creative ways to bring experiential learning opportunities to people young and old.

PREVENTION ACTIVITIES

The Samish Indian Nation Prevention Program recently sent two local teens to the Power of Hope at Camp Lutherwood on Lake Samish. From November 21 to 23, teens from a wide range of backgrounds came together to learn more about themselves, each other and the world. The mission of Power of Hope is to “unleash the positive potential of youth through arts-centered inter-generational and multicultural learning programs that value self-awareness, leadership, community and social change.” The weekend camp gave teens opportunities to attend different workshops on a variety of topics from dancing to creative writing to meditation. These workshops were taught by local adults who feel passionately about their art and the world.



Robert Louis, a Samish Indian Nation teen, attended this camp and wrote about his experience: “My trip to Power of Hope was excellent. I got to meet new people and experience new things. My first workshop was drama and improv. I really enjoyed that workshop. My second workshop was making mirrors with Brooke. It was pretty cool with all the different ways people did their mirrors. My third workshop was recording with Joe and Rupe. That night was the open mic and I was 25th on the list. I sang the Coast Salish Anthem. Afterwards everyone was thanking me. It was nice.”

The Prevention Program will be offering more activities for youth to participate in, and we need your help. Please fill out a survey or contact Benjamin Jojola to discuss what areas you think need to be focused on. Great suggestions have already come in, like creating mentoring projects to help build community and support sobriety as a healthy choice. The surveys are located in the Prevention Program office. Thank you for your help.



ARE YOU ONE OF MOST SMOKERS WHO WANT TO QUIT? Please call Benjamin Jojola at (360) 293-6404 or toll free at 1-800-365-9062 extension 128 or e-mail him at bjojola@samishtribe.nsn.us

PREVENTION NOTES

Dear Samish Tribal Member,

We know the holidays can turn into a real holi-daze. The stress of traveling, family and spending can take its toll on all of us. It's important that when you are feeling overwhelmed and on-edge that you refrain from turning to alcohol, tobacco and other drugs. While the brief escape from the moment's stress may seem appealing, the long-term effects on your mind, body, spirit and family is not worth it. There are much more effective ways of dealing with stress.



Here are a few suggestions to help you cope with stress while staying healthy and sober during the coming weeks. First, when you are feeling the desire to drink, smoke or use any drug remember to HALT. Ask yourself "Am I Hungry, Angry, Lonely or Tired?" If you can pinpoint what you are really feeling or need and you can take care of it rather than numbing those feelings. A glass of water and quick chat on the phone with a family member might help you feel better.

Second, have a list in your mind of what you can do in settings that you know are going to push your buttons. Going for a walk outside, helping out in the kitchen, playing with the children or calling up a supportive friend are good ways to stay busy and feel loved and supported. Sometimes you may make the choice to stay at home rather than put yourself in a place that is going to trigger a desire to use or abuse. The people who love you will understand your need to take care of yourself.

Remember to take time out for yourself each day. Your health and well-being is the best gift you can give to your family, friends and to yourself. Now is a good time to take vitamins each day, get regular exercise and, of course, eat good food. Treating yourself to a special treat like a midday movie, a hot bath or a new book to read can give you some solace and rejuvenation. As we head into Winter, a time of story-telling and laughter, cherish the gifts of nature and family that surround you. They are rich and ever-present; there is no high that compares to them and their love.

Even with all the preparations and best intentions, we can all find ourselves on the brink of a drink at times. If you feel you are about to make a wrong choice and need support, please contact Ben Jojola at (360) 293-6404 or toll free at (800) 365-9062 at extension 128 or e-mail me at bjojola@samishtribe.nsn.us. We can provide resources that will help.

Happy Holidays! "The best things in life aren't things."

The Samish Indian Nation Prevention/Intervention Team

We are embarking on a Journey of a lifetime, in our own canoe. The Canoe Journey will occur sometime in July 2004, with participation from various tribes from Washington State. We will continue to update you about the progress of the journey. There will be a strong message conveyed to everyone young and old that this event will be **DRUG, ALCOHOL, AND TOBACCO FREE!**

The traveling canoes propelled by 12 to 20 paddlers from most of the northwest tribes participated in last year's canoe journey while celebrating the ways of our ancestors and pride as Coast Salish people. In addition to the long days of paddling, at each stop along the way tribes pay their respects to the host communities by sharing songs, dances, and giving gifts to the local hereditary chiefs.

If anyone is interested in volunteering for fund-raising activities, participating in the Canoe Journey of 2004, or any other questions please call Benjamin Jojola at (360) 293-6404 or toll free at (800) 365-9062 extension 128 or e-mail him at bjojola@samishtribe.nsn.us

UPDATE OF SAMISH COURT CASES

By: " Craig Dorsay, Tribal Attorney

Here is the current status of the various court cases the Samish Tribe is currently engaged in. The purpose behind these cases is to reestablish Samish treaty rights, or to get the federal courts and the federal government to recognize that Samish is an historical Indian tribe that is descended from the Samish Tribe and people that signed the 1855 Treaty of Point Elliott. Establishing these rights will lead to other benefits for the Tribe in the years to come.

1. Samish Treaty Case

The Tribe filed a motion to reopen the judgment entered against Samish in 1979 in the *United States v. Washington Puget Sound* treaty fishing rights case. That original case, decided by Judge Boldt, held that Samish was not entitled to treaty status because it did not prove that it had maintained its identity as an Indian tribe on a continuous basis from the time of the treaty to 1979. The Samish Tribe's motion to reopen this judgment was based on the 1996 decision to recognize the Samish Tribe. In the recognition decision the judge ruled that Samish had been continually in existence as a tribal government throughout history. Our motion argued that this decision should give the Samish Tribe the opportunity to reargue its treaty status.

The federal district court, Judge Rothstein, decided the motion against the Samish Tribe. She ruled that recognition of Samish was not an "extraordinary enough" event to give the Samish Tribe the opportunity to reopen a final court decision. She said that Samish federal recognition was irrelevant to the issue of treaty rights. She also held that it would be too disruptive to the current fishing agreements and the rights of other tribes to let Samish into the treaty rights case.

We have appealed the District Court decision to the Ninth Circuit Court of Appeals. The standard to overturn the District Court's decision is very difficult to meet because the lower court had a lot of discretion in making its ruling, and it will be difficult to win this case. We have submitted all of our briefs in the appeal, and are waiting for the Court to schedule oral argument. It usually takes one to two years for a decision to come out after oral argument.

2. Samish Claims Case

This is another case that we developed out of the 1996 federal recognition of the Samish Tribe. In the recognition case the administrative court held that Samish should always have been federally recognized. Because the federal government treated the Samish Tribe as unrecognized from the early 1970s, however, it had never provided federal Indian funding to the Tribe because such federal funding is limited to federally recognized Indian tribes. The Samish Tribe filed a case in the United States Court of Federal Claims for money damages, claiming that it was entitled to compensation for all of the federal funding it should have received between 1969 and 1996 - the years the Department of Interior treated Samish as unrecognized.

The Court of Claims recently dismissed the Tribe's case on the motion of the United States, on technical grounds. The court ruled that the Samish Tribe should have filed its case when it first knew that it was unrecognized – back in the early 1970's. Since federal law says a party only has 6 years after a bad event to sue the United States, the Court ruled that the Samish Tribe's case was barred by the statute of limitations. We had argued that since only federally recognized tribes are eligible to receive federal Indian funding, the Samish Tribe first had to prove that it was entitled to federal recognition (which could only be decided by the Department of Interior) before it could file a claim for damages for wrongful denial of recognition. Since recognition happened less than 6 years before the claims case was filed, we should have come within the statute of limitations. The claims court judge agreed with the Tribe's argument during the hearing on the federal government's motion to dismiss the case, but the written decision of the court reached the exact opposite conclusion, and dismissed the Tribe's case. The Samish Tribe has appealed the Claims Court's decision to the United States Circuit Court for the Federal Circuit, located in Washington, D.C. A notice of appeal has just been filed, and we are getting ready to write our opening brief. The Federal Circuit has been pretty good on Indian issues, but there are no previous cases addressing the issue of money damages for denial of federal funding and services, so we are breaking new ground.

UPDATE OF SAMISH COURT CASES

By: Craig Dorsay, Tribal Attorney

3. Implementation of Samish Federal Recognition.

The final suit that is currently pending is a suit we filed to get the federal government moving to fully implement Samish federal recognition. The main claims in this lawsuit were to get the Department of Interior to take action on the Samish Tribe's new proposed constitution (the Department of Interior had taken no action for the previous three years to call a constitution election) and to approve the Tribe's membership roll (Interior had disputed the Samish Tribe's membership during the recognition suit, claiming Samish was stealing members from other tribes). The constitution was the main issue. Interior claimed that it could not call and hold the election on the new Samish constitution because its authority under federal regulations to conduct tribal constitutional elections does not include tribes like Samish that are not organized under the Indian Reorganization Act. This placed Samish in a Catch-22 situation because Interior has also required the Tribe to follow its 1975 Constitution, which says that constitution can only be replaced at an election conducted and approved by the BIA. The BIA's position would have forced the Samish Tribe to violate its own constitution in order to amend that constitution. Our litigation position was that the BIA was placing the Tribe in an illegal situation.

Happily, the BIA agreed to settle this claim, and to conduct the Samish Tribe's constitutional amendment election. That election is now being planned. The BIA will use its tribal election regulations as "guidelines" rather than as a legal requirement, so it doesn't have to violate its own legal position. The BIA previously approved the Samish Tribe's updated membership roll.

There are two issues left in the federal court lawsuit, issues we included as an afterthought on related issues. The first is a demand for more federal funding for Samish for Indian programs. Our claim is that Samish has been limited to what is called "New Tribes" funding, which is less federal money than other tribes that have been continuously recognized received under various federal laws. The United States has moved to dismiss this claim, arguing that the federal government has not waived its sovereign immunity from suit for this claim. I think we have a decent defense to this argument, but the claim is again one that has not previously been raised by any tribe. The federal government's motion to dismiss has been briefed and is awaiting a decision by the judge.

The second remaining claim involves whether the BIA had a duty to meet with Samish to determine the Tribe's need for federal services and programs after the Tribe was recognized, and then to submit a budget to Congress to address and meet those needs. The federal government says it complied with this requirement; the Samish Tribe is not aware of any such meetings or budget requests. The BIA has not yet produced its record of action involving this issue, and it will be argued after the motion to dismiss on the first claim is decided.

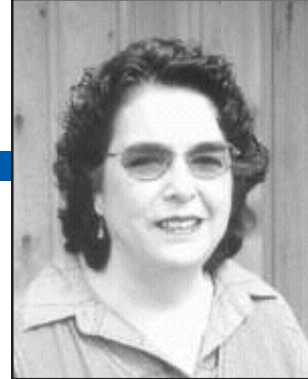
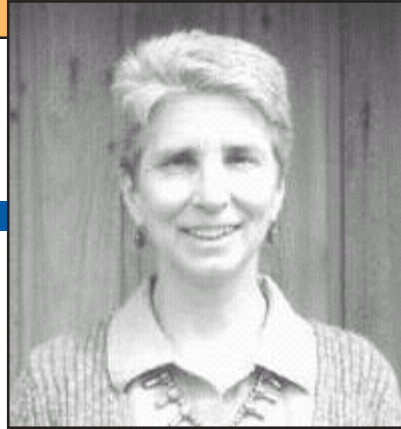
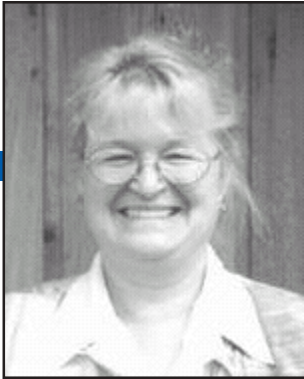


NATIONAL INDIAN HEALTH BOARD MEETING

Samish Indian Nation Council Member Lisa Weber, Dr. Grimm, and Samish Indian Nation Council Member Billie Jo Settle at the National Indian Health Board Meeting held in St. Paul, Minnesota.

At these Board meetings they are given a vast amount of various information that they are able to pass along to our Health staff and also at the Board meetings.

Contract Health News



Our Contract Health Team Renee Archer, Joanne Liantonio, and Frances Straus

INFORMATION UPDATES

Starting in September, we mailed out over 500 "Patient Registration Information" sheets to our clients. We asked you to read over the information, and make corrections, additions and deletions as necessary. If you returned yours, THANK YOU. If you did not, please do so. If you cannot find it, just call us and we can send another copy to you for review. It is extremely important that we have the most current address, phone number, and insurance information. Incorrect insurance information can cost us thousands of dollars that the program cannot afford! But, giving us the most accurate information (who your insurer is, when did your insurance start, or end) enables us to better serve you, making sure that your medical bills are paid properly.

COSTCO for medications

We want you to know that you can now use COSTCO for your prescription medications. They are contracted with Northwest Pharmacy Services, who administer the pharmacy portion of our program. It will work the same as any other pharmacy; you will pay the co-payment (if you have primary insurance) and will be reimbursed from NWPS when you submit your receipts. If you need additional forms for submitting receipts, please call and we can send you some. Feel free to copy the forms, as you need.

Samish members who live on other reservations are eligible to obtain CHS through the tribe on whose reservation they live. If you live on another tribes reservation, please contact their CHS office.

REMINDERS

Effective October 1, 2003, we no longer mail copies of the purchase order to the providers' office. This makes it imperative that you remember to call in advance of every appointment for an approval number, and for you to give that number to your doctors' office for billing. Failure to call can and will be a basis for denial (non-payment by CHS). Our budget is very limited, and if you do not call in advance, we do not set aside the funds to pay your bill. **SO REMEMBER TO CALL US** in advance of each appointment.

Contract Health Service is not an insurance; by law we are the 'payer of last resort'. This means that we must exhaust all other options before CHS can pay a bill. We will see that your medical insurance will pay, or Medicare, Medicaid, car insurance in the event of an auto accident, disability if feasible, Labor and Industries for an on-the-job injury, and so on. As our budget is inadequate to cover everyone's needs, we have been more aggressive about obtaining 'alternate resources' to pay the bills. If there are uninsured children in your household, you will be required to apply for Medicaid (also known as DSHS, medical coupons, state assistance). According to the Indian Health Services regulations, you have 30 days from when you are asked to apply to follow-through. Failure to do so leaves you ineligible for Contract Health Services to cover you.

YOUR PROTECTED HEALTH INFORMATION



Since April 14, 2003, your doctor, dentist, optometrist, health insurance company, and other health care agencies have asked you to read, acknowledge you have read, and asked you to sign acknowledgments of the Notice of Privacy Practices. We, at Samish Indian Nation Health Services, are also including a Notice of Privacy Practices with this newsletter. Please review the notice carefully. It is not necessary to return the acknowledgment to us. If you receive direct care from the public health nurse or any other health related services in the future, we will have you sign an acknowledgment at the time of service. An on-line copy of the notice is available on the website at www.samishtribe.nsn.us

We are required to make our privacy practices available for clients in the Notice of Privacy Practices. The Health Insurance Portability and Accountability Act (HIPAA) of 1996, Public Law 104-191, was enacted on August 21, 1996. Congress was to enact privacy legislation within three years of the passage of the Act. If they did not enact that legislation, then HIPAA required the Secretary of Health and Human Services (HHS) to issue privacy regulations governing all health entities that collect individually identifiable health information. Congress did not enact legislation; therefore the Department of HHS developed the proposed regulations, and sought public comment on November 3, 1999. HHS received over 52,000 comments, and the Department published the Privacy Rule on December 28, 2000. The Department of HHS used the comments to make modifications to the Privacy Rule, and the modifications were released for public comment in March, 2002. Over 11,000 comments were received, and the final modifications were published in final form on August 14, 2002.

The Privacy Rule applies to health plans, health care providers, and any other health care entities that electronically transmit individually identifiable protected health information for certain transactions. April 14, 2003 was the deadline for most covered entities to comply with the regulations. Small health plans were given one year to comply with the Rule. Samish Indian Nation Contract Health Services is considered a small health plan, and Public Health Nursing Services were not offered until after the April 14, 2003 deadline; therefore the deadline is April 14, 2004. Samish Indian Nation is moving ahead with preparations for meeting the deadline.

The Privacy Rule was enacted to assure that protected health information is properly protected while allowing the flow of information to continue so that patients can still receive high quality care. The Notice of Privacy Practices outlines the rights of patients, the responsibilities of Samish Indian Nation, the permitted uses of protected health information, and information for reporting any violations of patient rights. All tribal households should review the notice on and keep a copy to refer to in the future as needed.

There is an important aspect of technology that all tribal members should keep in mind. E-mail sent to the tribe (or any individual at the tribal offices, including Contract Health Services) is NOT encrypted and may not be secure. You are discouraged from using e-mail to relay protected health information, such as social security numbers or medical visit information. If tribal members choose to communicate via e-mail, THEY accept the responsibility that the information may not be secure.

If you have any questions please contact our privacy officer Frances Straus at (360) 293-6404 or toll free at (800) 365-9062 at extension 224.

If you have any other questions regarding our Contract Health Program please contact Joanne Liantonio at extension 125 or Renee Archer at Extension 126 at (360) 293-6404 or toll free at (800) 365-9062

SAMISH INDIAN NATION

NOTICE OF PRIVACY PRACTICES

Effective November 1, 2003. THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices is provided to you as a requirement of the Health Insurance Portability and Accountability Act (HIPAA). It describes how we may use or disclose your protected health information (information that we have created or received regarding your health or payment for your health, your medical record, and personal information such as your name, social security number, address, and phone number), with whom that information may be shared, and the safeguards we have in place to protect it. This notice also describes your rights to access and amend your protected health information. You have the right to approve or refuse to release specific information outside of our system except when the release is required by law or regulation.

Health Care Services That Will Follow these Practices

This notice describes the Samish Indian Nation practices regarding your protected health information (PHI). All of our employees are required by federal law to maintain the confidentiality of your PHI. The health care services that will follow these practices include Contract Health Services (CHS), Public Health Nurse (PHN) services, all medical providers and staff that operate under the auspices of the Samish Indian Nation.

Acknowledgment of Receipt of this Notice

You may be asked to provide a signed acknowledgment of receipt of this notice. Please sign the form at the bottom of the last page and mail back or return to health staff during your visit with them. The delivery of health care services will in no way be conditional upon your signed acknowledgment. If you decline to provide a signed acknowledgment, we will continue to provide services, and will use and disclose your protected health information for treatment, payment, and health care operations when necessary.

Understanding Your Protected Health Information

Each time you contact the Samish Indian Nation Public Health Nurse or other health program staff to provide health services, a record of the contact is made. If you receive services through the Contract Health Service (CHS) program, the Samish Indian Nation CHS office keeps a record of treatments and payments. This information, often referred to as your health record serves as a :

- * Plan for your care and treatment
- * Communication source between health professionals
- * Tool to check results and continually work to improve the care we provide
- * Means by which Medicare, Medicaid, CHS, or private insurance payers can verify the services billed
- * Tool for education of health care professionals
- * Source of information for public health authorities charged with improving the health of the people
- * Source of data for medical research, facility planning and marketing
- * Legal document that describes the care you receive

Understanding what is in your health record and how the information is used helps you to:

- * Ensure its accuracy
- * Better understand why others may review your health information
- * Make an informed decision when authorizing disclosures

SAMISH INDIAN NATION

NOTICE OF PRIVACY PRACTICES

Health Information Rights

Although your health record is the physical property of the Samish Indian Nation health services, the information belongs to you. You may exercise the following rights by submitting a written request to the privacy officer. Please be aware that the Samish Indian Nation health services might deny your request; however, you may seek a review of the denial.

You have the right to:

- * **Inspect and receive a copy of your health record for as long as we maintain the protected health information.** We will ask you to make the request for a copy of your PHI in writing.
- * **Request a restriction in writing on certain uses and disclosures of your health information.** For example, you may ask us not to disclose information to a family member. The Samish Indian Nation is not required to agree with your request if we believe that the restriction is not in the best interest of either party or we cannot reasonably accommodate the request. If we do agree, we will comply with your request unless the information is needed to provide emergency services. You may revoke a previously agreed upon restriction, anytime, in writing.
- * **Request a correction/amendment to your health record in writing** if you believe the health information we have about you is incorrect or incomplete. We may amend your record or include your statement of disagreement. While we will accept requests, we are not required to agree to the amendment. But, we can include your written statement of disagreement with your PHI.
- * **Request confidential communications about your health information.** You may ask that we communicate with you at a location other than your home, or by a different means of communication such as telephone or e-mail. We will ask that you make your request in writing. We will accommodate reasonable requests, as much as possible.
- * **Receive a listing of certain disclosures by asking us for a list of the times the Samish Indian Nation health services has disclosed your health information upon request for purposes other than treatment, payment, or health care operations as described in this notice.** You must make this request in writing. This information is maintained for six years or the life of the record, whichever is longer.
- * **Revoke your written authorization to use or disclose health information.** This does not apply to health information already disclosed or used or in circumstances where we have taken action on your authorization or the authorization was obtained as a condition of obtaining insurance coverage and the insurer has a legal right to contest a claim under the policy or the policy itself.
- * **Obtain a paper copy of the Samish Indian Nation Notice of Privacy Practice upon request.** You may also view it electronically at the Samish Indian Nation web site by clicking the Health link.

Samish Indian Nation Responsibilities

The Samish Indian Nation is required by law to:

- * Maintain the privacy of your health information
- * Inform you about our privacy practices regarding health information we collect and maintain about you
- * Notify you if we are unable to agree to a requested restriction
- * Accommodate reasonable requests you may have to communicate health information to you by alternate means or at alternate locations
- * Honor the terms of this notice or any subsequent revisions of this notice

The Samish Indian Nation reserves the right to change its privacy practices and to make the new provisions effective for all protected health information it maintains. If we make any significant changes to this notice, we will send you a copy within 60 days. The Samish Indian Nation will also post any revisions to the Notice of Privacy Practices at public places in the health care offices and on the Samish Indian Nation web site. You may also request a copy of the notice.

SAMISH INDIAN NATION NOTICE OF PRIVACY PRACTICES

The Samish Indian Nation understands that Health information about you is personal and is committed to protecting your health information. **The Samish Indian Nation will not use or disclose your health information without your permission, except as described in this notice and as permitted by the Privacy Act and several other privacy laws that apply. These laws have not been superseded and have been taken into consideration in developing our policies and this notice.**

Uses and Disclosures of Your Protected Health Information by Samish Indian Nation That Do Not Require Your Authorization

The following categories describe permitted uses and disclosures of your protected health information.

- * **By law, we must disclose your health information to you unless it has been determined by a competent medical authority that disclosure would be harmful to you.**
- * **We will use and disclose your health information to provide your treatment.**

Your personal information will be recorded in your health record and used to determine the course of your treatment. The actions taken and the observations made by the members of your health care team will be recorded in your health record so that the health care team will know how you are responding to treatment. We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services.

If the Samish Indian Nation health care team refers you to another provider or you are transferred to another facility for further care and treatment, the Samish Indian Nation may disclose your health information for treatment decisions. This includes pharmacists who may be provided information on drugs you have been prescribed to identify potential interactions.

The health care team may give copies of your health information to others to assist in your treatment.

- * **We will use and disclose your health information for payment purposes.**

Your protected health information will be used to obtain payment for your health care services. This may include certain activities the Samish Indian Nation Contract Health Service program might undertake before it approves or pays for the health care services recommended for you such as determining eligibility or coverage for benefits, reviewing services provided to you for medical necessity, coordinating benefits for those who have other health insurance or are eligible for other government programs, and undertaking utilization review activities. For example, obtaining approval for certain treatments might require your relevant protected health information be disclosed to obtain approval for the treatments.

- * **We will use and disclose your health information for health care operations.**

Quality Improvement Program: We may use your health information for quality improvement activities to continually improve the quality and effectiveness of the services we provide. We may use your health information for investigations, oversight or staff performance reviews, training of health care professionals, licensing, communications about a product or service, and conducting or arranging for other health care related activities.

Business and Insurance Functions: We may use your health information for specified insurance functions, such as underwriting, risk rating, and reinsuring risk. We may use your health information for health planning, development, management, administration, and administration of tribal health programs. Your health information may also be used when applying for grants.

SAMISH INDIAN NATION

NOTICE OF PRIVACY PRACTICES

Business Associates: The Samish Indian Nation provides some health care services and related functions through the use of contracts with business associates. When their services are contracted, the Samish Indian Nation may disclose your health information to business associates so that they can perform their jobs. We require our business associates to protect and safeguard your health information in accordance with all applicable federal laws.

Notification: The Samish Indian Nation may use or disclose your health information to notify or assist in the notification of a family member, personal representative or other authorized person(s) for your care, unless you notify us that you object.

Communication with Family: The Samish Indian Nation health providers may use or disclose your health information to others responsible for your care unless you object. For example, we may provide your family members other relatives, close personal friends or any other person you identify with health information which is relevant to that person's involvement with your care or payment for such care.

Interpreters: In order to provide you proper care and services, the Samish Indian Nation may use the services of an interpreter. This may require the use and disclosure of your personal health information to the interpreter.

Research: The Samish Indian Nation may use or disclose your health information for research purposes that have been approved by an Institutional Review Board (IRB) that has reviewed the research protocol and established protocols to ensure the privacy of your health information. The Samish Indian Nation may also use or disclose your health information for research purposes on your written authorization.

Uses and Disclosures about Decedents: The Samish Indian Nation may use or disclose health information about decedents to a coroner or medical examiner for the purpose of identifying a deceased person, determining a cause of death, or other duties as authorized by law. The Samish Indian Nation may also disclose health information to funeral directors consistent with applicable law as necessary to carry out their duties. In addition, the Samish Indian Nation may disclose health information about decedents where required under the Freedom of Information Act or otherwise required by law.

Organ Procurement Organizations: The Samish Indian Nation may use or disclose your health information to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation or organs for the purpose of facilitating organ, eye or tissue donation and transplant.

Treatment Alternatives and Other Health-related Benefits: The Samish Indian Nation may contact you to provide information about treatment alternatives or other types of health-related benefits and services that may be of interest to you. For example, we may contact you about new treatments or services for people with diabetes.

Appointment reminders and announcements in the health office: The Samish Indian Nation may contact you with a reminder that you have an appointment to receive health services. We may call you by name in the reception area if you make a visit to the health office.

Food and Drug Administration (FDA): The Samish Indian Nation may use or disclose your health information to the FDA in connection with an FDA-regulated product or activity. For example: we may disclose to the FDA information concerning adverse events involving food, dietary supplements, product defects or problems, and information needed to track FDA-regulated products or to conduct product recalls, repairs, replacements or lookbacks (including locating people who have received products that have been recalled or withdrawn) or post marketing surveillance.

Workers' Compensation: The Samish Indian Nation may use or disclose your health information for workers' compensation purposes as authorized or required by law.

SAMISH INDIAN NATION

NOTICE OF PRIVACY PRACTICES

Public Health: The Samish Indian Nation may use or disclose your health information to public health or other appropriate government authorities as follows:

- * To government authorities that are authorized by law to collect or receive such information for the purpose of preventing or controlling disease, injury, or disability, or conducting public health surveillance, investigations, and interventions.
- * To government authorities that are authorized by law to receive reports of child abuse or neglect.
- * To government authorities that are authorized by law to receive reports of other abuse, neglect, or domestic violence or as authorized by law if the Samish Indian Nation believes it is necessary to prevent serious harm.
- * Where authorized by law, to an individual who may have been exposed to a communicable disease or may be at risk of contracting or spreading a disease or condition (for example if a health care worker has been exposed to blood by a needle stick, and it is necessary to prevent or lessen a serious or imminent threat to the health and safety of an individual or the public). Samish Indian Nation may disclose to your employer health information concerning a work-related illness or injury or a workplace-related medical surveillance (for example, exposure to tuberculosis in the course of performing your job).

Correctional Institution: If you are an inmate of a correctional institution, the Samish Indian Nation may use or disclose to the institution, health information necessary for your health and the health and safety of other individuals such as officers or employees or other inmates.

Law Enforcement: The Samish Indian Nation may use or disclose your health information to law enforcement agencies as authorized by law or in response to a court of competent jurisdiction. These activities include:

- * Requests for identification and location
- * Circumstances pertaining to victims of a crime
- * Deaths suspected from criminal conduct
- * Crimes occurring at a Samish Indian Nation site
- * Medical emergencies believed to result from criminal conduct

Legal Proceedings: The Samish Indian Nation may disclose protected health information during any judicial or administrative proceeding in response to a court order or administrative tribunal (if such disclosure is expressly authorized), and in certain circumstances in response to a subpoena, discovery request, or other lawful process.

Members of the Military: If you are a member of the military including the Commissioned Corps of the United States Public Health Service, the Samish Indian Nation may use or disclose your health information if necessary to the appropriate military command authorities as authorized by law.

Minors and Parental Access: Some state laws concerning minors permit or require disclosure of protected health information to parents, guardians, and persons acting in a similar legal status. We will act consistently with the laws of the state where the treatment is provided, and we will make disclosures following such laws.

Health Oversight Authorities: The Samish Indian Nation may use or disclose your health information to health oversight agencies for activities authorized by law. These oversight activities include: investigations, audits, inspections, and other actions. These are necessary for the government to monitor the health care system, government benefit programs, and entities subject to government regulatory programs and/or civil rights laws for which health information is necessary to determine compliance. The Samish Indian Nation is required by law to disclose protected health information to the Secretary of Health and Human Services to investigate or determine compliance with the HIPAA privacy standards.

SAMISH INDIAN NATION

NOTICE OF PRIVACY PRACTICES

Compelling Circumstances: The Samish Indian Nation may use or disclose your health information in certain other situations if there are compelling circumstances affecting the health and safety of an individual. In certain circumstances: (1) we may disclose limited protected health information where requested by a law enforcement official for the purpose of identifying or locating a suspect, fugitive, material witness or missing person; (2) if you are believed to be a victim of a crime, a law enforcement official requests information about you, and we are unable to obtain your agreement because of incapacity or other emergency circumstances, we may disclose the requested information if we determine that such disclosure would be in your best interests; (3) we may use or disclose protected health information as we believe is necessary to prevent or lessen a serious and imminent threat to the health and safety of a person, such as during a disaster; (4) we may use or disclose protected health information in the course of judiciary and administrative proceedings if required or authorized by law; (5) we may use or disclose protected health information to report a crime committed on Samish Indian Nation premises or when we are providing emergency health care; and (6) we may make any other disclosures that are required by law.

Non Violation of this Notice of Privacy Practices: The Samish Indian Nation is not in violation of this Notice or the HIPAA Privacy Rule if any of its employees or its business associates discloses protected health information under the following circumstances:

1. **Disclosures by Whistleblowers:** If any Samish Indian Nation employee or business associate in good faith believes that the Samish Indian Nation has engaged in conduct that is unlawful or otherwise violates clinical and professional standards or that the care or services provided by the Samish Indian Nation has the potential of endangering one or more of its patients or members of the workplace or the public and discloses such information to:
 - * A Public Health Authority or Health Oversight Authority authorized by law to investigate or otherwise oversee the relevant conduct or conditions, or the suspected violation, or an appropriate health care accreditation organization for the purpose of reporting the allegation of failure to meet professional standards or misconduct by the Samish Indian Nation; or
 - * An attorney on behalf of the work force member, or business associate or hired by the work force member or business associate for the purpose of determining their legal options regarding the suspected violation.
2. **Disclosures by Work force Member Crime Victims:** Under certain circumstances, a Samish Indian Nation work force member (either an employee or business associate) who is a victim of a crime on or off the premises may disclose information about a suspect to law enforcement officials provided that:
 - * The information disclosed is about the suspect who committed the criminal act; and
 - * The information disclosed is limited to identifying and locating the suspect.

To exercise your rights under this Notice, to ask for more information or to report a problem contact the General Manager or the Privacy Officer at (360) 293-6404.

If you believe your privacy rights have been violated, you may file a written complaint with the above individual(s) or the Secretary of Health and Human Services, U.S. Department of Health and Human Services, Washington, D.C. 20201. There will not be any retaliation for filing a complaint.

Please acknowledge receipt of this Notification of Privacy Practices by filling out your name, Contract Health Services ID #, and date of birth; then, mail back to Samish Indian Nation Privacy Officer, P.O. Box 919, Anacortes, Washington 98221. You may also return it in person at your first visit to the health office.

Name _____
Contract Health ID # _____ Date of birth _____

**Samish Indian Nation
P.O. Box 217, 2918 Commercial Avenue
Anacortes, WA 98221
(360) 293-6404**

SAMISH NEWS

March 2004

STATE OF THE TRIBE

As Chairman of the Samish Tribe, you have granted me the honor of representing you for the past seven years. Being given this opportunity, it is with my greatest appreciation that you have allowed me to try to bring our Tribe forward to undo the harmful years of un-recognition. Three of my greatest hopes have been that we would be able to establish a strong tribal government, a strong economic base, for both the Tribe and our member families, and to rebuild a Samish Tribal community. Many of these elements have come together, but the one thing I find to be the most disturbing and the most difficult to bring about of these three wishes is that of a strong tribal government.

My greatest concern is that some of the Tribal Council members seem to be planning their own personal agendas and the need for personal power in activities on the Council and in the committees. This can not be allowed to continue if the Tribe is to succeed in the future. We have a new and great opportunity with the recently passed Tribal Constitution. We have never had so many voters turn out and so strongly define the authority of the Tribal Council and how it should affect the governmental affairs of the Tribe. This new attitude that I see developing amongst some of our Tribal Council members must be stopped if we are to have a future. I truly believe that we are at a cross road where we must now fight for the heart and the soul of the Samish Indian Nation. I have to step back and say to you as the voters who will have another opportunity to vote in the upcoming election in June, you have to make better choices for your leaders; we have failed in some of our previous selections.

What we need are strong candidates to step up to the plate, make a commitment in time and be there for our mother tribe. If we take care of our mother tribe, she will take care of all of us in the end. I can't stress that traditional teaching to you enough. I place a challenge out to all of our members who will vote in this next election. Through any means possible, as you go through your process of choosing your candidates, that you will look at the background of their voting record, you will see how they handled the tough issues; you will see whether they can be trained to work with these complicated governmental actions. Choose not because someone is popular, looks pretty, or mouths the right words. You need people to really commit their love to the survival of our mother tribe. If we don't have our leadership there, then the Tribe will flounder.



*Article written by our
Samish Tribal Chairman,
Kenneth Hansen*

Every one of you out there as a member of the Samish Indian Nation has to feel a sense of pride that we as a nation have been able to bring about in such a short period of time. Next time you are in Anacortes just stand on the beach at Weaverling Spit. I ask you to close your eyes, feel the wind flow through your hair, and listen to the songs of our ancestors in the wind and you will know that you've come home. Please, now just do your part and choose the best and strongest leadership because these will be the people who will love our mother tribe. Our fate is in your hands in the election booth. I'll leave you with these last remarks. Back in the 1950's, late Samish Tribal Elder Tommy Bobb made a statement at a Samish meeting. It was to the effect, that as Samish leaders lead, followers follow. If you can't be a leader, than get out of the way. I've always tried to live by those words of advice. I thank you for your time, but I also ask you to please step out, please step forward, please **VOTE** for each candidate for Samish Tribal government. For anyone new who will be applying, don't just let them assume that they might become leaders because they are your family or your friend, ask them the hard questions. You have to know that they are going to do their very best. Thank you my brothers and sisters, my aunts, my uncles, my cousins. Hy'shqa Siam.

LETTERS

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation

**Attention: Nicole Herman:
Newsletter**

**PO Box 217
Anacortes, WA
98221**

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Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

INDIAN CULTURE AN UNSOLVED MYSTERY

This was Indian Country.

With the treaties of the 1850's government officials laid claim to their lands. Bureaucrats eventually shuffled Indians who survived deadly disease, conflict and starvation to reservations; those who survived did so in relative obscurity.

Their stories, history and importance faded. Our Samish people were not awarded a reservation. Our 1951 preamble says it best; I will quote parts of it.

"There has been no gathering place for the people of the Samish Tribes."

There has been the passing of years to take the lives and memories of those who knew the ways and documents of past times, and to confuse the memories of those still with us. There have been fires to burn records and documents. There has been such loss of knowledge of old customs, and ways of conduct of tribal business and meetings and count of the members of the tribe that even the existence of the tribe becomes indistinct.

We lost the Samish Tribe a few years back. It could happen again folks if we don't put together a program for our Samish youth.

We desperately need to find away to get them involved, and also help them acquire an education.

Ed King

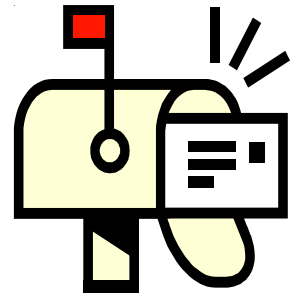
THANK YOU

In December of 2002, I was laid off from my job. At that time I lost all of my benefits, including my health insurance. In March of 2003, I was diagnosed with diabetes. In February of 2004, I had a series of blood work done; every test came back with positive results. My blood pressure is under control, my cholesterol is within guidelines, and my three month Diabetes (HbA1C) test is within normal range. None of this would have been possible if not for the Samish Health Department and its wonderful staff.

Joanne worked with my wife and I to ensure that I got the care that was needed. I followed my doctor and nutritionist's advice, altered my diet, took the proper medication, and altered my life-style, and now my doctor says that if I continue down the this path of healthfulness, that I will not suffer any of the problems usually associated with Diabetes. I am now back at work, with health insurance once again, but I feel that had it not been for the Samish Health Department, I would not have the results I do.

It may seem like a stretch to say it, but I feel that the Samish Health Department, and the Samish Tribe, literally saved my life. Once again, a heartfelt thank you goes out to all who have been supportive and helpful to my family and me.

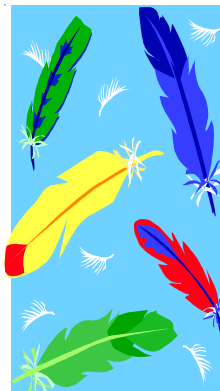
Shawn Mac Avoy



INDIAN COMMITMENT

Author Unknown
1981

Jackie Bohn brought this poem into our office so that we could share with all of you.



We shall learn
all these devices the white has.
We shall handle
his tools for ourselves.
We shall master
his machinery and his inventions,
his skills,
his medicines,
his planning,
But we'll retain
Our beauty...
And still be Indian

MESSAGES FROM YOUR SAMISH COUNCIL MEMBERS



Article Written by our Samish Vice Chairman, Tom Wooten

Long ago in a near land, there once lived an influential band of people known as the Sa'mish. Their last communal village site was on the west shore of Guemes Island in the beautiful archipelagos known as the San Juan Islands.

These people known as the Sa'mish had little or no use for the Reservation system. The white government was expecting them and all Indian people to rely upon. Instead, these people carried on as their ancestors had for time immemorial.

.....

These people kept the powerful winter dance alive, as it was forbidden on the reservations and reserves that other tribes were forced to live upon on both sides of the newly formed border. Many other spiritual and cultural activities were also kept alive at this village site. The families and Clans that resided (most belonging to the Wolf Clan) gave some of the last great potlatches at the beginning of the last century, there on the west shore of Guemes Island.

Inside this last long house, there were two cedar "power" house posts. These posts represented the power or powers the family member, family or Clan possessed. The power of the squenlich and the power of the sockeye salmon or some other now, unknown power.

Through a bureaucratic incident that these people the Sa'mish have been forced to endure, the land this last long house was built upon was lost to white settlers, based on the loss of the lease or taxes unpaid for the land. For whatever reason the village as abandoned, its people scattered to the winds. You may know what happened to these people, as some of you reading this may be descended from them.

Through the first two or three decades of the last century the great house stood. With each passing year more wear and tare begin to take its toll. Only a few visitors would stay and camp in the old great house, admiring the two cedar house posts, speculating on what their meaning was to the ones that had left them. Children whose families had settled this island called Guemes used to play on the beach and in the house, wondering what these posts with magical symbols meant to the people that once lived there.

An inquisitive young man by the name of Harry Smith was a self-proclaimed student of indigenous peoples of the Pacific Northwest. Pursuing his new found passion, Mr. Smith was visiting with elders living on the Lummi Reserve. They told this young man of the last great long house and of the cedar house posts there within. This young man

traveled to the old village site. Like the tomb raiders of Egypt and South America, he entered the remains of the old house, sawed down and stole away with the two cedar house posts. In this act of larceny or historical preservation, which ever you wish to call it, the old house faded into memory and was gone forever, to live in the stories and imagination of the ones that remembered.

This is not the end of the story, but merely a chapter in the lives of the cedar house posts, for Mr. Smith, now with the posts in his possession, was not sure what to do with them. Through fate, luck or planning Mr. Smith loaned them to the Museum in Seattle, Washington; which later became the Burke Museum, as it is known today. This and Mr. Smith's work in linguistics furnished him with little notoriety in the academic field. Decades went by with the post in storage at the museum. Mr. Smith, like the old longhouse, faded into obscurity only to drop his studies on the indigenous people of the Pacific Northwest to pursue other interests.



Painting by Harry Smith of House Poles

....message continued on page 4

MESSAGES FROM SAMISH COUNCIL MEMBERS

At the museum, the posts were moved from location to location never to be exhibited to the public. During this process, the posts were separated for what now appears to be forever. Let us now move the clock forward to the present day. The Samish Nation has contacted the Burke Museum and inquired into the locations of the now obscure house posts for the old long house at Guemes Island. In follow up inquiries the Burke was able to locate one of the house posts. With the help of the tribe's legal staff and local Archeologists, the right of ownership was bestowed back to the rightful owners, the Samish Nation.

The now soon to be returned house post is in the process of restoration that being, placing a tent over it in storage with the help of an oxygen scavenger rid of any and all insects that may be residing in the old cedar post. Upon completion of this process the paint will be stabilized that it can and will be transported back home to the land of the Samish people where it belongs. The search will continue as to the where about of the other post and with any luck it too will be returned to its rightful owners the people known as the Samish.

Look for a home coming celebration some time this summer. I hope to write you all again when we have our other post. Thank you for reading this story and I hope you have enjoyed it.



Message from our Samish Tribal Secretary, Chris De Kay

I just wanted to take this opportunity to highlight a few activities the Samish Nation has been involved in during the last few months.....

The Institute for Coast Salish Studies under the direction of Russell Barsh, has been working in the San Juan Islands developing a wonderful working relationship between the Samish Nation and the residents and governmental agencies on many of the islands and communities. The five Samish Interns meet with Russell monthly to work on several on-going projects. Remember, these Interns are Samish young adults who are working with the Institute while they are in college with a goal of becoming future Samish scientists in various fields, who will hopefully come to work for Samish after they have received their degrees.

Plans are underway for the 2004 Canoe Journey. Several Samish members have been involved with planning for the Journey next summer. So far the planning has been with the Canoe families in Washington and British Columbia to determine where the Journey will end this year and what routes different families will take to get to the final destination. Now the Samish Canoe family will start meeting to prepare, plan and train for the Canoe Journey 2004 which will end up at Shell Beach (Ladysmith Harbor) in British Columbia.

The Samish Nation conducted an important traditional ceremony on Weaverling Spit this winter. This was a burning to honor our Samish ancestors who are pleased with the accomplishments of the Samish Nation in the last few years. It is so important to remember and honor our ancestors while planning and working for the future of the Samish Nation for our grandchildren and their grandchildren. For the first time, Samish were able to have this important traditional event on Samish ancestral land that we actually own!!! What a good feeling for everyone that day.

These are just a few of the amazing things happening within our Samish Nation right now – there are so many positive activities, services and projects going on all the time – what a wonderful thing to see how far we have come since Samish regained recognition. I just have to say, “Good job everyone!!”

As Samish members, you have many programs available. Our very competent and caring staff administers these programs and are always willing to work with you when needed. I hope you have had an opportunity to interact with some of the staff, if not, when you talk with a staff member you will be pleased by their professional and helpful attitude.

MESSAGES FROM SAMISH COUNCIL MEMBERS

Message from our Council Treasurer, Dee Branson



Treat the earth well. It was not given to you by your parents. It was loaned to you by your children.

- Indian proverb

So why are we where we are today? I wonder to myself and sometimes to others why did I think this was a good idea to run for Council and pledge myself to this struggle.

We became recognized in April 1996 because of a court case that we were successful in winning. The current Council that you see today is made up of a small group that would not take no for an answer. That small group in the very beginning would be Ed and Jay King. They put the rest of us together and started to make things happen.

We have come a long ways since then. Back then the only thing we could call our own was a couple of parking spaces that came with the leased office to the Tribe and a van. We have grown to owning the current administration buildings on Commercial Avenue, the longhouse on D Avenue, eighty acres near Lake Campbell, adjacent vacant land at the Lake Campbell site, a dome house, the Fidalgo Bay Resort, spit and flat property adjacent. Boy have we come a long way. It is exciting and also a bit scary to make all this work together. We have a great staff at the Samish Indian Nation led by General Manager Rick Landers. They take council direction on making it happen.

I just recently went to a training session on Tribal finance to get more knowledge of the best ways to grow. I also always have my eye on the Gaming and other issues relating to tribes within the State of Washington and on the National scene.

Now we have a revised constitution in place, I want to say thank you to the current Tribal Council for their hard work on this revised Constitution. The current Council works very hard to make things happen for the tribe because the tribe is what it is all about. We will be having another election in June because the revised constitution calls for an election to take place. I am very proud of the response that we received from the votes on this constitution. We needed a third of the voting population to vote and we did better than that. Keeping that in mind I would appreciate that voters will continue to vote in the next election also.

Message from our Council Member, Billie Jo Settle



Hello to all members of the Samish Tribe. With spring around the corner, I hope this finds you all very healthy.

As your Council person I am very proud that things are moving along (in a slow, but good fashion) for our Tribe. Now is the time for the Samish people to be looking ahead to our future and that of our children. Other Tribes are watching us and seeing how we are being true to our word. Let me remind you that Council tries to keep the faith of our Ancestors and what they wanted for us, to be able to help our people and able to grow. It is hard for a Tribe to have one foot in the past, keeping with the teachings of our parents or grandparents and the other foot in the today's world. I really feel that we have accomplished that goal. Bringing our people back, learning the language, with the canoe journeys, and all the other ceremonies that we are able to have and bring back the teachings that were almost lost to us. That is not to even mention where we have gone with housing, health, education and many other programs that we have worked so hard for.

The Spirit of the Samish people will be remembered, because we have concerned family and members, not only in the office, on Council or on Committees but all over the United States, all of you! That will keep this spirit alive and be able to give or teach our children that we will not be forgotten.

I am not sure if you all know this, but I fell and broke my foot in Washington D.C. last June (lobbying for Indian Health) and am just now healed enough to walk without a cast. It has been very difficult to get around when I could not drive and I would like to thank Council and Staff for all the help and support they have given me and a special thanks to Lisa Weber for all the long hours she put in taking me around being my best support person physically and mentally!

Please remember if you have any questions that our staff or I can answer please feel free to call the office.

MESSAGES FROM SAMISH COUNCIL MEMBERS

Message from our Council Member, Tim King



A Note of Gratitude to Ray Gorynski

As chairman of the Samish Nation Housing Committee, I want to thank Ray Gorynski for representing our housing department during negotiations with HUD to determine our level of funding. Ray was appointed as one of twenty-seven people nationwide to represent all Native American housing programs. He volunteered to travel to Denver or Washington D.C. one week a month for the last year and a half to fight large tribes and the US Government for the rights of Samish and other small tribes. Large tribes wanted a greater portion of finite housing dollars for themselves and HUD wanted to reduce funding for all Tribes. The meetings Ray attended were hardnosed negotiations often lasting 10 or 12 hours a day. Thanks to his efforts our Samish housing program maintained its funding level and will be able to continue providing our existing housing services.

Respectfully,
Tim King



Message from our Council Member, Lisa Weber



In the 7 ½ months since I started serving on the Samish Council I have definitely had a crash course in the workings of tribal government.

I wanted to serve on the council to have input into strategic plans for the Samish people for the next five years and I have been able to accomplish that. I also wanted to work on creating “safety nets” for the Samish people. I have found that along with working on tribal policies that my fellow council members are also concerned with the tribe being able to help members when

they need an extra hand. The quick growth of the Samish administration is something for our council to be proud of but it has happened with plenty of growing pains. I have found that the passage of time is the only constant in our tribal affairs. Our policies are a “work in progress” and the council work is never “done”. The more our tribe has to offer its members the more the council has tweak its policies or create new ones! When I had a choice to major in Business Administration or Public Administration I chose Public Administration. In the last few months I have learned that I am a “Policy Junkie”. I enjoy learning about what needs to be done and then trying to implement a fair policy for all of our tribal members.

I am thankful that I have been able to give my full attention to my council duties. It has afforded me the opportunity to represent our tribe as a tribal leader at the Portland Area (which consists of tribes in Washington, Oregon and Idaho) Indian Health Board Quarterly meetings, the National Indian Health Board Meeting, two Region X Indian Health Board (which consists of tribes in Portland Area and Alaska) consultations with the Secretary of the Interior, become a Vanguard Representative on the Portland Area Cancer Coalition, attend one Affiliated Tribes Quarterly meeting, be the tribal leader for our Tobacco Prevention contract, and be the co-captain for the Samish team in the Anacortes Cancer Relay for Life. When I ran to be a council member I did not know what would be expected of me and I found out that, like anything in life, you get what you put into it. I have been fortunate to be able invest my time to be an effective tribal leader. I am also fortunate to be serving on a tribal council with so many experienced council members.

I also think that it is unfortunate that our council voted to cut council down to seven positions in our new constitution. I understand that historically, our council was eleven members so that there could be representation from more families. Having put many extra hours into council business because I do not currently have another job has given me many opportunities for input. However, the input of our council members that have full time jobs is just as important, in my opinion. We are meeting twice a month in Anacortes and having a weekly conference call. This does not include all of the traveling required to be represented at all tribe meetings to have input with other tribes on policy at the state and national level. The new council will have a lot more individual responsibility. It’s something to think about.

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Caralee Abbott	Robert Barr	Brenton Barrett	James Barrett
Lloyd Barrett	Lyle Barrett	Lisa Bleeck	Brenda Bob
Tessa Bramwell	Lacey Brunner	April Clark	Holly Clifton
Bradley Clark	Anna Cruz	Deanna Crumpacker	Aurillo Cruz
Mario Cruz	Lena Daniels	Curtis Eastwood	Theodore Estrada
Barbara Faulkner	Shauna Grady	Heidi Hawkins	Theo Hawkins Jr.
Dena Haynes	Debra Higgins	Judy King	Joey King
Lanita King	Samantha King	Shannon King	Stephanie King
William King	Kenneth Lemmon	Jeanie Lucy	Jennifer MacDonald
Terry MacDonald	Winnifred Marchand	Ryan McCary	Peter Miller
Jenny Miller	Gordon Misheal	Carmen Moreland	Lakayla Moreland
Lakylie Moreland	Lynea Moreland	Penny Perez	Allison Perkins
Sandra Powers	Kelee Rock	Sandra Schroeder	Darlene Smith
Jo-Anne Smith	Wesley Smith	William Steele	Jenna Strand
Deborah Thorne	Marvin Underwood	Ralph Underwood	Simone Underwood
Bernie Wills	Bridget Wilson	Tucker Wilson	Norman Underwood Jr.

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

IMPORTANT ENROLLMENT NEWS

The enrollment staff is requesting that only the new applications be used. These can be down loaded from the web-site or requested from the office. If we receive an old one then it will be sent back with a new one to fill out. Sorry for any inconvenience but we are trying to get things organized so data is easier to retrieve. Please be sure to fill out ALL the questions, as well as the family tree, or they will be sent back to the applicant for completion. Remember that the applications must be filled out in black or blue ink; anything else is not legal. Would all those members who received requests for applications, birth certificates and updates please get those documents into us.

The Samish Enrollment Committee has requested from council, and put into effect, a \$15.00 charge for the enrollment application and the first (1st) card as well as a charge of \$5.00 for each/any replacement card. Waivers may be considered on a case by case basis.

The enrollment department would like to know from the members who are "veterans".



We have a Veteran's Representative now and there is a place in my data base to mark those who are veterans. So if you could let me know who you are I will mark the place and forward your name and address to Leslie Anderson who is the Samish Veteran's Representative.

COUNCIL WANTS YOUR INPUT

COUNCIL WANTS YOUR INPUT TO SOLVE HEALTH BUDGET DEFICIT

The Samish Nation has been providing Contract Health Services to tribal members who live within the approved ten county Health Service Delivery Area since April 1999, and has been administering the program since September 2000. Over the past 5 years the number of eligible users has grown dramatically while our annual funding has not increased proportionately (see chart below).

	2000	2004	% Change
Registered Users	92	393	427% increase
Approved Annual Budget from Indian Health Service	546,157	551,946	1% increase
Average CHS Funds Available Per Person	\$5936	\$1404	423% increase

In fact, if all the 546 enrolled members within the ten county Health Service Delivery Area were to use the program, the funds would only stretch to provide \$1011 per person annually which would be a 587% decrease from 2000 funding levels.

Medical costs continue to skyrocket, and funding from the federal Indian Health Service simply does not keep pace with inflation, let alone the increased use by additional tribal members as our enrollment grows. The Tribe has also added two staff members since 2000, an assistant to the CHS program and a full time Public Health Nurse who provides oversight to the Diabetes Project and case management to our tribal members who have complex health issues, primarily elders at this time.

The Tribal Council has taken steps to consolidate the costs of administration as well as unnecessary medical costs and procedures but the next round of cuts will be deeper and so we're asking for your input because the cuts will be system wide and by their nature will effect everyone. The Tribal Council is grappling with just how to best solve this budget deficit, and so far has not been able to reach any clear consensus. That is why they want your input as a tribal member.

What do you think will solve our current situation of growing needs and limited resources? The Tribal Council specifically wants to know what you think about the following options:

Option 1: Do nothing, let the funds run out (in approximately August 2004) and provide no further services until January 2005 (when new funds will become available). This will be the same problem year after year.

Option 2: Enforce the standard Indian Health Service Priority System:

Priority 1 = Health services that protect life or limb only

Priority 2 = Preventive health care (well child check ups, teeth cleaning, etc.)

Priority 3 = Health services that may make an individual more comfortable, but are not critical

This would work for example by only authorizing Priority 1 services for the remainder of the year once \$125,000 has been spent altogether on medical services.

Option 3: Place annual limits on the amount of per person coverage for medical, dental, and prescription services.



....Council Wants Your Input continued on page 9

COUNCIL WANTS YOUR INPUT

Option 4: Reduce the size of the Health Service Delivery Area from ten counties to?.... by the following counties:

County	Population	Keep	Eliminate
Whatcom	70	<input type="checkbox"/>	<input type="checkbox"/>
Skagit	97	<input type="checkbox"/>	<input type="checkbox"/>
Island	9	<input type="checkbox"/>	<input type="checkbox"/>
San Juan	4	<input type="checkbox"/>	<input type="checkbox"/>
Snohomish	65	<input type="checkbox"/>	<input type="checkbox"/>
King	170	<input type="checkbox"/>	<input type="checkbox"/>
Pierce	88	<input type="checkbox"/>	<input type="checkbox"/>
Kitsap	20	<input type="checkbox"/>	<input type="checkbox"/>
Clallam	23	<input type="checkbox"/>	<input type="checkbox"/>
Jefferson	0	<input type="checkbox"/>	<input type="checkbox"/>

By lowering the number of members served we will be reducing the amount spent per individual, therefore stretching the money. If this is a consideration for you then please remember that Skagit, Island, San Juan and Whatcom counties are our Usual and Accustomed Area.

Please call, e-mail, or in some way let us know your feelings on this problem. The point person will be Leslie Eastwood and she can be reached at:

Phone: (800) 365-9062

e-mail: leastwood@samishtribe.nsn.us

Mail: P.O. Box 217, Anacortes WA 98221

We'd like to hear back from you by March 31st so we can have some suggestions for the Council meeting on April 2, 2004.

Thank you for your input.

-Jan Flagg

ENVIRONMENTAL DEPARTMENT

Jim and I have been very busy with the RV Park and spit property (pictured). The program has produced an Environmental Assessment (EA) for the clubhouse expansion project. It went out for public review with no comments. We have had several walk-through with Tom Sperling, talking about future projects and ideas for the upland area and the RV Park. A walk-through with the grounds keeper found many trees and branches in need of trimming or removing for safety issues. A permit was issued to take care of the work. It has also been noted that the bank behind



the store and office is in need of repair before much more slumps off. An anemometer was ordered from the National Renewable Energy Laboratory (part of the Energy Grant) This device will measure wind direction and speed on the Weaverling Spit area for one year. The program with funds from the Energy Grant, also purchased Energy-10, A Conceptual Design Tool for Energy Efficient Buildings. The context of this program is that documentation supports that annual energy consumption can be reduced by 40-70% by employing energy-efficient strategies in a whole-building approach. This program allows for the builder to achieve the design before the building is built with a variety of different methods using the software. We felt that this will be useful for design work on the Lake Campbell property.

Jim has been busy mapping away. He has been producing maps for all the programs in relation to service areas and many special requests. He has been busy working on the Critical Areas Ordinance and the Shoreline Master Plan. We will be working on these last two ordinances and then do a complete review of all the Environmental Ordinances to make sure they are complete.

MARCH 2004 COUNCIL HIGHLIGHTS



*Article Written by our Samish Council Member
Co-laht-su-sah Two, Jan Barrett Castilleja*

Constitution We have a new constitution! The General Council voted overwhelmingly to accept the new constitution. The next step will be to hold Tribal Council elections.

.....

Economic Development We are now the proud owners of the Fidalgo Bay Resort RV Park! The RV Park is located near Anacortes. If you haven't visited the RV Park yet, the next General Council meeting will be held there. Tom Sperling is currently managing the RV Park. Things seem to be going well, and we are hoping for a profitable summer. Also, plans are being made to remodel the clubhouse at the RV Park so that it can be used for Tribal Administration purposes. The clubhouse will still be available to RV'ers

SAMCOR is in the process of developing the manufacture and sale of a plant food supplement. This project is in the initial stage.

Activities The Tribal Council has participated in two training sessions provided by Learning in Action. The Council is also working on Strategic Planning for the next five years.

The Tribal Council is currently working on the development of a Personnel Policy governing our growing organization. The Tribal Council is also working on ways of handling grievances brought against Tribal Council members.

Legal Our attorney continues to work towards a resolution of issues with the BIA. Toward this end, a Congressional Hearing will be held in Washington, D. C., probably in April. A delegation from the Tribal Council will attend to provide testimony and support.

Legal counsel also continues to represent the Nation on a variety of legal issues including putting the Homeland into trust status and the restoration of treaty rights.

Resolutions Over the last three months, the council has approved several resolutions:

- * Funds to provide Christmas gift certificates to eligible Samish children
- * Funds to help cover the cost of travel for committee members
- * Funds to help support the 2004 Canoe Journey
- * Extension of the AD Hoc Language Committee to the end of January 2004 and provision of funds for its work
- * Approval of a Judicial Services Contract with Northwest Intertribal Court System (NICS)
- * Adoption of a drug and alcohol testing policy for the Head Start transportation personnel
- * Establishment of an AD Hoc committee to research camas growth and develop a research garden at the Homeland
- * Adoption of a format and template to be used in the establishment of Ad Hoc Committees
- * Appointment of Leslie Anderson as the Veteran's Representative and as Delegate to the Northwest Indian Veteran's Association

Homeland The main road through the homeland has been laid out. A civil engineer is currently working on the legal descriptions of the lots. Staff is currently working on plans for easement and storm water runoff.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities, issues and problems arise almost daily, so we always have plenty to work on.

....Council Highlights continued on page 11

MARCH 2004 COUNCIL HIGHLIGHTS

Ordinances The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. Additionally, all current ordinances are being reviewed to make sure they comply with the new Constitution.

Currently, the Council has adopted **Interim Environmental Codes** to govern the use of Samish property until final codes can be written and approved in order to facilitate development of the Homeland property. These Samish codes will be activated when we get land into trust status.

The Council has adopted an **Ethics Ordinance** that will govern the actions of the Tribal Council. Additionally, the Council has adopted an **Appeals Policy** has established an **Appeals Board** to deal with issues that cannot be resolved through ordinary means. The Council has also adopted a **Tribal Court Rules Ordinance**.

Ordinances that are currently in development include a Hunting and Fishing Ordinance, a **Gathering Ordinance** and a **Utilities Ordinance**.

ETHICS ORDINANCE

Tribal Council Ethics Ordinance Adopted February 7, 2004

Article written by our Samish Tribal Chairman, Kenneth Hansen

An Ethics Ordinance was adopted by Samish Tribal council after a number of its members felt that it was important to have this document in place. The vote for the adoption of the ordinance was 6 votes for and 1 against, with Tim King being the only objecting vote to the adoption of the ordinance.

It is anticipated that the Tribal Council will continue to look at all previously adopted ordinances of the Tribe to make sure that they immediately comply with the new ethics code.



ELECTION OF SAMCOR BOARD MEMBERS

The SAMCOR Board held their annual Election on February 24th, 2004
Here are the results:

Chairman	Peggy Morgan
Vice Chairman	Merrill Thibert
Secretary	Brad Meagher
Treasurer	Tasha Dunn



If you have any ideas for economic growth for SAMCOR please call Peggy Morgan at (360) 293-6404 or toll free at (800) 365-9062 or e-mail her at pmorgan@samishtribe.nsn.us for more information.

STINGING NETTLE

FOOD NUTRITION EDUCATION: THE SAMISH SCHELANGEN – WAY OF LIFE

Article written by Barbara Jackson

Featured Plant: Common Stinging Nettle – *urtica dioica*

In the Samish language æǝ æ? Ð _____

Gathering Protocols – these teachings come from many people and are good rules to be reminded of.

- Begin with a prayer to acknowledge that this is an exchange; the plant is there not just to serve humans, but is part of a larger web of all of creation.
- Always be careful where you gather. Never gather by an area where pesticides are used or the side of a road. Today, we have to be very careful because the air and water and the ground are not as clean as they once were.
- Also, unless you have permission to go onto a property to gather, find another place. In historic times, permission was asked before entering the “garden” of someone else, whether it was camas, berries, or fish.
- Take what you need, but never gather the only piece of anything. Look for at least three of something, taking only one, moving on to the next patch. By gathering in this way, you are actually working with nature, because you are thinning a plant, allowing more space for the rest of the plants to grow.



Nettle Tea which is really just nettles boiled in water tastes like drinking the water spinach was boiled in. To the modern palate or taste buds, it takes some getting used to. But give it a try, it's a good place to start.

In my family, we try and drink Nettle Tea in the spring because it's a good spring blood cleanser and strengthener. But, then my son, William, got in the kitchen and made the following. This is still good for you, but is quite delicious.

If you have any questions please contact Barbara Jackson at (360) 293-6404 or toll free at (800) 365-9062 at extension 127 or e-mail her at bjackson@samishtribe.nsn.us



William's Nettle Lemon Aid

Gather two cups of young and tender, Spring nettles (or top 4" of an older plant)

Rinse to get rid of grass and dirt

Use a large stainless steel pot

Bring 6 cups water to bring to a boil

Add rinsed nettles, cover and boil for five minutes.

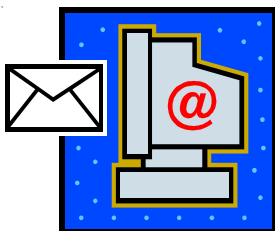
Strain out greens. Save to add to a soup or stew.

Add lemon juice and honey to taste.

Or add 1/2 cup of lemon juice and 1/2 cup of honey to the liquid.

Stir. Adjust seasonings to taste. Serve hot or cold.

CONTACTING OUR OFFICE



Some days the phone seems to ring nonstop at the tribal offices. On those days it can be frustrating to get through because all our phone lines are busy or it seems that way. If you ever have that problem, consider e-mail.

If you just have a quick question or want some information sent, try our web-site. The home page is at www.samishtribe.nsn.us. There you will find a department directory.

MISSING BOOKS

**The following books are missing from the library!
If anyone knows where they are please let us know:**

Big Book of Indian Beadwork Designs	Kay Bennett
Dream Catchers – Myths & History	Julie Black
Awakening Spirits	Tom Brown
Daughters of Copper Woman	Anne Cameron
The Indians of Puget Sound	George Castile
North American Indian Motifs – CD-ROM	Dover Publications
North American Indian Jewelry & Adornment	Lois Dubin
Beads to Buckskin Vol.5	Peggy Henry
Coyote & Rock (Cassette)	Vi Hilbert
Words of Power – Voices of Indians	Norbert Hill Jr.
Northwest Coast Indian Art	Bill Holm
Native American Wives of San Juan Settlers	Karen Jones-Lamb
Myths & Legends of the Pacific Northwest	Katharine Judson
Spirit of the Cedar People (kids)	Chief Lelooska
Echoes of the Elders (kids)	Chief Lelooska
The Internet for Dummies	John Levine
Encyclopedia of Native American Healing	William Lyon
Lushootseed Culture and the Shamanic Odyssey	Jay Miller
Medicinal Plants of the Pacific Northwest	Michael Moore
Native American Stories (Video)	Johnny Moses
Fall Medicine Songs (audio)	Johnny Moses
Winter Medicine Songs (audio)	Johnny Moses
Spring Medicine Songs (audio)	Johnny Moses
Summer Medicine Songs (audio)	Johnny Moses
Medicine Path (audio)	Johnny Moses
Red Cedar Circle – Fire Circle Songs (audio)	Johnny Moses
Noticias De Nutka	Jose Mozino
The Great Canoes	David Neel
The Wisdom of the Native Americans	Kent Nerburn
The Eagle's Song (kids)	Rodana's
Alice Bay Cookbook	Julie Rousseau
The Chilkat Dancing Blanket	Cheryl Samuel
The Gathering Stones for the Medicine Wheel	Gregory Scofield
Looking at Indian Art of the Northwest Coast	Hillary Stewart
Coast Salish Essays - 2COPIES	Wayne Suttles
Indian Tribes of Washington, Oregon & Idaho	John Swanton
Investing for Dummies	Eric Tyson
Indian Masterpieces From the Koerner	Walter & Marianne U.B.C.
Herbs That Heal	Michael Weiner
How to Do Beadwork	Mary White

*If you have any of the books on this list please contact
Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at
extension 106 or e-mail her at jflagg@samishtribe.nsn.us*

RESEARCH CENTER

The research center celebrated its first birthday this winter by moving from Tribal Administration to the Samish Community Preservation Foundation, and to new offices at 1005 Sixth Street in the downtown historical district of Anacortes. We began our second year of operation with \$237,000 in grants and contracts, despite the first major cutbacks in federal science funding since the early 1980s. We employ 15 scientists and graduate students part-time in 14 projects supported by the National Science Foundation, National Park Service, Army Corps of Engineers, Northwest Straits Commission and others, and have expanded our capacity through partnerships with Skagit and San Juan Counties, the Skagit System Coop, Washington Trout, Shannon Point (WWU) and Friday Harbor Labs (UW), and NOAA.

Recent Highlights

Discovery of artificial rocky reefs created by thousands of years of Coast Salish reef-net fishing for salmon, now homes to large populations of rockfish and lingcod.

Pilot study demonstrates for the first time that sockeye salmon migrating through the San Juan Island are also feeding in the islands' near shore areas.

Study in Fidalgo Bay links the historical decline of "Olympia" oysters to logging and industry; work on a native oyster reef on Weaverling Spit for cultural uses.

Monitoring juvenile salmon use of different Samish Bay habitats in cooperation with the Skagit System Coop and NOAA Fisheries; expanding to the San Juans in 2005. Surveys began of salmon potential of all streams and estuaries of the San Juan Islands in collaboration with the U.S. Army Corps of Engineers and San Juan County.

Long-term field program on history and ecology of Coast Salish use of fire to manage meadows and forests launched on Waldron Island with support of the island residents.

Repatriation of one of the painted Guemes Island village house posts, and seven sets of human remains from Lopez Island, from the Burke Museum in Seattle.

Collaboration with State Parks to erect an interpretive center and new signs at Rosario Beach (Deception Pass) to focus on Samish history, culture, and uses of the sea.

Research garden established at the Lake Campbell Samish Homeland for the study of traditional foods, with a donation of 200 camas bulbs by elder Fred Leatherwood.

FIDALGO BAY RESORT CELEBRATION



The Samish Indian Nation is the proud new owner of Fidalgo Bay Resort. Negotiations with First American Title have been ongoing for over a year. The escrow closed on the December 31, 2003. A wonderful celebration took place on February 5, 2004 with joint efforts through the Native American Bank and the United States Department of Agriculture. This is the largest loan made by the Native American Bank to date and has made it possible for the Samish Tribe of Washington State to regain ancestral lands while taking an equally large step towards economic independence. Thanks to a 3.4 million dollar loan from the Native American Bank and a 3 million dollar loan from the United States Department of Agriculture which is supported by a guaranty under the Bureau of

Indian Affairs' Loan Guaranty Program, the eight million dollar Fidalgo Bay Resort project promises to make Chairman Hansen's goal to bring economic security to the Samish people a reality. But according to Chairman Hansen, there is more work to be done.

New amenities are planned for the park including an expansion of the Clubhouse to seat 300 people and create more rooms which will allow for more than one function to take place at a time. We plan to offer more activities, special events, and entertainment. Future planning also includes paving the sites and propane sales, rentals of boats, bicycles, cars, and propane barbecues. We also hope to have a fish cleaning station installed by the summer of 2004. No development will take place on the spit property which will be preserved for walking and interpretive use. We invite you to come to Fidalgo Bay Resort, a place where you can create new memories and make new friends.



NEW NAGPRA LOGO



NEW NAGPRA LOGO BY SWINOMISH ARTIST BILL BAILEY

The following is an explanation of our new logo that we asked Bill to create for us. It is a very symbolic image for this important repatriation project. In the future, when significant & special objects, items, etc. return home from the American Museum of Natural History, in New York, to our Northwest shores homelands here, this logo will be a good reminder of the significance of these efforts by the team of people working on this project, collaborating with the different tribal & First Nation's people. I am very proud of this logo & we will be using it to create a web-site with, give away scarves in our travels, and many other ways. We are lucky to have such a wonderful & insightful artist in our midst. ~Robin Carneen~

"This design reflects our vision of life & death. The Eagle-strong, noble and thought to have the ability to travel to the land of the old people-carrying the messages and direction for us to follow. The Sacred Circle, which we all live within all living things are gifts of the Creator. The Salmon-we that live in this area are of the salmon people. The salmon born in the fresh water, travels to the great salt water and matures-only to return to the rivers of birth to spawn and to die-coming full circle, as we all do. The Rain, which gives us life, without it we could not survive. After we have left this world the rain will wash away our tracks."

CANOE JOURNEY 2004

Attention Canoe Pullers, Ground Crew and Volunteers

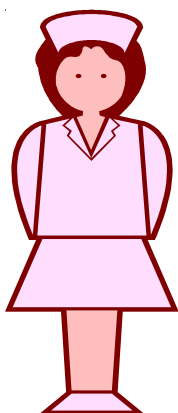
Chief Terry Sampson of Chemainus First Nation and the people of Shell Beach will host Tribal Journey 2004 (Chemainus First Nation is located southeast of Nanaimo, Vancouver Island, B.C.) The journey will involve two official landings, the first at the Chemainus Nation Beach on August 4th, 2004 and a second landing on August 6th, 2004 at the township of Ladysmith in celebration of their 100th anniversary. Samish Indian Nation and all the nations along the way now need to meet and set the course and landing days at their respective villages. The next skipper's meeting is set for April 10th, 2004 at Nisqually, WA. Contact Jean Sanders at (360) 456-5221 for exact and detailed directions to the location. On May 15th, 2004 the Penn Cove Water Festival will be held in Coupeville, WA. A special Family Canoe Race leg will be added to the Canoe Race. Call (866) 672-2638 for more information.



There will be a strong message conveyed to everyone young and old that this event is ALCOHOL, DRUG AND TOBACCO FREE!

If anyone is interested in volunteering for fund-raising activities, participating in Tribal Journey 2004 or any other questions please contact Lisa Weber at (360) 661-6342 or e-mail her at lweber@samishtribe.nsn.us or contact Benjamin Jojola at (360) 293-6404 or toll free at (800)365-9062 extension 128 or e-mail him at bjojola@samishtribe.nsn.us

DIABETES PROGRAM SERVICES



Samish Indian Nation has a Diabetes Program that provides outreach and education for patients with diabetes. Frances is our Diabetes Program Coordinator, so if you are a Samish tribal member with diabetes please contact her for assistance with reimbursement for purchase of diabetic supplies such as lancets, test strips, needles, and syringes, diabetic and nutrition education, and any other services needed. She also sends out a nutrition voucher every month to patients with diabetes to assist them in buying fresh fruits and vegetables. All tribal members diagnosed with diabetes are eligible for this service.

Research has shown that life-style changes can prevent or delay the onset of diabetes. Life-style changes include a healthy nutrition plan that limits fats and carbohydrates, and includes more fruits and vegetables. Moderate intensity physical activity at least 60 minutes five days a week is another life-style change that can prevent diabetes. The 60 minutes can be divided into 10 or 20 minute activities. Over 5 million people in the United States have undiagnosed diabetes. The best way to avoid complications of diabetes is to be diagnosed and treated early. The Samish Nation Health Program offers screening at tribal functions. Also, reporting family history of diabetes to primary health care providers is important to be diagnosed early.

If any tribal members have diabetes and need assistance please call Frances Straus, RN, BSN at (360) 293-6404 extension 224 or toll free at (800) 365-9062 or e-mail her at fstraus@samishtribe.nsn.us for more information.

STEPS TO HELP CONTRACT HEALTH HELP YOU!

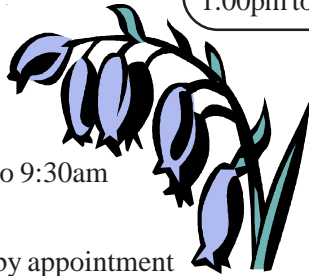
- 1 Call in advance of all appointments to get an authorization number, PO# (This will get your bills paid faster)
- 2 Keep us informed of any changes in your insurance. (This gets your bills paid correctly)
- 3 Use tribal health and dental facilities in your area when feasible. (This eliminates bills completely)

For more information regarding health contact Joanne Liantonio (extension 125) or Rene Archer (extension 126) at (360) 293-6404 or toll free at (800) 365-9062.

ELDERS ACTIVITIES FOR MARCH, APRIL, AND MAY 2004

- Monday** Lunch at 12:00pm
- Tuesday** Aqua Exercises for Arthritis 8:30am to 9:30am
Lunch at 12:00pm
Beading Class from 1:00 to 3:00pm
- Wednesday** Lunch at 12:00pm
Beading Class from 1:00 to 3:00pm
- Thursday** Aqua Exercises for Arthritis 8:30am to 9:30am
Lunch at 12:00pm
- Friday** Massages from 10:00am to 12:00pm by appointment

Foot clinic is available for Tribal members with diabetics every last Tuesday of the month from 1:00pm to 3:00pm



Every month the Elders go on a field trip to a museum or to another Tribe for a luncheon and entertainment, we will normally leave around 9.00am.

Please call Rita Louis at (360) 293-6404 extension 118 or toll free at (800) 365-9062 or e-mail her at rlouis@samishtribe.nsn.us for more information.

TRIBAL VICTIMS ASSISTANCE

In February, two of our staff were sent to the Tribal Victim's Assistance (TVA) Conference in Phoenix, AZ. We were recently awarded this new grant that provides us with access to a multitude of victim's services as well as the opportunity to learn from other tribal programs that have existed for many years. The TVA grant allows us to assist with repairing locks, doors, and windows in emergency situations as a result of a crime. We are also able to connect tribal victims with local food banks, shelters and clothing pantries as well as assist with completing protection orders and court documentation. Some examples of crimes that are eligible for services are:

- | | |
|------------------------------|-------------------------|
| * Elder Abuse | * Dating Violence |
| * Child Abuse | * Burglary/Robbery |
| * Sexual assault | * Vandalism |
| * Stalking and strangulation | * Domestic violence |
| * Bullying in Schools | * Gang-related activity |

If you are interested, please call Jennifer Paddock at (360) 293-6404 extension 131 or toll free at (800) 365-9062 or e-mail her at jpaddock@samishtribe.nsn.us.

On a larger scale the state of Washington and Federal government are able to provide a multitude of resources including victim compensation for loss resulting from a crime. We can assist with referrals as well. The Social Services Department is looking for volunteers to be advocates in their area. Information will be provided to those interested in becoming a victim's advocate in their community.

RAISING GRANDCHILDREN IN INDIAN COUNTRY

On May 14, 2004 there will be a conference entitled "Raising Grandchildren in Indian Country." The location will be the Nooksack Community Building, 6746 Mission Road, Everson, WA. This is the first workshop totally dedicated to the grandparents or those other relatives raising children of kin. The workshop is free, pre-registration is requested. Flyers and registration should be available during the first week of April. Child care will be free and will be provided as long as registration is received by May 1, 2004.

The Keynote speaker will be Judge William Thorne, a Pomo Indian. His keynote address is entitled "A Different View of Families." Judge Thorne advocates the importance and strength of extended family, anything less may be harmful to the child. Judge Thorne will also speak about the Indian Child Welfare Act, FAE/FAS, Guardianship, and Children's Grief and Support Groups.

For further information or to arrange registration please call Rita Louis at (360) 293-6404 extension 118 or toll free at (800) 365-9062 or e-mail her at rlouis@samishtribe.nsn.us.

STAND OUT, SPEAK UP, SEIZE CONTROL



NATIONAL KICK BUTTS DAY MARCH 31, 2004

In celebration of National Kick Butts Day, the tribe's prevention specialist worked with his Youth Group at Anacortes High School to create and decorate sacks that will be used to clean up discarded cigarette butts in our community. The students in the group have been focusing on the harmful effects of tobacco and have shared personal stories of family members that have been affected by tobacco use.

EAT HEALTHY TO CURB THE CRAVING!

The Samish Indian Nation Prevention Program seeks information regarding the hazards of drug and alcohol use. Benjamin Jojola, Prevention Specialist, offers information and activities that support a healthy life-style free from the harmful effects of drugs and alcohol. The tribe's Social Services Director is a nationally and state certified drug and alcohol counselor and can assist in referrals and treatment options as well as recovery support. The following information is brought to you as education material. So, what difference does it make what you eat?

It is commonly accepted now that alcohol is a disease that has a serious impact on mind, body and spirit. If you are struggling with this disease you may find recovery a bit easier if you help your body and brain to heal from the toll alcohol abuse takes on them. What you eat and what you don't eat are vital aspects of your long term sobriety and healing.

Alcohol is a simple carbohydrate and converts quickly to sugar in the body causing blood sugar levels to soar. Food high in protein and amino acids, such as eggs, fish and chicken, help to keep blood sugar stable. This is a good thing. Stable blood sugar levels can decrease craving for alcohol. Nuts, beans and vegetables release energy slowly into your blood stream and are beneficial in many other ways. Healthy fats such as olive oil, butter, yogurt and cheese supply aid in neurological repair because the brain is made of fat.

In addition to eating good foods, you may also decide to take supplements. B vitamins help convert amino acids into neurotransmitters while glutamine can help to decrease craving. Your doctor may also prescribe tryptophan (5-HTP) which helps to build serotonin. Don't forget a multivitamin and lots of water to rehydrate your body. Make sure to talk with your health care provider about what diet and supplements would work best for you.

Foods like white bread, pasta, white rice and other simple carbohydrates that cause blood sugar highs and lows this can cause cravings to drink, so it is best to avoid simple carbohydrates. Caffeinated beverages (coffee, tea) and soft drinks also cause a "crash and burn" effect in your body. This may also increase cravings, so these should be avoided as well.

More attention is being paid to the nutritional aspects of alcohol recovery. Some treatment centers focus their program on this philosophy in addition to the more traditional twelve step method. The most important thing is that you find a program that works for you and you surround yourself with supportive friends who will help you to be clean, healthy and sober.

For more information regarding our prevention program please call Benjamin Jojola at (360) 293-6404 extension 128 or toll free at (800) 365-9062 or e-mail him at bjojola@samishtribe.nsn.us for more information.

WELCOME OUR NEW EMPLOYEE LAURA MAGI



Hello Everyone! My name is Laura Magi, your new Housing Assistant! It has been so exciting bringing my skills and experience to this department. What an exciting time to be involved in housing with the land acquisition, and the other wonderful programs that we can offer to you. It has been so wonderful getting the opportunity to meet and speak with so many of you.

We have a "First Time Home Buyer's Workshop" that is scheduled in April with Emily Ott from National City Mortgage. We will provide a workbook for you, along with Emily's insights on the ease of owning your first home. Come and join us for this informative and fun workshop!

We have just received applications from Indian Health Service for individual site sanitation facilities. These applications will cover upgrades for septic tanks, drain fields, alternative on-site waste disposal systems, individual well, well pump with pressure tank, and community water service connections. Need more information? I would be happy to send an application to you!

Skagit County Community Action Agency is providing minor home repairs for elderly, disabled, and low-income residents of Skagit County. These home repairs are free to qualifying residents and include wheelchair ramps, paint, repair windows, mend porches, install insulation, repair drywall, and other types of small repairs. Let me know if we can help to get you connected in Skagit County.

If you have any questions about the Rental Assistance Program, Down Payment Assistance Program, Home Repair Program, or the Rental Units, please contact Laura Magi at (360) 293-6404 extension 115 or toll free at (800) 365-9062 or e-mail her at lmagi@samishtribe.nsn.us for more information.

BECOMING A SUCCESSFUL HOMEOWNER

Home....a place of your own. Don't those words bring a smile to your face? Everyone needs a place of rest and comfort. A place to build memories and create new dreams. More than just a house – a home.



Come and join Laura Magi, Housing Assistant for the Samish Indian Nation and Emily Ott, from National City Mortgage for this informative, yet fun, First Time Home Buyer's Workshop. The workshop will be held in the Council Chamber's in the Administration Building on April 24th, 2004 from 10:00am to 3:00pm.

A workbook will be provided, along with lunch, and snacks! The workshop is presented at no cost to you, but preregistration is a must!

If you are interested in attending please call Laura Magi at (360) 293-6404 extension 115 or toll free at (800) 365-9062 or e-mail her at lmagi@samishtribe.nsn.us for more information.

HEALTHY EATING

Samish Member, Linda Hatch Neunzig, is the owner of Ninety Farms, an organic farm in Arlington, Washington. If you are interested in subscribing to her healthy food service, visit her at: www.ninetyfarms.com

Ninety Farms
22912 67th Ave NE Arlington, WA 98223
(360) 435-9304
NinetyFarms@aol.com

LANGUAGE

Vic Underwood has begun interviewing our remaining speakers of the Samish Dialect. Right now the focus is on recording and gathering information. Later plans will include creating curriculum in both print and recorded form.

If you want to learn a little bit about the language spoken by our relations in the historic Samish territory, go to Amazon.com and order Brent Galloway's 1990 monograph *A Morphology and Phonology of the Samish Dialect of the Straits Salish Language*. This book is the result of work started by Ken Hansen and Mary Hansen in the early 1980's.

For more information please call Barbara Jackson at (360) 293-6404 extension 127 or toll free at (800) 365-9062 or e-mail her at bjackson@samishtribe.nsn.us for more information.



Picture of Lena Daniels, Lucille Harry, Vic Underwood, Russell Barsh, and Nick Fahey in the galley eating deer stew on a recent language recording session near Orcas Island. Photo by Barbara Jackson

INTERESTED ENTREPRENEURS

Western Washington University's College of Business and Economics' Small Business Development Center (SBDC) and Northwest Indian College (NWIC) have entered into a partnership to offer assistance to Native American entrepreneurs. The Native American Entrepreneurial Outreach Program (NAEOP) will offer free one-on-one business counseling and a series of ten-week workshops to be offered quarterly over the next two years. The NAEOP will offer services to Native Americans with the focus on eight local tribes including the Lummi, Nooksack, Samish, Sauk-Suiattle, Stillaguamish, Swinomish, Tulalip, and Upper Skagit.

The workshops are designed to provide an overview of such topics as the following: Are You Interested in Owning Your Own Business or Improving Your Current Business, How to Start Your Own Business, Managing Your Personal Finances, Developing a Business Plan, Small Business Taxes and Record Keeping, and Marketing Your Business.

This program is designed to equip the Native American entrepreneur with the tools necessary to either improve an existing business or determine if the business idea they may have is feasible.

For more information or to set up an appointment, please contact the Native American Business Development Specialist, Rex Rhoades (Chinook), at (360) 733-4014. Rex will be available at the Samish Tribal Offices on March 25, April 8, 22, May 6, 20, 2004 from 1:00 PM to 4:00 PM.

ATTENTION SAMISH YOUTH

As we complete the Community Juvenile Accountability Act contract, we will be contacting the youth of our tribe to request information that will allow us to track the number of Samish youth who are at risk, or have been involved in the court system. We hope to develop youth activities based on the negative and positive issues impacting them.

For more information please call Benjamin Jojola at (360) 293-6404 extension 12 or toll free at (800) 365-9062 or e-mail him at bjojola@samishtribe.nsn.us for more information.

**Samish Indian Nation
P.O. Box 217, 2918 Commercial Avenue
Anacortes, WA 98221
(360) 293-6404**

BREAKING SAMISH NEWS

September 2004

SAMISH HAVE LAND IN TRUST

By Elaine Wilson from the Anacortes American

The Samish Indian Nation will hold trust lands for the first time in almost a century, as soon as the Bureau of Indian Affairs processes paperwork that will put almost 80 acres near Campbell Lake into trust for the tribe.

"This truly is a momentous day for the Samish. It's been 97 years since we've had trust land," said Samish Tribal Chairman Ken Hansen. Tribal Council members and other well-wishes gathered on Thursday, September 9, when Hansen and Samish Tribal Council Accountant Dee Branson signed papers to initiate the process. To put the land in trust, the title had to be signed over to the BIA- the same agency that dropped the tribe from the list of federally recognized tribes by mistake and fought its reinstatement for almost 30 years. The Samish Tribe was recognized again in 1996.



"In order to have land, we must sign it off to the government," Hansen explained to the group on Thursday. "It is ours and it is a process that every other recognized tribe goes through. We give up title to reserve our sovereignty. With a prayer in my heart, I'm going to sign this document," he said.

Getting to this point involved more struggles. The Samish applied to put the land in trust three years ago, intending to use it for housing. The number of homes had not been determined, but preliminary plans suggested about two dozen. The BIA sent back a memorandum that included permission to build up to 150 homes- something the tribe had no intention of doing, Hansen said. Neighbors were

alarmed and Skagit County filed an appeal of the application, citing a need to get the mistake excised from the record.



Earlier this summer, the Samish and the county sorted out the matter and forged an agreement on services to the property. Hansen said that crews are already at work roughing in a BIA access road. The tribe recently entered an agreement with Skagit PUD, and water and utilities will be coming soon. Hansen said that real planning can move forward now that the trust process is proceeding.

"We're grateful that the county has finally seen the light. These three years had a high impact on our programs and our people," he said.

He said the fact that the tribe again had land "is a testament that we do know who we are as a people." He said that everything that has been accomplished is because of the people's hard work and support.

"We must always remember who we are and what we've been through," he said.

He also expressed gratitude to others who have helped the Samish along the way.

"We thank our supporters in the community, and even a couple in the Bureau of Indian Affairs, and we thank our ancestors," Hansen said.

SAMISH NEWS

September 2004

ANNUAL GENERAL COUNCIL MEETING

With many Samish people gathered at the Fidalgo Bay Resort Clubhouse, the Annual General Council meeting of the Samish Indian Nation was called to order by Chairman Ken Hansen on Sunday June 27, 2004; Victor Underwood led all gathered in an opening prayer and song. It was wonderful to see so many members and friends attending the meeting.



Samish Members and Friends at the Annual Genral Council Meeting. Photo by Nicole Herman

Members heard a brief report from the Chairman, Ken Hansen highlighting events and progress that had occurred during the year. Topics discussed by Chairman Hansen included a brief discussion of the positive and negative things that have occurred over the last year, including the Fee to Trust process for the Homeland, the new Constitution that was approved, and the growth of the Samish Nation. The Samish Administration managers were also asked to give a report and a brief review of activities in their departments this year.



Photo by Nicole Herman

After a traditional Samish feast including salmon, berries and fry bread, the election results were announced by the Election Superintendent Brent Wooten.

Raffle tickets were sold and various prizes were given out to members such as a beautiful Pendleton blanket and a fun filled whale watching tour.

Results for 2004 Council Election for the Samish Nation are as follows:

Chairman

Ken Hansen	105
Leslie Eastwood	87

Vice Chairman

Tom Wooten	109
Tim King	77

Treasurer

Dee Branson	Unopposed
-------------	-----------

Secretary

Chris De Kay	Unopposed
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Council Members

Janet Catilleja	91
Billie Jo Settle	86
Ray Gorynski	76

ANNUAL GENERAL COUNCIL MEETING

Thank you all who purchased raffle tickets to support our Elder's program!
Congratulations to all of the winners!!!



Photo by Nicole Herman



Photo by Nicole Herman

Chocolates from the Anacortes Chocolate Factory
Salmon Basket from Northwest Catch
Gift Certificate Horizon Hair
Baby Pendleton Blanket
Gift Certificate to Daddio's
Whale Watching Tour from Island Adventures

Janet Castilleja
Charlotte Dick
Day George
Bert Click
Arlene Andrews

2004 SAMISH TRIBAL COUNCIL



Photo by Nicole Herman

Shawn McAvoy and Sara Johnson handing out welcoming necklaces to the new Samish Tribal Council.



Photo by Nicole Herman

Election Superintendent Brent Wooten swearing in the new Samish Tribal Council at the Fidalgo Bay Resort Clubhouse.

LETTERS

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation
Attention:
Nicole Herman:
Newsletter

PO Box 217
Anacortes, WA 98221
e-mail:
nherman@samishtribe.nsn.us
Local Phone Number
(360) 293-6404 ext. 110
Toll Free Phone Number
(800) 365-9062

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

ELDER RESPECT BY Cherie L. Myler

What happened to respecting our Elders? I attended the General Meeting and the disrespect that was being shown to our Elders was disgraceful. My Grandfather, (Ed King), was speaking to the General Membership, and the whole while, there were comments, snorts, and someone's cell phone going off and them answering it, and having a discussion on it. Our own Chairman, was inconsiderate to my Grandfather, acting as though he were falling asleep, and then when my Grandfather ended his commentary, our Chairman, rudely said that he hadn't heard him.

Our own Chairman gave the floor to an Elder, (Margaret Green), sure she is not a member of the Tribe any longer. But, he acknowledged her, and gave her the floor, and she deserved the right to be heard, just as we all do. He rudely interrupted her and would not allow her to speak. Just as a young man had said, (Tyrone McLeod), it does not matter if we all sit here until midnight, you listen.

During the meeting numerous Council members and our own Chairman walked out while people were speaking, and went outside to sit. Since when is appropriate for the Council and the Chairman to leave at any-time they wish during a General Meeting.

At this time the General Meeting was adjourned even though there were Members whom did not want the meeting to end. I brought this to the attention of our Chairman, (Ken Hansen), and Janet Castilleja, (our new council member), said that it does not matter what we want they had decided to adjourn the meeting. It is as my Grandfather was speaking of, we as the people do not matter to the Council or our Chairman, it is all about what they want, and nothing about what



HOME REPAIR BY Shirley Ollsen

Thank you for your assistance in getting our home up to code. The roof was badly in need of repair and the porch that was like mush. It now should outlive us. All you have done is so appreciated. It's so nice to not have to worry about things that need to be repaired, as now they are done.

Being Native American is my proud heritage, and I honor you for helping us.

Miss Magi was terrific in her help. God keep our Nation safe and secure.

.....

Samish Native Members,

Log on to www.indianeagle.dollardays.com to see our vast variety of discount items and closeouts or call us at (877) 837-9569. Items include licensed Disney products such as watches, clothing, Mickey, Minnie, Pluto, and Winnie the Pooh plush and much, more!

Other Categories include items such as arts and crafts, candles, cleaning supplies, clothing, collectable figurines, electronics and media, food, general merchandise, gifts, hardware, health and beauty care, holiday and seasonal, house and home, housewares, jewelry, office and school supplies, pets, religious, sports and outdoors, store fixtures, toys, and games. We also offer Pallets with a variety of merchandise. CHECK OUT MY EBAY STORE at <http://stores.ebay.com/jittykittycloset>

Thank You,
Wendy Hatch

LETTERS

GIFT CARDS THANK YOU

Dear Barbara and Jennifer,

I just wanted to say thank you so much for the two gift cards that I got! I am disabled with rheumatoid arthritis and we have been having a very hard time with our everyday bills, school clothes weren't even a possibility! I cannot tell you how much it meant to us to get the kids all two outfits and socks- they even got some extra pencils/pens and folders! The kids were so proud to wear the new clothes to school and I am so grateful, you helped make these three kids so happy. Thank you! We just moved last month, so we had extra bills and deposits that had to be paid. Right now we are hardly getting our utilities paid; the gift cards were really such a blessing. It's great how much stuff you can get at Wal-Mart for \$100. I just wish you could have seen my kid's faces as they looked for clothes and tried them on, it was great! Thank you soooo much!

Betty Jones, Mariah Dreher, Donovan Jones, and Cameron Jones

.....

HOME REPAIR THANK YOU

Laura Magi and Rick Landers,

We wish to thank you so much for your efforts to make our home standard again. One does not realize how good it is to have things fixed. The well is in, but not the pump. We have been waiting for this to happen to write to show our appreciation for your efforts, but will no longer. We can drink water from the faucet again and use it for cooking. I connected the new to old with a hose for a temporary fix. Thank you so much. You were wonderful.

To all Tribal Council,

Thank you so much for your efforts, for the entitlements that you have acquired for Tribal members. The work you have made compliments your position on the council. Our home is safer and up to standard, thanks to you. We hope you all will be treated as we have when you become elders of our Samish Tribe. Thanking you again.

Helen and Ray Gorynski
Evegene Gidlof

GIFT CARDS THANK YOU

Thank you so much for thinking of us. We really appreciate the support. We will put it to good use.

Casey Boyle

I agree with my brother, I thank you for those gift cards. It was nice of you to think of us. We will put it to good use.

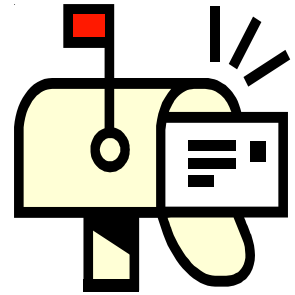
Sean Boyle

.....

BELLA COOLA THANK YOU

The Samish canoe family was invited to Bella Coola by our friends, the Andy family, to take part in their potlatch celebration. The Andy family has traveled with us on the Samish canoes for the past two years of the Tribal Journeys and we consider them part of our canoe family. On Oct. 8th, Billy Andy Sr. transferred his hereditary chieftainship to his son Billy Andy Jr. We (Sarah and Michelle Johnson and Rose Castilleja) wanted to attend very badly; however, none of us could afford it. Thankfully, the Tribal Council, in a truly altruistic act, provided the airfare to and from Bella Coola for all three of us. Along with our aunt and uncle, Chris and Larry De Kay, Leslie Eastwood and Barbara Jackson, we presented Billy Jr. with a blanket to honor him, sang a few songs, helped the Andy family with some of the work, and gave gifts to the Chiefs that were present. Going to Bella Coola and taking part in this ceremony was an amazing experience that none of us will easily forget. We would like to express to the Council how much we appreciate the help they have provided us. We have learned a lot and built lasting friendships with a neighboring nation. And it was a lot of fun, too!

Sincerely,
Sarah and Michelle Johnson and Rose Castilleja



MARY ELIZABETH POUNDS ALLEN



Mary Elizabeth Pounds Allen passed away in her sleep, Wednesday, August 4, 2004 in Anacortes at the age of 91. She was born in Seattle on December 16, 1912, the youngest child of John and Delia (Barrett) Knowles and sister of Thomas, John and Margaret. Mary lived most of her life in South Seattle, later in Sequim, and finally in the Northwest in Anacortes, Washington .

She graduated from West Seattle High School. As a young woman, she and her sister were part of a professional dance team that performed around the Northwest.

Mary was the wife of Victor Pounds and mother of Joanne Elizabeth Engberg, Dee Ann Branson, and Victor Pounds, Jr. After her husband Victor died, she married Eugene Allen, who also preceded her in death. To name just a few of her endeavors, Mary was a business owner, PWM of the Eastern Star, Cub Scout leader, and Samish Tribe council member. She was one of the first to work food service on the ferry, Kalakala. Mary enjoyed traveling, camping, hiking and various crafts, especially oil painting.

She was loved and will be dearly missed by her children, grandchildren, great-grandchildren, other relatives, and friends. Mary was a loving woman, always with a ready smile, kind word, and helping hand.

GREAT AUNT MARY BY Billie Jo Settle

It is with great sadness that in writing this article to the Samish members. I am remembering my Great Aunt Mary Knowles Pounds Allen that passed away on August 4th, one of our elders that worked on the Tribal Council many years ago. She was my inspiration and a role model in our family, and also a great believer of Samish Indian Nation and a great leader for the Tribe. She was always there for the Samish and believed one day they would be recognized by the Federal Government. I was glad she was able to see that dream come true. Before she left to be with the other ancestors she was able to see a lot of the good things happening to Samish Nation. It is people like Aunt Mary that makes me realize how much we have lost and are trying to gain back, something that she and others like her worked so hard for in the early years of Samish's struggle to be a Tribe. She showed her faith by always being true to Samish and helping in any way she could. As an inspiration not only me and her family she also gave us the support and courage to be leaders and to carry the Torch for the ones being brought back to Samish now. Now she will be able to tell our other ancestors that their work has been done and we are trying to carry on in the same Samish tradition, bringing our people home, trying to save the language, starting to build a home land, getting the health and education that we needed so long ago. So I know I will miss Aunt Mary, but I will always remember her teachings and try to remember her leadership skills, so that I too may pass on to Samish the dream that she held dear, that she cared about the Samish people enough to be involved even to the end. She was a hard act to follow, my Aunt Mary, I only hope to do her proud and remember her teachings that I may pass on to others as she did through out her life setting an example for us all.

The Samish Indian Nation would like to send our condolences to the family and friends of Mary Elizabeth Pounds. She will be greatly missed.

WETZEL KING

Wetzel D. King passed away on Colville on September 13, 2004 at the age of 83. Mr. King was born on August 14, 1921 in Ferndale. He was the son of Edward J. and Nellie Mae (Plaster) King.

As a child, his family moved to White Swan, where he was raised and schooled. Mr. King graduated from White Swan High School in 1940. In 1942, he joined the U.S. Navy and was discharged in 1946. After discharge, Mr. King was married and the couple had four children. During this time, he worked in the construction and logging industries and maintained a ranch in the Glenwood area. From 1964 to 1972 he owned a tannery in Sunnyside. In 1972, Mr. King became a tobacco retailer, covering the entire western United States. He retired to Orient in the mid-1980. He always had a love for horses and ranching. Mr. King also loved to fish, hunt, sing, and yodel.

Mr. King was a member of the Samish Indian Tribe and was a strong advocate for Indian rights. He was 32nd degree mason in the White Salmon Lodge no. 163 and transferred to the Montezuma Lodge no. 1 in Santa Fe, NM. He was a member of the American Legion in Kettle Falls.

He is survived by one daughter, Barbara Honeycutt and her husband Allen, Orient; three sons, Jaylin King and his wife, Winona, Alberton, MT; Dennis King and his wife, Cheri, Ferndale; Jerrold King, Hillsboro, OR; 28 grand and great-grandchildren: a brother, Edward King and his wife Leona, Ferndale.

The Samish Indian Nation would like to send our
condolences to the family and friends of Wetzel King.
He will be greatly missed.

BETTY LEE CHRISTIANSEN



Tribal member, Betty Lee Christiansen was lost at sea with her husband of 52 years, Les Christiansen, on August 15, 2004. They had just celebrated their anniversary the week before in Port Hardy, B.C. near where they had property. Betty Lee was from the family of "Tlwina'itsilulth and Cowegin from the Long House at Guemes Island. She leaves behind 6 loving children, lots of grandchildren, great grandchildren and many others who will miss her dearly. Betty Lee enjoyed coming to the General Meetings in June and tried to make sure they were back from Canada by the time the October Gathering took place in October. She was always striving to learn more about her extended family and the tribe. She liked cooking, canning, traveling, garage sales and being able to get the family together.

The Samish Indian Nation would like to send our
condolences to the family and friends of Betty Lee
Christiansen. She will be greatly missed.

SEPTEMBER 2004 COUNCIL HIGHLIGHTS

By: Co-laht-su-sah Two, Jan Barrett Castilleja Samish TCOunil Member



Much has happened since the last newsletter. A new, smaller Tribal council has been elected, as required by the revised Constitution. We had a good General Council meeting, with a number of General Council members expressing their opinions on the activities of the Tribal council. We have much work ahead of us as we learn to do all the required tasks with a smaller group. We remain committed to providing the best possible governance of the Samish Tribe.

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Economic Development: We have recently been looking into the feasibility of developing a Convenience store on HWY 20. This store would take advantage of recent laws that allow tribes to retain the taxes on cigarettes, gasoline and alcohol sales. This would contribute positively to the tribe's economic situation. The Fidalgo Bay RV Park continues in operation. Plans for increasing revenue from this enterprise are in effect.

Land Acquisition: Recent land acquisitions include the land on which the convenience store will be located. We are also still in negotiations to sell the Ship Harbor property. Additionally, land north of Burlington has been willed to us. We have not decided on the best use of that property.

Samish Community Preservation Fund and Samish Institute: The Samish Community Preservation Fund functions as the nonprofit arm of the Samish Indian Nation. The Samish Tribal council has recently reactivated the Fund in order to pursue certain kinds of funding and to provide a place for some of the activities of the Samish Nation.

The current Samish Tribal Council will function as the Samish Preservation Fund Board. We have elected the following officers: President Chris DeKay, Vice-president and Treasurer Dee Branson, and Secretary Janet Castilleja

The Samish Institute has been placed under the Samish Preservation Fund for administrative purposes. We have created the Samish Institute Advisory Board to will help direct the activities of the Samish Institute. Currently, this committee consists of Board members Ken Hansen and Janet Castilleja, Staff member Russell Barsh and President Chris DeKay as an ex-officio member. We are in the process of looking for interested Tribal and community members who would be willing to serve on this board.

Language Project: The Samish Indian Nation is currently engaged in a project that we hope will allow us to reclaim the Samish language. Several native Samish speakers have been identified, and a committee is currently working with them to develop a Samish language base.

MOU with Skagit County: The Samish Indian Nation has entered into a memorandum of agreement with Skagit County. This agreement will allow us to put the Lake Campbell land into trust, as well as potential other properties in Skagit County. We will now be able to begin the process of allowing construction of homes on the Lake Campbell property. This is a huge step for the Samish Nation.

Treasurer Dee Branson, Vice Chairman Tom Wooten, and Chairman Ken Hansen and Skagit County Commisioners entering into an MOU with Skagit County.



SEPTEMBER 2004 COUNCIL HIGHLIGHTS

Fund-raiser for Patty Murray: The Samish Indian Nation does a certain amount of lobbying, both locally and in Washington D.C. because we need legislative support in both locations. We hope that this will affect us positively. Therefore, we have planned a fund-raiser for Senator Patty Murray on September 18, 2004. Certain other tribes will be invited to participate.

Chairman Ken Hansen giving Senator Patty Murray the gift of a Pendleton Blanket from the Samish Indian Nation in support of her campaign.



Health Care Funding: Due to increase in the cost of health care as well as inadequate funding from the Federal government, changes in the way the health care is delivered to Samish tribal members have had to be developed. Tribal members should have received details of these changes. These are decisions that have been very difficult to make. The Samish Tribal Council remains committed to providing members with the best health care that we possibly can.

Resolutions: The Samish Tribal Council has recently approved several resolutions:

- Funds for political donations and lobbying efforts.
- Funds to support a group of Native American runners who came through our area.
- Design and purchase of Samish flags
- Revisions to the existing Liquor Ordinance
- Approval of a settlement agreement with Skagit County regarding the use of the Lake Campbell property.

Ordinances: The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. Currently, the Council is revising the Personnel, Housing and Committee Policies. We are also developing policies for the use, protection and development of Tribal lands.

Lake Campbell Property: The twenty-six lots on the homeland have been surveyed. The Tribal Council is in the process of developing guidelines for development of those lots. We hope to begin development within the next few months.

Other Activities: The Samish Tribal council continues to be involved with activities pertaining to sustaining the environments of the Samish aboriginal area, as well as supporting and participating in cultural activities such as the Canoe Journey.

Service Delivery Area: The Samish Indian Nation has successfully negotiated with the Bureau of Indian Affairs to develop a Service Delivery Area consisting of Skagit, Whatcom, Island, San Juan and Snohomish Counties. This will allow us to negotiate to obtain contracts with the BIA to provide certain essential services to Samish Tribal members, including funds for education, general assistance and administrative support.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities, issues and problems arise almost daily, so we always have plenty to work on.

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Caralee Arneson	Robert Barr	Brenton Barrett	Lloyd Barrett
Lyle Barrett	Lisa Bleeck	Shelly Black	Tessa Bramwell
Dylan Breslin	Lacey Brunner	Lena Daniels	Theodore Estrada
Barbara Faulkner	Mellissa Hagen	Heidi Hawkins	Theo Hawkins Jr.
Dena Haynes	Debra Higgins	Patricia Kavanaugh	Joey King
Mikaela King	Shannon King	Stephanie King	Kenneth Lemmon
Johnathan Long	Verna Long	Winnifred Marchand	Ryan McCary
Thomas Metcalf	Brandon Miller	Jenny Miller	Peter Miller
Jenny Miller	Penny Perez	Ronnie Prine	Sandra Powers
Darlene Smith	Jo-Anne Smith	Wesley Smith	William Steele
Ada Torres	Marvin Underwood	Carol Washington	Bernie Wills
Bridget Wilson	Tucker Wilson	Norman Underwood Jr.	
Ralph Underwood Jr.	Simone Underwood		

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

ENVIRONMENTAL PROGRAM

Environmental Program Director Christine Woodward



This has been a busy few months for us. In August, we moved our office to the RV Park Clubhouse. The view is nice and it allows us to keep an eye on all of the work that is being done at the RV Park these days. We issued a permit to fill in the waterwheel pond at the RV Park. The mosquitoes were very bad in this area this year and by filling this in and clearing some of the brush near this area, the problem has been fixed. Many happier campers at these spots now.

Some land clearing at the park and on the spit has also occurred. The land clearing was part of an archeological project that the Coast Salish Institute was working on. By clearing the undergrowth, the students and archeologist were able to dig test pits at relevant locations. Scotch broom was removed from the spit along with many ivy vines. There is much left! A pathway was made to each of the abandoned houses that have been slated for future removal. At several council members' request, some of the native vegetation was left intact. Our program continues to keep the protection of the Tribal resources first and foremost in our endeavors.



MISSING BOOKS

The following books are missing from the library! If anyone knows where they are please let us know:

Big Book of Indian Beadwork Designs	Kay Bennett
Dream Catchers – Myths & History	Julie Black
Carving Totem Poles & Masks	Alan Bridgewater
Awakening Spirits	Tom Brown
Daughters of Copper Woman	Anne Cameron
The Indians of Puget Sound	George Castile
Indian Legends of the Pacific Northwest	Ella Clark
North American Indian Motifs – CD-ROM	Dover Publications
Beads to Buckskin Vol.5	Peggy Henry
Coyote & Rock (Cassette)	Vi Hilbert
Words of Power – Voices of Indians	Norbert Hill Jr.
Ghost Voices: Yakama Indian Myths	Donald Hines
Northwest Coast Indian Art	Bill Holm
Handbook of Native American Herbs	Alma Hutchens
Myths & Legends of the Pacific Northwest	Katharine Judson
Internet for Dummies	John Levine
Encyclopedia of Native American Healing	William Lyon
Ninstints- Haida World Heritage Site	George McDonald
Lushootseed Culture and the Shamanic Odyssey	Jay Miller
Medicinal Plants of the Pacific Northwest	Michael Moore
Native American Stories (Video)	Johnny Moses
Fall Medicine Songs (audio)	Johnny Moses
Winter Medicine Songs (audio)	Johnny Moses
Spring Medicine Songs (audio)	Johnny Moses
Summer Medicine Songs (audio)	Johnny Moses
Medicine Path (audio)	Johnny Moses
Red Cedar Circle – Fire Circle Songs (audio)	Johnny Moses
The Great Canoes	David Neel
The Wisdom of the Native Americans	Kent Nerburn
The Eagle's Song (kids)	Rodana's
Alice Bay Cookbook	Julie Rousseau
The Chilkat Dancing Blanket	Cheryl Samuel
The Gathering Stones for the Medicine Wheel	Gregory Scofield
Northwest Native Arts: Creative Colors	Robert Stanley
Northwest Native Arts: Creative Colors 2	Robert Stanley
Looking at Indian Art of the Northwest	Hillary Stewart
Coast Salish Essays - 2COPIES	Wayne Suttles
Herbs That Heal	Michael Weiner
Kwulasulwut- Stories from the Coast Salish	Ellen White
How to Do Beadwork	Mary White

Please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106

TRIBE RECRUITING FOSTER FAMILIES

Historically, there have been a disproportionate number of removals of Native American children from their homes and placement of those children outside their families, tribes, and culture. Significant social problems have resulted with this arbitrary relocation.

Please make a difference in the life of tribal children! To preserve the cultural heritage of our youth, and prevent their unwarranted removal from families and tribal affiliations, it is necessary to provide homes for those who are in need.

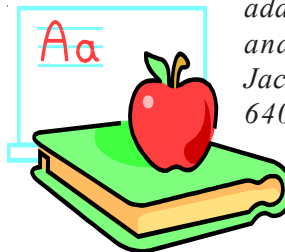
To inquire about fostering a child, and to seek training and support as a foster parent, please contact Keeley Titus at (360) 293-6404 or toll free at (800) 365-9062 at extension 114 or e-mail her at ktitus@samishtribe.nsn.us. We are waiting for your call.

BACK TO SCHOOL GIFT CARDS

This year the Samish Tribal Council has provided a generous donation to support the Samish ***Back to School Support Program*** for all of our school age Samish children between the ages of 5-18, wherever they live.

Gift cards from Wal-Mart were purchased with the donation and were sent based on the current enrollment records.

If your child did not receive the gift card, please check with Jan in the enrollment office to make sure she has your current address in our system and contact Barbara Jackson at (360) 293-6404 or toll free at (800) 365-9062 at extension 127



WELCOME OUR NEW EMPLOYEE SCOTT RUTHERFORD

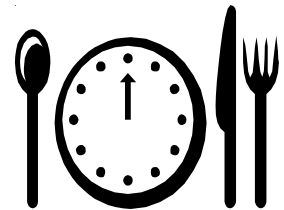


Scott is the new Food Service Manager at the Samish Indian Nation Longhouse kitchen in Anacortes. He is responsible for cooking lunches for our Elder's lunch program and our preschool children. Scott has worked in the food industry for over 13 years and brings a wealth of knowledge to the team. The food is fantastic, so come by and have lunch with us!

If you have a question about our Elder's lunch program, please feel free to call him at (360) 293-6404 or toll free at (800) 365-9062 at extension 212 or e-mail him at srutherford@samishtribe.nsn.us

ELDERS LUNCH PROGRAM

The Elder's Nutrition Program is offered Monday to Thursday at noon. This program celebrates birthdays, beading classes, and meals shared with friends. Native Americans over the age of 45 and spouses regardless of age are eligible to participate in the Elder Nutrition Program. Contributions are appreciated. Those who are not Native American are eligible to participate in the Elder Nutrition Program for a \$3.00 contribution per meal or class.



NOVEMBER 2004

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 Chicken Caesar Wraps Steak Fries Mixed Veggies Fruit	2 Pot Roast Green Salad Rolls Fruit	3 Chicken Quesadillas Spanish Rice Corn Fruit	4 Soup and Sandwiches Potato Salad Fruit
8 Beef Stew Biscuits Green Salad Fruit	9 Chicken Skewers Black Beans Peas & Onions Fruit	10 Oven Baked Cod Scalloped Potatoes Broccoli Fruit	11 Pork Roast Risotto Mixed Veggies Fruit
15 Turkey & Ham Wraps Baked Potato Salad Corn Fruit	16 Chicken Parmesan Mixed Veggies Pasta Salad Fruit	17 Homemade Pot Roast with Veggies Green Salad Fruit	18 Pork Chops, Cod, & Salmon Scalloped Pots Carrots Jell-O
22 Chicken Fried Steaks/Gravy Mashed Potatoes String Peas Rolls	23 Breaded Salmon Fillet Asparagus Corn Bread Fruit	24 Chicken Stir Fry Pork Fried Rice Spinich Salad Fruit	25 Homemade Beef Stew with Veggies Green Salad Biscuits

ELDERS ACTIVITIES FOR OCTOBER AND NOVEMBER

Monday Lunch at 12:00pm
Tuesday Lunch at 12:00pm
Wednesday Lunch at 12:00pm
 Beading Class at 10:00am
Thursday Lunch at 12:00pm
Friday Massages at 9:00am by appointment



Foot clinic is available for Tribal members with diabetics every last Tuesday of the month from 1:00pm to 3:00pm

Every month the Elders go on a field trip to a museum or to another Tribe for a luncheon and entertainment, we will normally leave around 9.00am.

Please call Rita Louis for more information at (360) 293-6404 extension 118 or toll free at (800) 365-9062 or e-mail her at rlouis@samishtribe.nsn.us for more information.

TRIBAL VICTIMS ASSISTANCE

We were recently awarded a new grant that provides us with access to a multitude of victim's services as well as the opportunity to learn from other tribal programs that have existed for many years. The TVA grant allows us to assist with repairing locks, doors, and windows in emergency situations as a result of a crime. We are also able to connect tribal victims with local food banks, shelters and clothing pantries as well as assist with completing protection orders and court documentation. Some examples of crimes that are eligible for services are:

- | | | | |
|---|----------------------------|---|-----------------------|
| * | Elder Abuse | * | Dating Violence |
| * | Child Abuse | * | Burglary/Robbery |
| * | Sexual assault | * | Vandalism |
| * | Stalking and strangulation | * | Domestic violence |
| * | Bullying in Schools | * | Gang-related activity |

On a larger scale the state of Washington and Federal government are able to provide a multitude of resources including victim compensation for loss resulting from a crime. We can assist with referrals as well. The Social Services Department is looking for volunteers to be advocates in their area. Information will be provided to those interested in becoming a victim's advocate in their community.

If you are interested, please call Keeley Titus at (360) 293-6404 extension 114 or toll free at (800) 365-9062 or e-mail her at ktitus@samishtribe.nsn.us.

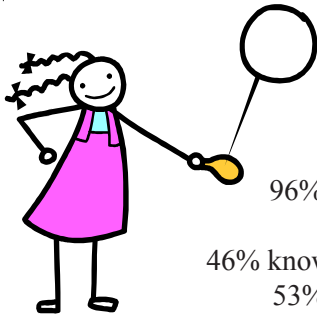
LIHEAP WEATHERIZATION

The Low Income Heating & Energy Assistance Program (LIHEAP) funds can help you to pay for weatherization of Samish members homes or rented homes. Funds from this project help to keep you warm in the winter and cool in the summer. In addition, this contract will pay for the material to weatherize your home, although labor costs are the responsibility of the homeowner or renter.

If you are interested, please call Charlotte Dick at (360) 293-6404 extension 129 or toll free at (800) 365-9062 or e-mail her at cdick@samishtribe.nsn.us.

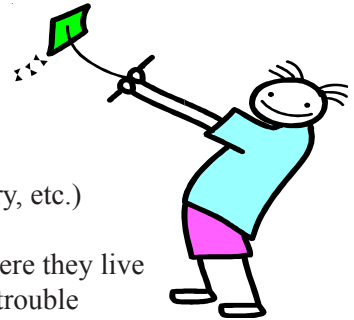
WHAT DID OUR YOUTH SAY?

The Samish Prevention program was awarded a contract from the Office of Juvenile Justice and Delinquency Programs, Department of Justice with the goal of addressing the limited information that the Social Services staff had about our tribal youth. The intent was to learn about the strengths and concerns of our youth. At the end of April 2004 we mailed out 112 youth surveys with a copy of the questions to the parent(s) of the youth as well as a Parent Consent form. The responses were interesting and will be useful as we continue to design our program services.



COMMUNITY

- 64% know somebody who does drugs
- 46% say it is easy to get drugs in their area
- 25% say there are gangs where they live
- 96% say there are things to do in their area (sports, library, etc.)
- 7% live in an area where homes are run down
- 46% know somebody who has been beat up and/or robbed where they live
- 53% have themselves or have friends who have been in trouble



SCHOOL

- 69% like school
- 100% have friends at school
- 96% get along with their teachers
- 93% say they are good students
- 71% are involved in school activities



FAMILY

- 79% argue with their parents
- 93% do chores at home
- 96% have a good relationship with their parents
- 96% do things and go places with their family

Through this information we concluded that the majority of the Samish youth that responded do well in school, have friends, get average to above average grades and have positive relationships with their teachers. In their community more than half know someone who does drugs and have themselves been in trouble or have friends who have been in trouble. The vast majority live in communities where there are constructive activities available such as sports and places to learn such as libraries. Not quite half say that drugs are easily accessible and have witnessed violence. Very few live in impoverished areas where gangs are highly visible. Within the family the youth generally argue with their parents but get along, feel supported and are involved in family activities and responsibilities.

CONTACT US

If you have any questions regarding this survey or if you would like a copy of the full survey results in various fields please contact Jennifer Paddock at (360) 293- 6404 or toll free at (800) 365-9062 extension 131 or e-mail her at jpaddock@samishtribe.nsn.us



WELCOME OUR NEW EMPLOYEE KEELEY TITUS



Keeley is the Family Preservation, Child Protection, and Victim Assistance Specialist. She has extensive experience providing crisis intervention services with youth and families. She can help you access services if your family is experiencing a crisis or if your children have critical needs which are not being met. In the event you are a victim of a crime, or are in a violent relationship, she can assist you in ways like safety planning, temporary emergency shelter, and legal advocacy.

Keeley is actively seeking volunteers interested in donating their time to assist other Samish members. Anyone who would be interested in learning more about fostering Indian children, providing victim assistance for our members, or mentoring our youth, please call her.

If you have a question about our Family Preservation and Child Protection program, please feel free to call Keeley Titus at (360) 293-6404 or toll free at (800) 365-9062 at extension 114 or e-mail her at ktitus@samishtribe.nsn.us

DOMESTIC VIOLENCE AWARENESS MONTH

According to Sacred Circle, a National Native American Resource Center to end violence against women:

- * Native American women were victimized by an intimate partner higher than those for all other females
- * The rate of violent victimization of Native Americans is about 2 times that experienced by African Americans, 2 ½ times that sustained by Whites, and 4 ½ times that experienced by Asian Americans;
- * The stalking rate is so high against Native American women that 17% will be stalked in their lifetimes.

Violence against women is not traditional. Support actions that promote sovereignty and safety for women. If you or a loved one is a victim of relationship or dating violence, we are here to help you.

If you have a question about Domestic Violence Awareness Month, please feel free to call Keeley Titus at (360) 293-6404 or toll free at (800) 365-9062 at extension 114 or e-mail her at ktitus@samishtribe.nsn.us

CHANGE IN SERVICE AREA

The service area designation for the Samish Indian Tribe which is recognized as eligible to receive services from the United States Federal Government Bureau of Indian Affairs (BIA) has been established. This service area designation becomes effective September 30, 2004. The Samish Indian Tribe is authorized to extend financial assistance and social services to eligible tribal members and other eligible Indians who reside within the areas designated. These areas include the counties of Whatcom, Skagit, Snohomish, Island, and San Juan in the State of Washington.

CONTRACT HEALTH PROGRAM UPDATES

PHARMACY CHANGES

Effective July 1, 2004 all of your long term (longer than 1 month) medications must be ordered through the Bellegrove Pharmacy mail order program (800) 446-2123. Short term medications (less than one month) can be obtained at your local pharmacy. You are required to utilize generic medications if they are available. Brand name drugs (that have generic equivalents available) can only be dispensed if your physician submits documentation to Bellegrove showing that **generics have been tried and did not work**. As before, medicine available 'over-the-counter' cannot be covered by Contract Health.



Clients with Group Health insurance

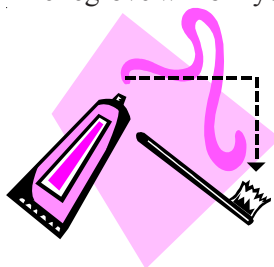
If your Group Health Plan requires you to use only Group Health Pharmacies, you will not be able to use Bellegrove Pharmacy. You will need to get your meds at the Group Health Pharmacy, pay your co-payments, and submit the receipt to NWPS for reimbursement (forms available upon request from Joanne or Renee)

Clients with other primary insurance

Bellegrove will bill your primary insurance, and will write off the co-payment.

DENTAL CHANGES

Dental coverage has ended June 30, 2004. We can help you locate Tribal Dental facilities in your county that you can use at no cost. Lab fees and referrals to specialists from the tribal clinic can be covered up to \$ 500.



REMINDER

You must call in advance to pre-authorize all medical appointments. In an emergency, you should first seek medical care, and then you must call us within 72 hours.

If you have any questions please contact Joanne or Rene at (360) 293-6404 or toll free at (800) 365-9062 at extension 125 or 126.

SAVE THIS DATE!!

The first annual Diabetes Gathering will be on Saturday November 13, 2004 at the Fidalgo Bay RV Resort Clubhouse. All tribal members with the diagnosis of Diabetes, their family, friends and care givers are invited to attend. All those who want to know more about Diabetes care, treatment and prevention are also welcome, whether or not you have a Diabetes diagnosis. The Gathering starts at 10:00am and is scheduled to run until 2:00pm. Lunch will be provided. Knowledge is power. Let's gather together and learn ways to stay healthy living with Diabetes.

Please RSVP to Frances Straus, RN at (360) 293-6404 or toll free at (800) 365-9062 extension 224 or e-mail her at fstaus@samishtribe.nsn.us

DIABETES CARE

Diabetes is a chronic disease that affects the way our bodies use the energy we get from food. Native Americans are at higher risk of developing Diabetes. New studies have shown that Diabetes can be controlled or prevented by lifestyle changes and medications.

FRIENDSHIP HOUSE DONATIONS

Reminder that when you stay in hotels while at meetings or vacationing please pick up those little shampoos, soaps, etc. I will take them over to Friendship House, the homeless shelter here in Skagit County. Thanks you for all you have donated in the past...when I take the toiletries to Friendship House, they are appreciated greatly.

*Please mail them attention to: Contract Health
P.O. Box 919 Anacortes, WA 98221*

MEMORIES OF TRIBAL JOURNEY 2004

The Samish Canoe Family proudly sponsored two canoes this year, our cedar canoe, X'echnginglh, and our fiberglass canoe, Eshes. Visitors from Bella Coola joined our group for Cold Water Rescue training on July 25 (see photo in which we purposely rolled the canoe to practice righting it again), the day before we met up with Lummi and Swinomish Canoes on a historic venture through our common ancestral homelands, the San Juan Islands.

The journey took us to Lopez Island, San Juan Island, Saanitch, Tulalip, Duncan, Kuper Island and Chemainus.

The Canoe Family met again on August 29, 2004; to share memories, and plan for next year. Some of the highlights of the 2004 Journey included spending quality time getting to know our Swinomish and Lummi relations as the three tribes traveled together through the islands; our young people practiced hard and shared dances at the potlatches along the way; and three new songs gifted our paddlers.



Here's what our 13 year old Samish Tribal member Ethan Matthews had to say about the journey to Chemainus, B.C.:



Ethan mugging in front of the Swinomish canoe family on the ferry ride back home.

Dear Readers,

The canoe journey changed my life because when I use to hear my mom talk about all the canoe journeys and culture days I thought it was stupid. Then I went on the canoe journey and realized why she loved all the tradition and everything so much. I learned about my other culture, the one that they don't teach in school. I met a lot of interesting people on the canoe journey and can't wait to go next year.

Sincerely,
Ethan Matthews

FIRST TIME HOMEBUYERS WORKSHOP

Home. A place of your own. Don't those words bring a smile to your face? Everyone needs a place of rest and comfort. A place to build memories and create new dreams. More than just a house – a home.

Come and join Laura Magi, Housing Assistant for the Samish Indian Nation and Jennifer Hoines from USDA, for this informative, yet fun, First Time Home Buyer's Workshop. The workshop will be held in the Council Chamber's in the Administration Building on November 20, 2004 from 10 AM – 3 PM.

We will provide a workbook for you, along with insights on the ease of owning your first home. Come and join us for this informative and fun workshop! Advanced registration is required.

We have received applications from Indian Health Service for Individual Site Sanitation Facilities. These applications will cover upgrades for: Septic Tanks, Drain Fields, Alternative On-Site Waste Disposal Systems, Individual Well, Well Pump with Pressure Tank, and Community Water Service Connections. Need more information? I would be happy to send an application to you!



CONTACT US

If you have any questions about the Rental Assistance Program, Down Payment Assistance Program, Home Repair Program, or the Rental Units, please contact Laura Magi at (360) 293-6404 or toll free at (800) 365-9062 extension 115 or e-mail her at lmagi@samishtribe.nsn.us.

APARTMENT FOR RENT



We have a three bedroom unit for rent located next to the Lake Campbell Housing Project. The unit has a wonderful view of Lake Campbell. The rent for this unit is based on family composition and household income. To be eligible to rent this unit, you must qualify for a three bedroom unit and meet all of the requirements of our housing policy.

If you are interested in renting this unit and completing an application, please contact Laura Magi at (360)293-6406 or toll free (800)365-9062 extension 115 or e-mail her at lmagi@samishtribe.nsn.us.

CENTER FOR THE STUDY OF COAST SALISH ENVIRONMENTS

The Samish Stewards completed a second summer of full-time field research, one step closer to their university science degrees and future work as Samish scientists! They surveyed the Fidalgo Bay RV Park for archaeological resources, and collaborated with University of Washington professor Julie Stein on a 10-day study of the Watmough Bay shell midden. They learned to do topographic surveying with our new Total Station laser equipment, which can log thousands of "shots" with pinpoint accuracy, and made maps of Samish Island shorelines. Stewards also accompanied geologist Jonathan Hughes to Waldron Island where they cored two ancient peat bogs and recovered an unbroken 8-foot-long record of seeds and pollen extending back to the last Ice Age. They earned extra cash for our laboratory by digging a trench through the bottom of Cayou Lagoon for geologist Jim Johannessen, sampling bedded clays left behind by the glaciers.

Samish Stewards developed lab skills as well. They spent a week learning basics of DNA amplification and sequencing with Dr. Paul Moran at the Northwest Fisheries Science Center in Seattle; experimented with our new soil-and-water chemistry kits; and installed an electronic weather station at our research garden near Lake Campbell. Three local varieties of camas are now planted there, and a self-regulating greenhouse will be installed this month.

In the spirit of our mission, *science for stewardship*, the Stewards rounded out the summer by constructing an artificial reef for native Olympia oysters on Samish tidelands at Weaverling Spit: the first of its kind in Puget Sound. This fall, we will plant Olympia oysters on five private tideland sites in the San Juan Islands as part of our continued role as a leader in Olympia oyster research and restoration.



Building a native Olympia oyster reef in Fidalgo Bay. Research center project manager Elsa Carlisle and Samish Stewards Sarah Johnson and Marco Hatch.

Summer was not all work: the Stewards built a sparkling silver salmon float for the Samish Island Fourth of July parade, and organized an educational exhibit and salmon barbecue at the Second Annual Samish Bay Bivalve Bash at Oyster Creek, sponsored by Taylor Shellfish and the Skagit Conservation Education Alliance. More than 500 salmon dinners were sold.

In other news, the research center is now a partner in the cabin cruiser Iawana, a twin-engine cabin cruiser with room for a crew of eight with gear, providing us with the mobility we need for our work in the islands. BLM has asked us to collaborate with them in restoring the Coast Salish camas meadows of Iceberg Point, an important cultural site on Lopez Island. Our collaboration with Washington Trout and the U.S. Army Corps of Engineers to survey salmon habitat in the San Juan Islands has completed its first year of research, identifying and mapping more than five miles of salmonid stream habitat on Orcas Island alone; this project will expand to Lopez Island in 2005, supplemented by a grant from the National Fish and Wildlife Foundation for Orcas Island stream restoration activities. We also expect to launch a two-year, \$140,000 study of juvenile salmon use of San Juan County beaches and near shore areas in January 2005, with State support. We will present results from our Waldron Island studies to a National Science Foundation meeting in Washington D.C.

SAMISH 2004 ELECTION ISSUE

Federal, State Candidates and Initiatives

October 2004

PLEASE VOTE NOV. 2ND



Senator Patty Murray addresses Samish and Quileute Tribal Councils

In this issue:

Campaign 2004 is here! Please read
our recommendations inside!

LETTER FROM Chairman Ken Hansen

Dear Tribal Members, Family members, Friends, and Employees of the Samish Indian Nation:

This upcoming election is one of the most crucial that I have seen in my life, and it is one of critical importance for the long-term health of the Tribal Government.

Indian Tribes have a rough time of it with the Bureau of Indian Affairs, especially the Samish. The Bush Administration seems to offer little hope for any improvement with that agency.

In the State of Washington, Tim Eyman again looks to make headlines and money...this time at our expense. Initiative 892 would add 18,000 new slot machines at up to 2,600 locations. Simply put, all card rooms, bowling alleys, bars, taverns, and any establishment with a gambling license would have up to 125 slot machine per license.

For the Samish, this would likely mean the end of our ability to lease machines from the large casinos where we currently have permits. It would mean the loss of all hard monies, and a return to suffering at the hands of the BIA.

The gains made in Olympia and Washington D.C. would be lost, and the ability to maintain critical services would be endangered.

Let me be especially blunt: This is the fourth year the Tribes have been fighting to keep their gaming compacts with the State of Washington intact. The folks who run these mini-casinos hired Tim Eyman to run this initiative did so because of his impressive winning record. We should take this initiative seriously and defeat it soundly. Hopefully, the "voice of the people" will calm down our legislators' passion for expanding gambling.

Please read this issue carefully: I have asked our lobbyist and other staff to carefully review the various candidates, and make recommendations for all of you to consider. We also have some inserted information regarding the initiative campaigns, and I ask all of you to please vote in this election.

We cannot succeed if we do not try to influence this process. I hope all of you will read the voter's pamphlet from the State of Washington. I hope this newsletter can also be of some help.

Again, I thank you for your attention to this matter, and I hope all of you are well.

Kenneth C. Hansen

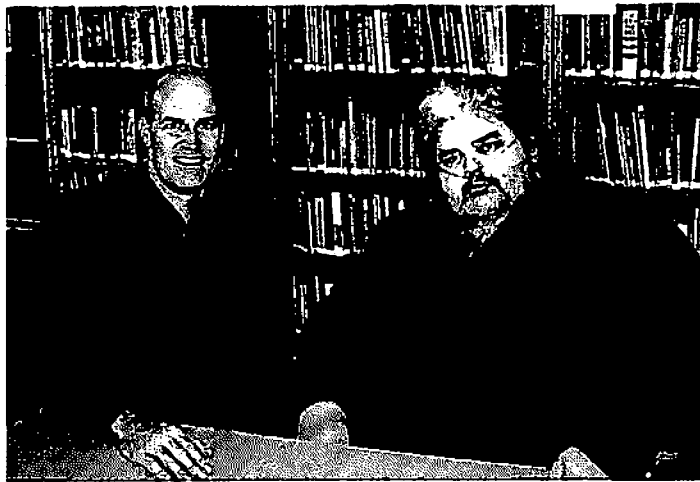
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FEDERAL ELECTION ENDORSEMENTS



Chairman Ken Hansen meets with Congressman Rick Larsen

• Picture by Nicole Herman •

US PRESIDENT & VICE PRESIDENT:

John Kerry & John Edwards

US Senate: Patty Murray

US Congress: By District

1st Congressional District: Jay Inslee

2nd Congressional District: Rick Larsen

3rd Congressional District: No recommendation.

Brian Baird has opposed the Cowlitz Tribe in their land into trust application at La Center.

4th Congressional District: No Recommendation

5th Congressional District: Don Barbieri

6th Congressional District: Norm Dicks

7th Congressional District: Jim McDermott

8th Congressional District: No recommendation

9th Congressional District: Adam Smith

WASHINGTON STATE LEGISLATIVE ENDORSEMENTS

04 State Legislative Races to Watch (Endorsements in Bold)

Senate: Rosemary McAuliffe versus Jason Bontrager:

semary is in a real fight for her seat. She has been a supporter of the Tribes on a variety of issues, please support her.

Senate: This is the election to replace Dino Rossi in the 5th Legislative District, which is Issaquah and parts of eastern King County. appointed House member Cheryl Pfulg (Republican) is fighting Democrat Kathy Huckabay. This race is becoming too close to call.

Senate: Brad Benson won a contested GOP Primary and is facing Laurie Dolan, who narrowly lost this contest to Jim West in 2002. While the edge is to the Republicans, the Democrats think they can pull an upset. This race leans Democratic as of October 7th.

6th Senate: Senate Incumbent **Mary Margaret Haugen** (Democrat) faces a strong challenge in April Lynne Axthelm (Republican). Senator Haugen represents parts of Fidalgo Island and Skagit County. She has been a friend of the Tribe.

7th House: In Nancy Conard, the Democrats have a chance to pick up a vacant seat now that Barry Sehlin has retired. Conard (Democrat), the Mayor of Coupeville, faces Chris Strow. Conard has visited with the Samish Tribal Council and is supportive of our issues.

8th Senate: Incumbent **Dan Swecker** (Republican) is the State Senate's strongest voice for the Tribes in the Republican Caucus. He is worth keeping. He faces former Senate Security Guard Chuck Bojarski (Democrat).

9th Senate: Incumbent **Jim Kastama** (Democrat) faces stiff opposition from Edgewood City Councilwoman Rose Hill (Republican). While Kastama has received a lot of criticism regarding the state's primary election, the criticism is unfair, and his support of Tribal issues still merits our support.

15th House: First-term incumbent **Dawn Morrell** (Democrat) is facing Michelle Smith (Republican). Morrell has been very supportive of Tribes, especially on issues of Health Care.

10th House: Democrat incumbent **Mark Miloscia** has worked hard on issues of accountability and fiscal responsibility in state government. As a member of the House State Government Committee, he has become a student on State-Tribal relations. He has been supportive on all issues of the Tribe. He faces Republican Tony Moore, who failed two years ago to win a state senate seat in the same district.

10th Senate: Democrat **Harriet Spanel** is the Senate Democratic Caucus Chair. She has been a friend of the Tribe on a variety of issues. She faces Republican Gerald Baron, a local businessman.

10th House: We have trouble supporting the two house incumbents (Quall and Morris) given their support for expanding off-reservation gambling. They should know better. Both Morris and Quall are unopposed in this election.

14th House: Speaker Pro-Tem **John Lovick** (Democrat) has been a strong supporter of Samish issues in Olympia. He faces GOP candidate Stephen E. West, a Boeing engineer. Lovick has a strong record in Olympia.

17th House: Republican **Jack Cairnes** has provided crucial votes for the Tribe on compacts, tax issues, and economic development. He is a strong friend in the House Republican Caucus and is worthy of our support.

WASHINGTON STATE-WIDE CANDIDATE ENDORSEMENTS

Statewide Elected Officials and Judiciary: (Endorsements in Bold)

Governor: Christine Gregoire (D) Gregoire, the State's current Attorney General, has committed herself to supporting the state's Tribes in any way she can. She is opposed to any further expansion of gambling. Dino Rossi has refused a contribution from the Samish Tribe, as well as other Indian Tribes.

Lt. Governor: Brad Owen (D): The Lt. Governor serves as the presiding officer of the Washington State Senate. Owen's rulings are conservative, and have withstood Supreme Court review. There is no alternative to Brad Owen.

Secretary of State: Sam Reed (R) Sam Reed's opponent is Laura Ruderman (Democrat), a State Representative from Redmond. Ruderman was the State House of Representatives' most ardent supporter of off-reservation gambling. Reed is a moderate Republican who was Thurston County Auditor for 12 years.

Attorney General: Rob McKenna (R): Rob McKenna has served on the King County Council for 12 years. This endorsement is one that is difficult because the Democratic opponent is Deborah Senn, who is philosophically and emotionally supportive of Tribes. Senn, however, was an administrative disaster who could not run a two-car funeral. During the primary campaign, the U.S. Chamber of Commerce paid for a series of very tough TV ads against Senn. The sad part was all the information was true. The Chamber played poorly with its disclosure, and Senn was able to squeak by proclaiming herself as the victim. Senn would be a disaster as AG. Remember, the AG is the State's lawyer, running a 600-lawyer firm for the State of Washington, not a caped crusader. McKenna is a safer bet.

State Treasurer: Mike Murphy (D): Murphy returns for a 3rd term, He is a good administrator who watches the State's credit rating very well. He faces no significant opposition.

State Auditor: Brian Sonntag (D): Sonntag asks for a 4th term, and is probably the hardest working elected official in terms of serving the taxpayer. He runs the best agency in State Government, and has raised the bar in each term of his service. It is sad he has a convicted felon for a GOP opponent.

Insurance Commissioner: Mike Kreidler (D): Kreidler has done a good job repairing the damage left by Deborah Senn in her stormy eight years at the helm. He faces no serious opposition and should be returned to office.

Commissioner of Public Lands: Doug Sutherland (R): The Democratic opponent is State Representative Mike Cooper. Cooper could be a strong advocate for the Tribes, but Sutherland has proven experience in Tribal relations as Pierce County Executive and in his four years as Commissioner. Sutherland is a better choice.

Superintendent of Public Instruction (NP): Incumbent Terry Bergeson versus former SPI Judith Billings. No Recommendation both candidates have served as SPI, and neither have strong records regarding helping Indian Tribes.

Statewide Judicial Races:

Position #1 Mary Kay Becker versus Jim Johnson. Johnson has staked his 30-year legal career fighting Indian Tribes, and has shown no sense of balance for the voters if he were elected.

Position #6 Richard Sanders versus Terry Sebring. Sanders' considerable support among a variety of political sources across the spectrum indicates that he is in nobody's pocket. A strict constitutional constructionist, he would do a better job of protecting Indian sovereignty than Sebring, a career Pierce County judge and political adviser to former Governor Booth Gardner.

WASHINGTON STATE INITIATIVE ENDORSEMENTS

INITIATIVE MEASURE 872

Elections for partisan offices

OFFICIAL BALLOT TITLE

Initiative Measure No. 872 concerns elections for partisan offices.

This measure would allow voters to select among all candidates in a primary. Ballots would indicate candidates' party preference. The two candidates receiving most votes advance to the general election, regardless of party.

Should this measure be enacted into law? Yes ☒ No ☐

INITIATIVE MEASURE 884

Dedicating funds designated for educational purposes

OFFICIAL BALLOT TITLE

Initiative Measure No. 884 concerns dedicating funds designated for educational purposes.

This measure would create an education trust fund for smaller classes, extended learning programs, certain salary increases, preschool access, and expanded college enrollments and scholarships, funded by increasing retail sales tax by 1%.

Should this measure be enacted into law? Yes ☒ No ☐

INITIATIVE MEASURE 892

Authorizing additional electronic scratch ticket machines

OFFICIAL BALLOT TITLE

Initiative Measure No. 892 concerns authorizing additional "electronic scratch ticket machines" to reduce property taxes.

This measure would authorize licensed non-tribal gambling establishments to operate the same type and number of machines as tribal governments, with a portion of tax revenue generated used to reduce state property taxes.

Should this measure be enacted into law? Yes ☐ No ☒

Please read letter from the Chairman on Page 2



SAMISH NEWS

December 2004



**Have a Safe and Happy Holiday Season
from the Samish Indian Nation's
Council Members and Administrative Staff**



**Goodwill and Sharing- Giving and Caring
This is the spirit of the Season
May your Heart be Warmed by the
Goodness of Christmas**



LETTERS

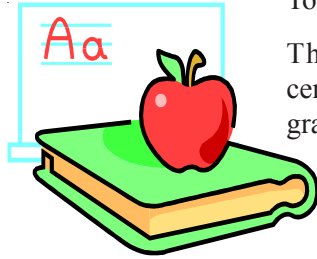
Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation
Attention:
Nicole Herman:
Newsletter

PO Box 217
Anacortes, WA
98221
e-mail:
nherman@
samishtribe.nsn.us
Local Phone
Number
(360) 293-6404
ext. 110
Toll Free Phone
Number
(800) 365-9062

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

BACK TO SCHOOL GIFT CARD BY Mike, Lisa, and Travis Hatch



To the Samish Indian Nation,

Thank you for the back to school gift certificate. It came in handy for the jump drive pen eighth graders need. Plus a new backpack and a few other things.

Barbara and Jennifer, your kindness was appreciated more than you know. Thank you!

HOUSING PROGRAM THANK YOU BY Stacie Smith

Dear Laura Magi and the Samish Housing Board,

Thank you so much for all of your help in obtaining my first home. I absolutely would not have been able to purchase my house without the assistance I received from the Samish Nation. I cannot tell you enough, the deep appreciation I have towards everyone involved. Thank you for your commitment in helping our people have better lives. My very sincerest thanks!



HOUSING PROGRAM THANK YOU BY Ed and Ruby Wilson

Rick and Laura,

Thank you for all your efforts for helping us with our housing. We truly appreciate all you have done.



THANK YOU FRED LEATHERWOOD

The Samish research center and Samish Stewards wish to thank Fred Leatherwood for his gifts of time, expertise, and plants for the establishment of our research garden at the Homeland, which we have decided to call Leatherwood Corner in his honor!

Fred also made and donated beautiful knit hats for giveaways. Thank you so much!!!

ISLAND VIEW THIRD GRADE FIELD TRIP

A field trip for the Island View 3rd Grade Class was arranged to enhance their studies of Northwest Indian Culture. Mrs. Perkins' class enjoyed treats of fresh fruit while they listened to wonderful stories shared by Leslie Eastwood. Rita Louis and Barbara Jackson then spoke of other Samish traditions. The children learned about the woolly dogs on Guemes Island, the weaving of Samish garments, gathering of food, and making nettle tea. To complete the sharing, a traditional Coast Salish song was sung for the children by Leslie Eastwood, Charlotte Dick, and Rita Louis.

When the children returned to the school, they spent the next few hours writing letters to the Samish Indian Nation for such a wonderful time. Following are some of the letters that were sent...

Dear Laura and Staff,

Thank you so much for your hospitality, stories, and songs when we visited the Samish building. We talked about how our visit was like a mini-potlatch. You were so generous to feed, entertain, and give us gifts. We've been enjoying the CD's in class.

With Gratitude,
Karen Perkins
Island View Third Grade Teacher



Dear Samish Nation,

On behalf of our class, thank you for teaching us about Northwest Coast Indians and for telling us about the story of the woman who holds the fish. We are very grateful for you showing and telling us about the Northwest Coast Indians. Thank you for singing a song, oh and one more thing...thank you for the gifts. I hope I can come back soon. Good bye.

Sincerely,
Brett

Dear Samish Indian Nation,

On behalf of our class thank you for letting us come for a field trip. I thought it was really neat that you could play the drums. I really liked that you had an outfit of an Indian. I loved it there.

Sincerely,
Gentry

Dear Mrs. Magi,

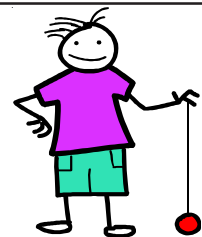
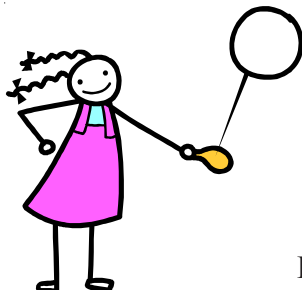
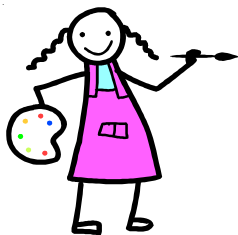
On behalf of our class thank you for arranging the field trip for us. We all had a lot of fun. I think the fruit was really yummy. It was cool to learn how long long houses are.

Sincerely,
Klarissa

Dear Mrs. Magi,

On behalf of our class thank you for setting up our field trip to the Samish Indian Nation. We really appreciated that very much. Thank you for the food and drinks. We really appreciated the beautiful song.

Sincerely,
Jenna



DECEMBER 2004 COUNCIL HIGHLIGHTS

By: Co-laht-su-sah Two, Jan Barrett Castilleja Samish Tribal Council Member



Economic Development: Through SAMCOR, the Tribe is exploring the possibility of developing an organic fertilizer. Funds have been allocated to determine the feasibility and to begin a business plan. The Fidalgo Bay RV Park continues in operation. Plans for increasing revenue from this enterprise are in effect. Next summer, plan to stay there! The lease of gaming permits continues to be a major source of revenue for the Tribe.

.....

RV Park Clubhouse Remodel: Plans are underway to remodel the RV Park Clubhouse. The remodel will allow the tribe to rent the Clubhouse for larger events. It would also provide space for some Tribal Administrative functions. This project has been started; it is funded through a grant.

Residential School Presentation: Tribal members Vic and Joyce Underwood and several others spoke of their experiences at residential schools. These schools had a very destructive effect on both individuals and the tribes. Their presentation was extremely informative and very powerful.

Samish Community Preservation Fund and Samish Institute: Larry Campbell is now working with the Institute as Coordinator of the NAGPRA Grant. We are very glad to have his experience and expertise in the vital area of cultural preservation.

The Samish Stewards attended a Tribal Council meeting to give us an update on their summer activities. These are some of their accomplishments:

- * The Interns did an archeological survey of Weaverling Spit to determine if archeological material is present. Some flakes and bones were found.
- * They did an investigation at Deer Harbor on Orcas Island to determine sediment depth.
- * At Waldron, the Interns took core samples of peat bogs to look for evidence of cultivation and disturbance of camas.
- * The interns investigated an archeological site on Lopez Island. They may work with the Bureau of Land Management to stabilize the beach.
- * The Interns planted native oysters at Weaverling Spit and also at 5-6 sites on Orcas Island to see if the population could be maintained. Native oysters have largely been replaced by Pacific oysters. Additionally, the Interns will be working on individual projects during the school year including the development of a camas garden to study genetic variation, and a DNA analysis of salmon bones found in the area.

EPA Green Power Partnership: The Samish Indian Nation has become the first Indian Tribe to join this partnership. This partnership emphasizes the Samish commitment to responsible stewardship of our aboriginal lands.

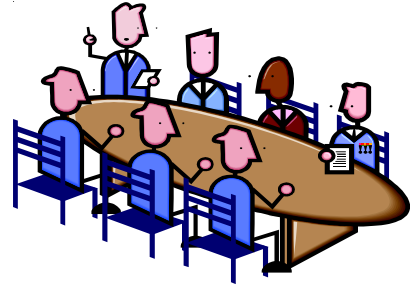


DECEMBER 2004 COUNCIL HIGHLIGHTS

By: Co-laht-su-sah Two, Jan Barrett Castilleja Samish Tribal Council Member

Committees and Boards: There has been some confusion about how Committees should operate. We are in the process of developing guideline for serving on Committees and we hope this will encourage more General Council participation.

Tim King has been added as member of the Appeals Board. He joins Brent Wooten, Mary Hansen (Honored Elder), Ronald Thompson and Wendy Hatch.



Lake Campbell Property: The Homeland is now in trust! Council has developed a survey to be given to members to try to determine who wants to live on the Homeland and how lots should be distributed. We hope to begin building out there very soon.

Service Delivery Area: The Samish Indian Nation now has a Service Delivery Area consisting of Skagit, Whatcom, Island, San Juan and Snohomish Counties. We hope this will help us to negotiate to obtain contracts with the BIA to provide certain essential services to Samish Tribal members, including funds for education, general assistance and administrative support. However, as usual, the BIA is dragging its feet.

Resolutions: The Samish Tribal Council has recently approved several resolutions:

- * Funds to send three Samish young people to Bella Coola for the installation of Billy Andy as the new hereditary chief
- * Funds to host an elder's luncheon for area tribes and for the purchase of salmon for the elders.
- * Funds for the demolition of old structures at Weaverling Spit
- * Funds to support the NAGPRA Grant
- * Approval to enter into the EPA Green Power Partnership
- * Approval of SAMCOR to act as the leasing agent for the Homeland

Ordinances: The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. Currently, the Council has adopted a Liquor Ordinance and is working on a Fuel Tax Ordinance. We have amended the Ethics Ordinance, the Personnel Ordinance to include a provision for Samish preference and the Committee Ordinance.



Other Activities: The Samish Tribal council continues to be involved with activities pertaining to sustaining the environments of the Samish aboriginal area, as well as supporting and participating in cultural activities such as the Canoe Journey.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities,, issues and problems arise almost daily, so we always have plenty to work on.

GENERAL COUNCIL PARTICIPATION ON COMMITTEES OR OTHER AREAS OF INTEREST



Message from our Samish Tribal Secretary, Chris De Kay

The Samish Council has worked on revising the Committee structure and how committees work with staff and council. Below you will find a short paragraph describing Administrative Departments that will probably have committees working with them. These committees have been basically in place for several years but have been reworked to work more efficiently with staff and council.

Other opportunities to share your expertise in the future could be to:

- * Serve on shorter term projects as input is needed
- * Become members of new committees when they are developed
- * Serve on an advisory board
- * Participate in ad hoc type of committee, which means there is a specific goal to accomplish in a specified time frame.



For actual standing committees, Council will appoint members for a 2-year term. At the end of your 2-year service you may choose to remain on that committee, be appointed to a different committee or not be on a committee at all. The official date of committee appointment is July 30 of each year, just after the Annual Meeting. Below you find a list of Samish current Standing Committees and Boards.

Currently we have a Committee which is called Health and Human Services. There is so much going on in the area that it has been recommended that the committee be broken down into 3 committees which are:



❖ **Education**

Promote educational programs that foster the preservation of Samish culture and instill a desire for lifelong learning in all Samish members.

❖ **Health**

Contract Health: to administer the Contract Health Services for Samish members

Public Health Nurse: provides health outreach and health education for individual, families, groups and the Samish community.

❖ **Social Services**

To empower families and individuals toward obtaining self-sufficiency by providing social services through the social work skills of caseworker, group work or community development to assist in solving the social problems of children, elderly and families.

The other current Standing Committees are:

❖ **Enrollment**

To provide for the development and maintenance of the tribal membership roll of the Samish Nation.

❖ **Environmental (Natural Resources)**

To preserve, protect and enhance all natural resources within the Samish historical and cultural territory.

GENERAL COUNCIL PARTICIPATION ON COMMITTEES OR OTHER AREAS OF INTEREST

❖ **Housing**

Provides decent, safe and sanitary housing for Tribal members.

❖ **Personnel**

To provide an equal opportunity to all employees, within the bounds of Indian preference as defined in the Personnel Ordinance and to recruit, hire and maintain the most competent people for the tribal work force.



❖ **Culture**

Makes recommendations to Tribal Council regarding Tribally sponsored cultural events and activities, seeks appropriate guidance related to traditional teachings and spiritual matters and plans for meaningful community member involvement in cultural preservation and restoration

The Boards currently in place have been appointed by council and as members are added to the Boards council will appoint them. The list of current Boards is below.

❖ **SamCor Board**

To promote economic development of the Samish Nation and to enable Samish to achieve self-sufficiency and promote economic support for members.

❖ **Appeals Board**

To provide a forum for tribal members to appeal administrative decision of the Tribal Administration.

❖ **Election Board**

To provide for elections as specified in the Samish Constitution

Right now we know of several areas that we will be tackling within the next 12 months and we could use help and input from you. These may be in the form of Standing Committees, ad-hoc committees, advisory boards or short-term projects.

Judicial Commission, ICW Advisory Committee, Johnson O'Malley Parent Committee, Tax Ordinance Development and Implementation, Law and Order Codes, Law Enforcement Development, Treatment as a State for EPA, Shoreline Management Plan, Permitting Structure and Rates, Job Pool implementation for nonadministrative jobs, Assumption of Realty Functions, TANF, Health Policies for Direct Care Implementation, Elders Program Development and Implementation, Review and Evaluate Strategic Energy Programs, Indian Education

Head Start – needs a community representative.

Please review this information, think about in what areas you will be willing to give input and let us know how and where you would like to serve using your areas of experience, expertise and interest. There will be different needs arising in the years to come and we will try to keep you informed and involved as much as you would like to be, but we do need to know who would like to participate with staff and council.

If you have any questions please contact Chris De Kay, Tribal Council Secretary by e-mail at cdekay@samishtribe.nsn.us or mail her at P.O. Box 161 Anacortes, WA 98221

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Robert Barr	Brenton Barrett	Lloyd Barrett	Lyle Barrett
Shelly Black	Lisa Bleeck	Tessa Bramwell	Lacey Brunner
Lena Daniels	Miranda Daniels	Brandon Dick	Charlotte Dick
Chrstopher Dick	Matthew Dick	Theodore Estrada	Barbara Faulkner
Kimberly George	Mellissa Hagen	Heidi Hawkins	Theo Hawkins Jr.
Debra Higgins	Gordon Jack	Darlene Kavanaugh	Archie King
Joey King	Shannon King	Stephanie King	Verna Long
Winnifred Marchand	Charlotte MacDonald	Ryan McCary	Jenny Miller
Peter Miller	Savanna Orcutt	Penny Perez	Ronnie Prine
Darlene Smith	Jo-Anne Smith	Wesley Smith	William Steele
Jason Strand	Ada Torres	Marvin Underwood	Carol Washington
Bernie Wills	Bridget Wilson	Tucker Wilson	Norman Underwood Jr.
Ralph Underwood Jr.	Simone Underwood		

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

IMPORTANT ENROLLMENT NEWS

As of November 2003, the enrollment staff is requesting that only the new applications be used. These can be down loaded from the web site or requested from the office. If we receive an old one then it will be sent back with a new one to fill out. Sorry for any inconvenience but we are trying to get things organized so data is easier to retrieve. Please be sure to fill out ALL the questions, as well as the family tree, or they will be sent back to the applicant for completion. Remember that the applications must be filled out in black or blue ink; anything else is not legal. The application must also include \$15.00 for the application fee or a request for a fee waiver. Attention all members who received requests for applications, birth certificates and updates. Please get those documents in to us as soon as possible. Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. When it comes to an address change then we need a copy of a bill, a copy of your driver's license with that change, rental document or etc., we can no longer take this information over the phone – we must have a valid home residence, we will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it. I have been having problems with not getting everyone's address changes correct – If you change your address and it affects your children's address, then please let me know who they are so theirs may be changed as well. Sorry but I can't always remember "who goes with who". Thank you for your help. Jan Flagg, Enrollment Clerk

If you have any questions please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

FIRST TIME HOMEBUYER'S WORKSHOP



Angela Arellano (with Lola), Nicole Sherwood (with Kaiden), Peggy Morgan, Daniel Lee, Debbie Romaszka, Jennifer Hoines, Jenna Strand, Judith Kennedy

The 1st Time Homebuyer's Workshop was a huge success! Joining the Samish Tribal Members and the Samish Indian Nation Housing Department was USDA's Rural Development staff: Jennifer Hoines, Daniel Lee, and Judith Kennedy. Everyone that attended the workshop is receiving a certificate issued from the Washington State Housing Finance Commission. This certification can be used as a ticket into the Washington State Housing Finance Commission's Loan Program or can be an added plus to the Rural Development Loan Program. All of the loan programs that are available are user friendly, once this course is under your belt!

This is what Nicole Sherwood had to say about the class, "Laura, I just wanted to say Thank You for inviting me to the first homebuyer's class. I had a great time and got a chance to learn new things and get some questions answered that I had. I have to say that it was one

of the best workshops that I have attended. So, again; thank you so much for inviting me to this FUN workshop, now I can get started on my future goals, which includes purchasing a home. I would recommend this to everyone who desires that same goal.

To sign up for our next scheduled class, call the Samish Indian Nation Housing Department at (360)293-6404 ext. 115 or toll free (800)365-9062 ext. 115. We hope to see you there!

APARTMENT FOR RENT

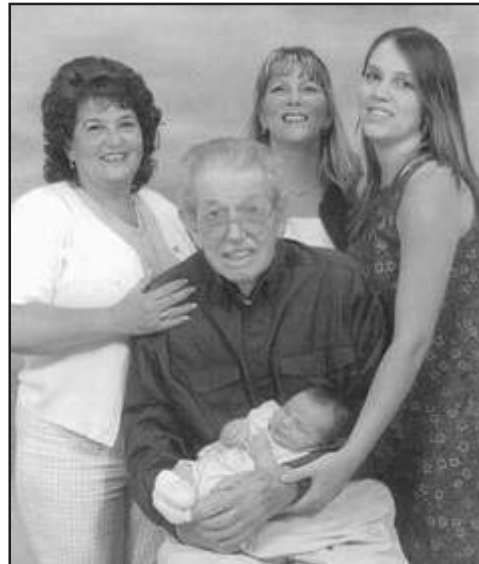


We have a three bedroom unit for rent located next to the Lake Campbell Housing Project. The unit has a wonderful view of Lake Campbell. The rent for this unit is based on family com-

position and household income. To be eligible to rent this unit, you must qualify for a three bedroom unit and meet all of the requirements of our housing policy.

If you are interested in renting this unit and completing an application, please contact Laura Magi at (369)293-6406 or toll free (800)365-9062 extension 115 or e-mail her at lmagi@samishtribe.nsn.us.

FIVE GENERATIONS OF SAMISH



Sandy Lankhaar, Debbie Romaszka, Nicole Sherwood, Don Leatherwood, and Kaiden Sivo

EPA GREEN POWER PARTNERSHIP



On October 25, 2004, The Samish Indian Nation became the first Native American Tribe to join the EPA Green Power Partnership. Recognizing both the economic and environmental risks of dependence on fossil fuels and other conventional energy sources, the Tribe is implementing a long term sustainable energy strategy starting with a commitment to obtain at least 10% of their electricity from renewable energy sources within the next year.

This work is being completed through a grant from the Department of Energy that was originally written by Nicole Herman. Earlier this year, the Environmental Program became the recipient of fulfilling the requirements of this grant. Through this grant, an energy audit has been performed, which is included below, that shows energy usage for all Tribal buildings including the Fidalgo Bay RV Park. We will use this information to look at the possibility of using renewable energy sources to lower electric consumption and the reliance on fossil fuels. As a beginning, through a rebate from Puget Sound Energy, new energy saving lighting will be replacing old fluorescent lighting in the Longhouse and Administration building.

In order to identify the base line use of electricity, the Environmental Department has collected the bills for propane, natural gas and electricity for nearly 30 separate meters and accounts on Tribal property. For electrical usage this data has been collected for a 12 month period between September 2003 and August 2004 and has been established as the base line electricity usage profile.

Annual Tribal electricity usage totals nearly 700 MWHrs (approximately equivalent to 75 average homes) at a cost of over \$50,000. Usage is dominated by operations at the RV Park.

The total environmental impact of all these sources can probably never be fully measured; however, the EPA and others including the Washington State Office of Community Trade and Economic Development have worked hard to identify the air pollution impacts and make the data available.

As a result, the estimated impact of Samish's 695,000 Million KWHrs of electricity from Puget Sound Energy in 2003 was the following:

Greenhouse Gases (CO ₂)	705,446 lbs
Nitrogen Oxides (NO _x)	1,224 lbs
Sulfur Dioxide (SO ₂)	654 lbs

For most people it is hard to put these figures into a useful reference. One attempt to make the figures more tangible is to equate the output to equivalent numbers of cars on the road. The average American car produces approximately 11,450 pounds of CO₂ per year. Using this estimator, Samish CO₂ is equal to 61 cars on the road for a year.

Another reference point offered by the EPA is that planting 1.35 acres of trees is estimated to absorb 10,000 pounds of CO₂ per year. In this measurement, we would need 70 acres of trees to absorb this CO₂ production per year.

NATIONAL DRUNK AND DRUGGED DRIVING PREVENTION MONTH

The holiday season is the busiest travel time on our nation's roads, and without a doubt the deadliest. The incidence of alcohol and drug-related fatalities is one of the leading causes of death among the Native population. Most of us consider drinking and driving to be a personal threat to our safety and that of our families. To promote safety and prevent drunk driving crashes this holiday season, we ask that you join us in MADD's (Mothers Against Drunk Driving) 2004 *Tie one on for Safety* campaign. By tying a red ribbon on your vehicle antennae, you will remind others of the importance of driving safe and sober. Red ribbons are available in the lobby of the Samish Administration Office, so

please stop by for yours. Red ribbons are also available at your local MADD chapters or Mazda dealership. Some added suggestions for enjoying the holiday season responsibly include: Buckle your seat belt (in case of drunk drivers on the road); Be a responsible party host and provide alternate accommodations or transportation for your guests who are drinking; Designate a sober driver or make arrangements for a safe way home if your outing involves drinking alcohol.



FOSTER CARE ORIENTATION COMING UP

Thank you so much to those who have voiced an interest in fostering Native youth! We have heard from three families so far, who have room in their homes and their hearts for a child in need. We have scheduled a Foster Care Orientation Meeting Thursday, January 6th from 6-8 pm at Tribal Administration Office, in the Council Chambers. The purpose of the orientation is to review what is required for licensing and help those interested become prepared for a foster placement.

To inquire about fostering a child, and to seek training and support as a foster parent, please contact Keeley Titus with the Social Services Department at at (360) 293-6404 or toll free at (800) 365-9062 at extension 114 or e-mail her at ktitus@samishtribe.nsn.us.

ATTENTION PARENTS AND STUDENTS

We are interested in feedback on the WASL testing and cultural teachings in the Washington State School system.

Please contact Dee Branson at (360) 661-6335 or e-mail her at dbranson@samishtribe.nsn.us. Thank you! Dee Branson, Samish Tribal Council

REMINDER TO STUDENTS

To avoid any delay in processing your application for the next quarter or semester, grades must be turned in to the Education Office as soon as possible.

Please contact Barbara Jackson at (360) 293-6404 or toll free at (800) 365-9062 at extension 127 or e-mail her at bjackson@samishtribe.nsn.us.

BASIC FOOD NUTRITION THE SAMISH SCHELANGEN – WAY OF LIFE

Featured Berries: In the Samish language sè?liq^{w3}—pronounced s'chali kwlth means a wild berry of any kind.

Traditionally, Samish people kept themselves healthy by eating berries in season. Some of the berries found in Samish territory include black-berry, wild currant, blueberries, salmon berries, thimbleberries, gooseberry, and huckleberries. Berries were eaten fresh or dried. Dried berries were also added to winter soups to add flavor. Today people also preserve whole berries by freezing or canning.

CONTRACT HEALTH NEWS

THE BASIC HEALTH PLAN

During the month of October, we mailed out Basic Health Program Applications to any Samish members in our service area who were uninsured. The Basic Health Program is a state subsidized plan that allows the individual to buy comprehensive health insurance at a very affordable price. The premium cost is determined by the age of the client, the income of the family, and the county of residence. Premiums range from a low as \$17 per month

Basic Health was designed primarily for those people who are employed with modest income, whose employers do not offer insurance, or whose employer offer insurance that is too expensive for the employee to buy. Others who may benefit from Basic Health include early retirees who are not yet eligible for Medicare, self employed people, young adults in college or starting their careers. It is a wonderful opportunity to be more self-sufficient, have the security of good insurance coverage, and pay a very affordable price. If you sign up for Basic Health and obtain the insurance, CHS will still be able to pay your co-payments, deductible and coinsurance costs. We have application packets available, and would be happy to send one to you for consideration.

PHARMACY COVERAGE

Beginning in July 2004, Samish members with CHS coverage are required to use our mail-order provider, Bellegrove Pharmacy, for any long term or maintenance medications...that is, medications taken for longer than one month. Any long term meds purchased elsewhere will not be covered, and you will have to pay for them. (Note: the exception to this requirement is for Group Health clients who must obtain all their meds from Group Health pharmacies)

Short term meds, that is, those taken for less than one month, can still be purchased at your local pharmacy, and you will pay the cost or co-payment. The cost or co-payment will be reimbursed to you by Northwest Pharmacy Services, when you submit the receipt.



CURRENT INFORMATION

In order to best serve you, to process your claims properly, and assist you with your medical billing problems, we need to have your current insurance information, address and phone number.

If you have any questions please contact Joanne or Rene at (360) 293-6404 or toll free at (800) 365-9062 at extension 125 or 126. Thank you. Happy Holidays and be well.



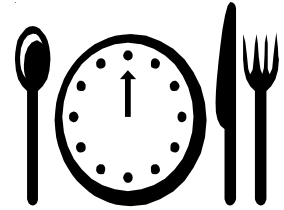
SAMISH INDIAN, SONJA GARNESS, TEEN USA, ALASKA, 2005

Sonja Garness is not only Miss Teen Alaska USA, but she is also a Tribal member of the Samish Indian Nation. Sonja is the granddaughter of Rene Archer, who is the Contract Health Administrative Specialist for the Samish Nation.

Sonja won the title of Teen USA, Alaska 2005. She will represent Alaska in the nationally televised pageant in August of 2005. The Teen USA pageant is owned by Donald Trump. It will be televised in August, but the date and location have not been disclosed/determined yet. Of course, Sonja is now 16 years old and will be 17 in January.....so she will be 17 at the time of the competition. According to the pageant chat forums, Sonja is a real front runner and a number of people have said they think "Teen Alaska" is going to win the whole pageant. Regardless, she is a real favorite for top five. Good Luck Sonja!

ELDERS LUNCH PROGRAM

The Elder's Nutrition Program is offered Monday to Thursday at noon. This program celebrates birthdays, beading classes, and meals shared with friends. Native Americans over the age of 45 and spouses regardless of age are eligible to participate in the Elder Nutrition Program. Contributions are appreciated. Those who are not Native American are eligible to participate in the Elder Nutrition Program for a \$3.00 contribution per meal or class.



JANUARY AND FEBRUARY 2005

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
10 Chili Feed Corn Bread Green Salad Fruit	11 Meat Loaf Roasted Pots and Gravy Peas and Onions Fruit	12 Turkey Ala King Steamed Rice Biscuits Fruit	13 Turkey & Ham Hoagies Potato Salad Veggie Salad Fruit
17 Meat & Cheese Ravioli Rolls Green Salad Fruit	18 Oven Roasted Turkey Mashed Potatoes Mixed Veggies Biscuits & Fruit	19 Spaghetti with Meat Sauce Garlic Bread Spinach Salad Fruit	20 Salisbury Steak Boiled Potatoes Mushroom Gravy Corn & Fruit
24 Chicken Fried Steak with Country Gravy Mashed Potatoes Biscuits & Fruit	25 Pizza Party Green Salad Mixed Veggies Fruit	26 Prime Rib Mashed Potatoes Zucchini Rolls & Fruit	27 Chinese Style Chicken Steamed Rice Mixed Peppers Fruit
31 Oven Baked Salmon Wild Rice Veggie Salad Fruit	1 Chicken Parmesan Risotto Mixed Veggies Fruit	2 Swiss Steaks Baked Potatoes Broccoli and Cauliflower Fruit	3 Chicken Fajitas Carrots & Broccoli Rice Pilaf Fruit
7 Build Your Own Taco Salad Garlic Bread Refried Beans Fruit	8 Corn Beef and Cabbage Boiled Potatoes Steamed Carrots Green Salad	9 Pot Roast Steak Fries Spinach Salad Fruit	10 Sweet and Sour Pork Wild Rice Mixed Veggies Fruit
14 Chicken Fried Steak & Gravy Mashed Potatoes Broccoli & Cauliflower Fruit	15 Oven Baked Chicken Wild Mushroom Risotto Corn on the Cob Fruit	16 Coconut Shrimp Rice Pilaf Carrots and Broccoli Fruit	17 Herb Sausage & Potatoes Mixed Veggies Biscuits Fruit
21 Make Your Own Chef Salad Broccoli Salad Garlic Bread Fruit	22 Soup and Sandwich Homemade Soup Deli Sandwich Potato Salad & Fruit	23 Chicken Stir Fry Steamed Rice Green Salad Fruit	24 Lasagna Garlic Bread Spinach Salad Fruit

NEWS FROM THE SAMISH RESEARCH AND ARCHIVES DEPARTMENT

Article Written by Megan Jones,
Research and Archives Director

It is with great pleasure that I introduce Jenna Strand, who joined the department in October as a Records Trainee. Jenna, who is a Samish tribal member, will be working part-time for the next year while she is completing her college program. We are fortunate to have such a dedicated, intelligent, and motivated individual for this position. Funding to pay her salary is from a grant to the Archives from the National Park Service Historic Preservation Program. Jenna's main task will be to create a catalog and make copies of the audiovisual materials in the archives – tasks that will greatly improve access and preservation of these valuable cultural materials. Funds provided by this grant will be used to purchase much-needed equipment for the archives.



Raena Ballantyne, Jenna Strand and Jan Flagg look over some of the collection for travel to EWU



Jad Landers packing the collection for travel to EWU



Preparing Collection for Travel to EWU

During the week of November 15 -19th The Samish Tribal Archives hosted a team who cleaned and cataloged items recovered from an archaeological dig on the West side of Decatur Island, which was first recorded in a UW survey in 1947. This site became in the line of the Bonneville Power Administration cable route, and then there was a succession of activity over the next 50 years. The most recent activity was CenturyTell laying a fiber optic cable from Fidalgo Island, passing through the site on Decatur Island, then splitting in many directions at Lopez Island. During the last five years archaeologists from Eastern Washington University conducted excavations at the Decatur Island site. The past spring and summer CenturyTell hired a consultant company, CH2MHILL, to conduct the recent continuation of the dig. Items ranging from wood and shell fragments to projectile points, as well as stone beads and other forms of personal adornment were recovered between May 18 – 26th. These artifacts – after literally being buried under water for over 3000 years – were allowed to dry out until they could be properly cleaned and cataloged. The team was overseen by CH2MHILL employees Jim Bard, the senior technologist and principle investigator, and Raena Ballantyne, cultural resource specialist. Two Samish youths Melissa Walker and Tyrone Mcleod, along with Samish friend Jad Landers, were hired to help clean and catalog the artifacts which will now go to EWU for analysis. Once they've been processed the Samish will then be able to bring many of these historically significant artifacts home. We invite you to stop by the archives for a visit – we are located in one of the duplex units behind the main administration building.

CENTER FOR THE STUDY OF COAST SALISH ENVIRONMENTS

After more than two years of engagement with the regional offices of the Bureau of Land Management, the Center is forging an agreement for cooperative research and restoration activities on Iceberg Point, a relatively undisturbed place of great natural beauty as well as historical and cultural significance for Samish and for present-day residents of Lopez Island. One of the richest traditional Samish reef-net fisheries was at Iceberg Point, and our 2003 reconnaissance of the area found evidence that the landscape had been cleared (by frequent burning) to maintain meadows and open “parkland” forests for camas and deer. BLM field scientists and the Center toured the area together this fall, and agreed to collaborate in an effort to bring the landscape back closer to its condition 150 years ago, using a combination of hand-clearing, mowing, and controlled burning. The Center will be responsible for the overall design of these activities, and carrying out research on how well they work. A preliminary study of variations in soils and plant communities around the more than 30-acre BLM preserve is underway, with a view to beginning some of the clearing activities in the spring. Efforts are also already underway to involve community groups on Lopez Island in the project, which we hope will not only protect an important piece of Samish history, but also help bring Samish people and Lopez residents together as neighbors. In addition, the Center has requested a “conservation lease” of the marine areas surrounding Iceberg Point from the State, under a new program announced by the Commissioner of Public Lands in November. This will enable us to protect marine life as well as the forests and meadows that once sustained many, many Samish families!



An aerial view of Iceberg Point, where the Center will conduct research on traditional land management practices in cooperation with BLM.

SALES TAX EXEMPTION

Samish Tribal members may be able to take advantage of the exemption from sales tax on vehicles and other property they buy. There is a lot of information at <http://dor.wa.gov> go to “quick Clicks”, the item called “Indian Issues: Doing business in “Indian Country” then go to related links—there are links to:

Exemption form for Vehicles Sold to Tribal Members
Public Utility Tax Exemptions
Indian Tax Guide

FLU VACCINE AVAILABLE!

We understand that people are concerned about the flu vaccine shortages. We have received a small number of doses and will be following the most current CDC guidelines for distributing these to tribal members as follows:

- * Age 50 and above
- * Adult diagnosed with a chronic disease
- * Pregnant women
- * Health care workers
- * Caretaker of someone with a chronic disease

Please contact Frances Straus at (369)293-6406 or toll free (800)365-9062 extension 224 or e-mail her at fstraus@samishtribe.nsn.us.

**Samish Indian Nation
P.O. Box 217, 2918 Commercial Avenue
Anacortes, WA 98221
(360) 293-6404**

SAMISH INDIAN NATION

SAMISH NEWS

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Herman

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

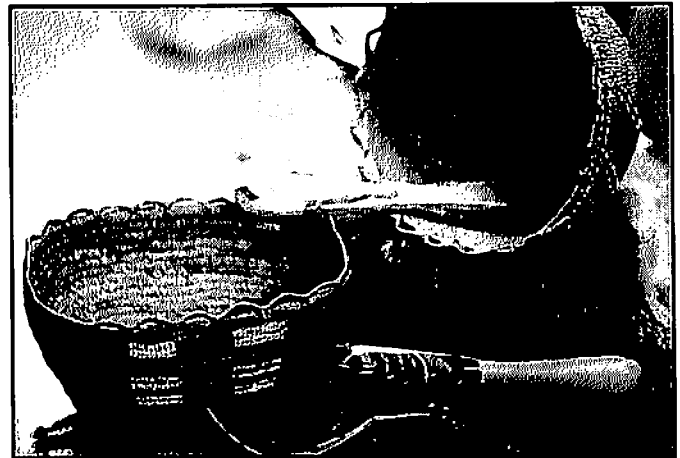
Please note:
Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

IMPORTANCE OF SAMISH ARCHIVES

Notes from the archives
by Records Trainee
Jenna Strand

As part of my position as Records Trainee I am preparing a catalog of the photographs in the Samish Archives. All of these photographs present a visual history of past Samish events and are a very important contribution. We are able to offer a safe and secure facility to house items of historical and cultural significance and greatly appreciate any donations from individuals to continue building this resource.

Any information about an item that can be documented makes the item that much more valuable and historically significant. For example, if you have photos of an event that Samish attended it is helpful to include what the event was, where it took place and when, who attended, and try and identify any individuals in the photos if possible. However, writing on the photos can damage the images so we request that it is done on a separate piece of paper. For artifacts, information on where and



The baskets and the cedar spoons were made by Mary Jane McCarty in the late 1800's. She was the daughter of Xaumeci and Tlwina'itsiluth of the Guemes Village. They are resting on a Beaver hide owned by Jan Flagg, Enrollment Clerk.

when the object was found, and the history of who has kept and cared for the artifact can be very helpful. This allows Archival staff to make that donation a better record of history for all of our future reference.

We want to encourage each Samish member to help us record the current history of the tribe, as well as assure you that historical objects will be properly cared for. If you have significant artifacts, photos or documents of Samish members and events from the past or present, we want to encourage you to share them with us. We

now have the technology to photograph and document these items even if you prefer to keep them in your family's care so they can be added to the history of our great Nation and other members can learn from and observe them.

If you have any questions please contact Jenna Strand at (360) 293-6404 or toll free at (800) 365-9062 at extension 119

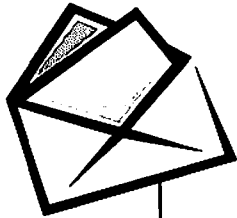
LETTERS TO THE EDITOR

THANK YOU TO SOCIAL SERVICES DEPARTMENT

Dearest Jennifer,
Samish Indian Nation
Social Services,

Again, thank you so much for all you did for my mom during her passing. You are very good person, loving and caring.

Linda



Samish Indian Nation,

We want to thank you for the \$50.00 at Christmas time as it we really appreciated. Wishing all of you a very happy New Year!

Sincerely,
Lawrence and Ethan
Thompson

To the Tribal Council and
Social Service Staff.

I would like to thank you for the check I received in the mail. It is very much appreciated.

I am wishing for you and your families a very Happy Holiday and best wishes for 2005.

Sincerely,
Nadine Hall

COUNCIL

I would just like to acknowledge a great big Thank you to all the Staff at Samish Indian Nation for the great job they do. We as a Tribe are growing by leaps and bounds. Just when Council figures out how to work together we have to add on and make room. That is the reason for such a change in various committees. Health alone covers so many areas. Did anyone ever guess we would get to be this big and getting bigger? Thanks to all Departments, not just Health although they do a heck of a job, but our Newsletter is being printed in a timely manner, our Human Resources has its own department, not to mention housing, land, roads, political representation, environment, preservation, wild life, I can not even list all the Departments. Did you know that we have also been working on our cemeteries and burial sites?

If you need any help in any way please do not hesitate to call the office.

I was very pleased that Health was able to furnish flu shots and there will be in this newsletter information on that subject. Mostly because prevention to various diseases is what keeps our people healthy. I also know that various remedies that our people had and used helped in many ways. I myself have been drinking Rose Hip tea which has helped me in the last two years to ward off very bad colds. (No bad cold for me this year, but my husband has had 3) You can make it your self (boiling wild rose berries and leaves) or look in the health food sections. I was told about this by Leslie Eastwood and then read about this same information in a book in our Library (Another department we have!) Barbara Jackson also has other herbs and infor-



mation on these herbs and how to use them, which maybe you would like printed up in future newsletters. (Another Department)?

So if you need any help in any way please do not hesitate to call the office. Please remember that our staff is doing a great job and will try to help you in any way and through our growth as a Tribe we are trying to make things better for our people, elderly and for our children.

Samish Administration Office
2918 Commercial Avenue, P.O. Box 217
Anacortes, WA 98221
(360) 293-6404

*Letters to the Editor reflect the opinions of the writer only
and are not statements of Tribal Policy*

SAMISH TRIBAL HEALTH CONCERNS

Samish Tribal Council,

I am very concerned about our health care. We had insurance for needed health care, which we now no longer have, due to financial reasons. I really feel health should be most important. I really don't like another tribe picking up the bill for us. We seem to have money for lots of other things that don't give to the tribe. Without the insurance we really don't have any benefits. Thank you.

Brie Keller

Samish Tribal Council and Samish Tribal members,

I have great concerns over the decisions being made over the much needed health care of our Tribal members. Health care should be number one priority with the tribe, health is most important. I also feel another Tribe, such as the Swinomish Tribe, covering the bill for the Samish is wrong. We seem to have plenty of money for land and an RV Park that Tribal members can't even use without a discount. I feel this should be looked into.

Ron Thompson

SAMISH 2004 CONSTITUTION CONCERNS

In 1951, we the Samish people started over with a new constitution and fresh minds. We were going to fulfill ours and our ancestors dreams of owning our own land and businesses and helping our Indian people out of poverty.

Now fifty four years later we have a tribal council whose view of our past and our people is handicapped by their youth.

I grew up in the Lummi and Yakima reservations in the heart of the depression years. Just like any mixed Indian and white blood.

Lots of the old ones spoke only Indian. I can not describe the financial suffering and discrimination those people put up with by both the white race and their own Indian teachers.

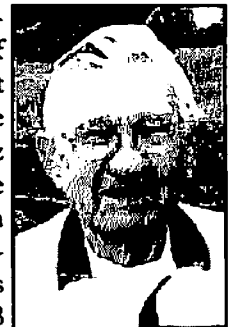
Our 2004 constitution path is leading that way.

Please join me, lets change our 2004 constitution. It's devastating.

Ed King

CLYDE LEMAISTER

Clyde Bernard LeMaister, 97, a resident of Anacortes and a member of the Samish Indian Nation, died at his home on March 10, 2005. He was born Feb. 26, 1908, on Lopez Island to Charles B. and Eva Jane LeMaister. The family lived on Center, Blakely and Cypress Islands before moving to Anacortes in about 1920. Clyde was a 1928 graduate of Anacortes High School.



He entered into a loving marriage with Jennie Senff in September of 1932. Clyde served his country faithfully in Germany in the U.S. Army from 1944 until his discharge in 1946. Clyde was one of the original shareholders in Anacortes Veneer. He worked as a tugboat operator until his retirement in 1973. A member of the Samish Indian Nation, he enjoyed many benefits and companionship from the tribe.

Clyde is survived by his family: a beloved older sister, Marguerite Hutchinson; a sister-in-law, Clara Bowel; a loving son and daughter in-law, Tim and Sally LeMaister; loving grandchildren Gina Hamilton and her husband Andy, and Sarah LeMaister; and great-grandchildren Laney and Cameron Hamilton; as well as numerous nieces, nephews, extended family and friends.

SAMISH ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Todd Bailey	Brenton Barrett	Lloyd Barrett	Lyle Barrett
Shelly Black	Lisa Bleeck	Lacey Brunner	Lena Daniels
Miranda Daniels	Theodore Estrada	Barbara Faulkner	Kimberly George
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Laura Hovland
Gordon Jack	Mary Kendall	Archie King	Corey King
Justin King	Mikaela King	Patricia King	Shannon King
Stephanie King	Verna Long	Robert Louis	Winnifred Marchand
Charlotte MacDonald	Jessica MacDonald	Kurtis MacDonald	Ryan McCary
Jenny Miller	Peter Miller	Savanna Orcutt	Ronnie Prine
Shawn Sherman	Darlene Smith	Jo-Anne Smith	Wesley Smith
William Steele	Jason Strand	Ada Torres	Marvin Underwood
Bernie Wills	Bridget Wilson	Tucker Wilson	Jeffery Wooten

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us



SAMISH INACTIVE LIST

THE FOLLOWING MEMBERS DO NOT HAVE ALL THE INFORMATION NEEDED IN THEIR FILES AND HAVE BEEN PLACED ON AN INACTIVE LIST:

Allan Barrett	Brian Barrett	James Barrett	Lloyd Barrett
Lyle Barrett	Valerie Barrett	Carol Blackington	Robert Blackington
Judith Caldwell	Patricia Eckmyre	Janice Elliott	Shauna George
Michael Guthrie	Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins
Andrew Eastwood	Sharon James	Shannon King	Stephanie King
Winnifred Marchand	Peter Miller	Allison Orsi	Stephanie Orsi
Lillian Ostberg	Shirley Parminter	Penny Perez	Judy Plaster
Pat Plaster	Sandra Powers	Alice Sam	Sandra Schroeder
Elmon Scott	Mark Steele	William Steele	Vonnie Stewart
Dorene Thomas	Madeline Thomas	Ceryl Underwood	Ralph Underwood
Simone Underwood	Wayne Van Schoick		

MISSING BOOKS

The following books are missing from the library! If anyone knows where they are please let us know:

You're a Genius, Blackboard Bear (kids)
Coast Salish-Their Art, Culture, & Legends
Big Book of Indian Beadwork Designs
Dream Catchers – Myths & History
Carving Totem Poles & Masks
Awakening Spirits
Daughters of Copper Woman
The Indians of Puget Sound
North American Indian Motifs
Argillite: Art of Haida
Learning By Doing
Beads to Buckskin Vol.5
Coyote & Rock (Cassette)
Words of Power – Voices of Indians
Northwest Coast Indian Art
Myths & Legends of the Pacific Northwest
Internet for Dummies
Encyclopedia of Native American Healing
Lushootseed Culture & the Shamanic Odyssey
Spirit Medicine
Medicinal Plants of the Pacific Northwest
Native American Stories (Video)
Fall Medicine Songs (audio)
Winter Medicine Songs (audio)
Spring Medicine Songs (audio)
Summer Medicine Songs (audio)
Medicine Path (audio)
Red Cedar Circle – Fire Circle Songs (audio)
The Great Canoes
The Wisdom of the Native Americans
The Eagle's Song (kids)
Alice Bay Cookbook
The Chilkat Dancing Blanket
The Gathering Stones for the Medicine Wheel
First American Art
Northwest Native Arts: Creative Colors
Northwest Native Arts: Creative Colors 2
Looking at Indian Art of the Northwest
Coast Salish Essays - 2COPIES
Herbs That Heal
How to Do Beadwork

Martha Alezander
Reg Ashwell
Kay Bennett
Julie Black
Alan Bridgewater
Tom Brown
Anne Cameron
George Castile
Dover Publications
Leslie Drew
Jim Gilbert
Peggy Henry
Vi Hilbert
Norbert Hill Jr.
Bill Holm
Katharine Judson
John Levine
William Lyon
Jay Miller
Wolf Moondance
Michael Moore
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
David Neel
Kent Nerburn
Rodana's
Julie Rousseau
Cheryl Samuel
Gregory Scofield
Smithsonian
Robert Stanley
Robert Stanley
Hillary Stewart
Wayne Suttles
Michael Weiner
Mary White



SCHOLARSHIPS

Student Video Scholarships

<http://www.christophers.org/vidcon2k.html>

BELL LABS FELLOWSHIPS FOR UNDER REPRESENTED MINORITIES

<http://www.belllabs.com/fellowships/CRFP/info.html>

Coca-Cola Two Year College Scholarships

<http://www.coca-colascholars.org/programs.html>

Gates Millennium Scholarships (major)

<http://www.gmssp.org/nominationmaterials/>

Xerox Scholarships for Students

http://www2.xerox.com/go/xrx/about_xerox/about_xerox_detail.jsp

Sports Scholarships and Internships

<http://www.ncaa.org/about/scholarships.html>

FinAid: The Smart Students Guide to Financial

Aid scholarships <http://www.finaid.org/>

Microsoft Scholarship Program

<http://www.microsoft.com/college/scholarships/minority.asp>

William Randolph Hearst Endowed Scholarship for Minority Students

<http://www.apsanet.org/PS/grants/aspen3.cfm>

FAFSA On The Web (Your Key Aid Form & Info)

<http://www.fafsa.ed.gov/>

BOEING scholarships

<http://www.boeing.com/companyoffices/educationrelations/scholarships>

A Special "Thanks" to Artis Thompson for his book donation. They noticed I was missing a certain book and had one by the same author so they donated it to the library. I'd also like to thank Leslie Anderson for all the naturalist articles she contributes to the library as well. Again - THANK YOU for thinking of our library. Jan Flagg, Tribal Librarian

NEW WALKING, BICYCLE PATH OPENS



Fidalgo Bay Resort staff and tribal members were on hand to help the City of Anacortes dedicate its new rails to trails project: the Tommy Thompson Pathway. Guest speakers included the Mayor of Anacortes, Dean Maxwell, County Commissioner, Don Munks and our Vice Chairman Tom Wooten. Food and refreshments were provided by the Fidalgo Bay RV Park and the Samish Nation. Tribal member Rosie James was on hand to make her famous fry-bread and marsh tea was also provided for the event by our tribe. The day's festivities were culminated at the ribbon cutting ceremony where tribal members sang an honoring song followed by the widow of Tommy Thompson cutting the ribbon thus opening the trail to the many residents of Anacortes

that had braved the weather to enjoy the moment and join in the festivities. The path runs from downtown Anacortes, starting on 11th Street and R Avenue out to the old trestle; the ultimate goal of the project is to eventually connect this pathway with the other Skagit County pathway systems. To make this happen the next phase in this project is to deck and handrail the old rail road trestle across the southeastern end of Fidalgo bay. This will require securing the necessary funding from grant sources, public and private donations.

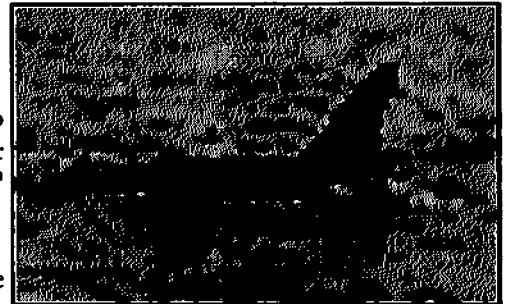
The Tommy Thompson Pathway is but another amenity that our park guests can take advantage of to access the beautiful water front of Fidalgo Bay and downtown Anacortes on foot or bicycle, without having to face the perils of automobile traffic. With the completion of the remodel and expansion of the resort's clubhouse and the completion of the Tommy Thompson Pathway, we will have a "first class location" to hold and enjoy this year's general membership meeting. Looking forward to seeing you all at the meeting or perhaps walking or cycling on the new pathway!

NEW ORCA BABIES SEEN IN PUGET SOUND POD

By Christopher Dunagan, Sun Staff: December 23, 2004

Picture by Maya Summermoon Sears, The Whale Museum

Two newborn killer whales are being welcomed into the J and K pods, two of the major Puget Sound orca groupings, according to whale researcher Mark Sears of Seattle. "They are pretty glued to their mothers right now," said Sears, who observed the J calf on Tuesday and the K calf Wednesday.



One mother is J-14, a 30-year-old female known as Samish, who is the granddaughter of J-2 and the great-niece of J-1, two of the oldest members of the Puget Sound pods. This is her third calf. The other mother is K-20, an 18-year-old female known as Spock, who was believed for many years to be a male because of her large dorsal fin. This is her first calf. Sears said the K calf was born late Tuesday or early Wednesday, whereas the J calf was born while the pod was outside Puget Sound the past three weeks. "Both of the calves are getting a lot of attention, surrounded by juveniles and other females," Sears said. Because of the large number of chum salmon in central and southern Puget Sound, the whales are not locked into their typical traveling or feeding patterns right now, he said.

In October, two other baby orcas were born to L Pod, which has not been sighted lately and may be gone from Puget Sound for winter travels up and down the coast. The Center for Whale Research reported that K-18, a 55-year-old female, was not seen this year and probably has died. Counting all four newborns and the one death, the population of the three pods now stands at 87 -- not including Luna, L-98, who is living alone in Nootka Sound in Canada, or Lolita, who is living in a Miami aquarium.

SAMISH DELEGATION TRAVELS TO NATION'S CAPITAL



A delegation of council members and tribal staff traveled to Washington D.C. to seek funding for the Tribes 638 contracts with the Bureau of Indian Affairs. The whirlwind trip was scheduled by our nation's lobbyist firm Ietan and Associates. The itinerary was set and time was at a premium. We met with our Washington State delegates. Congressman Rick Larsen was the first on the list. Our nation enjoys a closet relationship with the Congressman. Mr. Larsen agreed to help our Nation anyway he could. Mr. Larsen arranged a prompted meeting with Congressman Norm Dicks after our delegation met with Senator Patty Murray. Our next meeting was with Patricia Zell, the Minority staff for Senate Indian affairs.

After this, the delegation met with Joe Tahsuda the Majority staff for Senate Indian affairs. After these meetings our delegation met with Senator Maria Cantwell's staff person Amit Ronen. The message was the same at every meeting: Samish needs more money for the programs the BIA is responsible for. Not only will the BIA not fund Samish but have and continue to use every excuse not to deal with our Nation on these issues. The latest message from the BIA was a continued hard line, that being, due to budgetary constraints the BIA is unable and unwilling to provide the funding or provide these services to our Nation. The programs we are talking about are fundamental services that our tribe needs to provide or to ensure the BIA is providing to our membership. The following day the schedule was not as rigorous. Our delegation met with Mike Olsen, the Acting Deputy Secretary of the Interior. Once again the message from our delegation was the same, only this time the bureau was informed that our nation was seeking congressional action in the way of funding our much needed 638 contracted programs. The issue with this approach was and still is the reacquired funding language. It was suggested that if Congress could write in a legislative bill that the funding would be reacquiring, the BIA would not intervene or oppose our joint efforts with the Washington State delegation. The Washington delegation is to follow up with the budget process and with any luck Samish will be in next year's "06" budget with added funding for our 638 contracts. Thanks for your attention and more to come.

(My personal thoughts on our trip and efforts) After dealing with the BIA and all the other people in Washington D.C. it is hard not to become jaded, how the system works or should I say does not work. The bottom line is that things rarely come easy to or for Samish but through hard work and perseverance we will prevail.

Written by Samish Vice Chairman, Tom Wooten

SAMISH FAMILY DONATES HISTORICAL ARTIFACT TO ARCHIVES

For three generations the women of one Samish family --Farrell Pearce, Diane Pearce, and Jenna Strand -- have had and cared for a stone maul that Farrell's father gave to her. This object was traditionally used for woodworking much as a hammer would be today and was often used with a wedge to split off planks of cedar. They were constructed of a hard stone that would not chip, and the object would be polished using an oiled hide. This particular maul has a pointed top, known as a nipple top, and it is unknown whether or not this was merely for looks because no useful purpose has yet been found for this style. After enjoying this artifact within the family for generations, this Christmas, the family decided that they would donate it to the Archives so all Samish could see and appreciate this artifact. The family felt that because the archives are now capable of caring for such an artifact securely it was time to bring it home to the community. The Samish Archives and Council want to thank them for their generous gift, and assure them that we will protect it with the utmost care. (Background information on the maul can be found in Stone, Bone, Antler & Shell by Hilary Stewart and is available in the Tribal Library for reference and checkout)



ENVIRONMENTAL PROGRAM

In January, the Environmental Protection Agency (EPA) determined that, based on the documentation submitted, the Samish Indian Nation meets the criteria for "treatment in a manner similar as a state" (TAS) allowing participation in the Clean Water Act (CWA) Section 106, 314, and 319 programs. The approval is based on the review of the TAS application for these programs. EPA approved all portions of the documents submitted under Section 319 that *pertain to waters of a reservation*. This is interpreted to mean that the Samish Indian Nation may use CWA grant funds outside the Reservation or tribal trust lands if the eligible activity pertains to management of the waters within the Reservation or tribal trust lands, and this relationship is explained in the grant work plans. With this approval, the Samish Indian Nation is also eligible to receive funds under CWA Section 106. Our program has been working on TAS for about 4 years. This has been a great recognition.

The lighting rebate program is complete. Working with Puget Sound Energy, our program replaced 81 light fixtures at the Longhouse. The estimated kWh savings is about 8,766 with an annual savings of about \$588.00. A total of 52 fixtures were replaced at the Administration building with an annual kWh savings of 5,115 and savings of about \$343.00. All of the cost of the fixtures will be covered under the Puget Sound Energy lighting rebate program. We are working with PSE on the remodel of the clubhouse for energy efficient heating and cooling systems along with energy saving lighting fixtures. Rebate programs are also available for these ventures. The Environmental program will continue to monitor energy consumption at Tribal buildings including the RV Park..



CONTRACT HEALTH NEWS

Contact Us: Our toll free number is (800) 365-9062 ext 125 Joanne; ext 126 Renee. This phone number, and our fax number, is on the cover of the 2005 pocket calendar. Thank You! - - - Joanne and Renee

Uninsured clients: The Federal Regulations for Indian Health Service require that CHS funds can only be used when all other resources have been exhausted, and that failure to apply for other resources will make a person ineligible for CHS, even though they meet other eligibility criteria. To be in compliance with the federal regulations, letters have been sent to all currently uninsured clients (adults and children) advising them to apply for DSHS Medical Coupons. If the application is approved, we will need a copy of the coupon. If DSHS determines the client is not eligible for Medicaid coupons, we will need a copy of the letter of denial from DSHS. There has been some confusion about the reasons for this, and therefore the deadline to submit either coupons or a denial has been extended to April 30, 2005. Please contact Joanne or Renee for questions or more assistance.

Pre-authorizations: Remember, you must get a pre-approval for every office, lab, or x-ray visit. For emergency visits, you have 72 hours to notify us. For each service, we will need the name and phone number of the medical provider, the date of the visit, and the reason you

Medication: You must now get your long term medications from Bellegrove Mail Order Pharmacy (800) 446-2123). Your short-term meds can be purchased at your local pharmacy; you pay, and submit the receipt to Northwest Pharmacy Services to be reimbursed. We can provide you with forms for Bellegrove, or NWPS. There are a few exceptions: clients whose Group Health coverage only allows them to obtain their meds from Group Health, clients whose insurance requires they use a specific mail-order provider. Remember, you must use generics instead of brand name drugs, unless your doctor provides documentation that generics were tried and did not work.

Billing Problems: We have encountered many providers that do not do 'secondary billing'. (They will not bill us for the co-payment or co-insurance amount after they have received payment from your primary insurance.) In those cases, YOU must send us the copy of the Explanation of Benefits that you have received from your insurance company, as well as a claim form, which you can get from the providers office. We need both items in order to be able to pay. Ask you doctors staff if they do secondary billing; ask them if the lab or x-ray office they send you to does secondary billing. If you receive a bill from a medical provider, call and ask them if they have ALL of your coverage information, and also ask them if they will be doing the secondary billing. Do not assume that they have the information, or that a bill is being sent to us.

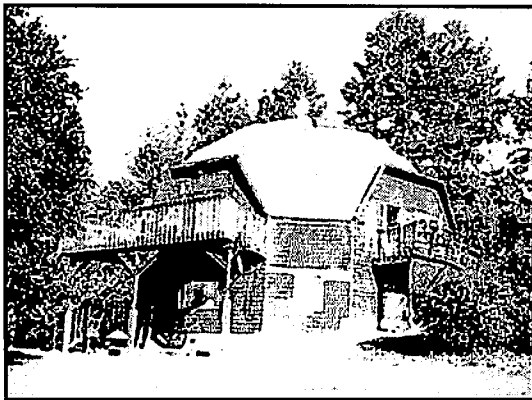
FIRST TIME HOMEBUYERS WORKSHOP

BECOMING A SUCCESSFUL HOMEOWNER

Home. A place of your own. Don't those words bring a smile to your face? Everyone needs a place of rest and comfort. A place to build memories and create new dreams. More than just a house – a home.

Come and join Laura Magi, Housing Assistant for the Samish Indian Nation and Jennifer Hoines from USDA, for this informative, yet fun, First Time Home Buyer's Workshop.

A workbook will be provided, along with lunch and snacks! The workshop is presented at no cost to you, but pre-registration is a must!



We have a three-bedroom unit for rent located next to the Lake Campbell Housing Project. The unit has a wonderful view of Lake Campbell. The rent for this unit is based on family composition and household income. To be eligible to rent this unit, you must qualify for a three bedroom unit and meet all of the requirements.

If you have any questions about the 1st Time Home Buyer's Workshop, Rental Assistance Program, Down Payment Assistance Program, Home Repair Program, or the available Rental Units, please call Laura Magi in the Housing Department at (360)293-6404 or toll free at (800)365-9062 extension 115. We look forward to hearing from you!



WHAT? First Time Homebuyers Workshop
WHEN? April 30, 2005
10:00 am to 3:00 pm
WHERE? Samish Administration
Office, Council Chambers
2918 Commercial Avenue
Anacortes, WA 98221

HOUSING NEWS

We have changed our look in the Rental Assistance Program! If you are under 62 years and meet the criteria for housing assistance, you will also be eligible for our First Time Home Buyer's Workshop! Need more information?

We have a "First Time Home Buyer's Workshop" that is scheduled for April 30, 2005. This is being partnered with USDA. We will provide a workbook for you, along with insights on the ease of owning your first home. Come and join us for this informative and fun workshop! Advanced registration is required.

We have received applications from Indian Health Service for Individual Site Sanitation Facilities. These applications will cover upgrades for Septic Tanks, Drain Fields, Alternative On-Site Waste Disposal Systems, Individual Well, Well Pump w/Pressure Tank, and Community Water Service Connections. Need more information? We would be happy to send an application to you!

SOCIAL SERVICES NEWS

YOUTH MENTORS NEEDED

Since the securing of federal funding to begin a mentoring program, the Tribe has been diligently searching for tribal members interested in being positive adult role model for our youth.

Many bodies of national research provide strong evidence that mentoring a child or youth has many positive and lasting affects on their lives. Mentors provide a range of activities for youth. These activities may include outings such as going to a park, taking a hike, going to a movie, riding bikes, going to the library, showing youth a sacred site, reading, helping with homework, taking a youth to the skate board park, roller skating, doing art work together, or sharing stories.

Youth who have mentors are:

more likely to finish high school than kids without mentors, less likely to use drugs or alcohol a first time, less likely to skip school, more likely to improve or maintain good grades, less likely

Be a pregnant teen or get another pregnant, less likely to run away, less likely to be in trouble with the law, and ore likely to have the ability to be a positive role model for younger kids

To be a mentor requires that you:

Commit to spend 4 to 6 hours a month to meet with your youth, be at least 21 years old, have a reliable vehicle or access to one in safe working condition, have no criminal history, be drug and alcohol free, complete the screening process, agree to a 1 year commitment to the program, reside in the Samish Service Area (Snohomish, Skagit, Whatcom, Island and San Juan counties), and agree to attend mentor training as required.



DRUG AND ALCOHOL SERVICES

The Social Service Department has a nationally and state certified Chemical Dependency Counselor on staff.

Some of the Signs of a Possible Drug or Alcohol Problem

- Trying to cut down on or to quit using some substance and failing.
- Using the substance while alone or hiding the evidence of use.
- Using the substance to forget about problems or worries.

Family, friends or teacher/employer expressing concern about substance use.

WANT TO QUIT SMOKING?

We offer Nicotine Quit Kits, free to Samish Tribal Members and staff who are committed to stopping their use of cigarettes and smokeless tobacco use.



Please contact our Social Services office for more information on how to receive a tobacco quit kit!

Samish Social Services Department
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
Phone: (360) 293-6404
Toll Free Phone: (800) 365-9062



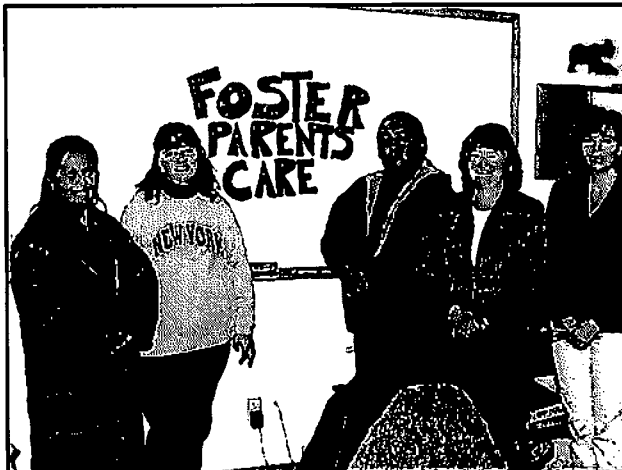
Jennifer Paddock extension 131
Keeley Titus and Judy Heinemann extension 114

FOSTER PARENT INFORMATION MEETING A SUCCESS!

On Thursday, February 17th, the Social Service Department hosted a presentation for tribal members interested in foster parenting for Native American children and youth.

Four members participated in the meeting which covered several introductory topics. These topics were:

- An overview of the State Foster Care System
- Common myths about foster parenting
- Common fears about foster parenting
- Licensing Requirements



Judy Heinemann, the presenter, has 24 years of experience in child welfare. She has overseen foster care programs in two large agencies. While directing programs at Northwest Youth Services, Judy stated that of the 25 children in care at the time she left there, 72% of the children (18) were Native American and not one resided in a Native American foster family. While great efforts are made to assist children with maintaining cultural and family ties, Judy explained that no other family can substitute for the child's Native American culture.

Most agencies struggle with recruiting Native American foster parents for a few major reasons. First, the state requires that all people receiving funds for foster parenting must meet the states Minimum Licensing Requirements. These requirements can appear lengthy, cumbersome to meet, and do not necessarily accommodate Native American cultural norms in child rearing and family living. Next, requirements include having to attend some training prior to getting licensed, and this can seem time consuming. Lastly, there is a fair amount of paperwork required, to go through the licensing process.

Judy emphasized to the group, that while it can seem overwhelming to go through all the hoops to get licensed, the Native American children are in great need of those who understand their unique needs and beliefs. She also assured the participants that there would be help from those involved in licensing them with all the paperwork and other requirements to make it as easy as possible.

LIHEAP WEATHERIZATION

The Low Income Heating & Energy Assistance Program (LIHEAP) funds can help you to pay for weatherization of Samish members homes or rented homes. Funds from this project help to keep you warm in the winter and cool in the summer. This contract will pay for the material to weatherize your home, as well as labor costs.

If you are interested, please call Jennifer Paddock at (360) 293-6404 extension 131 or toll free at (800) 365-9062 or e-mail her at jpaddock@samishtribe.nsn.us.

FOOD VOUCHERS ARE ALMOST GONE

Food Vouchers are issued based on need, financial eligibility and availability of funds. Until we receive additional funding in July, food vouchers will be provided on an emergency basis only.



Food Vouchers are available to qualified Samish tribal members in the five county service area and those not living on a any Native American reservation.

ATTENTION SAMISH TRIBAL MEMBERS

The Samish Council has worked on revising the Committee structure and how committees work with staff and council. Below you will find a short paragraph describing Administrative Departments that will probably have committees working with them. These committees have been basically in place for several years but have been reworked to work more efficiently with staff and council.

Other opportunities to share your expertise in the future could be to:

- * Serve on shorter term projects as input is needed
- * Become members of new committees when they are developed
- * Serve on an advisory board
- * Participate in ad hoc type of committee, which means there is a specific goal to accomplish in a specified time frame.

For actual standing committees, Council will appoint members for a 2-year term. At the end of your 2-year service you may choose to remain on that committee, be appointed to a different committee or not be on a committee at all.

The official date of committee appointment is July 30 of each year, just after the Annual Meeting. Below you find a list of Samish current Standing Committees and Boards.



Message from our Samish Tribal Secretary, Chris De Kay

Currently we have a Committee which is called Health and Human Services. There is so much going on in the area that it has been recommended that the committee be broken down into 3 committees which are:

Education

Promote educational programs that foster the preservation of Samish culture and instill a desire for lifelong learning in all Samish members.

Health

Contract Health: to administer the Contract Health Services for Samish members

Public Health Nurse: provides health outreach and health education for individual, families, groups and the Samish community.

Social Services

To empower families and individuals toward obtaining self-sufficiency by providing social services through the social work skills of caseworker, group work or community development to assist in solving the social problems of children, elderly and families.

The other current Standing Committees are:

Enrollment

To provide for the development and maintenance of the tribal membership roll of the Samish Nation.

Environmental (Natural Resources)

To preserve, protect and enhance all natural resources within the Samish historical and cultural territory.

Housing

Provides decent, safe and sanitary housing for Tribal members.

Personnel

To provide an equal opportunity to all employees, within the bounds of Indian preference as defined in the Personnel Ordinance and to recruit, hire and maintain the most competent people for the tribal work force.

ATTENTION SAMISH TRIBAL MEMBERS

Culture

Makes recommendations to Tribal Council regarding Tribally sponsored cultural events and activities, seeks appropriate guidance related to traditional teachings and spiritual matters and plans for meaningful community member involvement in cultural preservation and restoration. The Boards currently in place have been appointed by council and as members are added to the Boards council will appoint them. The list of current Boards is below.

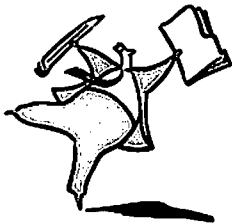


SamCor Board

To promote economic development of the Samish Nation and to enable Samish to achieve self-sufficiency and promote economic support for members.

Appeals Board

To provide a forum for tribal members to appeal administrative decision of the Tribal Administration.



Election Board

To provide for elections as specified in the Samish Constitution. Head Start – needs a community representative.

Head Start

Needs a community representative.

Samish Preservation Fund Board

To maintain and enhance the natural resources, culture, language, and education of the Samish Nation and surrounding community.

Right now we know of several areas that we will be tackling within the next 12 months and we could use help and input from you. These may be in the form of Standing Committees, ad-hoc committees, advisory boards or short-term projects.

Judicial Commission, ICW Advisory Committee, Johnson O'Malley Parent Committee, Tax Ordinance Development and Implementation, Law and Order Codes, Law Enforcement Development, Treatment as a State for EPA, Shoreline Management Plan, Permitting Structure and Rates, Job Pool implementation for nonadministrative jobs, Assumption of Realty Functions, TANF, Health Policies for Direct Care Implementation, Elders Program Development and Implementation,



Please review this information, think about in what areas you will be willing to give input and let us know how and where you would like to serve using your areas of experience, expertise and interest. There will be different needs arising in the years to come and we will try to keep in you informed and involved as much as you would like to be, but we do need to know who would like to participate with staff and council.

This article was printed in the December 2004 Samish News. Unfortunately there was a typing error on the email address. So we didn't receive any responses regarding committees. Please email me if you would like to participate on a committee. The email address is below. I'm very sorry for the inconvenience.

If you have any questions please contact Chris DeKay, Tribal Council Secretary by e-mail at cdekay@samishtribe.nsn.us or mail her at P.O. Box 161 Anacortes, WA 98221

COUNCIL HIGHLIGHTS FEBRUARY 23, 2005



The major activity that Council participated in this quarter was a three-day retreat to work on a Five-Year Strategic Plan. We stayed at the Quileute Resort right on the ocean. It was an incredibly beautiful setting in which to do this important work.

Chris DeKay, Billie Jo Settle, Ray Gorynski, Dee Branson and Janet Castilleja went to Quileute for a four-day retreat. Suzy Driver, Craig Dorsay's wife, was our facilitator, and Jennifer DeWald gave us legal advice. Rick also worked with us for a couple days. Suzy Driver was very helpful during this process helping us keep on task and also helping us clarify our thoughts. Thanks, Suzy!

We knew the mission, values and goals that we had first established in 1998 needed to be updated and revised. Over two and one-half days, we went over the entire document word for word.

Our task was to see if the stated goals are still our goals, if we need to revise our goals or add new goals and also to see if we are accomplishing any of our goals.

Several good things happened. We were able to tighten up and clarify goals that we want to keep. We added goals, particularly in the area of culture, which we believe are important to the future of the tribe. We were also able to discover that we have actually met several of our goals, such as developing a land base and beginning several economic enterprises. We have reason to be proud of our accomplishments over that last five years.

It is important for the people to know that we have made a commitment to always work in accordance with the Constitution of the Samish Nation, following the Tribal Council Rules and procedures and adhering to the Ethics Policy. Tribal members may view these documents by coming into the Tribal Office in Anacortes.

All in all, it was a very productive session. With this done, we can continue our work with renewed confidence and energy, knowing that we are moving in a direction which will benefit every member of our tribe.



SAMISH STEWARDS



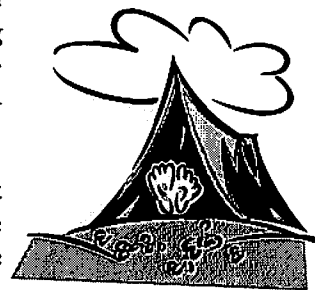
"The Samish Stewards are seeking young people interested in science careers for a program of work and adventure in the historical San Juan Islands territory of the Samish Nation. Applicants must be high school juniors or seniors, or already enrolled in a college or university, and must have a serious interest in science. Being a Samish Steward is a five-year commitment to summer of full-time research and conservation, and to making progress towards undergraduate and graduate university degrees in science. Benefits for Stewards include wages and scholarships, and training with some of the best field scientists and university laboratories in the Pacific Northwest. For an

application form send a letter or an e-mail to Russel Barsh, Director-Research Institute, Samish Indian Nation, PO Box 217, Anacortes, WA 98221, rbarsh@samishtribe.nsn.us."

SAMISH CAMPING TRIP TO JAMES ISLAND

Come join us for a Samish camping trip to James Island, near Decatur Island in the San Juan's! This Samish drug and alcohol free event promises fun and traditional learning opportunities for the whole family. Activities include beach and forest walks to identify foods, plants, and tools for hunting and fishing; primitive fire starting, traditional teachings, team building exercises, and exploring!

We will meet the transport boat 10:00am Saturday May 28, 2005 at Washington Park boat dock, located at the end of Highway 20 in Anacortes past the ferry terminal. We will return 4:00pm Sunday May 29, 2005. Group camping supplies are supplied by the Tribe, but come prepared. Be sure to bring the following items: Rain Gear and extra large plastic garbage bag, change of clothes and extra wool socks, hats, boots, gloves, warm jacket, 2 gallons of water per person, natural snacks, sleeping bag, pillow, flashlight or headlamp, toiletries, towel, pocket knife, day pack for nature walks, musical instruments for camp fire (optional), and a notebook and writing tool.



Please RSVP before May 27, 2005! For more details regarding this trip, please call Jennifer Paddock at (360) 293-6404 extension 131 or toll free at (800) 365-9062 or e-mail her at jpaddock@samishtribe.nsn.us

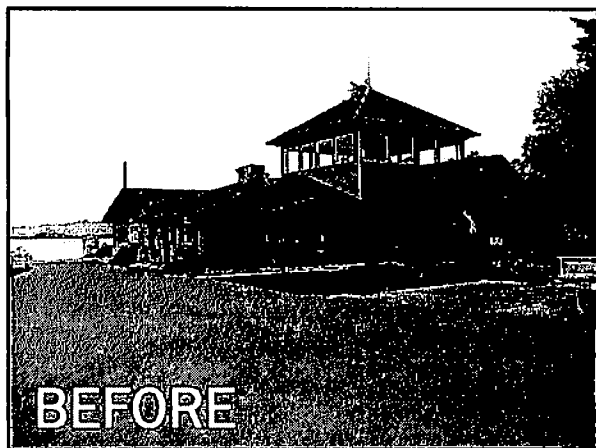
HOUSING ASSISTANCE AVAILABLE NOW!



We have a House for Rent...
We have funds for Rental Assistance...
We have funds for Home Repair...
We have funds for Down Payment Assistance...
Give the Housing Department a call and
let us know how we can help you!

*Please call Laura Magi at (360) 293-6404 extension 115
or toll free at (800) 365-9062 or e-mail her at lmagi@samishtribe.nsn.us*

RV PARK CLUBHOUSE REMODELING



SAMISH INDIAN NATION

SAMISH NEWS

Samish Nation Wins Round in Federal Funding Fight

MONDAY, AUGUST 22, 2005 (www.indianz.com)

A Washington tribe whose rights have been denied for more than 30 years won a court victory on Friday in a long-running dispute with the federal government. Samish Nation ancestors signed the 1855 Treaty of Point Elliott but the tribe hasn't received any of its benefits, including fishing rights and federal funding. In 1969, the Bureau of Indian Affairs failed to include the tribe on the list of federally recognized entities for reasons that remain unclear to this day.

After a lengthy court battle with the BIA, the tribe finally got back on the list in 1996. Since then, it's been a constant struggle to gain full recognition as a sovereign government, tribal leaders have said. A unanimous decision from the Federal Circuit Court of Appeals could help the effort. A three-judge panel determined that the tribe can seek damages for all the benefits it was denied from 1969 to 1996, reviving a lawsuit that had been dismissed by a lower court.

The battle isn't over just yet, however. The case was sent back to the U.S. Court of Federal Claims to determine whether laws cited by the tribe create a fiduciary responsibility that gives rise to money damages if the relationship is breached.

According to the tribe, the amount owed runs in the millions. Health care, education and self-determination funds have been wrongfully denied since 1969, the lawsuit contends. In a separate case, the tribe says it is owed a share of fish runs in Washington. Due to the lack of federal recognition, the tribe has been excluded from the historic 1974 court decision that split the catch between Indian and non-Indian fishermen. In January 2005, the 9th Circuit Court of Appeals cleared the way for the tribe to reopen the judgment.

Both disputes stem from another court case that documented "excessive delays and governmental misconduct" by the BIA and its attorneys. The BIA relentlessly fought the Samish Nation's federal recognition at the same time it opposed the tribe's treaty rights.

In the recognition case, the BIA tried to claim the Samish people were never an historic tribe and were never recognized by the United States as a tribe until the 1970s. This would have prevented the tribe from claiming it is owed federal benefits, government lawyers argued. The Federal Circuit, however, noted that this stance was rejected by the judge in that case, known as *Greene v. Babbitt*. "These findings in combination confirm the contention, central to the Samish's claims at bar, that the government was arbitrary and capricious in refusing the Samish federal acknowledgment under the regulations before 1996," the court stated. The court said the tribe could therefore try to prove it is owed money 38 treaties and statutes. The court also left open the possibility that the tribe, sometime in the future, could seek damages for benefits after 1996.

But the court did block from the tribe citing the Indian Self-Determination and Education Assistance Act and the Snyder Act. Congress never intended for tribes to sue "for contract support costs never incurred, on contracts never created," the judges wrote.

Samish Treaty Right Ruling

FRIDAY, JANUARY 7, 2005
(www.indianz.com)

The chairman of the Samish Nation of Washington welcomed Thursday's court ruling that allows the tribe to seek a share of the state's salmon catch.

Ken Hansen criticized other tribes for opposing his tribe's fishing rights bid. Nine other tribes said the Samish should be excluded from the historic Boldt ruling that divided the catch between Indians and non-Indians.

The Samish were unrecognized at the time of the 1974 ruling but regained status in 1996. In a 2-1 decision yesterday, the 9th Circuit Court of Appeals said restoration was an "extraordinary circumstance" that warranted reopening of the case.

LETTERS TO THE EDITOR

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Herman

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the Edi-
tor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

GENERAL COUNCIL MEETING



Hi Nicole:

I am Fred Leatherwood, and I would like you and anyone else to know that, this is the first time I have been able to hear what goes on at the meeting. There were quite a few children there but they were quiet for the most part and that is unusual. Just to let you know it is appreciated.

Thanks, Fred Leatherwood

SAMISH STEWARDS PROGRAM

Honorable Tribal Council Members,

I am writing to express my sincere and enthusiastic appreciation for the Samish Stewards Program. We recognize that this program has enabled the Samish Nation to honor ancestral lands by care taking and scientifically studying our Samish Sea.

In addition, this program has elevated the educational opportunities of tribal members by paving a pathway to college. This is evidenced by two stewards already doing graduate level work and two doing undergraduate work.

By funding the Center for the Study of Coast Salish Environments you have helped ensure healthy natural resources for our tribe's benefit and future employment. It is obvious that this is intended to preserve and restore Samish culture. Our heritage is tied to marine life and resources. I'm sure the investment in these stewards will benefit the tribe as a whole.

I've had the opportunity to review the Summer Program 2005 itinerary and it's quite impressive. It appears well organized and had clear directives. I thank the tribal council members and urge continued support of this necessary and culturally significant program.

Respectfully,
Monica Clifton, Mother of the newest Samish
steward Intern, Samuel Barr

GENERAL COUNCIL MEETING

Dear Ken,

I was so sorry to hear of your illness. Dad and I missed seeing you at the General Council Meeting.

The new clubhouse facility and the new improvements are very attractive and nicely done. We enjoyed seeing the newly repatriated house post installed in the lobby and the artifacts were also very nicely displayed. It is a beautiful facility and one to be very proud of.

Keeping you in our thoughts-
Cheryl Chatt

SAMISH PRESENTATION

Leslie, Rosie, Larry, and Bill,

Thank you for helping to open many hearts, for sharing Spirit through yours, for your time and presence. The commissioners of State Parks had never experienced such a presentation and said it was the best ever. I truly appreciate each of you.

Blessings,
Mira

RAYMOND DOUGLAS

In memory of Raymond Douglas (money donation to Tribe)
"Thoughts and prayers from Cousin Louise (Coffelt) and husband Farrell Ford and family."

SCHOLARSHIP ASSISTANCE

Dear Samish Indian Nation,

"Thank you so much for the help you have given me over the years, and I would especially like to thank you for the scholarship you have given me. This has been a dream of mine my entire life to become a chef and with that scholarship I am one step closer to fulfilling my dream. Thank you!"

Samantha Matthews

DON LEATHERWOOD

"Thank you all so much for the funds that were given on the passing of my father, Don Leatherwood. It was greatly appreciated and put to good use."

Dorothy Hill

Dear Ms. Branson:

We have been very busy the last two months packing, sorting, having garage sales, getting ready to sell our home. My brother's death, though not unexpected, was an upset also. I am sorry to be so slow in sending my thanks for the \$100.00 bereavement gift as the closest blood relative, which is my niece, Dorothy Leatherwood Hill, delivered to me before the memorial. I appreciated it very much and donated part of it to the Diabetes Association. My thanks again for the tribe's thoughtfulness.

Thank you. —Fred Leatherwood

TRIBALLY OWNED BUSINESS SECTION

Allen-Bradbury Construction, L.L.C.

512 54th Avenue E

Fife, WA 98424

(253) 573-1452

Owned By Tribal Member Allen Engberg

Emerald City Graphics

23328 66th Avenue South

Kent, WA 98032

(253) 520-2600

Owned By Tribal Member Herb Blackington

Tangles and Co.

514 Commercial Avenue

Anacortes, WA 98221

(360) 293-6760

Owned By Tribal Members Brie Keller and
Nada Thompson (Ron Thompson's Wife)

If you would like to advertise your Samish Owned business for free in the Tribally Owned Business Section of the Samish Newsletter, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.nsn.us.

The Samish Indian Nation, Along with the Whale Museum, in Friday Harbor, WA would like to INVITE you to participate in a traditional naming ceremony for our beloved Orca's (Samish) new calf. This will be held at the Fidalgo Bay RV Park and Convention Center 4701 Fidalgo Bay Road Anacortes, WA. **On Saturday the 1st of October, 2005 10:00AM – 3:30 PM.** There will be witnesses, a feast, and a potlatch to honor. We hope you will consider spending some of your time with us in honoring the Orca of the Southern Puget Sound residents, Pods J, K, & L. Please RSVP at (800) 365-9062, ask for Jan.

The Samish cultural committee is planning another whale naming for Samish's new baby whale born in January 2005. We are coordinating this event with the Whale Museum from Friday Harbor like we did a few years ago. We are asking the members to give something for the potlatch afterwards – enclosed is a list of items that we will need – please choose an item, or items if you can, and send it off to us. We're trying to get more of the membership involved even if they can't be here in person – at least they will be here in spirit. **ITEMS:** Cups, wash cloths(kitchen or bath), hand towels (kitchen or bath), glasses (glass or plastic), coffee in zip lock bags(1 cup per bag), tea in zip lock bags (10 bags per bag), sugar in zip lock bags (1 cup per bag), pre-wrapped hard candy.



Obituary

Raymond Eugene Douglas

Raymond Eugene Douglas, lately of Quincy, Washington, devoted husband, father, and grandfather; friend to any who would be a friend, philosopher, poet, dreamer, teacher, sailor, woodsman, hunter, canoe man and canoe maker, inventor, a man of unfailing integrity and courage, and a conscientious objector to the course of history, passed away at the age of 84 on July 3, 2005, at the V.A. Hospital in Spokane, Washington.

Raymond was born to William and Lydia Douglas on July 16, 1920, in Anacortes, Washington. He graduated from Anacortes High School in 1938. After graduating, he worked for one season on a commercial fishing boat. He enlisted in the U.S. Navy in 1939 and served until 1945, on the aircraft carrier Lexington, and as an aerial reconnaissance photographer based in the Aleutian Islands. He married Olive Claire Patrick, on July 4, 1942, in San Antonio, Texas. He earned a Bachelor of Arts degree in physical education and recreation at Western Washington College of Education in 1953, and taught forth, fifth, and sixth grades at Queets, Washington, from 1953 to 1954, and eight grades at Oakville, Washington, from 1954 to 1957. He became a member of the Church of Jesus Christ of Latter-day Saints in 1961 and

served in the Church as a Sunday school teacher and Scout committee member. He was a member of the Samish Indian Nation, and in the early nineteen-fifties he served as the first Scoutmaster of the Swinomish Tribal Community's Boy Scout Troop. Through the years, he worked for the U.S. Forest Service, Neighborhood Youth Corps, and Job Corps, and worked with the handicapped for a short time. He also worked for the Snohomish County Parks and Recreation until retirement in the early nineteen-eighties. What he most loved was working with and teaching young people.

Survivors include Olive, his wife 62 years old; sons Colin Douglas and wife Linda of Magna, Utah; Patrick Douglas and his wife Karen of Willamina, Oregon; daughters Ramie Lin Douglas, of Centralia, Washington; Lauri McKenzie and husband Elden, of Yucca, Arizona; Sharileen Anderson and husband Phil, of Quincy, Washington; and Leslie Huntley and husband Ken, of Littlefield, Arizona; and 22 grandchildren and 17 great-grandchildren.

A memorial service was held on August 12, 2005. In lieu of flowers, donations can be made to the Samish Indian Nation, P.O. Box 217, Anacortes, WA 98221, marked "donation for Ray Douglas."

The Samish Indian Nation would like to send our condolences to the family and friends of Raymond Eugene Douglas. He will be greatly missed.

DONALD HENRY LEATHERWOOD

Don Henry Leatherwood passed away Thursday, June 23, 2005. Graveside services were Wednesday, June 29, 2005 at Greenacres Cemetery. He was born on Orcas Island on December 7, 1919. He and his wife, Thelma Leatherwood (now deceased), resided in Whatcom County. Don is survived by four daughters, Marilyn and Bill Howard, Sandra and Ken Lankhaar, both of Bellingham, Susan Leonard of Los Angeles, Dorothy Hill, and numerous grandchildren and great-grandchildren. His son Wayne Leatherwood, is deceased. He was a member of VFW, American Legion, Shriners and Masonic Lodge. He served in the Navy in the Pacific Rim following the attack on Pearl Harbor. He worked as a heavy equipment operator in Alaska for years and thereafter he worked for the Whatcom County Road District, until his retirement. He loved to travel frequently to Hawaii, which was always his favorite place to be, and serving his various clubs on all of their activities.



The Samish Indian Nation would like to send our condolences to the family and friends of Donald Henry Leatherwood. He will be greatly missed.

Obituary

Wayne Suttles

Suttles devoted his working life to the study of the Coast Salish people, their language and culture. For more than five decades beginning in 1946, he established relationships with Coast Salish people and elicited traditional stories, personal narratives and family histories. Suttles' work coincided with - and in many cases aided - efforts by Coast Salish nations to win federal recognition. He served as an expert witness in legal cases involving Native rights.

Suttles, 87, died May 9 in his San Juan Island home after a long battle with pancreatic cancer. He was honored in absentia the day before at the Seattle Art Museum for his Coast Salish work; one of his sons attended on his behalf. He was born in Seattle on April 24, 1918 to William A. and Bess Will Suttles. He graduated from the University of Washington in 1941 and then served in the U.S. Navy as a Japanese interpreter during World War II. "I fought the war with my dictionary," he once said. After the war, he returned to UW and, in 1951, was the first to receive a Ph.D. in the UW Department of Anthropology. He taught at the University of British Columbia from 1952 - '63, at the University of Nevada, Reno from 1963 - '66 and at Portland State University until he retired in 1985. Suttles was the



author of "Coast Salish Essays," edited the Northwest Coast volume of the Smithsonian's "Handbook of North American Indians." His second book, "Musqueam Reference Grammar," begun in 1957, was

published in 2004 and is credited with reviving the Musqueam dialect of Halkomelem. It was published two years after the last fluent speaker died and is being used as a textbook at the University of British Columbia. He had immense regard and respect in trying to see the great goodness and truth of that culture. He acted like the most respected elders did - he was gentle in word and in advice. He was carefully measured in his judgments. He always walked in a humble way, never seeking recognition. As his health failed, Suttles raced against the clock to expand his dissertation for the National Park Service. He did enough work that his wife, Shirley, a magazine and short-story writer, will be able to finish it.

Suttles is survived by his wife, Shirley; his sons, Duncan, Kuba, Malcolm and Cameron; his daughters, Polly, Jill and Robin; 10 grandchildren and one great-grandchild.

The Samish Indian Nation would like to send our condolences to the family and friends of Wayne Suttles. He will be greatly missed.

The Samish Indian Nation would like to send our condolences to the family and friends of Paul Hatch of Seattle, WA. He will be greatly missed.
We could not locate an obituary, please accept our apologies.

If you would like to inform the Samish Tribal members about a death of a Samish member, please contact Nicole Herman at (360) 293-6404 or toll free at (800) 365-9062 at extension 110 or e-mail her at nherman@samishtribe.nsn.us.

Canoe Journey 2005

Eshes, our fiberglass canoe, started the journey on July 19th, answering the invitation of the Squamish band of B.C. Three days and 70 miles of paddling later, *X'echnginglh*, our cedar canoe, joined at Lummi Nation to help escort visiting canoes from Squamish, Sliammon (Powell River), Lummi, and Nooksack into our beach at Fidalgo Bay Resort. The ancestors must truly have been happy to have the traveling canoes land in our territory for the first time on July 23rd, because joyful songs, lively dances, and lots of laughter filled the community center until late into the night.



Then on to Swinomish, Coupeville to Tulalip, and across to Suquamish, where a much needed day of rest was added. Heading north, the canoes now numbered more than 30 and we entered some exciting whitewater in cross currents around Point-No-Point on the way to Port Gamble S'Klallam, where a huge pit of beach steamed clams, oysters, and crab served as tasty appetizers to the feast awaiting up the hill. Port Townsend, Jamestown S'Klallam Tribe, were the last two segments of the journey our canoes were able to paddle entirely. August 1st dawned windy and damp with dismal news: the Coast Guard was advising the canoes not to venture out, due to unusually high waves and small craft warnings. Trailers instead of paddlers brought our canoes to the Port Angeles marina, and after hanging out for several hours on the docks, we pulled across the few protected miles to Hollywood Beach, where ultimately more than 60 canoes landed, including 2 Aleut three-person seal skin covered bidarkas from St. Paul, Alaska. Ten or more canoes were delayed a day by the weather in crossing the big waters from Vancouver Island, B.C. bringing the 2005 Tribal Journey total to more than 70 canoes. For seven more days we camped and enjoyed the hospitality of Lower Elwha, watched other Tribe's presentations until the wee hours, and finally, on the morning of the 5th we had our chance to present 2 of our new songs and dances along with several old favorites, and give gifts to our hosts, skippers, and members of the audience. It all ended at about 2:30 in the morning of August 7th, and we made a lazy departure around midday on the 8th to caravan and trailer home to Anacortes or other places, full of memories and fond hopes for next year. Please join us in 2006 as we prepare to host again, and head to the final destination of Muckleshoot in Auburn.

CANOE FAMILY FUNDRAISING

The Tribal Council graciously offered to match the funds raised by Canoe Family to support the journey this year, and with this support and incentive we got very busy. Between hosting BBQ's, selling tee shirts, fry bread and Indian tacos, bake sales, and garage sales, our little group managed to raise over \$4000 in two short months. The Samish Canoe Family is now an official business entity, with a bank account and the opportunity to become a 501©3 non-profit.

Our Canoe Family wants to acknowledge the gift bestowed us of a special art design by William Bailey (Upper Skagit & descended Samish) to use on tee-shirts for the 2005 journey. The logo is beautiful, and sales have been enormously successful, so much so that all tee-shirts sold out completely. Tanks tops in red or grey in larger sizes remain available at a reduced price of ten dollars each, with an additional five dollars for shipping and handling if you want them mailed. Contact Rosie James at (800) 365-9062,

extension 109 for details. Eli Milton (Tsimishian), local carver and tool maker, also donated a full set of carving tools to raffle, which brought over \$600. Eli is very interested in teaching tool making, and can be reached at (360) 293-7762

CEDAR TREE BABIES

Children and adults at the Samish Canoe Journey Potlatch learned why cedar trees in nature are often seen growing close together in pairs; it is because they lean on each other and together brace against the elements stronger than either would be alone.

Early before the canoes left Fidalgo Bay, both Samish and visiting children partnered with one another to plant young cedar trees in nearby pairs with painted stakes marking the locations out on the undeveloped Weaverling spit. In future years the young people will be able to re-visit their trees, and watch the way young cedars support each other as they grow, and consider how much the cedar trees have to teach us.

FULL TIME OFFICE MANAGER FOR FIDALGO BAY RESORT

Fidalgo Bay RV Resort is seeking a fulltime office manager. Duties include coordinating with the management, SAMCOR Board, to ensure they are updated on all aspects of the park's operations through both verbal meetings and written reports and budgets; coordinating with the onsite maintenance manager to ensure a team approach is enacted in repairs and customer service; coordinating with the accountant on accounts payable/receivable and budgets; overseeing the daily operations, such as booking reservations, managing group reservations, booking and managing Clubhouse rentals, stocking merchandise and supplies, balancing and maintaining petty cash accounts, reconciling register tills, making bank deposits, and effectively responding to customer needs.

The applicant must be proficient in using Microsoft Office software, maintaining email accounts, and basic accounting including reconciliation, as well as possess supervisory experience and a minimum of five years in direct customer service. Desired skills include experience with reservation software, a working knowledge of RV customers and their needs, and familiarity with the Skagit Valley and its available recreational activities.

Please send resume to:
SAMCOR
P.O. Box 217
Anacortes, WA 98221
Please no Phone Calls

Thank you,
SAMCOR Board President
Peggy Morgan

FULLTIME MAINTAINANCE MANAGER FOR FIDALGO BAY RESORT

Fidalgo Bay RV Resort is seeking a fulltime maintenance manager. This is a salaried position that requires the candidate to be onsite and on call 24/7 as the need for repairs arise. Duties include coordinating with the management, SAMCOR Board, to ensure they are updated on all aspects of the park's maintenance operations through both verbal meetings and written reports and budgets; coordinating with the office manager to ensure a team approach is enacted in all resolution of repairs and customer service; overseeing the daily maintenance operations of cleaning staff; coordinating with the landscaping contractor to ensure the continued high quality of the park's aesthetic appearance; coordinating with the office manager on the stocking of all maintenance and laundry supplies.

The applicant must have experience with general repair and maintenance of electrical, plumbing, and cable systems, as well as the ability to interact with customers in a professional manner. Desired skills include a working knowledge of Microsoft Office software, a working knowledge of RV customers and their needs, and familiarity with the Skagit Valley and its available recreational activities.

The base salary for this position depends on applicants experience. In addition, the candidate will receive free rental of a monthly site within the park.



SUPPORT OUR TRIBE AND BECOME A T-MOBIL, SPRINT, OR NEXTEL MEMBER

The Samish Tribe has become a T-Mobile, Sprint, and Nextel distributor. When you purchase wireless services from SAMCOR you are supporting our Tribe. As a tribal member, you'll receive a 10% to 25% airtime discount and lower prices on accessories.

If you have a question, please contact Wendy Hatch (425) 266-1811 or email at wendog@comcast.net

COUNCIL HIGHLIGHTS

Co-laht-su-sah September 2005

ECONOMIC DEVELOPMENT: SAMCOR, the economic development arm of the Nation, is continuing to develop the fertilizer business. Full Circle fertilizer is currently offered for sale at several locations, including Ace Hardware and Sebos in Anacortes. It can also be purchased online at www.nativemountainscapes.com

The Samish Nation Tribal Council recently changed the management of Fidalgo Bay RV Park. SAMCOR is handling management arrangements. Currently, Samish member and employee Jenna Strand is handling operations. The Tribal Council is happy with reports of her management. The Fidalgo Bay RV Park has been consistently booked this summer. Don't forget that Samish Tribal members now get an 11 % discount! Reserve a spot now!

The lease of gaming permits continues to be a major source of revenue for the Tribe. The Council is currently negotiating some changes in leasing arrangements.

RV PARK CLUBHOUSE REMODEL: The Clubhouse remodel is essentially complete. The Council is meeting in its beautiful new Council Chamber on the upper floor. Our returned house pole protects the entrance to the Clubhouse, and the Archives Department's wonderful display of the Allan Engberg Collection of Coast Salish artifacts greets visitors. We are indeed fortunate to have this building as both location for Samish operations (the Archives and Natural Resources are both located there) and as an economic enterprise.



LANGUAGE PROJECT: The Samish Nation has acquired materials on the Samish Language from two families, the George family and the Olsen family, which will greatly contribute to our knowledge of the Samish language. Samish speakers made presentations at the House Pole Welcome, the Annual Meeting and the hosting of the Canoe Journey.

SAMISH COMMUNITY PRESERVATION FUND AND SAMISH INSTITUTE: Institute Director Russell Barsh updated the membership about Institute projects at the Annual Meeting. Highlights of current projects include:

- Discovery of native cutthroat in Orcas streams
- Discovery of ancient camas gardens on Waldron
- Co-discovery of ancient tsunami deposits
- Recovery of DNA from salmon remains
- First Samish Steward in Graduate school
- Six papers presented at 3 scientific conferences

COMMITTEES AND BOARDS: At the General Council Meeting, Council requested that interested Tribal members sign up to serve on Committees. Several people volunteered. We are still in the process of restructuring some Committees, including Education and Social Services. Appointments will be made to those committees as soon as possible. Additionally, we have added the Historical Resources Committee, the Public Safety Committee and the Tribal Court Committee. Francie Taylor has been added as member of the Personnel Committee. Chris DeKay has resigned from that committee.

LEGAL MATTERS

- **Fuel Compact:** The Samish Indian Nation has entered into a fuel compact with the State of Washington. This means that certain fuel sales on Samish property could result in tax revenues for the Samish Nation.
- **Treaty Rights:** According to Craig Dorsay, Legal Counsel, the 9th Circuit Court decision means that the Samish are very close to recovering Treaty Rights. This is an amazing victory for the Samish, one for which we have waited for many years. This couldn't have happened without the contributions of Ken and Mary Hansen, our legal counsel and many other who have contributed to the cause over the years.



We still have a battle ahead of us because the many of other treaty tribes are opposing us and may try to take this case to the Supreme Court. Nonetheless, we expect to be exercising treaty rights in the not to distant future.

CANOE JOURNEY: For the fourth year, the Samish Canoe Family has participated in the Pacific Northwest Canoe Journey. This is a drug and alcohol free, two-week long event which seeks to promote healing within and among native peoples of the region.

The Samish Tribal Council supported the Samish Canoe family through financial contributions and through the participation of tribal council members Chris DeKay, support boat and ground crew, Ray Gorynski, puller and ground crew and Janet Castilleja, ground crew.



HUD REVIEW: The Samish Indian Nation has recently been reviewed by HUD. Several matters were brought to our attention and are being dealt with by our Department Heads, General Manager and Legal Counsel.

LAND

- **Lake Campbell Property:** The Indian Health Service has contracted to place water lines on the Homeland. This project should start soon. We are hopeful that building can start on the homeland by next year.
- **Ship Harbor:** The Ship Harbor property has been sold. Revenues will be used to augment Tyee funds.

RESOLUTIONS: The Samish Tribal Council has recently approved several resolutions:

- Support for repatriation of the Samish House Pole from the Burke Museum
- Funds for the Elders to make vests for the Canoe paddlers and the Tribal Council.
- Funds to continue the remodel of the RV Park Clubhouse
- Funds to support the language project
- Approval of the restructure of the Samish Indian Nation organization chart
- Funds to support Treaty Rights litigation
- Funds to support the Samish Indian Nation Educational Scholarship Program
- Funds to support the Samish Indian Health Program

ORDINANCES: The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. Currently, the Council is working on Ordinances to regulate Fishing, Hunting and Gathering. Additionally, we have adopted a Gaming Ordinance, Conflict of Interest Policy and amended the Personnel Policy regarding Indian preference. The council also approved policies governing the Federal Higher Education Program, Federal Vocational Education Program and Non-Federal Education Program.

OTHER ACTIVITIES: The Samish Tribal council continues work on Strategic Planning. This process will direct the future development of the Nation.

The Samish Indian Nation Tribal Council hosted a dinner with State Senator Marguerite Prentice. We discussed State-level issues which affect the Nation. She was very supportive and, with the help of our Governmental Relations expert, Mike Moran, we hope to work closely with her in the future.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities, issues and problems arise almost daily, so we always have plenty to work on.



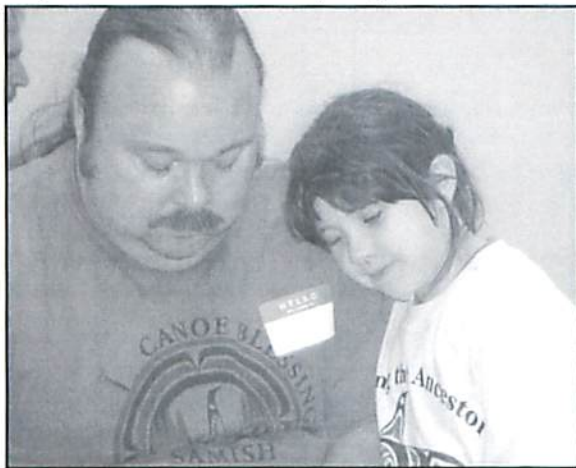
Tribal Members reviewing the posted family trees at the General Council Meeting

General Membership Meeting 2005

Article Written By Samish Vice Chairman Tom Wooten

Our general membership meeting was held on the last Sunday in June, as always. Following the Cultural Day, which, I have to say, was a hard act to follow this year, as we celebrated the return of one of the house posts that is from the old village on Guemes Island. The attendance was good considering it was not an election year. The staff and council had prepared family trees that were placed around the room so the members might get to know who else is a part of their particular family, as we all know we are quite spread out. Vice Chairman, Tom Wooten conducted the meeting as Chairman Hansen was unavailable due to health reasons. The meeting opened with the council recognizing all of the members who had passed away over the last year "As long as our loved ones remain in our thoughts and prayers they will always be there for us." The Elders who were present were recognized and the students who had graduated over the last school year "as these members are the future."

The canoe family gave a presentation and a plea for membership involvement and monetary assistance with the costs of the journey. The members who were there generously contributed to this alcohol, smoke and drug free cause. I thank you at this time for helping make the canoe journey 2005 a success for our young members.



General Membership Meeting Minutes Highlights

A motion was made by Dorothy Hill and seconded by Mike Hatch to approve the 2004 minutes as presented. **Motion 2004-06-GC001 was passed.**

STATE OF THE NATION: The Vice Chairman went over the accomplishments of the past year; some of the highlights include the completion of the expansion of our club house at the R.V. Park, and the issues that come with owning and operating a R.V. Park. Other items discussed include the short fall of our contract health dollars with the

decision to use hard money (Gaming revenue) to help maintain the program at the level of the memberships' needs, our scholarship program also sponsored from our hard dollars, the lobbying activities the council has embarked on, to try to gain the funding for the BIA contracts that the BIA is obligated to furnish but are unable to comply due to lack of funding, and the council's plea to the membership to volunteer for committee work *"for without our membership involvement on committees, our tribe has only the direction of the tribal council."*



Jason Strand showing his artwork

TREASURER'S REPORT: The treasurer's report was given by Dee Branson. A chart contained in the Annual Report was distributed and discussed. Hard money was defined: this is the revenue received from leasing gaming permits to other Tribes. Grants & Contracts and Hard Money departments are separate, but management of these departments will be combined; this will help with money management, cash flow, etc. Language in Senate Appropriation Bill was discussed. Several Council members and Tribal representatives will be traveling to Washington D.C. in July to try to gain support for the appropriation for the Tribe. Vern Barrett was recognized by the Chair. Mr. Barrett stated he wanted to see a financial statement containing a balance sheet, cash flow and profit and loss. A motion was made by Vern Barrett and seconded by Carol Robertson requesting that a proper financial statement be included in the next Annual Report for Samish General Council in a generally acceptable accounting format including a P & L, Balance Sheet, and Cash Flow. **Motion 2005-06-002 approved.**

The floor was opened to members who wished to address the general council. Ed King had a speech prepared and was afforded time to deliver it. Carolyn Kaeding and Leslie Anderson spoke on veterans issues to the membership, past Chairperson Margaret Greene spoke to the general membership, Ed King's granddaughter-in-law Tara Clark addressed the membership with her husband and family's issues, and Sara Johnson spoke of the support staff and council has given her and the stewards' group. Allen Engberg requested a limit on comments to 10 minutes per member. He feels there should be respect for members who come from far away and want to hear about positive things that are happening along with the negatives.

It was moved by Teri Horton and seconded by Dorothy Hill to limit comments to 10 minutes. If further discussion is needed, an additional 5 minutes could be added. **Motion 2005-06-004 29 yes 17 no - motion approved**

Lunch was a traditional meal of fresh cooked salmon and all the fixings "reason enough to endure the morning's agenda". The table was opened by Rosie Cayou and Lewis (Keeter) James, as is our tradition, Rosie Cayou and Lewis (Keeter) James closed the table with a song.



Craig Dorsay, Samish Tribal attorney, then gave an update on our legal issues. It is the opinion of the Tribal Legal Counsel that 9th Circuit Court decision means that the Samish have recovered Treaty Rights. He spoke of the great contribution of Ken and Mary Hansen and of Tribal Council in the litigation fight and all the issues that have come up and thanked the Tribal staff for great support.

Treaty Rights: The Samish Case went to 9th Circuit Court which ruled in January 2005 in favor of the Samish. The court ruled recognition was highly relative to Treaty Rights. Nine other tribes petitioned for a rehearing and 9th Circuit turned down the petitions in June 2005. The 9th Circuit Court sent the case back to lower Court. Opposing Tribes could appeal to the Supreme Court, but it would not be in their best interest to do so. The Samish Nation will now seek reimbursement of funds expended for Treaty Case. The next step is to request a paragraph 25 meeting with the other tribes to talk settlement. Resolution could take from 3 months to 2 years.

Claims Case: The Tribe should have received Federal funding from 1969 when Samish was dropped off the list of recognized Tribes. We are waiting for decision from the Court; possibly the 9th Circuit decision will help in this case.

Damage Case: This case was voluntary dismissed by Tribe due to legislative appropriations negotiations with Congress. The case can be reopened if needed.

Gaming Leases: Arrangements with Muckleshoot, Puyallup, and Kalispell. Opening a Casino which would increase revenues to Tribe will need to be discussed.

The Vice Chairman then gave a short discussion of Strategic Plan and requested members read the information contained in the packet and get back to Council with ideas and suggestions. Russell Barsh gave an overview of the Institute's programs, showing goals and accomplishments of the Samish Stewards program.

The floor was opened again for member discussion; the chair recognized Vern Barrett who suggested that Tribal members should all receive two free nights in the RV Park. A discussion followed addressing pros and cons. It was suggested that the free nights could only be used during the General Meeting and that only members over 18 would be able to use it. Chair recognized Peggy Morgan, SAMCOR President, who explained that the RV Park was an economic project and did not have the assets to give free spaces.

It was moved by Vern Barrett and seconded by Pat Naylor to allow Samish members stay at the Fidalgo RV Park one night during the General Council meeting free of charge with the cost to be covered by Tribal "hard money". Chair recognized Shawn MacAvoy who stated his family stays at the RV Park and they receive a 10% discount as AAA members. He suggested that in lieu of free nights, that Tribal member receive at least a 10% plus possibly an additional 1% discount when staying at the park. **Motion 2005-05-006 17 yes, 29 no - motion failed** It was moved by Shawn MacAvoy and seconded by Carol Truex to extend a discount to Samish Tribal members of at least 10% plus 1% while staying at the Fidalgo Bay RV Park. **Motion 2005-05-007 was passed by the General Council.**

Motion 2005-06-GC008 A motion was made by Leslie Anderson and seconded by Carol Truex to adjourn. **Motion 2004-06-GC008** was passed by the General Council.

My personal view of the meeting: *All in all the membership participated with good questions and showed the ability to work through issues; everyone enjoyed the video and the family trees as well as a good traditional meal. Next year is an election year; it should be interesting to see what direction the tribe will head, continue down the path in front of us or change directions; only time will tell. Thank you all again for your participation in our 2005 general membership meeting.*



Kids Playing outside at the General Council Meeting

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Rebecca Armstrong	Lloyd Barrett	Lyle Barrett	Shelly Black
Lisa Bleeck	George Bob	Lacey Brunner	Holly Clifton
Lena Daniels	Miranda Daniels	Carolyn Edwards	Timothy Edwards Jr.
Barbara Faulkner	Kimberly George	Darla Graves	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	Laura Hovland	Gordon Jack
Wilma Jenkins	Mary Kendall	Corey King	Edward M. King Jr.
Matthew King	Mikaela King	Patricia King	Shannon King
Stephanie King	Claudette Louie	Bryce Louis	Martin Louis
Winnifred Marchand	Charlotte MacDonald	Jennifer MacDonald	Jessica MacDonald
Kurtis MacDonald	Jenny Miller	Peter Miller	Savanna Orcutt
Ronnie Prine	Juliette Scates	Shawn Sherman	Jo-Anne Smith
Wesley Smith	William Steele	Jason Strand	Marvin Underwood
Bernie Wills	Jeffery Wooten	Simone Underwood	Norman Underwood Jr.
Ralph Underwood Jr.			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

CARD CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change, we must have either a copy of the court document or a copy of a marriage license. When it comes to an address change, we need a copy of a bill, a copy of your driver's license with that change, rental document or etc.; we can no longer take this information over the phone – we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it. There is a \$5.00 charge for replacement cards as well. If you don't have a photo on your card, then you can send in a photo and it will be placed on the card.

SAMISH CULTURAL WORKSHOP

Saturdays: October 22 * November 19 * December 17

We have had renewed interest from our members wanting to learn more about the traditions and practices of the Samish people. Join us at the Samish Administration Building, starting at 10:00.

For further information please contact Rosie Cayou James at (360) 293-6404 extension 109 or Barbara Jackson at ext 127 in the Education Department or toll free at (800) 365-9062 or email at bjackson@samishtribe.nsn.us

Format for the class will be:

- **10:00 am to 12:00 pm**
Discussion led by Rosie Cayou James about Smokehouse
- **12:00 pm to 1:00 pm**
Lunch provided
- **1:00 pm to 4:00 pm**
Activity making traditional clappers and paddles

Missing Books

The following books are missing from the library! If anyone knows where they are please let us know:

You're a Genius, Blackboard Bear (kids)
Coast Salish-Their Art, Culture, & Legends
Brain Tanning the Souix Way
Big Book of Indian Beadwork Designs
Dream Catchers - Myths & History
Awakening Spirits
Daughters of Copper Woman
The Indians of Puget Sound
North American Indian Motifs
The Law for Craftspeople
The Beaded Moccasins: Mary Campbell
Beads to Buckskin Vol.5
Coyote & Rock (Cassette)
Words of Power - Voices of Indians
Northwest Coast Indian Art
Beauty, Honor, and Traditions
Native American Wives of San Juan Settlers
Myths & Legends of the Pacific Northwest
Internet for Dummies
Encyclopedia of Native American Healing
Ninstints- Haida World Heritage Site
Lushootseed Culture & the Shamanic Odyssey
Spirit Medicine
Medicinal Plants of the Pacific Northwest
Native American Stories (Video)
Fall Medicine Songs (audio)
Winter Medicine Songs (audio)
Spring Medicine Songs (audio)
Summer Medicine Songs (audio)
Medicine Path (audio)
Red Cedar Circle - Fire Circle Songs (audio)
The Great Canoes
The Wisdom of the Native Americans
The Eagle's Song (kids)
Alice Bay Cookbook
The Chilkat Dancing Blanket
The Gathering Stones for the Medicine Wheel
Northwest Native Arts: Creative Colors
Northwest Native Arts: Creative Colors 2
Looking at Indian Art of the Northwest
Coast Salish Essays - 2COPIES
Herbs That Heal
How to Do Beadwork

Martha Alexander
Reg Ashwell
Larry Beltz
Kay Bennett
Julie Black
Tom Brown
Anne Cameron
George Castile
Dover Publications
Leonard Duboff
Lynda Durrant
Peggy Henry
Vi Hilbert
Norbert Hill Jr.
Bill Holm
Joseph Capture
Karen Jones-Lamb
Katharine Judson
John Levine
William Lyon
George MacDonald
Jay Miller
Wolf Moondance
Michael Moore
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
David Neel
Kent Nerburn
Rodana's
Julie Rousseau
Cheryl Samuel
Gregory Scofield
Robert Stanley
Robert Stanley
Hillary Stewart
Wayne Suttles
Michael Weiner
Mary White

If you have any of these books
please contact Jan Flagg at
(360) 293-6404 or toll free at
(800) 365-9062 at extension
106 or e-mail her at
jflagg@samishtribe.nsn.us



The Allen-Bradbury Construction Scholarship

Up to \$1,000 will be awarded to support the education of Samish students who plan to pursue higher education or vocational education training in the fields of construction, architecture, engineering or other construction related fields. This scholarship can also be used to support attendance at a workshop or seminar that fits the general guidelines. This is a new scholarship established by Allen Engberg for Samish tribal members.

"I firmly believe that the continuing education of tribal members strengthens the tribe as a whole. I hope that this is the first of many scholarships that educate our Samish Indian people in the field of construction or a related field. Many opportunities exist for Indian workers and Native American owned companies. It is my sincere hope to help create a good future for individuals, their families, and our nation. I hope by giving to the tribe others will follow."

The application can be found online at www.samishtribe.nsn.us or by calling The Samish Indian Nation Education Program and requesting an application. Thank you Al, for your gift to our young people!

The deadline to apply for The Allen-Bradbury Construction Scholarship is October 31, 2005. Notification of award will be November 15.



CONGRATULATIONS SAMISH GRADUATES 2005

Trish Breckenridge - GED
Northwest Indian College

Marco Hatch - UW, fisheries

Lisa Horton - AA, SVC, Mt Vernon H.S.

Sarah Johnson - WWU, BA with honors in Archaeology, minor in Geology

Charyse Matthews - AA, Skagit Valley College, Oak Harbor H.S.

Toby McLeod - LaConner H.S. - Valedictorian

If you are a proud graduate or relative of someone who isn't on this list, let us know!

First Time Home Owners Win Big!

The Samish Housing Department has been working long and hard to find the best opportunities for our 1st Time Homeowners and now we can proudly say that we have even more to offer our tribal members!

Most recently we have been able to offer Down Payment Assistance to income eligible members; however there is quite a restriction on the size of home and the total purchase price is also restricted.

Now, we are able to bring to you bigger opportunities for home purchases! Earlier this year we were approved through the HUD office in Denver to be able to offer to our tribal members what is called a 184 loan. There are no income limits for this loan. The eligible activities include new construction, rehabilitation, and purchase of an existing house. There is flexible underwriting, which allows lenders to have significant latitude to approve loans. The land does not have to be in trust; you can purchase or build as long as it is in a county where a tribe is located. There are still areas that are not approved, but all of the tribes in the



area are working hard to make this approval statewide.

Here are our contact people for the 184 loans: Mia Vermillion, Tribal Loan Specialist, Countrywide Home Loans, (888) 540-7824, Ext. 3345, 32001 32nd Ave. So., Federal Way, WA 98001 —or- Eileen Hebert, Loan Officer, (360) 293-4571, Horizon Bank, 1218 Commercial Ave., Anacortes, WA 98221. There are several loan institutions that have been approved for the 184 loan. If you need a more complete list, please give the Samish Housing Department a call, and we will send a list out to you or get you connected!

We also have been able to locate other down payment assistance programs through the Washington State Housing Finance Commission. Even if you do not qualify for the Samish Down Payment Assistance Program, the chance is pretty big that you will qualify for this other assistance program.

DO YOU NEED RENTAL ASSISTANCE?

Are you residing in a county that is not in the Samish Housing Department's 10 county service area? (We are now able to provide services in the following counties: Whatcom, Skagit, Island, Snohomish, King, San Juan, Kitsap, Jefferson, Pierce, and Clallam.) We are in the process of possibly changing the policy and need to know how many of you are out there that could benefit from our Rental Assistance Program. The Samish Indian Nation Tribal Council has asked that we start a list to find out how many of you are out there that could benefit from rental assistance. Please give us a call and get your name on this list; we would really like to be able to blanket the state with our Samish Indian Nation's Rental Assistance Program.

BECOMING A SUCCESSFUL HOMEOWNER

Home. A place of your own. Don't those words bring a smile to your face? Everyone needs a place of rest and comfort. A place to build memories and create new dreams. More than just a house.

Come and join Laura Magi, Housing Assistant for the Samish Indian Nation and Jennifer Hoines from USDA, for this informative, yet fun, First Time Home Buyer's Workshop. A workbook will be provided, along with lunch and snacks! The workshop is presented at no cost to you, but pre-registration is a must!

If you have any questions about the **1st Time Home Buyer's Workshop, Rental Assistance Program, Down Payment Assistance Program, Home Repair Program**, or the available **Rental Units**, please call Laura Magi in the Housing Department at (360)293-6404 or toll free at (800)365-9062 extension 115. We look forward to hearing from you!



WHAT?	First Time Homebuyers Workshop
WHEN?	October 29, 2005 10:00 am to 3:00 pm
WHERE?	Samish Administration Office, Council Chambers 2918 Commercial Avenue Anacortes, WA 98221

Samish Contract Health

MEDICARE PART D PROGRAM

Have you received a letter or application from the Social Security Administration regarding the Medicare Part D program? The Part D drug program goes into effect in 2006 and affects ALL Medicare beneficiaries. Enrollment is voluntary, but there are penalties for some who enroll after the open enrollment period, which is Nov 15, 2005 through May 15, 2006.

Do not ignore the letters and information you have received! Applications have been sent to many elders to get extra help paying for your Part D premium, deductibles and co-pays. If you are unsure whether or not you are eligible for this subsidy, please fill out the application and submit it.

Later this year, you will be asked to actually enroll for the Part D program, and to choose a specific plan. This whole process will be complicated and confusing, and we will do our best to assist you through it. As more information becomes available, we will pass it on to you.

WELCOME OUR NEW EMPLOYEE KEITH TUCKER

I would like to introduce myself to the Samish community. I have recently been appointed Health Director for the Samish Indian Nation. I am following the path well laid out by Leslie Eastwood. I plan on growing the program of services already started for the members. First I expect the efficient quality service in Contract Health Services to continue under Joanne Liantonio and Renee Archer. I am pleased with the support to the public health needs and diabetic population given by Frances Straus RN.



As Health Director, I bring to you 40 years of experience in the fields of family practice, emergency room physician, health insurance management, and state health care issues with doctors. I have also worked with the adolescent drug and alcohol programs for several years in Arizona and New Mexico. I have taught wellness and preventative medicine in Skagit County in recent years and have consulted with the Samish on health conferences the past two years.

The tribal council wishes to provide access to health care services to tribal members and provide health outreach and education for individual, families and the Samish community. To this end I will be leading the Health Department as we lay out better access to medical services, give good information and education in personal health care and prevention of unnecessary disease and death. We will develop a health center for these activities at tribal properties in Anacortes and evolve an outreach program for personal care and education.

Diabetes Program Participation in Washington State Diabetes Collaborative



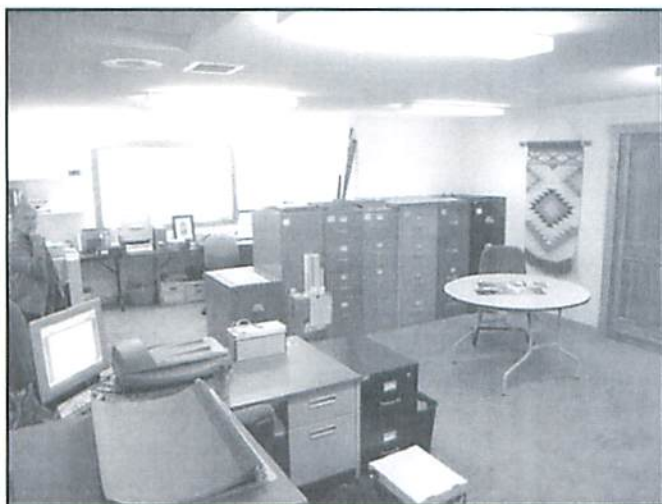
The Samish Nation Diabetes Program participated in the Washington State Diabetes Collaborative from June 28, 2004 to June 28, 2005. The team that participated was composed of Frances Straus, RN as the Day-to-Day Leader, Leslie Eastwood as the Senior and System Leader, and Terry Keene, ARNP as the Clinical Champion. The Collaborative was an intensive program that assisted our Diabetes Program to improve the lives of people with Diabetes. Thirty-nine teams from around the state participated in the Collaborative. Teams were from tribal clinics, large private practices, community health centers, small clinics, and the Veteran's Administration.

The services that the Samish Nation Diabetes Program provides are: nutrition vouchers for fresh fruits and vegetables to patients with diabetes that agree to share health information, reimbursement for diabetic supplies, review of health records to assure that patients are getting high-quality chronic disease management, self-management training via home visits, telephone encounters, or health office visits, and an annual diabetes conference. Through the participation in the Collaborative, the diabetes team accomplished the following goals: documented self-management goals and outcome measures on more patients with diabetes than before our participation. This provided evidence that we improved in our efforts to provide case management for these patients.

Samish Tribal Archives

WE'VE MOVED!

The Samish Tribal Archives has moved! We are now located in the newly renovated Samish Clubhouse at Weaverling Spit. The new location is a great step forward in better protecting and securing the valuable historical collections of our Nation, as well as, opening up more of the collection to be enjoyed by both members and the public. We are delighted with our new home and want to extend an invitation for you all to come by and visit us Mon - Fri from 8:30am-5pm.



ARCHIVES AND LIBRARY EMERGENCY RESPONSE TEAM

The Samish Tribal Archives and the Samish Tribal Library would like to extend a call out for volunteers. We need local (Skagit, Whatcom, Snohomish County preferred) volunteers who could be called upon, on an emergency basis, to help in recovery efforts should a disaster occur that threatens the Samish collections. If you feel you could be committed to being called upon for immediate response, should a disaster occur, please contact the Samish Tribal Archives to add your name to our emergency contact list. Please mail, call, or email your full name, address, and emergency contacts phone numbers to:

Archives and Library Emergency Response Team

Megan Jones, Research and Archives Director
PO Box 217 Anacortes, WA 98221

Please call Megan Jones at extension 215 at (360)293-6404 or toll free at (800)365-9062 or email at mjones@samishtribe.nsn.us. Thank you so much!

SAMISH HOUSE POST RETURNED

Indian Country Today: July 25, 2005

A 150-year-old house post that belonged to a longhouse in the last Samish village, Gwanqane'la, on nearby Guemes Island was returned to the Samish. The gathering to celebrate the post's return was marked by speaking, prayers, blessings, songs and emotion.

"This is a special day for us," Wooten said. "We are joining together as the tribe and nation we have always been. We need to remember this day." The post faces west, the direction it faced when it supported the Guemes Island longhouse.

Informants told anthropologist Wayne Suttles in the 1950s that the longhouse was built of lumber and shakes, was 40 feet wide and more than 400 feet long - about 33 yards longer than a football field. It was built sometime after 1850. The longhouse was built on land that had to be homesteaded to comply with territorial laws. The land was lost to taxes in 1905. It was the beginning of the end of the Samish presence on Guemes Island. In the 1940s, Harry Smith - at the time a student of Coast Salish culture, later an authority on jazz - removed the house post, presumably to save it. He donated the post to the Burke Museum in Seattle. Samish researchers located the house post in a basement at the Burke Museum last year; they contacted the Harry Smith Foundation, which agreed to return it to the Samish people.

"When we were re-recognized in 1996, part of who we were was missing," Wooten said of the post. A search continues for the second post. The post's return also represents how far the Samish people have come since they won recognition.



Center for the Study of Coast Salish Environments

SAMISH STEWARDS' THIRD SUMMER FIELD SEASON

How deep is San Juan County's largest peat bog, near Hummel Lake on Lopez Island? The Samish Stewards know: 23 feet and 4 inches to the bluish gray clay left by melting glaciers more than 10,000 years ago. In August, Stewards painstakingly drilled through the Hummel peat bog to recover a record of 10,000 years of human impacts on the landscape. Changes in the species of plants represented by pollen grains in the bog tell the story. Since 2004, the Samish institute has collaborated with scientists from the U.S. and Canadian Geological Surveys and the University of Washington to uncover the history of climate change, sea level change, and changing environments in the heartland of Samish society and culture. The Hummel bog is the deepest yet found in the islands, and the Samish institute was first to plumb its depths.

The Samish Stewards program completed its third annual summer program with new achievements and challenges. Stewards studied the diet of juvenile salmon caught in the islands by dissecting salmon stomachs at Shannon Point Marine Center with biologist Tina Wyllie-Echeverria, and spent a week in residence at the University of Washington's Friday Harbor Marine Labs learning HPLC (High Performance Liquid Chromatography) from analytical biochemist Jack Bell. Stewards took our top-drawer laser surveying set to Fisherman Bay Spit on Lopez Island, where they mapped topography, archaeology, and plant

communities for the San Juan County Land Bank; and set up test plots on Iceberg Point, Lopez Island for a cooperative meadow-restoration



project with the federal Bureau of Land Management. They installed motion-triggered wildlife cameras and miniaturized weather stations on individual oak trees on Point Disney, Waldron Island, launching a co-operative study of acorn parasites and oak survival with Waldron School and The Nature Conservancy. Coming soon: SCUBA exploration of underwater archaeological sites at Mail Bay, Waldron Island, and oyster cam, an underwater video camera sending images of our native Olympia oyster reef 24-7 to Anacortes.

New faces this year: Sam Barr of Lopez Island and Eva Garness from Anchorage. Stewards continuing from our first year include Rose Castilleja and Holly Hatch; Sarah Johnson has completed her B.A. in archaeology and is now working with the program as a graduate student researcher.

Department of Natural Resources

The program welcomes Nancy Rosenbower, our new Environmental Technician. She is working part time with Jim to run two new grants that the program has been awarded. She will be taking the lead on our Fidalgo Bay Water Quality Monitoring project which has been funded for two years and our Meteorological Station Air grant which has been funded for four years. Nancy has just completed a program working with the Shoalwater Tribe.

Our program continues to represent the Tribe at many meetings. The newest is the Samish Bay Technical Advisory Committee which is working with county and state entities to identify pollution sources in the Samish Watershed as it affects the shellfish growing areas in Samish Bay. To date, we are the only Tribe involved with this process. We also attend the monthly Marine Resource Committee

meetings and are beginning to work out some potential projects that would be very beneficial for the Tribe to be involved with. Now that the talk of treaty rights is in the air, it is imperative that this program expands its representation of the Samish Indian Nation in a variety of natural resource issues.

We are wrapping up our final report for our energy grant. We did not get funded for the next stage of work through the Department of Energy but will regroup and apply again next year. It has been a very useful grant to develop some long term energy goals and to get working knowledge of how the Tribal energy is being used in all locations of tribal property. Energy audits are still being conducted to keep tabs on energy cost and savings. Lots of doings and a very busy time for the program.

Social Services News

MENTORS STILL NEEDED FOR SAMISH YOUTH

We are still seeking Samish adult mentors to provide mentoring to Samish youth ages 11 to 17 throughout Snohomish, Skagit, Whatcom, Island and San Juan Counties.

Mentors are reimbursed for mileage, approved activities and snacks. Mentors are encouraged to provide youth with opportunities to learn the Samish ways in a variety of areas such as carving, beading, gathering, cooking, painting, music and storytelling. In addition, the Social Services Department can provide many opportunities for fabulous outings sponsored by the tribe. These include:



- Mariner games
- The Experience Music Project
- The Seattle Science Center
- The Seattle Aquarium
- Local plays
- The Everett Aqua Socks

DRUG AND ALCOHOL SERVICES

The Social Service Department has a nationally and state certified Chemical Dependency Counselor on staff.

Some of the Signs of a Possible Drug or Alcohol Problem

- Trying to cut down on or to quit using some substance and failing.
- Using the substance while alone or hiding the evidence of use.
- Using the substance to forget about problems or worries.
- Family, friends or teacher/employer expressing concern about substance use.

QUIT SMOKING!

It's harder to give up than alcohol

According to the booklet "Tobacco: Biology and Politics," quitting smoking is harder to do than stopping the consumption of alcohol is for an alcoholic. Tobacco smoking is extremely difficult to stop and two-thirds of current smokers have tried to quit at least once. The relapse rate for tobacco use is similar to that of heroin.



There are over 4,000 chemicals in cigarettes many that increase addiction as well as causing heart & lung disease, lung cancer, stroke, aging, and reproductive problems. As RJ Reynolds Tobacco stockholder stated "I'll tell you why I like the cigarette business. It costs a penny to make. Sell it for a dollar. It's addictive. And there's fantastic brand loyalty."

We offer Nicotine Quit Kits, free to Samish Tribal Members and staff who are committed to stopping their use of cigarettes and smokeless tobacco. The Social Services office can assist with quit smoking kits and resources for support in smoking cessation.

Please contact our Social Services office for more information on how to receive a tobacco quit kit!

Samish Social Services Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



Jennifer Paddock extension 131

Judy Heinemann extension 114

Suzanna Dentel extension 229

COLLABORATION WITH THE PAIUTE TRIBE OF NEVADA

The staff of the Social Services Department recently visited the staff of the Paiute Tribe in Las Vegas. Together they have shared resources, conducted home studies and facilitated family group conferencing in order to provide coordinated quality Indian Child Welfare Services to several Samish youth who transferred from Washington State to Nevada. Ron Pavelko, Social Worker from the Paiute Tribe Health and Human Services Department provides courtesy monitoring of our Samish family as well as assisting with school enrollment, household items, transportation and numerous other services. This case marked the second that went before the Samish Tribal Family Court which was presided over by Judge Randal Stekle from the Northwest Intertribal Court System.

THE FOOD VOUCHER PROGRAM BEGINS A NEW YEAR

The Social Services Department has received funding for the year July 1, 2005 to June 30, 2006. This will allow us to continue to serve members with emergency food needs. The vouchers provided may be used at various designated food stores and the amount provided depends on family size. An application will need to be completed along with verification of tribal enrollment, income documents, residence, and social security cards. The income guidelines are as follows:

Family Size	Monthly income maximum
1	\$ 996.88
2	\$ 1336.46
3	\$ 1676.04
4	\$ 2015.63
5	\$ 2355.21
6	\$ 2694.79
7	\$ 3034.38
8	\$ 3373.96

Households may receive one voucher per month on an emergency basis. A call must be placed to the Social Services Department to request a voucher.



FIDALGO ELEMENTARY STUDENTS VISIT THE MAIDEN

On a rainy day in the spring the kindergarten classes from Fidalgo Elementary School visited the Maiden at Deception Pass. Bill Bailey, Rosie Cayou, Lewis James and staff members Jennifer Paddock and Judy Heinemann provided a fun-filled field trip including eating smoked salmon and fry bread, the traditional story of Ko-kwal-awoot, drumming and songs, and learning some Samish words to take home with them. It was exciting to see the openness and enthusiasm from the children, their parents and teachers. The teachers hope to include class curriculum that incorporates the study of the local tribes from the San Juan Islands.

WELCOME OUR NEW EMPLOYEE JUDY HEINEMANN

In June Judy was hired as a permanent employee. You may recall that earlier in 2005 Judy was covering medical leave for Keely Titus who was unable to return to her position. Judy brings 23 years of experience working with children and families in various capacities and specializes in family preservation services. Judy's current duties include Indian Child Welfare, Child / Adult Protection, Energy Assistance, Mentoring Program, Food Voucher Program, Victim Assistance Program.



SAMISH SELOLEX^W CELEBRATE ANNUAL ELDERS LUNCHEON

On August 19th, 2005 the members of the Samish Selolex^W invited eight tribes to the newly renovated Fidalgo Bay Resort in Anacortes. Thirteen members of the Selolex^W group have worked throughout the spring and summer to organize hosting approximately 100 guests attending from Nooksack, Lummi, Upper Skagit, and Tulalip. Selolex^W organized a generous giveaway and raffle with many special handmade crafts and gifts. Several Samish staff assisted the group with making this event successful. Leslie Eastwood was the Master of Ceremonies. All of the Longhouse staff along with Social Services and Archives departments assisted as well. We hope you'll attend next year for a delicious meal and enjoyable time.

SAMISH INDIAN NATION

HEALTH BULLETIN

Our Samish Indian Nation Health Department



Joanne Liantonio,
Contract Health Administrator
Extension 125



Dr. Keith Tucker,
Health Director
Extension 201



Frances Straus,
Public Health Nurse
Extension 224

The Samish Indian Nation cares about you and your health. The Samish Health Department will be periodically sending information on health topics and services. Please give us suggestions as to what information would be helpful. Look in future newsletters for announcements of dates for small group classes on specific disease prevention and wellness training.

The Samish Health Department is offering the service of answering or researching questions you may have on your health or your health care. Please feel free to call us with any questions you may have. Our office hours are Monday to Friday from 9:00am to 4:00pm. If you would like to make an appointment please call (360) 293-6404 or toll free at (800) 365-9062. Our office is located at 1017 29th Street Anacortes, WA 98221.

ATTENTION ALL SAMISH TRIBAL MEMBERS: Contract Health Services funds are limited. Costs of emergency room care are astronomical and prescription drug charges have skyrocketed.



What can you do about it?

1. If you have an emergency first try to call your doctor, next try the health info hotline of your insurance provider about your condition.
 2. Know where your closest Urgent Medical Care Center is, their charges are much less than the ER but more than your doctors charges.
- Finally rely on your own common sense, not panic, and make a judgment where and when to go on your gut feeling.

To keep prescription costs down please:

1. Request generic, price shop, for example, call your pharmacy for a price quote then call the Costco Pharmacy for a quote. The Costco Pharmacy has very good pharmaceutical prices. Better yet, find a Costco pharmacy! You don't need to be a member for prescriptions.
2. Question your doctor about continuing certain drugs if you are having bothersome side effects.
3. Get your long term medications thru Bellegrove Pharmacy (425) 455-2123 or toll free at (800) 446-2123 for mail order. This is a great opportunity for big savings for you and the Contract Health Department.

OCTOBER 2005

OCTOBER IS BREAST CANCER AWARENESS MONTH

This year over 270,000 women will be diagnosed with breast cancer. Over 40,000 women will die of breast cancer this year. The death rate has gone down since 1990 probably due to improvements in detection and treatment. Early detection, such as annual mammograms, improves chances of cancer found while still contained within the breast. They are highly accurate, but not perfect. Mammograms detect 80-90% of cancers in women without symptoms according to the American Cancer Society. The 5 year relative survival rate is better if cancer found still contained within the breast; worse if found at an advanced stage. Where the death rate did not go down is with American Indian/Alaska Native women, and cancers found at a more advanced stage. Women who lack health insurance and have a lower income are more likely to be diagnosed with advanced stage breast cancer.

Risks of getting breast cancer you can't control

- Being a woman. Most women who get breast cancer have no known risk factors other than being a woman.
- Having a mother, sister, daughter who has had breast cancer
- Having an inherited mutation in the breast cancer gene
- Starting menopause after age 55



Risks of getting breast cancer you can control

- Taking birth control pills for 5 years or longer
- Being overweight especially after menopause
- Never having children
- Being on hormone replacement therapy

Recommendations of activities that help get an early diagnosis

- Do a breast self-exam monthly by the age of 20. Report to your doctor changes like lumps, most common, or the less common ones like thickening of the skin; nipple discharge, tenderness, distortion; breast pain and swelling.
- Have a doctor or nurse do an exam at least every 3 years starting at age 20 and every year after the age of 40. Have a mammogram every year after the age of 40. Have one before age 40 if there is breast cancer in the family. Talk to your doctor if there are breast symptoms.

Recommendations of things to do to lower risk of breast cancer

Avoid obesity and weight gain especially after menopause, increase physical activity, minimize alcohol intake, and if taking hormone replacement therapy, ask your doctor about alternatives.

MEDICARE PART D

Are you starting to hear about the new Medicare Part D benefit? ALL Medicare beneficiaries are eligible for this new program, which will help cover the rising costs of medications.

Part D goes into effect in 2006. You can start to sign up November 15, 2005, and the ending of this initial open enrollment period is May 15, 2006. Enrollment is voluntary, but there are penalties for some who sign up after May 15, 2006.

For those with modest income, extra help paying the premium, deductible and co-payments is available. You can apply for that subsidy now and find out if you are eligible for the help. We can send you an application for this help.

After Nov 15, you will be choosing a plan from the many options that will be offered. The plan you pick will depend on what medications you normally take (not all plans cover all meds) and which pharmacies you use (not all pharmacies will take all plans). If you are computer savvy, or have a kid or grandkid who is, you can do some checking for yourself at www.benefitscheckup.org, click on Benefits Checkup Rx, and follow instructions. Or call, and we can help.

Remember, if you have modest income you should apply for the subsidy to pay the premium and more. Call for application.



MUCKLESHOOT DENTAL (KING COUNTY)

The Muckleshoot Tribe, in King County, is now accepting members of other tribes onto the waiting list for dental services. If you are enrolled Samish and live in King County, you will need to REGISTER for services

first. Then, once you are registered, you can have your name added to the Dental Waiting List. To register at Muckleshoot, call Connie in registration, at (253) 939-6648. She can instruct you in what documentation you will need to provide in order to be registered. Usually tribes require: proof of enrollment (your Samish ID card), Social Security card, proof of address (utility bill) and whatever registration form they are using.

FLU FACTS FOR 2005-2006

What causes influenza (flu)? How is flu spread?

The flu is caused by influenza viruses. This virus is spread in respiratory droplets by coughing and sneezing. The virus then spreads from person to person or by touching objects with virus on it; then touching eyes, nose, or mouth. You can infect others beginning one day before feeling sick, and up to five days after feeling sick

How do you feel with the flu?

Fever, cough, sore throat, headache, chills, muscle aches, fatigue. Some can get much more ill and progress to pneumonia.

How do I prevent the spread of flu?

The best way to prevent spreading the flu is by getting a flu shot, washing your hands frequently, covering mouth and nose when coughing or sneezing, avoiding touching nose, eyes, mouth, staying home when ill, keeping children home from school when ill, and practicing health habits like drinking plenty of fluids, eating nutritious food, getting plenty of sleep, being physically active, and managing stress.

Recommendations for getting flu vaccine

Centers for Disease Control and Prevention (CDC) have no reports of vaccine shortages.

The CDC recommends that until October 24, 2005, only the following priority groups receive the vaccine:

- Persons aged 65 and over who also have a chronic condition
- Residents of long-term care facilities
- Persons aged 2-64 years with chronic conditions
- Persons aged 65 and over without chronic conditions
- Children aged 6-23 months
- Pregnant women
- Health care personnel who provide direct care
- Household contacts and out-of-home (daycare) caregivers of children aged less than 6 months

Starting October 24, 2005, all persons will be eligible for the vaccine.

Where can I get the flu shot?

The Samish Indian Health Services will not be distributing flu vaccines this year. The flu shot is being distributed at drugstores, grocery stores, work sites, doctors' offices, senior centers, and public health departments. For contacting the public health department in your county, find the information on each department's website at www.doh.wa.gov/LHJMap/LHJMap.htm. The American Lung association also has a website to help find a flu shot at www.findaflushot.com/lungusa/



UNINSURED CLIENTS

There are some state programs to help you obtain coverage if you are uninsured. For aged, blind, disabled or pregnant clients, DSHS (also known as medical coupons, or Medicaid) may be available to you at no cost. Applications are available at your local DSHS office (Call if you need to know where that is...we have a statewide listing)

If you are of modest income, you may be eligible for the state Basic Health Program. This program has subsidized premiums, based on the size of your family, your income, and the ages of the family members being insured. We can send you a Basic Health application if you are interested. Periodically the program fills up, and people are put on a waiting list. Then when spaces open up, you are notified of your coverage.

Many insurance companies are now offering catastrophic plans, with deductibles of \$5,000 or \$10,000. These are more affordable options than a standard plan, but offer you the security that medical costs beyond that deductible are taken care of.

CURRENT INFORMATION

In order to best serve you, to process your claims properly, and assist you with your medical billing problems, we need to have your current insurance information, address and phone number.



**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 919
Anacortes, WA 98221
(360) 293-6404**

SAMISH INDIAN NATION

SAMISH NEWS



**Have a Safe and Happy Holiday Season
from the Samish Indian Nation's
Council Members and Administration**



Photo by Nicole Herman



**Goodwill and Sharing-
Giving and Caring
This is the Spirit of the Season
May your Heart be Warmed by the
Goodness of Christmas**



Letters to the Editor

LETTERS TO ALL TRIBAL MEMBERS

November 8, 2005

To My Dear, Beloved Membership of the Samish Indian Nation,

As some of you may know, my health has deteriorated during the past three years. Sadly I have arrived at a point where the time has come that I must submit to you, the General Council and Tribal Council, my letter of resignation due to my health.

This marks 36 years where Samish has played a major part of my life as a Council Chair, Consultant, Staff Member, Council Member, and Treasurer. During these years we have had many great things to celebrate. We have made mistakes but learned from them and we have reawakened the knowledge of our people of what it means to be Samish. We have always taken care of those who need help. Throughout these years the Tribe has been the source of great joy and now a peaceful feeling as my career moves towards a close.

I wish to thank you, the members of the Samish Indian Nation for your love, kindness and support. Through the years you trusted me and allowed me to do the things necessary to accomplish re-recognition. The trust you showed me gave me the courage and strength to fight the long battle, without which I don't think we would have been successful. I appreciate the Tribal Council support, as well the support from members of the Tribe, during my illness. This support means a great deal to me and I am truly grateful. I would especially like to thank and express my gratitude to Staff for all of their hard work and for taking care of those who needed to be lifted up and supported, for they are the heart of the Samish.

In closing I want you all to know that my personal battles are not over. I will need your love, kindness and support now more than ever to continue the fight to regain my health. I thank you all from my heart and with the love and support of the ancestors. Hy'shqa Hy'shqa Hy'shqa

Kenneth C. Hansen, TSA WAC TON

As my contract has ended, I just wanted to thank you all for the time I have gotten to spend with you while I was home. The opportunity I have had to interact and learn from my Elders on a daily basis, and the friendships I have formed, will be cherished for the rest of my life! I am sad to leave my Nation again, but my intended major should ensure that I can return home as an asset to my Nation in the future. While I won't say it has been easy, I have felt very privileged to work hands on with the history of my Nation and feel the presence of my ancestor's everyday.

I have received a scholarship and will be working toward a degree in the law field from a private college in Philadelphia and will be leaving on Tuesday, but I will keep in touch and give you updates. With a family like the Samish behind me, I know I will succeed in my new path. Again, Hy'shka for your love and support - I will bring it with me in my heart.. - - Jenna Strand



Photo by Nicole Herman

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation Newsletter
Attention:
Nicole Herman

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

Please note:
Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Letters to the Editor reflect the opinions of the writer only and are not statements of Tribal Policy.



Photo by Nicole Herman

ASKING FOR HISTORY OF TRIBAL MEMBERS THAT MOVED NORTH OF THE CANADIAN BORDER

We are wishing to review the traditional link of the Samish people to the coastal area extending up and down the west coast and related islands, specifically north into what is today Canadian claimed territory.

As such we are looking for history of Samish people that have migrated to, and established Canadian citizenship, by living with and registering with Canadian recognized Coast Salish tribes or other. Or Samish tribal members that lived in today's Canadian claimed territory prior to it becoming Canada.

Tribal member Blake McFetridge
[Descendant of the Barrett family]

Blake McFetridge
Phone: (250) 764-8015
Fax: (250) 764-9042
findblake@hotmail.com

WHALE NAMING CEREMONY

October 1, 2005

"Suttles"
"Witness"

Today was a very special day for me; I was honored to be a witness for the Samish Nation. Today was the naming for the baby Orca whale. What I witnessed was very spiritual. The native ways are spiritual and honorable. I really believe what I witnessed today has changed my life for the good.

What I witnessed today:

1. Togetherness
 2. Spiritual
 3. Honor
 4. The whole room felt like one
 5. Speakers were great and did a great job
 6. Dancers and singers were meant to be there
 7. The Suttles family felt the spirits to have a baby Orca named after them
 8. I hope I will be able to have this feeling again
- I believe every person there felt the spirits

Thank you "Samish Nation"

Very Honored,
Ron Pederson

P.S. I also thank the spirits for a very special thing that happened to me. Live a long life Baby Suttles!

Tribally Owned Business Section

Allen-Bradbury Construction, L.L.C.

512 54th Avenue E

Fife, WA 98424

(253) 573-1452

Owned By Tribal Member Allen Engberg

Omega Options International

3926 Iron Gate Road, Suite #D

Bellingham, WA 98226

(360) 738-4900

Owned by Tribal Member Debra Romazka

Emerald City Graphics

23328 66th Avenue South

Kent, WA 98032

(253) 520-2600

Owned By Tribal Member Herb Blackington

Tangles and Co.

514 Commercial Avenue

Anacortes, WA 98221

(360) 293-6760

Owned By Tribal Members Brie Keller and
Nada Thompson (Ron Thompson's Wife)

If you would like to advertise your Samish Owned business for free in the Tribally Owned Business Section of the Samish Newsletter, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.nsn.us.

Obituary

The Samish Indian Nation
would like to send our condolences to
the family and friends of
Eva Gene Gidlof of Sequim, WA.
She will be greatly missed.
We could not locate
an obituary, please accept
our apologies.

If you would like to inform the Samish Tribal members about a death of a Samish member, please contact Nicole Herman at (360) 293-6404 or toll free at (800) 365-9062 at extension 110 or e-mail her at nherman@samishtribe.nsn.us.

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Rebecca Armstrong	Lloyd Barrett	Lyle Barrett	Lisa Bleeck
George Bob	Lacey Brunner	Lena Daniels	Miranda Daniels
Carolyn Edwards	Timothy Edwards Jr.	Kimberly George	Darla Graves
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Laura Hovland
Gordon Jack	Wilma Jenkins	Betty Jones	Patricia Kavanaugh
Jerrold King	Mary Kendall	Corey King	Patricia King
Shannon King	Stephanie King	Jonathan Long	Verna Long
Claudette Louie	Bryce Louis	Martin Louis	Erica Markley
Winnifred Marchand	Charlotte MacDonald	Jennifer MacDonald	Jessica MacDonald
Kurtis MacDonald	Jenny Miller	Peter Miller	Savanna Orcutt
Juliette Scates	Shawn Sherman	Jo-Anne Smith	Wesley Smith
William Steele	Jason Strand	Alannah Thiefaul	Wesley Turner
Marvin Underwood	Bernie Wills	Jeffery Wooten	Sheri Underwood
Norman Underwood Jr.		Ralph Underwood Jr.	

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you have the address for anyone on this list please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

Office Closure



The Samish Indian Nation Administration office and the Samish Longhouse Preschool will be closed from December 23, 2005 to January 3, 2006.

Missing Books

The following books are missing from the library! If anyone knows where they are please let us know:

You're a Genius, Blackboard Bear (kids)
Coast Salish-Their Art, Culture, & Legends
Brain Tanning the Souix Way
Dream Catchers - Myths & History
Awakening Spirits
Daughters of Copper Woman
The Indians of Puget Sound
North American Indian Motifs
The Law for Craftspeople
The Beaded Moccasins: Mary Campbell
Coyote & Rock (Cassette)
Words of Power - Voices of Indians
Northwest Coast Indian Art
Beauty, Honor, and Traditions
Native American Wives of San Juan Settlers
Myths & Legends of the Pacific Northwest
Internet for Dummies
Encyclopedia of Native American Healing
Ninstints- Haida World Heritage Site
Lushootseed Culture & the Shamanic Odyssey
Spirit Medicine
Medicinal Plants of the Pacific Northwest
Native American Stories (Video)
Fall Medicine Songs (audio)
Winter Medicine Songs (audio)
Spring Medicine Songs (audio)
Summer Medicine Songs (audio)
Medicine Path (audio)
Red Cedar Circle - Fire Circle Songs (audio)
The Great Canoes
The Wisdom of the Native Americans
The Eagle's Song (kids)
Alice Bay Cookbook
The Chilkat Dancing Blanket
The Gathering Stones for the Medicine Wheel
Northwest Native Arts: Creative Colors
Northwest Native Arts: Creative Colors 2
Looking at Indian Art of the Northwest
Coast Salish Essays - 2COPIES
Herbs That Heal
How to Do Beadwork

Martha Alezander
Reg Ashwell
Larry Beltz
Julie Black
Tom Brown
Anne Cameron
George Castile
Dover Publications
Leonard Duboff
Lynda Durrant
Vi Hilbert
Norbert Hill Jr.
Bill Holm
Joseph Capture
Karen Jones-Lamb
Katharine Judson
John Levine
William Lyon
George MacDonald
Jay Miller
Wolf Moondance
Michael Moore
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
Johnny Moses
David Neel
Kent Nerburn
Rodana's
Julie Rousseau
Cheryl Samuel
Gregory Scofield
Robert Stanley
Robert Stanley
Hillary Stewart
Wayne Suttles
Michael Weiner
Mary White

.....
*If you have any of these books
or if you would like to donate
books to our library please
contact Jan Flagg at (360)
293-6404 or toll free at (800)
365-9062 at extension 106 or
e-mail her at
jflagg@samishtribe.nsn.us*



The Allen-Bradbury Construction Scholarship



Coral Donovan of Roseburg, Oregon is the recipient of the 2005 Allen-Bradbury Construction Scholarship. She is pursuing certification as a journeyman electrician.

I have been honored to be a member of the Samish Tribe. Finding my roots was a long time happening. My Grandfather was ashamed of his heritage, but I find it fascinating. Since becoming a tribe member it has been like coming home.

Congratulations Coral!

Web Site Committee Report 10/31/05

By Carrie Kaeding

Leslie Eastwood, Scott Cooper and I are working on maintaining and updating the Web Site. Our long range goal is Web Site redevelopment. Until that can be accomplished, we will refresh the current Web Site on a regular basis. The Events Page is our first priority. It will continue to be updated at least once a week or as needed. The Recent Events link is available while improvement continues. Our goal is to increase communication capacity for Samish tribal members.

We would like your participation.



- Log on to the events page often.
- Contribute information about events of the Samish Nation and events of Indian country that you would like to see posted.
- E-mail pictures you would like to share in the Recent Events link.
- Sign up for the e-mail list to receive members-only notices.

Send information of coming events and pictures from recent events to Kaeding@comcast.net.

Contact Samish@samishtribe.nsn.us to sign up for e-mail list. We would love to hear your suggestions.

Council Highlights

By: Janet Castilleja, Co-lath-su-sah * December 2005



Your Tribal Council is undergoing a period of change. Ken Hansen has had to retire from his position as Tribal Chairman due to ill health. We have a new Chairman, Tom Wooten, and a new Vice-chair, Janet Castilleja. After careful consideration of the candidates, the Council has appointed Dana Mathews to fill the vacant position. We look forward to working with her. Welcome, Dana!

Additionally, Rick Landers has resigned his position as General Manager. We have developed a job description for this position and are currently receiving applications. Scott Cooper, Samish Information Technology Director, and Walter Jackson, former Quilleute General Manager, are currently filling in as we look for another General Manager. Scott tells us that all departments are continuing to function very well.

The Tribal Council remains committed to doing the best we can for the Samish Indian Nation during this time of transition. We have been working very hard on developing an expanded Strategic Plan. This process is going very well. We now have a much better idea of how to help the Tribe move forward in a positive way.

LANGUAGE PROJECT: Vic Underwood continues to collect language information on Vancouver Island. Marilyn Olsen is working on the language materials that her family has made available to the Samish Nation.

COMMITTEES AND BOARDS: We are in the process of filling current vacancies on committees. Peggy Dire has been added as member of the Social Services Committee. Brent Wooten has been appointed to the Education Committee.

LEGAL MATTERS

• *Treaty Rights:*

Treaty tribes opposing us have filed to take our treaty case to the Supreme Court. We are currently waiting for the Supreme Court to decide whether to take the case or not. Our attorneys tell us that the Supreme Court will probably refuse to take the case. We still expect to be exercising treaty rights in the not to distant future.

RESOLUTIONS: The Samish Tribal Council has recently approved several resolutions:

- Funds to send Christmas gift cards to Samish children served by the Social and Counseling Services Department
- Funds to support the Anacortes Food Bank.
- Funds to support the language project
- Funds to support the Samish Indian Nation Head Start Program

ORDINANCES: The Samish Council, with input from staff and the committees, has been trying to complete all relevant ordinances. Currently, the Council is working on Ordinances to regulate Fishing, Hunting and Gathering, as well as a Timber Policy and a Burning Ordinance.

OTHER ACTIVITIES: The Samish Tribal council continues work on Strategic Planning. This process will direct the future development of the Nation.

The Samish Indian Nation Tribal Council hosted a Paragraph 25 meeting with the other treaty tribes. The purpose of this meeting was to try to open negotiations toward a settlement of treaty fishing issues. The meeting was amicable.

These are among the projects and issues the Tribal Council has been dealing with. New opportunities, issues and problems arise almost daily, so we always have plenty to work on.



Tribal Council Member Honoring the Suttles Family at the Whale naming Ceremony.

Whale Naming Ceremony

October 1, 2005

On Saturday the 1st of October the Samish Tribe again named one of Samish's (J-14) new baby whales! The chosen name for the baby was "Suttles". This name was picked because we wanted to honor a man whose heart and life work was in teaching the world more about the tribes in the Northwest, Samish among them. Dr. Wayne Suttles was a very dear friend to the Samish people, his original doctoral thesis was on the local tribes and we used parts of that information to help get our recognition back and in getting our Treaty Rights back. Whenever we needed information Wayne was always there to help us, I know this for a fact because he helped me when I was looking for a Samish name in my own family. His wife, Shirley, and one of their sons, are now in the process of updating the original thesis that he wrote back in the 50's, we wish them great success in their endeavor. We would also like to thank the Suttles family for allowing us to use their family name for the baby, may it always be carried with honor and love.

We had approximately 150 people from "our" side and the Whale Museum's side to honor the baby. A Special Thank you to Joyce Underwood, wife of tribal member Vic Underwood, for carrying the baby's photo for everyone to see. Thank you to Bill Bailey and his wife Rosie James, for speaking on our behalf, it made for a wonderful day. Most of the comments I heard were that everyone enjoyed themselves and will remember this day for a long time to come. Hopefully they will tell others about the day they witnessed a naming. I'd like to thank Jeanne Hyde from the Whale Museum for all the help she gave in getting addresses, give away items and photos that we needed, her help was much appreciated.

I'd like to take this time to thank Dorothy Hill for the HUGE amount of help she gave me in formulating the menu and getting everything in order. A special thanks goes to my future son-in-law, Scott Rutherford, for all the preparing that he did beforehand and all the help in the kitchen the day of the naming, I don't know what I'd done without him!

Last but not least, a thanks to all those tribal members who donated items for the giveaway and those who came to the drum class and made necklaces, your donations were greatly appreciated and it also shows that the Samish are starting to come together since this is one of the times that families stick together and help out. We've not had a turn out like this before so it really makes me feel good to know that we are starting to become a "community family" again after all this time. Hopefully we will have another 4 years before we need to do this again, I need time to recover! Really, it was a fantastic time and I'm glad everyone was happy with the celebrations, and maybe next time we can have even more there to share in the joy and happiness that made that day. - - - Hy'shqa, Jan Flagg



Naming Ceremony for J-40

Dear Jan Flagg and Dorothy Hill,

Thank you for the invitation to the Naming Ceremony for J-40 that you sent to both Dan Stahl and myself. I arrived at your new Convention Center this past Saturday morning to a pleasant and friendly reception from the Samish and other guests. I had never before attended a potlatch and it was a very inviting and festive experience. I particularly enjoyed how the Samish involved and educated their guests about the ceremony and their different customs. It was a great experience. Dan Stahl had planned to attend but was called away at the last minute. I know he was disappointed to have missed the event.

Thank you again for inviting the Port of Anacortes to the Naming Ceremony, and congratulations on your new family member, "Suttles."

Sincerely,
Margaret Schwertner
Environmental Administrator
Port of Anacortes

.....

Thanks to each of you for inviting and including me Saturday, in your ceremony for naming the new whale addition to J-Pod. It was uplifting for me, for the Suttles Family, and for all of the guests.

Thanks so much.

Mayor Dean Maxwell
City of Anacortes

Maiden of Deception Pass

Summary of inspection report, Maiden of Deception Pass Story Pole, Sept 20, 2005

Jim Neill, of Wash. State Parks, and Tracy Powell, carver, performed a thorough inspection of the pole, as witnessed by Dorothy Hill, Jan Flagg, and Nicole Herman for the Samish Nation, and Terry Doran and Jack Hartt for Washington State Parks NW Region. Jenna Strand documented the inspection with photographs.

The overall condition of the pole is excellent. There is evenly spread light surface checking and light weather erosion. The cedar plug on top which sealed the core rot pocket is still snug and solid. The major check on the west side is still the same size and extent as in 1983, and the only change is evidence of some insect activity within the 1/4 inch opening. No rot was found anywhere on the pole until we got down to the ground level. The sapwood layer has uniformly rotted at the soil level, all around the pole, to an average depth of 1 inch. Since it has taken 20 years for this much rot to develop, it appears that a life span of many more decades can reasonably be expected. We recommend continued monitoring of the insect activity annually and every five years for the fungal growth below ground. No corrective action is necessary now.

The surrounding site was also evaluated. Native plants, such as Nootka rose, Oregon grape, and Madrona, are gradually displacing the introduced barberry bushes, and are maintaining a protective screen around the pole. The interpretive signs are in need of some cleaning.

I believe the story pole is in fine condition after 20 years, and seems quite at home there. The Park staff are to be commended for their careful maintenance of the site.

Respectfully submitted by Tracy Powell, November 8, 2005.



Photo By Jenna Strand

Samish Design

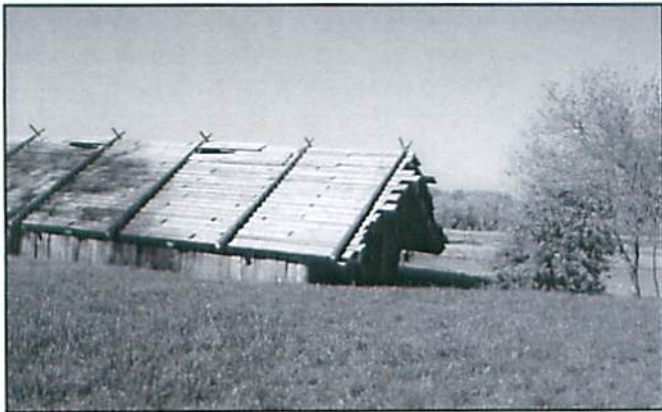


This design is done in traditional colors red and black, the red relating to the blood that flows through all of us. The black is for the structure and strength of our bodies and mind. Here we see in a circular motion The Sun as it radiates down its gift of energy to all living things. We see the two hands that show the presence of man and inside the hands are the two "Sla-Hal" bones. These pieces of our traditional guessing game "Sla-Hal" are also connected to our everyday lives and activities as chance of winning or losing in the game of life. In the center we have "Hysh-ka" our killer whale from Samish J-pod. Below Hysh-ka is a traveling canoe, in which a lot of the old people traveled the waters of this area. At the bottom we have the "Bald Eagle" our strength, our guide and protector. He is the one that sees all and warns us of a coming storm or if trouble is near. We hold the Eagle Feather as strong medicine, as do our Brothers and Sisters across Indian Country. And finally behind the sun is a canoe paddle, without which we could not travel across the waters in work and in play. These paddles were and still are today cared for in a very respectful way. Their shapes and sizes may vary but they were made out of necessity. Overall this design is who we are here at Samish and at the same time opens the door to all visitors and guests.

William A. Bailey, Coast Salish Artist and Carver

Samish Indian Nation Build ties on traditional and common ground

On the 19th of November a contingent of our tribal council traveled to the land of the Chinook people to meet in the traditional way, in the only traditional plank house in existence. Our council was excited to be invited down to see how it was constructed, how all of logistics were handled from planning through acquisition to construction. Some of you may know that the Chinook are faced with the same recognition battle that we the Samish people faced not so long ago. The Chinook people share the passion for restoration of their culture as does Samish. The construction of their plank house is but one building block in their efforts to bring back their culture to share with tribal members and the non tribal community alike.



Our current tribal council feels strongly about the restoration of our culture and teachings. This is why, after learning of the opening of the Chinook house, we needed to learn more about how the notion was born and how this house was brought in to the world. As you all know, our people lived in these types of houses for centuries, at villages scattered throughout our usual and accustomed area. Villages dotted the San Juan Islands. Today we look at a beach and think that "gee this would be a great place to live." Guess what, chances are our people did live there.

The history of the plank house has changed over the last century. As you know, our last village was located on Gumes Island and was a living, active Samish home. Today the plank houses are used only for the winter dance and for the most part sit idle the remainder of the year.

There was a time when people used these buildings as homes, living their lives out communally. The every day activities were shared, weaving baskets, building tools for hunting and fishing, carving utility and ceremonial items,

teaching our young ones and listening to our old ones, telling stories, singing songs. These are the things that made our people strong and kept our history and sense of community alive.

Our council plans, one day, on having our traditional plank home built on Samish land for the use and enjoyment of our people, to have and to use as our ancestors did, having weaving classes, making paddles, telling stories, singing songs. A place to hold memorials for our loved ones, a place to keep our family names alive and placed on our young ones. A place that could be used by all of our people, not a place just for the winter dance but used year round for all kinds of activities.

This is your council's vision; will it happen tomorrow or soon? Not likely, but will it happen? Yes, but as we know all things happen for a reason and all in good time. The seed has been planted; our hope is that it grows into the grandmother cedar tree.

Once again we thank the Chinook tribal council and people for their warm greeting and their willingness to share information with us, as I have said we share many of the same trials and tribulations that shape who we are as a people.

Hyska'siam

Tom Wooten
Chairman



Greg Robinson, Tom Wooten, Chris DeKay, and Sam Robinson. Dee Branson also participated, but is not in the picture.

Historical and Cultural Perspectives Shared

By: Barbara Jackson and Teri Horton

Rosie Cayou James is a natural teacher. On October 11, 2005; Rosie shared her vast cultural Samish knowledge with an 8th grade class at the Anacortes Middle School. Seventeen students expressed their appreciation to her by writing thoughtful thank you notes. After reading through them, I can tell that she touched their minds, hearts, and souls. Here is a sample of their testimonials.

- Your speech was absolutely incredible! I was so intrigued by everything you told us and I hung on every word you spoke. -- Emily
- I thoroughly enjoyed your presentation. There was much I learned about the Samish. Your self-confidence is inspiring. -- Gavin
- I really understood what you were talking about; you made it easy for all of us to listen because you spoke the words from your heart. -- Amanda
- I thought it was really interesting when you talked about that really long trip your grand daughter took. -- Ruben
- I enjoyed the story about Wray Wray canoeing all the way from Canada to Port Angeles. -- Landon
- It is really cool how your husband makes totem poles. -- Keisie
- You were so confident to leave your modern way, and go to a traditional way of life. It made me feel very special to have Randy Click as an uncle, when you said how humble he was. -- Alex
- I really liked hearing how your culture is different from my life. I found it interesting to hear about your connection with good spirits and ancestors. I also liked hearing you sing your song. -- Megan
- Everyone has a song; and we have to all take the time to listen to it. -- Valerie

- What you said struck the type of emotion and depth that is not common with most speakers today; and that just goes to prove what you have said about the modern world. -- Nelson



Photo by Barbara Jackson

- I think the Samish were very tolerant of other cultures that had different customs. -- Sam
- I like how you also went to Anacortes Middle School, and had some good friends who appreciated you for who you are, and you are still friends with some of them. -- Kathryn

EDUCATION NEWS

Tribal member Toby McLeod was the 2005 high school valedictorian at La Conner High School. He is now pursuing a degree in oceanography at the University of Washington in Seattle. He says his experience fishing with his family as a young boy is part of what has inspired him to study oceanography in college.



.....

Samish has been awarded a five year grant to develop a vocational rehabilitation program to help eliminate barriers to employment for Native Americans with disabilities in the service delivery area.

SAMISH CULTURAL WORKSHOP

Saturdays: * January 21, 2006 * February 18, 2006 *

We have had renewed interest from our members wanting to learn more about the traditions and practices of the Samish people. Join us at the Samish Administration Building, starting at 10:00 A.M.



Education Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Barbara Jackson extension 127

Rosie Cayou James extension 109

Basic Food Nutrition

By: Barbara Jackson

BASIC FOOD NUTRITION EDUCATION THE SAMISH *SCHELANGEN* – WAY OF LIFE

Featured Plant: Berries

In the Samish language s'chali kwilth—pronounced s'chali kwilth means a wild berry of any kind

Traditionally, Samish people kept themselves healthy by eating berries in season. Some of the berries found in Samish territory include blackberry, wild currant, blueberries, salmon berries, thimbleberries, gooseberry, and huckleberries.

Berries were eaten fresh or dried. Dried berries were also added to winter soups to add flavor. Today people also preserve whole berries by freezing or canning.

Today, people get “color coded nutrition” by eating blackberries, blueberries, black currants, dried plums, elderberries, purple figs, purple grapes, plums, raisins, purple asparagus, purple cabbage, purple carrots, eggplant, purple Belgian endive, purple peppers, and potatoes (purple fleshed).

Blue/purple fruits and vegetables contain varying amounts of health-promoting photochemical such as anthocyanins and phenolics, currently being studied for their antioxidant and anti-aging benefits. Research shows that including blue and purple fruits and vegetables in your diet to help maintain:

- A lower risk of some cancers
- Urinary tract health
- Healthy aging

The USDA recommends that we all eat 5 to 9 servings of fruits and vegetables every day. The idea is to get a least one serving of fruit or vegetables of each color every day. The serving colors are blue/purple, green, white, yellow/orange, and red.

Many of the photochemical and other compounds that make fruits and vegetables good also give them their color. So, try to include each of the five colors every day to get the full health benefits of fruits and vegetables.



Eagle Feast Bowl filled with Salmon Berries.
Carved by Bill Bailey. Photo by Barbara Jackson.



SUPPORT OUR TRIBE AND BECOME A T-MOBILE, SPRINT, OR NEXTEL MEMBER

The Samish Tribe has become a T-Mobil, Sprint, and Nextel distributor. When you purchase wireless services from SAMCOR you are supporting our Tribe. As a tribal member, you'll receive a 10% to 25% airtime discount and lower prices on accessories.

If you have and question, please contact Wendy Hatch (425) 226-1811 or email at wendog@comcast.net

(Correction from Last Newsletter) This is the correct phone number, sorry for any inconvenience.

Long House Project for Rosario Beach Park

By: Tom Wooten, Chairman

Good news, our Nation once again is working with the Washington State Parks Department out at Rosario Beach State Park, site of Ko-kwal-alwoot, the Maiden of Deception Pass. The tentative project is in the planning stage. A long house façade to be made of traditional materials will be located on the path down to the maiden, the tide pools and dock facilities. The intent is that park guests would leave the twenty first century behind them as they walk and wheel chair through the entrance of a traditional Samish long house.

The project is in the conceptual phase. One notion is to have a three-sided house with a shed roof. Two carved welcome poles guarding the entrance, welcoming park guests into the house. Once through the doorway of the short interior, park guests would get the feel of what a traditional plank house would have been like long ago when our Islands were covered with them. The interior would have seating on both sides of the entrance bleachers if you will, for interpretive classes. As you may or may not know, this park is a popular spot for school class of all ages, to explore the near shoreline and all it many creatures.

The interior structural posts would be adorned with Samish family and clan crests carved by local and renowned carvers and long time Samish friends, Tracy Powell and Bill Bailey. The open end would allow a panoramic view of our U&A (usual and accustomed area) the beautiful San Juan Islands, culminating with the view of the Maiden as she transforms from maiden to mermaid. As I have said this is just a concept, or dream if you will, that with hard work and determination will become a reality, some day soon!



Photo By Jenna Strand

Drum Making Class has a Large Turnout!

By: Jennifer Paddock



members, Canoe Family members and local community members. Together we used goat hide and sinew to create the drums. Information regarding the meaning of the drum and how the beating of it returns us to our infancy as it reminds us of the sound of our mother's beating heart was shared by Leslie Eastwood. In addition, Leslie taught the group an honoring song and Jennifer Paddock presented information regarding the importance of traditional activities that promote wellness and a drug, alcohol and tobacco – free lifestyle. This event was funded by state prevention dollars. Over the past nine years, Tribal Council supported more than 165 members learning to make drums. We plan to offer additional classes as well as workshops that teach how to create a design that will be painted on the completed drums.

Twenty-eight drums were created with nearly forty people who participated in the drum making class on September 17, 2005 at the Samish Longhouse. Jan Flagg led the class with assistance from other Samish members who carry the tradition and knowledge of drum making. The drum makers included the young and older, Samish members, Navajo tribal members, Alaskan natives, Samish Tribal Council mem-



Photos by Jennifer Paddock

Research and Archives



Work is continuing on creating a catalog and index to the audio-visual collection; this project is funded by the National Park Service Preservation program. Tracy Powell, the artist who carved the Maiden Pole, is providing documentation on the slides of Coast Salish art and artifacts. We are fortunate that he has agreed to assist in this work. Rose Castilleja is working part-time on the catalog creation. Each slide is being scanned and digitized as the catalog entry is completed. The resulting searchable index will make this an extremely valuable and useful reference. Rose is completing her BA in Anthropology at Western Washington University. We are grateful to have her here to work on this project.

Research Center

The research center is developing its capacity in two new fields, genetics and water quality chemistry. A study of native Garry oak genetics is already underway with funding from the National Fish & Wildlife Foundation. Coast Salish peoples used the acorns from Garry oaks for thousands of years, and may actually have introduced these trees to the San Juan Islands! Applications have been made for genetic studies of our native "Olympia" oysters, which we believe are at risk from inbreeding; and of camas, the native food plant often compared in importance to the potato, which we believe was actively cultivated and formed different cultivated varieties, some of which we may still be able to identify. We have also applied for funds to do "genetic stock identification" of the juvenile salmon that we have been finding in our monthly test fishing of the San Juan Islands: which rivers do they come from? Three past and present Samish Stewards have shown a special interest in genetics, the nucleus of a future biotech lab!

On the water chemistry front, we are developing agreements with San Juan County to locate and test old industrial sites, and monitor the impacts of expanding town sites on wetlands. The county will work with us to find State funding for a program involving schools in tracing the distribution and effects of heavy metals, PCBs and dioxins in the freshwater and marine environments. Much of this work will involve the use of High Performance Liquid Chromatography (HPLC), which the Stewards learned about last summer. And we are delighted to have Stephanie Blair, a Native chemistry major from Evergreen State College, as an intern for the first half of 2006. We plan to be a leader in genetics and biochemistry—and with so much young Native talent, we can't miss.

Department of Natural Resources

The MET tower is up out on the spit. We hope to have all of the components up and running by Dec. 1. It has been a lengthy process with some pitfalls but we are working through them. An Air Toxins conference was attended in Portland a couple of months ago and really gave some good information on air issues and health effects.

Our department has been working with DNR to establish a working relationship and have been having regular meetings to discuss the Cypress Island Aquatic Reserve and the changes going on with the Secret Harbor school closure that will happen this summer. They are very interested in forming a cooperative working arrangement with the Samish Tribe.

The Tribe has honored its commitment to purchasing 10% of its electrical use through Green Power this year. Puget Sound Energy has awarded the Tribe a plaque recognizing the Samish as an Environmental Leader through its commitment in supporting environmentally friendly renewable energy through the purchase of Green Power. The Tribe has set up a regular monthly bill to be paid through all programs to support this commitment.



Samish Contract Health

Samish Nation Wellness Center

On Thursday November 18th the Samish Nation Wellness Center opened with a ribbon cutting ceremony and a turkey raffle. The Wellness Center offers information and programs to prevent disease and encourage healthy living. The Center is located in the old council chamber of the administration building. Self administered blood pressure monitor, weight scale, literature for specific health needs, and sign up sheet for massage (fee), walking, and energy exercise instruction is available at the site.



Thoughts for the New Year

As we all hopefully look forward to the year 2006 some special thoughts and activities can help us along in good health and wellness. Yes, our new years' resolutions are often lofty and prone to fade if left unsupported by effective daily thoughts and activities. Effective daily thoughts can be as simple as each morning saying to oneself silently or loudly "I intend to live this day healthfully"! That is all, no rules, ifs, buts, or when. Just think it and or say it! Why will this work for us? People have a conscious thinking mind and a subconscious always working mind. When we impress our subconscious mind with a strong thought repeatedly, it will quietly incorporate into our thoughts and gradually our actions will follow the repeated thought. So state your intent simply and sincerely each morning and or night day after day. The magic here is repetition. You learned to walk and ride a bike by repetition. You can learn to live more healthfully by repeating to yourself, "I intend to live this day healthfully". You will gradually find yourself making healthy choices in regards to your eating, exercise, sleeping and behavior with others.

The Samish Health Department has specifically supported those of you with or at risk for diabetes. There are personal programs, group conferences and other support to help those with diabetes maintain safe blood sugar levels and prevent complications. We are now spreading this special attention to those with cardiovascular disease or risk factors for heart disease. We will help you work with your doctors on self management programs.

National Drunk and Drugged Driving Prevention Month

The Samish Nation joins communities across the country for National 3D Prevention Month to conduct public awareness and enforcement campaigns to prevent impaired driving. Impaired driving is an American tragedy. In 2000, more than 16,000 people were killed and more than 300,000 were injured as a result of alcohol-related crashes.

What constitutes impairment?

Impairment begins with one alcoholic drink - whether it is "hard" liquor, wine or beer. Once alcohol is consumed, it is absorbed by an individual's blood system, and can be measured as Blood Alcohol Concentration (BAC).

What will happen to me if I get caught?

If an individual is found to be impaired while driving, he/she will experience criminal repercussions. These repercussions can include fines, the loss of driving privileges, incarceration, higher insurance rates and a criminal record. Law enforcement officers are cracking down on impaired drivers, stepping up their policing activities on a regular basis, and implementing a network of sobriety checkpoints and saturation patrols throughout the year. The question of being caught, however, is a major factor in the impaired driving problem. The destruction impaired drivers inflict upon their communities is immeasurable. Everyone is affected by the impaired driver's irresponsible and malicious behavior, whether it is from higher taxes or the emotional destruction a family experiences after losing a loved one. Because no matter how you look at it, when you Drink & Drive; You Lose.

Medicare Part D Program

The prescription drug coverage.

Beginning January 1, 2006, new prescription drug plans will be available to people with Medicare. Insurance companies and other private companies are working with Medicare to provide insurance for prescription drugs. Enrollment in the new Medicare prescription drug program, also known as Part D, is voluntary. If you wish to be enrolled, you must apply. Everyone who is eligible for Medicare is eligible for this coverage, regardless of income level, resources, pre-existing conditions or current prescription costs. This includes people on Social Security Disability Medicare.

A variety of plans are being offered with corresponding premiums. Like other insurance, if you join, you will pay a monthly premium, ranging from about \$20 to about \$35. In some areas there will also be drug plans that are a part of Medicare Advantage Plans, which include HMO's, private fee for service plans and PPO's (like Group Health Medicare, Secure Horizons etc)

The open enrollment period is from Nov 15, 2005 through May 15, 2006. You will have to pay a penalty if you are eligible now, but sign up after May 15, 2006. If you enroll in a plan by Dec 31, 2005, it will be effective January 1, 2006. If you become Medicare eligible after May 15, 2006, you can sign up when you become eligible without paying a penalty.

I already have prescription coverage.

If you have drug coverage under a 'Medicap' policy—such as an "H", "I", or "J" plan, or through an employer or union, you will receive a letter from that insurance, telling you if your plan covers as much or more than what is available under Part D. **SAVE THAT LETTER.** If your plan is as good as Part D, you can sign up for Part D at a later date without penalty...IF you can produce the letter showing your insurance coverage was as good or better than the Part D coverage.

Samish Contract Health Services

1017 29th Street, P.O. Box 919

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Joanne Liantonio extension 125 or 126

Keith Tucker extension 201

Frances Straus extension 224



What if I cannot afford to pay for a Medicare Rx plan?

You may be eligible for help! If you currently have both Medicare and Medicaid, or if the state helps pay your Medicare premiums, co-insurance or deductibles, you are automatically enrolled in the Low Income Subsidy (LIS) program. The LIS program can pay your premium, and deductibles. You will still have to choose a plan for Part D, and make that selection by Dec 31, 2005, or else the state will assign you to a plan.

Other people with annual incomes under \$14,344 (single) or \$19,245 (married) may also be eligible for assistance with the premium, deductible and co-payment costs. We have the applications for these assistance programs available in my office and we are happy to send them to you and/or help you submit them.

Now what?

Now you have to decide which plan is right for you. There are many organizations giving presentations at senior centers, area hospitals, and community centers. I suggest attending at least one presentation to get some idea of the options. Then, if you would like, I would be happy to help you sort through the information. The Medicare web site www.medicare.gov has tools to help you identify plans that may meet your needs. If you prefer, you can come into the office here and I will run the program with you. I ask that you make an appointment with me (it can take up to an hour and a half), and that you have

your current medication list, your Medicare card, and any paperwork from your other insurances with you. Or, for those folks out of the Skagit County area, there are SHIBA (Statewide Health Insurance Benefits Advisors) volunteers in your community trained to assist you through this process. Call (800) 562-6900 for the SHIBA volunteer in your community.



Social and Counseling Services News

The Victims of Violence Program

This is a reminder that the Social and Counseling Services Department offers services to Samish members and their families when they have been a victim of crime. We can provide services to assist if you or a family member has been assaulted, threatened, terrorized, robbed, or your property has been vandalized or damaged. We also assist in situations where an elder has been taken advantage of or financially exploited, or if you suspect a child has been abused or neglected.

Services include: case management, legal advocacy, crisis response, some financial assistance if you need emergency shelter, or need to move away from a violent situation, some property damage repair, lock changing, referral to and assistance with other systems that may be able to help, reporting to law enforcement or child protective services/adult protective services, assistance with applying for Victims Compensation.

We serve 5 counties with this contract- Whatcom, Skagit, Island, San Juan, and Snohomish.

Coach a Kid in the Game of Life . . . Please volunteer to MENTOR a child in the Samish Community.



As you may be aware, many Native American youth struggle more than non-Native youth in areas of their lives including school, peer relationships, self-esteem and drug and alcohol consumption. Often the traditional non-Native majority culture does not take into consideration the Native American

approach to learning, communicating, and relationship building. There are also very limited opportunities for Native youth to participate in activities that embrace their unique views, beliefs and interests. The Samish Tribe is making a strong effort to create opportunities for Samish youth to have an adult Mentor who can provide experiences that build connections with their ancestors, rebuild a sense of pride in their heritage, increase a sense of belonging and help develop a strong sense of identity that promotes personal success.

Washington State Department of Health

Tobacco Quit Line

877-270-STOP

toll-free

7 8 6 7

QUITLINE.COM

Volunteer Advocates Still Needed

We are still looking for Volunteer Advocates in each county to assist victims of violence.

Remember- this can be an array of incidents including property damage, theft, break-ins, battering, assault, threatening, child abuse, elder abuse,

financial exploitation. Anyone who has been a victim of any crime can benefit from this program.

Volunteer Advocates can be paid a **\$75.00 stipend** for response to a victim of crime.

Please contact Judy Heinemann if you would like to apply for a Volunteer Advocate position.



Samish Social and Counseling Services Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



Jennifer Paddock extension 131

Judy Heinemann extension 114

Suzanna Dentel extension 229

Indian Child Welfare Services

Under the office of ICW we provide services such as child protection, family preservation, family conflict resolution, and other services related to assisting and supporting children and families. The purpose of providing services to Indian children and families in a specific way is to ensure that service delivery is done in the context of the person's native culture. There are certain practices of meeting with the Indian family and child, interviewing members regarding issues that differ from non-native approaches.

Tips on dealing with child abuse: While child abuse is not a pleasant topic to discuss, it is important for you as a family member, friend or community member to be aware of how to deal with the issue should a child disclose the abuse to you.

- Believe the child
- Stay calm
- Provide a safe and private place to talk
- Let the child know this happens to others – (children often feel they are the only ones)
- Do not make promises you cannot keep
- Do not judge the offender or the offense (children often have love for the offender (Example: a parent, sibling or friend)
- Report the abuse immediately
- Let the child know what is going to happen
- Do not investigate the child's allegations yourself
- Get support for yourself

If you do not feel comfortable calling CPS or the police yourself, please contact Judy or Jennifer at the Samish Tribe and they will take care of it.

Drug and Alcohol Services

The Social and Counseling Services Department has a certified Chemical Dependency Counselor.

Some of the Signs of a Possible Drug or Alcohol Problem

- Trying to cut down on or to quit using some substance and failing.
- Using the substance while alone or hiding the evidence of use.
- Using the substance to forget about problems or worries.
- Family, friends or teacher/employer expressing concern about substance use.

Welcome Our New Employee Suzanna Dentel

Suzanna Dentel joined the Social and Counseling Services Department on September 14, 2005. As the Social Services Specialist she is responsible for the LIHEAP energy assistance program, the food voucher and commodities services, the Youth Mentoring program, Tobacco Prevention



and Cessation services and the Drug and Alcohol Prevention program. We are very excited to have Suzanna join our team as she is an experienced case manager and has worked in settings providing community outreach, social services, mediation assistance and has worked with families, resource providers and government agencies. Please join us in welcoming Suzanna to the tribe.

The Food Voucher Program Begins a New Year!

The Social and Counseling Services Department has received funding for the year July 1, 2005 to June 30, 2006. This will allow us to continue to serve members with emergency food needs. The vouchers provided may be used at various designated food stores and the amount provided depends on family size. An application will need to be completed along with verification of tribal enrollment, income documents, residence, and social security cards. The income guidelines are as follows:

Family Size	Monthly income maximum
1	\$ 996.88
2	\$ 1336.46
3	\$ 1676.04
4	\$ 2015.63
5	\$ 2355.21
6	\$ 2694.79
7	\$ 3034.38
8	\$ 3373.96

Households may receive one voucher per month on an emergency basis. A call must be placed to the Social Services Department to request a voucher.



Cedar Hats Auction

For approximately a month 6 Samish members have been receiving teachings on how to make traditional cedar hats. The classes and materials were funded by the Prevention program in support of reviving traditional practices that are health, social and cultural activities.

Ethyl Warbus from Lummi has been teaching hat making to 6 eager tribal members who have agreed to become teachers to other tribal members in the future: Rose Castilleja, Leslie Eastwood, Jan Flagg, Michelle & Sarah Johnson, and Dana Matthews. So far twelve hats are finished, and many more are soon to be completed. Our goal is to have 30 or more Samish members with their own cedar hats by summer time. Look for flyers next month about several series of hat classes to start in the New Year.



Photo by Jennifer Paddock

Each one of us has agreed to make additional hats to either sell or auction to the highest bidder. All proceeds will go to support materials needed for hat classes and other cultural activities to be held in the upcoming months.

The hat Sarah Johnson is wearing in the picture is now open for bidding in a silent auction, minimum bid is \$150. The last day to bid on this item is January 15th.

We will also take orders from anyone wanting to purchase a hat, with a \$50 deposit to cover cost of materials.

Small Traditional hat @ \$200

Large Traditional hat @ \$300

Phone or email Jan Flagg to place an order and make arrangements for sending your deposit or make a bid. She will tell you if your bid has already been exceeded or not. Keep checking in with her to find out if you are the highest bidder.

For information regarding the Cedar Hat Auction please contact Jan Flagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us

National Council on Aging

If you are interested in learning about all potential state and/or federal benefits you may be entitled to, you can now call one number to access information. This number is toll free (888) 268-6706 or go on line to www.support@benefitscheckup.org

The Benefits Checkup Customer Support program offers support in:

- State Pharmacy Assistance Programs
- Medicaid & Medicaid Spend-down Program
- Medicare-approved Prescription drug discount card's \$600 credit and other related assistance
- Manufacturer-sponsored prescription assistance programs
- Major Prescription Discount cards
- VA health care system and Medicare savings program

Key features include:

- Free service
- Takes 10 to 15 minutes to complete the confidential screening
- Eligibility screening on over 340 different prescription assistance programs that cover 1,450 medications
- Help finding pharmacies where recommended Medicare-approved discount cards are accepted

Audit Your Energy Use

With utility bills set to soar this winter, it's a good time to do an "energy audit" of your home. What's this? Well, you just go to a Web site and punch in answers to detailed questions about your home. You then get an instant automated response with customized recommendations for cutting your home energy costs. No amount of weatherization or insulation, of course, can completely offset the expected rise in utility costs. But the online audit often will let you know which upgrades are worth doing. EnergyGuide.com for example, said that based on the information entered, installing better insulation at my house wouldn't be worth it, providing only \$23 to \$38 in annual savings on a \$534 to \$889 insulation investment. BUT, turning off my computer overnight could save \$118 to \$196 a year, at no cost to me.



The U.S. Department of Energy's "Home Energy Saver" Web site (www.hes.lbl.gov) also will compare your overall energy costs to those of the average house in your area and those of an energy-efficient house. There is also information on how much appliance use costs each year: \$132 for a 30 year-old refrigerator or \$59 for a newer model. And, using a coffee maker every day costs approx \$44 a year.

For more options, check your local utility company's web site as well. Many offer an online audit and other energy-saving information.

If you do not have a computer at home, local libraries offer internet access and there are computers available at the Samish Administration office for member use. Please contact Suzanna at the Samish Social Services for more information.

Rental Assistance

DO YOU NEED RENTAL ASSISTANCE?

Are you residing in a county that is not in the Samish Housing Department's 10 county service area? (We are now able to provide services in the following counties: Whatcom, Skagit, Island, Snohomish, King, San Juan, Kitsap, Jefferson, Pierce, and Clallam.) We are in the process of possibly changing the policy and need to know how many of you are out there that could benefit from our Rental Assistance Program. The Samish Indian Nation Tribal Council has asked that we start a list to find out how many of you are out there that could benefit from rental assistance. Please give us a call and get your name on this list; we would really like to be able to blanket the state with our Samish Indian Nation's Rental Assistance Program.



CONTACT US

Samish Indian Nation Housing Program

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404**

SAMISH INDIAN NATION

SAMISH NEWS

Election Superintendent to Step Down

Brent Wooten has fulfilled his three year commitment as election superintendent and plans to step down after the 2006 election. If anyone is interested in this position, please contact the tribal council.

**Tribal Council
Elections are
JUNE 25, 2006.**

POSITIONS UP FOR ELECTION

- Vice Chair: 4 year term
- Treasurer: 4 year term
- Council member #7 4 year term



Brent Wooten, Election Superintendent

IF YOU WOULD LIKE TO RUN FOR OFFICE YOU MUST MEET THE FOLLOWING REQUIREMENTS

1. Be an enrolled member of the Samish Indian Nation
2. Be 21 years of age or older on the date of the 2006 General Council meeting
3. Have resided in the United States for at least one year immediately preceding the election
4. Be a resident of the state of Washington
5. Be the only member of the household running for the same office

YOU MUST COMPLETE THE FOLLOWING

1. File a petition signed by (10) enrolled members of the Samish Indian Nation who are eligible to vote with the secretary of the Tribal Council at **Samish Indian Nation 2006 Election Office 1155 North State Street, Suite 614 Bellingham, WA 98225**
2. On a form to be provided by the election board, file a statement of candidacy with the secretary of the Tribal Council no later than **MAY 10, 2006 at 4:00pm**. These forms may be requested by mail or calling the toll free number at (866) 676-4601
3. Candidate should submit a statement not to exceed 300 words [Photo optional] at the same time they submit their statement of candidacy.

Letters to the Editor

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Herman

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the Edi-
tor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

FIELD TRIP

Twenty-five students from Fidalgo Elementary School studying Native American Culture attended a field trip on January 20, 2006. The students visited the Samish Museum and the Maiden of Deception Pass totem. The field trip was sponsored by the Samish Social and Counseling Services Drug, Alcohol and Tobacco Prevention Program with Rosie Cayou James and Bill Bailey offering drumming, songs, stories and traditional foods to the children and their teachers. Here is a letter that one of the children wrote about his fieldtrip experience:



Dear Jennifer, Rosie, Bill and Suzanna,

Thank you very much for setting up this fun field trip. My favorite part was when we ate the delicious tea, fry bread, and smoked salmon. I also enjoyed hearing the story of The Maiden of Deception Pass, it was very interesting. Also the Samish Museum was enjoyable. Thank you again for the mood pens you gave us and the piece of paper that tells us not to take drugs, chew tobacco, and never ever smoke. I think the songs you play were awesome. Beside from my favorite food my other favorite part was seeing the tools the Indians used a long long time ago. Thank you again

Blake

EDUCATION DEPARTMENT THANK YOU

Dear Samish Family,

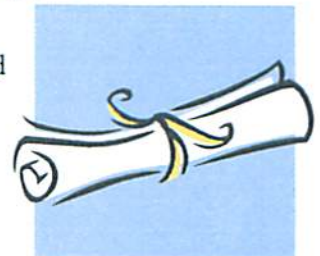
I did it! I got an "A" in my class. I just wanted to thank you for your help in my endeavor to become an electrician. This semester I am taking the next level and hope to do well, also. This copy of my first extra project for this new class is an example of using the Excel program and making graphs on the computer. I learned so much. I just had to get past the three stooges concept to see the value of the assignment. Thank you again for your help and the encouragement it brings.

Coral Donavan

SCHOLARSHIP THANK YOU

I am so thankful to the Samish Indian Nation for awarding Holly Boyle a scholarship for college. We're so proud she's going and she seems to be doing well. Thank you for your support!

Estrellita
Boyle and
Family



Samish Administration Office

The Samish Tribe is committed to reestablishing our homelands, strengthening our tribal culture, demonstrating traditional stewardship of cultural and natural resources, and being a contributing force in the economic base of our region. Our beautiful cedar Tribal building is located in Anacortes where we oversee the welfare and resources of the tribe and offer a wide variety of services to our members.

Visit our website for more information www.samishtribe.nsn.us or contact our office at (360) 293-6404 or toll free at (800) 365-9062.



Fidalgo Bay Resort and RV

The newest addition to the tribe is Fidalgo Bay Resort. Located on 48 acres on Fidalgo Bay the 180 space full service RV Park offers a panoramic view of both Anacortes harbor and Mount Baker. The new "Anacortes Boardwalk" connects the resort to downtown. The winding path follows the shoreline and offers a truly beautiful and relaxing walk.



Businesses Owned by Tribal Members

Allen-Bradbury Construction, L.L.C.

512 54th Avenue E
Fife, WA 98424
(253) 573-1452
Owned By Tribal Member Allen Engberg

Omega Options International

3926 Iron Gate Road, Suite #D
Bellingham, WA 98226
(360) 738-4900
Owned by Tribal Member Debra Romazka

Emerald City Graphics

23328 66th Avenue South
Kent, WA 98032
(253) 520-2600
Owned By Tribal Member Herb Blackinton

Tangles and Co.

514 Commercial Avenue
Anacortes, WA 98221
(360) 293-6760
Owned By Tribal Members Brie Keller and Nada Thompson (Ron Thompson's Wife)

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360)293-6404 or toll free at (800) 365-9062 extension 110 or email her at nherman@samishtribe.nsn.us

NORMA JOSEPHINE (CHILDS) CARPENTER

Norma Josephine Carpenter, 84, of Mount Vernon, Washington gracefully retired from life on Friday, January 27, 2006 at Skagit Valley hospital resulting from an aortic aneurysm. She was born on August 28, 1921 in Bremerton, WA, the daughter of Lucian (Lute) Foster and Minnie Mae (Harkins) Childs.

On December 23, 1939, she was united in marriage to Sam Carpenter, a Commercial Fisherman and a Merchant Marine, who died while at sea in Alaska. Norma and Sam were married for 27 years and had three children, Judy, Jana and Steve. Norma was a homemaker, but also worked in the canneries and assisted her brother Doug with his business, "Doug's Taxi" service. In recent years, she enjoyed her extensive family and her pursuits included crocheting, cooking, and especially beading at the Samish Tribal Beading Center, where Norma rarely missed a Wednesday lunch with her group.

Norma is fondly remembered with love and affection by her 10 great-grandchildren as "Grandma Grape." Norma will be dearly missed at the Samish Elders lunch program and beading classes.



Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Rebecca Armstrong	Connie Barr	Lloyd Barrett	Lyle Barrett
Victor Barrett	Lisa Bleeck	George Bob	Marcey Bob
Deanna Crumpacker	Anna Cruz	Aurillo Cruz	Mario Cruz
Lena Daniels	Miranda Daniels	Skye Dunn	Tyler Eagleheart-Charlie
Carolyn Edwards	Larry Gaskill	Heidi Hawkins	Theo Hawkins Jr.
Debra Higgins	Laura Hovland	Kirk Hudson	Gordon Jack
Wilma Jenkins	Betty Jones	Patricia Kavanaugh	Jerrold King
Mary Kendall	Corey King	Patricia King	Shannon King
Stephanie King	Levi Lowrie	Erika Markley	Charlotte MacDonald
Kurtis MacDonald	Winnifred Marchand	Heather McIntosh	Jenny Miller
Peter Miller	Gordon Misheal	Shaylynn Morgan	Juliette Scates
Shawn Sherman	Jo-Anne Smith	Wesley Smith	William Steele
Jamie Strokes	Alannah Thiefaul	Marvin Underwood	Bernie Wills
Jeffery Wooten	Sheri Underwood	Norman Underwood Jr.	Ralph Underwood Jr.

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

ANYONE REQUIRING A NEW CARD MUST PAY \$5.00 FOR A REPLACEMENT. CHECKS MADE PAYABLE TO "SAMISH INDIAN NATION". IF YOU'RE PRESENT CARD DOES NOT HAVE A PHOTO ON IT THEN PLEASE SEND A PHOTO ALONG WITH THE REQUEST AND CHECK TO THE ENROLLMENT DEPARTMENT.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. When it comes to an address change then we need a copy of a bill, a copy of your driver's license with that change, rental document or etc., we can no longer take this information over the phone – we must have a valid home residence, we will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it. There is a \$5.00 charge for replacement cards as well. If you don't have a photo on your card then you can send in a photo and it will be placed on the card.

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



Enrollment Clerk

Jan Flagg extension 106

jflagg@samishtribe.nsn.us

Samish Cultural Wellness Event

This Workshop is sponsored by the Samish Social Services and Counseling Department and is funded as an alcohol, drug and tobacco free event.

We are offering this cultural workshop in preparation for the 10th Anniversary celebration at the June 24 & 25 Samish Cultural Day and General Meeting. We encourage as many Samish members as possible to have traditional drums and cedar hats at the celebration.

Traditional Cedar Hat Class

in Whatcom County

Sunday April 23 & Sunday May 7

10am to 6pm Location to be announced

Rose Castilleja, Sarah Johnson and Michelle Johnson will teach a workshop in traditional cedar hat making. This is an exciting opportunity that we hope you will be able to attend. Pre-registration is required as well as a \$25 fee to help with a portion of the material costs. We will have room for only seven hat makers at this class so please register early. To reserve your place, please pay the \$25 fee in advance by sending a check or money order (checks made to Leslie Eastwood) to: Suzanna Dentel, Social and Counseling Services, PO Box 217, Anacortes, WA 98221. Please bring scissors, straight pins with large beaded heads, a spray water bottle and a towel to the first class session.

For additional information, please call Suzanna Dentel at (360) 293-6404 or toll free at (800) 365-9062 extension 129 or email her at sdentel@samishtribe.nsn.us

► cut here and mail ► cut here and mail

REGISTRATION FORM

Name: _____

Phone: _____

Fee Enclosed: _____

\$25 Cedar Hat Class

(Please DO NOT mail cash)

**** Mail to: Suzanna Dentel, Social Services and Counseling Department P.O. Box 217 Anacortes, WA 98221 ****

First Samish Cedar Hat Class



Tribal Member Janice Bailey

Leslie and I would like to congratulate the following people who finished their hats in the 1st Samish taught cedar hat class!! Shawn MacAvoy, Janice Bailey, Carol Ann Truex, Jackie Bohn and Benjamin Jojola. Their hats turned out great and we had a fantastic time doing the hats. Hope that more will take the next one and have as much fun as we did. Thank you to the class members for stepping up to share in the past & future of Samish. ---Jan Flagg

To the General Membership:

The Samish Indian Nation will be celebrating the 10th Anniversary of our re-recognition with a Gathering and Potlatch on June 24th! We are again asking the membership to donate some of the following items, if they can, to be used in the potlatch: towels (kitchen or bath), pot holders, drinking glasses (plastic or glass), wash clothes (kitchen or bath), coffee (2 cups per bag), sugar (2 cups per bag), tea (10 bags per bag), or anything else that you may want to give.

We will start having work parties to make shawls, necklaces, key chains, etc. for the giveaway. These are generally on a weekend and we will have the times, dates, and location posted on the web site – www.samishtribe.nsn.us, as well as mailing out a notice to those (due to limited funding) in the 5 county service area. Please pass the word around to your family to make sure everyone knows the where & when. Please contact Jan Flagg for additional information.

State of the Government

By: Thomas Wooten, Tribal Chairman

Greetings, I would like to use this forum to let you all know what is happening with our tribe. Many changes have taken place over the course of the last six months. The Chairman's resignation, the General Manager quitting, and the first detailed HUD audit of our housing program, which was a real eye opener for tribal council and committee on all of the things the tribe has done wrong from the beginning. The Research Institute and what the goal started out to be and where it is today. The on going battle for treaty rights and federal funding or the lack there of. Balancing of the budget and paying for an RV park. These things have been some of the major issues our government has had to deal with in recent months.

Chairman's Resignation: As you all know by now, I am planning on finishing the Chairman's term of office and Janet Castilleja will be completing the term as Vice Chairman. Dana Matthews was selected from interested tribal members to complete the vacant council person's term. This at least for now is the make up of our current government. With the chairman's resignation tribal council has had to step up and make hard decisions over the past few months and have risen to the occasion. Streamlining programs, cutting budgets, consolidating jobs.

General Manager: The last General Manager did a great deal for the tribe in his three years here, unfortunately one of his short falls was attention to detail, and his management style did not lend itself to good program management, financially or other wise. After his departure it was apparent that the program directors need to control not only the programs, but the budgets they operate under as all program monies were pooled and not one program director knew where they were at with their program budgets. This has now changed as the administration and Tyee (or hard money) accounting departments have now been combined to do the work of both entities, using the same system for both, so reporting and budget reports will all look the same. The program directors are now responsible for the overall programs including the budgets. The tribe is looking for a person who has expertise in the comptroller management field and will hire that person as soon as possible.

The big question when dealing with grants and contracts are deliverables (the goal of the grant), match (what the tribe is obligated for) and indirect costs (support costs that may or not be allowable by grant or contract), if these items cannot be managed, then the tribe will no longer be seeking or renewing grants or contracts for any department, big step forward in getting cost under control. We are seeking a replacement general manager and by the time of this article our search should be narrowed down and interview process underway.

HUD Audit: The HUD audit, as some of you may know by now the tribe had its first audit of the housing program and to come to the point, failed miserably, there were over sixteen findings ranging in severity from clerical to major findings. The time frame went all the way back to when the program first started up and included everyone who has ever been associated with the program. With the help of our program staff, legal staff, and HUD the list is being addressed, and has been whittled down to four items and hopefully the remainder will be addressed by the end of the year. The one thing that comes out of this is that the tribe needs competent staff that will not bend the rules no matter what, and that the committee is an advisory committee to the tribal council and not the department's director, and or staff. I am told that almost every tribe that has funding and houses under HUD fails audits, but too be truthful that information does not make it any easier or better. The plan is to complete the audit, correct the findings and ensure staff and support is in place to run the program within the guidelines of the program.

Research Institute: The Research Institute had been a dream of Chairman Hansen's for years. I remember back when he first talked about it eight or nine years ago. As you all know the tribe funded it over four years ago with the hope it would become self sufficient, this unfortunately never happened, one reason the economy tanked about the time the institute was started. The shortages of grants in the field that the tribe was interested in were few and far between, it took a different direction then the tribe had originally intended after the first year. Another

thing that came out of this was, the Institute was in direct competition for grants and contract with the Tribes Environmental Program. The budget issues the tribe has had to deal with this year made it impossible to continue to fund the Institute at the current level, a change was needed. It is now a sub department of the newly reformed Department of Natural Resources and will remain there through completion of the existing grants and contract. After which time the program will be evaluated to determine if it should be continued and at what level of funding from the tribe.

Treaty Rights: We have come a long way towards the restoration of our treaty status as an Indian Tribe. We made it all the way to the Supreme Court not by our doing, as you all know the other tribe in *US vs. Washington* case have been fighting us every step of the way. We have now heard back from the lower district court, the scheduling has been set for the *rule 60B-6* cases and will play out this summer. As you may know the *rule 60B-6* motion is the vehicle our Attorney found that allowed us to even attempt to get back into the case. All I can say is we will continue to move this important issue along. This has been a burden financially for the tribe to carry; we have asked the BIA for Attorney fees, now that we have gotten to the point. They have to recognize us as the historical tribe we have said we always have been, as of yet we have not seen

any relief and have budgeted accordingly for the long haul.

Budget: The Budget as I have said above, was passed and we continue to support or subsidize all of the programs that have shortfalls, as you can guess the BIA funding is at levels that are below our needs. The subsidizing of the debt on the RV Park real vs. projected (what the payments are vs. what the park brings in) did not live up to its expectation. The treaty rights case and lobbying activities, programs that are not covered by any other means, scholarships, the orthodontic program, the Institute for Coast Salish Studies, are the bulk of this years funded activities and as I have said, multiple program short falls.

This is an update of where we are and hopefully a look at where we are headed, we have had to change the way we do our day to day operation and to weigh things to see if there is justification to continue these activities. These implemented changes are for the betterment of our nation; change can be a painful thing at times, but necessary to align things for the future and to keep the tribe in the black and moving forward.

Thank you,

Tom Wooten

Constitutional Review Committee

As you may recall, at the last general membership meeting, there was a motion and a vote taken by the general membership to form a committee to review the constitution and make recommended changes, which did not succeed but did make everyone there aware that there may or may not be deficiencies in our constitution. At that time I told you all that I would personally try to make this happen. The goal was to try and have this done by the next election; alas this was not meant to be. But after deliberation and debate tribal council by resolution has formed a committee with the intent to do just that. Dorothy Hill has been appointed as chairperson, with the goal of going over our constitution and bringing back recommended changes to the tribal council so that council may get these recommended changes out to the general membership for a vote.

At this time, I would like to request any interested general members wishing to serve on this Ad Hoc committee to please contact the tribal office for appointment. This committee will follow our committee ordinance for the number of committee members. Thank you in advance for your interest and participation on this Ad Hoc committee.

If you are interested in serving on the Ad Hoc committee for the revision of the constitution please contact Dorothy Hill at (360) 293-6404 or toll free at (800) 365-9062 at extension 108 or e-mail her at dhill@samishtribe.nsn.us

Council Chamber Furniture

On Monday February 6, 2006 Chairman Tom Wooten and Secretary Chris De Kay went to Seattle to visit with Tetra Tech KCM and thank them with a small gift for their generous donation to the Samish Nation. This is the company that donated the furniture and soft walls that have been installed in the new Council Chamber upstairs at the RV Park and the soft walls used in the remodeled Administration Accounting Department.

Several months ago, Dee Branson, Tom Wooten and Chris De Kay were assigned to an Ad Hoc committee to design office space, purchase office furniture, recommend/purchase window coverings and design and build a kitchen space for the council chamber. It had been decided by council that there should be five office spaces in the room, a reception area, kitchen, window covering and Council meeting space.

After doing some research we quickly discovered that the limited funding allocated for this project would cover the cost for the window coverings alone leaving no money for furniture. Chris talked with a friend whose office, in downtown Seattle, was moving. They were giving away any of the furniture, soft walls, chairs etc. Chris and Larry De Kay went to Seattle to look at the furniture to see if it could be used, if it was in good shape, and mark the pieces that would be appropriate for the Council Chamber. A few days before Christmas was moving day. A moving company was hired and all the selected furniture was loaded up and moved to Anacortes. The furniture donated and moved that day was enough to furnish the five offices, soft walls for the offices and the Accounting Department and some storage cabinets.

Nathan De Kay and Larry De Kay, with help from Stan Branson and Tom Wooten, worked long hours building a new kitchen wall and installing kitchen cabinets and installing office walls and desks. A machine was rented and Jeff Wooten spent hours cleaning the soft walls. Jeff's hard work made a huge difference.

The Council Chamber is so different now it is not just a big open room but professional looking offices with a nice waiting area for guests and a kitchen area for the coffee etc. We still do not have window coverings, but there is such a beautiful view from the Council Chamber that we can wait to work on that project.



Newly Elected Council Member

Hello! As the newly elected Council Member I would like to introduce myself to the General Council. My name is Dana Matthews; I am the daughter of the late Edward (Eddie) Sherman, the granddaughter of Anita Frances (Penter) Murphy, the great granddaughter of Cleveland Penter and the great, great granddaughter of Adeline (Cayou) Penter and the great, great, great granddaughter of Cecilia (U Ki Toff) Cayou. I was born in Anacortes, Washington and currently live in Oak Harbor, Washington.

I work at the Samish Longhouse as a Family Advocate for the Samish Head Start program. The Samish Elders program is also held at the Longhouse, which gives me the opportunity to have lunch with our Elders and to hear their concerns. I bring to the Council my years of experience working with families who come from all walks of life and usually have high social, financial or medical needs.

I am an active member of the Cultural Committee and Social Services and Counseling Committee. My son and I have participated in the Canoe Journey for the past two years, him as a puller, me as ground crew and both of us helping with fund raising. My family and I attend all of the cultural events that we are able to and I try to make sure they understand the importance, pride, and humbleness of the traditional ways.

I strongly believe that it takes a diverse tribal council, with members of all ages, various backgrounds and families, to serve the general membership with unbiased and conscientious decisions that will continue to strengthen the Samish Tribe for future generations. If you have any questions or comments for me, please feel free to email me at dmatthews@samishtribe.nsn.us

--Hy' shqa. Dana Matthews



Fidalgo RV Resort Under New Management

Fidalgo R. V. Resort would like to introduce our new management team, Micheal and Jean Madsen. Michael and Jean have moved to the Anacortes area from Bellingham to work for the Samish Indian Nation and to be near their family and friends. They love the R.V. Resort, and love to go R.V.ing.

The SAMCOR Board would like to welcome Michael and Jean to the family. Out of all the applicants that applied for the management position, no other applicant was better fitted for the position. Michael and Jean have worked in this field before at a resort in Eastern Washington which consisted of 55 campground sites, 150 slip marina, 5 room motel, grill and C-store. Michael and Jean have some wonderful ideas to make your stay at the Resort a pleasant stay.

Michael has an artistic side as well and Jean was an L.P.N. for 30 years. Michael and Jean previously owned a gift shop where Michael threw clay pots to sell. So come on by and see Michael and Jean Madsen. You'll be glad you did.



Samish Health Department

The Health Department tries to cover issues pertaining to your health management in a proactive manner. First we have assisted as many of the seniors who have asked for help in their Medicare Part D drug choices. Enrollment is still open; contact Samish CHS office for information. Next we have been encouraging the uninsured members to find an affordable health insurance plan. One of the best choices has been the States' Basic Health plan; again, call the CHS office for that information.

We have noticed a higher use of emergency rooms for care that is not "life or limb" serious that could be handled in a doctor's office or walk in clinic. These walk in clinics are being placed in shopping centers and around some towns' business districts. The average cost to your tribe for an uninsured emergency room visit for earaches, sprained fingers, rashes, headaches etc. is \$800.00. Why? Because the hospital charges about \$300.00, and the doctor charges about \$300.00 and questionable tests and x-rays are \$200.00 or more. The walk in clinic charges average \$50.00 to \$75.00 for the same conditions as do private doctors. A new walk in clinic is in Anacortes at 1500 Commercial Avenue.

Pharmacy costs are rising; and any medication that is to be taken for more than one month is deemed long

term and that medication must be obtained from Bellgrove Pharmacy for you to receive CHS benefit. Call the CHS office below for information.

Your tribe's health care dollars are fixed and limited and can run out before each year's end if excessive use of services and drugs continues to escalate.

We wish to announce the departure of Frances Straus, RN, after 3 years service to the Samish. Frances developed a diabetes information and assistance program which will be continued by Dr. Tucker. She will be missed.

Continue to watch for Health Newsletters from this department as we wish to keep you informed and stimulated toward good health.

Our New Employee Erin Soucy

I would like to introduce myself to the Samish community. I have recently been hired to assist Joanne in Contract Health Services. I come to Samish Health with 10 years of medical office front desk experience and hope I will be a great asset to the tribe. I will be commuting from Stanwood daily, where I reside with my son, who is a 9th grader at Stanwood High, and my sister, who is employed in Mt Vernon. Under the excellent guidance of Joanne, I look forward to assisting the members of our community for many years to come.

Samish Contract Health Services

1017 29th Street

P.O. Box 919

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



Joanne Liantonio extension 125
jliantonio@samishtribe.nsn.us

Erin Soucy extension 126
esoucy@samishtribe.nsn.us

Keith Tucker extension 201
ktucker@samishtribe.nsn.us

MEDICARE PART D (PHARMACY COVERAGE) ENROLLMENT PERIOD

For all clients on Medicare, your enrollment for a Part D Plan will be open until May 15, 2006. If you are eligible now for Medicare and sign up for a Part D Plan AFTER May 15, 2006, you will pay a higher premium for your plan. If you need assistance choosing and enrolling in a Part D Plan.

Please call Joanne at the Samish Contract Health Office. I can help you make a choice and enroll you online as we speak.

Samish Archives Department

Two new employees have joined the archives staff. Both are Samish tribal members and recent graduates of Western Washington University. Sarah Johnson, in the newly created position of Archaeological/Cultural Resources Technician, is cataloging the collections of archaeological materials. Rose Castilleja was hired as the Archives Program Assistant, funded by a grant from the National Historical Publications and Records Commission of the National Archives and Records Administration. She is cataloging the document collections. Rose had worked part-time during the previous three months continuing the National Park Service funded Historical Preservation project to catalog the audio-visual collections. She scanned and catalogued more than 1300 color slides. Tracy Powell worked as a consultant on this project.

Look for updates on the progress of the catalog project.

Rose Castilleja –

I am one of the two new employees in the Archives Office. I recently graduated from WWU with a Bachelor's of Science in Biology/Anthropology. I am a Barrett and I have been involved in Samish activities my entire life. My mother, Janet Castilleja, is the Council Vice-Chair and my aunt, Chris DeKay, is Council Secretary. I'm working on cataloging documents into a digital database. I've really enjoyed the work I've done so far, along with our small group who work here at the RV Park.



Sarah Johnson –

I am a Barrett, Jan Castilleja and Chris DeKay are my aunts, and a graduate of Western with a BA in Archaeology. I have been working on cataloging and photographing the archaeological collections here in the archives. I have also started commenting on construction project proposals that come in to this department which may disturb archaeological sites or culturally sensitive sites in this area. I am very excited to be here and my first month has been a lot of fun. I am looking forward to helping protect and understand Samish's archaeological history and continuing to expand the archives and research department.

Contact Us-

If you would like to contact the Samish Archives Department please contact (360) 293-6404 or toll free at (800) 365-9062:

- Megan Jones at extension 215 or e-mail her at mjones@samishtribe.nsn.us
- Rose Castilleja at extension 210 or email her at rcastilleja@samishtribe.nsn.us
- Sarah Johnson at extension 210 or email her at sjohnson@samishtribe.nsn.us



Fiddleheads

Think Spring, Think Greens!

Maintain a healthy lifestyle by eating green fruits and vegetables daily. Green vegetables contain varying amounts of phytochemicals such as **lutein** and **indoles**, which interest researchers because of their potential antioxidant, health-promoting benefits. When you include GREEN in your diet, the benefits include: a lower risk of some cancers, good vision health and strong bones and teeth

Traditional Spring Greens

Our ancestors ate the spring shoots and greens to enhance their diet. Now that it is spring, the shoots are coming up. Some of the common ones include nettles, dandelions, salmonberry shoots, and fiddlehead ferns.

The plant shown is what is commonly called a fiddlehead fern.

Fiddleheads are young, edible, fern shoots that are gathered when they are still curled. They are very similar in shape to the head of a violin, hence their name. These vegetables are gathered in the spring when they are still tightly curled and between 4 and 6 inches high, from approximately mid-April to early July, depending on the region. Fiddleheads must be collected just days after they emerge, as the plants become inedible once they uncoil.



Nutritional information

Fiddleheads are a good source of potassium; they also contain vitamin C, niacin and iron.

These greens should be gathered and cooked the same day. Otherwise, like lettuce, they will begin to decay and lose the nutrients they contain.

Cooking Fiddleheads

The flavor of these greens can be described as a cross between asparagus and broccoli; others say it is a combination of asparagus and mushroom. Fiddleheads have a unique flavor that reminds you they have just come up from the soil. The exquisite flavor of the fern is at its best when they're served within hours of picking, either steamed just until tender, about 8 minutes, or cooked, uncovered, in a large amount of boiling salted water for 5 to 7 minutes or until stalks are bright green and tender crisp. (Do not overcook. Overcooking robs them not only of their color, taste and texture but some of their nutrients as well.)

Fresh fiddleheads are best enhanced only by butter, salt, pepper and a sprinkling of fresh lemon juice or vinegar. Do not overpower their subtle flavor with heavy sauces or combine them with highly flavored foods or seasonings. For a salad, simply toss in a light vinaigrette dressing (oil and vinegar or lemon juice) seasoned with a little minced shallots and a pinch of mustard.

A website with more information about the fiddlehead fern is: <http://www.chefdecuisine.com/vegetables/fiddleheads/fiddleheadmain.asp>

A website that provides a nutritional analysis of traditional foods is:

<http://www.lib.uaa.alaska.edu/hsis/about/akfood.pdf>

Contact Us

For more information please contact Barbara Jackson in the Samish Indian Nation Education Department at (360)293-6404 or toll free at (800)365-9062 extension 127 or email her at bjackson@samishtribe.nsn.us



Housing Department Needs Your Help

Attention All Tribal Members:

The Samish Indian Nations Housing Department Needs Your **HELP!!!**

The U.S. Department of Housing and Urban Development is requiring that we complete our files and provide missing documentation from the years 2000 - 2004. We are trying to locate any or all tribal members who applied for and received assistance from the Rental Assistance, Home Repair, or Down Payment Assistance Programs for the years 2000, 2001, 2002, 2003, and 2004. Our housing files are missing some income information and we need your help.

Once the completed information is received from the families, the Samish Tribal Council will be sending a \$25.00 gift card from Wal-Mart to say **THANK YOU** to the families for helping us! Please contact the Housing Department.

The Samish Indian Nation has also extended our **Rental Assistance Program** to a period of 60 months (5 Years) from the previous 24 months (2 years) for income eligible families that reside in the **entire area of Washington State**. Your family may qualify for additional assistance.

Please contact Laura Magi in the Samish Indian Nation Housing Department at (360)293-6404 or toll free at (800)365-9062 extension 115 or email her at lmagi@samishtribe.nsn.us



Six Steps for Getting out of Debt



A **Native community** is more than the sum of its parts. It embodies the mystique of community, the circle of inclusion. Within each member it generates powerful feelings of cultural solidarity. That precious spirit cannot survive without the underpinnings of economic development. But the development must be for everyone – not just for a few. That is the Native understanding.

“Financial Skills for Families” is a participant guide and curriculum for Native communities. The purpose is to enable community members to realize their traditional values by learning financial skills that will help each person make informed financial decisions for themselves, their family and their community.

The Samish Social and Counseling Services Department would like to offer this training to any Samish member who is interested.

In each issue of the **Samish News**, we will share tidbits from the Native Financial Education Coalition website: www.nfec.info. Feel free to view their website, click on “document library” and look under “Adult Financial Issues”.

Please contact Suzanna Dentel in the Samish Social and Counseling Services Department at (360)293-6404 or toll free at (800)365-9062 extension 129 or email her at sdentel@samishtribe.nsn.us

Social and Counseling Services News

Food for Low Income Households and Individuals

The Samish Indian Nation Social and Counseling Services offer all eligible tribal members the opportunity to apply for the **Commodities Food Program**. This program provides over one hundred bulk food items on a monthly basis delivered to various sites throughout Western Washington (you must go to the site monthly to pick up your food items).



If you meet the following eligibility requirements, please come to the Social Services office or call us to complete an Application Worksheet. Once we have determined your income eligibility you will be given an "Application for STOWW Food Distribution Program" to complete. Upon final determination by STOWW, you will pick up your food items according to the Food Distribution Schedule for a tribal reservation drop off area close to you.

Some of the basic eligibility guidelines:

- You cannot receive DSHS food stamps or benefits
- You must meet income eligibility guidelines (there are deductions for child support payments, elder care or child care costs, SS insurance premiums, etc. from your earned income).
- You cannot live within the city limits of a town with a population of 10,000 or more --- but must live within 50 miles of a reservation.

Some of the food items available are: vegetables and fruit (FRESH and canned), fruit juices, canned meat and turkey, frozen chicken, butter and oil, beans, peanut butter, cheese, cereals, sauces and soups, rice and noodles, bison and buffalo. You will be given a checklist to complete to delete the items you do not wish to receive.

Please contact Suzanna Dentel or stop by our office if you think this program is of interest to you. We will be happy to assist you.

The Victims of Violence Program

This is a reminder that the Social Services Department offers services to Samish members and their families when they have been victims of crime.

We can provide services to assist if you or a family member has been assaulted, threatened, terrorized, robbed, or your property has been vandalized, damaged or you have been a victim of identity theft. We also assist in situations where an elder has been taken advantage of or financially exploited, or if you suspect a child has been abused or neglected.

Services include: case management, legal advocacy, crisis response, some financial assistance if you need emergency shelter, or need to move away from a violent situation, some property damage repair, lock changing, referral to and assistance with other systems that may be able to help, reporting to law enforcement or child protective services / adult protective services, and assistance with applying for Victims Compensation.

We serve 5 counties with this contract-Whatcom, Skagit, Island, San Juan, and Snohomish.

Please contact Judy Heinemann.

Samish Social and Counseling Services Department
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
Phone: (360) 293-6404
Toll Free Phone: (800) 365-9062



Jennifer Paddock extension 131
Judy Heinemann extension 114
Suzanna Dentel extension 129

IF THE TRUTH WERE TOLD,



THEY WOULD RATHER HAVE YOU QUIT SMOKING.



As American
Indians we are
taught at an
early age
about respecting the
family. **Second hand
smoke hurts others.**
Please respect your
family. To learn more
about quitting call:

Washington State Department of Health

Tobacco Quit Line

877-270-STOP

toll-free

7 8 6 7

QUITLINE.COM



Washington State Department of
Health

For more information on local cessation resources please
contact: Suzanna Dentel, Samish Social and Counseling Services
Office, 1-800-365-9062 or e-mail sdentel@samishtribe.nsn.us

Domestic Violence Coalition

The Samish Tribe, in collaboration with the Skagit County Domestic Violence Coalition, is providing all-day training on Thursday 7/27/06 at the Fidalgo Bay Resort and RV Park. The nationally renowned presenter, Mark Wynn, will be providing this extensive training on domestic violence for the region. Breakfast snacks, lunch and afternoon snacks will be provided. Please contact Judy Heinemann to learn how to register for this training.

Canoe Journey Cultural Days Camping Trip

Friday, Saturday and Sunday July 7, 8, and 9

For all Samish members and their Families

Come join us for a Samish Camping Trip to the Islands! This drug, alcohol and tobacco free event promises fun and traditional learning opportunities for the whole family. Activities will include:

- Canoe exploration between islands
- Beach & forest walks to identify foods, plants and tools for hunting and fishing.
- Traditional teachings
- Team building exercises
- Time to explore on your own



Everyone is welcome! Parents must accompany children under the age of 16. Please call or email Suzanna Dentel to receive a registration packet.

Mentoring Program

YOUR ASSISTANCE is needed with the Samish Nation Mentoring Program. Are you someone who might offer opportunities to youth to help them rebuild a sense of pride in their heritage, develop a strong sense of identity that promotes personal success or just spend time hiking, going to a movie or bowling? Do you know a youth who would benefit from the support of a mentor?

We have free tickets to Mariners games, The Experience Music Project, movies, etc. as well as mileage reimbursement support. We are able to match mentors and youth across Washington State. Please contact Suzanna Dentel at the Samish Social and Counseling Services Office for more information.

**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404**

SAMISH INDIAN NATION

SAMISH NEWS

Greetings, fellow tribal members. It has been some time since the last news letter, and much has been happening with our new tribal council. I will start out with the appreciation I have in the candidates you all selected for the council. They all bring a unique view of Samish with them as well as enthusiasm which has invigorated the remaining council members. Council recently has managed to increase the revenues of the tribe through re-negotiation of our terminal lease allocations. This was accomplished by a government to government relationship as it should be, when tribes work with each other. The tribe has also completed an agreement with the State of Washington along with 26 other tribes to amend our gaming compact. One of the changes is an increase in the number of terminal allocations; this will again increase the revenue this year. This new Compact must first be approved by the Bureau of Indian Affairs, and then we must negotiate a new leasing agreement with another tribe to lease the new machines. One cannot talk of increased revenue with out thinking or talking about the tribal budget. As you may recall in my last article, I thanked the Ad hoc budget committee for their efforts. I would again like to thank the general members that were able to answer the call for our tribe and help develop the Tyee or un-restricted funds budget.

As you may also remember, our tribe is committed to completion of our outstanding audits and council is pleased at the progress that our newly restructured financial department and auditors have made in the completion of the 2005 Audit, with the expectation of the 2006 to follow soon after. The new software that not only grants and contracts are using but Tyee is also making the transition to as well, allowing detailed reports to be generated in all aspects of our tribes business. These reports will provide more information to the Council and to the membership about the tribe's business.

The quest for our new general manager continues. Unfortunately, with the increase in tribal gaming manager positions around the country, there is a shortage of qualified managers with knowledge of Indian affairs, especially at a reasonable price. The Council continues to try to protect tribal assets by being conservative in what we pay. Council has interviewed candidates and will continue to do so, until one can be located that can work with the structures now in place and work with our staff and consultants. We have a dedicated staff that is now managing every aspect of the programs they are involved with.

Our council has made every effort to ensure that each grant or contract applied for meets and meshes into the tribe's

**Tribal
Chairman
Tom Wooten**



strategic plan. Speaking of our strategic plan, our council just completed a review with the new council members, bringing them up to speed and revisiting whether the priorities and direction remain valid. This review also reminded the existing council members as to the direction we all are headed in the next five years

You will be receiving a questionnaire shortly asking for your input as to which of the priorities identified in the strategic plan are most important to you. Please take the time to respond, as council would like to know what you all would like to see for our tribe. We will also be asking you all about our constitution and will be sending you some of the proposed changes that the Ad hoc committee came up with, to eventually be voted on and added to or removed from our nation's constitution.

Our running battle for treaty rights continues, and with the help of our attorneys and a fair court system we are making good progress towards the Rule 60B case that will allow us back into U.S. vs. Washington and restoration of our long deserved treaty rights. The other tribes continue to fight us in order to delay us in getting our treaty rights, but they are starting to run out of arguments. We hope to have the judge rule on our motion this year.

Our claims case is also moving forward, this is a harder issue to move, but once again it is moving. We should know soon whether it is worth while to continue pursuing this case. These are exciting times for our tribe. Our council is looking forward and at the same time being mindful of our past.

Council looks forward to seeing each and everyone at the June meeting and sharing in more detail what has been happening and with all your help on our strategic plan, what will be happening in all our futures. Until then, I wish each and every one of you good health and happiness. - - - Tom Wooten

Public Hearing

Public Hearing to Gather Tribal Member Input for Early Childhood Programs:

Please come to Anacortes for the Health Fair on April 14th, and while you are there you are invited to share your thoughts on how we can support tribal member needs for child care assistance through Child Care Development Fund (CCDF), and how we can support parents as their child's first and most important teacher to prepare for school success and to pass on our rich heritage what it means to be Samish.

The Tribe offers a Head Start preschool program free to eligible three, four, and five year olds who currently live in Anacortes and La Conner. We may be able to expand our services to add a Home Base model of a weekly one and a half hour visit to Samish families with preschool children in Whatcom, Skagit and Snohomish counties if tribal members have an interest. Weekly activities could include a cultural aspect such as traditional crafts, stories, songs and other teachings that are important to keep alive.

If you are not able to give input in person, please email your thoughts and wishes to Leslie Eastwood leastywood@samishtribe.usn.us or mail to the Samish Longhouse 1618 D Avenue, Anacortes, WA 98221.



Businesses Owned by Tribal Members

Allen-Bradbury Construction, L.L.C.

512 54th Avenue E
Fife, WA 98424
(253) 573-1452
Owned By Tribal Member Allen Engberg

Omega Options International

3926 Iron Gate Road, Suite #1D
Bellingham, WA 98226
(360) 738-4900
Owned by Tribal Member Debra Romazka

Emerald City Graphics

23328 66th Avenue South
Kent, WA 98032
(253) 520-2600
Owned By Tribal Member Herb Blackinton

Tangles and Co.

514 Commercial Avenue
Anacortes, WA 98221
(360) 293-6760
Owned By Tribal Members Brie Keller and Nada Thompson (Ron Thompson's Wife)

Long Arm Quilting: Hand Quilting & Restoration

16843 South Copley Court
Oregon City, OR 97045-7328
(503) 631-3365

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360) 293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.usn.us

NEW TRIBAL MEMBERS SECTION ON WEB PAGE

As requested by the General Council at the 2006 June General Council meeting we are in the process of creating a members only section on our web site. This site will have a private events page, just for Tribal members that will provide information to Tribal members that we will not be posting on our public events page. This password protected area will also contain important and informative documents like our constitution, council meeting minutes, newsletters, etc.

To get into this Members only area you will need to click on the **Member's** tab and you will be prompted for a **User Name**, which is your enrollment # and a **Password**, which is your last name. If your number starts with 0's (Example:00670 is 670) do not include the 0's in the **User Name** field.

So, log into <http://www.samishtribe.usn.us> and check it out.

Connect to www.samishtribe.org

The server www.samishtribe.org at testnewnav requires a username and password.

Warning: This server is requesting that your username and password be sent in an insecure manner (basic authentication without a secure connection).

User name:

Password:

☐ Remember my password

OK Cancel

Council Highlights

HOUSING: Council has been working with Administration on the Housing and Urban Development audit and the process is moving along nicely and will be completed soon. New Housing Policies are being worked on, an Admissions Policy and Financial Policy are being completed.

HEAD START will be audited in March which is a very involved process. Council is having many discussions with the Head Start staff on how Head Start should be funded.

ADMINISTRATOR: Scott Cooper is still filling in as temporary General Manager and doing a very good job working with staff, council and outside agencies and keeping us moving forward in the right direction. Council is still accepting applications for the position and hope to have the position filled soon.

HEALTH: The Health Department hosted and organized a meeting with Anacortes officials, Anacortes fire and police chiefs, Samish staff and Council, facilitated by a representative of the Northwest Indian Emergency Council to discuss emergency planning.

RESOLUTIONS:

- Council approved revised job descriptions for:
Natural Resources Director position
Human Resources Director position
- Council approved an exception to the Personnel Policy to allow: the extension of a temporary position in the Housing Department, a few hours of work done at home by some staff to be paid, and to offer a salary to an employee which reflects their skills and increased responsibilities
- Letter of resignation from the SAMCOR, Inc. board
- Enrollment: Approved new membership to the following people: Gordon Barrett, Christian Culley, Karissa Culley, Savannah Culley, Sheri Culley, Marilyn George, Gage Wilson, Travina Charles-Ludman, Matthew Dianz, Elisha Elliott, Sarah Elliott, Kaitlyn Gresham, Brenden Harder, Steven King, Bruce Perry, Jared Plaster, Jason Plaster, Joseph Plaster, Josie Plaster, Richard Ritter, Richard Ritter, Jr., Veronica Ritter, James Thomas, and John Thomas.

*By Chris
De Kay,
Co-laht-su-sah
October 2006 –
February 2007*



- Authorized the RV Park managers to enter into a contract with J&R Enterprises to perform clean up and landscaping at the RV Park
- Authorize Christmas bonus to staff consisting of paid days off between Christmas and New Year's (3 days)
- Approved the Vocational Rehabilitation Program Policy and Procedures Manual
- Approved an Interagency Agreement between Samish and the Anacortes School District
- BIA Attorney fees: council instructed the Chairman to submit a request to the BIA for Attorney Fees to restore the Samish treaty fishing, hunting and gathering rights.
- Culture Committee to work with Seattle Art Museum on a traveling exhibition of a Coast Salish art project
- Tribal Logo and Tribal Seal have been adopted.
- Appoint the Chairman, Tom Wooten, to be the Samish representative to conduct business with the Office of the Special Trustee for American Indians.
- Authorized the purchase of Pendleton blanket for Barbara Lane, anthropologist who worked with Samish during our fight for Recognition. The blanket will be delivered by Dana Matthews and Leslie Eastwood.
- Allocated \$500.00 for the Skykomish Valley 3rd Annual Indian Education Traditional Pow-wow and Coastal Gathering.
- Approve a WSDOT request to quitclaim an easement at the entrance of the Homeland property.
- Accepted the offer from WSDOT to purchase an easement on a parcel of land at the Homeland.
- Approve allocation of Tyee funds for a proposal from Environmental Abatement Services, Inc. to remove wetter material from the green house.

Council Meeting Dates from April 2007- December 2007

April: Friday 13 and Saturday 14
May: Friday 11 and Saturday 12
June: Friday 8 and Saturday 9
July: Friday 20 and Saturday 21
August: Friday 24 and Saturday 25

September: Friday 21 and Saturday 22
October: Friday 12 and Saturday 13
November: Friday 16 and Saturday 17
December: Friday 14 and Saturday 15

Council Highlights

FINANCE

- These last few months council has renegotiated permits with two of the Tribes who lease permits from Samish
- Established a Health and Human Services Indirect Savings account
- Appointed the Treasurer, Tamara Rogers, as convener of a standing Budget Committee
- National Association of Housing and Self Determination Act checking account was set up with council and interim General Manager as check signers
- AD HOC Advisory committee to work with the Treasurer in the formulation of the 2007 Tyee budget.
- Approved a donation of \$500 from Tyee funds to support the Northwest Portland Area Indian Health Board's Lobbying Fund
- 2003 audit – council approved the corrective Action Plan for the 2003 Audit and it be submitted to the Department of Health and Human Services and authorizing the Tyee funds to reimburse the indirect cost pool \$2,788.
- Approved up to \$1200 from Tyee for Spiritual Work
- Approved the contract for the Samish State Lobbyist for lobbying and consulting services
- Approved allocation of \$625 from Tyee funds for the Archives Department (Cultural Resources) to hold recovered artifacts from Weaverling Spit project
- Approved the 2007 Tyee Budget
- Appointed Council members as Samish Community Preservation Board members.
- Allocated up to \$1500 to replace the broken water heater in the Head Start building
- Allocated \$500 from Tyee funds to support the Paddle to Lummi – Lummi Nation will be hosting the final days of the Canoe Journey in August 2007

APPOINTMENTS

Washington Indian Gaming Association: Chairman Tom Wooten was appointed as delegate to the Washington Indian Gaming Association with the rest of council appointed as alternates

Western Washington Indian Employment Training Program: Dana Matthews as appointed as the delegate to the WWIETP and Leslie Eastwood is was appointed the alternate. Leslie Eastwood was also identified as the Tribal Official to process WWIETP applications for Samish.

Tribal Congress on Education: Dana Matthews was appointed as the Samish Representative to the Tribal Congress on Education, Janet Castilleja was appointed as the alternate.

Washington Education Association: Dana Matthews was appointed the Samish representative to the Washington Education Association and Billie Jo Settle was appoint the alternate.

Environmental Review Records: Chairman Tom Wooten (or a council member designated by Tom) was authorized to sign the Environmental Review Records required by Housing and Urban Development.

Coast Salish Gathering– Billie Jo Settle was appointed as Samish representative to the Coast Salish Gathering in Duncan, British Columbia Canada.

GRANTS APPROVED FOR SUBMISSION

- Fidalgo Bay Water Quality Grant Renewal
- Child and Adult Care Food Program
- Tribal Emergency Response Planning Contract Renewal
- Marine Spill Response Corporation and Inter-local agreement between Skagit County and Samish for the Fidalgo Bay Containment Assessment Project
- Indian Health Service Annual Funding Agreement Fiscal Year 2007
- Department of Natural Resources Water Assessment for a Fidalgo Bay Watershed Assessment
- Grant application to the U.S. Fish and Wildlife Service which would help with the removal of invasive plant species (English Ivy etc) on Weaverling Spit to allow native plants to thrive.
- Marine Spill Response Corporation Memorandum of Understanding: Council approved a MOU with the MSRC for the use of the Fidalgo Bay RV Park facility in case of an emergency oil spill and for training.
- Approved submission of National Park Services Grant
- Tribal Victim's Assistance Grant Renewal
- Mountaineer's Foundation Grant Application to help with removal of English Ivy on Weaverling Spit
- Diabetes Project Renewal



Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Christopher Albright Jr.	Rebecca Armstrong	Rose Armstrong	James Barrett
Lloyd Barrett	Lyle Barrett	Shane Barrett	Mauricia Bill
Jessie Black	Lisa Bleeck	George Bob	Marcey Bob
Giordan Bressan	Rebecca Bressan	Christopher E. Clark	Holly Clifton
Bailey Corfe	Anna Cruz	Lena Daniels	Miranda Daniels
Christina Dougherty	Skye Dunn	Curtis Eastwood	Carolyn Edwards
Tim Edwards	Wayne Graves	Randal Guthrie	Elizabeth Hauser-
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Laura Howland
Kirk Hudson	Gordon Jack	Lee Jackson	Marcey James
David Johnson	Gary Kavanaugh	Patricia Kavanaugh	Corey King
Patricia King	Shannon King	Stephanie King	William King
Jonathan Long	Verna Long	Bryce Louis	Martin Louis
Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald	James Matthews
Heather McIntosh	Paul Michaels	Jenny Miller	Peter Miller
Gordon Misheal	Edwin Mitchell	James Nielsen	Shirley Parminter-
Melissa Sampson	Juliette Scates	Colleen Scheel	Jeffrey Scheremeta-
Shawn Sherman	Corey Smith	Jo-Anne Smith	Wesley Smith
William Steele	Jamie Stokes	Jerad Thompson	Marvin Underwood
Norman Underwood Jr.	Sheri Underwood	Angela Williams	Bernie Wills
Hanna Zaremba	Ralph Underwood Jr.	Ronald Thompson Jr.	Winnifred Marchand

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

ANYONE REQUIRING A NEW CARD MUST PAY \$5.00 FOR A REPLACEMENT. CHECKS MADE PAYABLE TO "SAMISH INDIAN NATION". IF YOU'RE PRESENT CARD DOES NOT HAVE A PHOTO ON IT THEN PLEASE SEND A PHOTO ALONG WITH THE REQUEST AND CHECK TO THE ENROLLMENT DEPARTMENT.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change then we need a copy of a bill, a copy of your driver's license with that change, rental document or etc., we can no longer take this information over the phone - we must have a valid home residence, we will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial

Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

jflagg@samishtribe.nsn.us



Enrollment Information Needed

THE FOLLOWING MEMBES NEED INFORMATION TO COMPLETE THEIR ENROLLMENT FILES:

These tribal members were sent requests for information in the month of May 2006 and we have not received this information as of this date.

Allan Barrett	Brian Barrett	Shirley Parminter	Lloyd Barrett
Lyle Barrett	Winnifred Marchand	James Barrett	Robert Blackinton
Carol Blackinton	Martin Blackinton	George Bob	Carolyn Edwards
Heidi Hawkins	Theo Hawkins Jr.	Wilma Jenkins	Sandra Powers
Judith Cardwell	Penny Perez	Peter Miller	Debra Higgins
Vonnie Stewart	Edwin Plaster	Judy Plaster	Juliette Scates
Anna Smith	Madeline Thomas	Dorene Thomas	Alice Sam
Ralph Underwood	Wayne VanSchoick	Carol Washington	Norman Underwood Jr.
Sharon James	Simone Underwood	Shauna George	Cheryl Underwood
Romaine Underwood	Sheri Underwood	Chester Blackinton	Jeffery Wooten
Shannon King	Stephanie King	Marcie James	Christina Dougherty
Kelsey Taylor	Andrew Eastwood	Marlise Livolsi	Juliana Breslin
Reece Scheffelmaer	Matthew Sturdiva	Corey Watson	Carrie Walker
Peter Hansen	Lane Markley	Zachery Garness	Nita Garness
Allison Orsi	Dutchie Forshner	Rachel Garness	Kailey Penter
Christian Gidlof	Destin Bloomingdale	Deric Bloomingdale	Michael Soucy
Jonathon Graves	Suzanna Sam	Anthony Sam	Nicole Sherwood
Jennifer Wilson	Kelson Coughlin	Jason Rock	Kelee Rock
Tobias McLeod	Steven Michaels	Melissa Sam-Underwood	

2007 Tribal Journey

The Samish Canoe Family is beginning preparations for the 2007 Tribal Journey: Paddle to Lummi, and we would like your help. This will be the sixth year that the Samish Canoe Family travels between Native American communities in our traditional style canoes as a participant in the Tribal Journey. This event is a wonderful opportunity for our Samish youth to participate in a drug and alcohol free event. It is also a great place to learn about our culture and develop lasting relationships with neighboring tribes. Since the destination of the journey is so close to us this year, we are expecting A LOT of canoes passing through our territory. We plan on hosting up to 60 canoes on July 29th. That is a possibility of 1800 people! This is a very large undertaking for our small canoe family and would greatly appreciate any donations, volunteers, or new participants for this event. We would also like to inform you that we have t-shirts and Samish music CD's for sale.



If you have any question please call Rose Castilleja or Sarah Johnson at (360)293-6404 or toll free at (800)365-9062 extension 215 or email them at rcastilleja@samishtribe.nsn.us or sjohnson@samishtribe.nsn.us

Health Notes

The State of the Nations' Health

The Samish Nation finds its health closely tied to the health of the United States at large. When the health costs escalate, the effect on the Samish CHS budget is extreme because of its fixed budget from the IHS to Samish. This year the costs of medication have risen 25% and the costs of medical services have risen 17% to Samish health users. Fortunately many members have insurance that covers part of these costs but the uncovered costs which Samish CHS pays is what has escalated. In addition we have many members who are uninsured and their costs have risen as well. What do we at CHS do with a tighter and tighter budget? First, we cut overhead, something that the US government doesn't seem to know how to do. Second, we encourage all our users to have private doctors and avoid using the very expensive emergency rooms. For example, it could cost \$1100.00 for a sore throat exam and treatment at the ER. Look for walk-in clinics! Next, we assist the uninsured to find insurance they can afford. There is insurance for people at all income levels such as Basic Health from the State of Washington. Call our CHS office for help. The next level of cost control is encouraging people to shop for generic medicines from their doctors. Finally, we may be forced to limit amounts of support to CHS users such as eye care, prescriptions, or emergency room limits.

So what can you all do to improve the state of your own health? Get 6 to 8 hours of sleep nightly, drink 6 to 8 glasses of water daily, eat 6 to 8 servings of fruits and vegetable daily, walk at least 6 to 8 blocks each day, take 6 to 8 deep slow deep breaths each day, smile and laugh with at least 6 to 8 people each day, and drop 6 to 8 pounds this year. I think you can get the idea of what good health entails.

For support in your quest for health please contact the Samish Contract Health Services office.

Submitted by Keith Tucker M.D.



March is National Nutrition Month!

In our world of fast food, readily available convenience foods, fad diets and confusion over what is or isn't good for you, simple nutrition now seems outdated – a thing of the past. Not so! This month – National Nutrition Month – let's get back to those basic truths that have weathered the diet trends and stood the test of time. Let's celebrate nutrition! Here are a few tips on making healthful food choices for you and your family:

- Eat lots of fresh fruits and vegetables. Maximize variety by picking through the rainbow of colors. Add spinach, carrots, broccoli or green beans to your meals.
- Choose whole grain over processed grain foods such as brown rice with your stir fry or whole wheat spaghetti with your favorite pasta sauce.
- Add whole grain breads and cereals such as granola and oat bran.
- Include dried beans such as pintos, kidneys and lentils into your favorite meals.
- And, don't forget these foods are high in soluble fiber which helps decrease cholesterol thus reducing fatty arterial deposits and improving heart health!
- Include fish in your meal plan 2 to 3 times per week.
- Choose lean meats like cuts of beef and pork that end in "loin" such as pork loin or sirloin. Remove the skin from chicken and turkey.
- Choose non-fat dairy such as fat free/skim milk, non-fat yogurt and non-fat cheese.
- Water is the healthy beverage choice. Aim for eight 8-oz glasses of water each day instead of regular sodas and other "sugary" drinks.
- Watch those portion sizes. Eating too much of even healthy foods can lead to weight gain.

Samish Health Services cares very much about you and your health. Please contact us if you have any questions about making healthy food choices or any other health care concerns. We are here to serve you and to address your needs. To Your Health!

Mitch Markovich, RN - Public Health Nurse

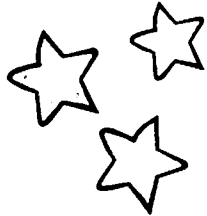
Do You Have Diabetes or Know Someone Who Does?

If so, we would like to hear from You! The Samish Nation Has a unique Diabetes Program offered through the Indian Health Service to help tribal members with diabetes Improve their health status and medical care. For more Information, please contact Samish Health Services toll free at (800) 365 9062 extension 224 for a confidential consultation.

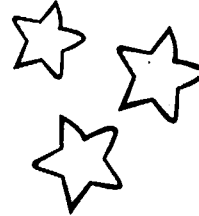


Samish Health and Wellness Gathering

Our Walk Together – The Journey to Increase Awareness and Prevention of Type 2 Diabetes



April 14, 2007
9:00 a.m. to 3:00 p.m.
Fidalgo Bay Resort
4701 Fidalgo Bay Road
Anacortes, Washington 98221
Gourmet Lunch Provided



Guest Speakers, Fitness Assessments, Health Care Vendors, Door Prizes, Raffles and More!

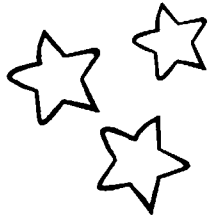
Learn About Diabetes Prevention and About Living a Healthy Lifestyle with Diabetes
Free to All Those Who Attend

Free Health Screenings 9:00 a.m. to 10:15 a.m.

(Call Now to Reserve Your Space)

Free Chair Massage and Foot Massages

(Call Now to Reserve Your Space)



Reservations Are Required!

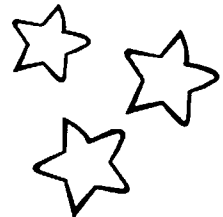
Please RSVP to:

Samish Nation Health Services

Mitch Markovich, R.N. - Diabetes Project Coordinator

(800) 365-9062 extension 224

Sponsored by the Samish Nation Diabetes Program



Fidalgo Bay Watch

The Anacortes American Newspaper did a story on our very own Samish Natural Resources Department! The story was about a two-year project funded by the Bureau of Reclamation of the U.S. Department of the Interior. Christine Woodward, Nancy Rosenbower, and Jennifer Weeks were interviewed about this grant and what they are doing with it. Every other week they collect data on the particulars of the bay waters, such as dissolved oxygen and pH levels, that affect the creatures that rely on the healthy habitat of Fidalgo Bay. The sites are located along the Tommy Thompson Trail, Fidalgo Bay Road, Highway 20 and the shoreline of March Point. In the future, Woodward would like to see the replacement of the 700 creosote pilings of the Tommy Thompson Trail with either steel or cement structures. Toxins from creosote affect marine life and in turn affect birds and mammals. Woodward is requesting grant money for the study of such an undertaking, while the group has already received funding to expand its water sampling test to Lake Campbell, which borders property owned by the Samish Tribe.



Photo by Joan Pringle of the Anacortes American

Social Services Notes

ANNOUNCING A NEW GRANT FROM BONNEVILLE POWER ADMINISTRATION

In November of 2006 the Samish Tribe received a grant for energy assistance through the Bonneville Power Administration. Any Samish members who have electricity as their main source of heating, have one of the following energy companies and who are considered "low-income" are encouraged to call Linda Carlson to determine if they are eligible for this assistance.

These public utility customers of Bonneville include:

- Orcas Power and Light Co-op
- Sumas Municipal
- Blaine Municipal
- Snohomish County, PUD
- Tanner Electric Co-op



Low Income guidelines are between \$1,362 to \$3,723 per month net (after deductions), depending on how many people are living in your home. At least one person must be Samish enrolled to be eligible for services. Rentals and apartments may be eligible if agreeable with landlord. Please contact our Social Services office as soon as possible.

Ideas on possible weatherization projects may include:

- window and/or door replacement
- weather stripping for windows or doors
- furnace upgrade or repair
- insulation installment

Volunteer Advocates Needed

The Social Services Department is in dire need of adult volunteers to serve as client advocates for the Victims of Crime program. We need one volunteer for each county including, Snohomish, Whatcom, Island/San Juan, and Skagit. Volunteer Advocates receive a stipend of \$100 for each call they respond to, whether on the phone or in person. Volunteer Advocates help with a variety of issues in the immediate crisis including:

- Calming down the victim by listening and reassuring
- Helping the victim make the police report
- Helping the victim speak with the police
- Helping the victim with the children while police are present- i.e. making sure kids have eaten etc.
- Contacting the program Case Manager who will also assist with addressing immediate needs such as emergency shelter, food
- Helping the victim with transportation if they need to flee the situation.

Volunteer Advocates are provided with training in basic and advanced crisis response skills and are supported in their work by the entire social services team. They are also reimbursed for mileage.

Please call if you or someone you know may be interested in helping other Samish members.

Youth Mentors Needed

Since the securing of federal funding to begin a mentoring program, we have been diligently searching for tribal members interested in being a positive adult role model for our youth.

Many national research programs provide strong evidence that mentoring a child or youth has many positive and lasting affects in their lives. Mentors provide a range of activities for youth. These activities may include outings such as going to a park, taking a hike, going to a movie, riding bikes, going to the library, showing youth a sacred site, reading, helping with homework, taking a youth to the skate board park, roller skating, doing art work together, sharing stories, etc. Mentoring can also be done as a group activity.

CAREGIVER INFORMATION

Do you have an Elder who is in need of a caregiver or receives care giving? Or do you, yourself, provide care giving? Are you a grandparent raising a grandchild in your home?

If you answered YES to any of the above, you may qualify for some assistance from the tribe.

Please call Linda Carlson for more information at (360) 293-6404 or toll free at (800) 365-9062 at extension 103 or email her at lcarlson@samishtribe.nsn.us.

Social Services Notes

The Victims of Violence Program

This is a reminder that the Social Services Department offers services to Samish members and their families when they have been a victim of crime. We can provide services to assist if you or a family member has been assaulted, threatened, terrorized, robbed, or your property has been vandalized, damaged or you have been a victim of identity theft. We also assist in situations where an elder has been taken advantage of or financially exploited, or if you suspect a child has been abused or neglected.

Services include case management, legal advocacy, crisis response, some financial assistance if you need emergency shelter, or need to move away from a violent situation, some property damage repair, lock changing, referral to and assistance with other programs that may be able to help, reporting to law enforcement or child protective services/adult protective services, assistance with applying for Victims Compensation.

We serve 5 counties with this contract- Whatcom, Skagit, Island, San Juan, and Snohomish.

Vocational Rehabilitation Program

The Vocational Rehabilitation Program has recently sent out brochures to Samish Tribal members living in King County north to the border. We have had some calls but want to encourage any Samish tribal member to call if they are in need of employment assistance. We can talk about the other issues related to qualifying for the program at that time. Services available include monies for formal training, tools and equipment, transportation, child care, traditional healing services, and other support services as needed. The goal of the program is to assist members in overcoming any employment barrier to become employed in the open job market, self-employed, or employed in their own small business.

SAMISH MEMBERS AND FAMILIES MARK YOUR CALENDARS

July 5th, 6th and 7th

For the Annual Samish Family Camping Trip

This year at Deception Pass State Park

A drug, alcohol and tobacco free event

Watch for more info in the mail soon.



Washington State Council on Problem Gambling

YOU MAY BE LOSING MORE THAN MONEY WHEN YOU GAMBLE

Gambling Can Be A Problem: If you or someone you know has a gambling problem, help is available.

Call (800) 547-6133 for assistance from the
Washington State Council on Problem Gambling



NFEC

Native Financial
Education Coalition
www.nfec.info.com

During the holidays it's easy to get into debt. Go to www.nfec.info.com for information to help prevent and correct your spending habits.

- Steps on Getting Out of Debt
- Tips for Using Credit Cards
- Debt Recovery Help
- Spending Tips

Washington State Department of Health

Tobacco Quit Line

877-270-STOP

toll-free

7 8 5 7

QUITLINE.COM

Samish Social and Counseling Services Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



Judy Heinemann extension 114

Linda Carlson extension 103

SAMISH INDIAN NATION

SAMISH NEWS

SAMISH GENERAL MEMBERSHIP MEETING 2007

Greetings from the Chairman,

I would like to thank everyone who was able to attend our general membership meeting this year. It was great seeing old friends and family, and meeting new members or first time meeting goers. The information was a bit overwhelming, but I know this information is what the membership wanted and needed to hear. The state of our tribe in every aspect. A highlight of the day was being able to introduce our new general manager to everyone, Leslie Eastwood! Leslie has started her tenure as general manager with directness and purpose. The survey you all filled out regarding the five year priorities was discussed. This information will be instrumental in moving our nation forward over the next five years.

Our attorney gave a detailed report on our efforts to re-enter U.S. vs. Washington and that our rule 60B6 hearing will be on October 5th more information will be coming as we move closer to this very important date. Our claims case will also be heading to court to hear oral arguments soon. The members who were present got the information and understanding as to why people living in the service delivery areas receive benefits and those outside do not. Council is looking at how unrestricted funds may be used to extend these much needed services to all Samish members. This will take some time and council asks for your patience.



The constitution was a topic of discussion between the chairman and the members of the ad hoc committee who were charged with looking at the constitution and recommending areas that might need to be changed. The committee touched almost every paragraph. Our attorney was asked to review the changes and outline what the changes would do to the constitution and poetically, our membership. After reviewing this information and sharing this with the members at the general council, it was decided to send the changes back to the Ad hoc committee for detailed explanation of each change that was recommended. This has not happened yet, but work should begin early this fall.



Samish Members drumming and singing together at the Samish General Membership Meeting

Our canoe family hosted the 2007 journey and had a brief presentation as the canoes came through our territory. This was a spectacular event and I know you will hear about it from all those who were in attendance.

Last but not least we went over the future opportunities and use of the RV Park property. As information becomes available, you will be kept abreast of the progress of this potential revenue generating project.

As we move closer to the end of 2007, I hope to see all of you at the fall gathering. One thing that was brought up from the floor was perhaps the need for a two day business meeting. As you all know, we come for the culture on Saturday and giving this up is not an option, but what was discussed was perhaps scheduling a business day along with the culture day in the fall. This is a brief recap of some of the things that went on during the general membership meeting.

Please remember that tribal elections are being held next year. With that in mind, as candidates come forward please consider their background and knowledge and experience. The role of our council is constantly changing as decisions get more complex and impacting more people, things and time. The people being selected to hold office are indeed taking on greater and greater responsibilities for our great nation. Hope to see you all at our fall cultural gathering!

Hoy'sxwqe si'am, Thank you honored people.

- Tom Wooten, Tribal Chairman

LETTERS TO THE EDITOR

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation Newsletter
Attention:
Nicole Herman

PO Box 217
Anacortes, WA
98221

e-mail:
nhcrman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

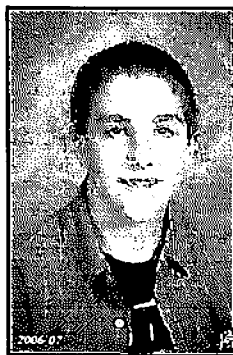
Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the Edi-
tor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

TUITION ASSISTANCE THANK YOU

Thank you to the Samish Indian Nation for providing financial assistance to make this dream come true. I will do my best to uphold the traditions of the past and to make you proud in my future endeavors.

--Chris Watson,
graduating class of
Tennessee Wesleyan
College, Bachelor of
Science in
Business



Congratulations
on your 8th grade
Graduation Toby!

Love Nana

TRIBAL MEMBERS SECTION ON WEB PAGE

As requested by the General Council at the 2006 June General Council meeting we have created a members only section on our web site. The site has a private events page just for Tribal members that provides information to Tribal members that we won't be posting on our public events page. This password protected area will also contain informative documents like our constitution, council meeting minutes, and newsletters.

To get into this Members only area you will need to click on the **Member's** tab and you will be prompted for a **User Name**, which is your enrollment # and a **Password**, which is your last name. If your number starts with 0's (Example: 00670 is 670) do not include the 0's in the **User Name**.



SKAGIT LAND TRUST
Saving Land for Tomorrow

DONATION THANK YOU

Welcome to Skagit Land Trust and thank you! Your recent generous organization membership donation of \$250, along with that of other local organization and business leaders, is very important to the Trust. It helps us fulfill our mission to permanently protect the conservation values of land within Skagit County.

By assisting private land owners to protect wetlands, scenic views, wildlife habitat and farm and forest lands, we help maintain the high quality of life in the county that is so important to those who live and work here.

--Molly Doran, Skagit Land Trust

"Christine and all of the Samish Indian Nation - Thank You!"

Connect to www.samishtribe.org

The server www.samishtribe.org at testnewnav requires a username and password.

Warning: This server is requesting that your username and password be sent in an insecure manner (basic authentication without a secure connection).

User name: 000

Password:

☐ Remember my password

OK Cancel

So, log into www.samishtribe.org and check it out.

MESSAGE FROM THE VICE CHAIRMAN

Greetings
Samish
Brothers
and Sisters,

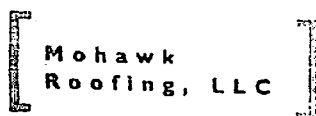


In July, I had the opportunity to witness the canoes landing on our Fidalgo Bay Beach on their way to Lummi. This was the first time I have seen this wonderful display of our culture. I was even fortunate enough to welcome some of the canoes to our shore. It was a very moving experience. Our Canoe Family was great and I'm sure our ancestors are proud of their dignified comportment. The volunteers and all our staff who directed traffic, cooked, and cleaned, represented our Nation very well. We can hold our heads up high and feel good about the way we hosted our portion of this year's journey. Congratulations to all who participated for a job well done.

Standing there looking around the beach I was aware of the perfect mix of age and gender of the people involved. Elders were passing on the culture to young people eager to learn. Men and women, boys and girls all working together for a common goal. Another thing I was aware of was the blending of culture and technology. As I watched people taking pictures of the festivities with their cell phones and emailing them to friends and family I realized we are a people proud of our history with a strong culture and a grasp of the tools and knowledge necessary to move forward into the future with confidence. Culture and technology, history and future - we have it all.

It was a good day to be Samish.

- Tim King



Tyrone McLeod
15766 Indian Road
LaConner, WA
98257

Phone 360.770.7317
Email cedar.mountain@hotmail.com

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.us

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday - 50% off
Friday & Saturday - 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

16843 South Copley Court • Oregon City, OR 97045-7328



(503) 631-3365



www.OregonCityQuilter.com



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760



ALLEN-BRADBURY CONSTRUCTION, LLC.
Accountable Building Contractors

901 Algona Blvd. North, Suite A
Algona, WA 98001
Phone: 253.218.2288
Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Alex Armstrong	Michael Armstrong	Rebecca Armstrong	Rose Armstrong
James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Mauricia Bill	Lisa Bleeck	George Bob	Marcie Bob
Christopher E. Clark	Lena Daniels	Randy Daniels	Miranda Daniels
Curtis Eastwood	Carolyn Edwards	Gordon Gidlof	Katherine Graves
Wayne Graves	Jorda Hatch	Elizabeth Hauser	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	Laura Hovland	Kirk Hudson
Gordon Jack	Lee Jackson	Marcy James	Terry Jones
Patricia Kavanaugh	Corey King	Patricia King	Shannon King
Stephanie King	Noni Liedtke	Verna Long	Bryce Louis
Martin Louis	Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald
Winnifred Marchand	James Matthews	Heather McIntosh	Paul Michaels
Jenny Miller	Peter Miller	Gordon Misheal	Edwin Mitchell
Skyler Ransier	Melissa Sampson	Juliette Scates	Colleen Schec
Shawn Sherman	Corey Smith	Jo-Anne Smith	Wesley Smith
Robin Spivey	William Steele	Amy Sturdivant	Audrey Turner
James Turner	Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood
Angela Williams			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

ANYONE REQUIRING A NEW CARD MUST PAY \$5.00 FOR A REPLACEMENT. CHECKS MADE PAYABLE TO "SAMISH INDIAN NATION". IF YOUR PRESENT CARD DOES NOT HAVE A PHOTO ON IT THEN PLEASE SEND A PHOTO ALONG WITH THE REQUEST AND CHECK TO THE ENROLLMENT DEPARTMENT.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. When it comes to an address change then we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Enrollment Information Needed

THE FOLLOWING MEMBERS NEED INFORMATION TO COMPLETE THEIR ENROLLMENT FILES:

These tribal members were sent requests for information in the month of May 2006 and we have not received this information as of this date.

Allan Barrett	Brian Barrett	Shirley Parminter	Lloyd Barrett
Lyle Barrett	Winnifred Marchand	James Barrett	Robert Blackinton
Carol Blackinton	George Bob	Carolyn Edwards	Sandra Schroeder
Heidi Hawkins	Theo Hawkins, Jr	Sandra Powers	Judith Cardwell
Penny Perez	Peter Miller	Debra Higgins	Vonnie Stewart
Juliette Scates	Anna Smith	Madeline Thomas	Dorene Thomas
Alice Sam	Ralph Underwood	Wayne VanSchoeck	Carol Washington
Norman Underwood Jr.	Sharon James	Simone Underwood	Shauna George
Cheryl Underwood	Romaine Underwood	Valerie Sadler	Chester Blackinton
William Steele	Shannon King	Stephanie King	Marcie James
Lillian Ostberg	Kelsey Taylor	Marlise Livolsi	Juliana Breslin
Barrie Taylor	Matthew Sturdivant	Corey Watson	Carrie Watson
Dutchie Forshner	Kailey Penter	Christian Gidlof	Deric Bloomingdale
Michael Soucy	Jonathon Graves	Suzanna Sam	Anthony Sam
Nicole Sherwood	Jennifer Wilson	Kelson Coughlin	Jason Rock
Kelee Rock	Tiana McLeod	Steven Michaels	Barrett Anderson
Michael Guthrie	Reece Scheffelman	Lane Markley	Zachery Barnes
Nita Garness	Coleen Clark	Justin Penter-Phillips	Robert Louis
Shaylynn Morgan	Daniel Schue-Scarberry	Katherine Arns	Nathan Labrum
Kendra Nelson	Aaron Nelson	Crystal Soucy	Katherine Graves
Destin Bloomingdale	Melissa Sam-Underwood	David Michaels	Kaylea Day
Benjamin Boyle	Joshua Stewart		

Some of these members only need to sign an update form so please don't get upset---
We ARE NOT removing you from the membership list, only trying to get the much needed information.
Thank you---Jan Flagg

Budget Committee Members Needed

If you are interested in being a member of the Samish Budget Committee please submit in writing your experience and reasons why you would like to be selected.

The committee will meet sometime in October to prepare a 2008 budget for council's approval.

Thank you!

Tamara Rogers
SIN Council Treasurer



All submissions should be
mailed no later then
September 1st to:

The Samish Indian Nation
Attention: Tamara Rogers
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221

Council Highlights March to July 2007

By Chris De Kay, Co-labt-mi-sab, the Elder

- Having discussions with the Head Start staff on how Head Start/Day care will be implemented this year.
- After an extensive job search, Leslie Eastwood was hired as the new Samish General Manager. We are excited to have Leslie as the GM and look forward to working closely with her.
- "On Reservation Designation" Council has been working with the Lobbyists in Washington DC on this issue to get this designation approved through the Federal Legislature so our property issues in fee to trust would be less cumbersome. We are still working with the Lobbyists and Federal Legislature on this issue, but are hopeful of positive outcome very soon.
- Department of Natural Resources is working with the State Ecology Department to obtain funding to upgrade the causeway at Weaverling Spit, to take out the creosote railroad ties and replace them with an environmentally friendly walkway.
- Samish will be collaborating with the Nooksack Tribe to provide Mental Health and Chemical Dependency Services in the Mount Vernon area. The counseling services supplied by Samish staff can be billed to the State or individual insurances so there should be some income back into the Social Services department.
- Council has talked with Brent Galloway who is a well known linguist. He will be available to have more discussion with Samish about our Language program next year when he relocates to British Columbia. We may be able to develop and distribute a CD with conversational Samish for each member to listen to and learn.
- Working with the Health Department to determine how it would be possible to provide dental assistance to a larger service area.
- Reviewed and approved information about an internet search engine that could be used to earn income for the Samish Community Preservation Fund. You should be receiving information on how to support this very soon.
- Dana Matthews, Tom Wooten and other Samish members participated in the Pull for the Paddle Ceremony in Bellingham
- Council had an opportunity to meet privately with several major funders. Hopefully this meeting will lead to grant approval by these funding agencies.

RESOLUTIONS

- Council approved a resolution requesting DHHS to approve a sub-recipient agreement, which means if that is approved that the Head Start program will be under the Samish Community Preservation Fund, the Samish non-profit entity.
- Head Start was audited with very positive results.
- Designated Chairman to sign the X2 Appendix Compact Amendment for Gaming and work with staff, contractors and consultants to encourage approval of the Compact Amendment by the Washington Legislature, the Washington State Gambling Commissions, the Governor and the Bureau of Indian Affairs.
- The Housing Policy was amended to limit the rental assistance area to the 10 county service area. This is being done while the Housing Department is reorganizing.
- Approved the extension of the Jean and Mike Madsen's contract as managers of the Fidalgo Bay RV Park.
- Appoint the Cultural Committee to work with the Washington State Parks Department on the Cultural Interpretive Center project at Rosario Beach.
- Stewards program: the final school year for the program is 2007-2008, the final student in the program will complete her education at that time. During this period she will work with the Department of Natural Resources on projects as agreed upon by the Director and student. The student will also take part in the 2007 Canoe Journey.
- Samish Indian Nation elects to participate as a registered jurisdiction in the National Sex Offender registry system and intends to seek funds from the US Department of Justice.
- Appointed the Culture Committee to start planning for the Cultural Day activities in June 2007
- Approved a research agreement with Western Washington University to provide Samish with the results of some sampling that was taken.
- Directed the Social Services committee to meet regarding the Washington State Indian Child Welfare budget increase for Tribes
- Determined that the Strategic Plan Survey be sent out to all members



Council Highlights March to July 2007

By Chris De Kay, Co-labt-si-sah, the Elder



- Approved a Memorandum of Understanding for Mental Health and Chemical Dependency Services with the Nooksack Tribe.
- Approved the Health and Safety Plan for the Samish Longhouse Head Start Center
- Appointed Gary Hatch as Tribal Council ex-officio to the Historical Resources Committee and directed the committee to develop a mission statement, develop policies and procedures for the department and to advise council of a timeline
- General manager position given to Leslie Eastwood
- Approved the Financial Policies and Procedures and asked that all staff and council receive training.
- Approved a WSDOT proposal roadway easement on South Campbell Lake Road to Gibraltar Road. Samish will receive \$3000 for the easement.
- Approved a Temporary Construction Easement on South Campbell Lake Road to Gibraltar Road
- Determination to work with the Skagit Systems Cooperative on a joint stream restoration project for Thomas Creek which is located on Samish property at the Kelleher Road location in Sedro Woolley.
- Amend the Tyee line item for Repair and Maintenance of Tribal Properties by \$50,000.
- Approved the expenditure of \$2400 to be paid to Andrea Weiser to produce the written report of the Waldron Island Project.
- Finance department is researching the possibility of refinancing the loan on the RV Park to get a more reasonable interest rate.
- Increased the Natural Resources Department line item by \$10,000 to cover the cost of the stewards program
- Approved a pay increase for Tribal Council members by an amount of \$500 per month, per member.
- Adjust the Tyee line item for the RV Park loan at Native American Bank by \$88,612.90 to cover the increased payments due to higher interest rates.
- Allocated \$25 for a gift for Terry Smith's retirement, who has been involved with the NWPAAHB for years.
- Allocated up to \$350 for the purchase of a PDA for council member.

FINANCE

- Treasurer Tamara Rogers has been working hard with the Accounting department and General Manager to assure that all the records are accurate, up to date and in a format that is understandable to all. Soon she will start working to help determine the 2008 budgets for Tyee and Administration. The Treasurer's report at each council meeting is easy to understand and very thorough.
- Approved a donation of \$250 to help support the Native American Student Association at Eastern Washington Valley Indian Education annual Pow-Wow. Amended the Tyee budget to reflect a \$10,000 increase in the line item for Orthodontics
- Approve the expenditure of up to \$500 to notify Samish members of a reading of House Resolution in the State House of Representatives honoring the former Chairman, Ken Hansen in April.
- Allocated \$500 to help support the First Annual John Dan Basketball Tournament, to be held in memory John Dan who was a Swinomish member and the son of one of our Head Start staff.
- Allocated \$100 for the Visions program annual giving campaign at Clear Lake Elementary School
- Revised the line item "Strategic Planning" by \$5000.



ENROLLMENT

New applications for enrollment approved:


Aidan Bunn	Ole Olesen Jr
Jennifer Bunn	Colby Plaster
Madison Bunn	Duane Plaster
Alia Christiansen	Eddie Plaster
Joshua Christiansen	Meriah Plaster
Machelle Fowler	Debra Smith
Travis Kuch	Mindy Tanner
Logan Mallery	Larry Thompson III
Kristina Olesen	Braeden Thompson
Mackenzie Olesen	




View from Fidalgo Bay Resort and RV Park


Council Highlights March to July 2007

By Chris De Kay, Co-lahit-si-sab, the Elder


- 
- Approved funds to contract with Johnson-Gardner to do a Feasibility Study on the possibility of a casino
 - Approved up to \$3000 budget for the June 2007 Cultural Day events
 - Allocated \$500 for Tribal member moving expenses
 - Approved the expenditure of \$250 to become members of the Anacortes Chamber of Commerce
 - Allocated a budget of up to \$10,000 for hosting the Tribal Canoe Journey
 - Allocated \$12,000 to order a Title Policy for the Fidalgo Bay RV Park
 - A donation of \$250 was allocated to support the Skagit Land Trust for conservations issues in Skagit County
 - Approved \$1500 to help cover the expenses of the Elder's Banquet
 - Amended the Tyee budget line item, Economic Development to reflect an increase of \$200,000
 - Authorized the expenditure of \$1000 for a political donation to Senator Patty Murray
 - Allocated funds to cover legal fees for work done on the NAIHASDA issues in the amount of \$14,213.66
 - Amended Tyee line item Community Support: "other" to reflect an increase of \$3000
 - Amended Tyee line item Donations: "Other" to reflect an increase of \$3000
 - Amended Tyee budget line item McCord Utilities to reflect an increase of \$600
 - Allocated \$300 to help support the Squaxin Island Indian Tribes Veterans Memorial Project.

APPOINTMENTS

- 
- Washington Indian Gaming Association: Chairman Tom Wooten was appointed as delegate with the rest of council appointed as alternates.
 - Western Washington Indian Education Training Program: Dana Matthews was appointed as the delegate and Nancy Holland was appointed the alternate. Leslie Eastwood was also identified as the Tribal Official to process WWIETP applications for Samish.
 - Tribal Congress on Education: Dana Matthews was appointed as the Samish Representative. Janet Castilleja was appointed as the alternate.
 - Washington Education Association: Dana Matthews was appointed the Samish representative and Billie Jo Settle was appointed the alternate.

- 
- Chairman Tom Wooten (or a council member designated by Tom) was authorized to sign the Environmental Review Records required by HUD
 - Coast Salish Gathering: Billie Jo Settle was appointed as Samish representative to the Coast Salish Gathering ATNI (Affiliated Tribes of Northwest Indians)
 - Economic Summit: Gary Hatch was appointed as the representative
 - Northwest Portland Area Indian Health Board, Billie Jo Settle is the delegate. Joanne Liantonio and Keith Tucker were appointed as alternates.
 - Election Board appointed Lisa Weber as Election Board Superintendent and Jackie Bohn and Brent Wooten as members
 - Washington State Indian Policy Advisory Committee: Identified Rebecca Peck as the delegate and Robert Ludgate and Leslie Eastwood as alternates.

GRANTS APPROVED FOR SUBMISSION

- 
- Approved submission of the Basic Library Grant to the Institute of Museum and Library Services
 - Approved submission of a grant for the Fidalgo Bay Causeway Feasibility Study to the State of Washington Department of Natural Resources
 - Approved submission of the grant application to the State of Washington's Department of Community, Trade and Economic Development for Emergency Food Assistance for Samish low income members
 - Approved the modified Memorandum of Understanding between the American Indian Vocational Rehabilitation Programs and the Department of Social and Health Services
 - Amended the IIS 638 Contract to include the provision of Mental Health services
 - Approved the submission of the Mental Health Mini-Grant to support the Samish involvement in the Tribal Canoe Journey 2007
 - Approved the supplemental application for \$3,703 increase in the Head Start funds for COLA increase in Head Start salaries
 - Approved the submission of the Child Care Development fund plan (CCDF)
 - Approved the submission of the grant renewal for Drug and Substance Abuse program for Tobacco Prevention and Cessation
 - Approved submission of grant renewal application of Indian Child Welfare Services
 - Approved the Head Start Integrated Work Plan

Journey to Lummi



Chairman Tom Wooten proudly waiting for the arrival of the Samish Canoe Family onto Samish Land

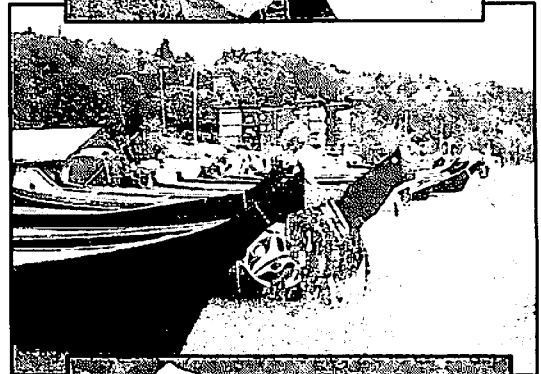
The Canoe Journey 2007 was filled with historical moments. Samish canoes started in new territory on July 21st at Squaxin Island Tribe in south Puget Sound not far from Olympia, and paddled through rain and winds up the Nisqually River to Frank's Landing. Samish support boat skipper Dan Blackinton accompanied our paddlers, and eventually helped them reach shore by towing them for a distance. The soggy weather didn't wet down the spirits of our young crew, and they set out for Puyallup the next morning. It was another long pull, but the festivities put on by Puyallup Tribe later that evening lifted our group again; especially since they honored our canoe family by giving us a song to share with them. A day of rest followed the next paddle to Muckleshoot Tribe, and then our canoes headed back west across Puget Sound to Suquamish Tribe. Heading east again on July 26th, our canoes landed at Mukilteo, hosted by Washington State Ferries, in honor of the Treaty of Point Elliot

signed at the location in 1855. Tulalip and Swinomish Tribes hosted the next two stopovers, before Samish Tribal leaders welcomed 53 canoes to our own shores on Sunday, July 29th.

An amazing number of tribal members, Samish staff and local citizens stepped forward with many hands and big hearts to help feed our expected 3000 guests. This event was 5 to 6 times larger than any we had undertaken in the past, making all the extra volunteer help even more appreciated. In fact, a huge portion of the Hatch family turned out in force to handle much of the advance preparations. While our actual numbers turned out to be less than anticipated, the feast of salmon, shellfish, chicken, stew and ham was highly praised, and fortunately all the extra food was delivered to the Anacortes Food Bank the next day.

On July 30th, the canoes left for the final destination of Lummi Nation, and our crew spent the final five days watching presentations by other canoe families, preparing gifts, making regalia, and practicing songs and dances to share in our presentation to the host community. We finally got to take the floor at about midnight on August 4th, and the Puyallup canoe family leader brought out a life vest that one of our crew had left on their shores, and demanded our entire canoe family dance to get it back. A highlight of the final day when Lummi took a turn thanking all their visitors was when our canoe family was called up to sing, drum and dance with members of the West Shore Canoe Family. It is such an honor to be acknowledged by others, and it warmed our hearts to share the floor with good friends and family. Lummi Nation proved to be caring and gracious hosts, and our canoe family is looking forward to next year when the Journey takes us to Cowichan Nation, in Duncan B.C., on Vancouver Island.

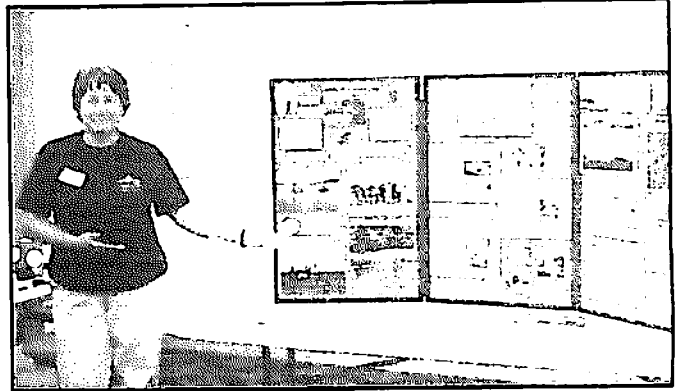
Our next event is set for September 14th to 16th, we have been invited to paddle to Shaw Island and give canoe rides on the 15th to the annual membership meeting of Friends of the San Juan Islands. Again, anyone can join or support Samish Canoe Family. Please call the office and ask to be included in email announcements of meetings and practices. Last year we met regularly on the first Sunday of the month at the Longhouse, but if other times work better we are open to suggestions.



Department of Natural Resources

The big news for the program this summer is the funding from the Department of Ecology Model Toxics Program and the Puget Sound Initiative for the Feasibility Study and Contaminate Survey of the Fidalgo Causeway Project. Below is part of the information that has been included in the grant.

The causeway itself borders Samish owned lands to the south and north. The causeway is owned in entirety by the City of Anacortes. A walking/biking trail exists across the causeway which has been in use for almost two years. The Samish Tribe has developed an Inter-local agreement with the city for this and other projects.



In a walk through of the project with the Army Corps of Engineers (Seattle District) in November 2004, it was determined that the best place to start this project would be to conduct a Feasibility Study to determine actual and potential contaminants, a modeling of the causeway if the restoration is completed and a hydrological model to know current water ways in and around the area. The creosote pilings are fairly straight forward but the 1500 feet of solid causeway is a different story. Before we can move forward we must know what the structure is composed of in order to get a holistic picture of sediment/contaminant quality and, if necessary, develop disposal alternatives for the material to remove later in the project. This remedial investigation and feasibility study (RI/FS) to assess possible contamination from creosote pilings and fill in relation to the Model Toxics Control Act (MTC-A) will be crucial in making determinations on the outcome of the feasibility study. A remedial investigation and feasibility study is conducted to define the extent and magnitude of contamination at the Fidalgo Bay Causeway site. Potential impacts on human health and the environment and alternative cleanup technologies are also evaluated in this study. A consulting agency has already been picked by the tribe and a compressive work plan is in place.

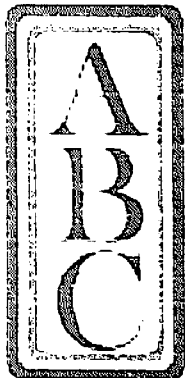
The Nisqually Tribe has offered joint support to the Samish, for the Feasibility Study. This commitment by the Tribes shows great support in Indian Country for care and restoration of all the natural resources no matter what the location. They are all part of the greater whole that we are dedicated to respect, enhance and restore.

--Christine, Nancy, and Jennifer

Alan Bradbury Construction Scholarship

ALLEN-BRADBURY CONSTRUCTION, L.L.C.

Accountable Building Contractors



Up to \$1,000 will be awarded to support the education of Samish students who plan to pursue higher education at a college or vocational school. This is a new scholarship established by Allen Engberg for Samish tribal members.

"I firmly believe that the continuing education of tribal members strengthens the tribe as a whole. I hope that this is the first of many scholarships that educate our Samish Indian people at a school of higher learning or vocational program. Many opportunities exist for Indian workers and Native American owned companies. It is my sincere hope to help create a good future for individuals, their families, and our nation. I hope by giving to the tribe others will follow."

The applications can be found online at www.samishtribe.nsn.us or by calling The Samish Indian Nation Education Program and requesting an application. Thank you Al, for your gift to our young people!

The deadline to apply for the Allen-Bradbury Construction Scholarship is September 14, 2007. Notification of award will be September 28, 2007.

SAVE THE DATE

Saturday September 29th, 2007

Fall Cultural Gathering

11:00am to 3:00pm

Fidalgo Bay Resort

4701 Fidalgo Bay Road

Anacortes, WA 98221

Wednesday October 10th, 2007

**Oral Arguments on Treaty Rights
Federal Courthouse in Seattle, WA**

**All Tribal Members
encouraged to attend.**

Details to follow in September.

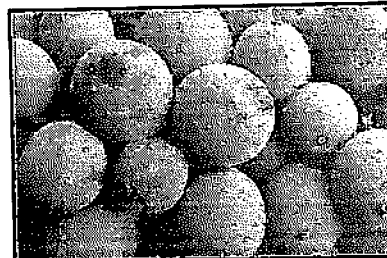
VOCATIONAL REHABILITATION PROGRAM

The Samish Indian Nation Vocational Rehabilitation Program is very excited to announce the two new Tribal Vocational Rehabilitation Counselors we have on staff. As Native American women active in their communities, they understand the trial and tribulations of being without good work skills to support a good job with a good income. In Tribal Vocational Rehabilitation Programs like ours, we can work with any Native American with any type of employment barriers to help them develop the skills and training they need to get into a type of work they enjoy and that will provide a good income for them and their family. We have funds to pay for tuition, books and supplies; tools and equipment; on-the-job training; traditional healing services; child care; and many other support services which will insure your success in training.

Currently, we have participants who are starting their own small business; employed in metals production; cashiering; computer support and other fields. We have folks training in office assistant, small business management, and Early Childhood Education, to name a few. Anyone needing information or assistance related to employment or training, call our offices for more information.

BLUEBERRIES

**One of the
World's
Healthiest Foods**



They have been called the power fruit, the fountain of youth berry and the miracle berry. Thanks to research going on worldwide, the news is that these tasty little berries are powerful disease fighters.

Nature's #1 Antioxidant Super fruit!

Researchers have found that blueberries have the highest antioxidant capacity per serving. Antioxidants help our bodies protect against damage to cells, leading to cancer, cardiovascular disease and other diseases.

Healthy Aging and the Power of Blue

Brain Health: Research has shown that blueberries may protect against age-related diseases such as *Alzheimer's and Dementia*, improve motor functions and actually reverse short-term memory loss.

Cancer Prevention: Research shows that blueberry compounds may inhibit all stages of cancer.

Heart Health: Research indicates that blueberries may protect against heart disease and damage from stroke.

Urinary Tract Health: Like cranberries, blueberries may help prevent urinary tract infections.

Vision Health: Research around the world also indicates that blueberries may improve night vision, tired eyes and protect against macular degeneration.

A True Blue American Fruit

The blueberry is one of North America's few native food crops. The blueberry was around long before the Pilgrims arrived. Native Americans loved these little berries and used them in foods such as pemmican (a traditional dish composed of blueberries and dried fish), as medicine and even as a dye. Another favorite dish of Native Americans during colonial times was *Santautbig* (pronounced saw'-taw-teeeg), a simple pudding made with crushed blueberries, dried cracked corn and water. The Pilgrims actually learned how to prepare *Santautbig* from the Wampanoag Indians. Some historians believe that this Native American dish was served at the first Thanksgiving.

A serving of blueberries is a healthy addition to any diet. They are a source of vitamin C and fiber and virtually fat free with only 40 calories (10 grams of carbohydrate) per half cup. This season, enjoy the sweet fruity flavor and good nutrition of blueberries!

Health Notes

SAMISH ANNUAL WELLNESS GATHERING AND DIABETES CONFERENCE

The Samish Nation Annual Wellness Gathering and Diabetes Conference was held on Saturday April 14, 2007 from 9am to 2pm at the Fidalgo Bay Resort in Anacortes. This year's theme was "Our Walk Together – The Journey to Increase Awareness and Prevention of Type 2 Diabetes. The focus of the gathering was to provide education and information to help promote an awareness and eagerness to engage in active healthy lifestyle behaviors that will prevent or delay the onset of Type II Diabetes. This year's event was free to all who attended and featured diabetes education, motivational speakers, free health screenings, health care vendors, fitness assessments, free chair and foot massages, drawings, door prizes and a delicious gourmet lunch.

The wellness gathering featured free diabetes and cardiovascular health screenings which included laboratory data (lipid profile, glucose, A1C, BP, BMI and cholesterol), risk assessment examinations, counseling and referrals as needed.



Diabetes Coordinator Mitch Markovich testing the blood sugar of Tribal member Ray Gorynski

Tribal cultural activities were celebrated throughout the day. There were special events and games for the kids. Native songs and dance were performed by the Samish Canoe Family, Samish tribal members and staff. Even the tribal council members joined in the celebration! The weaving of Samish culture was very meaningful and spirited.

On behalf of Samish Health Services and the Diabetes Program, we would like to thank all those who participated in this year's Health and Wellness Gathering – especially to those who contributed their time, encouragement and support and helped to make it a success. We are already making preparations for next year's event which will be held in the spring of 2008. We hope to see you then! Blessings and good health to you and your families!

HEALTH DEPARTMENT ADVISORY

Many of our Samish Tribal members have been getting heartburn over the costs of prescription medications-and so has contract health services which pay over \$100,000.00 each year for drugs from our vendor Bellegrove Pharmacy. Part of this indigestion is due to unnecessary costs of certain forms of commonly used drugs. Take heartburn medication for the condition known as GERD. If patients would agree and we at Contract Health enact a switch to the Drug called Aciphex instead of using the highly advertised Nexium, Prevacid, Prilosec, etc. the cost to the tribe would decrease 75%. We could currently save \$1000.00 to \$2000.00 per month. The drug Aciphex is equally as effective on this stomach ailment. Now take cholesterol drugs and the best switch is to generic Zocor which gives a savings of 90% from the cost of Lipitor. Another cost help for those taking 10mg of Lipitor is to order the 20 mg dose and take a ½ tablet (10mg) thus cutting 25% of the total cost to you or the tribe.

An action item for the Samish membership is to advise the council that you would like the Health Department to use generic and equally effective lower cost medications where at all possible. (Remember your health care dollars are limited!)

HEALTH RESOURCES AVAILABLE FOR SAMISH MEMBERS AND FAMILIES

For Uninsured members: If you have a modest income, and need insurance coverage, Washington State Basic Health Plan offers excellent coverage for minimal premium. We have applications in the CHS office.

Call for a screening, for additional information or for an application; or call (800) 660-9840 or download application at:
www.basichealth.hca.wa.gov

No Prescription insurance? If your non-Samish spouse or family members have NO prescription drug coverage, you can still save money with the Washington Prescription Drug Program discount card. Any state resident, any age, any income can receive a FREE card that may save them up to 60% on generic meds and up to 20% on brand name drugs. Call (800) 913-4146 or download application at www.wahealthplan.org

Health Notes

MEDICAL INFORMATION ONLINE

Are you looking for some credible and reliable medical information online? Don't know where to start or who and what to believe?

From the Samish homepage, www.samishtribe.nsn.us you can click on the Health page, then go to the bottom of that page and click on "more health links". This will take you to a listing of popular health topics, with current links. If what you are looking for isn't there, drop down towards the bottom of the link page and find the link for Medline Plus www.medlineplus.gov. This is a super website for any and all kinds of medical information. It even has videos of surgeries, slide and sound tutorials, special areas for senior health, and the most comprehensive drug encyclopedia (prescription and over-the-counter) you could ask for. It is usually the first place I search when I need to understand a diagnosis, medication, or health issue. It is sponsored by the National Library of Medicine and the National Institute of Health, a legitimate source for you to use and if you bookmark it as a favorite.



Some other links that may be of help or interest to you:

American Cancer Society www.cancer.org

- Cancer, treatment, diagnosis, prevention, support groups and more

National Cancer Institute www.cancer.gov

- Clinical info about cancers and the latest in treatments

American Diabetes Association www.diabetes.org

- Everything diabetic...nutrition, prevention, managing diabetes

American Heart Association www.americanheart.org

- Heart and stroke encyclopedia, cholesterol questions

National Center for Disease Control and Prevention www.cdc.gov

- Includes travelers health, infectious diseases, environmental hazards and workplace safety

Kids Health www.kidshhealth.org

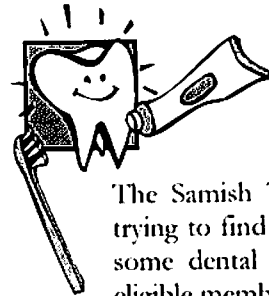
- With special sections written for parents (parenting questions and answers), for kids (how the body works, interactive info, pretty fun stuff) and teens (teen issues, need I say more?)

National Library of Medicine www.americanindianhealth.nlm.nih.gov

- Comprehensive list of Native American Health related organizations and resources. Also has links to Traditional Healing, maps of tribes and reservations, other Indigenous People. You will find it all here.

Personal Health Records www.myphr.com

- How to set one up, what it should include, sample forms, health information and privacy rights



DENTAL COVERAGE

The Samish Tribal Council is trying to find a way to provide some dental benefits to CHS eligible members.

As part of their considerations, it is important to know how many people now carry dental insurance. If you and/or your family members are CHS eligible and have some dental coverage, please contact us!

Call right now, while you are reading this, and leave us a voice mail, please.

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

1017 29th Street

P.O. Box 919

Anacortes, WA

98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062



Joanne Liantonio extension 125

jliantonio@samishtribe.nsn.us

Erin Soucy extension 126

esoucy@samishtribe.nsn.us

Keith Tucker extension 201

ktucker@samishtribe.nsn.us

Social Services Notes

Wonder what the Samish Indian Nation Social Services Department does? Basically our goal is to help members live a better life. Foremost, we can help in times of crisis, whether you are a crime victim, need emergency food, or having serious problems with your child. We can help you find the right services, whether it is counseling, alcohol/drug counseling, or a locksmith. We can advocate for you if you are dealing with an agency and you are getting the run around. If you have a problem, call us and let's see what we can figure out together.

Social Services also helps put on cultural events throughout the year. We are open to your suggestions for events and/or activities at annual events. Please let us know what you would enjoy and we can try to make it happen.



Samish Tribal Members preparing fry bread for dinner for the Samish Camping Trip.

CAMPING TRIP 2007

What a blast!!! Good food, good company, lots of cultural activities and the weather was awesome! We had 35 campers participate with 7 campsites at Deception Pass State Park.

Red Eagle Soaring entertained us with music and stories. Then the fifteen members, ranging from age 8 to 18, stayed one night with us at our camp. Our youth and children enjoyed interacting with their group. Bone games and paddle painting were very popular. All campers got to keep their own painted paddles (art work). Great memories. Thank you so much Frank Penter for all the time and work you put in.

Rosie and Bill took very good care of us. Rosie's cooking was delicious, and there was plenty for all. Her hotcakes were huge and hearty (some overflowed the plate!).

Have you or your family been a victim of a crime?

Did you know that as a tribal member if you are ever a victim of a crime, you are entitled to financial and/or support services? That means that if your house is broken into, we can help with money for new locks. Or if you are the victim of domestic violence and you need to move, we can help with emergency housing, food, and even gas. If your car was vandalized and you don't have insurance, we can help with repairs. We can also help with transportation to courts or doctors. If the need is related to your being a victim of crime.

There are only two things you have to do to get victim of crime services. First, when you report the crime to the police, be sure to tell them that you are a member of the Samish Tribe. Second, as soon as possible call the Samish Social Services office at extension 128. You have already suffered a crime, it shouldn't cost you more time and money.

Please welcome the newest Social Services staff, Robert Ludgate.

Robert was born and raised in the Seattle area and graduated from the Evergreen State College in Olympia, WA. He has previously served the Lummi and Stillaguamish Tribes of Washington, and the Caddo and Fort Sill Apache Tribes of Oklahoma, in the field of Indian Child Welfare and Family Services. Robert is Siksika (Blackfeet) and looks forward to learning more about and serving Samish Nation families. Robert is the Family Services Specialist and will be working with families in child welfare cases and victims of crime.

We are fortunate to have Robert join us.

His experience and skills are a great asset to us. You can reach

Robert at ext 119 or the cell phone (360) 661-6340 anytime.



Social Services Notes

LOW INCOME WEATHERIZATION PROGRAM

Any Samish members who have electricity as their main source of heating, have one of the following energy companies and who are considered "low-income" are encouraged to call Linda Carlson to determine if they are eligible for this assistance.

These public utility customers of Bonneville include:

- Orcas Power and Light Co-op
- Sumas Municipal
- Blaine Municipal
- Snohomish County, PUD
- Tanner Electric Co-op
- Seattle City Light



Low Income guidelines are between \$1,362 to \$3,723 per month net (after deductions), depending on how many people are living in your home. At least one person must be Samish enrolled to be eligible for services. Rentals and apartments may be eligible if agreeable with landlord. Please contact our Social Services office as soon as possible.

Ideas on possible weatherization projects may include:

- window and/or door replacement
- weather stripping for windows or doors
- furnace upgrade or repair
- insulation installment

ALCOHOL/DRUG 24 HOUR HELPLINE - PERSON TO PERSON

(800) 562-1240

Call about state-funding for addiction treatment



Washington State Council on Problem Gambling

YOU MAY BE LOSING MORE THAN MONEY WHEN YOU GAMBLE

Gambling Can Be A Problem: If you or someone you know has a gambling problem, help is available.

Call (800) 547-6133 for assistance from the Washington State Council on Problem Gambling



Samish Social and Counseling Services Department

2918 Commercial Avenue, P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Rebecca Peck, Social Services Director

Extension 128

rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist

Extension 119

rludgate@samishtribe.nsn.us

Linda Carlson, Social Services Specialist

Extension 103

lcarlson@samishtribe.nsn.us

Washington State Department of Health

Tobacco Quit Line

877-270-STOP

Toll-free

7 8 6 7

QUITLINE.COM

SAMISH NEWS

SAMISH TRIBE WAITS 5 YEARS TO ARGUE BEFORE THE FEDERAL COURT TO RESTORE HISTORIC FISHING RIGHTS

Elders and members from the Samish Tribal Nation have patiently waited for five years for their day in court to reopen the "Boldt Decision," the controversial 1974 ruling that denied the Samish their legal and historic right to fish commercially in Puget Sound.

Led by Samish Tribal Nation Chairman Tom Wooten, a delegation of elders from the Anacortes-based tribe presented Federal District Court officials with a "60(b) motion" to reopen *U.S. v. Washington*, also known as the Boldt Decision. The motion is first step in the process of regaining Samish treaty rights. If the courts allow the reopening, a series of hearings and conferences would be held

before a final decision would be made whether to allow the Samish the same fishing rights accorded to 14 other Federally recognized tribes around Puget Sound. The 1974 decision by Judge George Boldt said that Indian tribes with historic treaty rights were entitled to half the Puget Sound salmon catch; but Boldt did not say who the eligible tribes were until five years later in 1979 when he signed an order omitting the Samish and four other tribes. The judge was apparently relying on an erroneous 1969 Bureau of Indian Affairs memo, which did not list the Samish as a Federally recognized tribe, even though the tribe had been recognized since 1855. The Samish were reinstated as a Federally recognized tribe in 1995, but, because of Boldt's 1979 order, they still do not have their historic fishing rights.

Tribal Chairman Tom Wooten states "We are not asking for anything extraordinary, just what has been rightfully ours all along. We want to partner equally in the harvest and protection of our shared natural resources."

Samish General Manager Leslie Eastwood agrees, "Samish is known for being environmentally conscientious, we were the first Tribe in the Nation to purchase Green Power, and we are working with the Department of Ecology and the Nisqually Tribe on a feasibility project to improve Fidalgo Bay water flow. Our concern is always about being good stewards of the resources, and taking our rightful place among the other Treaty Tribes as conservationists in a good way."

On October 10th, 2007 an overwhelming amount of Tribal members, Tribal Council, and staff crowded the courtroom at the Federal Courthouse in Seattle showing their support. A total of 66 Tribal members were in attendance, many came by bus that traveled from the Samish Tribal office picking up Tribal members in Burlington, Lynnwood, and Seattle while others took their own vehicles. **At this time, we are still awaiting the Judge to issue a decision. Once a decision is made, our office will send out a special mailing to inform Tribal members.**

Samish General manager Leslie Eastwood said, "I would like to take a moment to thank people who took time out of their day and show their support, it was really amazing to see the large turnout and realize how important our treaty rights are to so many."



Photo from Canoe Journey 2007. Photo by Nicole Herman

LETTERS TO THE EDITOR

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation Newsletter
Attention:
Nicole Herman

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

Please note:
Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Letters to the Editor reflect the opinions of the writer only and are not statements of Tribal Policy.

Many thanks to the staff here at the Samish, particularly Dorothy Thatcher and Jan Hagg for donations to the Friendship House.

Keep saving those hotel toiletries and give them to Joanne for donation to the Friendship House, Skagit County's Shelter for the homeless.

Joanne Bennett

To Nancy and Samish Indian Nation:

Thank you so much for the gift cards. It helped out so much and we all appreciate it greatly.

Kayla and Kole
Kavanaugh



To the Samish Tribe:

Just wanted to send a sincere note of thanks for the wonderful gift of the school supply gift cards. It is always a struggle at the beginning of the school year with new clothes, supplies and school expenses. We just want you to know how much it is appreciated and it is nice to be thought of.

Thank you also for sending out the replacement card for Justin. We received it and put it right to use. Thanks again for your generosity.

Sincerely,

S. Troy and Lisa Cox and family

SOCIAL SERVICES

Your thoughtfulness is deeply and truly appreciated. I am so grateful.

Thank you and
Happy Thanksgiving.

Judith



ORTHODONTICS PROGRAM

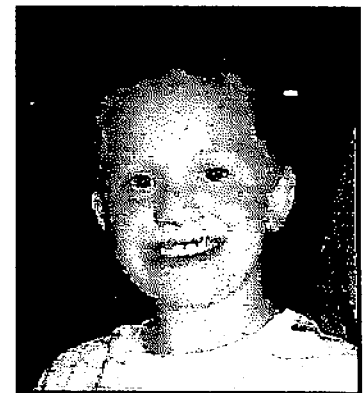
Dear Council -

I wanted to let you know what a blessing we have received and thank you for your generosity. I am a tribal member with four boys living in Puyallup. Something is always going on at our house and the benefits we receive through the tribe are such a blessing.

Recently, I found out that two of our boys needed orthodontia treatment. I called to speak with Joanne and she informed me of the extremely generous orthodontic funding that was available. I feel like my family has won the lottery. My youngest son's condition is very severe and without the orthodontic monies granted to members we would not be able to accommodate his need. Thank you so much and I will send you a picture of his beautiful smile!

Sincerely,

Amy Trahan



He gets his braces on 12/19 so this is the before photo. Because of the "under bite" without orthodontics (and quite possibly if the treatment doesn't go as planned) he would need jaw surgery. Thanks!

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.usn.us

COASTAL SALISH NATIVE ARTISTS WANTED

To display tribal oriented artwork on consignment at the Fidalgo Bay Resort store.

Please contact Michael Madsen at:
(360) 293-5353 or (800) 727-5478
for an appointment to show your work.

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday – 50% off

Friday & Saturday – 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760



Nada Thompson measures 17 inches
of Tribal member Ethan Matthews
hair to donate to Locks of Love.

Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

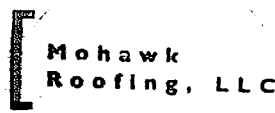
16843 South Copley Court ■ Oregon City, OR 97045-7328



(503) 631-3365



www.OregonCityQuilter.com



Tyrone McLeod
15766 Indian Road
LaConner, WA
98257

Phone 360.770.7317

Email cedar.mountain@hotmail.com



ALLEN-BRADBURY CONSTRUCTION, LLC
Accountable Building Contractors

901 Algona Blvd. North, Suite A

Algona, WA 98001

Phone: 253.218.2288

Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Rose Armstrong	James Barrett	Lloyd Barrett	Lyle Barrett
Shane Barrett	Mauricia Bill	Chester Blackinton	Lisa Bleeck
George Bob	Marcie Bob	Tessa Bramwell	Bernie Wills
Christopher E. Clark	Randy Daniels	Gary Davies	Curtis Eastwood
Carolyn Edwards	Tiffany Fix	Michelle Foster	Gordon Gidlof
Katherine Graves	Wayne Graves	Jorda Hatch	Kelly Hatch
Marshall B. Hatch	Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins
Laura Howland	Kirk Hudson	Hope Hudson	Oliver Hudson
Gordon Jack	Lee Jackson	Marcy James	Terry Jones
Patricia Kavanaugh	Corey King	Lanita King	Patricia King
Shannon King	Stephanie King	Jonathan Long	Verna Long
Bryce Louis	Martin Louis	Shelbie Lucy	James Matthews
Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald	Shannon McCary
Winnifred Marchand	Heather McIntosh	Paul Michaels	Jenny Miller
Gordon Misheal	Edwin Mitchell	Gwen Renteria	Shirley Parminter
Bryan Ross	Skyler Ransier	Delilah Redden	Melissa Sampson
David Sanchez	Juliette Scates	Colleen Scheel	Jeffery Scheremeta
Shawn Sherman	Corey Smith	Jo-Anne Smith	Wesley Smith
Robin Spivey	William Steele	Amy Sturdivant	Audrey Turner
Ronald Thompson Jr.	Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood
Angela Williams			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system and must be replaced. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

ANYONE REQUIRING A NEW CARD MUST PAY \$5.00 FOR A REPLACEMENT. CHECKS MADE PAYABLE TO "SAMISH INDIAN NATION". IF YOUR PRESENT CARD DOES NOT HAVE A PHOTO ON IT THEN PLEASE SEND A PHOTO ALONG WITH THE REQUEST AND CHECK TO THE ENROLLMENT DEPARTMENT.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change then we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Enrollment Information Needed

THE FOLLOWING MEMBERS NEED INFORMATION TO COMPLETE THEIR ENROLLMENT FILES:

The following members need information to complete their files. Requests were sent out to some in May of 2006 and we have not received anything back to date, those people are now listed as "inactive" and will not be eligible for any services until their paperwork has been completed. The others are being sent out and need to be returned within 30 days of the mailing of this newsletter. If you have any questions please feel free to contact me at the office. Some of these members only need to sign an update form so please don't get upset. We ARE NOT removing you from the membership list, only trying to get the much needed information. Thank you---Jan Flagg

Allan Barrett	Brian Barrett	Shirley Parminter	Lloyd Barrett
Lyle Barrett	Winnifred Marchand	James Barrett	Robert Blackinton
Carol Blackinton	George Bob	Carolyn Edwards	Sandra Schroeder
Heidi Hawkins	Theo Hawkins, Jr.	Sandra Powers	Judith Cardwell
Penny Perez	Debra Higgins	Vonnie Stewart	Juliette Scates
Anna Smith	Madeline Thomas	Dorene Thomas	Alice Sam
Ralph Underwood	Wayne VanSchoick	Carol Washington	Norman Underwood
Sharon James	Simone Underwood	Shauna George	Cheryl Underwood
Romaine Underwood	Valerie Sadler	William Steele	Shannon King
Stephanie King	Marcie James	Lillian Ostber	Marlise Livolsi
Juliana Breslin	Matthew Sturdivant	Corey Watson	Carrie Watson
Kailey Penter	Christian Gidlof	Deric Bloomingdale	Destin Bloomingdale
Michael Soucy	Jonathon Graves	Suzanna Sam	Anthony Sam
Nicole Sherwood	Kelson Coughlin	Jason Rock	Kelee Rock
Steven Michaels	Melissa Sam-Underwood	Barrett Anderson	Michael Guthrie
Lane Markley	Coleen Clark	Justin Penter-Phillips	Robert Louis
Shaylynn Morgan	Kendra Nelson	Crystal Soucy	Katherine Graves
Kaylea Day	Joshua Stewart		

ATTENTION TRIBAL MEMBERS

If you are a Veteran or those of you who have an Indian, please contact our Enrollment Department so we can record this information in our database. Thank you.

New Enhanced Drivers License and Card

Washington State will begin an enhanced driver license and ID card (EDL/ID) in January 2008. The EDL/ID will securely denote identity and citizenship, and will become an acceptable alternative to a passport for re-entry into the U.S. at land and sea border crossings. There are 11 locations in the state that will be offering this service and those services will be offered 2 days a week or by appointment. The locations are:

Western Washington:
Bellingham
Bothell
Hazel Dell
Lacey
West Seattle
Port Angeles



Eastern Washington
Kennewick
North Spokane
Wenatchee
Smokey Point
Parkland

If you have more questions please go to : www.dol.wa.gov/ then pick enhanced drivers license.

Council Highlights March to July 2007

- Council purchased the McCord House, right next to the current Samish Health Office. Council has been determining how to use the building the most productively with the health and welfare of staff or renters who may use the space. The garage and back apartment will need to be demolished and the house itself upgraded to be a healthy environment.

- HUD audit is almost complete with just a couple issues to be resolved; Administration is waiting for a visit from HUD officials for a site visit to complete the audit. Head Start program is up and running. This year there will be a daycare component added and Head Start will be working more closely with the Anacortes School district.

- Chairman Tom Wooten has been meeting with the Washington Indian Gaming Association and Tribal Leaders forums on a regular basis. Chairman Wooten has been talking with the city of Anacortes governing body and the Skagit County officials to build strong, positive relationships with these groups within a Government-to-Government relationship. He also remains in contact with our Lobbyist for Washington State, Mike Moran and our Lobbyists in Washington DC, letan, to keep apprised about what is going on in the State and Federal Governments and how Samish fits into the issues.

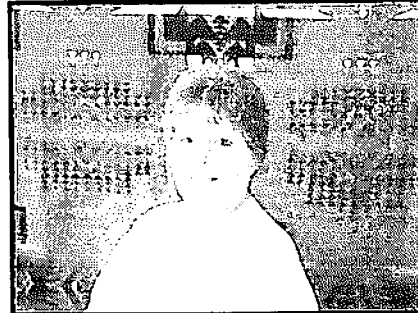
- Language Program: Audio files are being worked on to put on the Samish members only webpage. Proposals are being drafted to apply for grant funding to support a language program. Culture Committee was assigned the task of getting the Language program started. Will make a plan to finish copying some valuable language and historical materials with the Olson family

- Fee to Trust: There have been many issues that need to be cleaned up to get the RV Park property into Trust... Council has asked Legal Counsel to take a lead on these issues and are also working with the Title Company – many of the issues have been resolved and we are looking forward to completing the process very soon. Campbell Lake property has an easement issues that needs to be cleared up before Trust is complete

- Education: A couple years ago the State legislature passed a bill to assure that accurate Native American history would be taught in the local schools. To do this, each school district would work directly with a Native American Tribe in their local area. The problem is that the State legislature did not allocate funding to help with this issue. Native American Education leaders are working on this with the State to find funding.

- RV Park: there will be some landscaping done this year and some updating to the Conference Center building, perhaps install a sprinkler system, a possible addition of art work at RV Park, and the Controller is working on refinancing the RV Park to get a better interest rate.

- Staff is in the process of developing a Library Policy and will send it to Council for review



*Council
Secretary*

*Chris De Kay,
Co-labt-su-sah,
the Elder*

- Dance Hall on Weaverling Spit has become a hazard, people have broken into it and Council and RV Park management worry that Samish could be liable for problems that could occur, for those reasons, it has been decided the Dance Hall will need to be demolished. Hopefully some of the great old timbers in the building will be salvaged to be used on other projects.

- Council is discussing the possibility of setting up a scholarship for the Anacortes High School

- Verizon phones: verified with Verizon that tribal members will get a 15% when signing up to use Verizon

- General Manager, Leslie Eastwood and State Lobbyist Mike Moran go to NCAI training

- Council and department managers met with the State Attorney General, Rob McKenna. It was an opportunity for Rob McKenna to know who Samish are and for Samish to learn how the Attorney General's office could be of assistance to Samish.

- Cemetery: Council is working on how to preserve the integrity of all Samish Cemeteries.

- Enrollment ordinance discussion with Enrollment Clerk. Enrollment clerk will develop a list of members at the time of the 1855 Treaty which will help the Enrollment Committee to determine who is eligible to be enrolled.

RESOLUTIONS

- Directed the Website committee to work on setting up a members-only page

- Approved the draft Indirect Cost Proposal at 32.79%

- Approved an Attorney Retainer Proposal for Craig Dorsay and Lea Ann Easton

- Approved a contract with Moss Adams LLP to perform the 2006 financial audit

- Authorized the Culture Committee to meet to work on the Samish Language project, to work with the Deception Pass State Park personnel to develop a "Native American History at Rosario" lesson to be used with visiting children and to work with the author of the book NW Indian Tribes as he updates his book

- Approved the amended job description for the Family Services Specialist.



Council Highlights March to July 2007



FINANCE

- Annual dues for Affiliated Tribes Northwest Indians were paid
- Council allocated funds to support the Elder's Program as they prepared to host elders from all local tribes for a luncheon
- Allocated funds to replenish the Talla funds for purchase of giveaway items.
- Allocated budget funding for the Fall Gathering 2007
- Allocated a donation to the Campaign to Keep Watmough Wild. Watmough is an area in Samish Usual and Accustomed area and Council wants to support the stewardship of our ancestral areas.
- Approved funding to provide basic dental coverage for eligible Contract Health Services clients
- Council had the opportunity to provide limited funding to assist a few Samish members in time of crisis
- Transferred funds into the grants and contract account to cover reimbursement of grant expenses
- Directed the Tribal Treasurer, Tamara Rogers, to set up the Ad Hoc Budget Committee to work on the 2008 Tyce budget.
- Allocated funds to repay the Vocational Rehabilitation Grant for previous unauthorized expenditures
- Allocated funds to repair a Tribal vehicle
- Funds were allocated to re establish a separate Catastrophic Health Emergency Fund for the Samish Nation
- Gave the Culture Committee authorization to purchase a freezer
- Authorized the donation of funds to the United Way of Skagit County designated for Meals on Wheels
- Allocated funds for the demolition of the Dance Hall on Weaverling Spit
- Allocated funds to repay the Archives Department for work that was done by the prior director on Treaty Rights litigation.
- National Congress of American Indians membership dues were paid

APPOINTMENTS

- Chris De Kay was appointed as delegate to Affiliated Tribes of Northwest Indians and Billie Jo Settle was appointed as alternate.
- Dana Matthews was appointed as the Samish representative to work with the Deception Pass Foundation
- Appointed Vocational Rehabilitation Director, Nancy Holland as chairperson to establish a committee to develop a Tribal art gallery and to solicit volunteers to serve on the committee.



GRANTS APPROVED FOR SUBMISSION

- Approved the pandemic influenza plan for the Tribe.
- Approved the submission of a grant application to the Washington State Department of Social and Health Services for youth independent living services for Samish low income Tribal members
- Approved the submitting of the renewal for the Low Income Home Energy Assistance Program (LIHEAP)

ORAL ARGUMENTS

Oral Arguments were October 10, 2007. Samish had the court room completely full to support our Legal Counsel as he presented our case. Council was really appreciative that so many Samish came to the Court House in Seattle ... and the bus full of Samish from Anacortes was great.

STAFF REPORTS

Department of Natural Resources Director, Christine Woodward, updated council on various grants and projects. Department of Natural Resources has obtained funding through the State of Washington to do a feasibility study about the possibility of replacing the old creosote train trestle with a nice new walkway. The feasibility work is being done in conjunction with the Nisqually dive team. Controller, Brian Thurston, reviewed the Indirect Cost Proposal for 2007.

COUNCIL MEETING DATES

January 19th, 2007.

2008 meeting dates to be set soon, please check the Samish Tribal website for upcoming information at www.samishtribe.nsn.us



VERIZON WIRELESS DISCOUNTS

Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25 off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

Jason Yonan, Sales Representative. Jason can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

Phone: (206) 300-7972

email: jason.yonan@verizonwireless.com

MESSAGE FROM THE VICE CHAIRMAN

Hello Samish Brothers and Sisters,

In November I had the honor of attending the naming ceremony for three of our members. It was a welcome reminder for me that the culture of our ancestors still lives in us today.

I left the ceremony that day with a new awareness of the importance of our language. If you are like me you may have felt that the Samish language was dying and attempts to revive were a waste of time and money. I have changed my attitude. One way Samish culture is defined by its language. It conveys the unique perceptions and aspirations of our grandparents. The words and phrases open a window to the world of our ancestors and help us understand their spiritual connection to their environment and each other. This understanding applies to our lives today. As a nation we can plan better for the future if we understand our past.

Not all of us can learn the Samish language and that's OK. We all add to the fabric of our nation in our own unique way. But those who are interested in learning our ancestor's language should contact one of our Cultural Committee members for information about classes that will be starting soon.

Respectfully,
Tim King

Greetings from Council Person Billie Jo Settle

Ray, Peggy and I would like to Thank everyone that could come and help with our "Naming Ceremony" just you being there was a great support. As Chair of Health, just a reminder to take care of yourself during this cold and flu season. Get your flu shot if you have not already, it is never to late. A special Thank you to Staff for doing a wonderful job, which I know get very busy but we do appreciate the people in the office. I would like to take this time to wish all of you a Safe, Healthy and Happy Holiday Season. Hy'Syka



Ashlee Bryant, Jacob Moore, and Joey Moore

MESSAGE FROM A TRIBAL MEMBER

To Samish Tribal Council Members,

A note of thanks for your very dedicated work on behalf of all General Council members.

We have had so much pleasure and education this past summer. I was pretty much under the weather most days but I was fortunate to be well during the special events you organized.

The field trip to the Lopez Island Museum was one I will never forget. The chance to go on the school buses and get better acquainted with our big family was good for us.

The Museum was great but the highlight of that trip (for me) was enjoying that very delicious Brown Bag lunch on the logs at the Lopez ferry dock. It was only sandwiches and so forth but being with friends meant a lot.

On to English Bay Camp and the Whale Museum, which were trips that we most likely never would have gotten around to doing on our own. And the entire day was paid for by Samish. We saw a good-sized herd of deer eating apples under a tree – and right among the deer was a big flock of Canada geese feeding on grass.

Well now, the chartered bus ride to Seattle was well-attended. We learned a lot about the Court System. Everyone was so well-behaved as we sat hour after hour waiting for proceedings to begin.

Again we did not have to pay for lunch or transportation, thanks to Council's ok. So much work and planning went into these trips, and it would not be possible to thank each employee individually because so many took part in the projects.

I was down for the count during the Senior Fall dinner but again I was so lucky to be well for the Naming Ceremony.

Our tribe has come a long way over the past year, and now we are right in there with all of the other Washington tribes. It is awesome!!! We cooperate with most tribes, thanks to your diplomacy – yet at the same time I see our Council staying firm on certain important issues.

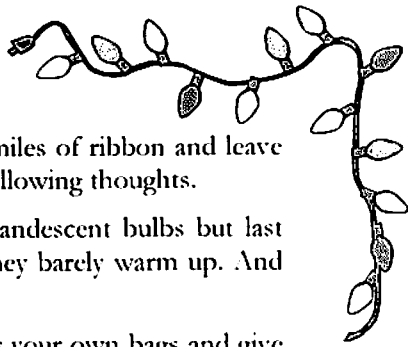







Keep up the good work – your job is hard, and we do appreciate the progress you have made.

Sincerely,
Mrs. Jacqueline J. Bohn

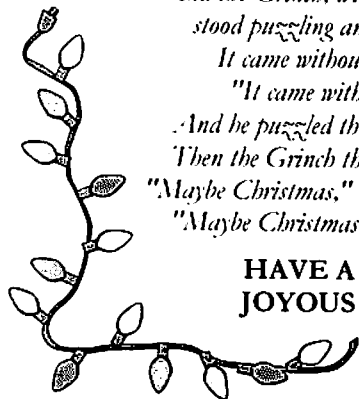
Happy Holidays from the Department of Natural Resources

This Newsletter instead of updating you on our program, it has been decided that we would like to give all you some helpful tips on how to enjoy the holiday season and still keep your environmental footprint small.

This year, Americans will send nearly 2 billion holiday cards, use more than 38,000 miles of ribbon and leave millions of Christmas trees on the curb. What can YOU do? Check out some of the following thoughts.

- 
-  **Lights.** Buy strings of LED lights, which look the same as conventional incandescent bulbs but last longer and use 80 to 90 percent less energy. LED lights are also safer since they barely warm up. And invest in timers that automatically shut off your lights.
 -  **Shopping.** Bring your own bags to the store. Feeling creative? Design and sew your own bags and give them away with presents inside.
 -  **Wrapping.** Instead of buying your paper, get creative with what you have around the house. Wrap presents in posters, decorated grocery-store bags or pages from glossy fashion magazines. Or put a small present in a beautiful scarf and "make the wrapping part of the gift. If you love traditional wrapping paper, buy the recycled versions.
 -  **Trees.** Always go real if you can. Although artificial trees last for many years they are made from metal and derivatives of PVC, which requires large amounts of energy to make, and also creates by-products such as lead which can be harmful to both the environment and human health. The average life of an artificial tree is just 6 years and given that they are not naturally biodegradable they will potentially pollute a landfill site for many years to come. Most artificial trees are now made in Taiwan and China and so have additional energy costs associated with transport. Real trees are carbon neutral, absorbing as much carbon dioxide as they grow as they will emit when burnt or left to decompose. They are also a wildlife habitat and a naturally renewable resource, and generally feel much nicer in your home. If you purchase a live tree, they can be planted in your garden after Christmas.
 -  **Cards.** This year consider going paper-free. Direct friends to your family blog or create a free multi-photo card or an online slideshow on www.photobucket.com. You can add holiday music, snowflakes and bits of text, and then e-mail friends and family a link.
 -  **Treat people to a special experience** - such as theatre tokens, annual membership of a gallery or a weekend at a spa.
 -  **Give a charity or environmentally friendly gift.** Sponsor an animal or give a membership to a charity or environmental organization for Christmas.

To quote from the Dr. Seuss classic How the Grinch Stole Christmas,



*"And the Grinch, with his Grinch-feet ice-cold in the snow,
stood puzzling and puzzling: 'How could it be so?
It came without ribbons! It came without tags!
'It came without packages, boxes or bags!'
And he puzzled three hours, 'till his puzzler was sore.
Then the Grinch thought of something he hadn't before!
"Maybe Christmas," he thought, "doesn't come from a store.
"Maybe Christmas...perhaps...means a little bit more!"*

**HAVE A WONDERFUL AND
JOYOUS HOLIDAY SEASON!**

--Christine and Jennifer

CANOE FAMILY MESSAGE

Canoe Family put our canoes away for the winter, but we still meet to sing, work on regalia, develop protocols, and plan fund raising all year long. Any member who wants to participate, volunteer, or just learn more about what happens out there on the canoes and at Coastal Canoe Society gatherings is invited to join us for planning and potluck lunches this January and February at noon on Sundays, just before the Intensive Language Workshops

(1/6, 1/13/ 1/20/ and 2/3/, 2/10/ 2/17 at Tribal Office). Drop-ins are welcome!

Housing Information



Washington's Emergency Operations Center is activated at Phase III and operating with 24-hour staffing. Twelve shelters have been established. For more updates, please visit www.wadisafternews.com/go/site/1105/

USDA Rural Development Funds Available For Home Repairs

Olympia, December 4, 2007 - In the wake of flooding and hurricane-force winds causing damage across Western Washington, USDA Rural Development plans to make low-interest loans and grants available to rural residents in the affected areas to repair damage to their homes.

Further information on rural programs is available at a local USDA Rural Development office or by visiting USDA's web site at <http://www.rurdev.usda.gov>.

The Housing Department is required to provide, public notice and opportunities to respond to Annual Performance Reports (APR). The most recent APR is on display in the Samish Indian Nation administration office public bulletin board. It was submitted to HUD in December 2007, however if you would like to request a copy by mail or email in order to make further comments on the report please contact Renae Cunningham at the Housing Department and make arrangements for your comments to be forwarded to HUD.

Thank you for your assistance in this matter and Seasons Greetings to all.

Samish Housing Department

2918 Commercial Avenue, P.O. Box 217
Anacortes, WA 98221

Phone: (360) 293-6404 Extension 111

Toll Free Phone: (800) 365-9062

rcunningham@samishtribe.nsn.us

Renae Cunningham,
Housing Assistant



Language Preservation Activities Unfold

At long last, the Tribe is pursuing hands on Language preservation and involving our members in the process. Phase 1 will be a series of Intensive Language Workshops this winter, to develop native language skills among a group of tribal members who will help design language preservation activities and products for the benefit of all our membership.

When: Workshops held on consecutive Sunday afternoons 1 to 5 pm, from 1/6 through 2/17
(skipping Super Bowl Sunday, 1/27)

Where: Tribal Administration Building

Who: Members committed to developing a language program. Drop-ins are welcome at any of the sessions, but we would like to know how many people will make time for all 6 Intensive sessions.

Phase 2 will be developing Language Audio CDs that will be mailed to every tribal household later on in the spring; those members who complete the Intensive Workshops will help to design content for these materials. We will also explore making video sessions available for viewing online.

Phase 3 will offer a series of introductory language classes for the general membership, to practice greetings, welcome phrases, introductions, and other formalities, hopefully to be offered this summer. Members who complete the Intensive Workshops will help facilitate the introductory classes.

Each phase will have opportunities for tribal members to give input about the usefulness of the materials and presentations, so our Language program grows in a way that meets the needs of our members.

To reserve space for all 6 Intensive Workshop sessions, please contact Jan Flagg (800) 365-9062, extension 106.

NATIONAL AMERICAN INDIAN HERITAGE MONTH BONNEVILLE POWER ADMINISTRATION CONTEST "CELILO FALLS...THE ECHO OF FALLING WATER"

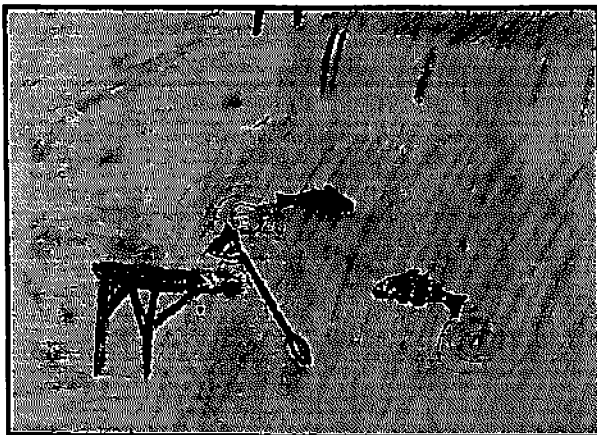
The Bonneville Power Administration, U.S. Fish and Wildlife Services, Bureau of Indian Affairs and Portland General Electric sponsored a poster contest for Elementary and Junior/Middle school children to celebrate National American Indian Heritage Month (November). Samish Administration received information about the contest and forwarded the information to Samish children/youth.

Natalie De Kay received the information at her home, drew a poster and submitted it to the Bonneville Power Administration. Natalie has been picked by Bonneville as one of the winners in her age group and went to Portland November 30th to receive her recognition. Natalie's poster depicts a Native person fishing off a fishing platform on the Columbia River before the Dalles Dam was built.

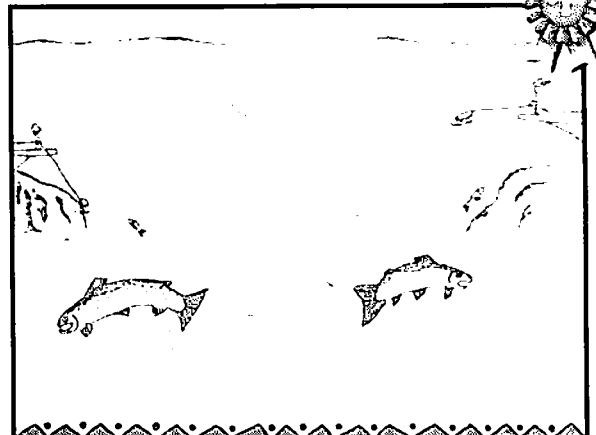
Shawnia Kubista won first place for her poster submittal in the Kindergarten through sixth grade. Her poster was also chosen for the cover of the Bonneville Power Administration Calendar for 2008. Shawnia is 8 years old and she is in second grade.

Celilo Falls was located between Oregon and Washington on the Columbia River. It was a very large and important falls on the river and Native American people caught Chinook and other wildlife there for centuries. Thousands of Native people would gather at the Falls to trade, feast and participate in games and religious ceremonies. In 1955 The Dalles Dam was completed and a way of life for the Native People changed forever. Celilo Lake, which grew out of damming the Columbia River, submerged fishing platforms and consumed the village of Celilo where Native people had lived forever.

Congratulations to Natalie and Shawnia, we are so proud of you both!



Natalie De Kay



Shawnia Kubista



Office Closure

The Samish Indian Nation Administration office
and the Samish Longhouse Preschool will be
closed from December 24, 2007 to January 2, 2008.

SAMISH VOCATIONAL REHABILITATION

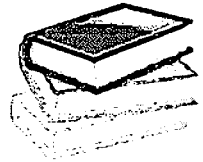
The Samish Vocational Rehabilitation Program has moved to office and meeting room space at 708 Commercial Avenue Anacortes, WA 98221. Some of you may remember when the Samish offices were located at this address many years ago. This office space was chosen as it offers the counselors each an office to provide confidentiality for our customers, as required by the federal grant. It also offers space for a Gathering Room for classes and meetings, a kitchen for food preparation, and a large back room where a totem is being carved and classes will be held.

A great feature of our new location is that it does have storefront exposure and will allow us to develop a Tribal Art Gallery. We will be developing this program and calling for artists to bring in their art to sell. At this point, we will be calling for anyone willing to be on the Advisory Committee which will be working out all the details for the Gallery. Anyone interested please call the program at our new number, (360) 588-8200.

EDUCATION PROGRAM

The Education Program continues to offer scholarships to any Samish member wishing to further their education by taking classes full or half time at any accredited institution. You can attend Vocational Colleges, Universities, Community Colleges, or accredited colleges offering training such as Massage Therapy.

Anyone interested in getting more information on the scholarship program for Samish members should call Nancy Holland at (360) 588-8200.



General Council Meeting Comments

What did you like best about the meeting?

Information well presented and organized - 11
Council willing to listen and work together on our behalf - 2
Nice Food & Services - 2
Turn out with new faces - 1

What can we do to improve?

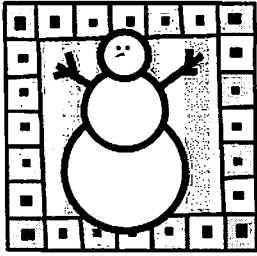
Someone in charge of keeping the meeting on track - 8
Two day business meeting - 5
Have time available for those to discuss personal issues - 3
Move legal issues to the beginning of the meeting - 2
Staff reports shorter - 1
Let members sign up to talk - 1
More cake - 1



What did you dislike most about the meeting?

Members being allowed to complain about personal issues - 7
Limit the culture contribution during the business meeting - 7
Not sticking to a time line, went off track of agenda - 5
GOOD information in a short amount of time - meeting went too long - 4
Survey too complex - 1
Members not respecting other members issues - 1
Need directory to get in touch with other members - 1
Questions not addressed - 1

Health Notes



MEDICARE PART D (drug) COVERAGE OPEN ENROLLMENT PERIOD

The Open Enrollment period for changing your Part D Plan is from November 15 through December 31, 2007. The coverage will be effective on January 1, 2008. If you wish to keep the plan you have, you need not do anything, unless you have been notified that your plan has ceased to exist. Be aware that most plans have increased the premiums and changed the benefits. If you would like to compare the plans, there are over 50 plans in Washington State, you can do this on the internet, at www.medicare.gov. Click on "Compare Plans".

Joanne and Erin are happy to assist you with this. You can come in to our office, or we can work with you over the phone. You will need to provide us with a complete list of all your medications, including the dosages and how often you take them. We will be mailing a small packet of information to each of our Medicare clients in the coming weeks to help you through this complex, confusing issue. *We will need to know which plan you sign up for*, so that we can make sure your bills are processed correctly and the tribe is paying properly.

HOLIDAY MEAL PLANNING (www.diabetes.org)

Holidays can be a tough time for families, especially families dealing with diabetes. But there's no reason you can't take it all in stride. With a little preparation and some diabetes know-how under your belt, you'll be ready to face any holiday head-on.

The most important thing about managing diabetes during any holiday season is to plan ahead. The more you know about what's going to happen, the better you can plan for good diabetes care. Once you know what your day will consist of, you should then examine your menus. Do you have traditional dishes that you make every year? There's no need to completely rework your menu just because of diabetes, but you may want to fine-tune it a bit. Planning ahead can help. For example, maybe there are some ways you can make your traditional holiday foods a bit healthier. Will that casserole taste just as good with fat-free or light sour cream instead of regular? Can you steam the green beans this year instead of sautéing in butter?

There are plenty of ways to lower fat, sugar, and carbohydrate counts in your favorite foods while still keeping the taste and texture you love. If your family looks forward to Aunt Selma's Heavenly Fudge every year -- go ahead and make it, but first talk to your diabetes educator or dietitian about ways to work a piece or two into the meal plan. It may mean eating less of other treats, getting more exercise, increasing insulin doses, or a combination of all three.

For more information and recipes go online to www.diabetes.org

FLU SHOTS AVAILABLE AT MANY PHARMACIES

This winter, many pharmacies are offering flu shots. This may be more convenient than trying to get booked at your physician's office. Feel free to get your flu shot at a pharmacy. Then, just like when you are getting short term medications at a retail pharmacy, have the pharmacy bill Northwest Pharmacy Services (800) 998-2611. If the pharmacy is unable to do this, you will pay the bill, and then submit the receipt to Northwest Pharmacy Services in Puyallup. You will then be reimbursed, just like when you pay for a short term medication from a retail pharmacy.

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

1017 29th Street

P.O. Box 919

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Joanne Liantonio extension 125

jliantonio@samishtribe.nsn.us

Erin Soucy extension 126

esoucy@samishtribe.nsn.us

Keith Tucker extension 201

ktucker@samishtribe.nsn.us

Social Services Notes

Food for Low Income Households and Individuals

The Samish Indian Nation Social Services Department offer all eligible tribal members the opportunity to apply for the **Commodities Food Program**. This program provides over one hundred bulk food items on a monthly basis delivered to various sites throughout Western Washington (you must go to the site monthly to pick up your food items).



If you meet the following eligibility requirements, please come to the Social Services office or call us to complete an Application Worksheet. Once we have determined your income eligibility you will be given an "Application for STOWW Food Distribution Program" to complete. Upon final determination by STOWW, you will pick up your food items according to the Food Distribution Schedule for a tribal reservation drop off area close to you.

Some of the basic eligibility guidelines:

- You cannot receive DSHS food stamps or benefits
- You must meet income eligibility guidelines (there are deductions for child support payments, elder care or child care costs, SS insurance premiums, etc. from your earned income).
- You cannot live within the city limits of a town with a population of 10,000 or more --- but must live within 50 miles of a reservation.

Some of the food items available are: vegetables and fruit (FRESH and canned), fruit juices, canned meat and turkey, frozen chicken, butter and oil, beans, peanut butter, cheese, cereals, sauces and soups, rice and noodles, bison and buffalo. You will be given a checklist to complete to delete the items you do not wish to receive.

Please contact our office if you think this program is of interest to you. We will be happy to assist you.



LIHEAP WEATHERIZATION

The Low Income Heating & Energy Assistance Program (LIHEAP) funds can help you to pay for your heating costs and/or weatherization of Samish members homes or rented homes. Funds from this project help to keep you warm in the winter. This contract will also pay for the material to weatherize your home, as well as labor costs.

Income requirements are 60% or less of Washington State median income.

For further information and to see if you qualify please contact our office.

Have you or your family been a victim of a crime?

Did you know that as a tribal member if you are ever a victim of a crime, you are entitled to financial and/or support services? That means that if your house is broken into, we can help with money for new locks. Or if you are the victim of domestic violence and you need to move, we can help with emergency housing, food, and even gas. If your car was vandalized and you don't have insurance, we can help with repairs. We can also help with transportation to courts or doctors. If the need is related to your being a victim of crime.

There are only two things you have to do to get victim of crime services. First, when you report the crime to the police, be sure to tell them that you are a member of the Samish Tribe. Second, as soon as possible call the Samish Social Services office at extension 128. You have already suffered a crime, it shouldn't cost you more time and money.

Social Services Notes

INDIAN CHILD WELFARE AND PREVENTION

One of our program's top priorities is children involved in the child welfare system. When a child abuse or neglect referral is made to Child Protective Services (Samish does not operate a CPS program as there is currently no land in trust for the Tribe), the agency is supposed to contact our program. While we do not have jurisdiction to conduct the investigation, we try to provide support and resources to the family in effort to prevent breakup of the family. If a child is removed by a State court, our program is able to be a party to the legal case per the Indian Child Welfare Act. In addition to working with these families, we also identify families with risk factors that could lead to involvement in the child welfare system and work with these families to prevent this. Many families that are not involved in the child welfare system but are struggling with financial, counseling, employment, and housing issues voluntarily work with our program on a regular basis. Historically, even Native families without child abuse and neglect in the home have been targeted by the child welfare system, and we feel strongly about offering services to all families that will prevent such involvement.



NICWA

National Indian Child Welfare Association

Alcohol/Drug
24 Hour Help Line
Always There When You Need Us!

(800) 562-1240

**Call about state-funding
for addiction treatment**



**Washington State
Council on Problem Gambling**

**YOU MAY BE LOSING MORE THAN
MONEY WHEN YOU GAMBLE**

Gambling Can Be A Problem: If you or someone you know has a gambling problem, help is available.

**Call (800) 547-6133 for assistance from the
Washington State Council on Problem Gambling**

Washington State Department of Health

Tobacco Quit Line

877-270-STOP

toll-free

7 8 6 7

QUITLINE.COM



CONTACT US:

**Samish
Social Services
Department**

2918 Commercial Avenue, P.O. Box 217
Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Rebecca Peck, Social Services Director
Extension 128

rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist
Extension 119

rludgate@samishtribe.nsn.us

SAMISH NEWS

OFFICAL NOTICE OF TRIBAL COUNCIL ELECTIONS

Tribal Council Elections are to be held on June 29, 2008.

**IF YOU WOULD LIKE TO RUN FOR OFFICE YOU MUST MEET
THE FOLLOWING REQUIREMENTS:**

1. Be an enrolled member of the Samish Indian Nation; and
2. Be 21 years of age or older on the annual General Council Meeting; and
3. Have resided in the State of Washington for at least one year immediately preceding the election; and
4. Be the only member of the household who is running for office in this election or any subsequent election

NO WRITE IN CANDIDATES SHALL BE ALLOWED

**PLEASE MAKE SURE YOUR ADDRESS IS CURRENT IN OUR ENROLLMENT SYSTEM OR YOU
WILL NOT RECEIVE A BALLOT**

On a form to be provided by the Election Board, you must file a statement of candidacy and a petition signed by ten (10) enrolled members of the Samish Indian Nation who are eligible to vote with the Election Superintendent no later than May 16, 2008 at 4:00pm, at Samish Indian Nation 2008 Election Office, 1155 North State Street, Suite 614, Bellingham, WA 98225.

Candidacy Forms can be picked up at:

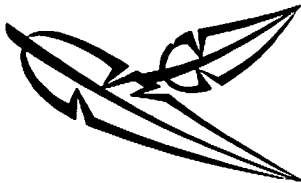
**Samish Tribal Office
2918 Commercial Avenue Anacortes, WA 98221**

Or Candidacy Forms can be mailed or e-mailed to you by the Tribe's independent third party election firm, Cornerstone Strategies, Inc., by contacting:

**Samish Indian Nation 2008 Election Office
1155 North State Street, Suite 614 Bellingham, WA 98225
Call Toll free at (866) 676-4601 or email at Kate@cornerstonestrategies.com**

Candidates may also submit a statement not to exceed 300 words (photo optional) at the same time they submit their statement of candidacy. The statement and photograph will appear in the voter pamphlet.

Candidates may run for one position on the Samish Tribal Council. The following offices will be up for election.



POSITIONS UP FOR ELECTION

- Chairman: 4 year term
- Secretary: 4 year term
- Council member #5 4 year term
- Council member #6 4 year term



Election Timeline

Declaration of Candidacy Forms Available	April 11, 2008
Candidacy returned to Election Superintendent	May 14, 2008
Voter Pamphlet mailed to registered voters	May 23, 2008
Requests for Absentee Ballots	May 23, 2008
Absentee Ballots Returned to Election Superintendent	June 28, 2008
Polls Open (8:00am to 12:00pm)	June 29, 2008
All Ballots Counted	June 29, 2008

Samish Health and Wellness Gathering

A Message of Hope: Self Care Strategies to Promote the Prevention and Management of Diabetes



**April 12, 2008
9:00 a.m. to 3:00 p.m.
Fidalgo Bay Resort
4701 Fidalgo Bay Road
Anacortes, Washington 98221
Gourmet Lunch Provided**



Guest Speakers, Fitness Assessments, Health Care Vendors, Door Prizes, Raffles and More!

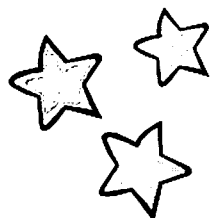
**Learn About Diabetes Prevention and About Living a Healthy Lifestyle with Diabetes
Free to All Those Who Attend**

**Diabetes Education – Professional Guest Speakers
Community Health Screenings (Reservations Required)
9:00 a.m. to 11:00 a.m.**

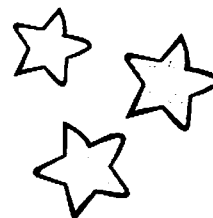
**Free Therapeutic Massages (Reservations Required)
9:00 a.m. to 2:00 p.m.**

Health Care Exhibits – Free Prizes and Raffles – Kid's Events

Free Admission, Free Programs, Free Screenings, Free Table and Chair Massages



Reservations Are Required!
Please RSVP to:
Samish Nation Health Services
Mitch Markovich, R.N. - Diabetes Project Coordinator
(800) 365-9062 extension 224



Sponsored by the Samish Nation Diabetes Program

Do You Have Diabetes or Know Someone Who Does?

If so, we would like to hear from You! The Samish Nation has a unique Diabetes Program offered through the Indian Health Service to help tribal members with diabetes improve their health status and medical care. For more information, please contact Samish Health Services toll free at (800) 365 9062 extension 224 for a confidential consultation.



TRIBAL ART FAIR

The Samish Vocational Rehabilitation Program is sponsoring a Tribal Art Fair on April 5, 2008 to be held at our new office site at 708 Commercial, Anacortes, WA. The fair is open to any tribal artist wishing to display and sell their art; the center will be open to the public that day and we hope to have many folks from the general public coming through to purchase authentic Native art. Any artist wishing to take part in the Art Fair should contact the Vocational Program at (360) 588-8200, extension 00.

PLANNING FOR THE FUTURE

We are calling for volunteers to work in the development of a Samish Gallery of Native Art that is being planned for the 708 Commercial street front offices of the Samish tribal programs. We are beginning the planning and development, an Advisory Committee has met twice and is inviting anyone else interested in being involved in this project to call Nancy at the Vocational Rehabilitation Program, (360) 588-8200, ext. 00.

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.nsn.us

COAST SALISH NATIVE ARTISTS WANTED

To display tribal oriented artwork on consignment at the Fidalgo Bay Resort store.

Please contact Michael Madsen at:
(360) 293-5353 or (800) 727-5478
for an appointment to show your work.

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday - 50% off

Friday & Saturday - 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

16843 South Copley Court • Oregon City, OR 97045-7328



(503) 631-3365



www.OregonCityQuilter.com

VERIZON WIRELESS DISCOUNTS



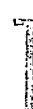
Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25% off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

Jason Yonan, Sales Representative. Jason can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

Phone: (206) 300-7972



**Mohawk
Roofing, LLC**



Tyrone McLeod
15766 Indian Road
LaConner, WA
98257

Phone 360.770.7317

Email cedar.mountain@hotmail.com



ALLEN-BRADBURY CONSTRUCTION, LLC.
Accountable Building Contractors

901 Algona Blvd. North, Suite A

Algona, WA 98001

Phone: 253.218.2288

Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Lovena Bekenyi	Mauricia Bill	Chester Blackinton	Lisa Bleeck
George Bob	Marcie Bob	Christopher E. Clark	Randy Daniels
Gary Davies	Hailee Day	Melanie Day	Carolyn Edwards
Allen Engberg	Tiffany Fix	Michelle Foster	Darlene George
Gordon Gidlof	Katherine Graves	Wayne Graves	Kelly Hatch
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Laura Hovland
Kirk Hudson	Hope Hudson	Oliver Hudson	Gordon Jack
Marcy James	Terry Jones	Patricia Kavanaugh	Corey King
Keegan King	Lanita King	Matthew King	Shannon King
Stephanie King	Jonathan Long	Verna Long	Bryce Louis
Martin Louis	Shelbie Lucy	Brody Lundin	Dinah Lundin
Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald	Shannon McCary
Winnifred Marchand	Ryan McCary	Heather McIntosh	Paul Michaels
Gordon Misheal	Edwin Mitchell	Bryan Perry	Everett Perry
Gwen Renteria	Shirley Parminter	Allison Perkins	Skyler Ransier
Jason Rock	Kelee Rock	Melissa Sampson	David Sanchez
Juliette Scates	Colleen Scheel	Jeffery Scheremeta	Shawn Sherman
Corey Smith	Jo-Anne Smith	Wesley Smith	Robin Spivey
William Steele	Ronald Thompson Jr.	Norman Underwood Jr.	Scott Wooten
Ralph Underwood Jr.	Sheri Underwood	Angela Williams	Bernie Wills

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

ANYONE REQUIRING A NEW CARD MUST PAY \$5.00 FOR A REPLACEMENT. CHECKS MADE PAYABLE TO "SAMISH INDIAN NATION". IF YOUR PRESENT CARD DOES NOT HAVE A PHOTO ON IT THEN PLEASE SEND A PHOTO ALONG WITH THE REQUEST AND CHECK TO THE ENROLLMENT DEPARTMENT.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc.** We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Enrollment Information Needed

THE FOLLOWING MEMBERS NEED INFORMATION TO COMPLETE THEIR ENROLLMENT FILES:

The following members need information to complete their files. Requests were sent out to some in May of 2006 and we have not received anything back to date, those people are now listed as "inactive" and will not be eligible for any services until their paperwork has been completed. The others are being sent out and need to be returned within 30 days of the mailing of this newsletter. If you have any questions please feel free to contact me at the office. Some of these members only need to sign an update form so please don't get upset. We ARE NOT removing you from the membership list, only trying to get the much needed information. Thank you---Jan Flagg

Allan Barrett	Brian Barrett	Shirley Parminter	Lloyd Barrett
Lyle Barrett	Winnifred Marchand	James Barrett	Robert Blackinton
Carol Blackinton	George Bob	Carolyn Edwards	Sandra Schroeder
Heidi Hawkins	Theo Hawkins, Jr.	Sandra Powers	Judith Cardwell
Penny Perez	Debra Higgins	Vonnie Stewart	Juliette Scates
Anna Smith	Madeline Thomas	Dorene Thomas	Alice Sam
Ralph Underwood	Wayne VanSchoick	Norman Underwood	Sharon James
Simone Underwood	Shauna George	Cheryl Underwood	Romaine Underwood
William Steele	Shannon King	Stephanie King	Lillian Ostber
Marlise Livolsi	Juliana Breslin	Matthew Sturdivant	Corey Watson
Carrie Watson	Kailey Penter	Christian Gidlof	Deric Bloomingdale
Destin Bloomindale	Michael Soucy	Jonathon Graves	Suzanna Sam
Anthony Sam	Nicole Sherwood	Kelson Coughlin	Jason Rock
Kelee Rock	Steven Michaels	Lane Markley	Coleen Clark
Melissa Sam-Underwood	Barrett Anderson	Michael Guthrie	Kendra Nelson
Justin Penter-Phillips	Robert Louis	Shaylynn Morgan	Crystal Soucy
Katherine Graves	Joshua Stewart		

ATTENTION TRIBAL MEMBERS

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database. Thank you.

New Enhanced Drivers License and Card

Washington State began an enhanced driver license and ID card (EDL/ID) in January 2008. The EDL/ID will securely denote identity and citizenship, and will become an acceptable alternative to a passport for re-entry into the U.S. at land and sea border crossings. This form of identification will cost \$15.00. There are 11 locations in the state that will be offering this service and those services will be offered 2 days a week or by appointment. The locations are:

Western Washington:
Bellingham
Bothell
Hazel Dell
Lacey
West Seattle
Port Angeles



Eastern Washington
Kennewick
North Spokane
Wenatchee
Smokey Point
Parkland

You need for proof of citizenship, residence, social security number, drivers license or other photo ID, and a birth certificate. If you have more questions please go to : www.dol.wa.gov/ then pick enhanced drivers license.

Council Highlights

November 2007 to February 2008

- **Dance Hall on Weaverling Spit** has been determined by council as a danger to the community and a possible liability to Samish. People have broken in to it even though the building has been securely boarded up. So at this time the Dance Hall building is being demolished and Samish can move forward making land use decisions.
- **HUD audit:** there are just a couple items being worked on by the Samish Housing staff and the HUD people.
- **Head Start Program** is up and running. This year we have added a Daycare section to the Samish Early Child-care program
- Chairman Tom Wooten has been meeting with the Washington Indian Gaming Association and Tribal Leaders forums on a regular basis. Chairman Wooten has been conversing with the city of Anacortes governing body and the Skagit County officials to build strong, positive relationships with these groups within a Government-to-Government relationship. He also remains in contact with our Lobbyist for Washington State, Mike Moran and our Lobbyists in Washington DC, Ietan, to keep apprised about what is going on in the State and Federal Governments and how Samish fits into the issues.
- **Language Program:** Several people are in the middle of a short 6-8 week series of classes on the Samish language. The Samish members involved in this class will help determine how to offer language classes to any Samish members who are interested.
- **Education:** A couple years ago the State legislature passed a bill to assure that accurate Native American history would be taught in the local schools. To do this, each school district would work directly with a Native American Tribe in their local area. The problem is that the State legislature did not allocate funding to help with this issue. Native American Education leaders are working on this with the State to find funding.
- Council is discussing the possibility of setting up a scholarship for students graduating from Anacortes High.
- **RV Park:** The RV Park managers are getting the sprinkler system for the Conference Center completed. Work is being done on some additional Samish artwork for the Park. Electrical work is being upgraded in the Conference center
- **Cemetery:** Council is working on how to preserve the integrity of all Samish Cemeteries.
- **Transportation:** Samish has met with the State regarding work that will be done at Sharps Corner on Highway 20.
- Discussed the possibility of having a staff position to handle the many Cultural activities and issues that come up throughout the year.



*Council
Secretary*

*Chris De Kay,
Co-labt-su-sah,
the Elder*

- The Samish Council and our Lobbyists from Washington D.C. met with local tribal leaders to provide information about Federal Legislation that Samish is working on to have an area designated as "On Reservation". There may be a hearing on the issues and some members of Tribal Council will need to participate in the hearing. On Reservation Designation does Not mean that Samish has a reservation – what it Does mean, is that land in the "On Reservation Designated" area could be easier to put into trust.
- Chairman, Tom Wooten met with Stan Speaks and Judy Joseph of the Bureau of Indian Affairs to discuss the "On Reservation Designation" legislation and other issues.
- Council is looking into working with the Nisqually Tribe do develop the shell fish in the Bay in front of the RV Park. The Nisqually dive team worked with Samish Department of Natural Resources and the General Manager to look at the Causeway on Weaverling Spit to see what, if anything, needs to be done to make sure it is clean and pristine.
- Council member Dana Matthews met at Upper Skagit with folks from the University of Washington who are planning to build a longhouse, possibly at the Burke Museum.
- Members of the Historical Resources Committee attended a council meeting to discuss some issues regarding the Blanchard Cemetery, also called the Ben Sampson Cemetery
- The Condos next to the RV Park have submitted a plan to the City of Anacortes to add an additional 18 units. Samish has some concerns and will comment.
- The Social Services director is working with the State Indian Child Welfare to assure that when a Samish child enters the State Indian Child Welfare program, the Samish Social Services Department is notified immediately as prescribed by law. This is not always happening with the Washington tribes and the Social Services Director is a leading force working with the State to get this injustice remedied.

Council Highlights

November 2007 to February 2008

RESOLUTIONS

- Council directed the Culture Committee to work on some pending repatriation issues
- Council approved enrolling over 50 people into Samish membership
- Approved the job description for an Economic Developer. This job description will be posted to hire someone at a later date.
- Adopted the amended Organizational Chart for the Samish Indian Nation
- Approved the days between Christmas and New Year's as days off with pay for Samish Administration staff
- Approved the updated, annual employment contract for the Samish State Lobbyist
- Approved an Emergency Fund Policy
- Approved the Collections Management Policy for the Cultural Resources department
- Approved job description for Cultural employee
- Approved the amended Non-Federal Higher Education Policy and the Non-Federal Supplemental Education Policy
- Approved a Memorandum of Understanding with Nisqually Aquatic Technologies, Inc to establish a shell fish aquaculture operation in Fidalgo Bay
- Authorized the Fidalgo Bay RV Park managers to contract to install a fire suppression sprinkler system in the community building

FINANCE

- Approved funding from Tyee funds for a 6 to 8 week Samish Language Class
- Accepted a bid from Bryan Trucking to renovate the McCord House and authorized Tyee funds
- 2007 financial statements were reviewed, Treasurer explained any possible carry forward 2007/2008
- Reviewed and accepted the 2008 financial statements and budget and Treasurers report
- Increased the Repair and Maintenance line item to cover repairs to the McCord House. The Repair and Maintenance line item is for upkeep and repair of all Tribal buildings
- The Archives Department has spent some hours on research for the Treaty Rights case and council voted to reimburse that department for work done for our Legal Counsel on Treaty Rights
- Allocated funds to support Anacortes in upgrade Storvik Park.



- Supported the request from the Salvation Army with an allocation of funds.
- Allocated funds for Asbestos Abatement work that needed to be completed before work on demolition of the Dance Hall could be started.
- Allocated funding to support a Samish Head Start family during Christmas time
- Approved the allocation of funding to help Samish families served by the Samish Social Services Department to celebrate Christmas
- Approved funding to have the Dance Hall on Weaverling Spit demolished
- Allocated a one time emergency funds grant for three Tribal members
- Approved a one time emergency grant to a Tribal employee
- Authorized several line item adjustments in the year end 2007 Tyee budget
- Accepted the recommendations made by the State Lobbyists and allocated funding for political contributions
- Allocated funding for work done in 2003 on Weaverling Spit by Equinox Research and Consulting International. This work was done in 2003 and somehow, they did not receive payment and did not let Samish know they had not been paid.
- Allocated funds for some archaeological studies to be done on Weaverling Spit by Gary Wessen of Wessen and Associates.
- Allocated Tyee funds to support the 2008 Anacortes Waterfront Festival
- Allocated funding to support Patty Murray
- Allocated funds to have the RV Park appraised as part of the refinancing package
- Council is discussing the possibility of paying off some of the loans on buildings early.
- Allocated funds for the Culture Committee to arrange to have spiritual work done at 2 sites, the Longhouse preschool building and Council.
- Approved funds to support the first Samish Treaty Days Celebrations

APPOINTMENTS

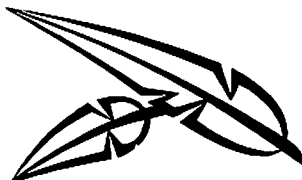
- Carol Truex appointed to the Enrollment Committee
- Rebecca Peck (Social Services) appointed as delegate to the Regional Tribal Coordinating Council and Robert Ludgate (Social Services) appointed as alternate
- Chris De Kay appointed as delegate to the Affiliated Tribes of Northwest Indians annual winter conference

Council Highlights

November 2007 to February 2008

GRANTS APPROVED FOR SUBMISSION

- 2008 Indian Health Service Annual Funding Agreement
- The submittal of the Tribal Emergency Response Planning contract
- The submittal of the BIA Annual Funding Agreement for the Year 2008
- The submittal of the renewal of the Environmental Protection Agency's General Assistance Grant
- The submittal to the National Fish and Wildlife Foundation and Washington State Conservation Commission Pioneers in Conservation fund Grant for the restoration of Thomas Creek
- The Head Start Refunding Application
- The submittal to HUD of the Revised Indian Housing Plan Fiscal Year 2004 and Fiscal Year 2005
- The submittal of the EPA Region 10 West Coast Estuaries Initiative or Puget Sound Proposal to the Environmental Protection Agency
- The submittal Indian Housing Plan Fiscal Year 2008
- The submittal of the Title VI Elder's Nutrition and Caregiver Program
- The submittal of the EPA Watershed Grant Fiscal Year 2008-2009 to the EPA
- Authorized donation to Skagit Fisheries Enhancement Group
- Submittal of the EPA 106 Clean Water Funds Grant



ORAL ARGUMENTS

We are still waiting to hear from Judge Martinez on the Oral Arguments on October 10.

Council Meeting Dates:

The current council meeting schedule is as follows:

Saturday April 12, 2008

Saturday May 10, 2008

Saturday June 7, 2008

STAFF

The Cultural Resources department reported to council on activities and projects of the past year and projections for the upcoming year. The Cultural Resources committee has been involved in many issues recently, including the following: the department has helped education staff, council members on Samish History using documents in the Archives; have helped with research on repatriations issues, had consultations with Federal, State and local Agencies. Currently the department is working with the State Parks department on an Interpretive center at Deception Pass State Park, is working on some Cemetery issues and working with the State and other tribes, legislature and community on Human Remains/Indian Graves legislation. Staff will speak at the Senior College History class in Anacortes, will have displays at the Interpretive Center at Deception Pass, will work on Treaty Rights issues, will be documenting archeological sites, documenting Tribal history.

The Health Department reported on activities that include: Indian Health Service revenues to Samish, Pharmacy Costs, Dental Program, Orthodontic program, Public Health and Education, Contract Health Staffing and duties

Vocational rehabilitation is becoming active, the department has some funding to cover some cultural activities and the education department is under the vocational rehabilitation director. Work is being done to upgrade staff position titles and perhaps the title of the department. accepted the amended policy.

Social Services reported that the department currently has nine active grants. Some of the accomplishments by the department include: budgets, files are organized and in better shape; Indian Child Welfare staff has been hired; a Chemical Dependence Professional has been hired and will be working with Anacortes while exploring the possibility of opening a Samish Chemical Dependency program; is working on State certification for the Samish in Chemical Dependency; and is working with the Nooksack tribe on counseling issues. The department is working on mental health services with Indian Health Service; working on a Family Code Revision; updating client data tracking system and is holding Washington State DSHS accountable

DONATIONS NEEDED

Please consider giving donations of towels, hand cloths, bowls, etc. Any homemade or craft item that can be used as a giveaway item for future potlatches the tribe may be having. Flyers will be sent out in the event of a Potlatch.

If you have donations or questions please contact Jan Flagg at (360) 293-4404 or toll free at (800) 365-9062 extension 106 or email her at jflagg@samishtribe.nsn.us.

Missing Books

The following books are missing from the library! If anyone knows where they are please let us know:

At Home on Fidalgo	Evelyn Adams
Classic Beadweaving	Anne Bensen
The Sacred Tree	Judy Bopp
Awakening Spirits	Tom Brown
Daughters of Copper Woman	Anne Cameron
The Indians of Puget Sound	George Castile
North American Indian Motifs	Dover Publications
Native American Courtship & Marriage Traditions	Leslie Gourse
Indians in the Making	Alexandria Harmon
Coyote & Rock (Cassette)	Vi Hilbert
Words of Power - Voices of Indians	Norbert Hill Jr.
Northwest Coast Indian Art	Bill Holm
Nooksack Tales & Trails	P R Jeffcott
Native American Wives of San Juan Settlers	Karen Jones-Lamb
Myths & Legends of the Pacific Northwest	Katharine Judson
Internet for Dummies	John Levine
Encyclopedia of Native American Healing	William Lyon
Ninstints- Haida World Heritage Site	George MacDonald
The Spindle Whorl	Nan McNutt
Lushootseed Culture & the Shamanic Odyssey	Jay Miller
Spirit Medicine	Wolf Moondance
Medicinal Plants of the Pacific Northwest	Michael Moore
Native American Stories (Video)	Johnny Moses
Fall Medicine Songs (audio)	Johnny Moses
Winter Medicine Songs (audio)	Johnny Moses
Spring Medicine Songs (audio)	Johnny Moses
Summer Medicine Songs (audio)	Johnny Moses
Medicine Path (audio)	Johnny Moses
Red Cedar Circle - Fire Circle Songs (audio)	Johnny Moses
American Indian Voices: Johnny Moses (audio)	Johnny Moses
Healing Breath of Our Ancestor (audio)	Johnny Moses
Native American Bedtime Stories (audio)	Johnny Moses
The Great Canoes	David Neel
The Wisdom of the Native Americans	Kent Neelburn
The Eagle's Song (kids)	Rodana's
The Chilkat Dancing Blanket	Cheryl Samuel
The Gathering Stones for the Medicine Wheel	Gregory Scofield
Northwest Native Arts: Creative Colors	Robert Stanley
Northwest Native Arts: Creative Colors 2	Robert Stanley
Looking at Indian Art of the Northwest	Hillary Stewart
Coast Salish Essays - 2COPIES	Wayne Suttles
Herbs That Heal	Michael Weiner

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If you have any of these books or if you would like to donate books to our library please contact Jan Vlagg at (360) 293-6404 or toll free at (800) 365-9062 at extension 106 or e-mail her at jflagg@samishtribe.nsn.us



Members Who Have Passed Away

The Samish Indian Nation would like to send our condolences to the family and friends of:

Wilma Rose Jenkins	February 16, 2007
Delia Mielke	October 13, 2007
Lee Camden Jackson	November 13, 2007
Lena Daniels	December 4, 2007
Edward Dale King	December 18, 2007
Farrell Jean Pearce	January 15, 2008

If you would like to inform the Samish Tribal members about a death of a Samish member, please contact Nicole Herman at (360) 293-6404 or toll free at (800) 365-9062 at extension 110 or e-mail her at nherman@samishtribe.nsn.us.

SAMISH VOCATIONAL REHABILITATION PROGRAM

The Samish Vocational Rehabilitation Program has moved to a new office and meeting room space at 708 Commercial. We have office space for the director and two counselors; a computer lab; a Gathering Room with kitchen facilities; a large store front space for the Tribal Art Gallery which is in development; and a large back room space where totems are being carved. The first Beading Class scheduled on the premises started on Jan. 9th and runs into March. An Advisory Committee is working on details regarding the Tribal Art Gallery and we hope to get that up and running by April.

The Samish Vocational Rehabilitation Program provides services to any member of a federally recognized tribe living in Whatcom, Skagit, Island, San Juan and Snohomish counties. We also provide services to any Samish member living in King County. To qualify for Vocational Rehabilitation services, the staff works with an applicant to document a disability, this might be a learning disability, a physical limitation, diabetes, depression, a problem with drugs or alcohol, or any other condition which presents itself as an employment barrier. Once the disability is established, the counselor works with the participant to identify a job goal; training needed; support services needed; etc. and works with that person to get the training and/or job placement and other services needed to get them into a good job or self employment.

We invite anyone interested in more information about our program to call us at (360) 588-8200 or email to nbolland@samishtribe.nsn.us.

New Administration Staff

GINGER SAMPSON, CHEMICAL DEPENDENCY COUNSELOR

I have been given the privilege of starting a substance abuse program for the Samish Nation. I began in late October and have spent the past few months planning, researching, and preparing the new program for state certification. I've worked in the field of addiction for the past 16 years and hope to put my experience to good use within the Samish Community. I consider recovery from addiction a spiritually-centered, holistic healing process. I think that addiction is often a symptom of a deeper spiritual wounding caused by cultural or environmental oppression or negative stereotyping. I truly believe that the native culture is treatment and prevention in itself. The solution is in the culture. My goal for therapy is to combine contemporary approaches with traditional/spiritual practices such as incorporating the medicine wheel model, smudging, talking circles, use of story telling and other cultural practices that might be appropriate as part of the healing process.



DIANA BARG, CULTURAL RESOURCES PROGRAM MANAGER

I earned my B.A. in Archaeology from Western Washington University in the winter of 2006 and have spent the past year and a half working for Cultural Resource Management firms around Western Washington. I have experience in archaeological field work, archival research, lab analysis, and lab and collections management. My analysis of a Samish archaeological site in 2004 and again in 2007 is helping me understand current projects in my new position as the Program Manager in the Cultural Resources Department. Through this position I review and comment on projects and permit applications for work located within Samish traditional territory, correspond on subjects ranging from

new legislation to repatriation requests, and care for archaeological collections. Each day I look forward to the opportunity to help protect cultural resources and work towards an expanded Cultural Resources Department.

JASON TICKNOR, ARCHIVES PROGRAM MANAGER

I have recently been hired as the archives program manager of the Samish Tribe. The primary duty of the archivist is to help preserve the documentary history of the tribe. I look forward to learning about the history of the Samish, and to being part of the effort to preserve that history.



TODD WOODARD, NATURAL RESOURCES TECHNICIAN

I started in the Natural Resources Department just this past January as a Natural Resources Technician. I have worked in the environmental field in Tribal Country for the past 5 years and am very happy to be a part of Samish's Natural Resource protection efforts. There are a lot of really interesting projects going on in Fidalgo Bay and at Lake Campbell that I am looking forward to being a part of. I look forward to meeting as many community members as possible and would be happy to describe the work we are involved in to anyone that is interested.

KATHY LUND, BOOKKEEPER III

Hi my name is Kathy Lund. I started here as the receptionist and am now up in the Accounting Department as part of the Accounting team with Dorothy Thatcher and Brian Thurston. We are here to assist the Tribal Programs needs.



TED GAGE, PLANNING DIRECTOR

It's great to be part of the Samish Indian Nation team as your new planning director. The people here are terrific, and the programs and projects I've been involved with so far have been impressive. The future looks bright!



The Department of Natural Resources

The Department of Natural Resources is pleased to announce that the first effort at dealing with the invasive plant species on the eastern tip of Weaverling Spit took place in January of 2008.

English Ivy is an aggressive invasive plant and its incursion on Weaverling Spit is severe. It covers an area of approximately two acres and affects the ground, understory, and upper canopy layers of the forest. In some areas the forest floor was covered in a dense mat of twisted vines, two feet thick in places, creating a virtual 'ivy desert'. Many of the spit's beautiful tree species such as the madrona, Douglas fir, big leaf maple, and Western red cedar were within the area of major infestation; ninety trees were identified as threatened and roughly half of those trees were considered severely threatened by ivy.

With a grant from the Mountaineer's Foundation we were able to hire a small Whatcom County Alternative Corrections crew to hand pull the ivy and contract with Burlington Waste Management to haul the ivy to Skagit Soils, where it will be composted and never able to re-sprout



ANYWHERE again! Widely regarded as the most effective means of removal, the hand pulling method is labor intensive and the magnitude of the ivy infestation was somewhat overwhelming. The crew worked hard and diligently for eight days in diverse weather conditions and made a remarkable impact on the infestation. Going into this project we had little idea as to the impact a small crew could have and we were absolutely delighted with the results. The official results of the crew's work are as follows: three 30 yard dumpsters were hauled away and weighed in respectively at 5.43, 7.57, and 8.45 tons (the crew got progressively more determined in their 'stomping it down' packing method!) This amounted to a total of 21.45 tons (42,900 lbs) of ivy removed.

We successfully managed to get the work done before the 'official' nesting season for bald eagles began. The spit's pair of nesting eagles was present throughout the project and did not seem overly disturbed. They even showed up on the nest above us, in the very final moments after the crew was packed up and we were enjoying a final conversation with the crew leader, as if to acknowledge our work (perhaps they were saying "yeah, it's about time").

Sadly, our work is not done! January's effort will be lost if we do not continue with maintenance to deny the ivy's persistent desire to re-grow. We will continue to apply for funds to help us maintain control of the ivy and look forward to organizing a community event day to pull up remaining roots (in pleasant weather of course). It is possible, with dedication, to eradicate ivy from an infested site.

We are grateful to the Mountaineer's Foundation for supporting this project; the funding they provided was essential in helping our department initiate the removal of invasive plant species from this beautiful piece of lowland



forest. We would also like to acknowledge the Whatcom County crew for their work; we had only positive experiences with this crew during the project and found them to be very respectful, hard working, and tireless in their efforts.

Finally, our department would like to acknowledge Tribal Council for their support of this effort. Weaverling Spit is important to the Samish people and with continued effort to restore its native plant population this small piece of lowland forest will be strengthened in its capacity to provide healthier habitat for our local wildlife and educational, spiritual, and restorative properties for the community and our visitors.

Learning from the Past and Planning for the Future

Recent Archaeological and Demolition Work at Weaverling Spit

Article and photo by Diana Barg

Responsible stewardship of cultural resources is a fundamental objective of the Samish Nation, the Tribal Council and the administration. Recently the Cultural Resources Department has had an opportunity to protect and learn more about archaeological resources located on the tribe's Weaverling Spit property in connection with a more extensive project to help return the area to a more natural state. Demolishing the old structure on the eastern portion of the spit, locally known as the Dance Hall, has been a goal of the Tribal Council for several years and has now been accomplished as part of this natural reclamation effort.

To be responsible stewards, and to be in compliance with state law, efforts were taken by the Tribal Council along with the Cultural Resources Department to protect archaeological resources on Weaverling Spit. An archaeological survey was undertaken by Gary Wessen of Wessen & Associates Inc. in January to gather basic information about the archaeology sites and delineate their boundaries. This work resulted in the identification of a previously unrecorded archaeological shell midden site (the Dance Hall Site) and updating information about another (the Eastern Weaverling Spit Site), both of which are now on record with the Washington State Department of Archaeology and Historic Preservation. Shell middens are commonly found along coastal areas where marine resources were exploited as a supplemental food resource by people, and Weaverling Spit is not an exception.

The Dance Hall Site covered an area 725 feet long, 160 feet wide and in some places extended to a depth of 25 inches. The site contained various species of marine and terrestrial resources, charcoal, stone tools and byproducts, and Fire Modified Rock (FMR), all indicators of an extensively used site. The Eastern Weaverling Spit Site is much smaller in size due to disturbance from historic activities in the area including construction and the addition of fill material. The contents of this site are similar to that of the Dance Hall Site, however, a partial whale vertebra bone was discovered here. According to Wessen, it is unusual to find whale bones in northern Puget Sound Basin shell middens, although it is not unheard of.

Weaverling Spit has been used extensively in both pre-contact and historic times although little is known about the historic occupation of the area. The Weaverling family homesteaded the area starting in 1869 followed by the Stockwell's in 1953.



Demolition work at Weaverling Spit

At different times in the early 20th century the spit was reported to have been used for the Skagit County Pioneers Association picnic (Anacortes American 1919, 1920), have a bathhouse and dancing pavilion (Anacortes American 1922), amenities for picnicking (Anacortes American 1928) and guest cabins with main clubhouse. The old structure demolished on the spit is thought by local residents to be the bathhouse and dancing pavilion, lending to the "Dance Hall" name, although its origin is unclear.

The demolition of the Dance Hall was completed by Bryan Trucking Inc. over a two week period in February. As part of this demolition effort they removed hazardous materials, recovered reusable material and chipped the unrecoverable wood to spread over the demolition area. Diana Barg of the Cultural Resources Department, with help from Christine Woodward of the Natural Resources Department, monitored this project to ensure that no archaeological material was adversely impacted during ground disturbing activities. The Natural Resources Department ensured the project was completed by the 14th of February so nesting eagles on the spit were not disturbed and undertook the task of replanting Pacific Madrone saplings that had been recovered from the roof of the structure.

Native vegetation and natural wildlife will now have a chance to reclaim this area bringing Weaverling Spit closer to its natural state and providing additional habitat for local species. The demolition of the structure and long term plan for the spit will help negate the impacts of frequent trespassing and destructive behavior that has occurred there both past and present. The natural reclamation of Weaverling Spit will continue in coming years through the ongoing efforts by the Samish Nation.

Health Notes

CONTRACT HEALTH SERVICES

Contract Health Services can help pay for medical and dental services for enrolled members residing in the 10 county region, who have registered with the CHS program. Here is a brief review of the benefits that CHS can offer. Please call Erin or Joanne with any questions about limitations, how the program works.

Medical visits: we can assist with payments for medical visits, co-payments for insured patients, full payment for uninsured patients.

Physical Therapy: visits are covered, with a calendar year maximum of 10 visits.

Counseling: (mental health—non-physician) visits are covered, with a calendar year maximum of 12 visits. We will verify the licensure of the counselor.

Vision Services: Exam and glasses or contacts are covered once every two years, to a maximum of \$175. We can assist you in locating inexpensive providers that can keep these costs close to our allowance.

Prescriptions: Most prescription medications can be provided through our mail-order pharmacy, (for long term meds) and through local retail pharmacies (short term meds). Contact us for the instructions, mailing envelopes and co-pay reimbursement forms. Over the counter meds are not covered. Generic meds are preferred and some meds have restrictions or may not be covered. Call for details and assistance.

Dental: Dental services are covered, to a maximum of \$250 per calendar year. Free dental services are available at tribal and Indian Health Service Clinic and we can give you their locations and contact information. For those clients who utilize the tribal facilities, and are referred out for some services, we can raise the annual limit to \$500.

Hearing Aids: can be covered, lifetime limit of \$2000

In general, all visits must receive prior approval; for emergency visits, you must call us within 72 hours. We will then obtain the Emergency Room notes, and have them reviewed by our medical director to verify the emergent nature of the ER visit.

In the event of a planned surgery, we ask that you give us approximately 1 to 2 weeks notice, as we must obtain the doctors notes justifying the surgery, and have it reviewed and approved by our Medical Director before we can issue an approval number.

*Ten counties we are allowed to cover include: Whatcom, San Juan, Island, Skagit, Snohomish, King, Pierce, Kitsap, Jefferson, and Clallam Counties. You may be required to prove your residency.

ATTENTION TRIBAL MEMBERS

Samish Contract Health offers "payer-of-last-resort" coverage to tribal members who are registered in the program. This means that we are able to pay co-pays, co-insurance and deductibles for our insured members and are sometimes able to get a discounted rate for our uninsured members.



In addition, Contract Health staff will assist with obtaining low-cost insurance coverage when possible, and can answer questions about Indian Health Services, private health insurance, Medicare and "Part D" prescription plans.

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

1017 29th Street

P.O. Box 919

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Joanne Liantonio extension 125

jlantonio@samishtribe.nsn.us

Erin Soucy extension 126

erinsoucy@samishtribe.nsn.us

Keith Tucker extension 201

ktucker@samishtribe.nsn.us

Social Services Notes

CHEMICAL DEPENDENCY WELLNESS PROGRAM

By Ginger Sampson

We now offering a number of services in hopes that we can provide guidance and healing for those who want recovery from an addiction. We consider recovery a spiritually-centered, holistic healing process. Addiction is often a symptom of a deeper spiritual wounding caused by cultural or environmental oppression.

The term "Wellbriety" has become popular in treating substance abuse issues within the Native American community. The term "Wellbriety" means to strive to be both sober and well - to go beyond survival to thriving in your own life and in the life of the community. It as a challenge to live the principles, laws and values of traditional culture while healing from substance abuse/dependency issues as well as other maladaptive behaviors such as co-dependency, historical trauma, domestic or family violence, or gambling.

We truly believe that the native culture is treatment and prevention in itself. The solution is in the culture. The goal for therapy is to combine contemporary approaches with traditional/spiritual practices such as the medicine wheel model, smudging, talking circles, use of story telling and other cultural practices that might be a part of the healing process.

An assessment is the first step in identifying what services you might need. Currently we offer assessments and treatment for Samish members (who are **not** court ordered to treatment) at the Anacortes office or Mount Vernon branch. Soon we will be a State Certified program and will then be offering DUI assessments -with Deferred Prosecution alternative, ADIS classes, Individual counseling, and Outpatient and Intensive Outpatient groups (which are called "Healing Circles") for both youth and adults. We also offer substance abuse and tobacco prevention activities, literature, and consultation. Problem gambling counseling will be available soon. We welcome your ideas, questions, or comments. Please don't hesitate to call at anytime.

VICTIM OF CRIME SURVEY



The Social Services Program offers Victim of Crime services, and is funded through the Office for Victims of Crime. We are able to assist Tribal families who have been victims of crimes ranging from (but not limited to) domestic violence to identity theft. We can also assist families

in pursuing State crime victim services.

We are undertaking a project to assess crime victimization rates. We are trying to identify the rates of specific crimes, crime reporting rates, barriers to reporting crime, crime factors, effects of crime, and if crime victimization appears to be going up or down.

With this information, we hope to better identify the needs of the community so that we can better serve it. If certain crimes are more common, we hope to target resources for victims of those crimes. If certain areas have a higher rate of victimization, we hope to identify local resources for victims in that area.

By this time, you should have received a Victim of Crime Survey. By taking time out of your day to complete and return this survey this information will help shape the program to best meet the needs of Samish. If you have not yet returned this survey please try to do so. If you have lost the survey and would like another one please let us know.

Washington State Department of Health

Tobacco Quit Line

877-270-STOP

toll-free

7 8 6 7

QUITLINE.COM

Social Services Notes

INDIAN CHILD WELFARE AND PREVENTION

One of our program's top priorities is children involved in the child welfare system. When a child abuse or neglect referral is made to Child Protective Services (Samish does not operate a CPS program as there is currently no land in trust for the Tribe), the agency is supposed to contact our program. While we do not have jurisdiction to conduct the investigation, we try to provide support and resources to the family in effort to prevent breakup of the family. If a child is removed by a State court, our program is able to be a party to the legal case per the Indian Child Welfare Act. In addition to working with these families, we also identify families with risk factors that could lead to involvement in the child welfare system and work with these families to prevent this. Many families that are not involved in the child welfare system but are struggling with financial, counseling, employment, and housing issues voluntarily work with our program on a regular basis. Historically, even Native families without child abuse and neglect in the home have been targeted by the child welfare system, and we feel strongly about offering services to all families that will prevent such involvement.



NICWA

National Indian Child Welfare Association

Alcohol/Drug
24 Hour Help Line
Always There When You Need Us!

(800) 562-1240

**Call about state-funding
for addiction treatment**

EDUCATION PROGRAM

There has been a significant change in the Non-Federal Higher Education Program offered by the Samish Indian Nation. Any Samish member wishing to further their education by taking classes full or half time at any accredited Vocational College, University, Community College, or accredited technical college will be eligible for the Samish Scholarship program, **even if they do not qualify for other financial aid programs.** In the past we have had to turn down applicants if their income ruled them out of federal or state financial aid.



Anyone interested in getting more information on the scholarship program for Samish members should call Nancy Holland at (360) 588-8200.

CONTACT US

**Samish Social
Services Department**



2918 Commercial Avenue, P.O. Box 217
Anacortes, WA 98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Rebecca Peck, Social Services Director
Extension 128

rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist
Extension 119

rludgate@samishtribe.nsn.us

Ginger Sampson, Chemical Dependency Counselor
Extension 114

gsampson@samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

CERTIFIED ELECTION RESULTS SAMISH NATION ELECTION JUNE 29, 2008

Votes cast = 190

Position #1 Chairman

Thomas Wooten 190

Position #4 Secretary

Dana Matthews 143

Leslie Smith 68

Position #7 Council Member

David Blackington 151

Chris De Kay 77

Jan Flagg 70

Shawn Mac Avoy 96



Samish Election Board

Front Row: Kyle Rogers, Jessica Wight, Stephanie Reinauer

Back Row: Sandy Hansen, Greg Winters, Lisa Weber, Ray Gorynski, Darlene Graddon

Budget Committee Meeting



This year's budget committee will meet on:

**October 17, 2008 at 10:00am
Council Chambers at the RV Park**

The Samish members invited this year to be part of the budget committee for 2009 attended the accounting 101 class offered last year for a good understanding of grants, contracts and discretionary funds. We normally need about 7 members to be part of this process. I welcome any Samish member interested in being part of the budget committee in the future.

Please contact me by cell phone number (206) 491-1776 or by email tamararogers@samishtribe.nsn.us
Thank you and it's my pleasure serving as your Council Treasurer.

**Tamara Rogers
SIN Council Treasurer**

SAMISH NEWS

SAMISH TRIBE BUYS PRIME HIGHWAY 20 LAND

Elaine Walker, Anacortes American on October 28, 2008

The Samish Indian Nation acquired about 14 acres of prime Highway 20 frontage at Anacortes' east edge on Oct. 13, but has not yet decided how best to develop the land, said Samish Tribal Chairman Tom Wooten.

"We were concerned about securing it," he said. "Large pieces like that are hard to come by."

All options are on the table for the land across the highway from Frontier Ford, including a hotel or casino, Wooten said, adding that the Samish want to do something that benefits both the community and the tribe.

"We're a shareholder in the city. We intend to work with the city toward common goals," he said.

The property bounded by Thompson Road and Stevenson Road was purchased from Bill Wooding for almost \$8.6 million, according to figures from the Skagit County Assessor. It is in Anacortes city limits in the light manufacturing zone.

Wooding, who could not be reached for comment Monday, once proposed the site as a location for a Fred Meyer-type retail store, but he and other landowners in the area were unable to convince the city to rezone it for such a development.

"I think we will probably pursue putting the land in trust so that won't be an issue," Wooten said.

The tribe has options not available to previous landowners because of compacts with the state and tribal sovereignty on trust land. Wooten said this was a reason the tribe was able to acquire the property.

After a public hearing process, the land will eventually be removed from the tax rolls. Wooten said that the Samish will continue to work with the city to develop agreements as the two governments have done with other tribal properties. In those agreements the tribe has agreed to meet city building codes and to pay fees equal to property taxes for city services such as fire, police and emergency medical care.

"The tribe has been here forever and we want to continue to be part of the community," Wooten said.

Nothing will happen quickly — it took the Samish six years to get its Campbell Lake land placed into trust.



"Fee to trust is a long, arduous process," he said.

In addition, the economic situation is not inviting to new business.

"It will be a couple years before the economy turns around so you can borrow money to do anything," he said.

This just means that the tribe has time to deliberate and make a good decision, said Leslie Eastwood, the Samish Tribe's general manager.

"We are trying to be hopeful and cautious at the same time," she said.

State compacts allow tribes to sell things such as cigarettes, gas and liquor on tribal land. A convenience store is another possibility at the location, Wooten said.

"Those types of things bring revenue," he said.

Just like other governments, the Samish Tribe is feeling the economic pinch as the federal government cuts back spending on programs.

"We have to make it up somewhere," he said.

The tribe was watching for a big parcel to open up, and when the March Point land unexpectedly became available they acted quickly.

"It was an opportunity that presented itself and the tribe couldn't pass it up," Wooten said.

An Early Fall Day

Late September, the weather was still warm this year. The urge to drive to the mountains and spend the day looking for forest (ruffled) grouse and wild chanterelle mushrooms was too great to resist. These were things I grew up doing as a child, going with my family around Guemes and Fidalgo Islands seeing grouse and picking mushrooms in the spring and fall. Sadly those times are gone. The encroachment on the natural habitat of the Islands was too great for the forest grouse; houses now stand where the best mushroom spots were.

I now have to pack a lunch and drive sixty miles to get to where things were, forty years ago on our home Islands. My son (Jeff) asked to go, which is a time to enjoy and look forward too, when the day to day trials and tribulation can be left behind, if only for the day. As we drove to our new traditional hunting spots we reminisced about our previous hunting trips and of how far we now have to travel to enjoy what our ancestors had in their back yards.

Our mushroom spot has been one we have been going to for a few years and been mindful to take only what we can use and enjoy, ensuring that each year on our return they would be waiting for us. As the river road wound along we noticed that other people were at the spot we have gone to year after year. We decided to look for Grouse and stop on our way home to look for mushrooms.

We found a likely spot for Grouse, an old clear cut with good cover and food source and an old gravel road, everything a grouse could ask for. Grouse are a smaller bird and well camouflaged and well adapted to its environment. Jeff was able to get one of the two we saw. At the next spot an old log landing it was my turn. So far it has been a good day and with good thoughts and feelings

we continued our hunt. Returning back down the river road we got to where the interlopers had been at our mushrooming spot. As we entered the forest it was evident that several people had been skewering the underbrush for mushrooms. It did not take long to realize that market hunters had cleaned out almost all of the delectable fungi. As we searched for ones they missed I began to think of how our usual and accustomed area has been ever changing.

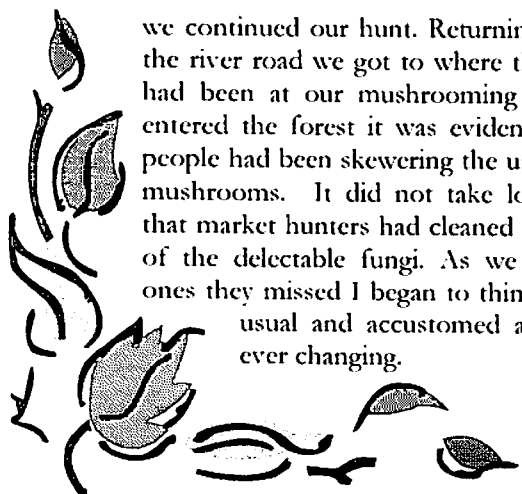


The things that came to mind were urban growth, logging practices of the past and lastly the economy. The market hunters were trying to make a living. It is hard to fault people for doing what they can to make ends meet. This begs the question what can we do as a tribal nation to make sure that the natural resources that we enjoy are available for generations to come. The need of working with the State and other tribes to manage and sustain the resources that things like forest grouse and wild mushrooms need, as well as everything else that comes from the wild.

Our Natural Resource Department is dealing with all these issues and many others. I would ask and encourage your continued support of their activities for all our members and everyone who enjoys the outdoors for whatever the reason, tribal and non-tribal alike.

My hope is you have enjoyed my story and can relate it to many of your own, and that they show how we (Tribal people) are tied to our history, culture, past and present in our ever changing environment.

Chairman Tom Wooten



Message from the Vice Chairman

Dear Samish Brothers & Sisters,

I want to offer congratulations to the newly elected members of the Council and to thank the people who ran for office but were not elected this time. The Council is the direct representative of the Samish People and it is good to see an increased interest in serving. I especially want to thank Chris DeKay & Billy Jo Settle for their many years of service on Council. It was a joy and learning experience working with them. The current Council is a good, dedicated group with many exciting and difficult issues ahead of us. It is an honor to be on Council during these times of political, financial and cultural growth.



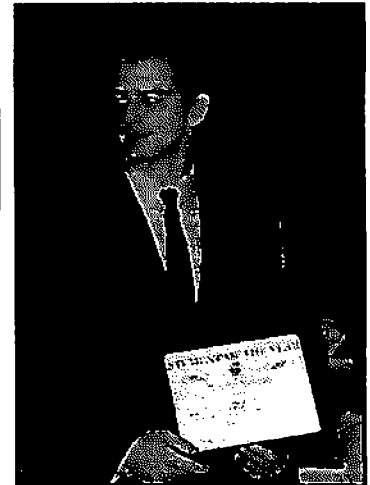
On another topic: I have asked for permission from Washington State Parks to restore the landscaping around the base of the Maiden Pole at Rosario Beach. I assume we will be given permission to do the work in October. If you would like to volunteer for a fall day of gardening and good Samish fellowship please let me know at timking@samishtribe.nsn.us or tim@tland2c.com or (206) 786.6032

Respectfully,
Tim King

Student of the Year

Samish Tribal Member Tyler Rogers of Sequoyah Middle School was awarded Student of the Year by the School Board of the Federal Way Public Schools. Tyler also the same year was awarded once again Student of the Year by the Federal Way Lions Club.

Congratulations Tyler, we are all so proud of you!



Remembrance for Ken Hansen

A remembrance feast for Ken Hansen (TSA-WAC-TON) is being hosted by the Hansen family. All are welcome to celebrate the life of our Tribes previous Chairman.

DATE: Sunday May 17th, 2009

TIME: 12:30 PM

LOCATION: Fidalgo Bay Resort and RV Park
Community Building

Thank You. "The Journey Continues".

Mary and Roger Hansen



Thank you Samish

ELDER GIFT CARDS

Tom and the Council,
I want to acknowledge receipt of the Elder's Visa Card and to express my deep gratitude. This is so deeply appreciated. From the bottom of my heart, thank you!

Judith Schladio

Mr. Wooten,
What a joy it was to receive the Visa gift card from the tribe! I am truly grateful for this gift. It will go towards the taxes on my home. Please express to the council and the tribe my appreciation for this most wonderful gift.

With Sincerest thanks,
Peggy Bea Dire

Dear Samish Tribal Council,
I want to say I really appreciate the Visa gift card. It will help buy food and gas for me. Thank you very much. I am proud to be a Samish Elder.

Thank you again,
Joan Wills

Dear Friends,
I received my gift card – and many thanks to you. This will be used mostly at the grocery store – prices seem to be going out of reach. My son, Von sends his thanks too.

Thinking of you with appreciation,
Bea McNew

To Thomas Wooten and the Samish Tribal Council,
The gift card you gave me was a much needed and appreciated surprise. Thank you very much!

Sincerely,
Terry Gorynski

Tribal Council,
Thank you so much for the Elders Gift Card. It was much appreciated. Also, thank you for the Visa cards for those children attending school. It was put to good use.

One of those young students is now 19 years old and has an appointment to the Naval Academy in Annapolis. He is representing the Samish Nation and the State of Washington. He is now a sophomore. His name is Joshua James Stewart.

Thanks Again,
Donna (Lannahill) Louthain

To the Samish Indian Nation,
Thank you for the surprise gift card. It came at a time when everything else is falling apart. It is much appreciated.

Judy Fees

Dear Mr. Wooten,
I want to take this opportunity to express my gratitude to you as well the council for the generous gift. As an "Elder," I appreciate the thoughtfulness given us in the receipt of the gift cards.

I am planning carefully on how well to use it. This is another fine example on how we members of the Samish Indian Nation take care of our brothers and sisters.

Again my thanks to each of you,
Renee (Blackinton) Kroker

What a wonderful surprise. Thank you so much for the gift card! It was appreciated very much.

Eve Austin

Dear Tribe,
I'm so very, very sorry for sending this thank you so late, please forgive me.

I fell in May and broke a few bones. So what with not being able to go any place for some time and feeling very sorry for myself this card got put off. I can't thank you enough for the money and yes I'll get my steps fixed very soon. Again, "Please forgive me."

With love to all of you,
Lela Scheffelman

Tom,
I wasn't sure who to send this Thank You to. The \$500.00 check was a wonderful surprise yesterday. Thank you, Thank you!

We hope to be at the meeting next year. We have missed a few years. Coming from California, the gas is getting to us in our motor home. But we sure don't want to give up this kind of travel and hope to see you next June.

Thank you again for thinking of the elders. We do appreciate it!

Pat Naylor
(Daughter of Evelyn Ryder, Barrett)

Now' Si'am,
I was just going to write you a note thanking you for the Pendleton blanket that was presented to me during the S'a' mesh hosting of the Canoe Journey. The new Pendleton blanket "the Record Keeper," is perfect – just the right gift for me. I appreciate it and thank you and have been happy to serve on council for all these years.

Then I received the Elders gift card – I had forgotten that council had made that motion, so the card was a wonderful surprise. I am sure that all the 169 Tribal Elders appreciate the gift. Hy'shka si'am for all you are doing for S'a'mesh as a whole and for the members. Hoy' Keache Copps. Hoy' Kwe Che!

Co lath see SAH, Chus

Thank you Samish

SUPPORT IN THE COMMUNITY

Tom,
Thank you so much, Tom, for the time that you, Tim King and Dana Mathews gave to our State Park Commissioners and executive staff at Rosario Beach on August 8 this year.

Your presence at the gathering added so much to the depth of their experience and understanding of the Rosario area. Hearing the Kokwalalwoot story from your own tradition put the visit and the rest of the day in good perspective as well.

I am sorry that Director Rex Derr could not join us as planned. His mother was suffering serious medical concerns back in Olympia, and he left town the evening before to be with her.

I also want to thank you personally, Tom, for working with me to develop a strong cooperative effort in caring for this special place we all treasure. I look forward to the future times we share as we manage the area together.

Sincerely,
Jack Hartt, Park Manager

SUPPORT TO OUR FAMILY

Dear Chairman Wooten and Samish Council Members,
On behalf of myself and my family, I would like to express our thanks and appreciation for your support during the recent burning ceremony that was held at Weaverling Spit to honor in part, my ancestor, Susan Samson (Seyam Schielot) and family.

Special thanks to Tom Wooten for the song that he shared at the burning ceremony as well as his thoughtful remarks. We all appreciated the fact that he was able to be there with all of us.

This was a very moving and memorable occasion for myself and for all the members of my family that were in attendance. As Chairman Wooten said, this burning was a long time in coming, and we all felt that it was a very spiritual and meaningful event.

We so appreciate Council's support, and for allowing us to use the facilities at the RV park to accomplish a long-awaited goal of honoring my ancestors who have waited so long.

With Sincere Thanks,
Cheryl Chatt

Dear Samish,
I want to send out a thank you to all Samish for the burning that was done in June partly for our family, the Sampson's.

Since I was little, I have followed my sister, Cheryl Chatt, everywhere and I am glad she has led our family back to the tribe. Thank you to all Samish for accepting us and allowing me to be part of this beautiful and moving ceremony. I especially loved the singing.

Sincerely,
Janine Jijina

EDUCATION

Dear Ms. Holland,
I would like to thank the Samish Indian Nation for their continued support throughout my educational career. All of the financial support I have received over the years has truly helped me attain my goal of becoming an Accountant. I truly feel that by attaining this degree I have accomplished my dream of becoming financially stable and will always be secure in my future.

Without the help of the tribe I would have never been able to reach my goals and I wanted to let you know how much it is appreciated. Since graduating in June, in the top of 15% of the business class, I have been on several interviews and soon hope to attain a job of my dreams. I feel since I had less stress of the financial burden school brings I was able to focus more on school and my grades. I graduated with honors and plan to attain my Certification as a Public Accountant (CPA) and possibly a certification in fraud accounting as the area of fraud sparked my interest and I would like to help put an end to this devastating crime, which hurts so many people every day.

Again, thank you for placing your confidence in me and helping me attain my dreams. Your support as wonderful people and through the financial means was truly a blessing.

Sincerely,
Erica Markley

POLITICAL CONTRIBUTIONS

Dear Chairman Wooten,
Thank you the Samish Nation for the generous donation to my re-election campaign. Your support is truly appreciated.

I look forward to continuing to work with Michael Moran on issues important to you.

Debbie Regala
State Senator
27th District

Dear Chairman Wooten,
Thank you very much for the campaign contribution. I had a very strong showing in the primary and look forward to returning to the legislature next session to work on issues you mentioned. I appreciate your support and look forward to working with you!

Best,
Jueme Herrera
18th District

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Mauricia Bill	Chester Blackinton	Lisa Bleeck	George Bob
Marcie Bob	Christopher E. Clark	Holly Clifton	Randy Daniels
Gary Davies	Carolyn Edwards	Timothy Edwards Jr.	Michelle Foster
Darlene George	Christian Gidlof	Gordon Gidlof	Katherine Graves
Wayne Graves	Kelly Hatch	Heidi Hawkins	Theo Hawkins Jr.
Debra Higgins	Brandon Horstman	Laura Hovland	Kirk Hudson
Hope Hudson	Oliver Hudson	Gordon Jack	Marcy James
Terry Jones	Patricia Kavanaugh	Corey King	Keegan King
Matthew King	Shannon King	Bryce Louis	Martin Louis
Shelbie Lucy	Brody Lundin	Dinah Lundin	
Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald	Shannon McCary
Winnifred Marchand	Ryan McCary	Heather McIntosh	Paul Michaels
Gordon Misheal	Edwin Mitchell	Bryan Perry	Everett Perry
Shirley Parminter	Skyler Ransier	Richard Ritter Jr.	Kelee Rock
Juliette Scates	Colleen Scheel	Shawn Sherman	Corey Smith
Jo-Anne Smith	Wesley Smith	Robin Spivey	William Steele
Ronald Thompson Jr.	Patricia Tomlinson	Ada Torres	Angela Williams
Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood	Jeffery Wooten
Victor Mario Underwood			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database. Thank you.

ANYONE REQUIRING A NEW CARD MUST PAY \$5.00 FOR A REPLACEMENT. CHECKS MADE PAYABLE TO "SAMISH INDIAN NATION". IF YOUR PRESENT CARD DOES NOT HAVE A PHOTO ON IT THEN PLEASE SEND A PHOTO ALONG WITH THE REQUEST AND CHECK TO THE ENROLLMENT DEPARTMENT.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.us

COAST SALISH NATIVE ARTISTS WANTED

To display tribal oriented artwork on consignment at the Fidalgo Bay Resort store.

Please contact Michael Madsen at:
(360) 293-5353 or (800) 727-5478
for an appointment to show your work.

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday – 50% off
Friday & Saturday – 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



Tangles Hair & Co.

Brie Keller and
Nada Thompson

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VERIZON WIRELESS DISCOUNTS



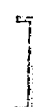
Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25% off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

Josh Johnson, Sales Representative. Jason can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

Phone: (206) 300-4051



**Mohawk
Roofing, LLC**



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98257

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Email cedar.mountain@hotmail.com



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Accountable Building Contractors

901 Algona Blvd. North, Suite A

Algona, WA 98001

Phone: 253.218.2288

Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

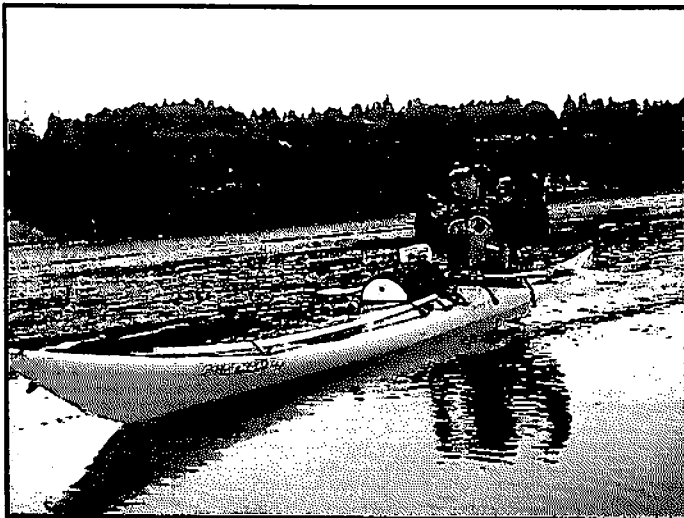
Natural Resources Department

SAMISH NATURAL RESOURCES DEPARTMENT CONDUCTING CLIMATE CHANGE STUDY IN FIDALGO BAY

Climate change is a topic that seems to be everywhere. Rising temperatures, rising sea levels and shifting rain/snow patterns could have a very significant effect on tribal shellfish harvest, salmon populations and restoration efforts in the Salish Sea ecosystem. Some models predict a sea level rise of up to several feet in our area which would have a major effect on the Samish Indian Nation's Resort and shellfish harvest activities on Weaverling Spit. Most of these models are large scale regional efforts, however, and there is not much local information at the present time. Models are not refined enough to predict climate change effects on smaller scale ecosystems such as Fidalgo Bay.

The Washington Department of Natural Resources (WADNR) has funded the Samish Natural Resources Department (SDNR) in an effort to gain local base level data within Fidalgo Bay for use in potential climate change analysis on the local level. Natural Resource Technicians Jennifer Weeks and Todd Woodard have deployed 16 continuous temperature monitors in the intertidal areas of Fidalgo Bay around Weaverling Spit. These data loggers record water temperature readings every hour of every day that they are deployed. Sensors have been deployed in areas within eelgrass beds as well as areas outside of eelgrass beds in order to gather data that over time may be used to model climate change effects on Fidalgo Bay's wildlife and plant populations as well as provide data helpful in guiding restoration efforts in the Bay. WADNR has also provided funding for the continued operation of the weather station located on Weaverling Spit so that the Tribe may continue gathering data for climate change analysis and modeling efforts in the region. "We are very pleased with the partnership between the Samish Indian Nation and the Washington Department of Natural Resources," says Woodard.

This is important local information that we hope to use in understanding the possible effects of climate change as it directly relates to the Tribe's natural resource protection.



The mission of the Samish Indian Nation Natural Resource Department is to preserve, protect and enhance all natural resources within the Samish historical and cultural territory by helping integrate community values, and ecosystem health in every decision that upholds the Tribes Sovereign right for protection of all natural resources.

Health Notes

MEDICARE INFORMATION

If you have Medicare Part D (drug coverage) you may be eligible to have assistance with paying the premium, the deductibles and the co-payments for that coverage. If your income (single person) is \$1301 or less per month, or (couples) \$ 1751 or less per month, and your available assets are under (single) \$11,990 or (couples) under \$23,970 you can have the premiums paid for you, and reduction or elimination of the deductibles, co-pays and coverage gap.

If you have Medicare Part B coverage, you may be eligible for help paying that premium (you are paying almost \$ 100 per month premium for that coverage...it is taken out of your Social Security check). If your income (single person) is under \$1170 per month or (couples) under \$1575 per month, you may get assistance. The asset limits are lower than for the Part D (see above); for help with Part B premiums, your assets must be below \$4000 (single person) or \$6000 (couples)

For assistance applying for either of these programs, please call Erin and Joanne in Contract Health Services.



When your doctor recommends a shot for something other than flu, pneumonia and hepatitis, your Part D plan should pay for the vaccine. You may wish to ask your doctor about

the new vaccine for shingles. Your Part D plan is required to pay for this, but call your plan to check the coverage, and find out what the co-pay will be, and where you will be able to obtain it. Some pharmacies can provide this, but advance planning is required, as this serum is costly, they have to special order it and it requires special handling.

Finally, for those folks approaching retirement age. Remember that Social Security retirement income eligibility is separate from Medicare eligibility. For most folks, Medicare eligibility starts at age 65 (earlier if you are deemed disabled). The eligibility age for Social Security income is rising. We encourage everyone to call Social Security for an appointment three months before your 65th birthday month, to learn about Medicare, and sign up if appropriate. You are not 'automatically' signed up. The annual statement you receive from Social Security should tell you at what age you can receive Social Security income.

Do You Have Diabetes or Know Someone Who Does?

The incidence of diabetes is continuing to increase at alarming rates. If you or anyone you know is struggling with diabetes or pre-diabetes, we would like to hear from you!

The Samish Indian Nation has a unique Diabetes Program offered through the Indian Health Service to assist and support tribal members with diabetes in their self-management efforts.

For more information, please contact the Samish Health Department for a confidential consultation.



**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

1017 29th Street

P.O. Box 919

Anacortes, WA

98221

Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Joanne Liantonio extension 125

jlantonio@samishtribe.nsn.us

Erin Soucy extension 126

erinsoucy@samishtribe.nsn.us

Keith Tucker extension 201

ktucker@samishtribe.nsn.us



Social Services Notes



Benjamin Jojola grew up mostly on the reservation of **Isleta Pueblo**, located just south of Albuquerque, New Mexico. Attending high school at Chemawa Indian Boarding School in Salem, Oregon. Benjamin had the experience early on of getting to know people from tribes all over the country, seeing the strength of shared beliefs and the diverse beauty of culture, language, and art. This continued at the Institute of American Indian Art in Santa Fe, New Mexico where Benjamin studied two-dimensional, three-dimensional design, arts appreciation of the American Indian, and museum studies. Exploring the rich history of **"ALL OUR RELATIONS"** and his ancestor's from Taos, Laguna, Hopi, and Isleta. Benjamin has worked with many tribes both in the southwest and the northwest as a cultural resource person in areas of Native art from the tribal school to college level. However, a science based prevention program **"Project Venture"** exposed Benjamin to the many possibilities of utilizing his youth mentor skills to create effective **alcohol, tobacco, and other drug (ATOD)** free programs. These days Benjamin lives in the fertile Skagit Valley of Washington state with his wife and two sons, close to his daughters and grandchildren, and returns home to Isleta often. His focus now is working with the **Samish Indian Nation** as their Substance Abuse Prevention Specialist creating (ATOD) free activities and events that are culturally rooted. Also, sharing his experience with others and learning from theirs, especially with young adults of all backgrounds through experiential education, such as challenge courses, wilderness excursions and farming with the intent of helping youth to connect to their inner strength, to that same beauty and power in others, and to the roots and home of all of us – **Mother Earth**.

Washington State Department of Health

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toll-free

7 8 5 7

QUITLINE.COM

**Alcohol/Drug
24 Hour Help Line**

Always There When You Need Us!

(800) 562-1240

**Call about state-funding
for addiction treatment**

CONTACT US

Samish Social Services Department

2918 Commercial Avenue, P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404 Toll Free (800) 365-9062

Rebecca Peck, Social Services Director

Extension 128

rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist

Extension 119

rludgate@samishtribe.nsn.us

Benjamin Jojola, Substance Abuse Specialist

Extension 122

bjojola@samishtribe.nsn.us

Jim Straight, Chemical Dependency Counselor

Extension 114

jstraight@samishtribe.nsn.us

Judy Lavallee, Mental Health Therapist

Extension 127

Head Start/Community Childcare



October was a busy month for the preschoolers in The Samish Head Start/Community Childcare. We visited Gordon's Pumpkin Patch and The Anacortes Public Library. The Anacortes Fire Department visited both classrooms to teach the kids about fire safety.

We are also enjoying our monthly visits from our resident native storyteller Benjamin Jojola. Last, but not least, each child received a free bike helmet donated by The Anacortes Fire Department.

Congratulations to Samish tribal member Michelle Johnson on her new position as Head Start Lead Teacher!

Community Childcare is up and running with the help of our new teacher assistant, Carol Tingley.

If you would like more information about getting your child in to our Community Childcare Program please contact Debbie Aldridge at (360) 588-8806 or email her at daldridge@samishtribe.nsn.us

Technical Arts Grant

Dear Samish People,

My name is Tyrone McLeod and I am a firm believer in community support for the technical arts. This is why I have chosen to give a grant in the form of \$500 to any Samish Tribal member pursuing life interests in a craft or Technical Art.

The grant for the Technical Arts can only be used to offset the costs of your craft, for example tools, classes, workshops and supplies. There will be no bias on your craft being traditional or modern.

I would like to give the Technical Arts Grant to everyone applying, however I cannot and do encourage all-non recipients to apply the following year.

I encourage any person compelled to give money for the Technical Arts Grant to please call me and donate for next years grantees. More money to give to tribal members equals more grant recipients. Thank you for your interest and support.

All applicants please apply by sending a Bio, cover letter, and a photo sample of your work. Letter must address the following questions: What does Culture mean to you? How does your craft or intended craft represent your culture? In what ways can your craft improve the lives of the Samish People? First Nations People? All People? Don't forget a return address and phone number.

All applications are due by December 31, 2008.

-Tyrone "SKIPCUM 3" McLeod

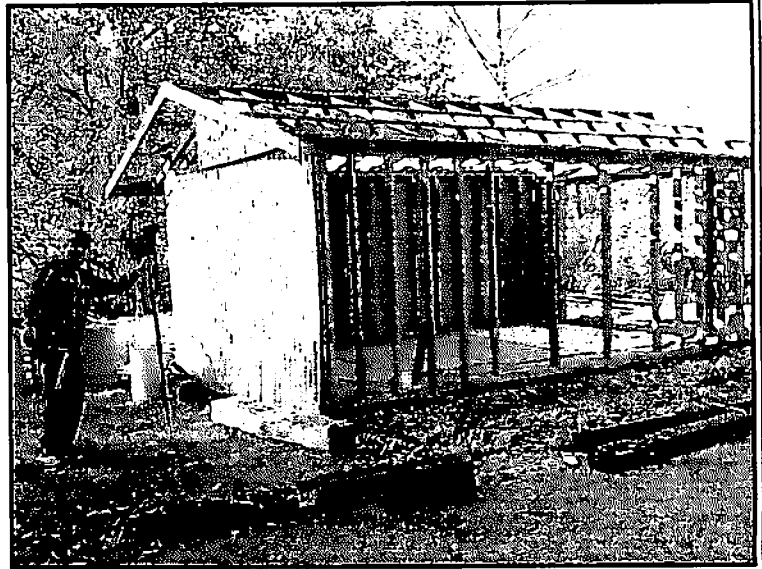


SAMISH NEWS

Natural Resources Department

Big news for our program. The Fidalgo Bay Causeway report is complete. After review by the City of Anacortes, we are going to be moving forward as partners to look at removal and restoration of the area. This has been an ongoing project in one way or another for the past 6 years. We now start a new phase. I am sure the next round of work will take just as long but the results will be worth all of the efforts to see our bay restored.

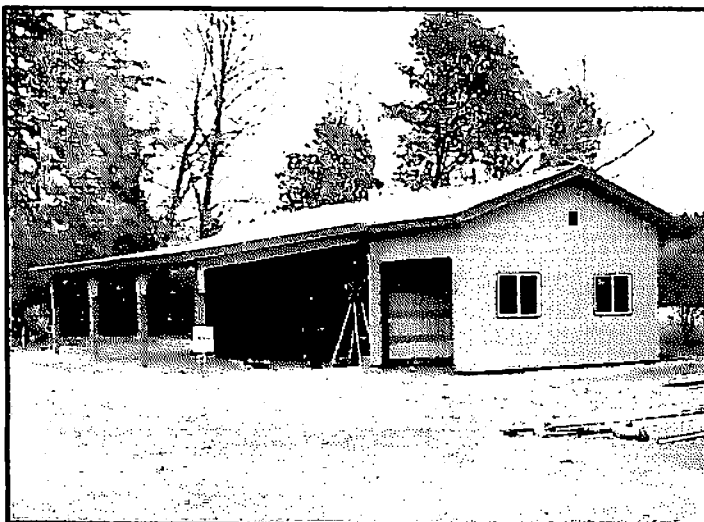
We are also welcoming our new building at the RV Park. Take a look at our new storage area with room for both canoes and our program boat. We are so very happy to see it go up. Thanks to Benjamin Jojola for recycling a lot of the old structure and helping reduce the waste load to the dump! Without his sawsall and strong back, we would have had a lot more work.



Over 100 new native plants have been planted out on the spit. As part of the Mountaineers Grant for invasive plant removal, we had money enough left over to repopulate the area with Native plants. Todd Woodard got them in the ground just in time for the fall rains to help them grow.

Through one of our grants, we were able to provide every building with recycle containers and the RV Park Conference Center with 9 larger containers to use during conferences. We want to thank the Tribe for providing the recycling services for all buildings. It has been a big help for educating staff and doing our part to help reduce, reuse and recycle. We hope to have a day to recycle all our electronics next year.

It has been a great year for our program.



Natural Resources Department

P.O. Box 217

Anacortes, WA 98221

Christine Woodward (360) 661-6336

cwoodward@samishtribe.nsn.us

Todd Woodard (360) 630-7992

twoodard@samishtribe.nsn.us

Jennifer Weeks (360) 630-9974

jweeks@samishtribe.nsn.us

A Message from Council Member Gary Hatch

Hello my fellow Samish. First, I hope you and yours had a very Merry Christmas and the happiest of New Years. Secondly, I would like to express to you my most sincere gratitude for this opportunity to serve as one of your Tribal Council Members. During these past couple of years that I have been on council, I have learned much about our Samish ways, our past, and our future. I want each of you to know that I remain committed to my pledge to represent all Samish peoples and that I also believe your Council possesses this same commitment.

While this past year has been one of conflict, doubt, confusion, and uncertainty for our Country it has been a year of growth, excitement, accomplishments, and increased vision for our Tribe. We have accomplished many great things this year including but not limited to, increased vision care, hearing aid benefits, eye care, and brought back some dental coverage for more of our Samish people. We have also laid the foundation for future economic growth with the recent purchase of the fourteen plus acres of prime property in Anacortes. This property when developed will be a huge step towards moving our Tribe away from U.S. Governmental controls and dependence. The precise use of this land has yet to be finalized as much remains to be done to get it into trust which will enable us to develop it into something productive for not only us but for the benefit of the Anacortes Community as well. The Council has listened to your input on what you would like us to pursue and we are moving in that direction.

Finally, I would like to encourage you all to do something that would help connect or reconnect you to your Samish Tribe. We all are part of this Tribe for a reason and we need to understand who we are to better understand why we are here. Throughout the year there are events and activities which need support and are actually really fun. We are all family and it is good conversation, good food, and faith that keep us together. I realize many of you do not live in an area which would enable you to come to Anacortes however; there are other ways you can get involved and learn about your Tribe. I know there are some really creative minds out there that can come up with better ideas than I on how to get involved or connected and I welcome those ideas.

In ending, I want you to know that Chairman Tom Wooten, Tribal General Manager Leslie Eastwood, and all the Staff and Council are working well together and that 2009 is going to be a very exciting and productive year for us all.

Many Hoya7sxwqe - -Gary

Samish Community Volunteer Work

In October, a group of Samish volunteers worked at Rosario Beach to clean up the landscaping around the Maiden Pole. It was a great opportunity for multiple generations to work together to honor the spirit of The Maiden of Deception Pass and to create good will with the State Parks Department. The day started out with rain but ended under blue skies and sunshine. Rosie James said, "The weather improved because Kokwalawoot was pleased with the work." It was a day well spent.

-- Written by Tim King

In the photo: Ray Gorynski, Ryan, Tyler & Tamara Rogers, Bill Bailey, Rosie James, Dana Mathews, Kat & Tim King, (not pictured Monty Rogers)



Obituary

Mary Jean McDowell Hansen 11/15/22 to 12/17/08

Article Written by Roger Hansen

Born to Myrtle and Donald McDowell in Seattle, WA preceded in death by her parents, husband Paul, son Ken (Tsa Wac Ton), brothers Tom and Dave McDowell. Survived by son Roger (Alice), granddaughters Sandra Dermates, Krista (Jack) Davis, Keshema May; great grandchildren Larissa (Brian) Wilbur, Anthony Webb, Daniel Moore, Emily Evanson, great-great grandson Hayden Wilbur, cousin Dolores Hart; sister-in-law Vivian McDowell, nieces Marilyn Conger, Katie Hairston, Becky Gifford, Elizabeth Wingert, nephews Tom and Richard McDowell.



Mom grew up in the Green Lake area of Seattle. Her family later moved to Mount Vernon where she graduated from Burlington High School at age 16. She completed 2 years of junior college. She then moved to Ketchikan Alaska, living with family. There she stole the heart of one of the areas most eligible bachelors, marrying dad on 8/3/45. They had 53 great years together. During the first two years of marriage they ran fish trap patrols in their boat on the waters around Ketchikan. In 1951, we moved to West Seattle. Mom and Dad ran a neighborhood grocery store in 1955, they moved us to Federal Way. Mom went to work for Tedrick Brothers cabinets as an executive secretary for several years and then she went to work as a clerk in the Federal Way District Justice Court. When she retired, she traveled with dad to his jobsites in Japan, New Guinea, and Mexico.

Mom was a devout Episcopalian, serving on numerous committees at St. Matthews in Auburn and Church of the Good Shepherd in Federal Way. She recently was awarded the Bishop's Cross. Thank you mom for seeing that Ken and I had a solid Christian foundation. It served us well as we faced challenging circumstances in our lives. You were a strong believer in education, something you said no one could take from us. You and dad made many sacrifices to see that Ken and I got an education so we could support ourselves and our families, and so you could spent the inheritance, which you did. You encouraged your granddaughters and many others to better themselves by going to school and becoming self sufficient.

Thank you for teaching us about the importance of family. You made sure we grew up with strong connections to our family. I was in awe of how you built a family around you where ever you were. Many people called you mom, grandma, or auntie who were not related except in spirit. It is why I never worried about you after dad and Ken died. I knew our 'family' was looking after you.

Thank you for teaching Ken and I about being Samish. I know grandfather got you involved in learning about our history early in your life. You served as our tribal secretary and encouraged Ken and I to follow your path. You took your great grandmother's name, Cumshelitsa. I know you enjoyed our fight for recognition: the research, lobbying, depositions, court appearances, delays, appeals, and victory. You became our historian, teaching all who asked about our traditions and customs. Thank you for supporting Ken and I no matter how things turned out. You shared in our successes and when we came home wounded, you healed us with your love.

A memorial service is scheduled for Saturday January 10, 2009 at 1130am in the Thomsen Chapel at St Mark's Episcopal Cathedral at 1245 10th Avenue East Seattle, WA. Interment will be in the Chapel of the Resurrection, followed by a reception. My thanks to the staff at San Juan Care Center in Anacortes for the good care and love you gave mom. A special thank you to Janet Roberts and Belinda Dye. I love you mom.

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Barrett Anderson	James Barrett	Lloyd Barrett	Lyle Barrett
Shane Barrett	Chester Blackinton	Lisa Bleeck	George Bob
Christopher E. Clark	Randy Daniels	Timothy Edwards Jr.	Carolyn Edwards
Michelle Foster	Darlene George	Christian Gidlof	Gordon Gidlof
Katherine Graves	Wayne Graves	Travis Hatch	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	Brandon Horstman	Laura Hovland
Kirk Hudson	Hope Hudson	Gordon Jack	Marcy James
Terry Jones	Patricia Kavanaugh	Corey King	Shelbie Lucy
Brody Lundin	Charlotte MacDonald	Jennifer MacDonald	Dinah Lundin
Kurtis MacDonald	Winnifred Marchand	Heather McIntosh	Paul Michaels
Cassandra Myler	Bryan Perry	Shirley Parminter	Skyler Ransier
Kailey Penter	Richard Ritter Jr.	Kelee Rock	Malisa Sampson
Juliette Scates	Colleen Scheel	Shawn Sherman	Corey Smith
Jo-Anne Smith	Wesley Smith	Robin Spivey	William Steele
Matthew Sturdivant	Ronald Thompson Jr.	Patricia Tomlinson	Ada Torres
Angela Williams	Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood
Bernie Wills	Kenneth Wills	Jeffery Wooten	
Victor Mario Underwood			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database. Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Herman at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.nsn.us

COAST SALISH NATIVE ARTISTS WANTED

To display tribal oriented artwork on consignment at the Fidalgo Bay Resort store.

Please contact Michael Madsen at:
(360) 293-5353 or (800) 727-5478
for an appointment to show your work.

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday - 50% off

Friday & Saturday - 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



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Brie Keller and
Nada Thompson

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360.293.6760

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Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25% off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

Josh Johnson, Sales Representative. Jason can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

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LaConner, WA
98257

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Email cedar.mountain@hotmail.com



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Accountable Building Contractors

901 Algona Blvd. North, Suite A

Algona, WA 98001

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Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Health Notes

SAMISH CONTRACT HEALTH SERVICES BENEFITS

Please remember that the Contract Health Services Program is here to help you obtain needed medical and dental services. We can pay co-pays, deductibles, help you obtain low cost insurance, and we are the payer of last resort for those members who are unable to obtain health coverage for themselves. We can help you with the following categories of services:

- Medical (including prescriptions)
- Dental (not required to use tribal facilities)
- Vision (exams and hardware)
- Hearing Aids
- Physical Therapy
- Mental Health Counseling

Please call for specifics about any of these benefits...limitations, requirements, exclusions. Please call Joanne or Erin. We will be happy to help. Also please remember that the Health Department provides resource information on medical conditions and wellness questions often asked regarding: Diabetes, cardiovascular diseases including hypertension, obesity and nutrition help, exercise protocols, addiction and mental health problems, chronic diseases of arthritis, cancer, skin communicable disease and infections. Please call Keith Tucker MD and Mitch Markovich RN with your health questions. Enjoy your Pocket Pal and best wishes for the New Year!

HEALTHY EATING FOR THE HOLIDAYS!

The holidays are on the way and with their arrival comes the onslaught of sugary high calorie tempting foods. It all starts with Thanksgiving – a day that feels like the start of a horse race. Off we go, racing through a virtual obstacle course of side dishes, gravies, sauces, pies, cookies and candy. Now we are rounding the bend into Christmas. The air is filled with cookies and fudge and sweet smelling fresh baked treats.

How do you back away? You don't have to deprive yourself of all the food that's shared with others at holiday celebrations. But using a little wisdom now can be helpful in the long run. Here are some tips to help you enjoy the holidays and stay healthy:

- Bring a healthy dish to holiday get-togethers such as a vegetable or fruit platter.
- Focus on activities that don't involve food like caroling, shopping, entertaining with family and friends and walks to see neighborhood decorations.
- Make the effort to eat small portions and skip second helpings.
- Balance the sweetness with healthy choices like salads and vegetables.
- Drink plenty of water and cut back on sugary foods.
- Alcohol contains calories. Ask for a no calorie sparkling water.

Finally, focus on the reason for the season. Is it the decorations, the spiritual aspects, the music or the time spent with family and friends? Perhaps this year start a new tradition such as volunteering to help with holiday food drives or serving a holiday meal to those less fortunate. With strategy, foresight and a plan to stay active and make healthy food choices, you'll come through the season in good health for the coming year. Best wishes to you and yours for a happy healthy holiday season.

- Mitch Markovich, RN

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

1017 29th Street

P.O. Box 919

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98221

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Toll Free Phone: (800) 365-9062



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Erin Soucy extension 126

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Keith Tucker MD extension 201

ktucker@samishtribe.nsn.us

Mitch Markovich RN extension 224

mmarkovich@samishtribe.nsn.us

Social Services Notes

JUDY LAVALLEE Mental Health Counselor

Hello, my name is Judy Lavallee. In July of this year, I joined the staff of the Samish Indian Nation as a Mental Health Counselor.

This is the month of gratitude and I am feeling so fortunate to live and work in this beautiful place and to be a part of this Native American environment where I learn from all of you every day.

I enjoy hearing your stories and I am honored to witness the healing process and the positive changes taking place in the lives of my clients.

My work history includes mental health counseling, chemical dependency counseling and employment assistance/advising. I have served my clients in private practice in Everett, The Art Institute in Seattle, several methadone clinics in Seattle, and more recently, I assisted in establishing a methadone clinic and a mental health clinic for the Stillaguamish Tribe of Indians.

Please feel free to stop in to see me at the Social Services Office. I am here on Tuesdays, Wednesdays and Fridays and I am at the Nooksack TANF office in Mt. Vernon on Thursdays.

JIM STRAIGHT Chemical Dependency Professional

First I would like to express how honored I am to be part of the Samish staff. I feel very privileged to work with and around the people I do. I began working here at the Chemical Dependency Wellness Program this past June. I bring a strong background in working with people (both youth and adults) who have had a wide variety of problems stemming from their own or a loved one's addiction. I believe in working with the whole person rather than just the addiction. Just know my door is always open and I am here to answer any questions you may have.

Washington State Department of Health

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**Call about state-funding
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CONTACT US

Samish Social Services Department

2918 Commercial Avenue, P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404 Toll Free (800) 365-9062

Rebecca Peck, Social Services Director

Extension 128

rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist

Extension 119

rludgate@samishtribe.nsn.us

Benjamin Jojola, Substance Abuse Specialist

Extension 122

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Jim Straight, Chemical Dependency Counselor

Extension 114

jstraight@samishtribe.nsn.us

Judy Lavallee, Mental Health Therapist

Extension 127

jlavallee@samishtribe.nsn.us

**Samish Indian Nation
2918 Commercial Avenue
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Anacortes, WA 98221
(360) 293-6404**

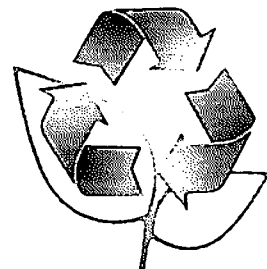


Due to the recent snow blizzards in Washington State,
The Samish Indian Nation Administration Office had to
close our offices. We apologize for any inconvenience that
it may have caused you.

For future reference, if the Anacortes School District in
Anacortes, WA is closed our offices will also be closed.

Thank you for your attention to this matter.

Please Recycle



Email address samishtribe@samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

A BIT OF HISTORY

The New Guemes Village 1875 to ca. 1910 from a report compiled by Aaron Scrol

It is instructive to note that as Samish access to the areas fisheries became increasingly restricted around the turn of the century, the Samish people began to reorganize themselves in a new community on Guemes Island. The New Guemes village was built on the west side of Guemes Island about 1875. The longhouse built there was described (Suttles 1951: 279-285) as an attempt to maintain a traditional household in the face of white settlement of the area and the developing restrictions on Samish fishing owing to commercial development. After the Samish were forced to leave the Samish Island village, two men who had acquired adjacent homesteads on Guemes Island, together with seven others (all family heads), built a longhouse across the boundary between the two parcels of land. The two homesteaders were "Citizen Sam" Watchoat, a Klallam whose mother was the Samish widow of Wulholten's brother and according to the homestead application, Bob Kitholanoch (Edwards) (Samish Indian Nation 1986). The latter's Indian name resembles that given by Suttles (1951) for Billy Edwards, Bob Edwards brother.

As Suttles (1951:279-285) describes it each man had a section of the house. Not all of the men were related, nor were they all from the same group, nor did they all share a common language. Six of the owners were identified as Samish. Billy and Bob Edwards were half-brothers of Charlie and Dick Edwards. The son of one of the Edwards brothers was head of a fifth family at the village. The relation of the sixth Samish man to the Edwards family is not clear. A Klallam man, son of a Klallam father and a Samish women later married to one of the Edwards brothers, was the head of another family at New Guemes. The last owner has been identified as Nuwhaha because he had grown up in his father's village; he was the son of a Skagit women and a half Nuwhaha man. His wife was a cousin to Charlie and Dick Edwards (Suttles 1951: 54). This information has been well researched and documented both by Suttles and in the Samish Indian Nation 1986 and 1979 Petitions for Federal Recognition.

The existence of the New Guemes village is significant for several reasons. First, the village operated outside of the reservation system and so was not under the control of the Indian Agent. Because of this it served as a sort of spiritual center for Indians seeking to escape the repressive religious policies of the Lummi, Swinomish and Tulalip reservations. The village's smokehouse was very active during its existence, and it hosted many dances and ceremonies for Indians from all over the region who were seeking a safe haven for their traditional religious practices which has been officially banned by the Agent by 1884. Second, the New Guemes was a community still largely defined and organized under traditional Samish cultural norms. The longhouse clearly resembled that of the Samish ancestors both in form and content. Nuclear families joined together to form a kin network capable of redistributing surplus resources. This is significant given the time frame of the of the villages development. The New Guemes Village was established at the same time that the areas fisheries were being expropriated by white companies. Given that the Samish were being restricted to a more and more limited access to resources, the kin network of the New Guemes village would have been an even more important economic necessity than pre-contact times.

In sum, the development of the New Guemes Village was most likely a response to the increasing domination of the political and economic landscape of the area by whites. Unable to participate in that landscape in any meaningful way, and unwilling to submit to the control of the Indian agent, the Samish attempted to establish a village organized around traditional cultural and social forms. The initial success of this venture can be seen in the high regard in which the community was held by its reservation neighbors. For a period of approximately 25 years, the New Guemes Village represented the heart and soul of Samish culture and was held aloft as an exemplar of Salish culture by those Indians whose lives were being increasingly dominated by the repressive policies of the Indian Agent.

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Tesch at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nherman@samishtribe.nsn.us

KAILEY C. PENTER INTERIOR DESIGNER

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Friday & Saturday – 25% off

This includes RV Sites
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to all Samish Members.

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Brie Keller and
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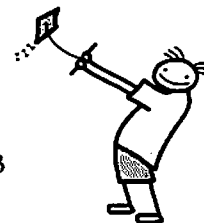
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901 Algona Blvd. North, Suite A

Algona, WA 98001

Phone: 253.218.2288

Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Mauricia Bill	Carol Blackinton	Chester Blackinton	Jessica Blackinton
Lisa Bleeck	George Bob	Lacey Brunner	Holly Clifton
Kelson Coughlin	Randy Daniels	Elizabeth Davies	Kristin Dunlap
Timothy Edwards Jr.	Carolyn Edwards	Michelle Foster	Darlene George
Christian Gidlof	Gordon Gidlof	Katherine Graves	Wayne Graves
Travis Hatch	Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins
Laura Hovland	Gordon Jack	Terry Jones	Patricia Kavanaugh
Corey King	Shelbie Lucy	Brody Lundin	Charlotte MacDonald-
Jennifer MacDonald	Dinah Lundin	Kurtis MacDonald	Winnifred Marchand
Heather McIntosh	Paul Michaels	Cassandra Myler	Bryan Perry
Shirley Parminter	Skyler Ransier	Gwen Renteria	Richard Ritter Jr.
Kelee Rock	Malisa Sampson	Juliette Scates	Colleen Scheel
Christopher Smith	Corey Smith	Jo-Anne Smith	Wesley Smith
Robin Spivey	William Steele	Matthew Sturdivant	Patricia Tomlinson
Ada Torres	Audrey Turner	Angela Williams	Norman Underwood Jr.
Ralph Underwood Jr.	Sheri Underwood	Victor Mario Underwood	Bernie Wills
Frederick Wills	Kenneth Wills		

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If you are a Veteran or those of you who have an Indian name, please contact our Enrollment

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Jan Flagg, Enrollment Clerk

Extension 106

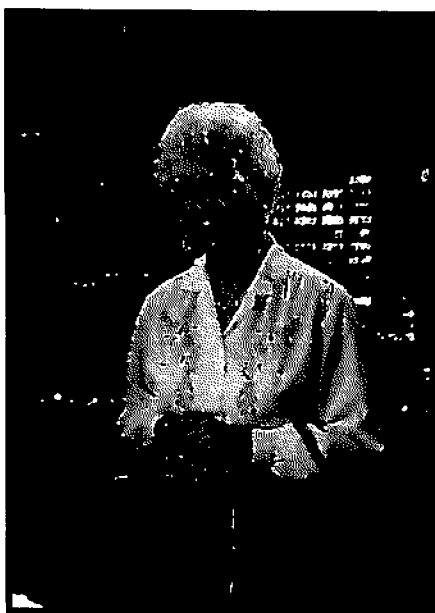
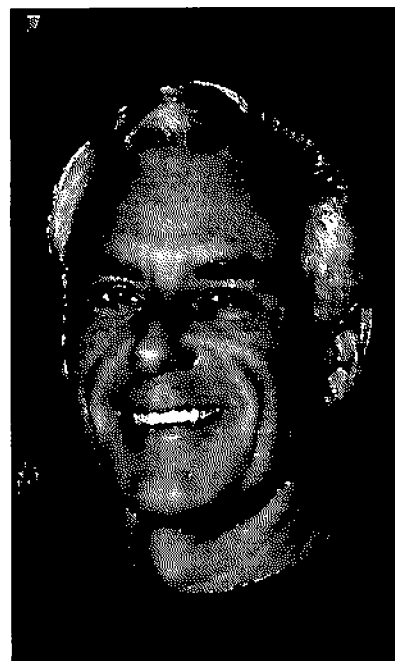
jflagg@samishtribe.nsn.us

Obituary

LARRY LEE GASKILL

June 28, 1943 – January 4, 2009

Larry graduated from Bellingham High School in 1961, attended the UW and then transferred to UCLA. He lived most of his adult life in California but in 1995 moved to Orcas Island and lived there until 2001 when he returned to Palm Springs. After he retired from EDS, where he was a systems analyst for 35 years, he moved back to Orcas Island in August 2008. A member of the Samish Indian Nation, he was known for his high intelligence and keen wit, he enjoyed his three beloved Pomeranians, opera, crossword puzzles, gardening, gourmet dinner parties and fine wines. He was preceded in death by his parents Jack and Lulie Gaskill of Bellingham and Anacortes. He was the great-grandson of Mary Blackinton (sze-sze-se-such), grandson of Chester and Lulie Blackinton, nephew of Mildred Dunn of Mount Vernon and cousin to many residing throughout the state. He is survived by his life partner Mark A. Witt of Palm Springs and his sister Judith Owens-Lancaster of Bellingham. We will miss his gentle spirit and know the ancestors and angels look after him now. At his request there was no formal services. His ashes were scattered in Eastsound Bay of Orcas Island on March 1, 2009 with family and close friends in attendance.



GARNET SMINK

1916 - 2009

Garnet Smink passed away peacefully Sunday March 29th, 2009 at the age of 92 following a long Alzheimer related illness. Garnet was born in Olympia the third of seven children of George and Eunice Haddon. She grew up in Anacortes, WA; but spent her adult life in Tacoma where she loved the outdoors, gardening, dancing and her crafts. She was most proud of her family and her heritage as a member of the Samish Indian Nation. She is survived by her sister Jacqueline Bohn; her children Audree (Rex) Raymond, Alvin (Inge) Knudson, Linda (Larry) Jobst and Darlene Smith. She had 8 grandchildren, 5 great grandchildren and numerous friends and family.

Education

HECB COLLEGE BOUND SCHOLARSHIP

Low-income middle school students & 2.0+ GPA

Info: collegebound@hecb.wa.gov /

www.hecb.wa.gov/collegebound

AISES Google Scholarship

The AISES Google Scholarship will fund scholarships to American Indian, Alaska, and Native Hawaiian pursuing degrees in the computer science and computer engineering fields. For this and others visit www.aises.org/Programs/ScholarshipsandInternships/Scholarships

WASHINGTON HIGHER EDUCATION COORDINATING BOARD

The WCBS program is a commitment of college scholarship funds to selected Washington middle school students.

Visit www.hecb.wa.gov/collegebound

Samish Education Department

708 Commercial Avenue

Anacortes, WA 98221

Phone: (360) 588-8200

extension 3

Dave Blackinton, Education Program Manager

daveblackinton@samishtribe.nsn.us



FREE HARVARD EDUCATION FOR STUDENTS FROM LOW-INCOME FAMILIES!

If you are, or know of, a family earning less than \$60,000 a year with an honor student graduating from high school soon, Harvard University wants to pay the tuition to attend their school. The prestigious university recently announced that undergraduate students from low-income families can go to Harvard for free....no tuition and virtually no student loans.

In making the announcement, Harvard's president Lawrence H. Summers said, "When only ten percent of the students in elite higher education come from families in the lower half of the income distribution, we are not doing enough."

As a Samish Indian Nation Tribal Family, you should also know that universities, such as Harvard, are actively seeking Native American students. To find out more about Harvard offering free tuition for honor students in families making less than \$60,000 a year, visit Harvard's financial aid website at: <http://www.fao.fas.harvard.edu/>



HARVARD COLLEGE

EVENTS Save the Date

Samish Camp

Samish Camp at Camp Kirby on Samish Island – we will be doing various things over the week Traditional Native American Activities with your Samish Community

DATE: June 12th to 19th, 2009

Check out Camp Kirby www.campkirby.org

For more information, please contact Jan Flagg toll free at (800) 365-9062 extension 106 or email her at jflagg@samishtribe.nsn.us

Cultural Day

DATE: June 27th, 2009

LOCATION: Fidalgo Bay Resort and RV Park Clubhouse in Anacortes, WA

General Meeting

DATE: June 28th, 2009

LOCATION: Fidalgo Resort and RV Park Clubhouse in Anacortes, WA

2009 Samish Diabetes Conference

2009 Samish Diabetes Healthy Heart Conference & Wellness Gathering

The annual Samish Diabetes Healthy Heart Conference & Wellness Gathering was held on Saturday April 11th at the Fidalgo Bay Resort Conference Center. With Native American communities suffering from some of the highest rates of diabetes and with heart disease being the #1 complication, we chose "The Path to Managing and Reducing Your Risk of Diabetes and Heart Disease" as our theme for 2009. This year's gathering provided education and information promoting an increased awareness and eagerness for our tribal members, their friends and families to engage in active healthy lifestyles. The event was free to all who attended and featured outstanding professional motivational speakers, health care exhibits, free health screenings, free chair and table massages, drawings, door prizes, give-a-way bags and a delicious gourmet lunch.



This year there were more people attending the conference than ever before. They were inspired by four remarkable speakers: Patricia Downing, MN, RN explained in easy to understand terms how diabetes works and how it can be prevented. David Lynch, MD showed how you can "do it all working with your health care team to control blood pressure, cholesterol and blood glucose". Exercise Physiologist, Misty Parris, engaged the crowd in aerobic and resistance training techniques leading them in exercise activities using 1 lb free weights which were provided to all the attendees. Desiree Webster, RD, CDE addressed Diabetes and Cardiovascular Nutrition Myths and explained what kinds of foods we need to eat to stay healthy!

One of the highlights of the day was an exciting presentation by the Samish Canoe Family portraying Samish culture and traditions in song and dance. There were tribal cultural activities throughout the day which included crafts, games for the kids, and a table of Samish Art Work depicting Samish history, culture and customs.

The wellness gathering also featured free Community Health Screenings which were administered by volunteer nurses from the Northwest Washington Indian Health Board, Island Hospital and the Samish Community. The health screenings included diabetes and healthy heart risk assessment examinations, post-screening counseling as well as health education and referrals, as needed. Our volunteer nurses generously donated their time in providing health promotion and prevention support and guidance and were available to answer any questions or health-related concerns.

This event would not have been possible without the support of our sponsors and contributors and without the help of the volunteer health care professionals who donated their valuable time and expertise in providing health screenings and therapeutic massages. A special thanks goes out to all of them and to the Samish Staff Members for their hard work and efforts in helping us out this year.

On behalf of Samish Health Services and the Diabetes Program, we would like to thank all those who participated in this year's Diabetes & Healthy Heart Gathering – especially those who contributed their time, encouragement and support and helped to make it a success. Blessings of Good Health and Wellness to You and Your families!

Mitch Markovich, RN – Diabetes Project Coordinator

Health Notes

INSURANCE

If your insurance has changed or ended, or family members have been added or dropped, please notify us. That is the only way we can make certain that your medical and dental bills are processed and paid correctly. If you receive a statement or bill from a doctor or dentist visit, and you think Samish CHS should be paying, ASSUME THAT THERE IS A PROBLEM.

First, call the doctors office (or lab or x-ray etc.) and make sure they know that Samish is your coverage. Make sure they have the correct tribe, and they have our address and/or phone number. Then send us a copy of the bill you have received . This allows us to follow up for you. If you ignore the bills, you may wind up in a collection agency, and there isn't anything we can do to help you at that point.

APPROVALS

Please remember to call us prior to all appointments. If possible call a few days, or weeks , or even a month or so ahead. Waiting till you are at the appointment may not be such a good idea...we may not be able to answer your call at that moment.

ORTHODONTICS

The Children's Orthodontic Program, active since 2002, is currently full. We are asking that your child have the first, complimentary appointment with an orthodontist, and obtain an estimate of the cost and length of time in braces. We will need that information to determine how many children we can add to the 2010 Program. The Adult Orthodontic Program is not yet full for 2009. Please call Joanne for Orthodontic questions.

Samish Contract Health Services

P.O. Box 919
Anacortes, WA
98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Joanne Liantonio extension 125
jlantonio@samishtribe.nsn.us

Erin Soucy extension 126
erinsoucy@samishtribe.nsn.us

Keith Tucker MD extension 201
ktucker@samishtribe.nsn.us

Mitch Markovich RN extension 224
mmarkovich@samishtribe.nsn.us

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

INCREASED BENEFITS FOR CONTRACT HEALTH CLIENTS FOR 2009

Drug /alcohol treatment and other medical benefits are unchanged. Please call with any questions.

Effective January 1, 2009, the Samish Council has approved the following increased benefits for CHS eligible clients:

Vision Services	\$ 350 per person per calendar year. For patients with diabetes, additional eye care services are available, as required.
Physical Therapy	24 visits per calendar year
Hearing Aids	\$ 6000 lifetime benefit
Dental Care	\$ 1000 per calendar year if you use your own dentist \$ 1500 per calendar year if referred by tribal dental clinic
Mental Health	24 non-physician visits per calendar year Skagit County resident Samish members are required to contact the Samish Wellness Mental Health Program prior to receiving any new mental health services from any agency or providers. Please call extension 127 or 128 for approval of mental health services .

Social Services News

Article Written by: Benjamin Jojola, Substance Abuse Prevention Specialist and Experiential Educator

Many programs that help people in recovery look for ways to help build connections that will, in turn, help to heal the physical, emotional and spiritual wounds that addiction causes. Since October of 2008, the Samish Indian Nation (SIN) of Anacortes, Washington has been providing a program that seems to be doing just this. Benjamin Jojola, a tribal member from *Isleta Pueblo, New Mexico* and Samish Indian Nation's Substance Abuse Prevention Specialist, has been leading a bimonthly "Talking Circle" at Pioneer Center North (PCN) in Sedro-Woolley. In Benjamin's words the focus of this meeting is to **"help people unload their burden baskets,"** so they can let go of some of the pain that often leads them to relapsing.

Especially for Native Americans, which typically make up 85% of the talking circle, this pain can include historical trauma as well as racial stereotypes and prejudice. While it is important for people to know their history and culture, the talking circle tries to focus on the strength of the spirituality of Native Americans to help the group connect with their own background, and to see the similarities that run through many different tribes. For example, the use of traditional tobacco ties and other herbs, like sweet grass or sage, as a way of cleansing the space and opening up the hearts of people gathered together.

The talking circles last about two hours and some participants have asked for them to be extended longer. They are open to all of the residents at PCN but seem to be mostly attended by male Natives. The group size varies from 8 to 26, including a support staff from PCN. The format of the meeting is simple and does not adhere to any particular spirituality or religion. Benjamin begins with an introduction of himself and the intent of the gathering; he describes himself as a **"simple brother no better, no worse – coming to share information that I've learned along my path that I find is helpful in my sobriety."** Each meeting continues with a smudging of the space, after permission is given by all those in attendance. Then each member is asked to introduce him/herself, give any information they have about their heritage and share what they are seeking from the talking circle. Then the group reads from a handout Benjamin created that outlines different traditional healing concepts such as: ***Wellness is a process, it is awareness, there is no "end point" in this process; it is a decision and a choice to move forward; where disease does exist, traditional healing aims to correct both the internal imbalance as well as the external dis-harmonies, so that the natural healing power can once again act freely and restore health.*** The handout is then used as a spring board for discussion or as Benjamin asks the group, **"What does this mean to you?"**

A talking feather is passed around the circle to give each the opportunity to share their experiences and emotions with no cross talk or interference by other members of the group. As participants listen to each other's stories they find that they are not alone in their challenges. This often builds support between participants and helps them to be more forgiving of themselves.

Feedback from participants has been overwhelmingly positive with many requests for longer and more frequent meetings. For example, ***1.) When I first went to talking circle, it let me let out some of my pain I've been holding inside me for a long time, I felt good after I let some of the pain out. 2.) Please consider more and longer traditional healing. 3.) That I enjoy sharing with my fellow brothers and sisters and looking forward to doing it again. 4.) I find myself listening and paying attention to others and a willingness to continue to grow and with little constraints, easy to participate. I'm glad that Brother can contribute his time to share with us, a real sense of community. 5.) I would like for this to carry on thank you. 6.) I like to thank you for your input it has opened the door so I can see through another pair of eyes, and another way of looking at myself and where I want to go in life as long as I keep on the path to find out who & what I am. Thank you very much.***

Continued on Page 9

Social Services Notes

(Continued) Letting go of shame and looking for guidance and protection from a higher power is an important part of recovery for most addicts. The talking circle also highlights the supports that exist within the Native communities, such as elders and traditional leaders. Some Native participants are not yet connected with their families or their traditional ways but express their desire to seek this out after their stay at PCN is complete. Hopefully, when participants are in their own communities these supports, along with the other skills shared with them while at PCN, will help them to keep on the red road, a term used to describe a person's journey on the path free of alcohol and drug abuse.

Samish Indian Nation is hopeful about the long-term recovery of the participants of the talking circle because of its affirming nature and the connections it builds. SIN hopes with PCN's involvement to develop a longitudinal study to see if the relapse rate is lower for people who have participated in this important program.

Thank you and to all our relations here on Mother Earth.

CONTACT US

Samish Social Services Department

2918 Commercial Avenue, P.O. Box 217

Anacortes, WA 98221

Phone: (360) 293-6404 Toll Free (800) 365-9062

Rebecca Peck, Social Services Director
Extension 128, rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist
Extension 119, rludgate@samishtribe.nsn.us

Benjamin Jojola, Substance Abuse Prevention Specialist
Extension 122, bjojola@samishtribe.nsn.us

Jim Straight, Chemical Dependency Counselor
Extension 114, jstraight@samishtribe.nsn.us

Judy Lavalley, Mental Health Therapist
Extension 127, jlavalley@samishtribe.nsn.us

Lona Wilbur, Social Service Specialist
Extension 103, lwilbur@samishtribe.nsn.us

OFFICE FOR VICTIMS OF CRIME

This April, Samish Nation Council Member Shawn MacAvoy and Family Services Specialist Robert Ludgate attended the 7th Annual Tribal Victim Assistance Skills Conference held at the Mississippi Band of Choctaw Indians' Pearl River Reservation in Mississippi. This annual conference is for Tribal victim of crime programs funded through the Office for Victims of Crime/Department of Justice's Tribal Victim Assistance program. Samish Nation's Social Services program is currently funded under this grant, and this month received written commendation from TVA Program Manager Bob Brown for its dedicated efforts and victim-related services, as well as reporting project activities and performance data.

Shawn and Robert were able to tour the Pearl River Reservation and visit the impressive new justice center, which contains several court rooms (including a peacekeeping court), adult and juvenile detention areas, prosecution, and public defender offices. The Mississippi Band of Choctaw were gracious hosts, and provided dinner and cultural demonstrations including stickball, singing, and dancing.

The Samish Nation Social Services program continues to provide victim of crime services to Samish tribal members through direct services, referrals, and assistance accessing additional services (such as through State programs). A crime can be as significant as murder or domestic violence, or as "minor" as identity theft or vandalism. If you have been a crime victim or would like to learn more about our program or resources/services you may qualify for, please feel free to contact Robert Ludgate.

Samish Head Start and Community Childcare

PUBLIC HEARING

The Samish Longhouse will hold a public hearing to gather input on the draft Child Care Development Fund Plan. This will be held on June 4 2009 at The Samish Longhouse at 1618 D Avenue in Anacortes, Washington. The hearing will begin at 3:00 pm and comments are welcome anytime between 3:00 – 5:00 pm.

Those who cannot attend in person and wish to comment may contact Debbie Aldridge at daldridge@samishtribe.nsn.us or call (360) 588-8806 through June 4, 2009.

Head Start

- o Free comprehensive preschool program for low income families or children with special needs
- o health and developmental screenings
- o education home visits
- o parent involvement activities
- o nutrition program

Community Child Care

Monday thru Friday 7:30am to 5:30pm

\$30.00 full day

\$15.00 half day

DSHS accepted

Licensed Center

Preschool Activities Included

Nutritious Meals Provided

Assistance Program

Provides subsidies on a sliding scale for licensed child care for low to moderate income Native parents who are working or in school.

Everyone Welcome



Samish Longhouse Preschool

1618 D Avenue.

Anacortes, WA 98221

(360)588-8806

Debbie Aldridge, Head Start Director
daldridge@samishtribe.nsn.us

2009 Samish Elders Luncheon



Where: Fidalgo Bay Resort
4701 Fidalgo Bay Road
Anacortes, Washington

When: June 26th 2009

Time: 11:00 am to 2:00 pm

**Please RSVP to Debbie Aldridge the
Elders Program Director**

Phone : (360) 588-8806

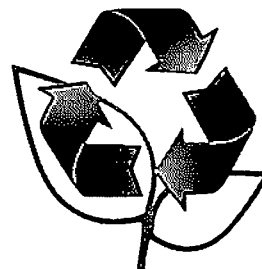
Email: daldridge@samishtribe.nsn.us

**All Volunteers are welcome to serve,
set up, and help with clean up**

**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404**



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Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

CAMP
SAMISH
2009

Camp Samish 2009

June 12-19, 2009

74 tribal participants of
Samish Indian Nation
attended the first annual Camp Samish
on Samish Island Camp Kirby.



"It was wonderful to live for a week at Camp Kirby on Samish Island, at the site of an ancient village, enjoy meals with one another, try our hands at carving, weaving, beading and even making fry bread, take the canoe out almost daily, share around a campfire, watch the sunsets and sunrises much as our ancestors did hundreds of years ago, and feel the great caring of each and every one that was able to attend. Chen Nechnginglh – time of having one heart and mind."

-- Leslie Eastwood

Camp Kirby a perfect location to have the Samish tribal members to connect & reconnect with the land and with each other, through daily prayers, meals, cultural activities, canoe family, arts & crafts. As Samish history instructs about proper relationships to the land and its resources by teaching lessons left by the ancestors, about both in the natural and spiritual worlds and how those worlds cannot be separated.

The week was alcohol, tobacco, and drug free. The Samish Indian Nation's Social Service Program provided structure and leadership to the overall program week.

LETTERS TO THE EDITOR

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the Edi-
tor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

Greetings my Samish
family:

Thank you for the gift
card. Not only do you
honor those of us over
60 that are still above
the grass, but also the
ancestors who have
passed and who were
the glue that kept us
all together over the
hard years.

- Vern Barrett

Dear Samish Nation,

What a great time we had at Samish Camp right on the site of one of our ancestral villages. The leadership of Ben JoJola, Rosie James, Bill Bailey, Leslie Eastwood, Kris and Larry DeKay as well as Michelle Johnson was awesome. It was so rewarding to watch the children become part of the community. I am very impressed by the spiritual growth already achieved by the children. We all shared the good feeling we earn when we participate in productive activities together. I will never forget it. Thank you Samish tribe for offering us this wonderful opportunity to grow in wisdom and connect with the spirit of our ancestors.

--Carrie Kaeding

To all Samish Council Members Past and Present,

This letter is being written to convey my deep appreciation for your continued dedication to helping so many members of our tribal family. The Medical and Dental programs are so important. I can't begin to thank you enough for providing them. Social Services have been right there anytime we call on them. Jan in Enrollment is available for advice whenever needed, and her deep interest in Cultural teaching is much appreciated. I didn't get to go to Camp Samish but I heard what a great success it was. I am so proud of our Canoe Family, and of all the people who give of themselves in support. My great grandson has completed his freshman year at UW, thanks in part to the generous stipend he receives. I also have a great-great-grandson attending preschool at the Longhouse. I hear about the skilled teachers and how the children learn hand washing and tooth brushing. They are served nutritious breakfast and lunches. Rosie and Bill are invaluable to our cultural development, plus we go crazy for their smoked fish and fry bread!!! A special mention to our Archival Department and Natural Resources. Leslie has proven to me that I was right to push for her appointment as General Manager. And little Tom Wooten grew up to be instrumental in bringing our tribe to where we are today. I'm especially grateful for the 2 credit cards I have received as an Elder. One thing, I especially look forward to is the Samish Calendar, with all of those wonderful photos.

I've written 2 pages and still have not covered all of the benefits afforded by our Tribal Council, you are all remarkable!!!

In closing, I would like to note the recent land acquisitions, and last but not least, getting the Campbell Lake property into trust. Congratulations on getting the Samish Indian Nation into the County Council of Governments. You all deserve our most humble gratitude for your service. Thank you.

- Jackie Bohn

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Carol Blackinton	Jessica Blackinton	Lisa Bleeck	George Bob
Lacey Brunner	Gerickah Charlie	Kelson Coughlin	Randy Daniels
Elizabeth Davies	Kristin Dunlap	Timothy Edwards Jr.	Carolyn Edwards
Michelle Foster	Darlene George	Christian Gidlof	Gordon Gidlof
Katherine Graves	Wayne Graves	Travis Hatch	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	Laura Hovland	Gordon Jack
Marcy James	Terry Jones	Patricia Kavanaugh	Corey King
Jonathan Long	Shelbie Lucy	Brody Lundin	Charlotte MacDonald
Jennifer MacDonald	Dinah Lundin	Kurtis MacDonald	Winnifred Marchand
Heather McIntosh	Cassandra Myler	Bryan Perry	Skyler Ransier
Gwen Renteria	Richard Ritter Jr.	Malisa Sampson	Juliette Scates
Colleen Scheel	Jo-Anne Smith	Wesley Smith	Robin Spivey
William Steele	Matthew Sturdivant	Tyler Thompson	Patricia Tomlinson
Ada Torres	Angela Williams	Norman Underwood Jr.	Ralph Underwood Jr.
Sheri Underwood	Shelly Wade	Victor Mario Underwood	Frederick Wills
Kenneth Wills	Don Wilson		

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database.
Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Tesch at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nberman@samishtribe.nsn.us

KAILEY C. PENTER INTERIOR DESIGNER

22120 SE 251ST CT.
MAPLE VALLEY, WA 98038
(206) 227-0413
KAILEY.PENTER@GMAIL.COM

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday – 50% off
Friday & Saturday – 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

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(503) 631-3365

www.OregonCityQuilter.com



VERIZON WIRELESS DISCOUNTS



Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25% off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

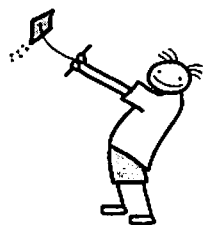
Ivan Haas, Sales Representative. Ivan can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

Phone: (206) 300-4051

Rhonda's Child Care, Licensed Daycare



Rhonda Colburn
USDA Food Program
859 South 80th Street
Tacoma, WA 98408
Phone: (253) 473-4183



ALLEN-BRADBURY CONSTRUCTION, LLC.
Accountable Building Contractors

901 Algona Blvd. North, Suite A
Algona, WA 98001
Phone: 253.218.2288
Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Businesses Owned by Tribal Members

In 1985 Dan Hatch and Jeff LaLone, long time employees of The Everett Boathouse, assumed ownership and the business has grown based upon a solid reputation of sales, service and dependability. Customer service is our #1 priority and we look forward to the opportunity to be your marine service provider.

OUR SERVICES INCLUDE:

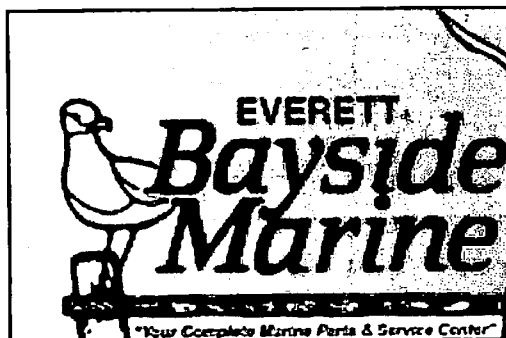
BOAT BROKERAGE: We sell quality used and consigned powerboats and motor yachts. check out our inventory often as things can change daily. If you need to sell your boat give us a call we will be glad to give you an estimate of it's value and even sell it for you.

SERVICE: Factory authorized and trained technicians for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo. We service most major brands of outboard, inboard/outboard and inboards. We do major repowers, engine and outdrive rebuilding, general servicing and trouble shooting. We pride ourselves in using OEM parts whenever possible.

PARTS: We stock original equipment parts (OEM) for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo, along with many engine and boat accessories. If we don't have it in stock we'll find it for you. We ship UPS daily.

STORAGE: Now open for business is our state of the art new dry stack system for boats up to 36' LOA

1111 Craftsman Way Everett, WA 98201 (425) 252-3088 www.baysidemarine.com



CULTURAL CLASS CHANGES

There will a few changes in the cultural classes that are being offered by the tribe.

- There will be no September class because the RV Park is reserved for the Oyster Run on our usual week end.
- A Whale Naming Ceremony, at the RV Park at 1:00PM, will be held on October 17th instead of the September & October classes posted on your calendars.
- The November 21st class will be on how to play Slahal-Bone Games, starting at 11:00AM

Anyone wishing to donate give away items for the naming please call Jan at the tribal office. Sorry for any inconvenience in these changes but we needed to change in order to have them at the RV Park. If you have any suggestions for any future classes – please let us know what you'd like to do or have in the way of instruction. The cultural committee is here to try to help those members wishing to learn more of the "old ways".

WHALE NAMING

On Saturday October 17, 2009, we will be hosting a Whale Naming for Samish's new baby whale. Samish is one of the whales in J Pod of the southern resident Orcas. As you know, we named the last two and the Whale Museum called to ask if we'd like to name the new one.

We need some suggestions on names from you. Please send your suggestion into the office, by September 30, 2009. The cultural committee will choose a name on October 1st and announce it at the whale naming ceremony.

We are looking forward to the names and the ceremony in October, so please participate in both. If you have questions feel free to contact Jan Flagg at the tribal office or by email. (800) 365-9062 x 106 or email her at jflagg@samishtribe.nsn.us.

Thank you and good luck on the naming!

Obituary

MARIAN BARTEL

July 9, 1935 to February 26, 2009

Published in Jackson Citizen Patriot on February 28, 2009

Age 73, of Albion, passed away Friday, February 27, 2009 at her residence. She was born July 9, 1935 in Albion, Michigan to Clyde and Alta (Rosenberry) VanSchoick. On June 25, 1955 in Albion, Michigan she was married to Fred A. Bartel. She had worked for Springport Schools as a Librarian for 28 years, retiring in 1999. She loved bowling, yard work, flowers and her kids, grandchildren and great-grandchildren. She is survived by her husband, Fred A. Bartel of Albion; son, Denny (Pattie) Bartel of Albion; daughters, Debbie (Bob) Miller of Albion, Kathy Browning of Springport; nine grandchildren; three stepgrandchildren; 13 great-grandchildren; a sister, Peg Eckmyre of Albion; brothers, Wayne (Marceline) VanSchoick of Albion, Robert (Polly) VanSchoick of Venice, FL and Kenneth VanSchoick of Okemos; sister-in-law, Rosemary Chapman of Litchfield; numerous nieces and nephews. She was preceded in death by granddaughter, Heidi Miller. Visitation for family and friends will be Sunday, March 1, 2009 from 2:00 to 4:00 and 6:00 to 8:00 p.m. at the Erie Street Chapel of the J. Kevin Tidd Funeral Home, 208 West Erie Street, Albion, MI 49224. Funeral services will be on Monday March 2, 2009 at 11:00 a.m. at the Erie Street Chapel of the J. Kevin Tidd Funeral Home with the Reverend Gary Nehring officiating. Burial will be at Riverside Cemetery, Albion. The Samish Indian Nation would like to send our condolences to the family and friends of Marian Bartel.

SARAH BOB

January 23, 1923 to January 5, 2009.

Age 86, of Sidney, British Columbia passed away Monday, January 5, 2009. We were regrettably unable to locate an obituary for Sarah Bob. If anyone would like to submit an obituary for Sarah, please contact us and it will be published in our next publication. The Samish Indian Nation would like to send our condolences to the family and friends of Sarah Bob.

LELA RAE "TOOTS" SCHEFFELMAER

November 8, 1937 to March 26, 2009

Published in The Great Falls Tribune on April 1, 2009

Age 71, of Dodson, Montana, Lela Rae "Toots" Scheffelmaer, a retired cook and librarian who enjoyed spending time with her grandchildren, died of natural causes Thursday at her home in Dodson. A joint funeral service for Lela and her husband, Otto, was held at Dodson High School, with burial in Hillside Cemetery. Adams Kirkwood Funeral Home is handling arrangements. Mr. Scheffelmaer died a few days later.

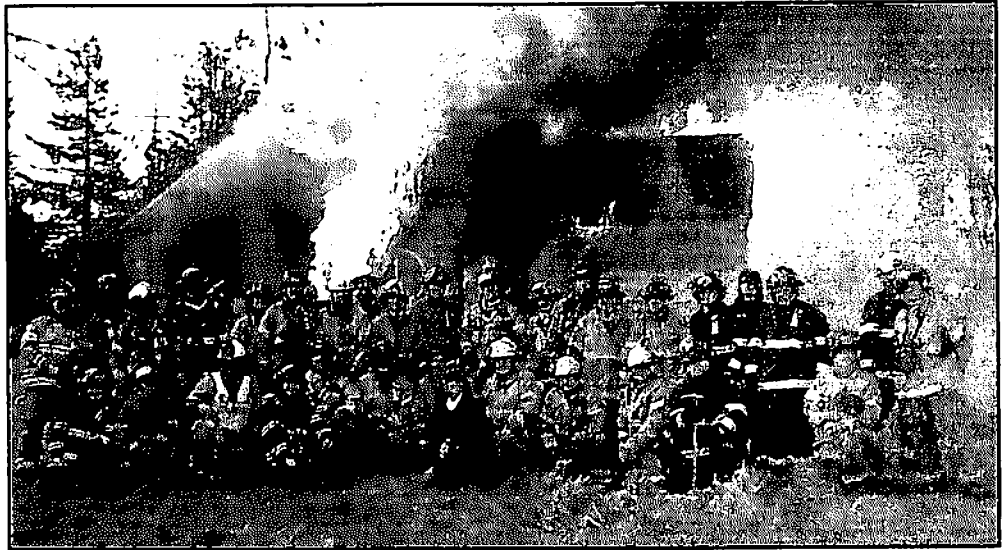
Survivors include sons Otto Scheffelmaer of Lewistown and Robert Scheffelmaer and Mitch Scheffelmaer of Harlem; a daughter, Donna Brese of Pocatello, Idaho; a brother, James Arthur Nielsen of Florida; 15 grandchildren and 14 great-grandchildren. She was preceded in death by a granddaughter and a great-grandson.

The Samish Indian Nation would like to send our condolences to the family and friends of Lela Scheffelmaer.

Samish Collaborates with Local Public

Anacortes, WA
March 19, 2009

The Samish Indian Nation would like to announce its collaboration with the Skagit County Sheriffs Department and the Anacortes Fire Department to carry out practice drills on Samish owned land at State Highway 20 and Thompson Road in Anacortes, WA. The Samish Tribe had offered a derelict house as a training ground for public safety activities. On the evening of March 19th, 2009



the Skagit County Sheriffs SWAT Team conducted drills. The Anacortes Fire Department burnt the house on March 28th, 2009 in a controlled fire simulation exercise conducting activities such as fire suppression, running structural fire scenarios, and any emergency medical situations that may occur. Tom Wooten, Samish Tribal Chairman, said "The Samish Indian Nation supports our local emergency services, and is glad to make the Thompson Road Site available to them for training their men and women."

Samish Gallery of Native Arts is now open!

The Gallery had a soft opening August 7th to coincide with The Anacortes Art Festival weekend. We are continuing to develop our inventory and working out a few bugs, with a Grand Opening planned in the near future. The Samish Gallery of Native Art was developed for three distinctive purposes: to provide a showcase for Native Artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style; to serve as a support for the Samish Tribal Vocational Rehabilitation Program whereby the Gallery and staff will offer an encouraging and supportive environment for voc. Rehab. clients; to provide Samish members and the community with the opportunity to learn about and appreciate native culture and art.

The Gallery hours will 10am to 6pm
Tuesday thru Saturday. For inquires or
comments please contact

Dave Blackinton: (360) 588-8200 ext. 3

daveblackinton@samishtribe.nsn.us



Canoe Journey 2009

Cedar dugout canoes lined the shore of Fidalgo Bay last Wednesday when Coast Salish paddlers stopped to enjoy the hospitality of the Samish Indian Nation during the 2009 Tribal Canoe Journey.

"It's a really, really great day for the tribe and the community," said Samish Tribal Chairman Tom Wooten as he watched his guests help themselves to clams. "It's a wonderful thing for our people," said Samish General Manager Leslie Eastwood.

The Samish expected about 16 canoes traveling on the Squamish to Suquamish leg of the journey, which started from the coast of mainland British Columbia. The number of guests doubled when another group about the same size from the east side of Vancouver Island decided to change course and stop at Fidalgo Island as well. The visitors camped overnight before going on to enjoy the hospitality of the Swinomish Tribe the next day.

Each canoe can come with 12 or more paddlers and a team of about 40 people who set up camp and provide other support. Wooten said the Samish are known for hospitality among the canoe families. "Our reputation is that we put on a good spread," he said.

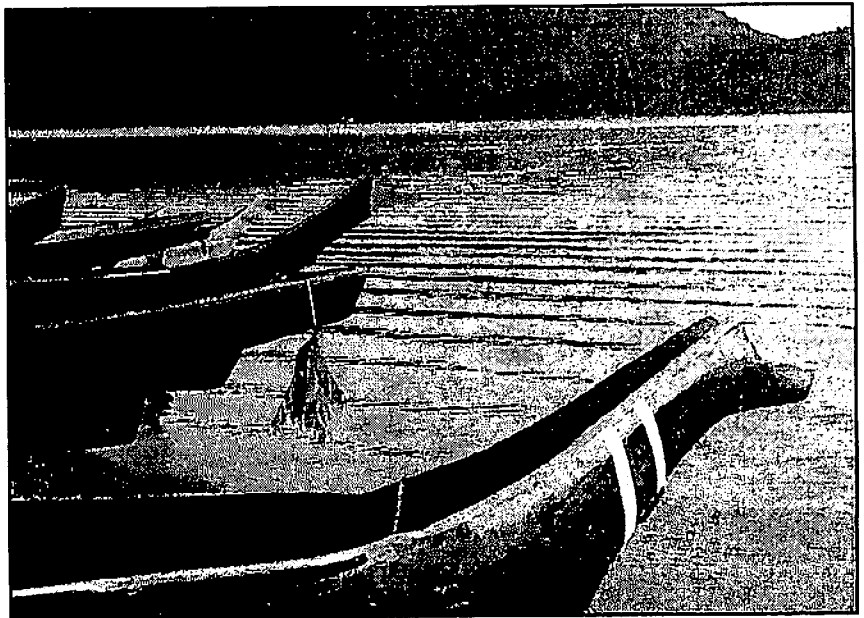


Photo taken by James Sanderville

According to traditional protocol, the skipper of each arriving canoe formally identifies his or her canoe and asks to come ashore. After greetings are exchanged, the hosts gradually bring them ashore with songs and drums one at a time or in small groups. However, this year's group arrived at the peak of the record heat wave Wednesday afternoon and at least three paddlers showed signs of distress. For their safety, ceremonies were abbreviated and paddlers were invited to land en masse, Eastwood said.



Volunteers from the Old Anacortes Rowing Society helped bring the canoes ashore, Wooten said. He said the tribe is an active community member, working with other groups and participating in events such as the Anacortes Relay for Life and the Anacortes Arts Festival.

Anacortes American
Article Written
by Elaine Walker
Published August 4, 2009

Canoe Journey 2009

This year marks the 20th anniversary of the historic "Paddle to Seattle," an event that spurred a revival of interest in canoes after many tribes had been off the water for decades. The Paddle to Seattle drew nine canoes and the event has grown greatly over the years.

The Samish and other Coast Salish tribes have encouraged young people to participate in canoe events to reconnect with their heritage and as part of drug and alcohol abuse prevention programs. The Samish Tribe's big canoe Xechnginglh, which means "Our hearts and minds are one," was commissioned in a blessing ceremony in 2003. In the years since, the name has proved appropriate, as Samish youth and entire families have opened their hearts and minds to traditional ways of the canoe.

Last year, canoe journey paddlers added a new facet to the canoe journey — an effort to contribute to scientific research by collecting water samples. Todd Woodard, the tribe's natural resources technician, said the tribes have been excited to contribute. Eric Grossman of the U.S. Geological Survey said the idea was natural. "What an amazing opportunity to do research along the way. These people have been paddling through these waters for millennia," he said. Grossman said the tribes have a strong stake in natural resource conservation. "Their culture revolves around salmon and shellfish. If we lose that, they lose a big part of their cultural identity," he said. For its second year, the study has been expanded slightly. "This year we added water sampling every 5 kilometers for dissolved nutrients, and ever 10 kilometers to look at phytoplankton biomass and community composition," he said. When the journey is over, results can be compared with last year's samples. "Anything we learn along the journey is good," Grossman said.



This year, he said researchers are already seeing unusually high temperatures and, in some places, high amounts of oxygen. Enough changes can kill eelgrass or young fish, stress native species and allow invasives to thrive, or encourage bacteria or algae blooms. But at least on Wednesday, shellfish were plentiful at the Fidalgo Bay Resort.

Despite the heat, paddlers looked hearty after a rest in the shade, and eager for the Samish feast. People lined up to scoop up clams baked in a sand pit in front of the RV park's banquet facility. Eastwood said feeding people and taking care of them is a tribal tradition.

"The name Samish means 'people who stand up and give,' she said.



Allen-Bradbury Scholarship

Congratulations to **Ashley Fix** and **Deanna Crumpacker** for winning the Allen Bradbury Construction Scholarship. This scholarship supports the education of Samish Students who plan or will continue to pursue higher education at a college or vocational school. This scholarship was established by Tribal Member Allen Engberg for Samish tribal members who are students. The original amount of the scholarship was \$1,500. Allen graciously added an additional \$500 to the \$1500, so each student will receive \$1000!



**Allen-Bradbury
Construction L.L.C.**

Culture Day Celebrates Local Tribes

Published in the Whidbey News Times by Liz Burlingame on July 14, 2009

The day was a chance to look back at the traditions of Northwest tribes, but to also see them in a modern way. "People often think of Native Americans in historical terms and not in the contemporary," Leslie Eastwood, general manager of the Samish tribe said. "We want to show that our culture is still surviving."

The Samish and Swinomish Tribes partnered for Native American Culture Day at Bowman Bay in Deception Pass State Park. About 200 people attended the four-hour long event. The tribes presented ceremonial dances, Native canoe rides, storytelling, art and a salmon barbecue.

By the picnic area, Samish tribal member Jan Flagg weaved cedar hats, traditionally used for work and ceremonial purposes. She explained to visitors that the bark must emit a gas for a year before it can be used for the craft. "My grandma was gone when I was 6 and so many things went with her. She spoke the language and made baskets," Flagg said. "If I have it my way, my granddaughters will learn it too."

At the boat launch, the Samish tribe offered free canoe rides to the public. Each year, hundreds of families enter an intertribal canoe journey along the Washington and Canadian coast. They travel for eight to 12 hours per day for over 250 miles. "In 20 minutes, people can get a sense of what it takes to do the journey," Eastwood said. Dawn Caveness of Oak Harbor and her four boys, Aaron, Bret, Dane and Gabe, were paddling that afternoon. "The boys think it's awesome," she said of the cultural experience. "We had some salmon and fry bread. They just gobbled it up."

Many of the crafts on sale, such as drums, hats and paddles, were made in family-oriented settings, Rosie James of the Samish tribe said. Part of Culture Day was to pass knowledge to younger generations, some of which can't be learned in books.

At about 2 p.m., James began drumming to draw crowds to a storytelling session. "When I'm on the beach digging clams, I'm in my element. You see my family over there?" she said, motioning to a group of ladies weaving the cedar bark hats. "They're in their element."

The event was funded in part by the American Recovery and Reinvestment Act for \$2,000. The Washington State Arts Commission also contributed funds to make the event possible. Jens Lund, Folk and Traditional Arts in the Parks program manager, spent the day capturing the event on video which will be used for future grant applications.

Health Notes

Dental Benefits through Contract Health Services

For calendar year 2009, your dental benefit has a \$ 1000 limit. If you have received your services at a tribal dental clinic, and they are either referring you 'outside' for work they can not perform, or are incurring 'outside' costs for you, such as having a dental lab build a crown or bridge, your annual benefit is increased to \$ 1500. You are not required to use tribal dental clinics; you may use your benefit at any dentist you choose.

Tribal dental clinics are not always available to our Samish members. They are restricted to clients who live in their county, and they may already be overwhelmed with trying to meet the needs of their own tribal members. You should call the clinic to find out if they are currently able to serve Native Americans from other tribes. You may be required to provide proof of enrollment and proof of residence. Services performed at tribal clinics are at NO COST to you or to the Samish Contract Health Program (exception: Seattle Indian Health Board uses a sliding scale for charges. They are not a tribal program).

The following clinics MAY be available to serve your dental needs:

Clinic location & phone	Residence requirements
Neah Bay Service Unit 360-645-2233	Any Native American is served
Lower Elwha Clinic Port Angeles 360-452-6252	Clallam County only
Port Gamble S'Klallam Clinic Kingston 360-297-9658	Kitsap County only
Puyallup Dental Clinic Tacoma 253-593-0232	Pierce County only May not be accepting new patients
Lummi Dental Clinic Bellingham 360-384-2279	Whatcom County only Limited access...under renovation
Nooksak Dental Clinic Everson 360-306-5151	Whatcom County only
Swinomish/Upper Skagit Dental Clinic LaConner 360-466-3900	Skagit, Island and San Juan County
Tulalip Dental Clinic Marysville 360-651-4530	Snohomish County
Seattle Indian Health Board Seattle 206-324-9360	King County Not a tribal clinic, but charges are based on a sliding scale, income based

If you move or change health insurance, don't forget to call Joanne or Erin.

Samish Contract Health Services

P.O. Box 919

Anacortes,
WA 98221



Phone: (360) 293-6404

Toll Free Phone:

(800) 365-9062

Joanne Liantonio extension 125
jlantonio@samishtribe.nsn.us

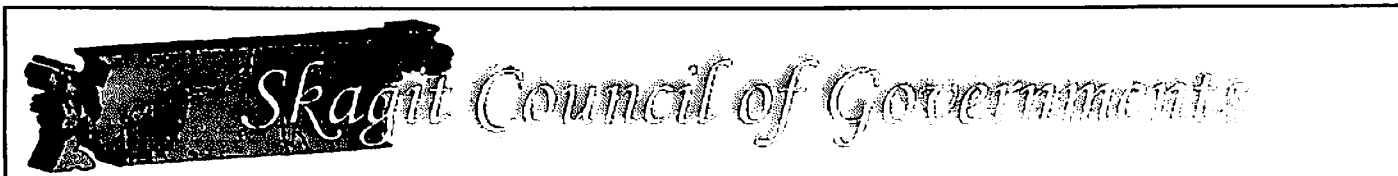
Erin Soucy extension 126
erinsoucy@samishtribe.nsn.us

Keith Tucker MD extension 201
ktucker@samishtribe.nsn.us

Mitch Markovich RN
extension 224
mmarkovich@samishtribe.nsn.us

Congratulations Samish!

Samish Indian Nation is now a voting member of
the Skagit Council of Governments (SCOG)



The Board of Directors of the Skagit Council of Governments approved our voting membership request on June 17, 2009. The Skagit Council of Governments (SCOG) is a voluntary organization comprised of local governments whose purpose is to foster a cooperative effort in resolving problems, policies and plans that are common and regional.

SCOG's mission focuses on two primary areas: Transportation and Economic Development, and it administers four Revolving Loan Funds (RLF).

SCOG serves as the lead agency for the Regional Transportation Planning Organization (RTPO) as enabled by Washington State law, and the Skagit Metropolitan Planning Organization (SMPO) as enabled by federal law.

The SCOG Board meets monthly, and it is expected that the key elected official from each member jurisdiction will attend. Meetings are normally the third Wednesday at around 2:30 at the Port of Skagit. Currently, the following jurisdictions and organizations are members:

City of Anacortes	Port of Anacortes	Town of Concrete
City of Burlington	Port of Skagit County	Town of Hamilton
City of Mount Vernon	Skagit County	Town of La Conner
City of Sedro Woolley	Skagit PUD	Town of Lyman
Samish Indian Nation	Skagit Transit (SKAT)	Swinomish Tribe

SCOG also works with a number of schools and agencies to offer technical and financial service to individuals and companies through the Business Resource Center.

The following are some of the schools and agencies with which SCOG has worked with recently:

Worksafe
Skagit Valley College (SVC)
Small Business Administration (SBA)
Washington State University (WSU)
Service Corp. of Retired Executives (SCORE)
Western Washington University (WWU)
Small Business Development Center (SBDC)
Economic Development Association of Skagit County (EDASC)

Social Services Notes

Housing Opportunities for Native Americans & Alaska Natives

The Section 184 Loan Guarantee Program is a home loan product for federally recognized tribal members. The 184 loan product can be used to finance new construction, rehabilitation, purchase of an existing house and refinancing, including "cash out" refinancing. The Section 184 program is often the best mortgage loan available to Native Americans because it requires a low down payment of 2.25% and the lowest mortgage loan guarantee cost available. They also offer more flexibility regarding property and credit standards. You do not need to be low income to qualify. You do need to have good credit.

Please call our housing office for an application and a list of Approved Section 184 Lenders.

The Housing Office phone number is (360) 293-6404 Ext. 208 or toll free at (800) 365-9062 Ext. 208. We also have the application on our web site.

Just click on the housing page at
www.samishtribe.nsn.us

CONTACT US

Samish Social Services Department

2918 Commercial Avenue, P.O. Box 217
Anacortes, WA 98221

Phone: (360) 293-6404 Toll Free (800) 365-9062

Rebecca Peck, Social Services Director
Extension 128, rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist
Extension 119, rludgate@samishtribe.nsn.us

Benjamin Jojola, Substance Abuse Prevention Specialist
Extension 122, bjojola@samishtribe.nsn.us

Jim Straight, Chemical Dependency Counselor
Extension 114, jsstraight@samishtribe.nsn.us

Judy Lavallec, Mental Health Therapist
Extension 127, jlavallee@samishtribe.nsn.us

Lona Wilbur, Social Service Specialist
Extension 103, lwilbur@samishtribe.nsn.us

Tobacco Prevention: Give the Gift of Health

There is nothing you can buy in a store that is more valuable than your health for yourself and those who love you. If you have wanted to give up tobacco now is a good time to get started. Here are some tips about quitting.

- Make a list of the reasons why you want to quit. Some examples might be: the cost of cigarettes, the wrinkles smoking causes, and that smell!
- Set a target date for quitting. Mark it on your calendar, it will become a great anniversary to celebrate each year.
- Tell friends and family about your decision. True friends will support and encourage you.
- Take one day at a time. Each day you go without tobacco mark off on your calendar and be proud.
- Remember that withdrawal symptoms will go away. In many ways you'll feel better right away.
- Change your routine to avoid situations that you are used to smoking in.
- Stay busy, especially during the first week. Now is a good time to start that new hobby you never had enough time for.
- Write out some stress relieving activities like going for short walks out in the crisp morning air.
- Come up with a reward for yourself. If you go one week without tobacco take yourself out to a movie, do something special for yourself.
- Add a healthy habit to your day. Take a vitamin, drink lots of water, and eat fresh fruits & vegetables.

Department of Natural Resources



The Puget Sound Partnership has funded a study that will continue our regular water quality monitoring of inputs to Fidalgo Bay and analyze sediment and clam tissue for harmful Polycyclic Aromatic Hydrocarbons (PAHs): a group of compounds found in petroleum products. Puget Sound Partnership funds study to monitor water and sediment pollutants in Fidalgo Bay.

The first part of the study will analyze fecal coliform input to Fidalgo Bay from its many Stormwater runoff sites, as well as analyze nutrients such as nitrogen and phosphorus. "Nutrient loads to Puget Sound are getting a lot of attention right now. Too much nitrogen and phosphorus can cause large toxic algae blooms and when the algae dies and decays, dissolved oxygen in the water plummets," says Todd Woodard, Samish Natural Resources Technician. "We have also been very successful in using our fecal coliform data from the last four years to identify drain-

ages that are consistently in violation of state standards. We then have approached landowners to try to work cooperatively to address the problems." Past efforts have resulted in the removal of livestock from sensitive drainage areas and planting buffer strips to filter storm water and prevent fecal coliform from entering the bay.

The second part of the study will establish baseline conditions of the sediment and clam tissue around Weaverling Spit. This data would be incredibly important in the event of an oil spill in Fidalgo Bay. "We certainly hope it never happens," says Woodard, "but if there was a spill in Fidalgo Bay, it is very important to know what the restoration goal would be. With the importance of shellfish and the eelgrass beds to the Tribe and the RV park, we want to know the existing conditions so that we can better protect the resource." This study will also indicate whether there are PAHs from past spills that have accumulated in the sediment or clams, and if so, whether these levels are of concern. The sampling protocols were developed in coordination with the Washington Departments of Ecology and Fish and Wildlife's oil spill response group. Samples were taken from 5 separate areas around Weaverling Spit and delivered to the Department of Ecology-Manchester Lab for analysis, which is currently underway.



To assist us with this and all the other projects we have going on this summer, The Department of Natural Resources hired a summer intern who is a recent graduate from Western Washington University. Emily Stefansson has been with us this summer until she departs for graduate school at the University of Maryland. "Emily has been a huge help to us. She has been able to hit the ground running and provide immediate, positive assistance to the department," says Woodard. "We are really happy to have had her here!"

Transportation News

Information for this article was from the Washington State Department of Transportation Online

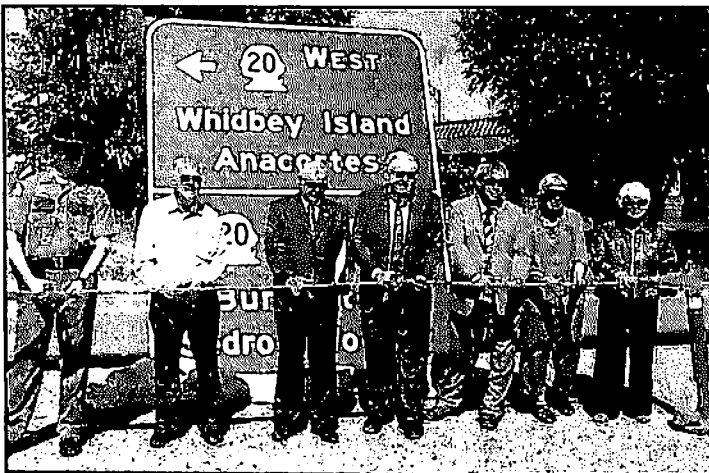
In July 2009, a ceremonial unveiling of a new highway sign with business leaders, local officials and legislators officially marked the completion of the "missing link" in State Route 20 widening between Anacortes and Burlington. The I-5/SR 20 interchange is the gateway into the heart of the Skagit Valley, the San Juan Islands and Whidbey Island. The Washington State Department of Transportation has transformed five miles of SR 20 from a narrow and congested two-lane highway into a wider and safer four-lane highway, and rebuilt the busiest I-5 interchange in Burlington. The interchange and highway will no longer be plagued by congestion and collisions, like it had been for years. These improvements will dramatically increase safety and relieve congestion for the 20,000 drivers who use the highway daily. WSDOT's \$118 million project was provided by the Washington state Legislature's 2003 Nickel Funding package. The project completes a vision that started more than 30 years ago. The stretch of SR 20 from Anacortes to Memorial Highway (SR 536) was widened in the 1960s and 70s.



Senator Mary Margaret Haugen and Samish Tribal Chairman Tom Wooten

Samish Tribal Chairman, Tom Wooten was a key speaker for the ribbon cutting of the new SR 20 and I-5 interchange. Chairman Wooten spoke about how this safety project is beneficial to the Tribe and how paramount to have a Tribal and State relationship. Our transportation program has been involved with providing comments and attending informational meetings since 2002.

"This project has dramatically improved a vital transportation link for Skagit, San Juan and Island County residents," said Sen. Mary Margaret Haugen. "The improved interchange and wider State Route 20 will help save lives and reduce congestion."



State Patrol Lieutenant Scott McCoy; Skagit Valley Agricultural Representative Roger Knutzen; Burlington Mayor Ed Brunz; Skagit County Commissioner Ken Dahlstedt; Samish Tribal Chairman Tom Wooten; former Senator Harriet Spanel; Senator Mary Margaret Haugen.

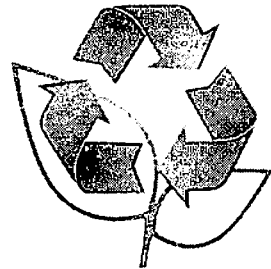


Samish Tribal Chairman Tom Wooten signs his name on a crossbeam that will support the future I-5 directional sign.

Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404



Please Recycle

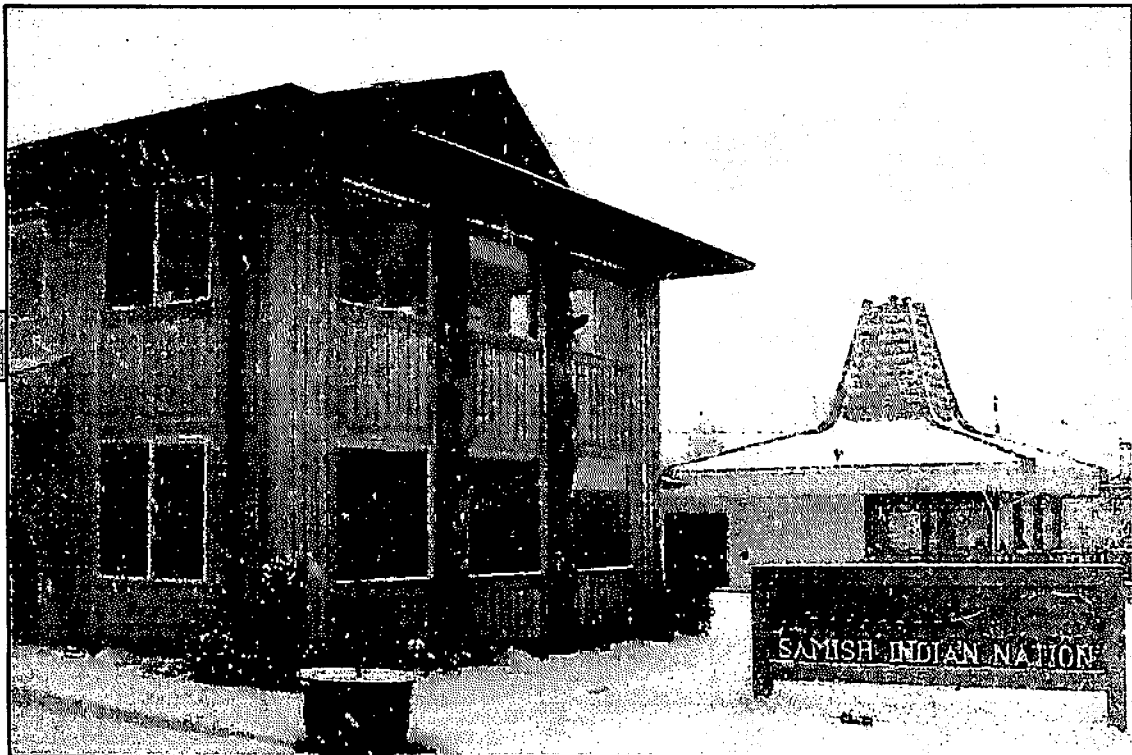


Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

**Have a Safe and Happy Holiday Season
from the Samish Indian Nation's
Council Members and Administration**



**Goodwill and Sharing,
Giving and Caring
This is the Spirit of the Season
May your Heart be Warmed by
the Goodness of Christmas**

**The Samish Indian Nation Administration and the
Samish Longhouse Preschool will be closed from
December 24, 2009 to January 1, 2010.**

**For future reference, if the Anacortes School District is closed
due to adverse weather conditions,
our offices will also be closed.**

LETTERS TO THE EDITOR

Would you like to submit a letter? Please send a letter or e-mail to us at:

**Samish Indian
Nation Newsletter
Attention:
Nicole Tesch**

**PO Box 217
Anacortes, WA
98221**

**e-mail:
nherman@
samishtribe.nsn.us**

**Local Phone
Number
(360) 293-6404
ext. 110**

**Toll Free Phone
Number
(800) 365-9062**

**Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.**

**Letters to the Edi-
tor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.**

**Samish Indian Nation,
General Tribal Council**

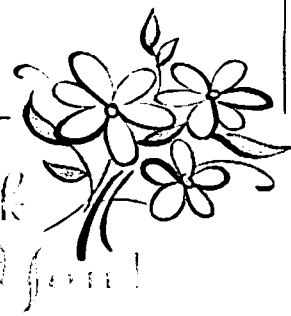
I live alone, am 77 years old and have been a widow for 15 years. Three years ago I lost my home and all contents in a forest fire. It has been a difficult time. Rebuilding my home and trying to replace what I need. The gift cards are appreciated very much and are a great help. I spend them carefully. I thank the Samish Nation with all my heart.

Sincerely,
Lourita Thompson Hargu

Dear Mr. Wooten,

I wish to thank the General Council so much for the five hundred dollar gift card. It is meeting some important needs in my life. May God bless you all.

Sincerely,
Elizabeth Barrett



Dear Thomas D. Wooten,

Just a note to thanking you for the gift card I sure appreciate it and I am proud to be a Samish.

Yours Truly,
Joan Wills
Thank you again

Chairman Wooten,

Once again thank you for the generosity of the Tribal Council. It is especially timely for our Mother, who, in her 100th year has started on some medication so this will help her greatly.

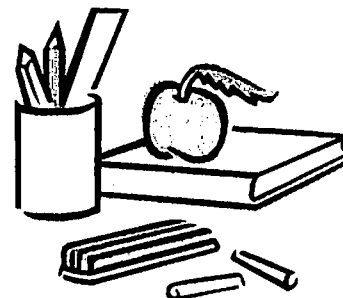
Barbara Wortley (Barrett)

**Mr. Thomas D. Wooten, Chairman
Samish Indian Nation**

I wanted to send a thank you for the back to school gift cards sent to my children on behalf of the Samish Indian Nation. Being a single mother of three, in these very difficult times, it was wonderful treat to receive monies to help with expenses. There are many expenses that are incurred when my children return to school each year.

I am very proud to say I am an official member of the Samish Indian Tribe, as well as my children. It is very important that all three of my children have the opportunities to advance their education and expand the knowledge they have as well as learning as much as they can about their ancestors.

Thanks again,
Denise R. Muniz, Carlos, Gabriela, and Isabel



ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Carol Blackinton	Jessica Blackinton	Lisa Bleeck	George Bob
Lacey Brunner	Gerickah Charlie	Kelson Coughlin	Randy Daniels
Elizabeth Davies	Kristin Dunlap	Carolyn Edwards	Timothy Edwards
Jr. Michelle Foster	Darlene George	Christian Gidlof	Gordon Gidlof
Katherine Graves	Wayne Graves	Travis Hatch	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	Laura Hovland	Marcy James
Terry Jones	Patricia Kavanaugh	Corey King	Jonathan Long
Shelbie Lucy	Brody Lundin	Charlotte MacDonald	Jennifer MacDonald
Dinah Lundin	Kurtis MacDonald	Winnifred Marchand	Heather McIntosh
Cassandra Myler	Bryan Perry	Skyler Ransier	Gwen Renteria
Richard Ritter Jr.	Malisa Sampson	Juliette Scates	Colleen Scheel
Jo-Anne Smith	Wesley Smith	Robin Spivey	William Steele
Matthew Sturdivant	Tyler Thompson	Patricia Tomlinson	Ada Torres
Angela Williams	Shelly Wade	Norman Underwood Jr.	Ralph Underwood Jr.
Sheri Underwood	Frederick Wills	Kenneth Wills	Don Wilson

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database.
Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

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Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25% off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

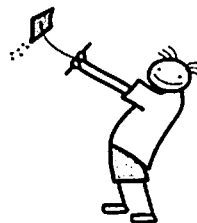
Ivan Haas, Sales Representative. Ivan can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

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In 1985 Dan Hatch and Jeff LaLone, long time employees of The Everett Boathouse, assumed ownership and the business has grown based upon a solid reputation of sales, service and dependability. Customer service is our #1 priority and we look forward to the opportunity to be your marine service provider.

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SERVICE: Factory authorized and trained technicians for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo. We service most major brands of outboard, inboard/outboard and inboards. We do major repowers, engine and outdrive rebuilding, general servicing and trouble shooting. We pride ourselves in using OEM parts whenever possible.

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the Businesses Owned by Tribal Members,
please call Nicole Tesch at**

**(360)293-6404 extension 110 or email her at
nherman@samishtribe.nsn.us**

Request for Proposals

The Samish Fidalgo Bay Resort is anticipating building a new Shower house/recreation room at the Fidalgo Bay Resort and RV park. We are in the early stages of planning the building and would like to invite any Samish Tribal members who are construction contractors.

If you would like to be considered in bidding on the construction phase of the project, please contact Michael or Jean Madsen at the Fidalgo Bay Resort and RV Park at:
(800) 727-5478

Thanks.
Michael Madsen

UPCOMING CULTURAL CLASSES

DRUM MAKING AND PAINTING

DATE: January 16th, 2010
TIME: 10:00AM to 3:30PM
LOCATION: Longhouse/Elders 1618 D Avenue Anacortes, WA

TREATY DAY CELEBRATION AND SEYOWIN WINTER SPIRITUAL DANCE

DATE: January 22nd, 2010
TIME: 6:00PM
LOCATION: Fidalgo Bay Resort and RV Park Clubhouse 4701 Fidalgo Bay Road Anacortes, WA

SAMISH ORAL HISTORY PRESENTATION

DATE: February 20th, 2010
TIME: 10:00AM to 3:30PM
LOCATION: Fidalgo Bay Resort and RV Park Clubhouse 4701 Fidalgo Bay Road Anacortes, WA

GIVEAWAY WORKSHOP

DATE: March 20th, 2010
TIME: 10:00 AM to 3:30PM
LOCATION: Fidalgo Bay Resort and RV Park Clubhouse 4701 Fidalgo Bay Road Anacortes, WA

TRADITIONAL FOODS

DATE: April 17th, 2010
TIME: 10:00AM to 3:30PM
LOCATION: Fidalgo Bay Resort and RV Park Clubhouse 4701 Fidalgo Bay Road Anacortes, WA
INFORMATION: Make your very own nettle soup, tea's, and many more traditional foods.

All classes will include lunch!

Any questions please contact Jan Flagg toll free at (800) 365-9062 or jflagg@samishtribe.nsn.us

HAPPY 100TH BIRTHDAY

Longtime Oroville resident Rose Tannahill Spurlock celebrated her 100th birthday Friday, and a party was held in her honor. Born December 4th, 1909, Spurlock moved from Oroville to Washington in 2003 to be close to her daughter and now lives in Tumwater, Washington. While living in Oroville, Spurlock was a member of the Monday Club and a docent for the Chinese Temple and Lott Home. She played bridge and belonged to a poker club and walked every day. She belonged to Oroville Unity Church.

Celebrating her birthday with her were her three daughters and sons-in-law, Donna and Jerry Louthain of Olympia, Washington; Barbara and Richard Wortley of Mercer Island, Washington; and Alayne and Don McFeteridge of Penticton, British Columbia, Canada. Also attending were 10 grandchildren, 25 great-grandchildren and nine great-great-grandchildren. Pat and Art Naylor, a niece and her husband of Oroville, attended as well.



CONGRATS SAMISH!

Madisen Cork has been accepted into the ELENA program for gifted/talented children ion grades 3-6. ELENA stands for Enhanced Learning Experiences for Notable Achievers. The object of this is to introduce students to unusual topics of interest not often studied in their grade level. Madisen held a straight A grade last year and is also in the Young Writer's classes as well.

Good Luck to you, girl!



In September 2009, Tribal Member, 17 year old Toby Eliassen, entered a Demolition Derby at the Spokane County Fair grounds. His division had 18 cars in it and in the end he was the only car running. He won a beautiful trophy and \$800.00.

Good Job Toby!!

Samish Gallery of Native Arts is now open!

The Gallery had a soft opening August 7th to coincide with The Anacortes Art Festival weekend. We are continuing to develop our inventory and working out a few bugs, with a Grand Opening planned in the near future. The Samish Gallery of Native Art was developed for three distinctive purposes: to provide a showcase for Native Artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style; to serve as a support for the Samish Tribal Vocational Rehabilitation Program whereby the Gallery and staff will offer an encouraging and supportive environment for Vocational Rehabilitation clients; to provide Samish members and the community with the opportunity to learn about and appreciate native culture and art.

The Gallery hours will 10am to 6pm
Tuesday thru Saturday. For inquires or
comments please contact:

Dave Blackinton: (360) 588-8200 ext. 3

daveblackinton@samishtribe.nsn.us



TOMMY THOMPSON TRESTLE REPAIR

SAMISH INDIAN NATION MAKES \$30,000 DONATION TO THE TOMMY THOMPSON TRESTLE REPAIR FUND

December 9, 2009: The Samish Indian Nation makes a \$30,000 donation to the Tommy Thompson trestle repair fund and hopes to inspire others to donate to this tragic loss in our community. The Tribe, whose name in proto-Salish origins means the giving people, has always held a deep-rooted respect for the traditions of sharing with its neighbors and chooses to carry on this tradition of contributing to the local community. Samish Tribal Chairman, Tom Wooten and the Mayor of Anacortes, Dean Maxwell, share a commitment to rebuilding and reopening the trestle by April of 2010.



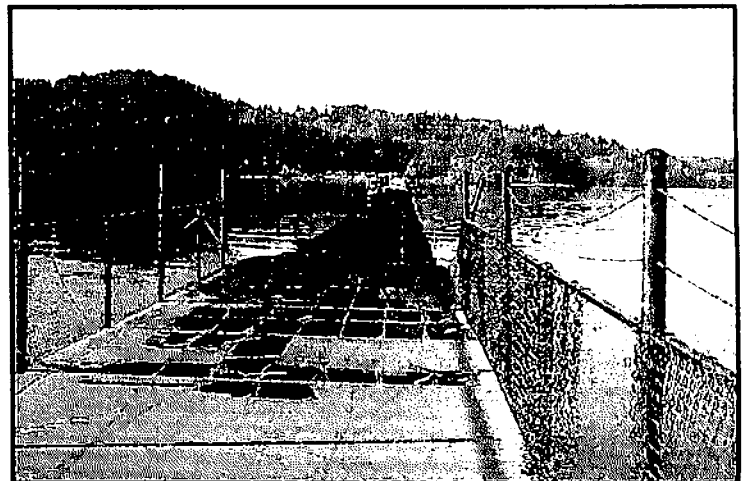
In early October, a fire damaged a major portion of the trestle on the Tommy Thompson Trail, across Fidalgo Bay. Unfortunately, there is no insurance available to replace the damaged section. Therefore, local contributions are critical to making the repairs. Tom Wooten, Samish Tribal Chairman said, "The impact of this incident has raised public and community awareness of the larger project of the replacement of the trestle and the opening up of the head of Fidalgo Bay. No one person or entity can fix this, but collectively and as a community we can and will make this repair happen."

Leslie Eastwood, Samish Administration General Manager said, "When we participate the Canoe Journey every year here in the Salish Sea, we tell our Canoe Family to dig deep as they paddle. We are asking our community to do the same thing and dig deep in our pockets to contribute to this need in the community."

According to the Anacortes Parks Foundation, As of December 2, 2009, we have received donations totaling \$15,600!! The City of Anacortes estimated the costs to repair the trestle to be approximately \$300,000. The tribe's contribution will cover 10% of the total need, but we still need our communities help to reach the goal of funding this need in our community to 100%. Two donations to the Anacortes Parks Foundation were announced at the trestle this afternoon by Anacortes Mayor Dean Maxwell, Samish Indian Nation Tribal Chairman Tom Wooten and Bert Valdman, interim acting chair of the Puget Sound Energy Foundation's board of directors and PSE's executive vice president and chief operating officer. The PSE Foundation is donating \$20,000 to the trestle-repair project.

Anacortes Mayor, Dean Maxwell said, "These contributions are marvelous gestures by your organizations – tremendous holiday gifts to our community. I hope others will follow your lead and step forward to help us rebuild this vital link of the Tommy Thompson Trail."

Tax-deductible donations to the bridge-repair effort can be sent to Anacortes Parks Foundation at P.O. Box 1902, Anacortes, WA 98221. Donations also can be made online at the foundation's Web site (www.anacortesparksfoundation.org).



WHALE NAMING

The Whale Museum News

Updated: Oct. 21, 2009

The Samish Indian Nation Names New Calf J-45

Friday Harbor, Wash. – On Saturday, October 17, 2009, the Samish Indian Nation held a traditional potlatch naming ceremony for J-45, the newest J Pod calf in the Southern Resident Community of orcas.

The Whale Museum participated in the ceremony by providing ceremonial gifts for the attendees as well as a greeting by executive director Jenny Atkinson. The museum was asked to appoint a witness to the ceremony. Because of her role as the Orca Adoption

Program Coordinator and the story keeper of the whales, Jeanne Hyde was named. Jeanne noted that, "It was an honor to be asked to witness." Being a witness to the ceremony requires one to remember the ceremony and then witness to the gathering what was seen and heard. Witnesses also have the duty to pass on to others what they observed at the ceremony.

Blankets played a significant role in the ceremony. Each witness had a blanket placed over one shoulder. Four blankets were ceremoniously placed on the floor. A young person was appointed to carry the image of J-45, the orca calf to be named. For this ceremony, a young man named Jacob was selected and led the procession. Two blankets were placed on him, one on each shoulder. He then walked to the center of the blankets where words were spoken in the Samish language. Jacob then moved off the blankets with the image and slowly moved about the gathering 'introducing' this young killer whale to all in attendance. Proceeding behind him were reverent singers and drummers. When the ceremony ended, the framed image and blankets were given as gifts to honor others in attendance.

J-45's name was announced: Se-Yi-Chn (pronounced "sea-yee-chun"). This name means younger one. In the Samish language there is no name for brother or sister, but only references to older or younger with the emphasis always being placed on the older or elder ones. In his family group, Se-Yi-Chn is the younger one to Granny (J-2), Ruffles (J-1), Samish (J-14), Riptide (J-30), Hy'Shqa (J-37) and Suttles (J-40), as well as to all in J Pod. The Naming Ceremony promoted a feeling of community and commitment. Also in attendance, museum Board member Fred Felleman observed, "We all share in the responsibility to help assure that Se-Yi-Chn has a clean, productive and serene environment in which to grow up."

Se-Yi-Chn is now entered into the Orca Adoption Program where he can be symbolically adopted. Adopting this young calf or another whale in the Southern Resident Community supports the mission of The Whale Museum which promotes stewardship of whales and the Salish Sea eco-system through education and research.

CORRECTION: Originally, we reported that Jacob was the grandson of Dr. Wayne Suttles. Unfortunately, Jacob was introduced incorrectly at the ceremony and is not Dr. Suttles' grandson. (Dr. Suttles spent his career working with the Coast Salish people. After his death in 2005, the Samish Nation honored Dr. Suttles by giving J-40 the name "Suttles" on October 6, 2005.)



2010 NEW YEARS RESOLUTIONS FOR A HEALTHIER YOU

The New Year is a great time to get started making your 2010 New Year Resolutions for your health! Here are some easy practical tips to help you get healthy and stay healthy:

- **Walk!** Start slow and build up to at least 30 minutes most days of the week. Regular exercise not only increases energy levels and reduces stress but helps control weight, blood pressure and can improve your mood.
- **Go green!** Try complementing your meal with one new vegetable each week. They are high in fiber and antioxidants and low on calories. Dark leafy greens (such as spinach, kale, bok choy) and cruciferous veggies (broccoli, cabbage and Brussels sprouts) are loaded with important disease fighting nutrients.
- **Fruit Matters!** Like veggies, fruit is high in fiber, vitamins and minerals. Choose whole fruit for a great snack or a healthy dessert. It's easy to take an apple or orange along with you when you travel.
- **Win With Whole Grains!** Try gradually substituting whole grains for refined grains. Easily prepare sandwiches with 100% whole wheat or whole grain bread instead of white bread. Choosing whole grain breads and cereals, whole wheat pasta, brown rice, wild rice or barley can reduce your risk for major diseases such as cancer, heart disease, obesity and type 2 diabetes. Snack on popcorn (a whole grain!) instead of chips.
- **Eat Less Fat!** Choose lean meats like poultry (remove the skin) and fish. Use healthful unsaturated oils, such as canola, olive and safflower oils. Better yet, instead of frying, try baking, broiling, roasting or grilling foods. Also, select low-fat or non-fat dairy.
- **Cut down on Salt!** Use more pepper, herbs and salt-free seasonings. Eating less salt helps control blood pressure which lowers your risk of heart disease and stroke.
- **Beans, beans ...** Healthy and inexpensive, it's easy to include dried beans such as pintos, kidneys and lentils in your favorite meals. Use them as a meat substitute! When matched with a whole grain or vegetable, beans form a complete protein.
- **Drink plenty of water –** the healthy beverage choice. Aim for at least eight 8-oz glasses of water each day. And, finally, to help maintain a healthy weight, keep those portion sizes in check!

The information presented above is not a substitute for the advice of your own qualified professional health care provider. Be sure to check with your health care provider before starting any new exercise program, particularly if you have been inactive for a long time.

- - *Samish Public Health – Mitch Markovich, RN*

4th ANNUAL HEALTH AND WELL NESS GATHERING

DATE and TIME: April 10, 2010 9:00am to 3:00pm

LOCATION: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA

Join us in April for an informative and inspiring diabetes and healthy heart conference. Visit the many new health fair exhibits, and reserve your spot for free health screenings now extended to include afternoon non-fasting walk-ins! * Enjoy our famous complimentary catered lunch! Free cultural programs, free admission and free screenings, reservations for Health Screenings are required.

Look for the Samish 2010 Event to be bigger and better with more door prizes, raffles, and giveaways.

Fidalgo Bay RV Sites free to Tribal Members Friday April 9th and Saturday April 10th! .

TO RESERVE A HEALTH SCREENING CALL: Mitch Markovich (360) 588-4509 Extension 107

HEALTH NOTES

Contract Health Services reminders for our clients:

- Call in advance for approvals for medical, dental counseling and physical therapy appointments
- Call for information on vision, hearing aid, and drug/ alcohol treatment benefits
- Keep us up to date on your insurance coverage. We cannot get your bills paid in a timely manner if we have out of date insurance information.

Call (360) 899-5454 to speak with Joanne, Erin or Kim

Effective January 1, 2009, the Samish Council has approved the following increased benefits for CHS eligible clients:

- **Vision Services**

\$ 350 per person per calendar year. For patients with diabetes, additional eye care services are available, as required.

- **Physical Therapy**

24 visits per calendar year

- **Hearing Aids**

\$ 6000 lifetime benefit

- **Dental Care**

\$ 1000 per calendar year if you use your own dentist

\$ 1500 per calendar year if referred by tribal dental clinic

- **Mental Health**

24 non-physician visits per calendar year

Skagit County resident Samish members are required to contact the Samish Wellness Mental Health Program prior to receiving any new mental health services from any agency or providers.

If you move or
change health
insurance,
don't forget to call
Joanne or Erin.

**Samish Contract
Health Services**

P.O. Box 919
Anacortes, WA 98221



Phone: (360) 899-5454

Toll Free Phone:
(877) 470-8737

Joanne Liantonio extension 108
jlantonio@samishtribe.nsn.us

Erin Soucy extension 105
erinsoucy@samishtribe.nsn.us

SOCIAL SERVICES NOTES



PHONE

(360) 899-5282

FAX

(360) 299-4357

OFFICE HOURS

Monday to Friday
8:30am to 5:00pm

TOLL FREE:

Tribal Administration: (877) 470-8737

The big move is complete! The new Health and Human Services Building is home to Contract Health, Housing, and Social Services. We have new phone numbers. Contract Health is 360 899-5454. Housing and Social Services is 360 899-5282. Our physical address is 1809 Commercial Avenue Anacortes, WA. Mailing address is still P.O. Box 217, Anacortes, WA 98221. Want to say thank you to everyone for their patience during the move, what with phones or computers being down for awhile. Now we are settling in and enjoying our new space. Please come by and visit us in our new digs!

Joe Ruiz, Social Services Director

Joe was hired September 1, 2009, as Samish Social Services Director. He has an extensive background in social service and employment programs. Joe began his career with the Washington State Employment Security Department where he progressed up the career ladder from Employment Counselor to District Manager. Joe has managed Employment Security District Offices in Thurston County, Yakima County and the Skagit District which is comprised of Skagit, Island and San Juan Counties.

After leaving Employment Security, Joe worked for the Upper Skagit Indian Tribe as TANF Manager where he developed and negotiated funding for the Tribe's Temporary Assistance for Needy Families (TANF) program. Most recently he worked for the Nooksack Tribe as Site Manager for the Skagit TANF Office. His duties included management of local programs, policy development and State/Tribal negotiations.

Joe has been involved in a number of State and community organizations, including the Skagit Valley College Board of Trustees and the State Board for Community and Technical Colleges.

Joe and his wife Susan live in Anacortes.



SOCIAL SERVICES NOTES

Cleo Harris, Chemical Dependency Counselor

I am new to the Samish Chemical Dependency Wellness Program. I am a Navy brat and spent most of my growing up years on the East Coast; Tennessee, Virginia and Florida. My Dad retired when I was a senior in high school and moved me and my brothers and sister to Montana, my mom's home state. After high school I worked in the restaurant business until I was 27 until I decided to go to college. I graduated from Montana State University with a degree in Microbiology. I moved to the Great Northwest in 1994 and found Home. I absolutely love Western Washington. My career path has been interesting and diverse but in 2004 I found myself attending Edmonds Community College for a Chemical Dependency Certificate and began my true calling as a Counselor. I have 1 son, who is in the Navy and stationed in Virginia and lives with my two beautiful grandchildren and his wife. I have 2 daughters, one attending college at Western and one just graduated from high school. I feel fortunate to be working for the Samish Nation Health and Human Services. The folks here are wonderful and I respect and appreciate their compassion and warmth. I am sharing an office with Jim Straight (an Awesome Counselor) and our door is always open to anyone that would like to stop by.

Romeo D. De La Peña, Housing Director

Inspired by my last four years of government service in the Philippines, I earned my Bachelor of Science degree in Architecture and did partial completion of my Master's in Business Administration, prior to joining my wife and her family in Canada during the early 80's. I then earned my Post-Degree in Urban Site Planning from the University of British Columbia and spent more than two years practicing architecture and urban planning in BC. Inspired by my previous experiences, I left private practice and worked with the First Nations in Canada as a Community Planner and Municipal Engineer, developing Strategic Policy for community and economic development. My experience there included a multi-year capital management and housing development. The development was jointly funded by the Department of Indian Affairs Canada, Public Works Canada and the Canada Mortgage and Housing Corporation. I also assisted First Nations in Canada in developing mini hydro systems (5MW); Transportation and Corridor Planning; and Official Community Development Plans with Land Use Plans, Zoning and By-Laws, Development Standards, and Development Permitting Requirements to manage growth and sustainability. Overall, I worked for ten years in Canada prior to moving to the United States to live with my now deceased parents. First I worked for the Yurok's, a northern California tribe, as housing authority. Then as Director of Planning and Development, I provided direct oversight of government funded community development planning and capital project building; infrastructure of utility projects funded by USDA and IHS; and a housing development funded by NAHASDA, BIA, and USDA for both on and off reservation development. I have also worked as Corporate and Management Services Advisor assisting corporate clients, in the Pacific Northwest, in maintaining optimum capacity to manage capital assets, operations and maintenance.



Personally, I have three children, all professionals in their own right. My eldest daughter is a Recreational Medicine Practitioner in California, second oldest daughter is a Landscape Architect in British Columbia, and my son is a naval officer in the Royal Canadian Navy. Although I cannot take credit, I am proud of them all. My hobbies include my participation as a volunteer physical fitness trainer in local community and sports activities. Don't even get me started on going "jeeping" on the Cascades Mountain trails/roads!

BANK STABILIZATION AND BEACH NOURISHMENT

Department of Natural Resources

The Samish Indian Nation will restore 550 feet of eroding shoreline with an engineered soft shore stabilization project; protect an archeological site that is in danger of eroding onto the beach; provide habitat for forage fish spawning along with vegetation for shade of habitat; and restore the shoreline along the Tommy Thompson Trail in Anacortes that is currently being impacted by erosion. This area lies to the west of the Tribally owned Fidalgo RV Park and also includes Tribal property on the far west end.



On September 1, 2009, work began with Shoreline Excavation and Construction Inc. on this project. The project was monitored for archeological requirements by Equinox Research and Consulting International Inc. (ERCI). The permitted project design was completed by Tom Slocum, Skagit County Conservation District and Coastal Geologic Services Inc. Project oversight was completed by Christine Woodward, Director of Natural Resources, and Diana Barg, Cultural Resources Manager. This project took approximately 6 weeks to complete.

Close to 30 concrete cylinders and numerous angular, remnant rip rap, were removed from the beach. Jute fabric from a prior project was largely in a state of rot so was removed when it was encountered. Some areas of mat were left so as not to disturb the soils and bank. Two sections of large 21" concrete storm drain from the far west side were removed and a scour apron was constructed. It is now a day lighted gradual seep across the beach entering Fidalgo Bay. We also installed 8 large root wads one end facing bank and other the Bay with a 25-30' long log in the middle. These were placed at designated locations according to the project plan, to interrupt along-shore transport of gravel. Each log is chained to an ecology block buried into the beach.

1475 tons of 3-3.75" rock was placed as the base of the new beach. This was followed with 375 tons of pea gravel and a final layer of 132 tons of washed sand. Once the path was built, a smaller tracked cat was brought in to transport material. One of the biggest time factors was waiting for the delivery of beach material and having to work around the tides. There were many early mornings and late evenings and some days no work at all due to this. There were several voids in the bank mainly under the larger trees and trees that had been removed, that took a substantial amount of rock to fill. Our biggest void was 14' long! When the first layer of rock was in place, we found we needed more rock. This was mainly due to the fact that more bank was lost since the actual project plans were accepted four years earlier. We had to secure additional funds for delivery and placement of 5 more loads of rock. This added close to \$5000.00 in project costs. Planting of new native vegetation will take place in



early spring with dune grass; 10-15 trees and a varied assortment of shrubs will stabilize the bank and provide shade for forage fish. During the six weeks working on the job there were 1000's of people walking, jogging, wandering and riding bikes on the trail that we had an opportunity to talk with about the work that was being done at this site. The educational component for the public has been enormous. Questions ranged from building a bulkhead to construction of a marina. Being onsite allowed for the interface with the public about what work was being done and how the trail they were using will be secure and that habitat for forage fish is being enhanced. It also gave us the venue to share the importance of this type of cooperative effort in Fidalgo Bay and how everyone wins with the work being done.

SAMISH COLLECTIONS ACCESS AND REVITALIZATION PROJECT



By Diana Barg, Cultural Resources Program Manager, Cultural Resources Department

The Cultural Resources Department currently manages three collections and provides access to tribal members, the community and students. The collections are used to enhance and preserve the Samish culture, aid Samish programs, and assist the tribal administration with informed decision making. The collections are comprised of Archives, Object, and Education Collections. As the Department and collections have grown, care of the Object Collection has begun to receive more attention, but a lack of training and funding has delayed progress towards creating museum standards in our facility and creating new exhibits and displays. The Object Collection includes archaeological artifacts and samples produced during excavations, donated objects, contemporary art and craft items made by Samish members and other northwest coast items. The creation of a Collections Management Policy and a needs assessment has moved us further towards our goals of achieving better standards for the collection.

In October the department was awarded a grant in the amount of \$45,877.00 from the Native American/Native Hawaiian Museum Grant Program of the Institute of Museum and Library Services. The Institute of Museum and Library Services is the primary source of federal support for the nation's 123,000 libraries and 17,500 museums. The Institute's mission is to create strong libraries and museums that connect people to information and ideas. The Institute works at the national level and in coordination with state and local organizations to sustain heritage, culture, and knowledge; enhance learning and innovation; and support professional development. To learn more about the Institute, please visit www.imls.gov. The Native American/Native Hawaiian Museum Grant Program funds a variety of activities and services, including those that support the educational mission of a museum; build the skills and knowledge of individuals who provide museum services; or improve museum services, such as disaster preparedness, strategic planning, improvement of technology, collections care and management, and hiring of staff. This year we were one of 22 applicants who were awarded funds from the Native American/Native Hawaiian Museum Grant Program. The program awarded a total of \$1,028,035.00 in grant money to the 22 grant recipients.

The grant project has allowed us to hire Paragon Research Associates of Seattle, Washington to assist in collections rehabilitation, cataloging, and training. To learn more about Paragon Research Associates, please visit <http://paragonresearch.net>. The initial stage of this project will consist of reprocessing collections to meet museum standards. We will also be administering a survey asking what you would like to see in a display. As the initial phase of the project is completed, relevant object information and photographs will be entered into a museum database. The last phase of the project is the production of an exhibit and informational pamphlet. The goals of a new exhibit are to showcase objects owned by the Tribe, train staff in museum exhibition and care, and expand opportunities for the public and tribal community to learn about the Samish.

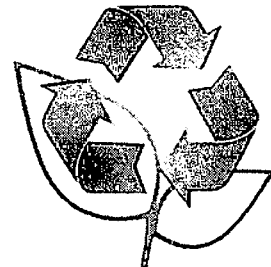


This project will result in several tangible outcomes including: 30 cubic feet of material from the Object Collection reorganized, properly stored and cataloged, a new exhibit, an exhibit pamphlet, and a procedures manual. Staff will receive training on the proper methods for care, processing and display of the collections, allowing us to sustain the procedures into the future. This project is made possible by a grant from the U.S. Institute of Museum and Library Services

**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404**



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Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

OFFICIAL NOTICE OF TRIBAL COUNCIL ELECTIONS

Tribal Council Elections are to be held on June 27, 2010.

IF YOU WOULD LIKE TO RUN FOR OFFICE YOU MUST MEET THE FOLLOWING REQUIREMENTS:

1. Be an enrolled member of the Samish Indian Nation; and
2. Be 21 years of age or older on the annual General Council Meeting; and
3. Have resided in the State of Washington for at least one year immediately preceding the election; and
4. Be the only member of the household who is running for office in this election or any subsequent election

On a form to be provided by the Election Board, you must file a statement of candidacy and a petition signed by ten (10) enrolled members of the Samish Indian Nation who are eligible to vote with the Election Superintendent no later than May 13, 2010 at 4:00pm, at Samish Indian Nation 2010 Election Office, 1155 North State Street, Suite 612, Bellingham, WA 98225.

Candidacy Forms can be picked up at:

Samish Tribal Office

2918 Commercial Avenue Anacortes, WA 98221

Or Candidacy Forms can be mailed or e-mailed to you by the Tribe's independent third party election firm, Cornerstone Strategies, Inc., by contacting:

Samish Indian Nation 2010 Election Office

1155 North State Street, Suite 612 Bellingham, WA 98225

Call Toll free at (888) 734-2720 or email at gregw@cstonestrategies.com

Candidates may also submit a statement not to exceed 300 words (photo optional) at the same time they submit their statement of candidacy. The statement and photograph will appear in the voter pamphlet. Candidates may run for one position on the Samish Tribal Council. The following offices will be up for election.



POSITIONS UP FOR ELECTION

- Vice Chairman 4 year term
- Treasurer 4 year term
- Council member #7 4 year term



Election Timeline

Declaration of Candidacy Forms Available	April 9, 2010
Candidacy returned to Election Superintendent	May 13, 2010
Voter Pamphlet mailed to registered voters	May 24, 2010
Requests for Absentee Ballots	May 24, 2010
Mailed Absentee Ballots Must be Received by 5:00pm	June 26, 2010
Polls Open (8:00am to 12:00pm)	June 27, 2010
All Ballots Counted	June 27, 2010
Election Superintendent Certifies Election & Post Results	June 27, 2010
New Council Members Seated	June 27, 2010

SAMISH TRIBAL ELECTION

Registered voters may vote in person at the General Council Meeting on June 27th, 2010 or request an absentee ballot. Voters who received an absentee ballot for the 2008 election will automatically receive an absentee ballot for this election. **It will be delivered to the address that is currently on record with Tribal Enrollment.** If you are a registered voter and did not receive an absentee ballot during the last election, an absentee ballot may be requested in writing, or by phone, fax, or email.

A written request for an absentee ballot should be sent to:

**Samish Indian Nation 2010 Election Office
1155 North State Street, Suite 612
Bellingham, WA 98225**

If the member wants to request a ballot be sent to a different address or desires to change the address, the new address should be included in the ballot request. The member requesting a change of address must also indicate if the address change is for one election or a permanent change. **All requests for change of address must be signed.**

If you would like to request a ballot by email, send your request to gregw@cstonestrategies.com. If you would like to fax your request you may fax it to (360) 539-0006.

Absentee ballots must be returned by mail or be delivered to the election committee no later than 5:00p.m., June 26th, 2010. The Election Committee must receive hand-delivered ballots no later than 12:00p.m. June 27th, 2010. If you have any questions about the election or voting please call the toll free election information line at (888)734-2720

YOU MUST BRING A PHOTO ID WITH YOU IN ORDER TO VOTE IN PERSON AT THE GENERAL COUNCIL MEETING ON June 27th, 2010.

ATTENTION SAMISH TRIBAL MEMBERS

Lisa Weber, Election Superintendent

Volunteers Needed for the election committee

Samish Election Ordinance states that:

Election Board members shall each serve for three (3) years from the date of appointment and may be removed only for cause. No person shall be appointed who is currently holding office, who resides in the household of one who holds elected tribal office, who plans to be a candidate in any election during his or her term of service, or who resides in the household of a current Election Board member who files as a candidate. Such a Board member shall be disqualified from serving and a substitute appointed in his or her place, as set forth in this section.

Contact:

If you are interested in being a member of the election committee please send an email to: samish@samishtribe.nsn.us or call our office at (360) 293-6404 or toll free at (877) 711-8896. All requests will be forwarded to the Election Superintendent, Lisa Weber.

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Letters to the Editor reflect the opinions of the writer only and are not statements of Tribal Policy.

SAMISH WEBSITE

www.samishtribe.nsn.us

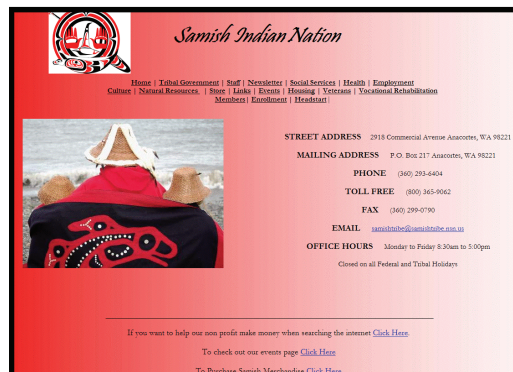
Members Only Section

The site has a private events page just for Tribal members that provides information to members that we won't be posting on our public events page. This password protected area will also contain informative documents like our constitution, council meeting minutes, and newsletters.

To get into this Members Only area you will need to click on the **Member's** tab and you will be prompted for your:

USERNAME: Your enrollment number in a 5 digit format
Example: Enrollment number 123: 00123

PASSWORD: Your last name.
Example: John Smith: smith



MESSAGE FROM COUNCIL MEMBER GARY HATCH

Hello my fellow Samish. I just wanted to take a moment to share with you my experience in joining the Samish oral history meeting held at our Fidalgo Bay RV Park recreation Center the 20th of February. While only a few people were able to attend I found the experience to be very much worthwhile. We were all able to share some of our own family history and meet a few new members of our Nation. Leslie Eastwood our General Manager and Rosie Cayou our cultural leader facilitated the session which lasted approximately four hours. We were all given the opportunity to ask questions about our Tribe and some of the cultural activities. For example we discussed the Winter Dance/Treaty Day celebration, burnings, Samish traditions, and just anything that a member was curious about learning about or sharing with the other attendees. It is my understanding that more of these oral history sessions will be held in the future and announced in the news letter and on the web site. What made this an enjoyable experience for me and several of my family members was just being able to sit around in a circle and talk with other tribal members. Some great history was shared and I believe some new relationships formed. I would encourage anyone who is curious about any of our cultural events or Samish history to attend one of these sessions. I would also encourage you to bring a list of any questions you may have with you. Best regards and I hope you are all in good health and spirits.

ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Lydia Anderson	James Barrett	Lloyd Barrett	Lyle Barrett
Shane Barrett	Jessi Black	Jessica Blackinton	Lisa Bleeck
George Bob	Lacey Brunner	Gerickah Charlie	Kristin Dunlap
Carolyn Edwards	Timothy Edwards Jr.	Michelle Foster	Darlene George
Katherine Graves	Michael Guthrie	Heidi Hawkins	Theo Hawkins Jr.
Debra Higgins	Laura Hovland	Marcy James	Terry Jones
Victoria Lindsay	Patricia Kavanaugh	Shelbie Lucy	Charlotte MacDonald
Jennifer MacDonald	Kurtis MacDonald	Winnifred Marchand	Heather McIntosh
Leann Mitchell	Julie Moore	Cassandra Myler	Justin Penter-Phillips
Bryan Perry	Skyler Ransier	Delilah Redden	Richard Ritter Jr.
Juliette Scates	Colleen Scheel	Jo-Anne Smith	Wesley Smith
Robin Spivey	William Steele	James Thomas	Braeden Thompson
Tyler Thompson	Ada Torres	Shelly Wade	Bernie Wills
Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood	Victor Munderwood

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. We will accept P.O. Box but you **MUST ALSO HAVE A LEGAL RESIDENCE.**

If your present card does not have a photo on it please send a photo along with the request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database.
Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

UPCOMING CULTURAL CLASSES and EVENTS

TRADITIONAL FOODS

DATE: April 17th, 2010
TIME: 10:00AM to 3:30PM
LOCATION: Fidalgo Bay Resort and RV Park Clubhouse
4701 Fidalgo Bay Road Anacortes, WA
CONTACT: Jan Flagg (360) 293-6404 x106

Make your very own nettle soup, tea's, and many more traditional foods. All classes will include lunch!

MAKE YOUR OWN CANOE PADDLE CLASS

DATE: May 14, 15, and 16, 2010
TIME: 10:00am to 4:00pm
LOCATION: Samish Native Art Gallery
708 Commercial Avenue Anacortes, WA 98221
CONTACT: Jan Flagg (360) 293-6404 x106

This class is limited to 10 people so please sign up early. Start time is at 3:00pm on Friday May 14th.

SAMISH CULTURAL DAY

DATE: June 26, 2010
TIME: 10:00am to 5:00pm
LOCATION: Fidalgo Bay Resort Clubhouse
4701 Fidalgo Bay Road Anacortes, WA
CONTACT: Jan Flagg (360) 293-6404 x106

GENERAL COUNCIL MEETING

DATE: June 27, 2010
LOCATION: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA
TIME: 9:00am

MAKE SHAWLS FOR GIVEAWAYS and SLA HAL (Stick Games) CLASS

DATE: July 17, 2010
TIME: 10:00am to 3:30pm, Lunch will be served
LOCATION: Samish Head Start and Child Care Center
1618 D Avenue Anacortes, WA
CONTACT: Jan Flagg (360) 293-6404 x106

ORAL HISTORY CLASS

DATE: August 21, 2010
TIME: 10:00am to 4:00pm, Lunch will be served
LOCATION: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA
CONTACT: Jan Flagg (360) 293-6404 x106

CAMP SAMISH

DATE: August 25-29, 2010
LOCATION: Camp Kirby
CONTACT: Benjamin Jojola (360) 899-5282 extension 103
LINK: www.campkirby.org

BUSINESS OWNED BY TRIBAL MEMBERS

KAILEY C. PENTER INTERIOR DESIGNER

22120 SE 251ST CT.
MAPLE VALLEY, WA 98038
(206) 227-0413
KAILEY.PENTER@GMAIL.COM

Fidalgo Bay Resort



Samish Discounts
RV Sites & Convention Center
50% off anytime

Free Weekends
for Samish Members are:
General Meeting & Cultural Day
Canoe Journey, Fall Cultural Day
& Health Fair

Tribal Card Required

4701 Fidalgo Bay Rd, Anacortes, WA
1-800-727-5478

Owned & Operated by the Samish Indian Nation



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

16843 South Copley Court • Oregon City, OR 97045-7328



(503) 631-3365

www.OregonCityQuilter.com



VERIZON WIRELESS DISCOUNTS



Verizon Wireless no longer offers discounts to all members of Samish Tribe as of January 2010. If you currently receive the Verizon wireless discount, you will still receive it. Verizon Wireless will not be removing the discount from your account.

Rhonda's Child Care, Licensed Daycare



Rhonda Colburn
USDA Food Program
859 South 80th Street
Tacoma, WA 98408
Phone: (253) 473-4183



ALLEN-BRADBURY CONSTRUCTION, L.L.C.
Accountable Building Contractors

901 Algona Blvd. North, Suite A
Algona, WA 98001
Phone: 253.218.2288
Fax: 253.218.2292
michaelj@allenbradburyconstruction.com

BUSINESS OWNED BY TRIBAL MEMBERS

In 1985 Dan Hatch and Jeff LaLone, long time employees of The Everett Boathouse, assumed ownership and the business has grown based upon a solid reputation of sales, service and dependability. Customer service is our #1 priority and we look forward to the opportunity to be your marine service provider.

OUR SERVICES INCLUDE:

BOAT BROKERAGE: We sell quality used and consigned powerboats and motor yachts. check out our inventory often as things can change daily. If you need to sell your boat give us a call we will be glad to give you an estimate of it's value and even sell it for you.

SERVICE: Factory authorized and trained technicians for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo. We service most major brands of outboard, inboard/outboard and inboards. We do major repowers, engine and outdrive rebuilding, general servicing and trouble shooting. We pride ourselves in using OEM parts whenever possible.

PARTS: We stock original equipment parts (OEM) for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo, along with many engine and boat accessories. If we don't have it in stock we'll find it for you. We ship UPS daily.

STORAGE: Now open for business is our state of the art new dry stack system for boats up to 36' LOA

1111 Craftsman Way Everett, WA 98201 (425) 252-3088 www.baysidemarine.com



 Law Office of
Erik P. Kaeding

Law Office of Erik P. Kaeding
Owner/Attorney: Erik P. Kaeding
25028 104th Avenue SE
Kent WA 98031

Providing experienced criminal defense services
to King and Pierce Counties for over 15 years.

Phone: (253) 850-8430
Email: kaedinglaw@hotmail.com
Website: www.kaedinglaw.com

**If you would like to advertise your business in
the Businesses Owned by Tribal Members,
please call Nicole Tesch at
(360)293-6404 extension 110 or email her at
nherman@samishtribe.nsn.us**

ONLINE MAGAZINE

www.nativeliteratures.com

Native Literatures: Generations
Publishing literature of substance and
consequence

NLG is dedicated to providing a global forum for original works of literature by writers from the indigenous nations of North America and Hawai'i. Their goal is to support writers in their endeavors by offering a venue linking them with new audiences and potential publishers. Moreover, our magazine is designed to generate funds to provide financial support for writers through scholarships for their studies or for specific writing projects. NLG is a quarterly, with content accessible online for three months with rights reverting to authors thereafter. For subscribers, there is an initial, first-year rate of \$25.

NEW EMPLOYEE

Hello to my Samish family. My name is Jenna Strand, and I am thrilled to be home and working as your new Compliance Officer. I look forward to ensuring that our grants are operating within budget and are in compliance with their funding sources' requirements. As a proud Samish member, I am acutely aware of how essential our grants are to our success as a Nation, and how many of our members rely upon programs funded by our grants. I want to thank you all for giving me this opportunity to serve my people and assure you that I will work every day on your behalf.



CONGRATS SAMISH!



KYLE ROGERS

Western Washington Sheet Metal JATC would like to thank all the apprentices who will be representing them in the first Unified Apprentice Contest to be held March 16 and 17, 23010 in Las Vegas, Nevada. Our Samish Member Kyle Rogers was selected by the DuPont training center to compete in the field of HVAC. This competition will bring over 500 apprentices from the United States and Canada together for one big event. In addition to the competition the Sheet Metal Workers International Association, SMACNA and International Training Institute will be hosting mandatory workshops for all apprentices participation. Best of luck to you Kyle!

JACOB MOORE

Jacob Moore has been chosen as 8th grade citizen of the Month. Our theme for November is Most Helpful/Polite and this student exemplifies the theme.

Jacob is a teacher assistant in the building and is eager to help anyone who asks. He is always polite to teachers and fellow students. We are proud to have citizens like Jacob at Ford Middle School!"

He was not presented this award until late January 2010 and that is a picture of him (Jacob) with his Principle. Jacob is a member of Samish Indian Nation and 13 yrs old and the Grandson of former Council member Billie Jo Settle.



SAMISH GALLERY OF NATIVE ARTS

“Come to Our House”

Celebration December 5th, 2009 for Samish Gallery of Native Arts

GoSkagit.com

ANACORTES, Washington

A ceremony celebrating the opening of the Samish Gallery of Native Arts was scheduled Dec. 5, 4-6 p.m., at 708 Commercial Ave., Old Town Anacortes.

The Samish Indian Nation invited the public to the celebration; refreshments were served. Featured artists include William Bailey, Upper Skagit; Marvin Oliver, Quinault/Isleta Pueblo; Kevin Paul, Swinomish; Shaun Peterson, Puyallup; Susan Point, Musqueam; and Israel Shotridge, Tlingit.



“Samish Gallery of Native Arts was developed for three distinctive purposes,” Samish Councilman Dave Blackinton said. “To provide a showcase for Native artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style, to serve as a support for the Samish Tribal Vocational Rehabilitation Program whereby the gallery and staff will offer an encouraging and supportive environment for work experience for vocational rehabilitation clients, and to provide the community with the opportunity to learn about and appreciate Native culture and art.”

The gallery location is significant: It was the location of Samish-owned Potlatch Gifts in the 1980s-90s, one of the earliest showcases of Susan Point’s works. On exhibit Dec. 5 was be several of Point’s earliest serigraphs that were exhibited at Potlatch Gifts: “Captive Maiden” (1983), “Man and Thunder Lizards” (1986), “Snow Owl” (1986), “Spirit of a Warrior” (1986).

These early Point serigraphs are significant. In 1981, when most Northwest Coast Native artists were working in the formline style of this region, Point studied art designs on Coast Salish artifacts – like combs, mat creasers, rattles and spindle whorls—to draw out the language of Coast Salish design and bring it to life in her artwork. These serigraphs are early examples of this pioneering work.

Samish Gallery of Native Arts is an enterprise of the Samish Indian Nation, whose historical territory includes southeast San Juan Island, eastern Lopez Island, and Blakely, Cypress, Fidalgo, Guemes and Samish islands. Samish also owns Fidalgo Bay Resort on Weaverling Spit.

Samish has long used public art to tell the story of the history of this area. Samish public art includes house posts at its offices at 2918 Commercial Ave.; a welcome pole at Fidalgo Bay Resort; and a 24-foot carved likeness of Ko-kwal-al-woot, a Samish woman who married a sea being to guarantee salmon runs for her people. The statue is located in Deception Pass State Park.

SAMISH HEALTH AND WELLNESS GATHERING 2010

Samish Health and Wellness Gathering 2010

Diabetes and Healthy Heart Conference

April 10, 2010

9:00 a.m. to 3:00 p.m.

Fidalgo Bay Resort Clubhouse
Anacortes, Washington



ALL NEW PROGRAM!

Healthy Food Secrets - Weight Loss Strategies - Easy At-Home Exercises
Plus: How to Deal with Everyday Stress!

Free Health Screenings: Now Extended to Include Afternoon Walk-Ins!
(Call for Reservations*)

Free Therapeutic Massages (Call for Reservations*)

New Health Fair Exhibits!

Gourmet Catered Buffet Lunch!

Free Conference Tote Bags Filled With Health and Wellness Products!

Enter to Win \$100 Cash and Gas Gift Cards!

Plus: Door Prizes, Raffles and More!



Fidalgo Bay Resort RV Sites:
Free to Samish Tribal Members
Friday April 9th and
Saturday April 10th
To Check for Availability
Call 360-293-5353

This is a Free Event Open to Samish
Family, Friends and Relatives!

****Reservations are Required For Health Screenings and Massages.***
Please Contact the Samish Indian Nation Diabetes Program:
1-877-470-8737 Ext. 107

SAMISH TOTEM WILL HELP FUND TRESTLE RESTORATION

Elaine Walker | Anacortes American
January 15, 2010

A traditional Samish totem or story pole carved from a Heart Lake cedar tree will help the community heal itself and the fire-damaged Tommy Thompson trestle, said carver Tsul-ton.

“It will be entitled ‘The Healing Pole,’” he said. “It’s not going to replace what we had, but sometimes we need to find a place where we can start to heal.”

The pole will be crafted by Samish carvers and sculptor Tracy Powell, said Rosie Cayou, a Samish cultural development coordinator. It will be auctioned to raise money for trestle restoration.

Cayou and Tsul-ton live at the tribe’s Fidalgo Bay RV Park and were there when the fire destroyed the center of the trestle. Cayou said Tsul-ton was one of many hurt by the fire.

“He could feel the fire inside of him. It destroyed a part of him,” she said.

Jon Lunsford, manager of the Anacortes Community Forest Lands, offered the downed tree to the Samish Indian Nation. A large crew of city workers hauled the 26-foot cedar to the Samish Gallery of Native Arts downtown, and maneuvered it into Tsul-ton’s studio in the back.

“It comes together in a spiritual style. It’s almost a protocol of how the figures are presented on a totem or a story pole,” he said.

Tribal members will pray over the log.

“It has a life. You can feel the energy coming off the cedar,” he said.

The pole will reveal itself to the carvers: “This is what I look like. It will show me. We have to be accepting,” he said.

Community members are welcome to watch the carvers at work. Cayou said school groups will be invited. Its final destination is unknown. “It could end up next to the trail. It could go to a home somewhere else,” Tsul-ton said. But he said wherever it is, the pole will still be standing in 500 years, and the good created with it will remain. “That blessing and that healing will still be here in this area,” he said.



Member of the Samish Indian Nation and city employees maneuver a 26-foot cedar log into a wood shop behind the Samish Gallery of Native Arts on Thursday. Samish carvers and Tracy Powell will use the log to create a healing story pole, which will be auctioned to help pay for repairs to the Tommy Thompson Parkway. Photo is by James Mountain Chief.

HEALTH NOTES

Pharmacy tips to save you money:

If you are obtaining long term medications (that will be taken for more than one month) Samish CHS clients must use our mail order pharmacy, Bellegrove. Some clients have been exempted from using Bellegrove if their coverage requires them to use a different network pharmacy (for example, Group Health).

If you are obtaining a short term medication from a retail pharmacy, you MUST show them the NWPS sticker on the back of your tribal ID card. This will give you a discount. When you submit the retail receipts to NWPS for your reimbursement, you will only be reimbursed the discounted amount. If you do not show the NWPS sticker, and you pay full cash price, you will still only be reimbursed the discounted amount.

When you are obtaining short term medications as above, you will only have 3 months to submit receipts. Receipts older than three months will not be reimbursed.

What to do if you get a medical bill that you thought CHS was covering:

Sometimes you may receive a bill, and you thought that CHS would be covering the service. When this occurs, most likely CHS has NOT been billed. You must do two things at this point:

1. Call the provider (doctor's office, hospital, lab, etc) and make sure they have the information about your Samish CHS coverage, as well as any other insurance you may have. Any other insurance is always primary over CHS.
2. Forward the bill to CHS....assume we have not received it, and when we get your copy we can begin the follow-up process for you.

If you ignore bills that you receive, you run the risk of those bills going to a collection agency. Once they are at that stage, we cannot help you.

Veterans benefits are worth applying for

A person who served in the active military, naval air service, National Guard called to active duty, Coast Guard, NOAA, Public Health Service Commissioned Offices and others , are eligible for some VA benefits. Entry into the system starts with applying for enrollment. This can be done by going to www.va.gov then on the right side of the home page, find " Enroll/update medical benefits(10-10EZ) " You can apply on line, or print off the form, complete it and mail it in. It is important that you ENROLL now, even if you do not use any benefits right away.

There may be benefits to you such as hearing aids, eyeglasses, low-cost medications; there may be housing assistance, educational benefits, long term care, hospitalization, dental, counseling, home improvements and more. The specifics fill a book over 150 pages long. But it all starts with Enrollment. Enroll now. You may be very glad later.

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

P.O. Box 919
Anacortes, WA 98221



Phone: (360) 899-5454

Toll Free Phone:
(877) 470-8737

Joanne Liantonio
extension 108
jlantonio@samishtribe.nsn.us

Erin Soucy extension 105
erinsoucy@samishtribe.nsn.us

HEALTH AND HUMAN SERVICES OPEN HOUSE



PHONE

(360) 899-5282

FAX

(360) 299-4357

OFFICE HOURS

Monday to Friday
8:30am to 5:00pm

TOLL FREE:

Tribal Administration: (877) 470-8737

HEALTH AND HUMAN SERVICES BUILDING OPEN HOUSE

DATE: April 9, 2010
TIME: 4:00pm to 6:00pm
LOCATION: 1809 Commercial Avenue Anacortes, WA 98221
CONTACT: Joe Ruiz (360) 899-5282 x 109

The Health and Human Services Building is having an open house to show off the building and present our programs to the community and coworkers.

April is "ALCOHOL AWARENESS MONTH"

Alcohol is the most abused substance; it is legal, easy to obtain, relatively inexpensive and plays a prominent role in our society. There are many people that abuse alcohol that do not suffer long term health effects, legal issues, relationship or job related problems and/or alcohol dependence. Abuse of alcohol may look like: teenagers sneaking drinks before a football game, college kids at a frat party, a professional having drinks at the end of a long day, a pregnant woman having drinks that may affect her unborn child, elders that drink when they are feeling lonely, holiday drinkers and people that have a few drinks to be sociable. SAMSHA (Substance Abuse and Mental Health Services Administration) reported that about 57.8 million people, over the age of 12, binge on alcohol in a month. Alcohol Abuse can, and often does, lead to Alcohol Dependence. April is a good time to become aware of your alcohol use.

Ask yourself:

- Do you drink when you are sad or angry?
- Does your drinking ever make you late for work or less productive at work?
- Does your drinking worry your family or friends?
- Do you ever drink after telling yourself you won't?
- Do you ever "blackout" or find that you can not remember what you did while drinking?
- Do you have hangovers?

These may be indicators that you have a problem with alcohol. If you feel you, or someone you know may have an alcohol or other substance abuse problem please call and arrange an appointment with our Chemical Dependency Professionals, Jim Straight/Cleo Harris. We can assist you in determining what your needs are.

SOCIAL SERVICES NOTES

SAMISH INDIAN NATION HOUSING DEPARTMENT

HOME and HOUSING IMPROVEMENT PROGRAMS

The Samish Indian Nation Housing Department would like to inform Tribal members of the availability of Home and Housing Improvement Programs. Currently we have the Home Repair Assistance funded under HUD program and the Bureau of Indian Affairs' Housing Improvement Program. Highlights of both programs are noted below.

Home Repair

Home Repair Assistance is a one-time loan to a qualified tribal member. This program also provides homeowners a way to repair specific substandard housing conditions and safety to those who are physically disabled. The Housing Department will have an inspection done to assess what repairs need to be done and in what order. To qualify, a tribal member must be low income, and complete an application. Before an applicant can be placed on the list they must submit all the required information with their application to the Housing Department. Application forms can be downloaded from your computer or contact the Housing Department.

BIA Housing Improvement Program

The Housing Improvement Program is a safety-net program that provides grants for the cost of services to repair, renovate, replace, or provide housing. The program provides grants to the neediest of the needy Indian families who live in substandard housing or are without housing and have no other resource for assistance. Eligibility to the Housing Improvement Program includes: member of a Federally recognized American Indian tribe or Alaska Native village; live in an approved tribal service area; annual income does not exceed 125 percent of the Department of Health and Human Services poverty income guidelines; present housing is substandard; meet the ownership requirements for the assistance needed; have no other resource for housing assistance; not received assistance after October 1, 1986, for repairs and renovation, replacement or housing, or down payment assistance; and did not acquire present housing through participation in a Federal government-sponsored housing program that includes provision for the assistance referred after October 1, 1986. Contact the Housing Department for an application form.

Related Home & Housing Improvement/Repair Services

The Indian Health Services has provided the Tribe with applications for Site Sanitation and Sewer Development. Through this service a qualified and eligible tribal member can have a new well for your home site, a new or repaired septic tank, drain field, or hookup to a sewer system.

HOUSING IMPROVEMENT PROGRAM

The Housing Department is now accepting housing assistance application for Housing Improvement Program from qualified tribal member families. The Housing Improvement Program is a safety –net program that provide grants for the cost of services to repair, renovate, replace, or provide housing to code and appropriate building standards. The program provides grants to the neediest of the needy applicants who have no other resource for standard housing assistance.

Tribal members are invited to contact the Housing Department, Samish Indian Nation at (360) 899-5282 for more information.

Contact

Samish Indian Nation
Housing Department
(360) 899-5282

EARNED INCOME TAX CREDIT



It's YOUR Money!!

**File a Tax Return to Claim the Benefits you EARNED
Earned Income Tax Credit and the Child Tax Credit**

For the Earned Income Credit, if you have:

1 child
2 children
3 or more children
No children

Earned income less than:

\$35,463
\$40,295
\$43,279
\$13,440

You get up to:

\$3,043
\$5,028
\$5,657
\$457

For the Child Tax Credit , if you have:

1 or more children

Earned more than:

\$3,000

You get up to:

\$1,000 per child

Note: income limits for married workers are \$5,000 higher

SAVE YOUR MONEY

Use a volunteer Income Tax Assistance Site

To find a FREE tax preparation site dial 1-800-829-1040

in **Washington State dial 211** and ask for a number for a free tax preparation site

MENTAL HEALTH WELLNESS PROGRAM

I hope you are all getting through this winter ok. At this writing, we have not had much to complain about, weather-wise, but I am always looking forward to Spring, my favorite time of the year.

I enjoy these very nice meditations as a thought for the day . They are provided by White Bison and here is an example of one.

You can subscribe to this free of charge and you will receive a different meditation each day on your computer. Their website is provided below. Best Wishes, Judy Lavallee

Elder's Meditation of the Day

"The ground on which we stand is sacred ground. It is the dust and blood of our ancestors."--Plenty Coups, CROW

Mother Earth is the source of life and the place all life returns to. She gives us life. She feeds us through our journey and she waits for us to return to her. The Indian way is to recognize the earth as the place of our ancestors. That is why certain places on earth are considered sacred areas and sacred land; this is the place of our ancestors. We all need to reflect upon the earth, the place where our ancestors lived. We need to have love and respect for the earth.



**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404**



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Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

CERTIFIED ELECTION RESULTS SAMISH NATION ELECTION JUNE 27th, 2010

VICE CHAIR

Tim King 196 VOTES

TREASURER

Jan Flagg 74 VOTES
Tamara Rogers 149 VOTES

COUNCIL POSITION #7

Dan Blackinton 55 VOTES
Janet Castilleja 58 VOTES
Gary Hatch 87 VOTES
Dorothy Hill 24 VOTES



SAMISH ELECTION SUMMARY



This year more Samish voted in our bi-annual election than in the past years. Approximately 237 absentee ballots were sent out and 148 absentee ballots were returned. That means 62% of the Samish that received an absentee ballot returned their ballot to the election office! On Election Day 76 Samish voted in person.

Once again, Greg Winter, from Cornerstone Strategies, Inc., coordinated the logistics of the election. All absentee ballots are sent out to tribal members that requested them, by Cornerstone Strategies. Greg worked with Samish volunteers and

myself on Election Day handing out and collecting ballots.

When the election was over Greg, one more employee from Cornerstone Strategies, four additional Samish members and I, open absentee ballots and counted them along with ballots casted on Election Day. This year a special thank you to theses tribal members who helped with the ballot counting: Emily Baker, Sarah Boersema, Suzanne Saks, and Billy Jo Settle.

Thanks to all of the candidates who ran for office! I hope participation in 2 years includes more people running for office and more people voting.

Lisa Weber, Samish Superintendent of Elections

2010 GENERAL COUNCIL MEETING

Our annual meeting this year was a great success. The elections went well and on time, and I am happy to say that we have the council members returning for another term. This tells me as a whole our general council is happy with the way Tribal council has been conducting our nation's business. Our Treasurer, with the help of our comptroller, went over our audited financials. This is exciting as we have not been able to deliver audit numbers to the membership at our June meetings before. It's Tribal Council's intent to have our audited numbers available every year at our annual



meetings. Our legal counsel went over our law suits, delivering the bad news on our off-reservation treaty fishing rights. At this time I hope you have all heard that late last year we had our last court date in front of the ninth circuit court of appeals in San Francisco, California. A panel of eleven judges heard our case and the United States and opposition tribes arguments. The bottom line is that too much time had passed and too many sub proceeding in US vs. Washington have happened. The diction has brought closure to this portion of our history. The good from this decision is that we will now be able to pursue our remaining treaty rights. Our claims case is at the point of appeal and will be heard and decided later this year.

I had the honor to present our five year strategic plan to our general membership. Tribal council has made its focus the health and welfare of its members a priority. To do this our nation must continue to look for economic development opportunities. The focus of the next five years will be the compacting opportunities the tribe has with the State of Washington, Gaming, fuel sales, liquor and cigarette sales. Another facet of our strategic plan is to focus on our RV Park. A consultant was brought in to review the park and to give guidance to make the park more economical viable and stable.

The best news I have saved for last, as I hope you all know that we have been working with the Washington State Parks Department for the last four and a half years to transfer title and ownership of one our historical Islands, "Huckleberry" I am very happy to say the week before our annual meeting this became a reality! Council, staff and contractors worked hard to make this happen and prevailed through a last ditch effort from our neighbors attempting to stop and stifle our efforts.

These are the highlights from this year's meeting, for those who were unable to attend. For those who did attend, thank you for coming and voting and sharing your thoughts at the discussion session of our meeting. My hope is that you are informed, engaged, and had time to visit with old and new family and friends.

Hy' Iska Si'am
Tom Wooten Chairman

HUCKLEBERRY ISLAND TRANSFERRED TO THE SAMISH INDIAN NATION

ANACORTES, WA, JUNE 24, 2010:

The Samish Indian Nation is pleased and excited to announce that on June 24, the Washington State Parks and Recreation Commission approved by a 6 to 1 vote the transfer of Huckleberry Island to the Samish Indian Nation. Huckleberry Island is located in Puget Sound north of the city of Anacortes and adjacent to Guemes Island. It is situated in the center of the Samish Nation's traditional territory, and is approximately four miles from Samish Island, the site of the tribe's largest historical village.

As the new steward of Huckleberry Island, the tribe is committed to maintaining public day use access to the island, which is frequently visited and explored by boaters and kayakers. The Samish Nation intends to develop an inventory of plant species on the island, and assess the impacts of invasive species.

The news of the Parks and Recreation Commission's decision caused celebration in the Samish community:

Tribal Chairman Tom Wooten declared, "After 5 years of vigorous work on this endeavor, the Washington State Parks Commission has made a wonderful decision to transfer Huckleberry Island back to the Samish Indian Nation as part of our Homeland." He continued, "On behalf of the Samish Indian Nation, I would like to thank the Washington State Parks Commission for acknowledging the cultural basis and long history of our connection with Huckleberry Island. The Tribe intends to make it a place where the people of Washington State can go to enjoy and appreciate the history of this beautiful island."

Tribal attorney Craig Dorsay concurred, "This decision reconfirms the long-standing positive relationship between Washington State Parks and the Samish Indian Nation."



HOUSING DEPARTMENT UPDATE

The Samish Indian Nation Housing Department would like to inform income eligible Tribal members about the availability of housing programs that includes *home down payment assistance, home repair assistance, rental assistance** and the *Indian Health Services Site Sanitation and Sewer Development*. Any income eligible tribal members living within the tribe's service area in the State of Washington Counties of Whatcom, Skagit, Island, San Juan, Snohomish, King, Pierce, Kitsap, Jefferson and Clallam can request through telephone application forms, or visit the tribe's website to download from their computer and submit the completed forms to the Samish Indian Nation Housing Department for processing.

(*) Currently we are experiencing long waiting list and high volume of applicants for rental assistance. For more information please contact the Samish Housing Department at (360) 899-5282

JUVENILE JUSTICE SERVICES

The Samish Nation Social Services Program is looking to provide services to youth/families involved with or at-risk of involvement with the Juvenile Justice System (delinquency, arrest, court, probation, truancy, etc.).

If your youth falls into or is at-risk of falling into these scenarios you may contact Robert Ludgate, Family Services Specialist, at (360) 899-5282 or toll free at (877) 470-8737 x 111 to inquire about what services may be available for your youth/family.

BELLEGGROVE PHARMACY CONTACT HAS CHANGED

Bellegrove Pharmacy has sold the RETAIL portion of their business. The MAIL ORDER business is still intact and still serving CHS eligible Samish members. The easiest way to reach Bellegrove for prescription renewals or any questions is to call the mail order phone number at:

(425) 455-2124

Please note that this is one digit different from the old number. As always, if you have any unresolved issues regarding your prescriptions, please call Samish Contract Health Services for assistance at (360) 899-5454 or toll free at (877) 470-8737

CORRECTION TO THE 2009 ANNUAL REPORT

Dana Matthew's job title in the Samish Annual Report should read, "**Social Services Specialist**". Her job title was mistakenly submitted by the Social Services Department as Office Assistant. To more accurately reflect her level of responsibility and authority, please change Dana's job title to **Social Services Specialist** on any copies of the annual report you may have in your possession. Social Services regrets the error.

PERSONNEL COMMITTEE VOLUNTEERS NEEDED

Samish Personnel committee
volunteers are needed.

If you are interested please contact:
Teri Horton at (360) 293-6404 or
toll free at (877) 711-8896 ext 123 or
email her at thorton@samsihtribe.nsn.us

CAMP SAMISH

DATE: August 25-29, 2010
LOCATION: Camp Kirby
TIME: Camp will open around 1 or 2 in the afternoon of the 25th and end on the morning of the 29th.
CONTACT: Contact Jan Flagg at (360) 293-6404 extension 106 or toll free at (877) 711-8896 or email her at jflagg@samishtribe.nsn.us
LINK: www.campkirby.org



Come One-Come All

The Samish tribe will be having “Camp Samish” at Camp Kirby on Samish Island. There will be assignments for the cabins for sleeping like previous years. The tribe will furnish all the food and craft items so come prepared. It will be expected that everyone will take their turn doing chores. We’ll have hat making again, beading, drum making, and other classes as well. The canoes will be there so that means rides for those who wish to paddle.

No trailers, campers, or motor homes allowed at the camp but there is a state park close by so don’t stay away because of that.

Hope to see you at the camp!

SAMISH HEALING POLE REPRESENTS LIFE COMING FROM TRAGEDY

GOSKAGIT.COM JUNE 30, 2010
STORY AND PHOTO BY ELAINE WALKER



As the sun came out and an eagle circled overhead — both good omens — those who gathered to witness the unveiling of the Samish Healing Pole Saturday were called on to remember the day and how they were brought together by their shared grief and hope. “Each and every one of you take this home. When you go by this pole, say a prayer for the loved ones,” said Larry Campbell, Swinomish tribal historic preservation officer and one of the formal witnesses at the event. “Today we are all related,” he said. “Life brings hurts. For a tribal people, it’s ceremony that brings the people together.” He called on the witnesses to add their prayers to those that have already gone into the pole, “to power it even more.”

Samish Tribal Chairman Tom Wooten said the idea for a healing totem pole came to carver Tsul-ton, also known as Bill Bailey, after the trestle burned. “Bill was here at the park when the tragedy happened,” he said. “Bill’s heart was sad when the fire happened. It was sad even more when the tragedy happened. He said, ‘I want to carve a healing pole.’” Wooten said carver Tracy Powell, who carved the Maiden of Deception Pass, also took a

lead in the effort. “Tracy’s been a friend of the Samish People for as long as I can remember,” he said. Seven small cedar trees representing seven fallen Tesoro refinery workers sat in front of the red-draped totem pole. At a later time they will be planted in appropriate locations, said Christine Woodward, Samish director of natural resources. “This represents life. Life is going to come from tragedy,” she said. Debbie Aldridge, whose husband Daniel was killed in the April 2 disaster, gave a heart-rending thanks to the Samish and the community for the concern and care they showed her in the wake of the tragedy. As she began to lose her composure, members of the tribe moved close to her in a moving show of support.

The Healing Pole was uncovered by several of those who helped carve it or who helped transport the raw cedar log from the forest near Heart Lake. The results drew gasps of appreciation and applause. Rosie Cayou, Samish cultural coordinator, explained the meaning of the various figures on the pole, including the story of her great uncle who was rescued by an orca when he was a boy. Other significant symbols are the protective eagle at the top, which has wings to encompass everyone, as well as a sun to symbolize healing and frogs that represent longevity. Campbell said the cedar log itself revealed the figures to the carvers. “It’s a gift that they received from the creator. It comes to them various ways. We learn to put our mind aside and work with our heart,” he said. He said the carvers, like those who worked to repair the trestle, achieved what they did because they had a lot of support. It took many people to complete the carving and to move and raise the pole. It took many more to dedicate it properly. “That’s what makes us strong also. They can’t do something like this by themselves. It comes from all the citizens here of Fidalgo Island,” Campbell said. He said he also hoped everyone would find the power to forgive whoever damaged the trestle. “They must be hurt or angry. We must pray for them, for their healing,” he said.

SAMISH CULTURAL DAY

**SEPTEMBER 25,
2010**

On September 25, 2010 the Samish will be celebrating cultural day. The Samish Tribe will be offering a boat ride to the first 120 people who sign up.

Lunch will be served with drinks available on the boat. We will leave from Anacortes and tour out through the islands and see some of the old family sites as well as fishing sites and where some of our cultural sites may be. We are hoping to have someone from the Burke Museum to give you all a little background on the San Juan Islands.



Please contact Jan to sign up for the trip. All we ask is if you can't make it, then let us know so if we have a waiting list then we can pull from there. More news to follow in the next month.

Contact Jan Flagg at (360) 293-6404 extension 106 or toll free at (877) 711-8896 or email her at jflagg@samishtribe.nsn.us

**Samish
Singers
walking
at the
2010
Relay
for
Life**



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2918 Commercial Avenue
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SAMISH INDIAN NATION

SAMISH NEWS

SAMISH BOAT TRIP SEPTEMBER 25, 2010

What a great day we all had!! About 120 or so Samish members and families came together for a trip to the San Juan Islands and we had a glorious day – the weather was perfect, the boat was great, the people and visiting were outstanding and we heard a bit about Samish history in the islands.

We were on a whale watching charter boat for a trip out to the San Juan Islands – the Samish Usual and Accustomed area. The reason for the trip to the Islands was for those of us who do not live close to the islands or do not have the opportunity to travel in the islands, to actually see where our ancestors lived, where they traveled, where they caught fish and gathered food. To some of our elders the trip among the islands brought back memories of where families had been born and lived, some remembered family stories, some remembered where the good fishing places were, what families claimed certain areas, and where summer fishing villages were located. And we saw Orca's – we think we even saw Granny and some of her offspring that Samish have had the opportunity to name in the past years. We sang songs in Samish calling the Orca's – they heard the songs and came to see us. We actually saw several different groups of Orcas from J pod and L pod. During the last hour of the trip, the Boat Captain heard a rescue call over the radio and so our boat headed off to help in the rescue. As it turned out we were not needed, but it is good to know that boats out there are looking out for each other. The boat went close to Huckleberry Island so all of us could get a good view of the Island we recently acquired from the State; we saw the small beach, the trail up to the top of the Island and talked about how Samish can use the Island in the future. Hy' shka Samish Nation and Culture Committee for the great day.

- -Co Laht Su Sah, from Bothell; Chris De Kay

LANGUAGE PRESERVATION GRANT AWARDED

After ten years of trying to get funding for Language Preservation, we are happy to announce that we succeeded this year. Administration for Native Americans (ANA) is funding Language Assessment and Capacity Building for one year. The overall goal of the project is to achieve census on conflicting information about the Samish dialect through review of 3 primary Lekw'eng7aneng (Straits Salish, or Samish, Lummi & Saanich) language group resources, based on input from fluent speakers and the wider community membership. A half time Project Manager to be hired in October will work with the Archives Manager, the linguist Dr. Brent Galloway, 2 fluent speakers, 2 language advisors, and other volunteers to form a Language Committee for the project.

The most significant problem, for which we received funding, is that we do not have consensus about which of the 90-95% similarity with Lummi dialect and Saanich dialect are the same for Samish dialect, and which are not. We have tribal members who are satisfied that learning Lummi, for which there are curricula and classes, is good enough, and we have tribal members who are hurt and dismayed that we would give up trying to preserve what is specifically Samish, especially when their ancestors devoted so many hours to giving interviews. The interview tapes are cumbersome to listen to, full of interruptions, and there are not corresponding written texts to help follow along. We believe the underlying controversy about the language is holding the community back from achieving lasting gains in acquisition, the solution is to meet the conflict delicately, but directly, by bringing all players together, to develop *Xechnginglb e tse S7amesh sqwelwen*, "one heart and one mind about Samish language".

At the end of three years we expect to have quadrupled to 24 the numbers of our members who speak at public events in our language with confidence using the resources from this project.

Tribal members who wish to participate as regular volunteers at monthly Language team meetings (to be held on Saturdays in Anacortes) please contact Culture Committee Chair Jan Flagg with your contact information at (360) 293-6404 x 106 or email her at jflagg@samishtribe.nsn.us

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are
handled on a
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sensitive manner.
All materials are
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Tribal Council
and responses
may be sent to
you without
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the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

LETTER TO TRIBAL COUNCIL

Our Cultural/business meeting this June was outstanding. How exciting to see so many very young children show up. And many thanks to families who traveled great distances to join together in our Samish Family Circle. We need to consider how hard our worthy Council works, they take a lickin' and keep on tickin'. This dedication over the past years is the very reason they have been reelected. We now have so many benefits— help with healthcare, dental and orthodontic services, employment, childcare, Head Start, food assistance, housing, school and Elder stipends, Camp Samish, higher education, and tutoring services. We receive cultural education, Elder meals and various gatherings, and support for our wonderful Canoe family. We wept at the loss of 7 refinery workers and rejoiced as the healing pole came to life courtesy of Tsul-ton and his carvers. All in all, 2010 has been one magnificent year. And then there is Rosie's fry bread. For this I am most grateful of all. Hysh'ka, Siam.

- Jackie Bohn

UPCOMING CLASSES AND EVENTS

CEDAR CLASS

DATE: Oct. 16 & 17th, 2010

LOCATION: 2918 Commercial Avenue Anacortes, WA 98221

TIME: Starts at 10:00am and will last till 4:00pm. Lunch is served.

We will be working on bracelets, hats, baskets, etc. Bring scissors, pins, crochet hook #0, binder clips, towel, water mister (spray bottle), small tub for soaking cedar. A good book to have would be Hillary Stewart's called "CEDAR", it shows the many ways we used cedar and how it affected our lives in the early years.

BUTTON BLANKET CLASS

DATE: Nov. 13th, 2010

LOCATION: Fidalgo Bay Resort Clubhouse
4701 Fidalgo Bay Road Anacortes, WA 98221

TIME: Starts at 10:00am and will last till 4:00pm. Lunch is provided. Bring scissors, sewing needles for hand work, all other will be provided. These will be a small wall hanging for you room – just showing the basics on how to construct a larger one.

CHRISTMAS PARTY

DATE: December 19th, 2010

TIME: Open house buffet will be served from Noon till 2:00 and Santa will ARRIVE at 2:30 with gifts for the kids.

LOCATION: Fidalgo Bay Resort Clubhouse

CONTACT: Jan Flagg (360) 293-6404 x 106, please RSVP by December 1st
Also with the sex, age, and gender of your child or children. We are requesting each family bring some canned food for the Anacortes 100 Food Bank as a donation, if possible – not required. We will have a goodie bag for everyone.

RESERVE THESE DATES

- August 24th to 28th, 2011: Camp Samish at Camp Kirby, details to follow later.
- July 24th, 2011: Canoe Journey landing at RV Park – final landing at Swinomish the next day.

ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Lydia Anderson	Sam Barr	James Barrett	Lloyd Barrett
Lyle Barrett	Phillip Barrett	Shane Barrett	Jared Blackinton
Jessi Black	Jessica Blackinton	Lisa Bleeck	Destin Bloomingdale
George Bob	Lacey Brunner	Gerickah Charlie	Kristin Dunlap
Carolyn Edwards	Timothy Edwards Jr.	Brianna Engberg	Michelle Foster
Darlene George	Katherine Graves	Michael Guthrie	Alyssa Hatch
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Laura Hovland
Marcy James	Terry Jones	Patricia Kavanaugh	Stephanie King
Shelbie Lucy	Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald
Winnifred Marchand	Hailey Mason	Heather McIntosh	Leann Mitchell
Julie Moore	Anthony Myler	Cassandra Myler	Justin Penter-Phillips
Bryan Perry	Robert Perry	Derek Pounds	Skyler Ransier
Delilah Redden	Richard Ritter Jr.	Juliette Scates	Colleen Scheel
Jo-Anne Smith	Wesley Smith	Robin Spivey	William Steele
Brande Taylor	Conner Taylor	James Thomas	Braeden Thompson
Gavin Tomlinson	Patricia Tomlinson	Tyler Thompson	Ada Torres
Shelly Wade	Bernie Wills	Jana Vazquez	Jeffery Vazquez
Olivia Vazquez	Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood
Victor M. Underwood	Frederick Wills	Kenneth Wills	

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. We will accept P.O. Box but you **MUST ALSO HAVE A LEGAL RESIDENCE.** If your present card does not have a photo on it please send a photo along with the request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database. Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

BUSINESS OWNED BY TRIBAL MEMBERS

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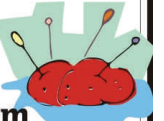
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VERIZON WIRELESS DISCOUNTS



Verizon Wireless no longer offers discounts to all members of Samish Tribe as of January 2010. If you currently receive the Verizon wireless discount, you will still receive it. Verizon Wireless will not be removing the discount from your account.

Rhonda's Child Care, Licensed Daycare



Rhonda Colburn
USDA Food Program
859 South 80th Street
Tacoma, WA 98408
Phone: (253) 473-4183



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BUSINESS OWNED BY TRIBAL MEMBERS



In 1985 Dan Hatch and Jeff LaLone, long time employees of The Everett Boat-house, assumed ownership and the business has grown based upon a solid reputation of sales, service and dependability. Customer service is our #1 priority and we look forward to the opportunity to be your marine service provider.

OUR SERVICES INCLUDE:

BOAT BROKERAGE: We sell quality used and consigned powerboats and motor yachts. check out our inventory often as things can change daily. If you need to sell your boat give us a call we will be glad to give you an estimate of it's value and even sell it for you.

SERVICE: Factory authorized and trained technicians for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo. We service most major brands of outboard, inboard/outboard and inboards. We do major repowers, engine and outdrive rebuilding, general servicing and trouble shooting. We pride ourselves in using OEM parts whenever possible.

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(360)293-6404 extension 110 or email her at
ntesch@samishtribe.nsn.us

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

Samish Native Art Gallery extends an invitation to all Tribal artists to display their tribally oriented artwork for sale, on consignment, in the gallery. The terms of the consignment sales are 65% of the selling price to the artist and 35% to the gallery. If you wish to sell your artwork in our gift shop, please call ahead for an appointment to show your work.

SAMISH TREATY RIGHTS DECISION

By Craig J. Dorsay, Tribal Attorney

An en banc panel of the Ninth Circuit Court of Appeals issued a decision on January 27th, 2010, denying the Samish Tribe's motion to reopen the 1979 judgment in the *U.S. v. Washington* (*Washington II*) case that had denied the Samish Tribe treaty status to exercise off-reservation treaty fishing rights. The case is reported at *U.S. v. Washington*, 593 F.3d 790 (9th Cir. 2010)(*Washington IV*). The Court overruled our previous successful decision in 2005, *U.S. v. Washington*, 394 F.3d 1152 (9th Cir. 2005)(*Washington III*), on policy grounds. The decision is obviously disappointing, after we got so close in 2005 to getting back into *Washington I*. However, there are a number of positive aspects to the decision that will benefit the Samish Tribe for many future issues.

The Samish Tribe was denied treaty status in *Washington II* in 1979, on the grounds that the Tribe had not continually maintained its political status as a tribe since the Point Elliott Treaty in 1855, and the Samish Tribe was therefore not the political successor to the historical Samish Tribe that had signed the treaty. The test that was applied essentially said that any break in tribal existence (or the failure of the Tribe to introduce evidence showing that it had continuously existed) cut off treaty status. This test caught the Tribe and its legal counsel at the time by surprise – federally recognized tribes didn't have to meet this test, and other unrecognized tribes (Upper Skagit and Stillaguamish) only had to show that they had a Claims Court decision, a constitution, and an approved tribal membership roll to get treaty status. Samish met this test, but they didn't submit much additional evidence showing active tribal existence during certain time periods. It was only during this case that the U.S. also formally took the position that the Samish Tribe was unrecognized. The court accepted findings of fact drafted by the U.S. Attorney stating that the Samish Tribe had failed to show that it had continually maintained an organized tribal existence.

The Tribe was re-recognized in 1996 under the Federal Acknowledgment regulations. We filed a motion in *U.S. v. Washington* (the ongoing case is known as *Washington I*) to reopen the judgment against the Samish Tribe. The motion was filed under Rule 60(b)(6) of the Federal Rules of Civil Procedure. The Tribe's argument was that Samish recognition was an extraordinary circumstance that justified reopening the case and allowing Samish to regain treaty rights, because every other recognized tribe got treaty status and because the United States had told the Tribe and the Court that if Samish ever obtained federal recognition, that would justify revisiting its treaty status. The lower federal court – the district court – denied our motion in late 2002 on the grounds that federal recognition was not a special circumstance, and that it would be too disruptive to allow the Tribe back in to the case after so many years had passed.

Samish appealed the judge's decision to the Ninth Circuit Court of Appeals in 2003. The Ninth Circuit Court ruled in the Samish Tribe's favor in 2005. The Court held that the Samish Tribe's federal recognition was an extraordinary circumstance that justified reopening the Samish treaty case. The Court held that what the Tribe had to prove in achieving federal recognition was the same test that a Tribe had to meet to exercise treaty rights, and that recognition entitled Samish to treaty status. The Court held that the Samish Tribe had essentially been denied the opportunity to fairly present its treaty rights case in 1974-1979 by federal actions and obstruction. The Court held that finality concerns about possible disruption if Samish were allowed back into *Washington I* was speculative and did not justify denying the Tribe's request to reopen the case. The Ninth Circuit reversed the district court and remanded the case back to the lower court.

The lower court on remand still refused to grant the Samish Tribe's motion to reopen the *Washington II* decision. It ruled again that finality concerns justified denying the Tribe's motion. The lower court also accepted the arguments of the five Opposition Treaty Tribes that the Samish Tribe had tricked the federal court into federally recognizing the Samish, and that this "inequitable conduct" by the Samish Tribe independently justified denying the Samish Tribe's motion. The lower court denied the Samish Tribe's motion in 2008.

The Samish Tribe appealed again to the Ninth Circuit, arguing that the lower court had ignored the Ninth Circuit's 2005 decision, and that the Tribe was entitled to re-enter *U.S. v. Washington*. We had a hearing before a three judge panel of the Ninth Circuit in June 2009. I need to spend a minute to explain how the Ninth Circuit works, because it is essential to understand what the Court did in your case. Federal court appeals are heard by a three judge "panel." Under federal law, a panel lacks the legal authority to overturn or disagree with a previous Ninth Circuit panel decision. The only way that the Ninth Circuit can change a previous Ninth Circuit decision is to refer the case to what is called an "en banc" panel of the Court. En banc means the whole Court of Appeals. In the Ninth Circuit, because there are so many judges (27 authorized), an en banc panel is a panel of 11 judges selected by lottery. An en banc panel can overrule or change any previous panel decision of the Circuit.

When we had our oral argument in June 2009, the whole argument centered around questions from the three judges about how the 2005 *Washington III* decision could be reconciled with previous Ninth Circuit Samish cases in the "*Greene*" cases. The two *Greene* cases involved the Samish recognition proceeding. The Tulalip Tribes had made two argument in those appeals. First, they had argued that the Samish Tribe could not be federally recognized because the ruling against the Samish Tribe in *Washington II* had ruled that Samish was not an Indian tribe, and this previous ruling should be binding against the Samish Tribe. Second, Tulalip argued that they should be able to intervene and participate in the Samish Tribe's Federal Acknowledgment proceeding because Samish federal recognition might impact the Tulalip Tribe's treaty rights. The Ninth Circuit rejected Tulalip's arguments, ruling that federal recognition would not automatically result in treaty rights, and that the previous treaty case did not preclude the Samish Tribe from achieving federal recognition.

In our June 2009 Ninth Circuit oral argument, the panel said that in their opinion there was no way that the *Greene* decisions could be reconciled with *Washington III*. The *Greene* decisions held that Samish federal recognition would have no impact on treaty rights, while the *Washington III* decision held that Samish federal recognition inevitably resulted in treaty status. After the oral argument, the panel referred the case to the rest of the Ninth Circuit for en banc review. The case was accepted for en banc review, and a new oral argument in front of eleven Ninth Circuit judges was held in San Francisco in September 2009. The en banc Court issued its decision in January. The Court held that the two lines of Samish Ninth Circuit cases were in conflict with each other, and decided as a policy matter to overrule our 2005 *Washington III* decision and to follow the *Greene* decisions. The Court held that the Samish Tribe was not prevented from presenting its full treaty case in the 1970s, and therefore subsequent federal recognition did not justify reopening the judgment in *Washington II*. The Court also held that it would be too disruptive to allow the Samish Tribe back into *U.S. v. Washington* after so many years and so many final decisions and management agreements, and that it would also interfere with tribes who have taken over Samish off-reservation fishing rights. The Court rejected all the arguments that the Samish tribe had done anything wrong. The Court chastised the lower court judge for ignoring the 2005 Ninth Circuit decision, but ultimately upheld his ruling. The decision has a good history of the Samish Tribe's recognition efforts and the federal government's bad conduct in opposing and obstructing Samish federal recognition.

At the end of the opinion, the en banc Court announced a new rule so that the Samish Tribe would not be punished in any other area for not allowing the Tribe to reopen off-reservation treaty fishing rights. Tulalip and other Opposition Tribes had argued that the judgment in *Washington II* prohibited the Samish Tribe from ever arguing in any other context that it was a political successor to the historical Samish Tribe. The Ninth Circuit rejected this argument. The Court also held that the Samish Tribe could make a claim for any other treaty right that has not been finally adjudicated, and where other tribes had made decisions and taken actions in reliance on that final decision. The Court held that the Samish Tribe is entitled to all the benefits of federal recognition, which would include a conclusion that the Samish Tribe is a successor to the historical Samish Tribe (since the Samish tribe proved in its recognition proceeding that the Tribe had continually existed since the treaty in 1855, and was comprised of descendants of the Tribe that signed the Treaty). The Court held that "nothing precludes [the Samish Tribe] from attempt to intervene in other treaty rights litigation not yet adjudicated, where it will have to introduce its factual evidence anew." So this ruling opens up many new possibilities for the Samish Tribe that some tribes had previously opposed. The Samish Tribe now needs to plan and prepare for these future claims.

NEW EMPLOYEE

ROBBIN GIDDINGS

I would like to introduce myself, Robin Giddings. I have lived in the Whatcom/Skagit county area since January 2001 and have three children. I have gathered plethora of job experience here in Washington State, as well as overseas; Tribal, State, Federal, non-profit, ICW, food service and related community affiliates. As the interim Vocational Rehabilitation Director, I bring with me a wealth of knowledge which includes working in the Social Security Administration as a Claims Adjudicator, the Opportunity Council as the State & Federal client Protective Payee and Property Manager. One project that I developed was a non-profit coffee shop called "Fresh Start" and is in its fifth year of production. On a more recent note, I had the honor of working with Nooksack Indian Tribe for over four years as an accountant and then as a Tribal TANF Caseworker. I have attended classes at the North West Indian College for the past year. I really love working in the human services field and look forward to assisting the Samish Indian nation with the vocational Rehab program.



ANGIE RUTHERFORD

My name is Angie Rutherford; I am the new General Ledger and Enterprise Accountant with the Accounting Department. Since being here in June, I have been splitting my time organizing accounts for the Fidalgo Bay Resort and RV Park, Samish Gallery, and Samish administration office. I am happy to be back with my Samish family.



AMANDA SUMMERS

Hi! I'm Amanda Summers; I am the new Field Technician with the Natural Resource Department. Since being hired in July I have

spent a great deal of my time working on our Japanese Knotweed project walking streams and surveying Knotweed patches. I have also been involved with collecting water quality samples from several sites on Thomas Creek as well as Lake Campbell. I am extremely excited to be with Samish and am looking forward to getting to know everyone!



ADAM LORIO

Hi, my name is Adam Lorio; I am the new Natural Resource Technician and Outreach Coordinator. Before starting work with the Tribe, I worked with Washington State Parks as the Interpretive Specialist at Deception Pass State Park and North Cascades Institute as an environmental educator at the Diablo Lake Environmental Learning Center in North Cascades National Park. Working from the crest of the Cascades to our marine waters has provided me with unique experiences as an educator. I have been very active in local Skagit County education and outreach groups since 2004. In my first three weeks with the Tribe, I



have enjoyed working on collecting water quality data, knotweed eradication efforts and working on the acquisition of Huckleberry Island. I am really looking forward to working with our community on integrating traditional knowledge and current scientific investigations to address current environmental challenges that we face.



JACKIE FERRY

I'm Jackie Ferry, the Cultural Resources Manager for the Tribe. I have a B.A. in Anthropology from Western Washington University and received my M.A. from the University of Sheffield, England. Additionally I have six years field experience, three years in the Great Plains and three years locally, in Skagit and the surrounding counties. I started as Tribal archaeologist on August 23, 2010, and my duties include consultation with local, state, and federal governments; consulting for Native American Graves Protection and Repatriation Act (NAGPRA) notifications; and maintaining the archaeo-

logical collections. Other tasks include creating new exhibits for the Clubhouse building at the RV Park. I am very pleased to be working for the Samish Indian Nation, and look forward to future archaeological and preservation endeavors.

EDIE HILL

Hi, my name is Edie Hill and I am the new Director of the Samish Longhouse (Head Start, Childcare, and Elders programs). Early childhood education is my passion and I am deeply committed to ensuring that every child experiences a rich learning environment that fosters individual development. I am so thrilled to be here and to work with two very important generations - our young children and our elders! I'm looking forward to an exciting year!



JASON TAYLOR

Hello, my name is Jason. I have been hired on as a natural resource technician, as well as the tribe's lead GIS user. I'm excited about all the great projects we have going here at the Department of Natural Resources! Since I have been hired, I have worked with the other members of our team, both in the field and the office, giving our field data spatial significance. I love integrating GIS with environmental data in meaningful and useful ways, and I am happy to bring my skills and expertise to the Samish Tribe.



CONGRATS SAMISH

ANN HANSEN

On May 26, 2010, member Ann Hansen graduated with 1000 of her classmates in the United States Air Force Academy Class of 2010. Ann was commissioned a Second Lt. in the Air Force. After 60 days leave, she will begin intelligence training in Texas, serving a minimum of five years. At graduation she received a Bachelor of Science degree in Foreign Area Studies, with a minor in Spanish. During her time at the academy, she was the first female exchange student to the Chilean Air Force Academy, a member of the Wings of Blue skydiving team and member of the catholic cadet choir. Ann is the daughter of Jansy and Vince Hansen of Haines, Alaska; granddaughter of Delia Mielke and great granddaughter of Alethia Houk.



Her father Vince Hansen, her sister Christine, Ann, her sister Kelly, and Jansy.

HEALTH NOTES

If you have obtained an approval number for a medical or dental appointment from Contract Health Services, and then for any reason were not able to keep that appointment, please let us know in Contract Health Services. We will cancel the purchase order. This enables us to better assess how much money is really left in those 'dollar limited' benefits (such as dental or vision services).

It also saves us a LOT of work at the end of the year. We call each provider about every purchase order for which a bill was not received...we have made hundreds of calls, only to find out that the appointment was cancelled.

You can save us that effort by letting us know...by phone or e-mail that the appointment was not kept...the approval number was not needed. Thank you for your help in this matter.

Erin, Joanne and Kim (360) 899-5454

SAMISH SUPPORTING THE RELAY FOR LIFE 2010



The Samish Indian Nation has continued to support the Anacortes Relay For Life Celebration and support research to conquer and treat cancer. Monetary gifts from the council and staff are given each year and the Relay Committee honors the tribe by inviting the Samish Canoe Family to open the event with songs and prayer.



**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

**Samish Contract
Health Services**
P.O. Box 919
Anacortes, WA 98221



Phone: (360) 899-5454

Toll Free Phone:
(877) 470-8737

Joanne Liantonio
extension 108
jlantonio@samishtribe.nsn.us

Erin Soucy extension 105
erinsoucy@samishtribe.nsn.us

NEW STATE TOBACCO TAX

New state tobacco tax expected to increase attempts to quit smoking

Tobacco Quit Line offers free resources to help people kick the habit and save money

OLYMPIA — A new tobacco tax passed by the Washington State Legislature takes effect on May 1, raising the tax on a pack of cigarettes by one dollar. Tax on other tobacco products goes up by similar amounts. The higher tax and resulting price increase is expected to encourage more adults to quit and discourage young people from starting.

“Raising tobacco prices is one of the most effective ways to reduce smoking,” said Secretary of Health Mary Selecky. “Quitting smoking improves a person’s health within hours, and saves money, too. A pack-a-day smoker who quits will save nearly \$2,500 a year. Our Tobacco Quit Line is there to help.”

The Department of Health’s free Tobacco Quit Line (1-800-QUIT-NOW; 1-877-2NO-FUME in Spanish) received an unprecedented number of calls after last year’s federal tobacco tax increase. In just one month, calls increased three-fold. The agency expects to see a similar spike when the new state tax takes effect Saturday.

The Campaign for Tobacco-Free Kids and other public health organizations estimate that in Washington, the state’s tobacco tax increase will prompt about 19,000 adults to quit smoking and prevent about twice as many kids from taking up the habit. The expected decrease could save lives and money — more than \$854 million in healthcare costs.

The Tobacco Quit Line (www.quitline.com/) is a key part of the state’s effort to reduce tobacco use. Callers talk to quit coaches who are often former smokers themselves. Coaches help them recognize their smoking triggers and develop a personal plan to quit. All state residents can receive some level of free quit support by calling the quit line. Medicaid subscribers can receive additional help, including prescription medication, if appropriate.



The adult smoking rate in Washington has dropped more than 30 percent since the state began its Tobacco Prevention and Control Program in 2000. There are now 295,000 fewer people smoking in the state and an estimated 98,000 people will be spared early, tobacco-related deaths. The decline in smoking will save an estimated \$2.8 billion in future health care costs.

PROUD TO BE SAMISH



Romaine Soucy and granddaughter Abigail Bergan, 1st grader

Abigail holding the paddle Papa made at the Elders event. Visiting Papa in Mount Vernon from Chicago.

**Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404**



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Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

DATE: DECEMBER 19TH, 2010

TIME: 1:00 P.M. TO 3:00 P.M.

SANTA ARRIVES

AT 2:30 P.M.

COME MAKE A DEER
CHRISTMAS ORNAMENT
REFRESHMENTS PROVIDED

*Fidalgo Bay Resort and
R.V. Park Clubhouse
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Anacortes, WA 98221*

CONTACT PERSON: JAN FLAGG
PLEASE RSVP BY DECEMBER 1ST
WITH KIDS AGES AND GENDER
SO SANTA GETS IT RIGHT

PHONE: 360.293.6404 x 106

EMAIL: JFLAGG@SAMISHTRIBE.NSN.US



Samish 1st Annual
Christmas Party

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

COUNCIL CORNER

To keep the Samish Tribal Member's informed of some of the work that the Tribal Council does there will be a new addition to the quarterly newsletter called "Council Corner".

Thank you,
Dana Matthews, Council Secretary

In addition to the daily operations, weekly conference calls, and monthly meetings, one or more Tribal Council members have attended the following conferences, meetings, trainings, workshops, etc.

November 2010

American Indian Health Commission Leaders Health Summit- Bow, Washington
Cedar Ridge Industries- Chehalis, Washington

National Congress of American Indians 67th Annual Convention- Albuquerque, New Mexico

Samish Budget Committee Meeting- Anacortes, Washington

Samish Cultural Meeting- Anacortes, Washington

Samish Language Meeting- Anacortes, Washington

Tribal Leaders of Congress- Suquamish, Washington

UPCOMING CLASSES AND EVENTS

SAVE THE DATE: FRY BREAD AND CHILI CLASS

DATE: January 8th, 2011
LOCATION: Fidalgo Bay Resort and RV Park
CONTACT: Jan Flagg (360) 293-6404 x 106

SAVE THE DATE: TREATY DAY

DATE: January 22nd, 2011
LOCATION: Fidalgo Bay Resort and RV Park
CONTACT: Jan Flagg (360) 293-6404 x 106

SAVE THE DATE: DRUM AND SHAWL MAKING CLASS

DATE: February 12th, 2011
LOCATION: 2918 Commercial Avenue Anacortes, WA 98221
CONTACT: Jan Flagg (360) 293-6404 x 106

SAVE THE DATE: RATTLE MAKING CLASS

DATE: March 11th, 12th, and 13th, 2011
LOCATION: 708 Commercial Avenue Anacortes, WA 98221
CONTACT: Jan Flagg (360) 293-6404 x 106

RESERVE THESE DATES

- August 24th to 28th, 2011: Camp Samish at Camp Kirby, details to follow later.
- July 24th, 2011: Canoe Journey landing at RV Park – final landing at Swinomish the next day.

ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Lydia Anderson	Sam Barr	James Barrett	Lloyd Barrett
Lyle Barrett	Phillip Barrett	Shane Barrett	Jared Blackinton
Jessi Black	Jessica Blackinton	Lisa Bleeck	Destin Bloomingdale
George Bob	Lacey Brunner	Gerickah Charlie	Kristin Dunlap
Carolyn Edwards	Timothy Edwards Jr.	Brianna Engberg	Michelle Foster
Darlene George	Katherine Graves	Michael Guthrie	Alyssa Hatch
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Laura Hovland
Marcy James	Terry Jones	Patricia Kavanaugh	Stephanie King
Shelbie Lucy	Charlotte MacDonald	Jennifer MacDonald	Kurtis MacDonald
Winnifred Marchand	Hailey Mason	Heather McIntosh	Leann Mitchell
Julie Moore	Anthony Myler	Cassandra Myler	Justin Penter-Phillips
Bryan Perry	Robert Perry	Derek Pounds	Skyler Ransier
Delilah Redden	Richard Ritter Jr.	Juliette Scates	Colleen Scheel
Jo-Anne Smith	Wesley Smith	Robin Spivey	William Steele
Brandee Taylor	Conner Taylor	James Thomas	Braeden Thompson
Gavin Tomlinson	Patricia Tomlinson	Tyler Thompson	Ada Torres
Shelly Wade	Bernie Wills	Jana Vazquez	Jeffery Vazquez
Olivia Vazquez	Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood
Victor M. Underwood	Frederick Wills	Kenneth Wills	

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. We will accept P.O. Box but you **MUST ALSO HAVE A LEGAL RESIDENCE.** If your present card does not have a photo on it please send a photo along with the request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database. Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

BUSINESS OWNED BY TRIBAL MEMBERS

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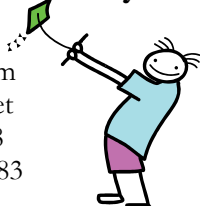
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50% off anytime

Free Weekends

for Samish Members are:
General Meeting & Cultural Day
Canoe Journey, Fall Cultural Day
& Health Fair

Tribal Card Required



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1-800-727-5478

Owned & Operated by the Samish Indian Nation

RV Park Consignment: As part of our ongoing campaign to increase tribal presence and public awareness to our guests at the RV Park, Samish Tribal members are welcome to display their NATIVE ORIENTED art or craft items at the RV Park gift shop for sale. Items must reflect a contemporary or traditional Native theme to be accepted on consignment. Consignment terms are 70% of selling price to the artist and 30% to the RV Park.

Please contact Michael at (360) 293-5353 or email mjmadsen@fidalgobay.com, if you might be interested.

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BUSINESS OWNED BY TRIBAL MEMBERS



In 1985 Dan Hatch and Jeff LaLone, long time employees of The Everett Boat-house, assumed ownership and the business has grown based upon a solid reputation of sales, service and dependability. Customer service is our #1 priority and we look forward to the opportunity to be your marine service provider.

OUR SERVICES INCLUDE:

BOAT BROKERAGE: We sell quality used and consigned powerboats and motor yachts. check out our inventory often as things can change daily. If you need to sell your boat give us a call we will be glad to give you an estimate of it's value and even sell it for you.

SERVICE: Factory authorized and trained technicians for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo. We service most major brands of outboard, inboard/outboard and inboards. We do major repowers, engine and outdrive rebuilding, general servicing and trouble shooting. We pride ourselves in using OEM parts whenever possible.

PARTS: We stock original equipment parts (OEM) for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo, along with many engine and boat accessories. If we don't have it in stock we'll find it for you. We ship UPS daily.

STORAGE: Now open for business is our state of the art new dry stack system for boats up to 36' LOA

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If you would like to advertise your business in
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please call Nicole Tesch at
(360)293-6404 extension 110 or email her at
ntesch@samishtribe.nsn.us

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

Samish Native Art Gallery extends an invitation to all Tribal artists to display their tribally oriented artwork for sale, on consignment, in the gallery. The terms of the consignment sales are 65% of the selling price to the artist and 35% to the gallery. If you wish to sell your artwork in our gift shop, please call ahead for an appointment to show your work.



CONGRATULATIONS

New tribal member Brogan Patrick Repp, born Nov. 14, 2010. He is the son of Tasha & Cody Repp, grandson of Pat & Diana Dunn and great-grandson of Mildred Dunn. He is wearing a cedar hat made by the grandparents, Pat & Diana Dunn.

VOLUNTEERS ARE NEEDED FOR THE FOLLOWING COMMITTEES

- | | |
|----------------------------------|------------|
| • Appeals Board | 1 opening |
| • Election Board | 3 openings |
| • Culture Committee | 1 opening |
| • Education Committee | 5 openings |
| • Enrollment Committee | 1 opening |
| • Health Committee | 2 openings |
| • Historical Resources Committee | 2 openings |
| • Natural Resources Committee | 3 openings |
| • Personnel Committee | 5 openings |
| • Social Services Committees | 3 openings |
| • Webpage Committee | 5 openings |

If you are interested in serving on a committee please email Tribal Secretary Dana Matthews at dmathews@samishtribe.nsn.us

Do you have a child that is struggling with course studies and are below grade level? Samish Nation has a Tutoring Support Program they may be eligible for. Call 360 588 8200 ext. 3 or e-mail daveblackinton@samishtribe.nsn.us

Samish Canoe Family

The Samish Canoe Family is putting out a plea for volunteers to help with 2011 Canoe Journey and hosting. Swinomish is the host tribe this year, since we will be the last stop we expect to see lots of canoes land at Samish. Canoe Journey has already celebrated its 20th anniversary and Samish has been traveling since 2002. This is truly a celebration of Coast Salish peoples' honoring of our ancestors and traditions. January 29th Samish will be hosting a Skippers meeting with light dinner to follow. We will be adding specific information on our web site regarding where help is needed with the support crew being one of the most important and dates of up coming activities as they develop. Questions and Volunteer Interest: daveblackinton@samishtribe.nsn.us

CONGRATS CHANTAL McFETRIDGE

Chantal is in the pre-med Honors Science Kinesiology program, this is a 4 year University undergraduate program. We are appreciative of the on going support of the Samish Nation for education. Chantal has gone on to Queens University Soccer and Honors Science Kinesiology program. Recognized Nationally on the CIS Academic All-Canadian list 2009-2010 for her high achievements both athletically as a varsity soccer player and academically. (CIS=Canadian Interuniversity Sports the premier Canadian University Conference) Chantal a starting full time center midfielder enjoyed the satisfaction of a fourth place National win last year, the result of 2 overtime shoot out "decided" games, and the First Place Gold Medal win this year. Number one University team in the country in only her second year on the team. Queens University Women's Soccer team won the CIS National Championship in Charlottetown PEI 14 November 2010. It had been twenty-two years since Queens last won the National Championship.



THANK YOU SAMISH



Dear Chairman Tom,

With Thanksgiving fast approaching, I am reminded of my good fortune at being able to live in beautiful surroundings. And I have been thinking about how lucky I have been to get to know some members of the Samish Nation and become acquainted with some of the Samish traditions.

I was honored to be chosen as a witnesses at both the naming ceremony for Se-Yi-chn and at the unveiling of the Healing Pole. I have been giving much thought to both of those rich experiences.

When Bill Bailey decided to donate the pole as part of the effort to reconstruct the trestle, I was not surprised but was nevertheless overwhelmed by such a large contribution. The Healing Pole will be a reminder for decades into the future of the generous and early contribution of the Samish to the fund to repair the trestle and of the important place the Samish occupy in the hearts of our community.

It was most moving experience to hear the speech George Adams in a beautiful language native to this part of the world. His remarks about the memories of the ceremony being kept in our hearts was especially affecting.

Tom, it is with much humility that I say thank you to the Samish for the honor of being a witness, for the beautiful blankets, for a feast with our friends and neighbors, and, above all, for the important role Samish play in helping the heartbeat of our community to continue its powerful music.

Thank you for the great wealth of culture and ideas of the mind and heart brought to our community by Samish. We are all much richer for it.

With gratitude and deep respect,
Erica Pickett

36TH Annual Northwest Indian Youth Conference 2011

DATE: April 3rd to 9th, 2011
TIME: 10:00am to 4:00pm, lunch is provided
LOCATION: Omak, WA
CONTACT: Benjamin Jojola 360.899.5282 x 110

The youth conference is open to ages 14 -18 years old or 8th grade to 12th grade.

What: "Walking Two Roads: Learning from the Past to Better Our Future"

Why: Leadership & Empowerment, Educational Success-Higher Education, Culture & Spirituality, Health & Wellness, Substance Abuse Prevention, Entertainment, Arts & Filmmaking, and much more!

If you like to attend this event, please contact Benjamin Jojola at 360-899-5282 ext 103 or email bjojola@samishtribe.nsn.us Samish Indian Nation is offering 5 scholarships that will cover registration and lodging.

I look forward to hearing from you in the near future, thank you for your time and consideration.
Peace...

Benjamin Jojola

Samish Indian Nation

Substance Abuse Prevention Specialist36th Northwest Indian Youth Conference

For more Information and the registration packet please visit our Samish website events page at www.samishtribe.nsn.us

KNOTWEED CONTROL PROGRAM

There is an aggressive intruder in the Samish River watershed. The past few years it has been creeping into your lawns, along roadsides, and river banks. This aggressive intruder, left unchecked, will dominate the landscape. This intruder is Japanese Knotweed. The Samish Indian Nation Natural Resource Department has spent the late summer and early fall 2010 working in the Samish watershed to map the extent of knotweed infestation. Thus far, Samish DNR has walked approximately 15 stream miles and surveyed more than 25 acres of knotweed. This comprises just 20% of the watershed! The 2010 knotweed surveying and treatment season has ended. We are now collaborating with landowners to schedule treatment projects starting late summer of 2011 and will begin surveying again in spring of 2011.

This effort is critical because knotweed is destroying the natural stream ecology. The large bamboo-like shrub chokes and destabilizes stream banks, out-competes native vegetation, destroys the scenic and recreational qualities of our natural areas and degrades the habitat quality for wildlife and salmon. The extensive rhizomatous root system allows for prolific growth and regeneration. It is not uncommon to see patches of knotweed hundreds of feet long by tens of feet wide and 12 feet tall along the Samish. Knotweed is a high priority because the rate at which it spreads and its uncanny ability to grow just about anywhere. Pieces of knotweed stem ½ an inch long can float down stream and recolonize wherever it lands.



Samish DNR's knotweed program has been funded by the US Environmental Protection Agency and offers assistance in controlling knotweed on both private and public lands at no cost to the landowner. Knotweed activities include: surveying, mapping, land owner consultations, and potential treatment. Samish DNR would like your help in this watershed wide effort. If you have knotweed on your property, the Samish Department of Natural Resources Knotweed program can help! Please contact Amanda Summers at (360) 293-6404 ex. 111 or asummers@samishtribe.nsn.us for more information.



Preserving the future of Sustainability

**We are pleased to announce that
Samish Tribal Council has
approved the following
sustainable resolutions:**

1. The use of 100% recycled paper in all of its offices
2. Discontinued use of disposable plastic bottles at Tribal functions

BEACH RESORATION PROJECT

Recently, Council approved a project proposed by the Natural Resources Department to begin the next phase of beach restoration and continue the work started last year in front of the condos. Both projects protect cultural resources and restore natural beach function and habitat. Phase two will extend this work along the beach toward the RV park across the field used during Canoe Journey and we are currently applying for the funding required to reconstruct the beach. Last week, with the help of 16 volunteers from the Cap Sante Alternative High School Program, we moved more than 70 cubic yards of topsoil by hand and wheelbarrow to construct planting beds that will get a head start on providing shade for the new beach. Special care was taken to maintain access for canoe haul out pathways and maintain camping space for future Journeys.

It was also decided that something should be done in that area to remember the victims of the Tesoro tragedy. To that end, seven Western Red Cedar trees were planted in the seven planting areas in memoriam. We are currently working on a brass plaque that will be mounted to a large piece of granite and placed next to the Tommy Thompson Trail explaining why those cedars were planted on Samish Lands. We hope to provide benches near the plaque so the public can pause if they wish.

The plants arrived from Stillaguamish Tribe's Bank Savers tree farm and were installed in their new homes. We hope all of you get the chance to stop by and see the beginning of the next phase of our beach restoration project!

Thank you so much to the Council and Tribe for supporting the work that we do. Also Thank you to Rosie and Bill for preparing the area for our work and assisting us with the placement of the cedars. Thanks to Tracy Powell for agreeing to do the stone work for the upcoming plaque. Finally, special thanks to the volunteers at Cap Sante for your strength and endurance!

SAMISH HERO AWARD

The Samish Department of Natural Resources is proud to announce a new award for significant contributions to the stewardship of the Tribe's natural resources. The first Samish Hero award winner is 7 year old Colby Martin-Cloninger, grandson of upper Samish River resident and tribal member Larry Thomas. To practice his reading skills, Colby has been avidly reading road signs while visiting his grandfather. A new set of signs was recently put up at every road crossing of the Samish River, "Samish River, Yours to Protect". Soon after reading the new signs and talking with his family about what they meant, Colby noticed something else. After a recent mid-November rain storm, he noticed a 500 gallon tank floating in the river. What Colby did next is what makes him a Samish Hero, he acted. In acting and insisting that Larry call someone to take care of the tank, Colby took a step to act that many adults might never take. Because of Colby, a potential threat to the Samish River is being addressed.

Colby, Thank you for acting and reminding us all that we are personally responsible for the place we live. Keep up the good work!



HEALTH NOTES

ATTENTION MEDICARE RECEIPIENTS

The Open Enrollment Period for changing your Medicare coverage is from November 15 through December 31, 2010. This means this is the time when you can change how you receive your Medicare with Original Medicare A and B or through a Medicare Advantage Plan. It is also when you can change the Part D (medication) coverage that you have.

If you need assistance sorting through the options available to you, you can get help from Joanne or Erin in Contract Health Service 360-899-5454. They have been trained by the Washington State Office of the Insurance Commissioner to be able to offer this assistance to you. Please call for an appointment.



CONGRATS JOANNE!

Joanne Liantonio has been recognized by the Portland Area Indian Health Service in their annual awards distribution.

She is the recipient of a Directors Award for Exceptional Leadership in Health and Wellness activities.

The Portland Area includes Washington, Oregon and Idaho tribes. She has been working for the Samish Indian Nation since 2000.

If you have obtained an approval number for a medical or dental appointment from Contract Health Services, and then for any reason were not able to keep that appointment, please let us know in Contract Health Services. We will cancel the purchase order. This enables us to better assess how much money is really left in those 'dollar limited' benefits (such as dental or vision services). It also saves us a LOT of work at the end of the year. We call each provider about every purchase order for which a bill was not received...we have made hundreds of calls, only to find out that the appointment was cancelled. You can save us that effort by letting us know...by phone or e-mail that the appointment was not kept...the approval number was not needed. Thank you for your help in this matter. - -Erin, Joanne and Kim (360) 899-5454

**If you move or
change health
insurance,
don't forget to call
Joanne or Erin.**

Samish Contract Health Services

P.O. Box 919
Anacortes, WA 98221



Phone: (360) 899-5454

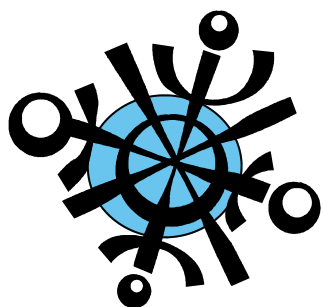
**Toll Free Phone:
(877) 470-8737**

Joanne Liantonio
extension 108
jlantonio@samishtribe.nsn.us

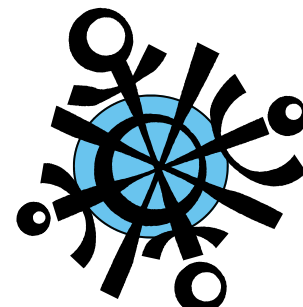
Erin Soucy extension 105
erinsoucy@samishtribe.nsn.us

HAPPY HOLIDAYS!

Have a Safe and Happy Holiday Season
from the Samish Indian Nation's
Council Members and Administration



Goodwill and Sharing,
Giving and Caring
This is the Spirit of the Season
May your Heart be Warmed by the
Goodness of Christmas



The Samish Indian Nation Administration and the
Samish Longhouse Preschool will be closed from
December 24, 2009 to January 2, 2010.

For future reference, if the Anacortes School District is closed due to
adverse weather conditions, our offices will also be closed.

Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404



Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place

Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

2010 AUDIT RESULTS

Samish Council and Tribal management are pleased to inform that for the first time in our history of being audited, that we have ZERO findings for our 2010 audit along with a clean audit opinion. This was a team effort that started with Council's commitment to transparency, accountability, and reliability of reporting from the accounting system. In 2007, Council filled key positions with individuals that were able to take Council's goals and objectives and successfully put them into action. We knew it would take several years to get caught up on audits and then additional time to make needed improvements. If it weren't for the hard work, analysis of systems, changes in policies and procedures, and the dedication of Council and all Samish staff, we would not be able to report this great news!



Camp Samish 2011

A high point of the activities at Camp Samish this year included a chartered boat trip through the traditional Samish Territory around the southern tip of Lopez Island, the western shores of San Juan island, and back between Orcas and Shaw island through Obstruction Pass to the familiar waters near Cypress and Guemes Islands, before rounding the Tribe's most recent acquisition, Huckleberry Island and the return to Fidalgo Bay. As the Samish singers shared songs over the microphone, the Orcas, or qeলেখolemchn in our Samish language, came so close to the sides of the vessel the people standing on deck were tempted to reach out and touch the dorsal fins. One of the whales flipped over on its back side and studied onboard passengers curiously, as if wondering what was responsible for the singing.

Special visitors added to the knowledge being shared on the boat trip from the Samish language program, including John Harry, and brothers Roy & Randy Daniels, our fluent speakers from Malahat, and coastal language expert George Adams also brought several interns from the language program at Nooksack. The Samish Cultural Resources Department shared a map of historical village sites with attendees, including the names in the language (these documents are now available on the tribal website as a resource for all tribal members).



Tribal Member Toby Eliassen carving his first canoe paddle at Camp Samish 2011.

Activities that were popular at our annual multi-generational camp included carving, weaving, both basketry and small woolen pouches, preparing nettle fibers, nature walks, clamming, and this year in particular there was remarkable upsurge of coastal style singing and dancing. Visitors from Nooksack followed traditional protocol and called witnesses to share their gambling song with the Samish as a gesture of encouragement and support. Toby Eliassen also called witnesses to gift his grandmother, Jan Flagg with an elaborately decorated paddle he carved at the camp. All participants expressed glowing reviews, and we hope even more will join in Camp Samish 2012.

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Letters to the Editor reflect the opinions of the writer only and are not statements of Tribal Policy.

CANOE JOURNEY

The following is a transcribed letter from Victor Underwood:

To: Samish Newsletter,

I am very proud of the Samish Tribal members that were involved with the Samish Canoe Journey landings. I have heard very good words from many canoe clubs, and some powerful leaders from other villages, and what they say about Samish Tribe. It's very unfortunate, that it is always the same few council members that get involved with the Samish community interests. If council members got involved, they could hear the good words that others give our tribe.

Yours truly,

Victor Underwood, Samish Tribal Member (transcribed by Lianne Charlie)

Just wanted to say that with all the hard work that went into our hosting and the food how it was prepared and set out was rather awe inspiring the way we all pulled together to make it happen. I think the way the protocol was done was really appreciated by all the canoe families and then to have the church group serving breakfast to everyone and how they set up and cleaned up was GREAT. I sure hope we as the canoe family and tribe can do something special for them. **Frank Penter**

Thank you again for a successful Journey. To witness the connection of our youth to their past was great. I again witnessed some heart warming things happen among our youth! I connect with my ancestors and a spiritual connection as well. As an elder I can still paddle, but just being part of the Family Canoe Journey is my reward. We were and are Samish and will always be, as witnessed by the other tribes on this journey. Also received a two page article that was in the New York Times about the Canoe Journey. Later for now. **Herb Blackinton**

I have been involved with the Samish Canoe family for several years and have had many opportunities to see the positive influence participation in the Canoe Family and the Canoe Journey has on our youth and on the adults. I was not able to participate very much this year, but when I joined the rest of the Samish Canoe family on Sunday afternoon, I could tell that they had had a successful trip. Everyone was happy, getting along with each other very well, having positive interactions with other people, it was obvious they knew what protocol means, during the Samish presentation knew the songs and dances, understood that it is important to sit during other Canoe Family presentations and listen to their stories, songs and participate when invited. Samish is a smaller canoe family than many other Tribes, but our presentation was very well organized and planned, respectful to our hosts and we received many positive comments on the presentation.

I can see that people who are participating in the Canoe Family will be future leaders in the Samish Tribe. All are learning;

- Samish history, where Samish lived over the years, what it is like traveling from village to village on the water, interacting in a positive manner with many tribes from Vancouver Island to Oregon and developing relationships with other tribes that will last a lifetime;
- Samish culture, traditions, spirituality, arts, crafts; Part of learning culture include learning

- How to speak in a group representing the Samish Canoe family and when it is appropriate not to say anything
- How to work together as a group participating in many aspects of the Canoe Journey – time on the canoe, time on the support boat, time as ground crew, time hosting other tribes
- To be friends and will remain friends as they mature into adult, responsible and involved Samish members.

I see participation in the Samish Canoe family as a very positive opportunity for our youth and one more opportunity to participate in an event that is Drug and Alcohol free.

Colahtsusah, from Bothell, Chris De Kay

ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

Bruce Anderson	Karynn Anderson	Kella Anderson	Lydia Anderson
Jeffery Bailey	Sam Barr	Bernice Barrington	Dominic Barrett
James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Joshua Bell	Kiely Bell	Jared Blackinton	Jessica Blackinton
Lisa Bleeck	Sonja Blewett	George Bob	Christopher Buckman
Ethyn Buckman	Jada Buckman	Julia Buckman	Adam Camp
Coleen Clark	Gerickah Charlie	Kristin Dunlap	Jerald Christiansen
Mario Cruz	Gregory Davis	Nathan DeKay	Alexandra Dofelmire
Teal Douville	Carolyn Edwards	Timothy Edwards Jr.	Alexandera Egger
Garrett Egger	Brianna Engberg	Jeffery Engberg	Darlene George
Jonathon Graves	Michael Guthrie	Alyssa Hatch	Tracy Hatch
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Karrena Heredia-Medina
Sarah Hiltz-Mitchell	Kale Houser	Kye Houser	Shey Houser
Bryan Jackson	Marcy James	Sarah Johnson	Terry Jones
Bob Lyon	Patricia Kavanaugh	Edward M. King Jr.	William E. King
Elizabeth Labrum	Jody Labrum	Shelbie Lucy	Dinah Lundin
Kurtis MacDonald	Justin Madonna	Winnifred Marchand	Hailey Mason
Lorelei McEvay	Monte Medina	Samantha Medina	Julie Moore
Anthony Myler	Bryan Perry	Robert Perry	Abegale Plaster
Deidre Plaster-Eggers	Delbert Poppe Jr.	Juliette Scates	Colleen Scheel
Jo-Anne Smith	Wesley Smith	Robin Spivey	William Steele
Kaiden Thomas	Tyler Thompson	Braeden Thompson	Gavin Tomlinson
Patricia Tomlinson	Stephanie Wehde	Peter Wicken	Bernie Wills
Jana Vazquez	Jeffery Vazquez	Olivia Vazquez	Sheri Underwood
Kenneth Wills	Norman Underwood Jr.	Ralph Underwood Jr.	Frederick Wills
Paige Wooten			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. We will accept P.O. Boxes but you **MUST ALSO HAVE A LEGAL RESIDENCE.** If your present card does not have a photo on it please send a photo along with the request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact us.

MAILING CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404 x 106

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

jflagg@samishtribe.nsn.us



TRIBAL ENTERPRISES

Fidalgo Bay Resort

Samish Discounts

RV Sites
50% off anytime

Free Weekends
for Samish Members are:
General Meeting & Cultural Day
Canoe Journey, Fall Cultural Day
& Health Fair

Tribal Card Required

4701 Fidalgo Bay Rd, Anacortes, WA
1-800-727-5478

Owned & Operated by the Samish Indian Nation

The Park Model cottages at the RV Park are now open and available to rent on a daily or weekly basis. Samish Tribal members will receive a 15% discount on cottage rentals. Please visit the Fidalgo Bay Resort website (www.fidalgobay.com) or call (800) 727-5478 for current rates and availability or drop by the park if you are in the area and we would love to give you a tour of the cottages.

CHEMICAL DEPENDENCY WELLNESS PROGRAM

- Alcohol/chemical dependency counseling
- Outpatient treatment
- Assessments
- Serving Native and Non-Native Clients, youth and adult



Samish Social Services

1809 Commercial Avenue Anacortes, WA 98221
Call (360) 899.5282 or Toll Free (877) 470.8737

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Tesch at

(360)293-6404 extension 110 or email her at ntesch@samishtribe.nsn.us



Samish
Longhouse
Child Care
Program



Center-based, year round, licensed center providing quality care and education for young children ages 30 months to 5 years

Monday-Friday 7:30am-5:30pm

Current Rates:

\$30 Full Day
\$15 Half Day

Free meals provided through the USDA program
Qualifying families may be eligible for minimal cost childcare through our CCDF grant (please contact us for details). We also accept DSHS.

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

Samish Native Art Gallery extends an invitation to all Tribal artists to display their tribally oriented artwork for sale, on consignment, in the gallery. The terms of the consignment sales are 65% of the selling price to the artist and 35% to the gallery. If you wish to sell your artwork in our gift shop, please call ahead for an appointment to show your work.

BUSINESSES OWNED BY TRIBAL MEMBERS



Jitty Kitty Closet, Inc.

eBay store of Tribal Member Wendy Hatch
Visit online at www.jittykitty.com

Variety of new, vintage, antique, and gently used items. Also purchases items as well and will assist in selling your items.



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

A V O N

THERESA METCALF

AVON Independent Representative

<http://www.youravon.com/tmetcalf>

AUBURN, WA 98001

theresametcalf.myavon@gmail.com

(206) 390-3959

NEXAPPEAL

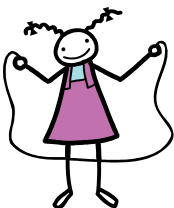
Owned by Tribal Member Pat and Diana Dunn

(360) 293-5054

dpdunn@wavecable.com

Jewelry, Pine Needle Baskets, Button Robes and
Button Hangings available for sale

Rhonda's Child Care, Licensed Daycare



Rhonda Colburn
USDA Food Program
859 South 80th Street
Tacoma, WA 98408
Phone: (253) 473-4183



Law Office of
Erik P. Kaeding

Law Office of Erik P. Kaeding
Owner/Attorney: Erik P. Kaeding
25028 104th Avenue SE
Kent WA 98031

Providing experienced criminal defense services to
King and Pierce Counties for over 15 years.

Phone: (253) 850-8430

Email: kaedinglaw@hotmail.com

Website: www.kaedinglaw.com



Marine Service Provider
owned and operated by
Tribal member Dan Hatch
and Jeff LaLone.

1111 Craftsman Way Everett, WA 98201

(425) 252-3088

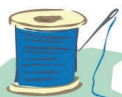
www.baysidemarine.com

Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

16843 South Copley Court • Oregon City, OR 97045-7328



(503) 631-3365

www.OregonCityQuilter.com



ALLEN-BRADBURY CONSTRUCTION, L.L.C.
Accountable Building Contractors

901 Algona Blvd. North, Suite A

Algona, WA 98001

Phone: 253.218.2288

Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

EXEMPLARY TITLE VI PROGRAM FOR 2011



The Samish Longhouse's Title VI Program (Elders and Caregivers) was recently selected as an Exemplary Title VI Program for 2011 by the Administration on Aging! As such, a program representative is invited to attend the Title VI National Training and Technical Assistance Forum and Listening Session from August 23-25, 2011 in Washington DC. The Samish Elders/Caregivers program created a table-top display to showcase the program. The display will be in the exhibit area of the conference hotel, and will remain there throughout the three days. The program will then be presented a certificate during an awards ceremony on August 23.

In the past year, the Elders/Caregivers program has launched a new Caregivers' Lending Library and Loan Closet, Caregivers' respite through a monthly Adult Day Program at the Longhouse, monthly intergenerational activities, as well as monthly educational workshops for both Elders and Caregivers. In addition, the program was the first tribal program in Western Washington to partner with the Northwest Regional Council for an 8-week Chronic Disease Self-Management Program, encouraging Elders to become active leaders in their health and disease management.

Summary of Human Remains Unearthed in Oak Harbor

On June 16, 2011, human remains were uncovered during road construction along Pioneer Way in downtown Oak Harbor, later identified as three individuals. That same day, the State Physical Anthropologist from the Department of Archaeology and Historic Preservation notified tribes with identified interest in the area, including the Samish. On June 21, another burial—and the fourth individual—was identified by an archaeological monitor, and all work on Pioneer Way was halted pending tribal consultation. Following a meeting between representatives of five of the affected tribes, archaeologists, and the City of Oak Harbor, work on Pioneer Way began again on August 2. On August 9 and 10, three more individuals were uncovered during archaeological excavations, bringing the total to seven individuals. A second meeting with the aforementioned affected parties is currently being scheduled.

With most cases in Oak Harbor, the Samish maintain an observation role, staying up to date with correspondence and reports, in order to know how and when the situation is resolved, thereby able to step in if additional help or resources are needed. Although the Pioneer Way case was initially the same, because it became politically complicated and well known through the news, the Samish is more involved, commenting on official correspondence, attending meetings, and being part of the decision making. Despite typos and miscommunication printed in the media, Samish has been aware of this unfortunate situation from the beginning, and is part of the team working towards its resolution.

CONGRATS SAMISH!

The National Center for American Indian Enterprise Development (NCAIED) Board of Directors notified Samish Tribal member Tasha Repp that she was selected as one of the prestigious 2011 Native American 40 Under 40 recipient. Three years ago, in honor of the NCAIED's 40th Anniversary of incorporation, the Native American 40 Under 40 recognition was established to highlight 40 existing and emerging American Indian leaders under 40 years of age who have demonstrated leadership, initiative and dedication to achieve impressive and significant contributions to their businesses, communities and to Indian Country.



Election Superintendent

Lisa Weber has fulfilled her three year term as election superintendent and has stepped down. If anyone is interested in this position, please contact the Tribal Council Secretary Dana Matthews at (360) 899-5282 or email her at dmatthews@samishtribe.nsn.us

MAY

- Anacortes School District Superintendent Advisory Committee Meeting- Anacortes, WA
- Seafarers Park Reopening Ceremony- Anacortes, WA
- Skippers Meeting and Community Dinner for Tribal Journeys –LaConner, WA
- Skookum Creek Meeting- Squaxin Island, WA
- Treaty of Point Elliot Memorial Rededication Ceremony-Mukilteo, WA

JUNE

- American Indian Health Committee Meeting -Muckleshoot, WA
- Annual Elders Lunch- Anacortes, WA
- Canoe Races- Anacortes, WA
- Carcieri Summit, Washington DC
- Centennial Accord-Squaxin Island, WA
- Conference Call with Secretary of Washington State Department of Social and Health Services- WA
- Conference call with Senator Maria Cantwell
- Fundraiser Breakfast with Rick Larsen, Washington DC
- Interviews with the Seattle Times, Skagit Valley Herald and Indian Country Today
- Meeting with State Representative Jeff Morris- Anacortes, WA
- Phone Call with Adam LeMieux- Office of Congressman Rick Larsen
- Quarterly Meeting with City of Anacortes- Anacortes, WA
- Ribbon Cutting at Guemes Ferry Landing – Anacortes, WA
- Salish Sea Native American Cultural Celebration Day- Bowman Bay, WA
- Samish Indian Nation Fifteen Year Re-recognition Celebration- Anacortes, WA
- Washington Indian Gaming Association meeting-Arlington, WA



JULY

- Canoe Hosting- Anacortes, WA
- Canoe Journey- LaConner, WA
- Coast Salish Day- Bellingham, WA
- Group West Economic Development Meeting- Anacortes, WA
- Meeting with City Officials and local Tribes about Human remains- Oak Harbor, WA
- Meeting with Mayor-City of Anacortes
- Meeting with Skagit County Commissioner- Mount Vernon, WA

CORNER

COUNCIL •

ANITA "FRANCES" FISHER-MURPHY

Born on Cypress Island to Cleve & Cecelia Penter, long time Anacortes resident Anita "Frances" Fisher-Murphy passed away at home after a long illness surrounded by family on May 25, 2011. A proud member of the Samish Indian Nation, Frances served on Tribal Council from 1975 to 1983, four of those years as Vice Chairman. Frances especially enjoyed playing pool and being out on the salt water fishing. Survivors include loving spouse Cecil Murphy; brother John Bellinger (Marlene), sister-in-law and close friend Jeanette Penter; granddaughters Dana Matthews (Phil), Shawn Sullivan (Joel), Jamie Easton (Doug); great-grandchildren Charyse Brinker (Hans), Ethan Matthews, Jasmine Eagle, Tessa Eagle, & Daniel Eagle, Hannah Sullivan, Emma Sullivan & Connor Sullivan, and Ryan Hickman. Great-great grandchild Tristan Brinker; Step children Robin Records (Kenny); Shelby Borden (Greg); Tally Allison (Steve) and numerous step- grandchildren, nieces and nephews, as well as extended family and friends from Samish Nation. Frances was preceded in death by her parents; brothers Aaron, Edward, Leonard, Gerald, DeWayne, Arlen; her son, Eddie Sherman; and granddaughter Shannon Eagle.



BRENT ALAN "WOOTER" WOOTEN

Passed away August 29, 2011 in Spokane after a lengthy illness at the age of 72. He was born in Anacortes in 1939 to Richard "Boots" and Thelma Wooten. While at Walla Walla High School he played in the state basketball tournament in 1955. After high school he married Barbara Porter and together they had two girls, Debbie and Cindy, while at the same time starting his college football career at the University of Washington where he played half back and defensive back on the

school's 1960 and 1961 winning Rose Bowl teams, catching a touchdown pass in the 1960 game against #1 ranked Wisconsin for a 17-7 victory that gave the Huskies a national championship. The team was later inducted into the UW Hall of Fame. Brent graduated with a degree in Physical Education and later earned his Masters degree at the UW. After finishing his undergrad he was hired as assistant football coach at Columbia Basin Community College where his team played in the Junior Rose Bowl in 1962 with a record of 17-0-1. He then went on to Eastern as assistant football coach under Dave Holmes bringing with him a number of fine CBC transfers. Over the next five years their combined record was 34-13-1 and advanced to the NAIA national championship game in 1967 where the Savages finished with an 11-1 record. He became head coach and Athletic Director at Eastern from 1968-70. He also served as wrestling coach from 1963-68. Following his tenure in the athletic department, he remained at Eastern for more than 30 years as professor in the Health/Physical Education and Recreation department and also enjoyed serving as the director of intramurals. During this time he met Margaret Davies and they were married in 1990. Following his retirement in 1999, he became active in his Native American tribe serving as a Samish Tribal Council member working tirelessly to promote Samish educational initiatives and helping to establish educational scholarship funds for tribal members. Brent was known for his willingness to help any student in any situation to achieve their college educational goals. He will be remembered for his great, outgoing, friendly personality and his ability to meet people and get things done. He also expressed great love for his animals and most of all for Margaret and his family. Brent, you will be dearly missed as a husband, father, grandfather, friend, coach and instructor. Brent was preceded in death by his father and mother and brother, Brian. He is survived by his loyal companion and wife Margaret, two daughters Debbie McCarson (Bill) of Sammamish, WA, Cindy Fricke (Darren) of Mt. Gilead, Ohio, step son Jim of Spokane, WA, four grandchildren Bryce, Curtis, John and Jenny and two great-grandchildren Cody and Ethan, and two nephews Scott and Jeff Wooten.

Congrats Samish!

Former Bartlett lineman Garness headed to the Trojans

Anchorage's David Garness has been a lineman since he started playing football at 8. Always big for his age, he held tremendous potential. He was so big at 13, he was about 30 pounds too heavy to play in his junior football league, so he had to go on a diet to lose the weight. Garness' father, Jeff Garness, said David was thrilled to get into high school football, where there are no size restrictions. Garness, a 2008 Bartlett graduate, always knew he wanted to play Division I football, but didn't know how to make it a reality. With the help of his dad and some time spent playing in junior college, he found a way to develop technical skills to match his 6-foot-5, 290-pound frame and get noticed by the University



of Southern California. When Garness, 20, accepted a football scholarship with USC earlier this month, it was the biggest such signing of an Alaskan since Bartlett's Zack Bowman played for Nebraska. Bowman now plays for the Chicago Bears. The challenge for any football player in Alaska is gaining recognition from programs Outside, and big football programs tend to overlook the talent in Alaska because of the lack of top-level competition, said David Garness. When David Garness finished high school, his father started calling and writing college coaches all over the country, looking for an opportunity for his son. "My dad put in a lot of hours to get me recruited out of Alaska," he said. With no immediate prospects, David Garness enrolled as a part-time student at UAA in the fall of 2008. Enrolling part-time enabled him to maintain his four years of athletic eligibility. In the spring of 2009, a door opened with the University of Hawaii, which Garness said guaranteed him a walk-on position. David Garness said he could have walked on anywhere, but Hawaii guaranteed him a spot in advance, as a grey shirt. Greyshirting, like redshirting, allows a student to enroll in classes without playing for the university, but greyshirting happens in the spring semester, while redshirting takes place in the fall. Grey-shirting also allows a player to maintain four years of playing eligibility and the ability to redshirt in the future. While practicing with Hawaii and playing in spring scrimmages, Garness met linebacker Jake Heun, a 2005 Palmer High graduate. Heun had played two seasons with City College of San Francisco before transferring to Hawaii and passed the idea to Garness, explaining the value of honing his skills while being visible to many different teams. Garness took the advice, and joined CCSF, an eight-time national champion, in the fall of 2009. He said he quickly realized his skills were not good enough to compete when he was getting beat every day in practice. Garness said the coaching staff at CCSF, led by offensive-line coach Eduardo Nuno, deserve a lot of credit for turning him into a technically sound lineman, raising his skill level to match his size. The experience at CCSF was so good for Garness, he said he thinks a lot of Alaska athletes could benefit from time spent at a community college. David Garness excelled at the right and left tackle positions for two seasons with CCSF, and had just completed the 2010 season with the Rams about three hours prior to his recruiting trip to USC. The Rams had suffered their only loss of the season, a 34-7 loss to Mount San Antonio College in the national community college championship game, but the sting of defeat didn't last long. USC, an 11-time national champion, was the first Division I school to offer Garness a scholarship, but it was the last of four schools Garness visited. He said he was also recruited to play for the University of Washington, the University of New Mexico and the University of Texas-El Paso. Garness called the recruiting trip an experience of a lifetime and thinks USC is an amazing school that provides the perfect combination of education, coaching and football. USC is currently serving a two-year suspension for recruiting violations involving former running back Reggie Bush and won't be eligible for a bowl game until 2012, which is something Garness said he considered. "I didn't feel like it's a big enough factor to change my decision," he said. Garness begins pursuit of his degree in civil engineering on Jan. 10 and will start practicing with the Trojans about 10 weeks later. He still has two years of eligibility left and a redshirt year available. When his playing days are finished, he plans to go into business with his father, owner of Garness Engineering Group Ltd., in Anchorage. Jeff Garness, who never played football, said he enjoys living vicariously through his son and considers playing for USC the opportunity of a lifetime. "I think he's got a lot more in him yet, that nobody has seen," he said.

Health Notes

The Medicare Open Enrollment Period has changed !!
The once-per-year opportunity for you to change how you get Medicare is changing.

- If you are getting your Medicare through 'Original Medicare (A and B) and wish to try a Medicare Advantage Plan (like Secure Horizons, Essence and other).
- If you are on a Medicare Advantage Plan and wish to go back to Original Medicare.
- If you wish to add a Part D (drug) plan to your coverage

This is your once per year opportunity...The open enrollment for 2011 is from October, 11, 2011 through December 7, 2011. If you need assistance with understanding your choices, please contact us.

Samish Contract Health Services

P.O. Box 919
Anacortes, WA 98221
Phone: (360) 899-5454

Toll Free Phone:
(877) 470-8737



Joanne Liantonio x 108
jlantonio@samishtribe.nsn.us

Erin Soucy x 105
erinsoucy@samishtribe.nsn.us

Fidalgo Bay Resort Receives Ablexplorers Highest Wheelchair Rating

Fidalgo Bay Resort located just outside the City of Anacortes, Washington; gateway to the San Juan Islands and Vancouver, BC, is the perfect campground for outdoor RV enthusiasts who also require a little TLC and is also ADA compliant! With 145 full hook-up sites ranging in price from \$32 to \$58 per night depending on whether you're site is at the water's edge or nestled between the shore and the entrance. The Resort also has 5-beautiful furnished cabins, starting at \$138 per night. Two of the cabins are also ADA compliant with wheelchair accessible ramps and bathrooms.



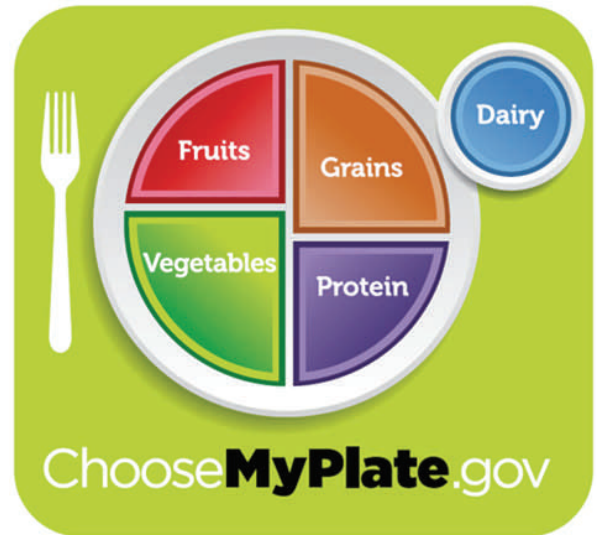
The Fidalgo Bay Resort is proudly owned by The Samish Indian Nation which stretches over a wide seven-county region of Northwest Washington. From the mountains of the Cascades to the western shores of the San Juan Islands. Governed by an seven member Tribal Council, the Tribe oversees the welfare and resources for its Tribal members. Managers Michael and Jean Madsen and staff provided a wonderful respite for these two wet and tired travelers. Conveniently located within the park is the Tommy Thompson Trail - a paved bike/walk path which stretches along Fidalgo Bay for approximately 2.5 miles providing wonderful opportunities to observe the wildlife. We had the great pleasure of seeing 2 Mink's darting around the rocks, 7 Blue Herons, a Harbor Seal and oodles of Seagulls and Terns filling the air with their cries announcing the change of the extreme tides. During the crab season (July 15 through September 30) the park is full with smells of fresh caught crab bubbling in giant crab boilers. Boats up to 20' are launched from the beach and a complimentary cleaning station is located by the club house. Amenities galore and all ADA compliant; from a spacious club house overlooking the harbor, a gym, public toilets and showers, conference room, kitchen and boat house. Spotlessly clean, new and fresh we are delighted to present the Fidalgo Bay Resort Ablexplorers highest rating of 5-Wheelchairs and recommend their facility to all RV'ers especially travelers with mobility constraints or special requirements. Congratulations!

CHOOSE MY PLATE!

One of the keys to a healthier lifestyle is making healthy food choices today that will help us stay healthy for tomorrow. A healthy and balanced diet contributes to disease prevention, promotes weight reduction and improves overall wellness and quality of life.

The United States Department of Agriculture created the well-known Food Pyramid as a guide to help the public make healthful dietary decisions. However, many nutrition educators complained that the original Food Pyramid was confusing and offered little help in selecting nutritious foods without too many calories.

With the national upsurge in obesity and in particular childhood obesity (one in three children in America are obese), the USDA has now replaced the Food Pyramid symbol with a standard meal plate setting as the new dietary guideline. The new **My Plate** visual image illustrates what we should eat in a clear, simple straightforward manner.



The **My Plate** healthy food guide is divided into four segments; fruits, vegetables, grains and protein. A small circle sits alongside the main plate and represents the dairy group. One half of the dinner plate consists of fruits and vegetables. Grains make up one quarter of the plate with the recommendation that at least half of all daily grains should be derived from whole grains. The guideline for the protein portion of the plate now includes plant-based protein found in foods like beans – a natural source of fiber and protein. Choosing seafood twice a week as a source of protein in place of meat and poultry is also advised. In the dairy group, eating and drinking low-fat or fat-free milk, yogurt and cheese is encouraged along with fortified soy milk.

The new food plate guidelines follow the 2010 dietary recommendations for Americans and also include guidelines pertaining to healthy choices such as: drinking water instead of sugar-laden drinks, cutting down on sodium and switching to healthful unsaturated oils like canola, olive and safflower oil.

Some of the other messages announced in this initiative include encouraging Americans to enjoy their food while watching portion sizes and staying physically active as part of a program to maintain a healthy weight. For example, there's been a steady increase in portion sizes served in restaurants on platter sized plates. Years ago, smaller portions were served on an 8" or 9" dinner plate.

The Choose My Plate website reminds all of us to be more aware of the foods we are eating. If our 8" or 9" plates are filled with plenty of fruits and vegetables, then we are on the way to decreasing the risk of obesity and some of the most common chronic diseases that plague the American public today such as diabetes, heart disease and certain cancers.

For "hands on" healthy-eating tips, healthier eating recipes and clear-cut easy to follow nutritional information visit the www.ChooseMyPlate.gov website!

This newsletter article is not a substitute for the advice of a qualified health care provider.

Samish Public Health Services Mitch Markovich, RN (877) 470-8737 Ext 107

Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place



Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404

Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

Samish Requests Congressional Action to Take Lands into Trust

This spring, the Samish Nation will be working with a representative to propose legislation, known as the Samish Homelands Act, at the federal level requesting Congress to take 5 specific properties, totaling 103 acres, into Trust for the Tribe. Similar tribal land transfers and land acquisitions (for land already owned in fee) have passed in recent years, in Washington State the Hoh Tribe recently gained Congressional approval for land to be taken into Trust. The Tribe is making this request because so far we only have 78 acres in Trust, and that parcel at Campbell Lake took almost nine years to accomplish.

Samish Chairman Tom Wooten, accompanied by Council members Dave Blackinton, Shawn MacAvoy, and Council Secretary Dana Matthews, made a presentation to the Anacortes City Council on February 27, to gain local buy in for the Samish Homelands Act. An additional presentation was made to Skagit County Commissioners on February 14th by Chairman Wooten and Council member Dave Blackinton. The City of Anacortes has already submitted a letter of support to the Washington delegates to Congress, and we are hopeful the County will also submit a letter on our behalf. Properties to be included are the South Lake Campbell, and North Lake Campbell properties, both adjacent to the property already in Trust. The Tribe's Longhouse, preschool and elders program, and Administrative campus are also included, as are Thomas Creek property in rural Skagit County, and the 3.4 acres of Oyster beds owned by the Tribe on Lopez Island.

Check the Samish web site later this spring for details on the Samish Homelands Act bill number and to follow the progress through House and Senate.

Tribe Acquires New Land

Last month the Tribe acquired 48.8 acres of land designated as rural reserve which is adjacent to the property at Campbell Lake. Chairman Tom Wooten, in the presence of Council Secretary Dana Matthews and Council member Dave Blackinton, signed paperwork to close the purchase. Acquisition of this property adds to the opportunities for future development at Campbell Lake by providing better sightline accessibility for a road to the top of the hill.



Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

REMEMBRANCE CUB-SHE-LITSA (MARY HANSEN)

The family of Cub-she-litsa
Invites you to a Remembrance
Celebration of her life

September 29, 2012 at 1:30pm
Fidalgo Bay RV Park
4701 Fidalgo Bay Road
Anacortes, Washington



I have been fortunate enough to attend many of the cultural classes and events that were offered to members over the past few years, and every one of them has given me a greater understanding of our history as a people and brought me a little bit closer to the path of our ancestors. I just wanted to take a moment to thank all those Samish who work so very hard to ensure that these opportunities are available to us, and to let them know that they are truly appreciated.

Sincerely,
Jenna Strand

I feel so lucky to be Samish. My father hid the fact that he was an Indian. I never knew my family history. Over the last ten years. I have attempted to find out more about my Samish family. I traced my lineage to my Great-Great Father Peteus and his wife, Mary (SHutska) and Lennie Pateus Brown (Ta Ha Ti).

Along my journey, I reconnected with family and now have a new extended family, the Samish Nation. I have been able to take advantage of cultural days, drum making, and carving. Last year my wife and I enjoyed the whale watching trip. As we followed the path of our ancestors Native linguists translated what we saw into the Samish language. What a fantastic trip it was.

Thank you everyone that has the foresight to fund these programs. Thank you to the teachers, Tom Wooten, the Council, the Cultural Committee and all the other individuals that help promote, teach and preserve our heritage. We are lucky that our tribe funds these activities. So many other tribes have neglected to provide means for their tribal members to connect and learn about their histories. You have had the insight to enrich our lives and provide the programs to help preserve Samish culture and history. —Daniel Wilson Jr.

ENROLLMENT INFORMATION NEEDED

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA

Bruce Anderson	Karynn Anderson	Kella Anderson	Jeffery Bailey
Sam Barr	James Barrett	Lloyd Barrett	Lyle Barrett
Shane Barrett	Joshua Bell	Kiely Bell	Jessica Blackinton
Lisa Bleeck	George Bob	Adam Camp	Gerickah Charlie
Jerald Christiansen	Anthony Clark	Mario Cruz	Nathan DeKay
Scott DeKay	Alexandra Dofelmire	Teal Douville	Kristin Dunlap
Carolyn Edwards	Timothy Edwards Jr.	Alexandera Egger	Garrett Egger
Brianna Engberg	Darlene George	Christian Gidlof	Riley Gidlof
Frank Graves	Jonathon Graves	Michael Guthrie	Geneva Haines
Peter Hansen	Alyssa Hatch	Jeffery Hatch	Heidi Hawkins
Theo Hawkins Jr.	Karrena Heredia-Medina	Debra Higgins	Kale Houser
Kye Houser	Shey Houser	Bryan Jackson	Marcy James
David Johnson	Sarah Johnson	Terry Jones	Bob Lyon
Patricia Kavanaugh	Edward M. King Jr.	Jody Labrum	Susan Leonard
Joe Lowman	Shelbie Lucy	Dinah Lundin	Kurtis MacDonald
Winnifred Marchand	Hailey Mason	Tiana McLeod	Monte Medina
Samantha Medina	Casandra Miller	Courtney Miller	Julie Moore
Bryan Perry	Robert Perry	Abegale Plaster	Jerry Plaster
Deidre Plaster-Eggers	Delbert Poppe Jr.	Chad Pounds	Richard Ritter Jr.
Skye Ritter	Colleen Scheel	Jeffery Scheremeta	Aslan Schue
Nicole Sherwood	Jo-Anne Smith	Wesley Smith	Robin Spivey
William Steele	April Stegeman	John Stegeman	Elizabeth Stewart
Benjamin Stewart	Joshua Stewart	Kelli Stewart	Samuel Stewart
Vonnie Stewart	Kaiden Thomas	Tyler Thompson	Braeden Thompson
Gavin Tomlinson	Patricia Tomlinson	Stephanie Wehde	Peter Wicken
Bernie Wills	Jana Vazquez	Jeffery Wooten	Paige Wooten

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. We will accept P.O. Boxes but you **MUST ALSO HAVE A LEGAL RESIDENCE**. If your present card does not have a photo on it please send a photo along with the request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact us.

MAILING CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404 x 106

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

jflagg@samishtribe.nsn.us



TRIBAL ENTERPRISES



Fidalgo Bay Resort

RV by the Sea

Park Model Cottages Now Available!

- 142 Full Hook-up Sites
- Store/Gift Shop • Small Boat Launch
- Laundry Facilities

Clubhouse, Fitness & Game Rooms Open All Year

ON LINE RESERVATIONS
Available at : www.fidalgobay.com

4701 Fidalgo Bay Rd, Anacortes, WA
1-800-727-5478

Owned & Operated by the Samish Indian Nation

The Park Model cabins at the RV Park are now open and available to rent on a daily or weekly basis. Samish Tribal members will receive a 15% discount on cabin rentals. Please visit the Fidalgo Bay Resort website (www.fidalgobay.com) or call (800) 727-5478 for current rates and availability or drop by the park if you are in the area and we would love to give you a tour of the cabins.

CALL FOR VOLUNTEERS

Hello Gardeners,

We are in the planning stage of a community garden at the Samish owned Thomas Creek property. We are looking for families or individuals who are interested in participating in this program. The goals of this garden are to build community ties, grow fresh fruit and vegetables for our elders lunch program, preschool program, for participants and local food banks. All skill levels are welcome to come to gather and learn new skills or to pass on your valuable teachings. You can also participate by dedicating a row in your own home garden or greenhouse for much needed and appreciated crops.

Please contact Larry Thomas Jr. at samishcommunitygarden@gmail.com



Samish
Early Learning
Center



Center-based, year round, licensed center providing quality care and education for young children ages 12 months to 5 years

Monday-Friday 7:30am-5:30pm

*Competitive Rates Available
Please inquire for specific rates
360.588.8806*

Free meals provided through the USDA program. Qualifying families may be eligible for minimal cost childcare through our CCDF grant (please contact us for details). We also accept DSHS.

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

The Samish Art Gallery provides a showcase for native artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style and to provide the community the opportunity to learn about native culture and art. We've had visitors from 60 other cities in WA, 29 other states and 9 different countries. If you wish to consign your artwork in the gallery or gift shop please call ahead for an appointment.

BUSINESSES OWNED BY TRIBAL MEMBERS



Jitty Kitty Closet, Inc.

eBay store of Tribal Member Wendy Hatch
Visit online at www.jittykitty.com

Variety of new, vintage, antique, and gently used items. Also purchases items as well and will assist in selling your items.



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

A V O N

THERESA METCALF

AVON Independent Representative

<http://www.youravon.com/tmetcalf>

AUBURN, WA 98001

theresametcalf.myavon@gmail.com

(206) 390-3959

NEXAPPEAL

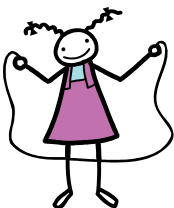
Owned by Tribal Member Pat and Diana Dunn

(360) 293-5054

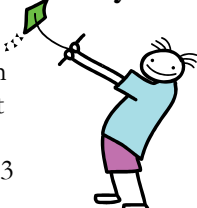
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Rhonda Colburn
USDA Food Program
859 South 80th Street
Tacoma, WA 98408
Phone: (253) 473-4183



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Owner/Attorney: Erik P. Kaeding
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Marine Service Provider
owned and operated by
Tribal member Dan Hatch
and Jeff LaLone.

1111 Craftsman Way Everett, WA 98201

(425) 252-3088

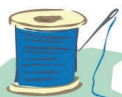
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Algona, WA 98001

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michaelj@allenbradburyconstruction.com

Cultural Report

By the Cultural Development Coordinator Rosie James

Many may have heard the phrase, "Culture is the Core of our existence". As the outreach person for Culture, I remind myself that there are many members learning of their heritage. It keeps me focused on the need for the knowledge of our ancestors. Although I do not carry all of the teachings that my Grandfathers carried it's enough to share with the membership to keep the culture as full as we can.

I will start by sharing the mission of my position as Cultural Coordinator for the Samish Nation.

There is an old saying.

*Hand full of sand and each grain is a teaching.
"Add a grain of sand, delete a grain of sand,
distorts the teachings".*



The plan is to get our past, present and future to be known in our Usual and Accustomed areas. This is in support of the Samish Cultural Committee and the Samish Tribal Council. Many are unaware of where our historical land base is, and it can be confusing. Lopez, Orcas and Cypress Islands were on our map as well as Guemes Island, Samish Island, the Bow Hill and Edison area, and a large part of Fidalgo Island. There are many cultural interests that are practiced today and many returning. The Samish ancestors are at the core of every cultural teaching. As the Cultural Development Coordinator, my mission is to educate the membership on many of these teachings.

Cultural Subjects

1. Ceremonies
2. Travel Vessels
3. Housing structures
4. Cultural foods
5. Cultural food gathering
6. Food preparing
7. Ceremonial regalia
8. Family Structures
9. Games
10. Competitive Sports

THIS SEASON IN SAMISH HISTORY

Sixty years ago, in the months of March and April 1952, the Samish Tribal Council discussed the possibility of using a tribal logo for official tribal stationary and identification cards. Council members present, at the meeting, included Alfred Edwards, W.P. Hatch, Lyman Kavanaugh, Jack Knowles, Don McDowell, and Mary Hansen. In the March 1 council minutes, "Jack Knowles moved that Don McDowell draw a Samish design to be used on membership cards and stationary. W. P. Hatch seconded the motion." The council had not decided on a design, and it was brought up again at the April meeting. "Chairman Edwards mentioned the use of identification cards for all members. The emblem to be used on the card was talked about. Mr. Edwards thought the 'magic stick' might be appropriate and explained what it was." And later at the April meeting "Don McDowell said he would take care of it next week and the cards would be ready for the June meeting. The 'Magic Stick' would be used." And this year will mark 60 years the Sqwedilech has been used to identify the Samish Indian Nation.

Samish Indian Nation



In addition to the daily operations, weekly conference calls and monthly meetings, one or more Tribal Council members have attended the following conferences, meetings, trainings, workshops, etc.

COUNCIL ● CORNER



DECEMBER

- Anacortes School District meeting- Anacortes, WA
- American Indian Health Council- Suquamish, WA
- Conference call with AES – Anacortes, WA
- Enrollment meeting- Anacortes, WA
- Skagit Council of Government meeting – Mount Vernon, WA
- Samish Annual Christmas Party- Anacortes, WA
- Samish Council planning meeting -Anacortes, WA
- Samish Cultural meeting- Anacortes, WA
- Small Tribes of Western Washington- Lakewood, WA
- Washington Indian Gaming Associates- Tulalip, WA
- Western Washington Indian Training Program meeting-Tacoma, WA
- White House Tribal Nations Conference- Washington DC

JANUARY

- Anacortes School District meeting - Anacortes, WA
- Conference call with AES - Anacortes, WA
- Council planning meeting – Anacortes, WA
- Natural Resources Conservation Service meeting- Tulalip, WA
- Northwest Portland Area Indian Health Board- Spokane, WA
- Office of Head Start Risk Management meeting- Anacortes, WA
- Puget Sound Partnership meeting conference call- Anacortes, WA
- Quarterly Meeting with City of Anacortes/Mayor- Anacortes, WA
- Samish Council planning meeting -Anacortes, WA
- Samish Cultural Event- Anacortes, WA
- Samish Cultural meeting- Anacortes, WA
- Samish Treaty Day Celebration- Anacortes, WA
- Skagit County Board of Commissioners Meeting, Mount Vernon, WA
- Washington Gaming Association- Olympia, WA

FEBRUARY

- Anacortes City Council Study Session meeting- Anacortes, WA
- Casino and Hotel Develop Conference, Las Vegas, NV
- Conference call with AES- Anacortes, WA
- Council planning meeting -Anacortes, WA
- Natural Resources Conservation Service conference call- Anacortes, WA
- Head Start Policy Council- Anacortes, WA
- Samish Council planning meeting -Anacortes, WA
- Samish Cultural Event- Anacortes, WA
- Samish Cultural meeting- Anacortes, WA
- Small Tribes of Western Washington - Lakewood, WA
- Town meeting with Secretary of the Interior Ken Salazar & Senator Maria Cantwell- Anacortes, WA



**Dana Matthews,
Tribal Council Secretary**

HEALTH NOTES

It is always an adventure in CHS! Currently the Pharmacy and Therapeutics workgroup is reviewing and evaluating the list of medications proposed to be added to the Samish formulary. They are considering the clinical, as well as the financial impacts, of expanding the list. When the workgroup has completed their review and evaluation, their recommendations will go to the Tribal Council for final decisions regarding additions. If any medications are added, we will notify the membership, and update the formulary on the Samish website.

There are currently allowances in Indian Health Service for chiropractic services. The services must be referred by an MD, and must be for subluxation of the spine, as evidenced by X-ray. In order to have CHS pay for chiropractic services, we will need to have a copy of the X-ray report, showing subluxation of the spine, and a physician's referral to a chiropractor. When we have both of those items on file, we can cover chiropractic services.

If your doctor is recommending an MRI, a CT scan, sleep study, PET scan, EMG, or any type of procedure, we need at least two weeks advanced notice. This is because these expensive procedures must be reviewed for medical justification by our Medical Director. This involves contacting the ordering physician, obtaining the office notes that justify the procedure, having those notes reviewed by the Medical Director (available on Wednesdays only) and then notifying the client and the providers of the review outcome. The more advanced notice you can give us, the better. As always, we appreciate your cooperation, and if you have ANY questions, call Joanne, Erin or Kim in Contract Health at 360-899-5454.

New Medications added to the Samish Formulary effective April 1, 2012

After careful consideration, the Pharmacy and Therapeutics workgroup recommended the addition of the following medications to the Samish Formulary:

- Amitriptyline
- Q-Var
- Potassium 10meq
- Omeprazole 20 mg; 40 mg
- Liothyronine 5mcg; 25mcg; 50 mcg
- Cetirizine
- Testosterone IM 200mg/ml
- Chlorthalidone 25 mg; 50 mg
- Metformin ER 500 mg; 750 mg
- Methylphenidate ER 10; 30
- Donepezil 5 mg; 10 mg oral or ODT

These medications will be available for coverage by Samish for CHS eligible clients for ***prescriptions filled on or after April 1, 2012.*** The Samish Council approved these recommendations at their meeting of March 9, 2012. If you have medications that are not currently on the Samish Formulary, and would like them to be considered for addition, you may submit your request for consideration by the Pharmacy and Therapeutics Workgroup. This workgroup will meet again in 6 months to review the requests. Requests may be submitted through the Contract Health Staff; please have the correct spelling and dosage of the medication you would like considered.

CONTACT US

Samish Contract Health Services

P.O. Box 919

Anacortes, WA 98221

Phone: (360) 899-5454

Toll Free Phone:
(877) 470-8737

Joanne Liantonio
extension 108

jlantonio@samishtribe.nsn.us

Erin Soucy extension 105
erinsoucy@samishtribe.nsn.us



6th Annual Samish Health and Wellness Gathering

Diabetes and Healthy Heart Conference



April 14, 2012 at 9:00 a.m. to 3:00 p.m.

Fidalgo Bay Resort Clubhouse, 4701 Fidalgo Bay Road, Anacortes, WA

All New Conference with an Outstanding Lineup of Professional Guest Speakers!

Diabetes Control *It* and *It Won't* Control *You*! Jennifer L. McAfee, MD, Diabetes & Endocrinology
Cardiovascular Disease Risk - Don D. McAfee, MD, North Cascade Cardiology
Exercise Guidelines- Misty Parris, Cardiovascular Wellness and Rehabilitation
Eating Well- Linda Banks, Preventative Medicine Program

- Complimentary Wild Salmon Gourmet Catered Buffet Lunch ○ Free Diabetes and Cardiovascular Screenings, No Fasting Required! ○ Free Therapeutic Massages ○ Health Fair Exhibits ○ Free Conference Tote Bags Filled with Health and Wellness Products ○
- Plus: Door Prizes, Raffles, \$50 Cash Gift Cards, \$100 Gas Gift Cards and More!

Fidalgo Bay Resort RV Sites: Free to Samish Tribal Members Friday April 13th & Saturday April 14th
To check for RV Site availability: Call (360) 293-5353

This is a Free Event Open to Samish Family, Friends and Relatives!

Pertussis (Whooping Cough) Outbreak

According to the Washington State Department of Health, the number of whooping cough cases in our State has increased by more than 50%. Whooping cough is a very contagious respiratory disease which is spread by coughing or sneezing. It affects all age groups – but, it is particularly serious and can be life-threatening in infants, especially those too young to get vaccinated or have little or no immunity. The disease usually starts off as a common cold followed by a prolonged severe cough. Coughing spells due to the infection can last ten weeks and longer. Adolescents and Adults often get a much milder case of whooping cough, but they can still spread the disease.

The best way to prevent whooping cough is by getting vaccinated. The vaccine is given in combination with the diphtheria and tetanus vaccines. Dtap is given to children 7 years of age and younger. The Tdap vaccine is given to older children and adults as a booster. All children who are not fully immunized should complete the Dtap immunization series. Adolescents and adults, including pregnant women, are recommended to receive a one-time Tdap booster to help protect themselves and to stop the disease from spreading to others. Anyone who takes care of or who has close contact with newborns and infants should also be vaccinated. This includes parents, siblings, child care workers, grandparents and health care staff.

Even though most people receive a series of whooping cough vaccinations as children, protection weakens over time. Adults should get a Tdap booster in place of their 10 year tetanus (Td) vaccine – sooner if around young children or if they live in an area where there are whooping cough cases. The one-time Tdap booster dose can also be given earlier than every ten years, as there's no minimum time period between the doses. All adults should speak to their doctor or health care provider about what is best in their specific situation.

In response to the whooping cough outbreak, the Washington State Department of Health recommends checking with your doctor or health care provider to make certain you are current with the whooping cough vaccine. Protect yourself, your family and others from pertussis!

The Department of Health website: www.doh.wa.gov

Contact information for local health jurisdictions in Washington: www.doh.wa.gov/LHJMap/LHJMap.htm

Department of Natural Resources

Spring 2012 Update

Hello everyone, spring is on its way and with the arrival of spring our department starts our even busier time with more outdoor work on our field projects. This time of year water tends to be on everyone's mind as we start to transition from the rainy season. We would like to take a chance to update everyone on two of our projects that are focused on water: Fidalgo Bay and Thomas Creek Water Quality Monitoring. Each of these projects has its own unique challenges and some common ideas as well.

FIDALGO BAY WATER QUALITY MONITORING PROJECT

Clean, healthy water is essential to all life. Whether you are a clam or crab living on the bottom of Fidalgo Bay or a Bald Eagle soaring the skies above, you rely on water for your very existence. Humans are no different. From the water we drink to water where the salmon swim and shellfish grow, healthy water supports everything we need from survival to recreation. So, how do we tell if the water is healthy? Water that looks perfectly clear in a glass can have harmful bacteria or other toxins that make it unhealthy.

Building on over 5 years of water quality monitoring data for Fidalgo Bay, we are continuing to monitor almost 40 locations around the bay twice a month. Since November 2010, we have been working to better describe the water quality of the Fidalgo Bay Watershed by adding monitoring sites up the fresh water ways that drain into the bay itself. Think about it this way: If you are standing on the sidewalk, in the rain, at the Samish Office on Commercial or at the Samish Gallery in downtown Anacortes, where does that rain go? It goes into the gutter. Then, it eventually flows into a storm drain. Once it enters the storm drain system (becoming "storm water"), it will eventually flow out into Fidalgo Bay. So what? Nice, relatively clean, rain flowing into the bay shouldn't be a problem right?

Well, water is amazing. It does a great job picking up whatever it comes in contact with and carrying it along. Big or small, harmless or toxic, whatever the rain water flows over is picked up and carried out. Think about all the stuff you see on streets, sidewalks, lawns and roofs where you live. Now think about all the things you can't see. How about the oils, dust and dirt or fecal material? These are the things that cause some of the biggest problems for water quality.

The Puget Sound Partnership has identified storm water as one of the top polluters of the Salish Sea today. A recent Department of Ecology study estimated that nearly 58,000 tons of petroleum (oils) from cars reaches Puget Sound through storm water every year! This does not even begin to count the amounts of fecal coliform (harmful bacteria) or nutrients (nitrogen and phosphorus) that come off the landscape with our storm water. That is where our department comes in. Our monitoring checks the levels of fecal coliform and nutrients along with some other water quality measurements twice a month.



Looking at trends in the data, we can begin to tell which outfalls and which areas around Fidalgo Bay may be causing water quality issues or may cause future problems if we don't start cleaning them up now. So, the real question is: Who do we work with to correct the problems? It is very unusual for a storm water problem to have an easily found source. More often, the water quality concerns are created by small actions that all of us take in our daily lives. So, we are working with the City of Anacortes, Skagit County, the Refineries and others to create outreach messages that will help everyone understand their storm water impact on Fidalgo Bay. One example of this is work that students at Anacortes High School are currently doing with us to help people that walk their dogs on the Tommy Thompson Trail understand why it is so important to pick up after their pets and get it into the garbage. The impact of pet waste can be easy to laugh off as unimportant. When I learned that the average daily production of dog waste for the City of Anacortes is about 900 pounds, the issue became a whole lot easier to understand.

For the sake of the clams and eagles, we all need to do our part to understand storm water issues wherever we live and hopefully be part of the solution. If you would like to learn more about our monitoring or storm water issues in general, feel free to give us a call: (360) 293-6404 ext 109

THOMAS CREEK WATER MONITORING PROJECT

The other water quality monitoring project we would like to share with you this time is the continued work we are doing on Thomas Creek and some of its smaller streams.

If you watch the environmental news around our region, you already know that the Samish River system that starts up Hwy 9 towards the town of Acme and flows out into Samish Bay near Edison has been in the news for all the wrong reasons recently. Commercial shellfish beds in Samish Bay get closed by the Department of Health if we have too much heavy rain. Why? The rain again picks up a lot extra as it flows over land and into our streams and rivers. In the Samish River, the concern is Fecal Coliform bacteria. Fecal Coliform is a bacteria present in feces of all warm blooded animals, in excess amounts it poses a health risk to humans. Clams and other shellfish, because they filter directly out of the water, pick up fecal coliform when it is suspended in the fresh water flowing into Samish Bay. The concern is so large that over 20 agencies and organizations, including the Tribe, have come together to try to clean up the Samish River watershed. The effort is named the Clean Samish Initiative (CSI). We are involved with CSI on their executive board and doing water quality monitoring.

For several years our department has been doing regular water quality monitoring in Thomas Creek that borders one of our tribal properties. We recently added several sites on Thomas Creek and some of the smaller streams that run into Thomas Creek to help provide a better idea of the water quality in that part of the Samish River watershed. The data we collect is shared with the CSI effort to help identify problem areas that need to be cleaned up. The solutions to the problem will not be easy. It will take an effort from all of the involved agencies, organizations, tribes and landowners in the watershed to clean up the water quality challenges. If we all work together on a solution, closed shellfish beds can be a thing of the past.

For more information on the Clean Samish Initiative, web search: Clean Samish Initiative to find the Skagit County website. Want to learn more about the CSI effort or our monitoring on Thomas Creek, feel free to contact us: (360) 293-6404 ext 109

SAMISH DEPARTMENT OF NATURAL RESOURCE NEWSLETTER

We really appreciated all of the positive feedback we received from the newsletter that we were able to publish and distribute last December. It is very important to us to share the work we are doing with all of you. We wanted to follow up and let everyone know that we are hoping to publish again in June shortly before the General Council meeting this year. If there is a topic you are interested in seeing us tackle, let us know.

Thank you for all of your support.

Sincerely,
Your Department of Natural Resources Staff

Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place



Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404

Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us

SAMISH INDIAN NATION

SAMISH NEWS

OFFICIAL NOTICE OF TRIBAL COUNCIL ELECTIONS

Tribal Council Elections are to be held on June 24, 2012.

IF YOU WOULD LIKE TO RUN FOR OFFICE YOU MUST MEET THE FOLLOWING REQUIREMENTS:

1. Be an enrolled member of the Samish Indian Nation; and
2. Be 21 years of age or older on the annual General Council Meeting; and
3. Have resided in the State of Washington for at least one year immediately preceding the election; and
4. Be the only member of the household who is running for office in this election or any subsequent election

On a form to be provided by the Election Board, you must file a statement of candidacy and a petition signed by ten (10) enrolled members of the Samish Indian Nation who are eligible to vote with the Election Superintendent no later than May 10th, 2012 at 4:00pm, at Samish Indian Nation 2012 Election Office, P.O. Box 249 Bellingham, WA 98227

Candidacy Forms can be picked up at:

Samish Tribal Office

2918 Commercial Avenue Anacortes, WA 98221

Or Candidacy Forms can be mailed or e-mailed to you by the Tribe's independent third party election firm, Cornerstone Strategies, Inc., by contacting:

Samish Indian Nation 2012 Election Office

P.O. Box 249 Bellingham, WA 98227

Toll-free Phone number: (888) 797-1120

Fax: (360) 539-0006

Candidates may also submit a statement not to exceed 300 words (photo optional) at the same time they submit their statement of candidacy. The statement and photograph will appear in the voter pamphlet. Candidates may run for one position on the Samish Tribal Council. The following offices will be up for election.



POSITIONS UP FOR ELECTION

- Chairman 4 year term
- Secretary 4 year term
- Council member #5 4 year term
- Council member #6 4 year term



Election Timeline

Declaration of Candidacy Forms Available	April 2, 2012
Candidacy returned to Election Superintendent	May 10, 2012
Voter Pamphlet mailed to registered voters	May 25, 2012
Requests for Absentee Ballots	May 25, 2012
Mailed Absentee Ballots Must be Received by 5:00pm	June 23, 2012
Polls Open (8:00am to 12:00pm)	June 24, 2012
All Ballots Counted	June 24, 2012
Election Superintendent Certifies Election & Post Results	June 24, 2012
New Council Members Seated	June 24, 2012

SAMISH TRIBAL ELECTION

Registered voters may vote in person at the General Council Meeting on June 24th, 2012 or request an absentee ballot. Voters who received an absentee ballot for the 2010 election will automatically receive an absentee ballot for this election. **It will be delivered to the address that is currently on record with Tribal Enrollment.** If you are a registered voter and did not receive an absentee ballot during the last election, an absentee ballot may be requested in writing, or by phone, fax, or email.

A written request for an absentee ballot should be sent to:
Samish Indian Nation 2012 Election Office
P.O. Box 249 Bellingham, WA 98227

If the member wants to request a ballot be sent to a different address or desires to change the address, the new address should be included in the ballot request. The member requesting a change of address must also indicate if the address change is for one election or a permanent change. **All requests for change of address must be signed.**

If you would like to request a ballot by email, send your request to gregw@cstonestrategies.com
If you would like to fax your request you may fax it to (360) 539-0006.

Absentee ballots must be returned by mail or be delivered to the election committee no later than 5:00p.m., June 23th, 2012. The Election Committee must receive hand-delivered ballots no later than 12:00p.m. June 24th, 2012. If you have any questions about the election or voting please call the toll free election information line at (888) 797-1120

YOU MUST BRING A PHOTO ID WITH YOU IN ORDER TO VOTE IN PERSON AT THE GENERAL COUNCIL MEETING ON June 24th, 2012.

ATTENTION SAMISH TRIBAL MEMBERS

Larry Thomas, Election Superintendent

Volunteers Needed for the election committee

Samish Election Ordinance states that:

Election Board members shall each serve for three (3) years from the date of appointment and may be removed only for cause. No person shall be appointed who is currently holding office, who resides in the household of one who holds elected tribal office, who plans to be a candidate in any election during his or her term of service, or who resides in the household of a current Election Board member who files as a candidate. Such a Board member shall be disqualified from serving and a substitute appointed in his or her place, as set forth in this section.

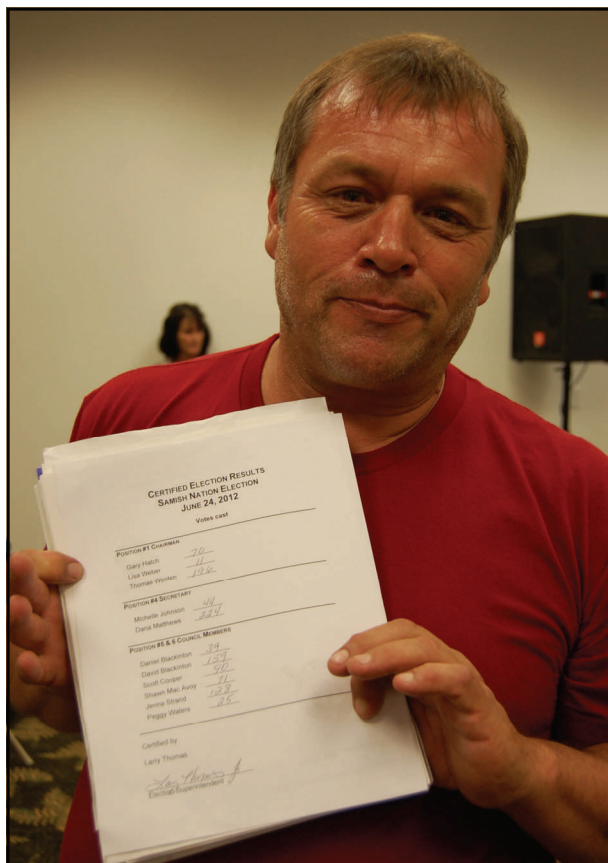
Contact:

If you are interested in being a member of the election committee please send an email to: samish@samishtribe.nsn.us or call our office at (360) 293-6404 or toll free at (877) 711-8896. All requests will be forwarded to the Election Superintendent, Larry Thomas.



Samish News

Special Election Edition
July 2012



CERTIFIED ELECTION RESULTS SAMISH NATION ELECTION JUNE 24th, 2012

CHAIRMAN

Gary Hatch	70
Lisa Weber	11
Thomas Wooten	196

SECRETARY

Michelle Johnson	44
Dana Matthews	224

COUNCIL POSITION 5 & 6

Daniel Blackinton	39
David Blackinton	159
Scott Cooper	90
Shawn MacAvoy	71
Jenna Strand	128
Peggy Waters	25

This years 2012 election set a new high in voter participation with 287 Absentee Ballots sent out and 189 returned and 88 ballots cast on Election day, a 66% return rate of those members who requested ballots.

The election brought out many candidates. This shows how strong our group is as a whole and that everyone involved is eager to participate.

Our election was coordinated by Greg Winter from Cornerstone Strategies Inc. for the 6th time in the last 12 years. I would like to thank Julia Hendershot, Denise Gaggens, and Frank Penter for volunteering to help on the election board with counting ballots and election oversight. I also would like to thank all of the candidates for running.

Samish Election Superintendent,
Larry Thomas Jr.

2012 General Council Meeting

Greeting fellow members,

Let me share my thoughts with you on this year's general membership meeting. I would first like to say the Elders Luncheon was a bigger hit this year than last. It was a packed house there were around 250 people in attendance. Groups from Puyallup, Muckleshoot, Sauk-Suiattle, Stillaguamish, Lummi, Upper Skagit and Tulalip were all in attendance. The food was excellent and the songs shared were moving. Samish elder George Cagey closed the table for us and the giveaways were all nice and well received. Everyone stayed till the end. Our hands go up to our Elders group and all of staff that helped with the event.

Saturday our traditional Cultural Day was also a great day. Lots of activities were going on. We started the day with

a spiritual cleansing of our building in preparation of our meeting Sunday. These ways are not lost to us and are there for our help, use and education, to help us in our walk of life as tribal people.

For me the highlight of the day was when our members from Vancouver Island opened the table for lunch and sang after lunch for what seemed like hours. Our men's singing group Black Eagle joined them and shared songs. For me this was very special.

The general membership meeting was well attended this year what with it being an election year. The meeting was started with the colors being brought in by our veterans accompanied by a traditional honoring song. Our veterans, elders, graduates and new members were all honored. My least favorite part of the meeting was next, honoring our members that had passed since the last time we had met; they will be missed but not forgotten.

The State of the Samish Nation was next; I had the pleasure of going over what has been happening for our tribe since the last meeting. Our political accomplishments were a major topic. We are asking Congressman Rick Larsen to introduce the Samish Homeland Act. This will place roughly 95 acres the tribe owns outright into trust for Government services, Natural Resources and Economic Development. This bill was introduced in Washington DC the week of our meeting. Thank you Mr. Larsen, Council has been working hard on this and will continue to work and make this become a reality.

Under infrastructure accomplishments I was able to report that the Tribe has purchased 40 acres contiguous to our property at Campbell Lake. This brings our total property at Campbell Lake to 127 acres. Council will be working on a master development plan for this property and will develop it in phases. Adding new staff and organizational structure was the next topic.

Natural Resource accomplishments were next with the master management plan being completed on Huckleberry Island. The classes the cultural committees have put together were also highlighted as these classes are being enjoyed by many of our members.



The Financial report was well received by the members in attendance. The highlight here was a clean audit for 2010, which we received in 2011; this is a major accomplishment for our Nation, as we look towards economic development opportunities this will be a key component.

After lunch our State Lobbyist Mike Moran gave an overview of what his firm does at the state level and gave an overview of our Federal lobbying firm Mapetsi and what it does for the Tribe in Washington DC. He covered the redistricting of our state districts and the key political races that are happening that will impact the Tribe's future.

Our Legal team presented a report next; tribal attorney Lea Ann Easton talked about our claims case, how the court reduced our findings down to one money mandating claim, we are now headed to the Supreme Court as the Department of Justice has asked the court to take this case. Hunting rights are an issue we are looking into as are the other tribes in our state, the open and unclaimed lands are diminishing and leaving fewer options where tribes can hunt. How tribes are allowed to take land into trust was her next topic this is changing again. The Carcieri case changed how this is happening, as tribes now have to prove they had relations and interactions with the federal government prior to 1934. A new case has just been ruled on by the Supreme Court that will further reduce US tribes in their ability to transferred lands. Challenges can and will be made up to six years after the trust transaction, more to come.

Our Natural Resource Department had a video presentation, which I hope you all will be able to see soon on the web site. This video explained what our department has been working on in our traditional territory. Upon completion of the video, the department received a standing ovation! I just want to say thank you and keep up the good work!

Elections results were presented by the tribal elections officer Larry Thomas. Returning council members are Secretary Dana Matthew, Councilman Dave Blackinton and Chairman Tom Wooten. Jenna Strand was elected for one of the open council member positions. On behalf of the Tribal Council I would like to thank Shawn MacAvoy for his four years of service to our nation. This is a major commitment that our elected officials make and take on for the good of our nation. I thank every one of them past and present for their commitment moving our great nation forward.

The open floor or questions and answer portion of our program started out slow but soon heated up. This is the portion of the day where Tribal Council hears from our members, and several members had plenty to say; language preservation was the major topic as was requests for the details of how tribal Council members each vote on motions and resolutions. The next key topics included per capita payments for members, how Council pay increases happen, Council members who work for the tribe and council members working and serving on tribal Council. Needless to say these topics were controversial and discussed both pro's and con's and very passionately. I only wish that the meeting could have ended in a better light, as many of these issues will be lingering with the tribe for quite some time. This truly was democracy at work.

Over all the weekend was a huge success and I was happy to see family and friends meeting new ones. Please remember, we are all related in some way, shape or form and we all want the same thing; for our nation to grow and prosper for seven more generations!

Thank You.

Hoy7sxwqe Si7am.

Tom Wooten, Chairman
Samish Indian Nation

Letters to the Editor

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
and responses
may be sent to
you without
publication. The
Samish News is a
quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

THANK YOU SAMISH CONTRACT HEALTH

I am writing in regard to the outstanding services provided by the Samish Contract Health staff. Over the past several years I have had a number of medical issues., and have utilized their services and expertise in helping to address these issues. In every case the staff have been friendly, compassionate and very knowledgeable to the appropriate resources, for addressing various medical issues. They are not only very knowledgeable about what resources are available, but are always trying to leverage the available dollars in order to get the best service for the lowest cost. The Samish Tribe is indeed fortunate to have Joanne Liantonio and Erin Soucy providing such meaningful and effective services for our tribal members.. They are true advocates of those they serve. Their genuine concern and dedication for providing the highest quality of health services is clearly evident and plays a critical role in helping our tribal members live healthy and fulfilling lives.
Mike Hatch

HEALTH FAIR THANK YOU

A big thank you to Mitch, Joanne, Erin and all those who helped make this year's "Health Fair" a success. It was a pleasure to attend such a well run and obviously well thought out event. It amazes me how much I learn each year. The speakers were very knowledgeable and presented the information in a pleasant and easy to understand manner. Coming from a large family many were able to attend and felt their two and a half hour drive was well worth the trip. I would like to encourage our members to do something special for themselves and attend next year's event.

Sincerely,
Darlene Graddon



REMEMBRANCE CUB-SHE-LITSA (MARY HANSEN)

The family of Cub-she-litsa
Invites you to a Remembrance
Celebration of her life

September 29, 2012 at 1:30pm
Fidalgo Bay RV Park
4701 Fidalgo Bay Road
Anacortes, Washington



Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA

Jeffery Bailey	James Barrett	Lloyd Barrett	Lyle Barrett
Shane Barrett	Joshua Bell	Kiely Bell	Jessica Blackinton
Lisa Bleeck	George Bob	Adam Camp	Gerickah Charlie
Jerald Christiansen	Anna Cruz	Mario Cruz	Nathan DeKay
Scott DeKay	Alexandra Dofelmire	Teal Douville	Kristin Dunlap
Harvey Eagleheart-Charlie	Housten Eagleheart-Charlie	Carolyn Edwards	Timothy Edwards Jr.
Mehkenz Eagleheart-Charlie	Tyler Eagleheart-Charlie	Brianna Engberg	Riley Gidlof
Jonathon Grave	Michael Engberg	Michael Guthrie	Peter Hansen
Alyssa Hatch	Jeffery Hatch	Heidi Hawkins	Theo Hawkins Jr.
Debra Higgins	Kye Houser	Shey Houser	Bryan Jackson
Marcy James	Sarah Johnson	Terry Jones	Bob Lyon
Patricia Kavanaugh	Edward M. King Jr.	Susan Leonard	Joe Lowman
Shelbie Lucy	Dinah Lundin	Kurtis MacDonald	Winnifred Marchand
Hailey Mason	Bailey McNew	Lance McNew	Casandra Miller
Courtney Miller	Julie Moore	Bryan Perry	Robert Perry
Abegale Plaster	Jerry Plaster	Deidre Plaster-Eggers	Delbert Poppe Jr.
Chad Pounds	Richard Ritter Jr.	Skye Ritter	Grayson Ruyeras
Colleen Scheel	Juliete Scates	Aslan Schue	Crystal Schue-Peyton
Nicole Sherwood	Jo-Anne Smith	Wesley Smith	Robin Spivey
William Steele	John Stegeman	Elizabeth Stewart	Benjamin Stewart
Joshua Stewart	Kelli Stewart	Samuel Stewart	Vonnie Stewart
Henry Tanner	Mindy Tanner	Kaiden Thomas	Timonthy Thomas
Tyler Thompson	Braeden Thompson	Gavin Tomlinson	Patricia Tomlinson
Peter Wicken	Breden Wielick	Bernie Wills	Jana Vazquez
Jeffery Wooten	Paige Wooten	Jeffery Vazquez	Olivia Vazquez
Stephanie Wehde	Norman Underwood Jr.	Ralph Underwood Jr.	Sheri Underwood

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. We will accept P.O. Boxes but you **MUST ALSO HAVE A LEGAL RESIDENCE**. If your present card does not have a photo on it please send a photo along with the request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact us.

MAILING CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404 x 106

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

jflagg@samishtribe.nsn.us



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Owned & Operated by the Samish Indian Nation

The Park Model cabins at the RV Park are now open and available to rent on a daily or weekly basis. Samish Tribal members will receive a 15% discount on cabin rentals. Please visit the Fidalgo Bay Resort website (www.fidalgobay.com) or call (800) 727-5478 for current rates and availability or drop by the park if you are in the area and we would love to give you a tour of the cabins.

CALL FOR VOLUNTEERS

Hello Gardeners,

We are in the planning stage of a community garden at the Samish owned Thomas Creek property. We are looking for families or individuals who are interested in participating in this program. The goals of this garden are to build community ties, grow fresh fruit and vegetables for our elders lunch program, preschool program, for participants and local food banks. All skill levels are welcome to come to gather and learn new skills or to pass on your valuable teachings. You can also participate by dedicating a row in your own home garden or greenhouse for much needed and appreciated crops.

Please contact Larry Thomas Jr. at samishcommunitygarden@gmail.com



Samish Early Learning Center



Center-based, year round, licensed center providing quality care and education for young children ages 12 months to 5 years

Monday-Friday 7:30am-5:30pm

*Competitive Rates Available
Please inquire for specific rates
360.588.8806*

Free meals provided through the USDA program. Qualifying families may be eligible for minimal cost childcare through our CCDF grant (please contact us for details). We also accept DSHS.

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

The Samish Art Gallery provides a showcase for native artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style and to provide the community the opportunity to learn about native culture and art. We've had visitors from 60 other cities in WA, 29 other states and 9 different countries. If you wish to consign your artwork in the gallery or gift shop please call ahead for an appointment.

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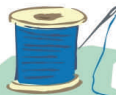
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Save the Date

CULTURAL DAY

Date: Saturday, September 29, 2011

Time: 10:00am to ?

Location: Fidalgo Bay Resort Clubhouse

Contact: Jan Flagg (360) 293-6404 x106

Details: Please join us for some singing, dancing, drumming, and language activities. Lunch will be provided. Afternoon events include a remembrance ceremony for the late Mary Hansen.

BEADING CLASS

Date: Saturday October 13th and

Sunday October 14th, 2012

Time: 10:00am to 3:00pm

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending.

Details: Participants will be learning peyote stitch and flat beadwork. Lunch will be provided on both days. Teachers will be April James and Jan Flagg.

FAMILY TOGETHERNESS NIGHT

Date: Saturday November 17th, 2012

Time: 12:00pm to 3:00pm

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending.

Details: Join us for a wonderful afternoon spent with your Samish family and friends. A turkey and traditional native foods meal will be provided.

Cultural Day June 23, 2012

June Cultural Day June 23 at the Fidalgo Bay Resort

Adam Lorio and Jodi Bluhm of the Department of Natural Resources held a class on making "Trauma Baum", which is used for sore muscles and cannot be used on an open wound, out of native medicinal plants. Many of our members attended and were pleased with the bottles of medicine that they were allowed to take with them. They also got ginger capsules to put in their "medicine boxes" to take with them when needed, these are used for motion sickness. The response to this class was outstanding so the Cultural Committee is looking forward to more next year, it may develop into a 2 day class.

Another demonstration was offered on how to beat cedar to use for clothing such as capes, headbands, dresses, aprons, etc. Several people caught on quickly and began showing others the technique throughout the day, which is an example of the oral tradition in action! We are looking forward to offering more cedar classes next year.

Whale Watching Boat Trip is on Sunday the 15th of July

The Island Adventure excursion will leave at 8:15 AM from Seafarer's Park with lunch & beverages being served. The trip through the Tribe's traditional territory of the San Juan Islands is approximately 6 hours so we should be back to the dock by about 3PM, bring a jacket and your camera. Staff will be on hand to offer details of the history of Samish in relation to the islands.

Tribal Journey Canoe Landing July 18th at Fidalgo Bay Resort

We estimate up to twenty visiting canoes will land around 4 or 5 PM, dinner will be served afterwards, and open mic sharing of songs and dances will follow the meal. Many hands are needed to make this another successful event for the Tribe, in particular we need help with cleanup in the evening and after breakfast the next day. All are welcome to stay and participate in the activities. The canoe families will be served breakfast and canoes will depart by mid morning on the 19th to go to Swinomish.

The Canoe Races scheduled for August 11th have been **canceled** and we may have different activities in their place so please keep an eye out on the web site.

Samish Camp is scheduled for Aug 23rd -26th

Please register so we have a head count beforehand. Contact Jan at jflagg@samishtribe.nsn.us or 360-293-6404. The cabins will be assigned on a first come basis the 1st day of camp and the ones with on suite bathrooms will have priority for the disabled.

Want to See Other Classes?

If anyone has suggestions on a class they'd like to see then please send those to me at jflagg@samishtribe.nsn.us and I'll see if we can make it happen.

THANKS TO THE SAMISH COMMUNITY GARDEN!!!

On Cultural day, the Samish Community Garden team put a display out with tomato plants, seeds, and lettuce to give away. They gave away 80 tomato plants and 100 seed packets and a multiple variety lettuce tray. It was a great day!

Canoe Journey 2012

Paddle to Squaxin 2012

Samish is hosting approximately 20 canoes landing in our territory at Fidalgo Bay Resort on Wednesday, July 18th. Our canoe(s) will join them on the 19th as they depart for Swinomish, paddling and camping en route over the next ten days to Squaxin Island Tribe as a final destination with a historic landing of a hundred or more tribal canoes from Washington, Oregon, BC, and Alaska in Olympia on July 29th. The theme chosen by Squaxin Island Tribe for the 2012 Tribal Journey is "Teachings of Our Ancestors"



and we invite all Samish members to participate as members of the canoe family, or to help as a volunteer at our hosting on the 18th and 19th, or to contribute a donation to offset the cost of hosting and traveling.

***** Volunteers Needed *****

To sign up for volunteering please contact Rosie Cayou at
(360) 588-8200 or cell (360) 391-8888.

EVENT INFORMATION

CANOE LANDING AT SAMISH

Date: July 18 & 19, 2012

Location: Fidalgo Bay Resort and RV Park

Contact: Jan Flagg (360) 293-6404 x106. If you would like to volunteer for the event, please let us know. Our landing is on the 18th, leave on the 19th. The final landing is at Olympia hosted Squaxin Island July 29.

CANOE FAMILY FUNDRAISER RAFFLE TICKET SALES & T-SHIRT SALES ON THE CANOE JOURNEY

Dates: July 18th to August 4th, 2012

Details: The Samish Canoe Family will be selling raffle tickets and t-shirts to raise funds for the 2012 Canoe Journey.

Elders Luncheon

Our annual Samish Elder's Luncheon was a wonderful success this year! It took place on Friday June 22nd at the Samish Fidalgo Bay RV Park. We had a turnout of 186 elders and guests including guests from Lummi, Nooksack, Tulalip, etc!

On behalf of the Longhouse Staff and myself I would like to thank everyone who was involved with the Elders Luncheon. I completely understand the time and energy you all spent away from your work duties.

Mr. Chairman Tom – Your graciousness and energy as our Luncheon Host was delightful. It was an honor, thank you!

Tribal Council – It was an honor to work closely with you Friday. Your passion, knowledge and Tribal Leadership is something we can all look up to and honor.



Jenna – words cannot express the time and energy Jenna gave to the Luncheon. She was at the Longhouse early Friday and spent the rest of the day in the kitchen at the RV Park. Jenna, your energy, knowledge and kindness is much appreciated!

Sue – I know all of the hours and energy you put into ensuring this year's Luncheon was one of the best. The food was amazing, your time and energy are greatly appreciated!

DNR – Thank you for helping to keep our community clean and beautiful. It takes time and effort to teach us all the importance of a clean environment your efforts do not go unnoticed and are a blessing. When I upload the pictures from the day we will see how much trash we did not produce for the day!

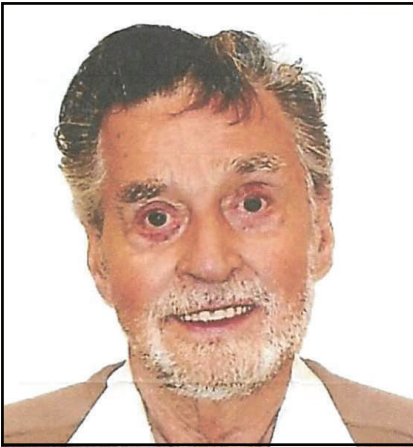
Fish/Clam Cooks – I know there were several of you! What a feast, I overheard some of the guests comment on the quality, delicious!



Cultural Program – Thank you for the financial donation and the fish, the day would not have been what it was without you.

All of the other staff, volunteers and youth who served the lunch line, wait staff, set up and clean up; your work did not go unrecognized. I personally saw all of you running around to ensure the Samish Elders Luncheon was one of the best!

Sincerely,
Stephanie Jones,
Head Start, ELC, and Title IV Director



Obituary

The Samish Indian Nation would like to send our condolences to the family and friends of **William "Bill" Barrett Hatch**.

William "Bill" Barrett Hatch died peacefully March 28, 2012, after years of debilitating back pain. Bill was born to William B. Hatch and "Peggy" Coscrow on September 13, 1924, and grew up in Centralia-Pacific Beach, Washington.

Although Bill was a "less than ideal" student thought grade school, his interest in education was sparked by a teacher in the eighth grade, and in one semester he went from D's to straight A's. The Centralia High School now has a picture of him displayed as an example of an outstanding pupil.

Bill served in the Navy abroad the USS Kadashan Bay in the Pacific during World War II, serving five campaigns and experiencing much intense fighting. Returning home, Bill studies nuclear physics at the Washington State University.

In 1948 he married Geraldine Kruger and although the union eventually ended in divorce, they had a daughter, Jill, born in 1950. Unfortunately, Jill died an accidental death at the age of 7, but Bill is now enjoying a much-anticipated reunion with his "pride and joy!"

Bill graduated from WSU in 1951 with a B.S. in physics and began an engineering career that included many noteworthy achievements:

- Assistant program manager and missile checkout engineer for the Sparrow Missile at Point Mugu, CA.
- Head of research and development for ADC, designing advanced transistor circuits for the DART antitank missile.
- Designed and development the first fully transistorized guided missile, the DART.
- Head of electronics section of the TE Company, where he designed and developed electronics for various infrared devices.
- Principal engineer for Raytheon, where he designed and developed an infrared missile tracker.
- Program manager and technical director of Raytheon's first Electronic Warfare System.
- Technical director of several electronic warfare systems including the SLQ-32, which is installed on every ship in the U.S. Navy today.
- Bill founded Hatch R&D Co. as a consulting engineer in 1980, his clients included Lockheed, Raytheon, Litton, Naval Research Laboratory, Applied Physics Laboratory and John Hopkins University among others.

In his later years, he authored two books, "Looking Back: My 80 Years on Planet Earth" and "Acknowledging a Living God: Scientists About to Confirm What Our Religions Have Always Known." He also invented a computer-controlled, open loop programmed acceleration servo system to revolutionize automated production procedures.

Bill married Karina (Frantzvaag) Conrads in 1980 in Santa Barbara, California. Prompted by Bill's love of fishing, they moved to Rock Creek and lived there for more than 24 years. They moved to Grizzly Peak retirement home in 2009, where they developed friendships with many wonderful people.

Bill is survived by his wife Karina; brother Michael B. Hatch (Georgina) of Seattle; his "adopted" children, Bjarne "Barney Conrads (Dorothy), Linda Conrads Root (Arthur) and Jed Gray (Jenny); a niece; three nephews; and numerous grandchildren.

Letter from our Tribal Secretary

Dana Matthews



Dana having the time of her life being grandma to her grandson Tristan

I would like to say “thank you” and to let you all know how humbled I am by the amount of support that I received during the recent elections. I will continue to work hard to preserve our culture and traditions, while continuing to provide services to our members. It’s with determination and dedication for those that have passed before us, those here today and the generations yet to come that I proudly serve the Samish people.

Hyska,
Dana Matthews
Samish Council Secretary
dmatthews@samishtribe.nsn.us

Letter from our Council Member

Jenna Strand

I just wanted to send a heartfelt thank you to my Samish family for giving me the opportunity to serve you as a member of our Tribal Council – I am truly humbled by your support. I know that this is a position of great responsibility and it means the world to me that you chose to let me serve you. I will work hard every day to address your concerns, to protect and enhance our Cultural resources and knowledge, and to find more opportunities for the economic development that will help secure our future for many generations to come.

Hy’iska Si’am.

Jenna Strand

Email: jennastrand@samishtribe.nsn.us
Facebook: <http://www.facebook.com/people/Jenna-Strand/100003793274878>



*Jenna with her family after being elected to Samish Tribal Council.
Diane Burkey, Mike Burkey, Jenna Strand, Drew Burnett, Midas Strand,
Krystal Strand, Greg Strand, and Jason Strand.*

Congrats Christine!

We are pleased to announce that our Department of Natural Resources Director Christine Woodward has been selected to receive the 2012 Earle R. Wilcox Memorial Individual Achievement Award. Nominations were open to all individuals who have made significant contributions to the field of Indian forestry or Indian natural resource programs (from academia, forestry, government agencies, and private industry). These awards are given in honor of Mr. Earle R. Wilcox, who will always be remembered for his significant achievements on behalf of Indian people and the selection was made by the Intertribal Timber Council board of directors, selecting from 5 geographic areas across the U.S. According to their website this is only the second time that a Western Washington Tribe has received this award. A Tulalip Forester received it in 1983!

CONGRATULATIONS Christine!
We are so proud of you!



Samish Formulary

New Medications added to the Samish Formulary effective April 1, 2012

After careful consideration, the Pharmacy and Therapeutics workgroup recommended the addition of the following medications to the Samish Formulary:

- Amitriptyline
- Q-Var
- Potassium 10meq
- Omeprazole 20 mg; 40 mg
- Liothyronine 5mcg; 25mcg; 50 mcg
- Cetirizine
- Testosterone IM 200mg/ml
- Chlorthalidone 25 mg; 50 mg
- Metformin ER 500 mg; 750 mg
- Methylphenidate ER 10; 30
- Donepezil 5 mg; 10 mg oral or ODT

CONTACT US

**Samish Contract
Health Services**

P.O. Box 919

Anacortes, WA 98221

Phone: (360) 899-5454

Toll Free Phone:

(877) 470-8737

Joanne Liantonio
extension 108

jlantonio@samishtribe.nsn.us

Erin Soucy extension 105

erinSoucy@samishtribe.nsn.us

These medications will be available for coverage by Samish for CHS eligible clients for ***prescriptions filled on or after April 1, 2012.*** The Samish Council approved these recommendations at their meeting of March 9, 2012. If you have medications that are not currently on the Samish Formulary, and would like them to be considered for addition, you may submit your request for consideration by the Pharmacy and Therapeutics Workgroup. This workgroup will meet again in 6 months to review the requests. Requests may be submitted through the Contract Health Staff; please have the correct spelling and dosage of the medication you would like considered.

Samish Public Health News Release

Samish Public Health Update on June 16, 2012:

Washington State Whooping Cough (Pertussis) Epidemic

Washington State is in the midst of a soaring whooping cough (pertussis) epidemic. Statewide, 2,520 cases have now been reported for the week ending 6/16/12 and the epidemic is expected to continue to climb. Only 179 cases were reported for the same time period as last year. Skagit County has the highest rates of pertussis reported in the State with 474 confirmed cases as of June 14, 2012.

Whooping Cough is Serious! The disease can be passed very easily from person to person. Some teens and adults will experience mild to severe coughing spells that can last for months. However, many teens and adults may be unaware they have whooping cough because the symptoms are so mild. But, they can still spread the disease, which can be particularly serious and life-threatening to infants.

Get Vaccinated! The best way to protect yourself, your family and others from whooping cough is by getting vaccinated. The Washington State Department of Health recommends whooping cough vaccines for all kids and adults. Children under seven years of age should get a series of five Dtap vaccines. Children 7 to 10 years of age who did not get all five Dtap doses and everyone 11 years of age and older should get the Tdap whooping cough booster to protect against whooping cough as well as tetanus and diphtheria.

And remember, whooping cough is spread by coughing. So, please cover your mouth while coughing and wash your hands often, stay home if you're sick and get vaccinated!

Note: The Washington State Department of Health is reporting that the age group with the highest rates of whooping cough are children, who are 10 to 13 years of age.

Washington State Department of Health (Pertussis Epidemic – 2012)

You can get the Tdap booster from the following providers:

- Your health care provider – doctor or nurse in your community.
- Most pharmacies: For example, Safeway and Rite Aid.
- Clinics.
- Your local Health Department. For example, Skagit County Public Health's GIFT Program provides free Tdap vaccines to uninsured, low income persons who have contact with an infant less than 1 year of age. This can include their own child, grandchild or child of another relative they visit or even an unrelated infant of a friend they babysit, etc. Walk-in clinic hours in Mount Vernon are now Monday, Wednesday and Thursday from 9:00 am to 3:30 pm.

Many other health departments across the State now offer free or low-cost Tdap booster shots to low income families or those without insurance. To check for eligibility, contact the local Health Department in your community.

For more information on the Washington State Whooping Cough Epidemic:

Washington State Department of Health Skagit County Public Health Department

***Samish Public Health Services
Mitch Markovich***

Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place



Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404

Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us



Samish News

September 2012

Language Committee

The Samish Tribal Council has responded to feedback from tribal members and created a new Standing Committee to oversee efforts and planning for our ongoing Samish Language preservation and revitalization. Interested members are invited to send Tribal Council a written request for appointment as member of the Language Committee for a two year term.

Requests that are received by October 11th, will be considered at the face to face meeting on October 19th or 20th, 2012. Requests that are submitted after that deadline will be considered at future council meetings until seven members are appointed to the Language Committee.

Requests can be sent to Council via email to Diane Burkey

dburkey@samishtribe.nsn.us

or by regular mail to:

Samish Tribal Council

Attn: Diane Burkey

P.O. Box 217

Anacortes, WA 98221

Letters to the Editor

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
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quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

Reflections of Canoe Journey and Camp Samish

By Lisa Weber
xenica4064@live.com



I had the good fortune to participate in Canoe Journey this summer and now want to take the opportunity to summarize the event for my fellow tribal members who have not had the opportunity to participate.

Canoe Journey is comprised of Canoe Families that travel by canoes through the water to the tribal homelands of coastal tribes in the Salish Sea and Pacific coasts of Washington and British Columbia. Each year there is a destination where the Canoe Families converge and celebrate their tribal cultures and traditions with each other. This year the destination was Squaxin Island. Next year the destination is Quinault. Canoe Journey is not just about the people pulling the canoe through our traditional waterways. It is about the ground crew that tears down and moves camp to the next hosting tribe and sets up camp, on the way to final destination. It is about the Canoe Family eating together and participating in protocol and observing protocol from other canoe families at each stop. Participating in Canoe Journey immerses the participants in traditional practices and culture. There is constant learning about our traditional ways during Canoe Journey. All of the hard physical work and traditional learning turn into an enriching and for some an uplifting spiritual experience.

The opportunity to participate in Canoe Journey is open for all Samish tribal members. Canoe Journey was an 18 day time commitment this year. It varies from year to year. The Canoe Journey is a drug and alcohol free event. It is an excellent opportunity for high school age kids to learn about their cultural identity along with a lot of hard work and fun. It is also a great opportunity for adults!

Letters to the editor and editorials should be no more than 300 words long. Announcements and informational entries should be 200 or fewer words.

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA

Jeffery Bailey	Brenton Barrett	James Barrett	Lloyd Barrett
Lyle Barrett	Joshua Bell	Kiely Bell	Jessica Blackinton
Kaleb Blackinton	Lisa Bleeck	Ethyn Buckman	George Bob
Adam Camp	Gerickah Charlie	Jerald Christiansen	Christopher Clark
Coleen Clark	Mario Cruz	Alexandra Dofelmire	Teal Douville
Kristin Dunlap	Ryan Eastwood	Carolyn Edwards	Tyler Eagleheart-Charlie
Brianna Engberg	Riley Gidlof	Jonathon Grave	Michael Engberg
Michael Guthrie	Peter Hansen	Alyssa Hatch	Jeffery Hatch
Heidi Hawkins	Theo Hawkins Jr.	Debra Higgins	Kye Houser
Shey Houser	Marcy James	Jessica Jewett	Sarah Johnson
Bob Lyon	Edward M. King Jr.	Susan Leonard	Joe Lowman
Shelbie Lucy	Dinah Lundin	Kurtis MacDonald	Winnifred Marchand
Hailey Mason	Tiana McLeod	Bailey McNew	Lance McNew
Elaine Mitchell	Leann Mitchell	Julie Moore	Bryan Perry
Delbert Poppe Jr.	Chad Pounds	Richard Ritter Jr.	Skye Ritter
Jason Rock	Colleen Scheel	Juliete Scates	Aslan Schue
Crystal Schue-Peyton	Chase Skuza	Jo-Anne Smith	Robin Spivey
William Steele	John Stegeman	Elizabeth Stewart	Benjamin Stewart
Joshua Stewart	Kelli Stewart	Samuel Stewart	Vonnie Stewart
Henry Tanner	Mindy Tanner	Conner Taylor	Kaiden Thomas
Timothy Thomas	Eveyln Thompson	Tyler Thompson	Braeden Thompson
Gavin Tomlinson	Patricia Tomlinson	Karina Tolar	Ethan Turner
Isaak Turner	Natasha Turner	Peter Wicken	Breden Wielick
Karen Wielick	Bernie Wills	Jeffery Wooten	Stephanie Wehde
Norman Underwood Jr.	Ralph Underwood Jr.		

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as incorrect. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address, please let us know who they are so theirs may be changed as well. We will accept P.O. Boxes, but you **MUST ALSO HAVE A LEGAL RESIDENCE**. If your present card does not have a photo, please send a photo along with your request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact us.

MAILING CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document, etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404 x 106

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

jflagg@samishtribe.nsn.us



Tribal Enterprises

Fidalgo Bay Resort

RV by the Sea



Park Model Cottages Now Available!

- 142 Full Hook-up Sites
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4701 Fidalgo Bay Rd, Anacortes, WA

1-800-727-5478

Owned & Operated by the Samish Indian Nation

The Park Model cabins at the RV Park are now open and available to rent on a daily or weekly basis. Samish Tribal members will receive a 15% discount on cabin rentals. Please visit the Fidalgo Bay Resort website (www.fidalgobay.com) or call (800) 727-5478 for current rates and availability or drop by the park if you are in the area and we would love to give you a tour of the cabins.

CALL FOR VOLUNTEERS

Hello Gardeners,

We are in the planning stage of a community garden at the Samish owned Thomas Creek property. We are looking for families or individuals who are interested in participating in this program. The goals of this garden are to build community ties, grow fresh fruit and vegetables for our elders lunch program, preschool program, for participants and local food banks. All skill levels are welcome to come to gather and learn new skills or to pass on your valuable teachings. You can also participate by dedicating a row in your own home garden or greenhouse for much needed and appreciated crops.

Please contact Larry Thomas Jr. at samishcommunitygarden@gmail.com



Samish Early Learning Center



Center-based, year round, licensed center providing quality care and education for young children ages 12 months to 5 years

Monday-Friday 7:30am-5:30pm

*Competitive Rates Available
Please inquire for specific rates
360.588.8806*

Free meals provided through the USDA program. Qualifying families may be eligible for minimal cost childcare through our CCDF grant (please contact us for details). We also accept DSHS.

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

The Samish Art Gallery provides a showcase for native artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style and to provide the community the opportunity to learn about native culture and art. We've had visitors from 60 other cities in WA, 29 other states and 9 different countries. If you wish to consign your artwork in the gallery or gift shop please call ahead for an appointment.

Businesses Owned by Tribal Members



Jitty Kitty Closet, Inc.

eBay store of Tribal Member Wendy Hatch
Visit online at www.jittykitty.com

Variety of new, vintage, antique, and gently used items. Also purchases items as well and will assist in selling your items.



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theresametcalf.myavon@gmail.com

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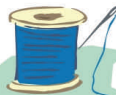
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Congrats Samish!



Thank you, Samish Indian Nation family for the years of spiritual and financial support. Your support, starting with the wonderful Center for the Study of Coast Salish Environments internship program, directly resulted in my return to marine science and achieving a Doctorate of Philosophy from the Scripps Institution of Oceanography in La Jolla, California.

The vision of Ken Hansen and Russell Barsh, to get native students engaged in science through hands on research profoundly changed my life and I dedicated my dissertation to them. Starting July 1st I am taking a position as the Associate Director of the National Indian Center for Marine and Environmental Research and Education at the Northwest Indian College where I will be focused on mentoring students and marine research relevant to our community. I am happy be returning

to Indian Country and working with Native students to increase Native involvement in marine science. If there is anyway I can assist Samish members interested in pursuing marine science, please do not hesitate to contact me at marco.hatch@gmail.com.

Thank you,

Marco B.A. Hatch, PhD.

Events

BEADING CLASS

Date: Saturday, October 13th and Sunday, October 14th, 2012
Time: 10:00am to 3:00pm
Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221
Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending.
Details: Participants will be learning peyote stitch and flat beadwork. Lunch will be provided on both days. Teachers will be April James and Jan Flagg.

FALL HARVEST DINNER

Date: Saturday, November 17th, 2012
Time: 4:00pm to 6:00pm
Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221
Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending.
Details: Featuring Turkey and some traditional native foods. We also want to celebrate the bounty of our Cultural Classes this year, if you have made something special please bring it for display.

SAMISH CHRISTMAS PARTY

Date: Sunday, December 16th, 2012
Time: Party goes from 12:00pm to 3:00pm, Santa will be coming at 2:30pm
Location: Fidalgo Bay Resort and RV Park Clubhouse
Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us

Please let us know if you are interested in attending. Santa needs to know the age and gender of all the little boys and girls who are coming. Please let us know by Wednesday, November 30th, 2012 so we can plan accordingly and let the elves know.

Details: Come celebrate the Christmas season with your Samish family. Snacks and refreshments will be provided.

The Cultural Committee would like to get back all hat forms that were loaned out during this past year.

Please contact Jan Flagg to let her know which hat forms you may have. We are looking forward to classes next year and really need them returned.

Thank you.

New Employees

Stephanie Rice, Human Resources Director

Hi! My name is Stephanie Rice and I am the new Human Resources Director. I live in Anacortes with my husband Kyle and 18 month old son Evan, both Samish Tribal members. As a wife and mother to Samish members, it is exciting for me to have the opportunity to put my experience to work within the Tribe. I hold a Bachelor of Science in Business, HR Management with a certification as a Senior Professional in Human Resources and I am currently pursuing an MBA. Prior to coming to Samish, I worked in human resources in the healthcare field. I look forward to meeting the members at various events and serving as a resource to members and staff.



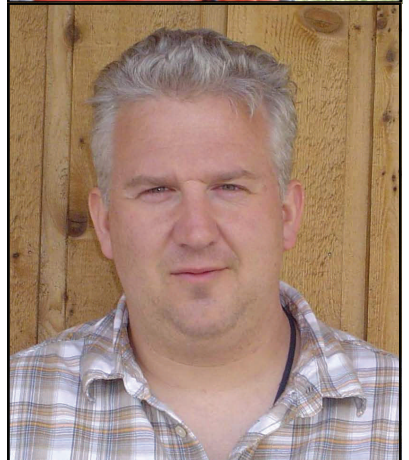
Samuel Barr, Natural Resource Technician/GIS

I am a Samish Tribal member and the newest member on the Department of Natural Resources. I've been hired on as the GIS analyst and resource technician to make maps of Department of Natural Resources projects and of the tribes resources, and also to perform field work and data collection. I recently graduated in June 2012 from the University of Washington with a bachelor's degree in Environmental Science and Resource Management.



Scott Cooper, Manager of Fidalgo Bay Resort

Hi, my name is Scott Cooper and I am the father of Avery, 14 and Eliot, 9, two wonderful Samish boys. I worked for you at the Samish Nation for almost 14 years as the Natural Resources Director, the Information Technology Director, twice as the General Manager, the Shellfish Enforcement Officer and now as the Fidalgo Bay Resort Manager. Working this Summer at the Resort has been a great experience and I am looking forward to weathering out the winter months getting ready for next year. The staff are excited about making your park even more beautiful, popular and profitable in the coming years. As most of you know Samish members get 50% off RV sites and 15% off our beautiful new park model cabins. I want to encourage everyone to come and stay at the Resort. It is such an amazing place on so many different levels. Make sure you stop in the office to introduce yourself because I look forward to meeting all of my Samish family. If you have any questions, would like to make a reservation please feel free to contact me or one of the other staff here by email manager@fidalgobay.com or call (360) 293-5353. Thank You, Scott Cooper



Catherine Mizen, MSN, ARNP, Medical Review Officer

I am a family nurse practitioner employed by the tribe for medical/surgical justification review and emergency services approval. I serve on the formulary committee and work with the CHS department. After my mornings at Samish, I leave to work at Fidalgo Island Walk-In Clinic, an urgent care clinic I established in 2006 with my family here in Anacortes. I consider myself so lucky to live in Anacortes and have two jobs I absolutely love to go to each day.



New Employees



Kimberli Hoerner, Bookkeeper III

Being given a new perspective of life, I have learned to do nothing but the things that I love! Or shall I say love the things that I do. Raised in Hawaii but have decided to live and raise my boys here in WA.

Grateful to be the newest addition to the Accounting department, and I've been keeping busy with a few housekeeping projects along with learning the ropes of the grants and contracts side of the office.



Sandra Wright, Vocational Rehabilitation Outreach Specialist

Hello Samish Members and Staff!

My name is Sandra Wright and I am the Vocational Rehabilitation Outreach Specialist for the Samish Indian Nation. I have lived in Washington State for close to twenty years. I have been married to my high school sweetheart for thirty-five years, have two wonderful children and one really terrific grandson! In June of 2011, I began working here for the Samish Tribe as the Vocational Rehabilitation Intake Specialist until June 2012 when my assignment was changed to Outreach Specialist. As Outreach Specialist I attend many events and community meetings to spread the word about Voc Rehab and to become acquainted with the many community resources in our area that we partner with to support our clients. I feel quite fortunate to be working for the Samish Tribe and hope to make positive contributions to the Vocational Rehabilitation Program. Feel free to stop by our office to visit and learn more about our program or give us a call at (360) 899-5282.



Julie Bell, Early Learning Center Teacher Assistant

Hello, my name is Julie Bell and I am very pleased to be working as an assistant preschool teacher at the Longhouse's Early Learning Center. I am looking forward to collaborating with the staff, parents and children of the Longhouse in fostering creativity, imagination and a love of nature in our classroom.



Larry Thomas Jr., Maintenance Coordinator

I enjoy fishing, hunting, clamming, and spending time with my family and friends. This position has a wide range of responsibilities scheduling contractors, reviewing bids, vehicle maintenance along with day to day maintenance of all Samish properties.

New Employees

Britni Zandofsky, Lead Toddler Teacher at the Longhouse

I have worked in early learning for the past five years. I was born and raised in Anacortes. As a teacher for the tribe, I wish to contribute to the learning opportunities for our students. I intend to continue to be a team member with the Longhouse in helping our students explore and build positive relationships. I always feel excited and very privileged to be a part of their early years.



Jodi Bluhm, Restoration Technician for the Natural Resource Department

Hello all, it is time for me to formally introduce myself. I have had the pleasure of meeting many of you at various events in the year since I started. For those of you I have not met, I started with Samish DNR in July 2011. My role in our department is Restoration Technician. In addition to the general jobs that everyone on our staff do, I specialize in habitat restoration projects. I especially enjoy integrating plants that are culturally significant to the tribe into our projects. I look forward to meeting more tribal members as we continue and expand our restoration projects.



**Please Like our Page on Facebook to
Support Naming a Washington State Ferry SAMISH**

Photo by Tribal Member
Molly Neeley– Walker



on Facebook



Obituary

ARCHIE M. KING

Archibald Menzies King, 56, died on September 3, 2012, in Phoenix, Arizona. He was born in Yakima on July 2, 1956, to Corwin and Catherine (Prior) King. He was an enrolled member of the Samish Indian Nation through his father and was a member of a pioneering Washington family through his mother. Archie served two terms on the Samish Council in the 1980's.

He attended Yakima schools and graduated from Eisenhower High School in 1974. He later earned a degree in finance from the University of Puget Sound, where he was a member of Phi Delta Theta Fraternity. For the last 20 years he lived in Phoenix where he worked in the landscape design and development industry.

Archie is survived by a son, Steven King, of Cle Elum, and a daughter, Katie (Beck) Mattern, of Renton. He is also survived by brothers Corwin (Marianne) King of Ellensburg and Timothy (Kathy) King of Seattle, his long-term companion, Susan Pitzl, of Phoenix and many nephews and nieces. He was preceded in death by his parents, a brother Gary, and numerous aunts, uncles, and cousins.

A celebration of his life will be held in Phoenix and a private family inurnment will be conducted at Tahoma Cemetery in Yakima.

Rest easy, brother, the race is over.



Adhoc Budget Committee

This year's Adhoc Budget Committee will meet on:

**November 3, 2012 at 10:00am
Council Chambers at the RV Park**

This Adhoc Committee will meet to determine a 2013 Discretionary Budget to be submitted to Tribal Council for approval. We normally need about 7 members to be part of this process. I welcome any Samish member interested in being part of the Adhoc Budget Committee to please contact me via:

Cell: (206) 491-1776 or

Email: tamararogers@samishtribe.nsn.us

Thank you and it's my pleasure serving as your Council Treasurer.

Tamara Rogers
SIN Council Treasurer

Minutes of Tribal Council Meetings

Minutes of all Tribal Council meetings are posted to the members only web page as soon as approved officially by Council (typically at the face to face meeting the following month, so August Minutes would be approved in September, for example).

Tribal members who wish to regularly receive mailed copies of the minutes (which include details of how each Council Member votes) please make your requests known to Nicole Tesch, at ntesch@samishtribe.nsn.us or at the Administration Office toll free (877) 711-8896 ext 110 with an up to date mailing address.

Council Corner

June

- Fee to Trust Conference Call
- Northwest Portland Area Indian Health Board meeting- WA
- Quarterly meeting with city of Anacortes- Anacortes, WA
- Salish Sea Cultural Celebration- Bowman Bay, WA
- Samish Cultural Day- Anacortes, WA
- Skagit Fisheries meeting- Anacortes, WA
- Small Tribes of Western Washington meeting- Lakewood, WA

July

- Fee to Trust Conference Call
- Northwest Indian Gaming Conference- Shelton, WA
- Samish Canoe Hosting- Anacortes, WA
- Skagit Fisheries Enhancement meeting - Sedro Woolley, WA
- Small Tribes of Western Washington meeting - Lakewood, WA
- Washington Indian Gaming Association- LaConner, WA

August

- City Council meeting-Anacortes, WA
- Fee to Trust Conference Call
- Fundraiser for Maria Cantwell-Anacortes, WA
- Head Start Policy Council meeting - Anacortes, WA
- Samish Housing Committee Meeting- Seattle, WA
- Johnson-Reid business plan meeting- Anacortes, WA
- Meeting with Anacortes Mayor and Staff- Anacortes, WA
- Reception with U.S. Senator Maria Cantwell- Anacortes, WA
- Meeting with Legislative Assistant and District Staff of Representative Rick Larsen - Anacortes, WA
- Small Tribes of Western Washington meeting- Lakewood, WA
- Strategic Planning meeting- Anacortes, WA

September

- Fee to Trust Conference Call
- Fidalgo Bay Day- Anacortes, WA
- Fundraiser for Jay Inslee- Anacortes, WA
- Meeting with agency partners on Farms, Fish and Flood initiative- Anacortes, WA
- Northwest Indian Health Committee meeting- Bellingham, WA
- Western Washington Indian Education Training Program Board meeting- Tacoma, WA
- Meeting with the Department of Interior (DOI) Solicitor's Office
- House of Natural Resources Committee Subcommittee on Indian and Alaska Native Affairs
- Unity meeting with House of Natural Resources Committee Subcommittee on American Indian and Alaska Native Affairs
- Meeting with Senate Committee on Indian Affairs, Democratic Senatorial Campaign Committee (DSCC) Fall Reception, Senate Committee on Indian Affairs Hearing, Obama for American Campaign Update for Tribal Leaders. - Washington D.C.
- Meeting with Representative Lujan. -Seattle, WA



**Dana Matthews,
Tribal Council Secretary**

Health News

Medicare Open Enrollment (for any changes or additions to your Medicare coverage) is from October 15 through December 7, 2012.

If you need assistance in figuring out your Medicare options, please call Joanne at (360) 899-5454.

Samish Formulary

**New Medications added to the Samish Formulary
effective September 1, 2012**

After careful consideration, the Pharmacy and Therapeutics Workgroup recommended the addition of the following medications to the Samish Formulary:

- Atorvastatin, all strengths
- Escitalopram, all strengths
- Flovent
- Gabapentin, all strengths
- Levofloxacin, all strengths
- Methylphenidate 20mg ER
- Methylphenidate 40mg ER
- Nebulized solution of albuterol/ipratropium
- Phenytoin, all strengths
- Topiramate, tablets only, all strengths
- Victoza

These medications will be available for coverage by Samish CHS eligible clients for prescriptions filled on or after September 1, 2012. The Samish Council approved these recommendations at their meeting of July 27, 2012.

If you have medications that are not currently on the Samish Approved Drug List, and would like them to be considered for addition, you may submit your request for consideration by the Pharmacy and Therapeutics Workgroup. You must use the Samish Formulary Request Form, which is located on the MEMBERS ONLY page of the website, or Contract Health Services can send you a copy of the form. The Workgroup will meet again in 6 months to review the requests.

CONTACT US

**Samish Contract
Health Services**

P.O. Box 919

Anacortes, WA 98221

Phone: (360) 899-5454

Toll Free Phone:

(877) 470-8737

Joanne Liantonio
extension 108

jlantonio@samishtribe.nsn.us

Erin Soucy extension 105

erinsoucy@samishtribe.nsn.us

Samish Public Health News Release

The Flu Vaccine – Protecting You and Your Loved Ones from Influenza

As a reminder to Samish Tribal Members: It's that time of the year again – flu season has begun! And, the first and best way to protect yourself, your loved ones, and your community from influenza is by getting the flu vaccine. You can get your yearly influenza immunization from your health-care provider, at your local pharmacy, grocery store, senior center, place of work, walk in clinic or public health department. The American Lung Association's flu shot locator at <http://www.lung.org/lung-disease/influenza/flu-vaccine-finder/> is a great tool for finding a vaccine in your area. Or, you can access your local health department by logging on to <http://www.doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions.aspx>. You can also call the Family Health Hotline at (800) 322-2588.

What is the Flu?

Influenza is a highly contagious viral infection of the respiratory tract affecting the nose, throat, and lungs. The flu virus spreads from person to person mainly in respiratory droplets from coughing, sneezing or by contact. You can infect others beginning one day before symptoms develop and five to seven days after becoming sick. Common flu symptoms are fever, cough, sore throat, chills, aches and fatigue. The influenza virus can cause mild to severe illness, and in some cases can lead to death. For example, more than 200,000 people are hospitalized and up to 49,000 may die each year due to seasonal flu-related complications.

How Can I Protect Myself and Prevent the Spread of Flu?

The CDC recommends that everyone 6 months of age and older receive the influenza vaccine. This is the single best way to protect against the flu. Other common flu prevention strategies include frequent hand washing with soap and water (scrub for at least 20 seconds) or use alcohol based sanitizers, cover the nose and mouth when you sneeze or cough, omit touching the eyes, nose and mouth, try to avoid close contact with sick people, and stay home while ill for at least 24 hours after the fever is gone without the use of fever reducing medications. Another way to combat the flu virus includes building up the immune system and keeping it strong. Good health habits to consider are drinking plenty of fluids, getting extra sleep and rest, exercising regularly, managing stress and eating a well-balanced nutritious diet with plenty of protein.

Types of Flu Vaccine:

The 2012-2013 vaccine provides protection against the three most common strains of influenza virus experts indicate will be circulating during the current flu season. This includes protection against the 2009 H1N1 (Swine Flu) viral strain plus two other flu virus strains that continue to circulate in the population. The CDC strongly recommends that individuals get vaccinated every year. This is because your body's level of immunity from the flu vaccine often declines over time.

There are two main forms of influenza vaccines:

The inactivated (killed) influenza vaccine. This vaccine is made of dead virus and is given as an actual shot or injection. There are three inactivated influenza vaccines currently in production.

1. The regular seasonal flu shot given as an intramuscular injection typically in the upper arm. It is approved for everyone 6 months of age or older.
2. A "high dose" intramuscular vaccine for people 65 years of age or older designed to provide increased protection by boosting the immune system.
3. A new intra-dermal vaccine approved for use in adults 18 through 64 years of age. Here, a smaller needle is used to inject the vaccine into the skin rather than the muscle.

The attenuated (weakened) influenza vaccine. This vaccine is made up of a weakened live virus and is given as a nasal spray. The nasal version is only recommended for healthy people 2 to 49 years of age and may improve immune response. The following individuals should not get the nasal spray flu vaccine. They should get the inactivated vaccine (flu shot) instead: 1) Children less than 2 years of age. 2) Adults 50 years of age or older. 3) Individuals with certain chronic medical conditions especially respiratory illnesses such as lung disease or asthma. 4) Anyone with a weakened immune system; and, 5) Pregnant women.

If you have any questions about the type of influenza vaccine that is appropriate for you, your health care provider can help you decide upon the best course of action.

Who Should Receive the Flu Vaccine this Season?

Everyone 6 months of age and older should get a flu vaccination this season. It is also especially important for high risk groups to get vaccinated. These groups consist of adults 65 years of age and older; Children less than 5 years old; Pregnant women (Note: Pregnant women should get vaccinated against the flu as soon as possible. The flu shot given during pregnancy has been shown to protect both the mother and her baby from the flu); People of any age who have certain chronic medical conditions such as asthma, diabetes and chronic lung disease; Anyone with a weakened immune system; People who live in nursing facilities and other chronic care facilities; People who have close contact with those at high risk for flu complications or close contact with babies under 6 months of age – too young to receive the flu vaccine; Health care professionals; and, American Indians and Alaska Natives, who are more likely to get seriously ill from the flu compared to the general United States population.

Who Should Not Get an Influenza Vaccine?

There are specific individuals who should not receive the flu vaccine without first consulting with their health care provider. These people include: Children who are less than 6 months of age; People who have an allergy to chicken eggs; People who have had a severe reaction to a past influenza vaccination, Individuals who have previously developed Guillain-Barre Syndrome; and, People who are ill with a fever should postpone vaccination until after the fever is gone.

It is best to speak to your health care provider if you have questions or concerns about receiving the flu vaccine.

Other Concerns

The cost of the flu vaccine is generally covered by Medicare and Medicaid as well as by many insurance providers and by Samish Contract Health. If you are getting a flu vaccination at a pharmacy, you can now use your Samish ID card with the NWPS sticker on the back. However, if you are getting the flu vaccine directly from your health care provider or at a clinic, please contact Samish Contract Health Services in advance for payment approval.

This report is not a substitute for the advice of a qualified professional health-care provider.

For more information about Seasonal Influenza (Flu), please contact: <http://www.cdc.gov/flu/about/season/flu-season-2012-2013.htm> or www.flu.gov

Or call 800-CDC-INFO

Mitch Markovich, RN
Samish Public Health Services

Fall 2012

Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place



Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404

Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us



Samish News

December 2012

SAMISH & TOKITAE SELECTED AS NAMES FOR THE TWO WASHINGTON STATE FERRIES UNDER CONSTRUCTION

By a unanimous decision in November of the Washington State Transportation Commission, Samish was selected as the name for the second of two new Washington State 144-car ferries under construction, set to begin service in early 2015. The Tribe will work with the State to plan a celebration marking the occasion.

Tribal Media & Public Relations Specialist Nicole Tesch did an outstanding job of gathering support from the public, including letters of endorsement from the Mayors of Seattle, Mukilteo, Bremerton, Anacortes and the Skagit County Commissioners. She also created a popular Facebook Page dedicated to showing widespread support, and got other organizations to link to our page. Both the formal presentation packet and Facebook page proudly displayed a photo, taken by tribal member Molly Neely-Walker, of our dugout canoe in the foreground of a ferry traveling the historic waterways of our people. A special thank you to Molly for the use of the photo, it helped our proposal packet stand out and shine amongst the other proposals.



“This is a true blessing and a great honor for our people. The people of our beautiful State will all share in this blessing, on their travels through our traditional waters and territories, known as “The Salish Sea”. The native people’s highways and byways connect the past and present, uniting and strengthening families and communities on the Islands and Peninsula. This new ferry named “Samish” will be allowing all who travel the enjoyment and knowledge of what the first peoples here have always known. What a special place we live in, this jewel known as the San Juan Islands and the Salish Sea,” said Chairman Thomas Wooten.

“We feel that it is really fitting that our name is placed on one of the ferries since these waterways were traveled by canoes among the Samish people just like the greater community will be traveling the same waters by ferry. We value Washington State and its commitment to honor Indian Tribes in this manner,” said Samish Tribal Chairman Thomas Wooten.

The name Tokitae was also selected. Tokitae is a Chinook Jargon term meaning “nice day, pretty colors,” and is the name of an orca captured in 1970 at Whidbey Island’s Penn Cove and better known as Lolita at the Miami Seaquarium. The name was suggested by a wonderful organization called the Orca Network, who hope to raise awareness of their ongoing efforts to have her brought home.

Letters to the Editor

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

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Entries are
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publication. The
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quarterly
publication and is
an official
communication of
the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

Dear Honored Tribal Elders (Council):

I am writing to express heartfelt gratitude from my family for your generosity and support. I am raising two young Samish Tribe members, Tyler age 17 and Triston age 13. Their fathers are unable to care for them and their mother Alison Perry sadly passed away almost two years ago. At age 65, I admit that I wasn't fully prepared for the personal and financial commitment involved in shifting my role from grandmother to fulltime parent of two teen-age boys. I still find it challenging but also very gratifying.

About a year ago, our onsite sewer (septic) system was inspected by Whatcom County Health Department and was found to have failed. They gave an ultimatum to correct this serious health hazard. It was essential to meet community health standards and turned out to also be a major obstacle to moving forward with Triston's planned adoption. Children's Services could not approve a home study with a failed septic system.

I recall sitting around a big table last October with multiple social workers and Tribal representatives, all of whom were stumped to figure out how to solve such a crucial and expensive problem, especially in the face of budget cutbacks. I was directed to various resources, all of which proved to be dead ends. Meanwhile, DSHS and Samish Nation workers were brainstorming and reaching out to any and all possibilities, with little success.

Then at the beginning of this year, a Tribal Services staff member, whose name I don't know, contacted Dan Villwock of Regional Indian Health in Seattle. That was a very auspicious contact for our project. Mr. Villwock is a member of WOSSA (Washington Onsite Sewage Association) whose membership is comprised of septic system designers, installers, suppliers and others involved in that profession. Mr. Villwock is the Chairman of WOSSA's Scholarship Fund to help members' children attend college. With the current economic downturn, contributions were dwindling.

It occurred to Mr. Villwock that there could be mutual benefit if the Tribe were able to make a donation to the WOSSA Scholarship Fund. He was apparently persuasive and the Tribe graciously came forward with a generous donation. Then, with the help and cooperation of WOSSA members and executive director John Thomas, this large, complex volunteer project started rolling forward. The result was a wonderful example of collaboration between the Samish Tribe, WOSSA and DSHS to create a brand new state-of-the-art septic system for our home.

It is a kind of miracle that out of asking for help with a seemingly impossible project, our need was answered with such wholehearted completeness. This project is a wonderful testament to what caring people can accomplish when they combine resources toward a common goal. This project could not have happened without the Samish Tribal Elders and staff, DSHS Children's Services, Dan Villwock, John Thomas, designer David Mitchell, and installation supervisors Curtis Johnson and Jerrold Hoeth who coordinated all the many others who contributed their labor, and expertise. Thanks to all of you and more, we are now back on track for legal adoption of Triston into our family.

Thank you and God bless you all,
Donna Seifert, Tyler Seifert and Triston Smith

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA

Jeffery Bailey	Brenton Barrett	James Barrett	Lloyd Barrett
Lyle Barrett	Shane Barrett	Joshua Bell	Jessica Blackinton
Kaleb Blackinton	Lisa Bleeck	Ethyn Buckman	George Bob
Gerickah Charlie	Jerald Christiansen	Christopher Clark	Teal Douville
Kristin Dunlap	Brianna Engberg	Jonathon Grave	Michael Engberg
Michael Guthrie	Jeffrey Hatch	Kye Houser	Shey Houser
Marcy James	Mary Kendall	Bob Lyon	Edward M. King Jr.
Susan Leonard	Lisa Lindsay	Jonathan Long	Joe Lowman
Shelbie Lucy	Dinah Lundin	Kurtis MacDonald	Winnifred Marchand
Hailey Mason	Bailey McNew	Lance McNew	Charles Meade
Elaine Mitchell	Leann Mitchell	Julie Moore	Bryan Perry
Chad Pounds	Richard Ritter Jr.	Skye Ritter	Jason Rock
Colleen Scheel	Juliete Scates	Crystal Schue-Peyton	Aslan Schue
Chase Skuza	Jo-Anne Smith	Robin Spivey	William Steele
John Stegeman	Elizabeth Stewart	Benjamin Stewart	Joshua Stewart
Kelli Stewart	Samuel Stewart	Vonnie Stewart	Henry Tanner
Mindy Tanner	Conner Taylor	Kaiden Thomas	Timothy Thompson
Tyler Thompson	Braeden Thompson	Gavin Tomlinson	Patricia Tomlinson
Ethan Turner	Isaak Turner	Natasha Turner	Peter Wicken
Bernie Wills	Jeffrey Wooten	Stephanie Wehde	Sheri Underwood
Norman Underwood Jr.			

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as incorrect. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address, please let us know who they are so theirs may be changed as well. We will accept P.O. Boxes, but you **MUST ALSO HAVE A LEGAL RESIDENCE**. If your present card does not have a photo, please send a photo along with your request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact us.

MAILING CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document, etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404 x 106

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

jflagg@samishtribe.nsn.us



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1-800-727-5478

Owned & Operated by the Samish Indian Nation

The Convention Center is available to rent again from October 1st through April 30th. Samish Tribal members receive a 30% discount on rental rates.

The Park Model cabins at the RV Park are open and available to rent on a daily or weekly basis. Samish Tribal members will receive a 15% discount on cabin rentals. Drop by the park if you are in the area and we will give you a tour of the cabins.

Fidalgo Bay Resort & RV Park Convention Center Available to Rent

The RV Park is excited to announce that the Convention Center is again available to rent for weddings, family reunions, staff meetings etc. It will be open for rentals from October 1st – April 30th. We are offering a 30% discount on the regular rates for Samish Tribal members. The areas available to rent are the kitchen/dining room and the big room which can be divided into three smaller sections depending on the size of your group. The Gathering/Fireplace Room is not available to rent at this time.

Please contact the Fidalgo Bay Resort & RV Park for rates and information (360) 293-5353.



Samish Early Learning Center



Center-based, year
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quality care and education for young children
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360.588.8806

Free meals provided through the USDA program
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childcare through our CCDF grant (please contact us
for details). We also accept DSHS.

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6
Open Tuesday to Saturday 10:00am to 5:00pm

The Samish Art Gallery provides a showcase for native artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style and to provide the community the opportunity to learn about native culture and art. We've had visitors from 60 other cities in WA, 29 other states and 9 different countries. If you wish to consign your artwork in the gallery or gift shop please call ahead for an appointment.

Council Corner

October

- AES Conference Call- Anacortes, WA
- Friends of the Forest 2012 Annual Benefit Event- Anacortes, WA
- Head Start Consultation Meeting- Portland, OR
- Meeting with the Mayor- Anacortes, WA
- National Congress of American Indians- Sacramento, CA
- Small Tribes of Western Washington- Lakewood, WA
- Washington Indian Gaming Association- Ferndale, WA
- Washington State Transportation Commission Meeting- Olympia, WA

November

- AES Conference Call- Anacortes, WA
- Boys and Girls Club 2012 Invest in our Kids Gala Event - Anacortes, WA
- Community meeting with Washington State Ferries Director- Anacortes, WA
- Harvest Dinner- Anacortes, WA
- Medicaid Expansion- Anacortes, WA
- Meeting with Representatives from Bureau of Land Management - Anacortes, WA
- Meeting with Representative from U.S. Army Corps of Engineers - Anacortes, WA
- Meeting with State Department of Transportation-Tacoma, WA
- Memorial-Malahat, Canada
- Planning meeting with the City of Anacortes- Anacortes, WA
- Small Tribes of Western Washington- Lakewood, WA
- Washington Indian Gaming Association- Shelton, WA
- Washington State Ferries Community Meeting- Anacortes, WA
- Washington State Transportation Commission Meeting- Tacoma, WA

**Dana Matthews,
Tribal Council Secretary**



Minutes of Tribal Council Meetings

Minutes of all Tribal Council meetings are posted to the members only web page as soon as approved officially by Council (typically at the face to face meeting the following month, so August Minutes would be approved in September, for example).

Tribal members who wish to regularly receive mailed copies of the minutes (which include details of how each Council Member voted) please make your requests known to Nicole Tesch, at ntesch@samishtribe.nsn.us or at the Administration Office toll free (877) 711-8896 ext 110 with an up to date mailing address.

Businesses Owned by Tribal Members



Jitty Kitty Closet, Inc.

eBay store of Tribal Member Wendy Hatch
Visit online at www.jittykitty.com

Variety of new, vintage, antique, and gently used items. Also purchases items as well and will assist in selling your items.



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

A V O N

THERESA METCALF

AVON Independent Representative

<http://www.youravon.com/tmetcalf>

AUBURN, WA 98001

theresametcalf.myavon@gmail.com

(206) 390-3959

NEXAPPEAL

Owned by Tribal Member Pat and Diana Dunn
(360) 293-5054
dpdunn@wavecable.com

Jewelry, Pine Needle Baskets, Button Robes and
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USDA Food Program
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Tacoma, WA 98408
Phone: (253) 473-4183



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Owner/Attorney: Erik P. Kaeding
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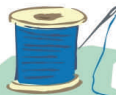
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- Tree Service
- Demolition

Michael Sherwood
(360) 510-7403
Samish.MSherwood@gmail.com

4453 Sucia Dr.
Ferndale WA 98248



If you would like to advertise your business in the **Businesses Owned by Tribal Members**, please contact **Nicole Tesch** at (360)293-6404 ext 110 or email her at ntesch@samishtribe.nsn.us

ELECTRONIC NEWSLETTERS

Would you like to receive the Samish Newsletter electrically rather than receiving a paper copy? If so, you can find copies of our newsletter on our website at www.samishtribe.nsn.us under Samish Community/Newsletters or please send an email to Nicole Tesch, Tribal Media and Public Relations Specialist: ntesch@samishtribe.nsn.us.

Please include:

Your Name

Address

Email address

Request for Maiden of Deception Pass story pole historical materials and stories



In September 1983, the Maiden of Deception Pass story pole was installed and dedicated in Deception Pass State Park. As part of the 30th anniversary celebration planned for next year, the Samish Archives is looking for people who have recollections and or material that would tell more about the story of how the Maiden story pole project came about, details about the preparations for the initial celebration and since then, other events and celebrations that have taken place at or around the park, or stories and anecdotes about the Maiden story pole. The Tribe is inviting anyone who participated in the planning 30 years ago, or attended the celebration to share any memories or materials (slides, photos or video) with the Samish Archives.

Please contact Jason Ticknor at 360-293-6404 ext 210, or by email, jticknor@samishtribe.nsn.us

CHANGE OF JOB ANNOUNCEMENT NOTIFICATION FOR POSITIONS WITH THE SAMISH INDIAN NATION

In the interest of being “green”, along with cost savings and increased efficiency, job announcements will no longer be mailed to tribal members. Open positions will continue to be posted on the Samish website at <http://www.samishtribe.nsn.us/employment/> for ten business days. Positions are posted as they become available. Samish members who are interested in employment with the Tribe are strongly encouraged to check the Employment page regularly.

If you would like to continue to receive a hard copy by mail, please contact Stephanie Rice at srice@samishtribe.nsn.us or (360) 293-6404 ext. 123 to opt-in for mail notification.

Samish Community Garden

The Samish Community Garden had our first gathering on at the end of March 2012 to weed eat, rototill and set a plan to present to the Samish Council. On April 12, 2012 the Samish Council approved proceeding with the Community Garden with an initial budget of \$1,000. We received donations of seeds from SummerSun Nursery along with starter pots from Thompson Greenhouse. At the quarter bag/fry bread class the Samish Community Garden handed out seeds for members to start items at home. Every month we have a gathering to plant, weed, mow, maintain the garden and have a pot luck meal together. On June 1st, A & A Nursery, donated ready to plant starts of 250 Tomato plants and 30 each of cabbage, broccoli, brussel sprouts, and cauliflower, onions, turnips, beets, zucchini, and squash plants. We had so many tomato plants we gave 80 away at Samish Cultural day along with an Informational Flyer and Seed packets.



Our donations have come from some outside sources but within the Samish Tribe we have had some very noteworthy donations: a water system donated by Tonya & Colby Bayley; Raspberry Plants donated by Carol Ann Truex; Dave Blackinton donated a picnic table; Frank Penter donated the use of his rototiller for the entire garden season; Drew Burnett & Jenna Strand donated lumber, screws, and their expertise in the construction of a greenhouse; Larry and Samara Thomas have donated one greenhouse frame and the raised beds and 40 different volunteers have dedicated 490 recorded hours, this does not include Larry's unrecorded visits of sometimes 3 times a week.

August was our time of harvest, we have had several tomatoes, but our first harvest of bush beans was given to the Elders Lunch program. We have had a couple of gatherings in this month and at each we have given tomatoes, carrots, beans, peas and onions to our elders in attendance those days. As we continue to harvest items or receive small donations from other gardeners, the Samish Community Garden has donated apples, peaches, zucchini, cucumbers, yellow squash, carrots, bell peppers and tomatoes to the elder lunch program.

September this year has ended our gardening to an extent as the Samish Tribe has started the process of building a wonderful new building at our garden site. Over Labor Day, Christine Woodward, Colby Bayley, Larry Thomas Jr., and Bobbie Young worked to tear down the existing building and clear a large area for expansion of the Samish Community Garden. We will soon have a new building erected that will protect the current water pump and have storage areas for the DNR and the Samish Community Garden.

We are still harvesting tomatoes, onions, zucchini, and maybe beets. Our goal is to have a few more events this fall to build more greenhouses, raised beds and plant winter crops. The Samish Community Garden has brought together many people over the course of these four short months for hard work, great meals, great conversation and a lot of learning.

Make it a Healthy New Year!

With the Holiday Season upon us and a brand new year just around the corner, now is a great time to get started making those New Year Resolutions for your health! And, we all know that making regular physical activity a part of our daily routine is one of the most powerful ways to improve health!

Here are some of the advantages of regular exercise:

- Regular physical activity lowers blood pressure, improves circulation and strengthens the heart - reducing your risk of developing cardiovascular complications such as a heart attack or stroke.
- Regular exercise also helps reduce fat. Exercise decreases LDL “bad” cholesterol and increases HDL “good” cholesterol.
- Exercise reduces stress, improves moods, promotes better sleep and slows down aging, which makes you look and feel better!
- Regular exercise improves health by increasing energy levels. It improves your stamina, strength, endurance and overall feeling of well being.
- Physical activity helps control weight, build lean muscle and promote strong bone, muscle and joint development. Exercise reduces the risk of many chronic diseases such as diabetes, heart disease, kidney disease, arthritis and various cancers.

One of the best ways to make exercise a regular part of your life is by choosing activities that you enjoy and that can easily be incorporated into your daily schedule. Here are some suggestions for either starting up or stepping up your exercise program:

- Take a brisk walk! For example, after lunch or dinner! Start slowly and build up to at least 30 minutes per day most days of the week.
- Consider engaging in a variety of activities that you enjoy. For instance, bike riding, swimming, dancing, yoga classes, playing ball or other sports.
- Try strength training exercises with hand weights, fitness bands or weight machines to help improve endurance, insulin sensitivity and build muscle. You can also do exercises with little or no equipment. Have a go at push-ups, pull-ups, abdominal crunches and leg squats!
- Begin slowly and gradually increase the duration, frequency, and intensity of the exercise. For example, after supper, go for a walk in your neighborhood each evening for 10 minutes. After one week, add an additional 10 minutes each week until reaching the goal of exercising 30 minutes per day at least 5 days per week. Whatever you choose, whichever exercise is right for you, make sure it's something you enjoy. You can vary your activities to prevent boredom, exercise with a friend, or join a group in your community that supports your interests in physical activity.

Here are a few more simple ways to work more exercise into your busy schedule.

- Try using the stairs instead of the elevator.
- When shopping, park as far away from the store as you can.
- Do your own yard work and/or gardening.
- Incorporate play time with the kids or grandkids. It will not only strengthen muscles and bones but also set a great example!
- Fitting regular physical activity into your daily schedule may seem challenging at first, but by trying different types of activities, it might just be easier than you think!



Please be sure to check with your health care provider before you begin any exercise program particularly if you have been inactive for a long time. The information presented in this report is not a substitute for the advice of a qualified professional health care provider. Best wishes for a Happy Healthy New Year!

Mitch Markovich, RN
Samish Public Health Services

Are you Ready?

Is your household prepared for a disaster? Employees of the Samish Indian Nation have been focusing efforts on becoming more prepared at work. Disasters can happen any time and any place, so it's important to be prepared everywhere – work, home, school, and on-the-go. Using resources and information from FEMA, the American Red Cross, and other reliable sources, we will be providing guidance and information on becoming better prepared each newsletter publication. Disaster preparedness can be overwhelming. By doing just a little at a time though, you can become disaster ready.

According to FEMA:

- Being prepared can reduce fear, anxiety, and losses that accompany disasters.
- If a disaster occurs in your community, local government and disaster-relief organizations will try to help you, but you need to be ready as well. Local responders may not be able to reach you immediately, or they may need to focus their efforts elsewhere.
- You should know how to respond to severe weather or any disaster that could occur in your area hurricanes, earthquakes, extreme cold, flooding, or terrorism.
- You should also be ready to be self-sufficient for at least three days. This may mean providing for your own shelter, first aid, food, water, and sanitation.

Where do you start? One of the first things you can do is start a discussion with your household. Because disasters can happen at any time, you may be all separated when a disaster occurs.

FEMA recommends to:

- Identify a contact such as a friend or relative who lives out-of-state for household members to notify they are safe. It may be easier to make a long-distance phone call than to call across town, so an out-of-town contact may be in a better position to communicate among separated family members.
- Be sure every member of your family knows the phone number and has a cell phone, coins or a prepaid phone card to call the emergency contact. If you have a cell phone, program that person(s) as "ICE" (In Case of Emergency) in your phone. If you are in an accident, emergency personnel will often check your ICE listings in order to get a hold of someone you know. Make sure to tell your family and friends that you've listed them as emergency contacts.
- Teach family members how to use text messaging (also known as SMS or Short Message Service). Text messages can often get around network disruptions when a phone call might not be able to get through.
- Subscribe to alert services. Many communities now have systems that will send instant text alerts or e-mails to let you know about bad weather, road closings, local emergencies, etc. Sign up by visiting your local Office of Emergency Management website.



For additional information,
please visit: www.ready.gov
Look for more safety and preparedness tips
in our next newsletter!

FEMA

Cultural Report

By the Cultural Development Coordinator Rosie James

I will start by sharing the mission of my position as Cultural Coordinator for the Samish Nation.

There is an old saying.

Hand full of sand and each grain is a teaching.

"Add a grain of sand, delete a grain of sand, distorts the teachings".

Many may have heard the phrase "Culture is the Core of our existence." As the outreach person for Culture I like to remind myself that there are many members learning of their heritage. It keeps me focused on the need for the knowledge of our ancestors. Although I do not carry all of the teachings that my Grandfathers carried it is enough to share with the membership to keep the culture as full as we can.

The plan is to get our past, present and future be known in our Usual and Accustomed areas. This is in support of the Samish Cultural Committee and the Samish Tribal Council.

Many are unaware of where our historical land base is, and it can be confusing. Lopez, Orcas and Cypress Islands were on our map as well as Guemes Island, Samish Island, the Bow Hill and Edison area, and a large part of Fidalgo Island. There are many cultural interests that are practiced today and many returning. The Samish ancestors are at the core of every cultural teaching. As the cultural development coordinator, my mission is to educate the membership on many of these teachings.

Our Heritage: Samish

Many try to imagine the ways of our ancestors. In the life and times of our old people there was a span of several generations who lived in one dwelling called a longhouse/smokehouse. All feasting was done from the open fires in the middle of the building. However, not done in metal pots, but rather the meals were prepared in woven baskets. Traditional foods were predominately seafood and native plants including seaweed. We were raised with the same belief as many churches even though there were no churches, we believed in the same Creator. Travel was either by foot or Canoe.



Cultural Subjects

1. Ceremonies
2. Travel Vessels
3. Housing structures
4. Cultural foods
5. Cultural food gathering
6. Food preparing
7. Ceremonial regalia
8. Family Structures
9. Games
10. Competitive Activities
11. Memorials/Remembrances
12. Villages
13. Indian Names
14. Medicinal Plant Gathering grounds
15. Shellfish Gathering
16. Salmon, Halibut, Bottom Fish, Smelt, and Herring
17. Fowl
18. Preparation of all foods & Medicines
19. Fishing, Hunting, & Digging Tools
20. Drumming & Singing

Watch this space for
Cultural news

Cultural Report

November was a very busy month. On the 10th, we traveled to Malahat B.C. for a memorial. In the coast Salish and first nations tradition, a memorial is held 4 years or more after a loved one has passed. Giving plenty of time for the grieving and healing process. Several traveled from Samish, including members of our Council. On the 14th we had a meeting with Snoqualmie Tribe regarding very sensitive cultural interest of their ancestors. On the 17th, we celebrated a fall feast with a wonderful Turkey dinner. Several members of Samish Nation attended. One in particular is married to a gentleman from England, when we first met he was very bold and inquisitive, with the attitude of being above the old ways of our lifestyle. Leaving the Feast he stopped and said, " Please excuse my past behavior, having several visits here I now have a greater admiration for my mates people. " Just a little boost and acceptance has a large impact on their participation. With the enrollment numbers steadily, almost rapidly rising there will always be a need for Cultural growth and a huge need for knowledge. Culture, Tradition, Knowledge, & Sharing will be forever, a Samish lifestyle. And now for the National News about Samish, we are now the proud Nation of a Ferry name. We should take a little cruise on the Chet-zemoka , a 64 passenger Ferry on the Keystone - Port Townsend run. Named for a Klallam Chief. The ship has profound history theme from the Port Gamble -S'kallam.

Samish Gallery of Native Arts Active in the Community



On November 15th, 2012 the Samish Gallery of Native Arts hosted a group of 11 students from the Deaf/Hard-of-Hearing program from the Northwest Educational Service District. The language Specialist said, "The kids really enjoyed the drumming and looking at the art exhibits. Although it sounds like they were not exactly the most focused group of elementary student, it was a valuable and informative experience that exposed them to native art and culture. Today during their art time at school they are learning more about some of the symbols and meanings used in Native drawings and art. We appreciate your support".

Education Support Increase

The Samish Tribal Council has reviewed the Tyee budget for 2013 which contains an increase for non-federal education support for Samish students as suggested by the Ad Hoc Budget Advisory Committee and has increased the educational scholarship budget line item in the 2013 budget to \$7500 per year to qualified applicants dependant on available funds.

If you are interested in attending college or trade school and would like assistance, please contact Dave Blackinton, Education Program Manager at (360)588-8200 ext. 105 or email him at:

daveblackinton@samishtribe.nsn.us

Upcoming Cultural Events 2013

DIGITAL STORY TELLING

Date: Saturday January 12, 2013

Time: 10:00 a.m. to 3:00 p.m.

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . Please RSVP.

Details: Learn to do your own story like the one on our Department of Natural Resources website. Lunch will be provided.

POINT ELLIOTT TREATY DAY

Date: Tuesday January 22, 2013

Time: Dinner begins at 5:00 p.m. Meal provided.

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . Please RSVP.

Details: Join us to celebrate the anniversary of the signing of the Point Elliott Treaty of 1855. We will be celebrating together and having a meal with a smokehouse gathering. Traditionally, Samish brought quarters to events and gave them to the witnesses. If you would like to follow this tradition, please bring quarters.

CULTURAL POTLUCK GATHERING

Date: Saturday February 9, 2013.

Time: 10:00 a.m. to 3:00 p.m.

Location: Administration Office 2918 Commercial Avenue Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . Please RSVP.

Details: Please bring your favorite dish and join us for a Potluck Gathering. We will be making items for giveaways at future events. Please bring projects you are currently working on.

EARLY SPRING NATIVE FOODS & REGALIA MINI CAMP

Date: Saturday March 16, 2013 to Sunday March 17, 2013.

Time: 10:00 a.m. to 4:00 p.m. both days

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . **Please RSVP.**

Details: Lunch will be provided. Supplies will be available for you to make your own regalia and native foods.

CULTURAL POTLUCK GATHERING

Date: Saturday April 13, 2013.

Time: 10:00 a.m. to 3:00 p.m.

Location: Administration Office 2918 Commercial Avenue Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . **Please RSVP.**

Details: Please bring your favorite dish and join us for a Potluck Gathering. We will be making items for giveaways at future events. Please bring projects you are currently working on.

HAZEL PETE INSTITUTE OF CHEHALIS BASKETRY

Date: May ? (Date not scheduled at this time, please check back on our the Samish events page)

Location: 137 Anderson Road, Oakville, WA

Contact: For more information contact Trudy at (360) 273-7274

Upcoming Cultural Events 2013

MINI CAMP AT CAMP KIRBY

Date: Saturday May 25 and Sunday May 26, 2013

Time: 10:00 a.m. to 3:00 p.m.

Location: Camp Kirby on Samish Island

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . **Please RSVP.**

Details: Drums, Shawls, Rattle Class, Late Spring Native Foods, work on items and learn more about Native foods. Spend the night in cabins and enjoy each others company. Meals will be provided.

ELDERS BANQUET

Date: Friday June 28, 2013

Time: 11:00am to 3:00pm

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Sue Williams (360) 588-8806, please let us know if you are interested in attending.

Details: Come join us for our annual Elders Banquet. Food will be provided. Lots of giveaways and entertainment. If you would like to volunteer or donate giveaways for this event, please contact us.

CULTURAL DAY/WHALE NAMING

Date: Saturday, June 29, 2012

Time: 6:00am to until 4:00 p.m. potlatch

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106

Details: Meal will be provided. New Baby whale J049 will receive a name. He is the son of Hy'skqa.

SAMISH GENERAL MEETING

Date: Sunday, June 30th, 2012

Time: 10:00am till approximately 4:00 p.m.

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106

Details: Please join us for our annual general meeting. Lunch will be provided. Sunday meeting starts at 10:00AM providing we have a quorum of at least 40 people. This meeting will run until approximately 4:00 p.m.

CANOE LANDING AT SAMISH

Date: July, Date to be determined

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Michelle Johnson (360)899-5282 x 106. If you would like to volunteer for the event, let us know.

CULTURAL POTLUCK GATHERING

Date: Saturday July 13, 2013.

Time: 10:00 a.m. to 3:00 p.m.

Location: Administration Office 2918 Commercial Avenue Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . **Please RSVP.**

Details: Please bring your favorite dish and join us for a Potluck Gathering. We will be making items for giveaways at future events. Please bring projects you are currently working on.

Upcoming Cultural Events 2013

CAMP SAMISH

Date: August 22-25, 2013

Location: Camp Kirby on Samish Island

Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending

Details: Meals will be provided. Carving, singing, drumming, cedar work, bead work, etc.

FALL CULTURAL DAY & MAIDEN 30TH YEAR ANNIVERSARY

Date: Saturday, September 28, 2013

Time: 10:00am to ?

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106

Details: Please join us for some Potlatch with speakers and a celebration of the Maiden of Deception Pass 30th Year Anniversary. Lunch will be provided.

NORTHWEST NATIVE AMERICAN BASKET WEAVERS ASSOCIATION

Date: Friday October 4 and Saturday October 5, 2013

Location: unknown (please check back on our Samish events page for more information)

BEADING CLASS

Date: Saturday October 12 and Sunday October 13, 2013

Time: 10:00am to 3:00pm each day

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending.

Details: Participants will be learning peyote stitch and flat beadwork. Lunch will be provided on both days.

HARVEST DINNER

Date: Saturday November 16, 2013

Time: 5:00pm to 7:00pm

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending.

Details: Meal will be provided.

SAMISH CHRISTMAS PARTY

Date: Sunday December 15th, 2013

Time: Party goes from 1:00pm to 4:00pm, Santa will be coming at 3:00 p.m.

Location: Fidalgo Bay Resort Clubhouse 4701 Fidalgo Bay Road Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us

Please let us know if you are interested in attending. Santa needs to know the age and gender of all the little boys and girls who are coming. Please let us know by Friday November 29th, 2013 so we can plan accordingly and let the elves know.

Details: Come celebrate the Christmas season with your Samish family. Snacks and refreshments provided.

Health News

In order for us to pay your medical, dental or prescription bills correctly, we need complete and accurate information about your coverage.

Please send us a copy of your current insurance cards, both medical and dental. Be sure to include the dates the coverage started and which members of your family are covered. Do not assume that we have your cards or know your coverage.

If you have MEDICARE coverage, it is VERY IMPORTANT that we know whether you have:

- Original Medicare OR a Medicare Advantage Plan (send us the cards)
- Medicare Supplement (again, send us the card)
- Part D (medication) coverage (again, send the card)

If we do not have the proper information, it will delay payment, or result in improper payment. Please help us do the best job we can...send us your insurance cards, and let us know when there are any changes. Thank you.

DENTAL BENEFITS INCREASE

The Samish Tribal Council has determined that the dental benefit for Contract Health eligible members will be increased to \$1500 per person per year for basic dental care, effective January 1, 2013.

For more information about this or any other medical benefits, please call the Samish Contract Health Services Program.

Your Samish Contract Health Services Team



CONTACT US

**Samish Contract
Health Services**

P.O. Box 919

Anacortes, WA 98221

Phone: (360) 899-5454

**Toll Free Phone:
(877) 470-8737**

Joanne Liantonio
extension 108

jlantonio@samishtribe.nsn.us

Erin Soucy extension 105

erinsoucy@samishtribe.nsn.us

Kim Padgett extension 114
kpadgett@samishtribe.nsn.us

Language News

The Tribal Council has made a huge commitment to Language preservation and revitalization for 2013 by taking two significant steps forward. Council has appointed all those who expressed interest in serving on the Language Committee (the call for interested members was posted in the last newsletter). A total of 14 members responded, and since this exceeds the number allowed for a Standing Committee within the Committee Ordinance, Council decided to appoint all interested members to an Ad Hoc Committee for Language, with a task of overseeing a tribal Language program, including creating a budget and reporting on progress to Council.

The Language Ad Hoc Committee members are Amber McFetridge, Chris De Kay, Jan Flagg, Peggy Waters, Larry Thomas, Michelle Johnson, Sally Barrett, Emily Baker, Romaine Underwood, Colin Douglas, Lisa Weber, Sam Barr, Denise Gaggens & Leslie Eastwood. The Committee has agreed to meet monthly with the goals of continuing to gather language samples from our fluent speakers, and to start videotaping these sessions in 2013 to further document and preserve the language, finishing work that was begun under grant funding two years ago.

The Committee made a recommendation to create a full time Language Program staff position, to manage recordings, update the web site, and get materials in a useful manner out to the members. Teacher certification was a second goal of the Committee, developing a process to verify that someone who is learning the language with enough proficiency to be deemed certified by the Tribe as a Samish language instructor. Beginning this year the group plans to create interactive language activities that any member will be able to join in and have fun and feel successful learning basics of the language. Companion videos will also become available on the web site as they are developed.

Tribal members are encouraged to check out the current resources on the Samish website and share feedback or ideas for Language program development with the Language Ad Hoc Committee Chairperson, Michelle Johnson. mjohnson@samishtribe.nsn.us

Sqwél7ten-ále

(Language Container/Box)

Lánget tse ngáqe7 - Look at the snow

Xécht – figuring something out by yourself

Xchínexw – learn something

Qelát – again, repeat it

Langesót – Looking after oneself

Méli Kelísmes – Merry Christmas

Samish Sounds

7 – glottal stop (as in oh-oh = o7o)

‘ – indicates the stressed vowel

A – as in “cat”

E – as in “the”

I – as in “ski”

O – as in “hot”

Q – like “k” but made in the back of the mouth

X – like “q” but also blowing a stream of air (like clearing your throat)

Happy Holidays

**Have a Safe and Happy Holiday Season
from the Samish Indian Nation's
Council Members and Administration**



**Goodwill and Sharing,
Giving and Caring
This is the Spirit of the Season
May your Heart be Warmed
by the Goodness of Christmas**

**The Samish Indian Nation Administration Office and the
Samish Longhouse Preschool will be closed from
Monday December 24th, 2012 through January 1st, 2013.
For future reference, if the Anacortes School District is
closed due to adverse weather conditions,
our offices will also be closed for safety.**

Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place



Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404

Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us



Samish News

March 2013

Larsen Reintroduces Bill to Provide Permanent Protection to Samish Land in Skagit & San Juan Counties

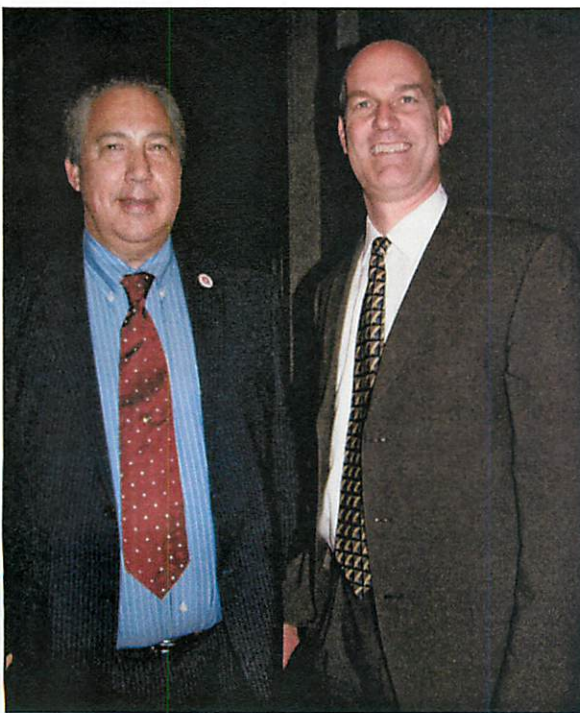
More than 95 acres of Samish Tribal lands in Skagit and San Juan counties will receive permanent protection if Congress passes a bill introduced by Rep. Rick Larsen, WA-02, today. The Samish Indian Nation Homelands Act of 2013 would put the land, currently owned by the Samish Tribe, into federal trust for the tribe. Larsen introduced a version of the bill in 2012, but the House of Representatives did not take action on the bill.

"The permanent protection of this property will help the Samish Tribe continue to build a solid foundation for economic growth, preserve vital community services, and give tribal members certainty about the Tribe's future," Larsen said. "I look forward to working with the Samish Tribe and other local leaders to pass this bill to protect vital services and economic centers for the Samish Tribe."

The legislation has been endorsed by local leaders including the City of Anacortes Mayor and City Council, the San Juan County Council and the Skagit County Board of Commissioners.

"The Samish Indian Nation has worked hard to ensure that the future is bright for its people, including job opportunities for tribal members as well as for our neighboring communities," said Samish Indian Nation Chairman Tom Wooten. "Congressman Larsen has been a true partner in working with the Tribe to make this goal a reality. We deeply appreciate his reintroduction of the Samish Indian Nation Homelands Act, and we are committed to working with him and Congress to see it enacted into law in the 113th Congress. The Tribe also appreciates and acknowledges all our partners: the City of Anacortes, Skagit County, San Juan County, and the state of Washington for their collaboration on this bill and for their continuing friendship and collaboration.

Together we can revitalize the area in a way that allows for all our next seven generations to grow and prosper."



The legislation would take 95 acres of Samish-owned land on five parcels and place them in federal trust to be used by the tribe for community and economic purposes. Those parcels include a Head Start and Early Learning Center and the tribal administration complex in Anacortes, as well as agricultural land and salmon habitat in Skagit County. The language of the bill prohibits gaming on the land once it is taken into trust. It does not affect the rights of other tribes, including hunting and fishing on any lands.

"The City of Anacortes and the Samish Indian Nation have a long history of partnering on issues affecting both governing bodies," said Anacortes Mayor Dean Maxwell. "The City of Anacortes supports the Samish Indian Nation Homeland Act of 2013, which allows the Samish Indian Nation to convert five parcels into non-gaming trust status for housing, government and support services for the tribe."

Letters to the Editor

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
ntesch@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(877) 711-8896

Please note:
Entries are
handled on a
space and time-
sensitive manner.
All materials are
reviewed by the
Tribal Council
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may be sent to
you without
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communication of
the Samish Tribal
Government.

Letters to the
Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

Thanks once again to all Samish for the generous help and support we were given for Fidalgo Bay Day. The RV Park is a perfect spot for us with the beautiful view of the bay, a clean beach seine event, an audience from all over the continent at the RV Park, lots of amenities and an incredibly responsive and helpful staff.

As you know, our goal is to educate our fellow citizens about the importance of being good stewards of the sea around us. The gracious hospitality of Samish makes the goal easier to attain and pleasant for all in attendance, exhibitors and visitors alike.

We counted just over 300 people at this last Fidalgo Bay Day and the fellows at the RV Park assured me that the real number had to be much larger, judging by the number of cars they parked. I had asked the welcome table to keep track of zip coded of the visitors, so I can tell you that 16% of our visitors came west from the Mt. Vernon/Burlington area.

I enclose a copy of the report I put together for the SMRC and County Commissioners. I hope you will share it with your Council, your staff and your friends. Thank you again.

Sincerely,
Erica Pickett
Skagit County Marine Resources Committee

Dear Tribal Council, Jan Flagg and everyone,

We just wanted to say what a wonderful gathering we had to celebrate our Samish family. Thank you to everyone who worked so hard on making gifts available and wrapping all of them. The children were enthralled with Santa and appreciative for the presents. Santa was so good with the kids. Some kids may get a canoe this year! Oh, and one kid may get a trailer to tow their sister's canoe! A merry time was had by all.

It was a meaningful day. Thank you again. We are looking forward to another bright year in 2013.

Jacqueline, Carol Ann,
Monica, Sam and Lily-Rose



Santa gave presents out to all the good little girls and boys including Samish Tribal member Midas Strand.

Letters to the Editor

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian
Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
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Editor reflect the
opinions of the
writer only and
are not statements
of Tribal Policy.

I want to thank the Samish Indian Nation for the higher education support program. I am proud to announce that I graduated December 2012 from Western Governors University with my degree in Special Education. The support and assistance I received from the Samish helped me reach my goal. I also want to give a special thanks to Dave Blackinton for helping me navigate the process these last two years. I am proud to be Samish. Thank you!

Sincerely,
Tanya Latham

Dear Chairman Wooten and Samish Tribal Council Members:

I am writing this letter to express my support for the Samish Gallery of Native Arts.

When the gallery first opened, many were excited about having the space to show their work as Samish artists. As one of these artists, it has been a privilege to have a place to display and sell my jewelry and handmade cards with my original photographs.

Since then, it has become apparent to me that there are some very talented Samish artists who show their work in the gallery space, but that this space has value for other reasons: not only for displaying and selling Samish and other Northwest Coast artists' work, but also for **patrons** and **collectors** who are looking for what the Samish Gallery has to offer. Currently, there is no other such gallery in the area, the closest one being in Friday Harbor. That being said, the Gallery represents potential for opportunities for economic development, and for employment for Samish Tribal members.

Although it was established as a **retail space**, what it is evolving into also is a **cultural gathering place**; A place where Samish members as well as members of other communities are gathering to learn of a culture and to exchange ideas. It appears that cultural activities are already taking place in the gallery/workshop space on a regular basis. Maybe one way to look at preserving it would be as a gallery/cultural center, where classes could be offered to tribal members, and perhaps also to members of the greater Anacortes community, thus generating some revenue in support of it.

Looking ahead to the future, another possible use of this space could be a place to house repatriated Samish artifacts. (as in a Cultural Center) although I realize that a secure, somewhat climate-controlled space is imperative to house such a collection, it's worth noting that this maybe could be incorporated into a vision for the future.

I believe the greater Anacortes community would support an expanded version of the Gallery as it is now. I also believe that the Samish Gallery of Native Arts is of so much value on so many different levels to Samish Tribal members.

Thank you for your consideration of this very important matter.

Cheryl Chatt, Samish Tribal Member

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA

Rebeca Armstrong	Jeffery Bailey	Brenton Barrett	James Barrett
Lloyd Barrett	Lyle Barrett	Shane Barrett	Joshua Bell
Jessica Blackinton	Kaleb Blackinton	Lisa Bleeck	Denis Bloomingdale
Ethyn Buckman	Gerickah Charlie	Jerald Christiansen	Christopher Clark
Coleen Clark	Teal Douville	Kristin Dunlap	Brianna Engberg
Jonathon Grave	Michael Engberg	Daniel Fisher	Bradley Garness
Michael Guthrie	Alyssa Hatch	Jeffrey Hatch	Jordon Houser
Kye Houser	Shey Houser	Steven Houser	Kelly Hudson Jr.
Marcy James	Mary Kendall	Aubrey King	Edward M. King Jr.
Joseph King	Joshua King	Judy King	Susan Leonard
Lisa Lindsay	Jonathan Long	Joe Lowman	Shelbie Lucy
Dinah Lundin	Bob Lyon	Kurtis MacDonald	Mandy Malloway
Winnifred Marchand	Hailey Mason	Bailey McNew	Lance McNew
Cassandra Miller	Courtney Miller	Elaine Mitchell	Leann Mitchell
Dixie Moore	Julie Moore	Bryan Perry	Chad Pounds
Gwendolyn Renteria	Richard Ritter Jr.	Skye Ritter	Jason Rock
Grayson Ruyeras	Kailey Ruyeras	Colleen Scheel	Brittany Schoch
Juliete Scates	Crystal Schue-Peyton	Aslan Schue	Jo-Anne Smith
Robin Spivey	William Steele	John Stegeman	Elizabeth Stewart
Benjamin Stewart	Joshua Stewart	Kelli Stewart	Samuel Stewart
Vonnie Stewart	Henry Tanner	Mindy Tanner	Kaiden Thomas
Timothy Thompson	Tyler Thompson	Braeden Thompson	Gavin Tomlinson
Patricia Tomlinson	Karina Tolar	Ethan Turner	Isaak Turner
Natasha Turner	Peter Wicken	Bernie Wills	Jeffrey Wooten
Stephanie Wehde	Sheri Underwood	Norman Underwood Jr.	

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as incorrect. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address, please let us know who they are so theirs may be changed as well. We will accept P.O. Boxes, but you **MUST ALSO HAVE A LEGAL RESIDENCE**. If your present card does not have a photo, please send a photo along with your request to the enrollment department. Photos are returned with the cards.

If you are a Veteran or those of you who have an Indian name, please contact us.

MAILING CHANGES

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document, etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221

Phone: (360) 293-6404 x 106

Toll Free Phone: (877) 711-8896

Jan Flagg, Enrollment Clerk

jflagg@samishtribe.nsn.us



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Owned & Operated by the Samish Indian Nation

The Convention Center is available to rent again from October 1st through April 30th. Samish Tribal members receive a 30% discount on rental rates.

The Park Model cabins at the RV Park are open and available to rent on a daily or weekly basis. Samish Tribal members will receive a 15% discount on cabin rentals. Drop by the park if you are in the area and we will give you a tour of the cabins.

Fidalgo Bay Resort & RV Park Convention Center Available to Rent

The RV Park is excited to announce that the Convention Center is again available to rent for weddings, family reunions, staff meetings etc. It will be open for rentals from October 1st – April 30th. We are offering a 30% discount on the regular rates for Samish Tribal members. The areas available to rent are the kitchen/dining room and the big room which can be divided into three smaller sections depending on the size of your group. The Gathering/Fireplace Room is not available to rent at this time.

Please contact the Fidalgo Bay Resort & RV Park for rates and information (360) 293-5353.



Samish Early Learning Center



• Center-based, year round, licensed center providing quality care and education for young children ages 12 months to 5 years

Monday-Friday 7:30am-5:30pm

*Competitive Rates Available
Please inquire for specific rates
360.588.8806*

Free meals provided through the USDA program. Qualifying families may be eligible for minimal cost childcare through our CCDF grant (please contact us for details). We also accept DSHS.

SAMISH GALLERY OF NATIVE ARTS



708 Commercial Avenue Anacortes, WA 98221
(360) 588-8200 extension 6

Open Tuesday to Saturday 10:00am to 5:00pm

The Samish Art Gallery provides a showcase for native artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style and to provide the community the opportunity to learn about native culture and art. We've had visitors from 60 other cities in WA, 29 other states and 9 different countries. If you wish to consign your artwork in the gallery or gift shop please call ahead for an appointment.

Businesses Owned by Tribal Members



Jitty Kitty Closet, Inc.

eBay store of Tribal Member Wendy Hatch
Visit online at www.jittykitty.com

Variety of new, vintage, antique, and gently used items. Also purchases items as well and will assist in selling your items.



Tangles Hair & Co.

Brie Keller and
Nada Thompson

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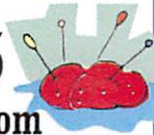
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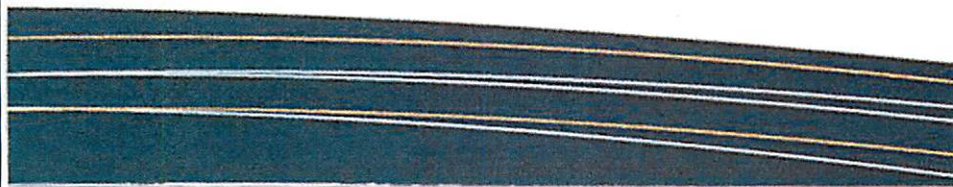


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Ferndale WA 98248



If you would like to advertise your business in the Businesses Owned by Tribal Members, please contact Nicole Tesch at (360)293-6404 ext 110 or email her at ntesch@samishtribe.nsn.us

ELECTRONIC NEWSLETTERS

Would you like to receive the Samish Newsletter electrically rather than receiving a paper copy? If so, you can find copies of our newsletter on our website at www.samishtribe.nsn.us under Samish Community/Newsletters or please send an email to Nicole Tesch, Tribal Media and Public Relations Specialist: ntesch@samishtribe.nsn.us.

Please include:

Your Name

Address

Email address

Council Corner

DECEMBER

- AES Conference Call - Anacortes, WA
- Boys and Girls Club 2013 Invest in our Kids Gala Event - Anacortes, WA
- Cultural Meeting - Anacortes, WA
- Meeting with the Mayor - Anacortes, WA
- Samish Language Meeting - Anacortes, WA
- Samish Tribal Members Christmas Party - Anacortes, WA
- Small Tribes of Western Washington - Lakewood, WA
- Washington Indian Gaming Association - WA

In addition to the daily operations, weekly conference calls and monthly meetings, one or more Tribal Council members have attended the following conferences, meetings, trainings, workshops, etc.

JANUARY

- AES Conference Call - Anacortes, WA
- Head Start Policy Council Meeting - Anacortes, WA
- Northwest Indian Housing Association - Tulalip, WA
- Planning Meeting with the City of Anacortes - Anacortes, WA
- Red Cross Board of Directors Meeting - Oak Harbor, WA
- Small Tribes of Western Washington - Lakewood, WA
- Washington Tribal Conservation Advisory Council - Fife, WA

FEBRUARY

- G-8 Tribal Leaders Meeting - Tulalip, WA
- Head Start Policy Council Meeting - Anacortes, WA
- Northwest Indian Health Board - Bellingham, WA
- Washington Indian Gaming Association - Nisqually, WA



Dana Matthews,
Tribal Council Secretary



Minutes of Tribal Council Meetings

Minutes of all Tribal Council meetings are posted to the members only web page as soon as approved officially by Council (typically at the face to face meeting the following month, so August Minutes would be approved in September, for example).

Tribal members who wish to regularly receive mailed copies of the minutes (which include details of how each Council Member voted) please make your requests known to Nicole Tesch.

Email: ntesch@samishtribe.nsn.us

Toll free: (877) 711-8896 ext 110 with an up to date mailing address.

Donation from Shell Refinery

The Samish Longhouse would like to give a huge thank you to the Shell Refinery for their generous donation to the Head Start Program on December 14, 2012. The children were surprised with a visit from Santa and several Shell employees, who distributed over \$2,000 worth of coats and clothes. One Head Start parent mentioned how helpful the donation was to her family, as they have fallen on hard times. This was a joyous day for the kids, as well as the staff of the Longhouse. We raise our hands in thanks to Shell Refinery, for the charitable donation and for taking the time to personally deliver the coats and clothes! Our Head Start families greatly appreciate these types of generous donations, especially over the Holiday season.



Samish Names of Buildings & Spaces

The Samish Language Committee suggested naming some of the significant buildings and spaces owned or operated by the Tribe and Council approved these names in March.

Council Chambers

Esq'áplh tse Si:yam (The Gathering of Many Leaders)

Community Building RV Park

Sq'elq'ép Á7leng (House where many are gathered)

Administration Building

Kwenengítel Á7leng (The House of Helping Each Other)

HHS Building

Lengótle Á7leng (The House of Looking After One Another)

DNR

Lengtíxw tse Schténgexwen Á7leng (The House of Watching Over the Territory)

Community Garden

Nexwéy7welh (Place of always generous)

Longhouse

Kw'éngel Á7leng (The House of Raising Someone)

Gallery

Ekwséle7 Á7leng (The House of Showing Things)

Pronunciation Key:

7 – glottal stop (as in oh-oh
= o7o)

' – indicates the stressed
vowel in a word

A – as in “cat”

E – as in “the”

I – as in “ski”

O – as in “hot”

Obituary

Glenn "Papa" Tostenrude

We at Samish Tribe have lost a dear friend.

TOS-KWEL'EN-SEN

He carried his name like a king carries his crown. "The eagle that fishes." Glenn cooked many salmon at Samish. In one word Glenn described Samish, "home". He carved many gifts for our staff and canoe family. Never wanting anything in return but, acceptance. You Glenn were truly a friend.—*Rosie Cayon James and Bill Bailey*



Glenn was born in Bremerton on May 22, 1935 to George and Eva Tostenrude. They made their home in East Bremerton until Glenn was five, then the family moved to a farm near Silverdale. He spent much of his youth hiking trails in the nearby Olympics. At sixteen Glenn joined the National Guard. At nineteen he enlisted in the Marine Corps. Before being deployed to Korea, he married his fiancée Vivian Veggen in 1954.

After serving three years in the Marines, he spent the first summer commercial fishing with his father-in-law off of Neah Bay. He loved scuba diving, and at one point had his own diving service. In 1962 he joined the Bremerton Police Department, his fondest memories were the times spent on his Harley Davidson. After retirement Glenn moved his family to Brewster, Washington where he worked for the town and its school district. He spent many hours fishing the Okanogan River and ice fishing the nearby lakes with his family.

In 1988, Glenn moved his family to Anacortes where he fished, crabbed and dug for clams. He also hiked the many trails on Fidalgo Island and scrambled up the steep side of Mount Erie. He led a full life, had many friends and hobbies. Glenn is survived by his wife, Vivian, daughter, Carole and sons, Glenn, Mark, Kevin and Ward. There are eight grandchildren and two great-grandchildren and has a brother, Lyle, in Spokane.



Rose P. Spurlock

Rose Spurlock of Tumwater WA, passed away at Olympics West on January 7, 2013, at 103, after living there for the last 10 years. Olympics West was her home for these 10 years where she enjoyed being with her new friends, the other residents and the staff who took great care of her. She was born in Saskatchewan, Canada on December 4, 1909, and moved from Canada to the US in 1950, with some time in Oregon, and then to Oroville, California in 1958. Rose (MyMy) lived a very long, healthy life, enjoying her daily walks for most of her life.

Rose is survived by three daughters, Alayne (Don) McFetridge of Penticton, BC, Barbara (Richard) Wortley of Mercer Island, WA and Donna (Jerry) Louthain of Olympia, WA, 10 grandchildren, 26 great grandchildren, and 9 great great grandchildren.

Obituary

Thomas Glen (Tom) Nelson

Thomas Glen (Tom) Nelson was born June 15, 1953 and died December 21, 2012. He is survived by his wife Nancy, daughter Kendra, son Aaron, daughter-in-law Sawyer and a grandchild due in June 2013; father Glenn Nelson; brother Dan Nelson and sisters Lynn Markley and Sue Watson.

Tom was a 1971 graduate of Mt. Rainier High School in Des Moines, Washington. Upon graduation he was a reserve police officer for the City of Des Moines. Tom worked for the Goodyear Tire and Rubber Company, Wingfoot Commercial Tire, and was an owner at Glenn's Auto Repair. Tom was a proud member and tribal elder of the Samish Indian Nation.



Kyle Sawyer Bayley

Kyle Sawyer Bayley was born on January 23, 1991 and peacefully passed away in his sleep Friday, March 8, 2013 at the age of 22. He was an angel among us.

Throughout Kyle's childhood he had a quiet, outsized presence and friendly demeanor that continually attracted friends. Kyle touched an amazing number of lives. Kyle was blessed with a gifted and analytical way of thinking. In high school his desire to become an engineer blossomed, followed by doing exceptionally well in the area of robotics and pre-engineering at Everett Community College. Kyle's plan was to enter the University of Washington in the fall, where he would have excelled. At 17, he began working for AeroMech, Inc. Kyle became an important part of their operations. He was so proud of his job and they in turn appreciated his talent, potential and friendly disposition. They had bigger plans for him.

Kyle got more out of life than most in his 22 years. He enjoyed camping, boating, hiking, observing nature and being with his friends and family. However, Kyle also was an instigator of wild adventures for himself and his friends. He had a sense of humor that many enjoyed and left others wondering. He loved patching up old vehicles (especially motorcycles) and had a vision of the adventures he would have when they ran. The amazing thing was he always accomplished those dreams, even if it only lasted a day.

Kyle was inspirationally kind, an attribute that served to endear him to everyone who knew him. All his family, friends and those who truly loved him will inconsolably miss him. Kyle is survived by parents, Kate and Jeff Morton, Colby and Tonya Bayley; brother, Alexander J. Bayley (Patricia Bayley); aunt and uncle, Jennifer and Jeff Gietzen; siblings, Jennifer Morton, Kathleen Morton, Chelsea Kendall and Brianna Bartone; cousin, Claudia Gietzen; grandfather, Robert Gara (Marcela Gara); Robert Gara Jr. (Ariel Gara), Marcela Gara, family in Texas. He was preceded in death by his loving grandmother, Ola Gara.

Samish Community Garden

The Samish Community Garden is looking forward to a very exciting and productive 2013. Samish Council had a wonderful new building constructed, that we will be sharing with the DNR. We will have a closed bay to store shovels and such and two covered bays for gatherings. The brush has been cleared away and the water system has been updated.

So far, Ace Hardware of Anacortes has donated 650 seeds packets to get us started; we are still looking for more donations.

Our first event will be a planning/work party in mid-March, our plan is to have at least one every month. We hope to see anyone interested, even if you're not able to work, we would appreciate your input and your knowledge. We always have lots to eat, as it is a pot-luck event. We will put an announcement on Facebook – SamishCommunity Garden or email us at: samishcommunitygarden@gmail.com and we will send you a notice.



We will also have pictures and more information at the 7th Annual Samish Health and Wellness Gathering on April 6, 2013. Come join in the fun!

Facebook at SamishCommunity Garden and our email samishcommunitygarden@gmail.com

Note from the Election Superintendent

Dear Samish members,

As you may know, last year in June 2012, was an election year. At that time, we voted on the Tribal Chairman position and two council member seats. Tom Wooten was re-elected as Tribal Chairman, Dana Matthews was re-elected as Secretary, Dave Blackinton was re-elected to council member #5, and Jenna Strand was elected to council member #6. These positions are all 4 year terms through June 2016. Our next election will be conducted in June 2014. At that time 3 seats will be voted on: Vice Chairman, Treasurer, and council member position #4.

If you would like to see the election results from June 2012 please visit our website at www.samishtribe.nsn.us and click on Tribal Government/2012 elections. If you have any questions or comments please e-mail them to elections@samishtribe.nsn.us

Larry Thomas Jr.
Election Superintendent

Cultural Report

By the Cultural Development Coordinator Rosie James

*I will start by sharing the mission of my position
as Cultural Coordinator for the Samish Nation.*

There is an old saying.

Hand full of sand and each grain is a teaching.

*"Add a grain of sand, delete a grain of sand,
distorts the teachings".*

Spring is almost here, time for gathering roots, shoots, and throwing on the boots for some good old fashioned clamming.

My Grandparents didn't use a clam fork, shovel, or any other manufactured tool they used digging sticks, also their nets were made of plant twine.

When sanding was needed for carvings the sander was made of dried mudshark skin.

The Old People (Ancestors) used many plants for medicine, food for the table, or making a cooking vessel, such as sea kelp ribbon or skunk cabbage ie leaf, that was used as the compostable Reynolds wrap.

Many may wonder "Why is it important for me to learn the history of our ancestors?"

Simple answer: So we can keep the culture alive.

Our ancestors left us our identity, and it comes with responsibility, for those who are very committed to keeping us strong as a tribe.

There have been monthly singing circles and that is one of the ways of helping to build strong connections to your heritage.

Note: If you have great grandparents, grandparents, parents, aunts, uncles, older siblings that have some knowledge of the Old Culture please spend time with them and hold onto their knowledge.

At some point I would like to compile all of our knowledge and get it archived.

Many of you remember the Samish meetings on the Swinomish Reservation, we would all like to hear about those days.



Cultural Subjects

1. Ceremonies
2. Travel Vessels
3. Housing structures
4. Cultural foods
5. Cultural food gathering
6. Food preparing
7. Ceremonial regalia
8. Family Structures
9. Games
10. Competitive Activities
11. Memorials/Remembrances
12. Villages
13. Indian Names
14. Medicinal Plant Gathering grounds
15. Shellfish Gathering
16. Salmon, Halibut, Bottom Fish, Smelt, and Herring
17. Fowl
18. Preparation of all foods & Medicines
19. Fishing, Hunting, & Digging Tools
20. Drumming & Singing

Watch this space for
Cultural news

Tell Your Story

Think about your favorite stories in life. Each story holds something different for every person that hears it. From recalling pleasant memories to important lessons of how to live, storytelling is an important way to connect a community and an important tradition to keep alive. Every one of us has a story to tell. Personal, family and community stories can be lost for future generations if they are not intentionally documented or carried forward. We would like to help you tell and record your story. Working with our cultural program, three of our staff are developing a training program to help anyone interested in creating their own digital story.

What is a digital story? It can be almost anything you want, take a look at an example from Larry Thomas Jr. online at: <http://bit.ly/15jC5NR> You can also find it on the Samish Department of Natural Resources website or search for Grandpa's River on YouTube.

The process of gathering materials, writing a script, recording and editing your story can be very time consuming and may seem complicated or even scary. That is why TJ Larrick and Donna Griffin from Samish Vocational Rehabilitation and Adam Lorio from Samish Department of Natural Resources would like to help you create your digital story. We have the recording equipment and computers necessary to work with you. If you are interested, please call or e-mail Adam: (360) 293-6404 ext 109, alorio@samishtribe.nsn.us Once we know who is interested, we will find a time that works to come together and help everyone get started on their story. Feel free to contact any of us, including Larry if you have questions about the process. We can't wait to see your story come to life- Adam, Donna and TJ.

Vocational Rehabilitation Team

Are you are having trouble finding or keeping a job despite the fact that you want to work? Do you have a condition such as substance abuse history, mental health issues, diabetes or another form of disability or in need of specialized equipment that is a part of that struggle to get or keep a job? If so, come on in to see if you qualify for vocational rehabilitation services. Our mission is to promote work and independence. We continue to provide a wide variety of individualized services to assist eligible individuals that have a disability to find or maintain employment.

We assist in helping any federally recognized tribal member in our five county service area that has a disability that is a barrier to getting or keeping a job and wants to work. Did you know that nearly 45% of people in this country have a disability? Disabilities are widely defined. Allow your barriers to be the stepping stone to your success Even if you are collecting social security disability benefits, you can still work to increase your income level.

Please contact us so we can provide you with more information and answer any questions you may have at (360) 899-5282 or come by and see us at 1809 Commercial Avenue in Anacortes.



*TJ Larrick, Donna Griffin, Sandra Wright, Lynn Austin
Your success is up to you. Do you want to improve your situation?*

Upcoming Cultural Events 2013

7TH ANNUAL SAMISH HEALTH AND WELLNESS GATHERING

Diabetes and Healthy Heart Conference "Becoming a Champion"



April 6, 2013
9:00 a.m. to 3:00 p.m.
Fidalgo Bay Resort
4701 Fidalgo Bay Road
Anacortes, Washington 98221
Gourmet Catered Lunch Provided



All New Conference "Taking Control" with Guest Speaker Frank Atherton, Native American A1C Champion!

Sharing Stories, Advice and Choices to Help Prevent and Control Diabetes and Heart Disease

This is a Free Event! Open to Samish Tribal Members, Their Families and Friends!

Free Diabetes Screenings – No Fasting or Reservation Required!

Free Therapeutic Massages – No Reservation Required!

New Health Fair Exhibits. Free Conference Tote Bags Filled with Health and Wellness Products.

Enter to Win two \$50 Cash Gift Cards and four \$100 Gas Gift Cards Plus Door Prizes, Raffles and More!

For Women Only – Free Bone Density Screenings

Free Vision Screenings



Fidalgo Bay Resort RV Sites: Free to Samish Tribal Members
on Friday April 5th and Saturday April 6, 2013.

To Check for Availability: Call (360) 293-5353

Sponsored by the Samish Nation Diabetes Program
(877) 470-8737 extension 107



2013 ANNUAL WEAVERS TEACHING WEAVERS GATHERING

Date: April 10, 11, & 12, 2013

Location: Northwest Indian College, 2522 Kwina Road, Bellingham, WA 98226

Contact: Jan Flagg at (360) 293-6404 x 106. Please check back for more details, or contact Ruth Solomon, Conference Coordinator at 360.392.4239 or email her at rsolomon@nwc.edu

Details: Scholarships are available to a limited number of Tribal members if you are interested in attending.

CULTURAL POTLUCK GATHERING

Date: Saturday, April 13, 2013

Time: 10:00am to 3:00pm

Location: Administration Office, 2918 Commercial Avenue, Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us. **Please RSVP.**

Details: Please bring your favorite dish and join us for a Potluck Gathering. We will be making items for giveaways at future events. Please bring projects you are currently working on.

LANGUAGE COMMITTEE MEETING

Date: Saturday, April 20, 2013

Time: 10:00am to 3:00pm

Location: Samish Administration Office, 2918 Commercial Avenue, Anacortes, WA 98221

Contact: Michelle Johnson (360) 899-5282 x106 or email her at mjohnson@samishtribe.nsn.us

Details: Lunch will be provided

Upcoming Cultural Events 2013

HAZEL PETE INSTITUTE: CHEHALIS BASKETRY WEAVING CONFERENCE

Date: Friday, May 10 and Saturday, May 11, 2013

Location: Great Wolf Lodge, 20500 Old Highway 99 SW, Centralia, WA 98531

Contact: Limited amount of scholarships available, contact Jan Flagg at 360.293.6404 x106.

MINI CAMP AT CAMP KIRBY

Date: Saturday, May 25 and Sunday, May 26, 2013

Time: 10:00am to 3:00pm

Location: Camp Kirby, 4734 Samish Point Rd, Bow, Washington 98232

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us **Please RSVP.**

Details: Drums, Shawls, Rattle Class, Late Spring Native Foods, work on items and learn more about Native foods. Spend the night in cabins and enjoy each others company. Meals will be provided.

LANGUAGE COMMITTEE MEETING

Date: Saturday, May 25, 2013 and Sunday, May 26, 2013

Time: During Mini Camp at Camp Kirby

Location: Camp Kirby, 4734 Samish Point Rd, Bow, Washington 98232

Contact: Michelle Johnson (360) 899-5282 x106 or email her at mjohnson@samishtribe.nsn.us

Details: Lunch will be provided

SALISH SEA DAY

Date: Saturday, June 8, 2013

Time: 11:00am to 3:00pm

Location: Bowman Bay

Contact: Leslie Eastwood at (360) 293-6404 x 115 or email her at leastwood@samishtribe.nsn.us

Details: Traditional Native Seagoing Canoe Rides, Weaving & Carving Demonstrations, Native Singers and Dancers, Native Storytellers, No Host Salmon BBQ Fund Raiser to support Samish and Swinomish Canoe Families. Volunteers invited to help with set up and clean up 9:30am to 4:00pm

ELDERS BANQUET

Date: Friday, June 28, 2013

Time: 11:00am to 3:00pm

Location: Fidalgo Bay Resort Clubhouse, 4701 Fidalgo Bay Road, Anacortes, WA 98221

Contact: Sue Williams (360) 588-8806, please let us know if you are interested in attending.

Details: Come join us for our annual Elders Banquet. Food will be provided. Lots of giveaways and entertainment. If you would like to volunteer or donate giveaways for this event, please contact Sue.

CULTURAL DAY/WHALE NAMING

Date: Saturday, June 29, 2013

Time: 10:00am to until 4:00pm potlatch

Location: Fidalgo Bay Resort Clubhouse, 4701 Fidalgo Bay Road, Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106

Details: Meal will be provided. New Baby whale J049 will receive a name. He is the son of Hy'skqa.

Upcoming Cultural Events 2013

LANGUAGE COMMITTEE MEETING

Date: Saturday, June 29, 2013

Time: 3:00pm to 7:00pm, after Cultural Day

Location: Fidalgo Bay Resort Clubhouse, 4701 Fidalgo Bay Road, Anacortes, WA 98221

Contact: Michelle Johnson (360) 899-5282 x106 or email her at mjohnson@samishtribe.nsn.us

Details: Supper will be provided

SAMISH GENERAL MEETING

Date: Sunday, June 30th, 2013

Time: 10:00am till approximately 4:00pm

Location: Fidalgo Bay Resort Clubhouse, 4701 Fidalgo Bay Road, Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106

Details: Please join us for our annual general meeting. Lunch will be provided. Sunday meeting starts at 10:00AM providing we have a quorum of at least 40 people. This meeting will run until approximately 4:00 p.m.

CULTURAL POTLUCK GATHERING

Date: Saturday, July 13, 2013

Time: 10:00am to 3:00pm

Location: Administration Office, 2918 Commercial Avenue, Anacortes, WA 98221

Contact: Jan Flagg (360) 293-6404 x106 or email her at jflagg@samishtribe.nsn.us . Please RSVP.

Details: Please bring your favorite dish and join us for a Potluck Gathering. We will be making items for at future events. Please bring projects you are currently working on.

CANOE LANDING AT SAMISH

Date: Wednesday, July 17, 2013

Location: Fidalgo Bay Resort and RV Park, 4701 Fidalgo Bay Road, Anacortes, WA 98221

Contact: Michelle Johnson (360) 899-5282 x 106. If you would like to volunteer for the event, please let us know. Final Landing is August 1, 2013 at Grenville point, hosted by Quinault Nation. Tentative route is as follows:

- July 18 Lopez Island
- July 19 San Juan Island
- July 20 Tsawout – East Saanich
- July 21 Songese – Esquimalt
- July 22 Beecher Bay
- July 23 & 24 Lower Elhwa – Port Angeles
- July 25 Pillar Point
- July 26 Makah – Neah Bay
- July 28 Ozette
- July 29 Quileute - La Push
- July 30 Hoh
- July 31 Queets
- August 1 Quinault – Taholah
- Protocol August 2 – 6

CAMP SAMISH

Date: August 22-25, 2013

Location: Camp Kirby, 4734 Samish Point Rd, Bow, Washington 98232

Contact: Jan Flagg (360) 293-6404 x106, please let us know if you are interested in attending

Details: Meals will be provided. Carving, singing, drumming, cedar work, bead work, etc.

Health News

Has your medical or dental insurance changed with the new year?
Are you now eligible for Medicare or Medicaid or an employee or spouse based insurance plan?

Contract Health Services needs to know!

In order to process your claims properly and quickly, we need to know what insurance you have, your ID number, group number, when the coverage started and what is covered (for example: medical, prescription, vision, dental). If we do not have the most current information, we could be paying more than we are required to, or it can seriously delay the payment.

Why not just give us a quick call? We can verify the coverage we have in our system for you and your family members. It will just take a minute or two, and helps us to serve you better.

Do You Have Diabetes or Know A Samish Tribal Member Who Does?

The Samish Indian Nation has a unique Diabetes Program that offers ongoing services to assist Samish Tribal Members improve their health status and medical care.

For more information, please contact the Samish Health Department toll free at (877) 470-8737 extension 107 for a confidential consultation.



Your Samish Contract Health Services Team



CONTACT US

**Samish Contract
Health Services**

P.O. Box 919

Anacortes, WA 98221

Phone: (360) 899-5454

Toll Free Phone:

(877) 470-8737

Joanne Liantonio

extension 108

jlantonio@samishtribe.nsn.us

Erin Soucy extension 105

erinsoucy@samishtribe.nsn.us

Kim Padgett extension 114

kpadgett@samishtribe.nsn.us

College Tips

Here are some general guidelines you can follow:

- **Freshman: Class of 2016**

Begin thinking about your college preparation plan.

- **Sophomore: Class of 2015**

1. Register for and take the PSAT/NMSQT.
2. Register for and take the SAT* Subject Tests™ (if currently taking applicable Honors/AP courses).
3. Begin exploring and investigating details about colleges of interest.

- **Junior: Class of 2014**

1. Take the PSAT in October (if you have not yet taken it).
2. Speak with your college counselor and attend financial aid info nights.
3. Register for and take the SAT/ACT® in the fall and again in the spring.
4. Continue exploring colleges of interest.
5. Schedule college visits for the spring and summer.

- **Senior: Class of 2013**

1. Narrow down college application choices.
2. Determine whether you are applying for early admission. If not, your college choice must be finalized and financial aid package accepted by May 1.
3. If necessary, take SAT/ACT/SAT Subject Tests in the fall.
4. Create a master calendar of all financial aid deadlines and college application due dates.
5. Collect letters of recommendation and high school transcripts.



ARE YOU COLLEGE BOUND?

Senior Timeline

Fall Quarter: Explore, get ready, submit!

Winter Quarter: Focus on money, money, money!

Spring Quarter: Finalize decisions!

Visit www.thewashboard.org, this will help with your scholarship search and application process during your senior year.

Or think you can't afford College?

Start early – something for 7th and 8th graders who may be income eligible. To take the pledge visit www.collegebound.wa.gov.

For additional links to resources/information visit our education page under programs on the Samish web site. For details on the Samish Educational Assistance program please contact Dave Blackinton at (360) 588-8200 x 105 or email him at: daveblackinton@samishtribe.nsn.us

Planning is essential for making the college application and acceptance process as effective as possible.

Creating a clear schedule for when you are preparing, when you are testing, and when you are applying for college will make the process more efficient and effective.

Education Support Increase

The Samish Tribal Council has reviewed the Tyee budget for 2013 which contains an increase for non-federal education support for Samish students as suggested by the Ad Hoc Budget Advisory Committee and has increased the educational scholarship budget line item in the 2013 budget to \$7500 per year to qualified applicants dependant on available funds.

If you are interested in attending college or trade school and would like assistance, please contact Dave Blackinton, Education Program Manager at (360)588-8200 ext. 105 or email him at:

daveblackinton@samishtribe.nsn.us

Are you Ready?

Is your household prepared for a disaster? Last month, we introduced a new section of the newsletter, dedicated to helping Samish tribal members become better prepared for disasters. Because disasters can happen anywhere and anytime, it is important to consider your local risks and take steps in becoming more prepared. Last newsletter, we focused on why it is important to be prepared and how to establish a plan to communicate in a disaster with family and friends. This month, we are still focusing on laying the foundation of good home preparedness, so that you have a plan to protect yourself and your family.

In the event of an emergency, it may be necessary to shut off the utilities in your home. It is important that you know how to access and turn off these utilities, should you need to. According to FEMA:

Natural Gas

- Natural gas leaks and explosions are responsible for a significant number of fires following disasters. It is vital that all household members know how to shut off natural gas
- Because there are different gas shut-off procedures for different gas meter configurations, it is important to contact your local gas company for all guidance regarding the gas service to your home
- When you learn the proper shut-off procedure for your meter, share the information with everyone in your household. Be sure not to actually turn off the gas when practicing the proper gas shut-off procedures
- If you smell gas or hear a blowing or hissing noise, open a window and get everyone out quickly. Turn off the gas, using the outside main valve, if you can, and call the gas company from a neighbor's house
- *Caution:* If you turn off the gas for any reason, a qualified professional must turn it back on. NEVER attempt to turn the gas back on yourself.

Water

- Water quickly becomes a precious resource following many disasters. It is vital that all household members learn how to shut off the water at the main house valve.
- Locate the shut-off valve for the water line that enters your house and label this valve with a tag for easy identification. Make sure all household members know where it is located.
- Make sure this valve can be completely shut off. Your valve may be rusted open or it may only partially close. If so, replace it.
- Cracked lines may pollute the water supply to your house. It is wise to shut off your water until you hear from authorities that it is safe for drinking.
- The effects of gravity may drain the water in your hot water heater and toilet tanks unless you trap it in your house by shutting off the main house valve. (This is not the street valve in the cement box at the curb – the street valve is extremely difficult to turn and requires a special tool.)

Electricity

- Electrical sparks have the potential of igniting natural gas if it is leaking. It is wise to teach all responsible household members where and how to shut off the electricity.
- Locate your electrical circuit box. For your safety, always shut off all the individual circuits before shutting off the main circuit.

For additional information,
please visit: www.ready.gov
Look for more safety and preparedness tips
in our next newsletter!



FEMA

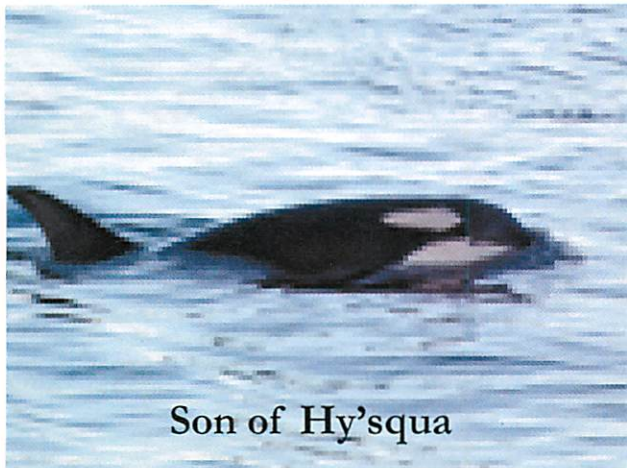
Whale Naming

The Samish Tribe will again be privileged in naming a male baby orca in June 2013. This baby is the son of Hy'squa. The naming and giveaway will take place on June 29th, our usual Cultural Day.

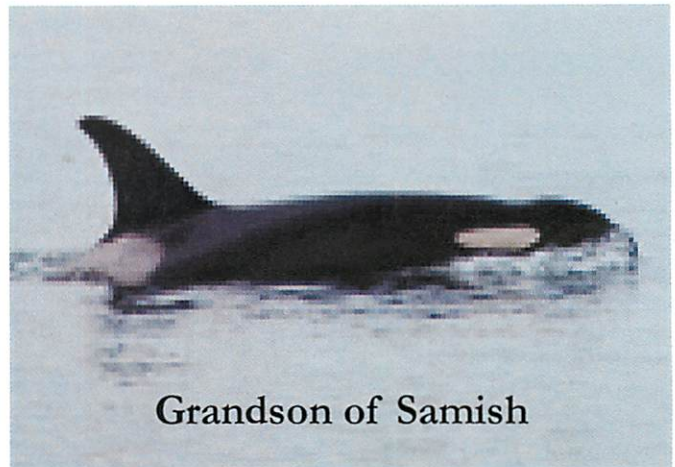
We are asking the membership to give the Cultural Committee some recommendations for his name. Please send them into the Committee by the 15th of April so we can choose a name and have ribbons ready for the naming in June. You can send them through email, snail mail, or phone to Jan at jflagg@samishtribe.nsn.us, P.O. Box 217 Anacortes, WA 98221 ATTN: Jan Flagg or call her at (360) 293-6404. x 106

The name will be announced at the Cultural Day event. Hope to see you all there.

We are also looking for donations to our "give away" items. These can be just about anything—dish towels, small baskets, containers, wash cloths, drinking glasses, pot holders, bandanas, key chains, etc.



Son of Hy'squa



Grandson of Samish

Please Return Loaned Hat Forms

The Cultural Committee would like to get back all hat forms that were loaned out during this past year. Those with forms who would like to finish their hats can make arrangements with the hat instructors to come up to the office to finish them as we will need the forms to start more hats in the future. We will be having time at the April class on the 13th as well as the 2 day mini class at Camp Kirby Memorial Day weekend (Saturday & Sunday) May 25th & 26th.

Please contact Jan Flagg at (360) 293-6404 x 106 or email her at jflagg@samishtribe.nsn.us to let her know which hat forms you may have. We are looking forward to classes next year and really need them returned.

Thank you.

Request for Maiden of Deception Pass story pole historical materials and stories



In September 1983, the Maiden of Deception Pass story pole was installed and dedicated in Deception Pass State Park. As part of the 30th anniversary celebration planned for this fall, the Samish Archives is looking for people who have recollections and or material that would tell more about the story of how the Maiden project came about, details about the preparations for the initial celebration and since then, other events and celebrations that have taken place at or around the park, or stories and anecdotes about the Maiden story pole. The Tribe is inviting anyone who participated in the planning 30 years ago, or attended the celebration to share any memories or materials (slides, photos or video) with the Samish Archives.

Please contact Jason Ticknor at 360-293-6404 ext 210, or by email, jticknor@samishtribe.nsn.us

CHANGE OF JOB ANNOUNCEMENT NOTIFICATION FOR POSITIONS WITH THE SAMISH INDIAN NATION

In the interest of being "green", along with cost savings and increased efficiency, job announcements will no longer be mailed to tribal members. Open positions will continue to be posted on the Samish website at <http://www.samishtribe.nsn.us/employment/> for ten business days. Positions are posted as they become available. Samish members who are interested in employment with the Tribe are strongly encouraged to check the Employment page regularly.

If you would like to continue to receive a hard copy by mail, please contact Stephanie Rice at srice@samishtribe.nsn.us or (360) 293-6404 ext. 123 to opt-in for mail notification.

Just in Time for Spring Cleaning

Where is the right place to dispose of batteries? How about old computers? Refrigerators? Fluorescent light bulbs? Every year about this time in my household we find ourselves with a pile of items that we would prefer not to send to a landfill, dump or barge that will be sent away for incineration. Our first choice is to avoid purchasing items that will end up in a landfill in the first place, second are things that are easy to re-use for another purpose, third are those items that are easy to recycle and last are the items that will end up in a landfill. Some items, especially electronics have chemicals that are very harmful to the environment when they end up in a landfill. Many of these things can also be recycled and given a new life, reducing the amount of new material that has to be extracted to produce them. Others need to be handled safely for everyone's future health.

How are you supposed to know what the right way to get rid of your solid waste is? We are here to help you! This year, Samish DNR will be sponsoring another annual e-cycle event the weekend of June 29th and 30th (Cultural/Whale Naming and General Meeting) at the Fidalgo Bay Resort. We will be accepting household electronics, batteries, appliances and a whole list of other items free of charge for Samish Tribal Members and Staff. The last 2 times we offered this, our community prevented a huge amount of waste from ending up in landfills. Look for more details in June.

What if you can't get your items here? We are still here to help. Over the next year, Samish DNR will be working to implement a Solid Waste Management Plan for our tribal properties. One of the things that will come out of the plan is a resource web page for Tribal Members to help you know where to take different items in your local community and keep up to date on solid waste issues that could affect you directly.

If you want help before the web page is up or have questions, please feel free to contact us and we can help send you in the right direction. This is one small personal action that each of us can take in our own lives that has a major impact on the health of our community.

Solid Waste Tip of the month: All regular alkaline batteries that are labeled "made in the USA" can be put in regular garbage. They are mercury free! Batteries from other countries should still be disposed of as hazardous waste. Many major electronics retailers now offer free or low cost return/collection for rechargeable batteries from cell phones and other devices.

Hope to see you at General Council, with or without waste!

Adam Lorio, Natural Resource Technician/Outreach Coordinator

Contact for questions, comments: alorio@samishtribe.nsn.us or call at (360) 293-6404 ext 109

Updated Legal Information Available

To get into this Members Only area you will need to click on the Members tab:

Username, which is your enrollment number in a 5-digit format
(example: Enrollment number 123: 00123)

Password, which is your last name.
(example: John Smith: smith)

Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us



Please Recycle

Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404



Some tribal members have expressed interest in using our tribal logo for gifts, fund raising, and other purposes. Council has an ordinance in place regarding use of the Tribal Logo and Seal, and at this time only official activities of the Tribe are permitted uses for these images. This ensures that anytime the logo is visible on posters, publications or products, the activity or fund raiser has been approved by the Tribe with all levels of control in place